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NEW MEXICO DEPARTMENT OF HEALTH
Secretary Catherine Torres, MD

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Inaugural State and Tribal Celebration of Health and Wellness Week

(Santa Fe) - For the first time ever, six of New Mexico's Pueblo communities will host the New Mexico Department of Health (DOH) and their health partners to offer health services and health education at the *State and Tribal Celebration of Health and Wellness Week*, October 10th-15th, 2011.

"We look forward to this *State and Tribal Celebration of Health and Wellness Week* as an opportunity to share the health services that are offered by the Department of Health, our health partners, and the Pueblos," said DOH Cabinet Secretary, Dr. Catherine Torres. "This is a very exciting event and one that we plan to expand on annually, eventually being hosted in each of New Mexico's Tribes, Pueblos, and Nations. Our hope is that more New Mexicans will utilize the health services that are available and that, through these continuing partnerships, we will have a healthy New Mexico."

The schedule for the first *State and Tribal Celebration of Health and Wellness Week* is:

- Monday, October 10th, from 8:30 a.m. to 6 p.m. – Laguna Pueblo (Dancing Eagle Casino Event Center)
- Tuesday, October 11th, from 2 p.m. to 7 p.m. – San Felipe Pueblo (Casino Hollywood)
- Wednesday, October 12th, from 2 p.m. to 7 p.m. – Isleta Pueblo (Isleta Health Clinic)
- Thursday, October 13th, from 9 a.m. to 3 p.m. – Kewa Pueblo (Kewa Health Clinic)
- Friday, October 14th, from 1 p.m. to 7 p.m. – Santa Clara Pueblo (Santa Clara Neighborhood Facility)
- Saturday, October 15th, from 9 a.m. to 12 p.m. – Tesuque Pueblo (Intergeneration Center)

These family events are open to everyone and will feature health walks with the Tribal Governors and the DOH Cabinet Secretary. Some of the services and education that will be offered are*:

- Project Hope will provide free screenings for diabetes, cholesterol, A1c, BMI, blood pressure, retinal eye exam, and bone density
- UNM Cancer Center's Office of Community Partnerships and Cancer Health Disparities will sponsor a mobile mammography van at Isleta Pueblo and Santa Clara Pueblo (from 11 a.m. to 7 p.m. on Wednesday and Friday, respectively)



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- DOH will provide flu shots
- DOH's Oral Health Program will provide dental information and referrals (sealants, screenings, and fluoride varnish provided)
- DOH's Chronic Disease Bureau will have materials on tobacco cessation, diabetes prevention and control, arthritis, breast, cervical, colorectal, skin and prostate cancer
- DOH's Children's Medical Services will have materials on services for children with special health care needs and genetic screening
- DOH's Bureau of Vital Records and Health Statistics will have information on birth and death certificates
- DOH's Family Planning will have information on various reproductive health services
- DOH's Sexually Transmitted Diseases Prevention Program will have information on services and health education
- DOH's Injury Prevention Program will have information on childhood injury prevention such as car seat, helmet and home safety, including product safety and fire prevention; youth injury prevention information on dating violence prevention, driving and drug safety, and bullying; adult injury prevention such as elderly fall and abuse prevention; sexual assault prevention information on domestic violence and sexual violence prevention
- DOH's Office of Nutrition and Physical Activity will have materials about healthy weight for adults and children
- Each Pueblo's Women, Infants and Children Program will have information on the services they provide
- DOH's Family Infant Toddler (FIT) Program will have information on services and health education
- DOH's Developmental Disabilities Program will have information on services available to eligible individuals with developmental disabilities and the Developmental Disabilities Waiver
- DOH's Bureau of Health Emergency Management will have information on emergency preparedness

For more information, visit <http://www.nmhealth.org> or contact Ron Reid, New Mexico Department of Health's Tribal Liaison at Ron.Reid@state.nm.us or (505) 827-2627.

*Not all services will be available at all times for each Pueblo.

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