

## San Juan County Community Health Improvement Council Annual Work Plan FY2011

**Health Council Name: Community Health Improvement Council for San Juan County (CHIC)**

### **Vision Statement:**

The San Juan Community Health Improvement Council envisions healthy communities in which the following elements are increasingly evident:

- **Individual and Family Wellness** - Families and individuals are characterized by a high degree of wellness, as reflected in personal health and self-respect, inter-generational activities and relationships, family cohesiveness, family structures in which individual members find respect, nurturance and support, and ample opportunities for family activities in the community;
- **Community Wellness** - Community life is characterized by an overall condition of wellness, as reflected in a sense of inclusion and strong participation in the democratic process; public safety; the absence of violence, exploitation, discrimination, crime and substance abuse; protection of public health and the environment; cooperative leadership; and economic security and sustainability;
- **Cultural Respect** - There is a positive valuing, respect and inclusion of the diversity of cultures that comprise the county's communities; there is proportionate representation of those cultures in the benefits and responsibilities of community life.
- **Educational Quality** - Priority is placed on quality education for all residents, in recognition of the correlation between educational attainment and lifelong health, and with an emphasis on asset-based and success-oriented approaches to teaching and learning.
- **Access to Services** – Families and individuals have access to: food and housing; affordable and quality medical, dental and behavioral health services; and, socioeconomic support services.
- **Cooperative Spirit** - Value is placed on the "ethic of collaboration" as reflected in cooperation and partnership between and among agencies and governments, civic activity and service by citizens, commitment to participatory decision making and problem solving in the spirit of openness, inclusion, and goodwill between groups and individuals, and a shared commitment to ecological and economic sustainability.

### **Mission Statement:**

The mission of the CHIC is: to promote the health and well-being of all people in San Juan County and neighboring areas through broad-based dialogue, partnership, advocacy and unified action.

**Summary of Health Council Assessment:**

**The following table summarizes the SWOT analysis that was conducted during a regular meeting of the health council:**

	<b>Strengths</b>	<b>Weaknesses/Challenges</b>
<u><b>Council</b></u>	<ul style="list-style-type: none"> <li>• Know about resources in County/Networking (services/individuals)</li> <li>• Place to advocate for own program</li> <li>• Presentations</li> <li>• Supportive – open door/collaborative/community</li> <li>• Sub-committees such as MCH, LC, HIPP etc</li> <li>• Cross-disciplinary</li> <li>• Meets requirements for collaboration</li> <li>• Great potential</li> <li>• San Juan County Community Profile and Action Plan</li> </ul>	<ul style="list-style-type: none"> <li>• Poor attendance due to over commitment</li> <li>• Lack of membership continuity</li> <li>• More action to support mission</li> <li>• No funding</li> </ul>
	<b>Opportunities</b>	<b>Barriers/Needs</b>
<u><b>Environment</b></u>	<ul style="list-style-type: none"> <li>• Wheel Model – Have a broken spoke or flat wheel but people felt the wheel is still a good model for the group</li> <li>• Want CHIC to be a clearinghouse so that people can get an idea of what other groups are doing in the County</li> <li>• It was suggested that instead of trying to get lots of new members we start with committed members that we already have and actually set goals and meet them and our excitement over the projects we take on will bring in new people.</li> <li>• Possibility of setting up sub-groups to do the work and then they will report back to the CHIC</li> <li>• Address issues at a political level</li> <li>• Without funding requirements there is more flexibility</li> </ul>	<ul style="list-style-type: none"> <li>• A barrier is that there are currently many meetings in the community leading to over commitment by individuals</li> <li>• CHIC not widely known in Community</li> <li>• There is a need by members to see more action to encourage attendance</li> <li>• There is a distance barrier for parts of the County to be able to travel every month to meetings</li> <li>• Communication barrier because of distance for some parts of the County to even know about the CHIC.</li> </ul>

**Health Council Annual Work Plan Planning Matrix**

**A. Council Development**

<b>Systems/Capacity Outcomes</b>	<b>Health Council Objectives</b>	<b>Health Council Action Steps</b>	<b>Indicators</b>
<b>1. Planning:</b> The Health Council is recognized as a community health planning and information body or hub.	1. Increase presence with County Commission	1.1 Find presentation opportunities for CHIC to present to the County Commission 1.2 Create plan for continuing connection with County Commission	<ul style="list-style-type: none"> <li>• Contacts with policy makers</li> <li>• Requests for Community Health Profile &amp; Plan</li> </ul>
<b>2. Membership:</b> The Health Council has a stable, diverse, and growing membership.	2. Increase representation from areas of the spokes of wheel model that are not currently represented on the health council by 1 additional slot each quarter.	1.3 Create list of potential reps for each spoke of the wheel 1.4 Develop protocol for recruitment 1.5 Create follow up plan to ensure contact with each invitee has been completed	<ul style="list-style-type: none"> <li>• Health Council Roster</li> <li>• CSAS results</li> </ul>
<b>3. Internal structures:</b> The health council is sustained and institutionalized with effective structures & practices: <ul style="list-style-type: none"> <li>• Leadership team</li> <li>• Committee structure</li> <li>• Effective meetings</li> <li>• Member participation</li> </ul>	1. Strengthen leadership structure by increasing membership and attendance at Core Team meetings.	1.1 Create plan to encourage participation on a monthly basis for regular CHIC meetings 1.2 Recruit new Core Team members and create plan to keep Core Team members active and involved.	<ul style="list-style-type: none"> <li>• Leadership Team minutes</li> <li>• Committee minutes</li> <li>• Health Council minutes</li> <li>• CSAS results</li> </ul>
<b>4. Internal processes:</b> The health council uses productive group processes.			<ul style="list-style-type: none"> <li>• CSAS results</li> </ul>

**B. Community Assessment**

Systems/Capacity Outcomes	Health Council Objectives	Health Council Action Steps	Indicators
<p><b>1. Community health assessment:</b> The health council is able to assess community health strengths, needs, problems, and resources.</p>	<p>1. Review Community Health Profile and Plan by January 2011.</p>	<p>1.1 Update Health Profile and Plan and as needed. 1.2 Create protocol for keeping Profile and Plan current.</p>	<ul style="list-style-type: none"> <li>• Community Health Profile</li> <li>• Requests for resource directory</li> <li>• Requests for Community Health Profile &amp; Plan</li> </ul>
<p><b>2. Monitoring progress:</b> The health council is able to monitor progress in achieving outcomes:</p> <ul style="list-style-type: none"> <li>• Improving health</li> <li>• Improving community systems</li> </ul>	<p>1. Research and assess need for yearly evaluation tool.</p>	<p>1.1 Determine type of Evaluation Tool needed to show Council progress throughout the year. 1.2 Create plan for using evaluation tool on a yearly basis</p>	<ul style="list-style-type: none"> <li>• Process for monitoring outcomes</li> <li>• Process for monitoring changes in health systems</li> </ul>
<p><b>3. Emerging issues:</b> The health council has the capacity to respond to emerging issues.</p>			<ul style="list-style-type: none"> <li>• Health Council minutes: discussions of emerging issues</li> <li>• Study/investigation of emerging issues</li> </ul>

**C. Community Action: Coordination & Leadership**

Systems/Capacity Outcomes	Health Council Objectives	Health Council Action Steps	Indicators
<p><b>1. Networks and partnerships are built and/or enhanced.</b></p>	<p>1. Increase participation and support for Healthy Infant Practices Project(HIPP)</p>	<p>1.1 Continue contact with dentists and doctors 1.2 Recruit additional membership for HIPP committee</p>	<ul style="list-style-type: none"> <li>• Shared planning projects</li> <li>• New linkages between community entities</li> <li>• Joint initiatives established or strengthened</li> </ul>
<p><b>2. Community</b> programs are jointly developed or strengthened.</p>	<p>1. Increase number of providers who are handing out Healthy Infant Practices materials.</p>	<p>1.1 Continue to provide materials as funding allows. 1.2 Search for new support for the program material.</p>	<ul style="list-style-type: none"> <li>• New programs jointly developed or implemented.</li> <li>• Activities related to ongoing programs</li> </ul>
<p><b>3. Policies are changed and/or constituencies are built for policy changes.</b></p>			<ul style="list-style-type: none"> <li>• Policy change initiatives backed started</li> <li>• Discussions of policy changes</li> <li>• Constituencies established or strengthened.</li> <li>• Advocacy strategies discussed or implemented</li> </ul>
<p><b>4. Funds are received or leveraged in the community.</b></p>	<p>1. Apply for additional funding to support priority areas.</p>	<p>1.1 Research current opportunities for funding 1.2 Increase collaboration with other organizations and agencies to create better proposals for grant opportunities</p>	<ul style="list-style-type: none"> <li>• Technical assistance related to grant proposals provided</li> <li>• Endorsements of grant proposals considered</li> <li>• Joint applications for funding</li> <li>• Additional income received</li> </ul>