

Santa Clara Pueblo Health Council



Annual Plan for FY 2011

Sponsored By



Health Council Annual Work Plan: SANTA CLARA PUEBLO

Health Council Name: Governor’s Task Force on Youth and Families (GTFYF)

Vision Statement: To promote a healthy way of life involving our youth, families, and tribal leaders based on our cultural heritage, to respect strong social values of who we are and what is expected from us, to set positive role models through leadership development, community education, family preservation and collaboration of Santa Clara Pueblo tribal programs and Santa Clara Tribal Council and support of the community.

Mission Statement:

The Mission of the Santa Clara Governor’s Task Force on Youth and Families/Health Committee is to unite community efforts and aid in the coordination of resources available to community members and their families in order to improve the health and welfare of the community as a whole. The Task Force is determined to expand tools and processes that will aid the community and individuals in coming together to collaboratively address common concerns and share resources. The Task Force and Health Steering Committee shall act as a health planning and coordinating entity for Santa Clara Pueblo.

Health Council Annual Work Plan Planning Matrix

Self-Assessment Survey Summary:

The current health council is comprised of twenty-four active members. We have identified our strengths and weakness, opportunities we have available and barriers. The health council is always trying to improve and willing to work together as a group. There is adequate representation of different age groups. The health council does need to make more effort to make ourselves better known in the community and we do need a clearer understanding of our mission in relation to our contract with the Department of Health. We also need more visibility among Tribal Council and improve their understanding of what our real purpose is. We have many opportunities available to us. We have various tribal departments who are willing to give us input and we have a good working relationship with the tribal administration as well as with the community health clinic. Barriers we face as the health council are a lack of community involvement and limited resources, and we have a hard time convincing people to change old habits. We hope to be able to make a positive change within the health council now that we are aware of our strengths and weaknesses and have identified our barriers and opportunities.

A. Council Development

Systems/Capacity Outcomes	Health Council Objectives	Health Council Action Steps	Indicators
<p>1. Planning: The Health Council is recognized as a community health planning and information body or hub.</p>	<p>1. Obtain formal recognition of the health council’s planning role from the Tribal Council with Roster approval prior to September 2010.</p> <p>2. Increase public awareness of health council planning activities in support of identified priorities by June 2011.</p>	<p>1.1 Conduct formal presentation to Tribal Council re: Community Health Plan.</p> <p>1.2 Present Health Council Roster to Tribal Council for approval.</p> <p>2.1 Develop a marketing plan to appeal to more community members.</p> <p>2.2 Implement community outreach activities to increase awareness of health council activities.</p>	<ul style="list-style-type: none"> • Support of activities from Tribal Administration • Requests for resource directory • Requests for Community Health Profile & Plan • Approval of Health Council Roster by Tribal Council • Responses from community
<p>2. Membership: The Health Council has a stable, diverse, and growing membership.</p>	<p>1. Increase youth participation in health council by June 2011.</p>	<p>1.1 Conduct two community forums for youth</p> <p>1.2 Make health council updates available.</p> <p>1.3 Send out letters of invitation.</p>	<ul style="list-style-type: none"> • Health Council Roster • CSAS results
<p>3. Internal structures: The health council is sustained and institutionalized with effective structures & practices:</p> <ul style="list-style-type: none"> • Leadership team • Council structure • Effective meetings • Member participation • By-laws 	<p>1. Strengthen health council structure by clarifying roles and review by-laws by June 2011.</p> <p>2. Increase member participation in meetings</p>	<p>1.1 Conduct review of roles and responsibilities of health council members</p> <p>1.2 Amend by-laws as necessary</p> <p>1.3 Recruit council members to committees as necessary</p> <p>2.1 Encourage and promote openness of divergent opinions.</p>	<ul style="list-style-type: none"> • Leadership Team minutes • Committee minutes • Health Council minutes • Community Self-Assessment Survey (CSAS) results • Changes in by-laws • Increase in member participation • Creation of organizational chart
<p>4. Internal processes: The health council uses productive group processes.</p>			<ul style="list-style-type: none"> • CSAS results

B. Community Assessment

Systems/Capacity Outcomes	Health Council Objectives	Health Council Action Steps	Indicators
<p>1. Community health assessment: The health council is able to assess community health strengths, needs, problems, and resources.</p>	<p>1. Conduct annual review of Community Health Profile by June 2011.</p>	<p>1.1 Conduct community-wide needs assessment survey 1.2 Complete review of community input 1.3 Write update to Profile as needed 1.4 Request current data 1.5 Distribute Health Profile to tribal government officials, departments and community members</p>	<ul style="list-style-type: none"> • Community Health Profile update • Requests for resource directory • Requests for Community Health Profile & Plan
<p>2. Monitoring progress: The health council is able to monitor progress in achieving outcomes:</p> <ul style="list-style-type: none"> • Improving health • Improving community systems 	<p>1. Compile current surveys/data to monitor and assess the community's response to new programs and to identify any new health concerns. 2. Compile a list of surveys to establish a database of what programs conduct surveys 3. Monitor community services for any changes.</p>	<p>1.1 Develop community survey and plan quarterly events to conduct surveys 1.2 Monitor changes in community responses 2.1 Consult with Santa Clara Health Clinic on a monthly basis for update on any new services provided. 2.2 Collaborate with Systems of Care to evaluate data.</p>	<ul style="list-style-type: none"> • Improved community response • Increased participation from tribal departments
<p>3. Emerging issues: The health council has the capacity to respond to emerging issues.</p>	<p>1. Develop & implement an environment in which community members can anonymously submit concerns of possible emerging health issues; by June 2011.</p>	<p>1.1. Schedule presentations to community and community service providers informing them of the opportunity to submit concerns 1.2. Publicize health council meetings through utilization of flyers and other media 1.3. Health Council to compile information and make recommendations based on responses.</p>	<ul style="list-style-type: none"> • Health Council minutes: discussions of emerging issues • Community submissions of emerging issues

C. Community Action: Coordination & Leadership

Systems/Capacity Outcomes	Health Council Objectives	Health Council Action Steps	Indicators
1. Networks and partnerships are built and/or enhanced.	<ol style="list-style-type: none"> 1. Identify youth group to plan and collaborate activities with. 2. Meet with Tribal administration to make program proposals and ask for recommendations on programs to be implemented. 	<ol style="list-style-type: none"> 1.1 Provide organizational & clerical support to youth group for the duration of activities 2.1 Request meeting with Tribal Council to present recommendations. 	<ul style="list-style-type: none"> • Shared planning projects • New linkages between community entities • Minutes & other documentation of youth group activities • Tribal Council approval of new programs or support of existing ones
2. Community programs are jointly developed or strengthened.	<ol style="list-style-type: none"> 1. Collaborate with existing tribal programs regarding facilitating traditional youth development programs, to include activities aimed at obesity reduction, by June 2011. 2. Collaborate with existing tribal programs regarding facilitating traditional development programs to include prevention activities aimed at addressing mental health issues by June 2011. 	<ol style="list-style-type: none"> 1.1 Give presentation of youth development program to Tribal Council for their approval and input 1.2 Develop evaluation measures with help of Language Program staff, Diabetes Program and tribal administration 2.1 Give presentation of development program to Tribal Council for their approval and input. 2.3 Develop evaluation measures with help of Strengthening Native Families Program Staff, Social Services and tribal administration 	<ul style="list-style-type: none"> • Activities related to dev. and implementation of new program • Documentation of program dev. & implementation • Program evaluation results

3. Policies are changed and/or constituencies are built for policy changes.

1. Support efforts to hire a Nutritionist to work on health education, nutritional, and physical fitness programs.

2. Support efforts to hire an Educator to work on mental health education and awareness.

1.1 Assist tribal administration in identifying funding sources for new position.

2.1 Assist tribal administration in identifying funding sources for new position.

- Collaboration with existing programs regarding nutrition and mental health services.
- Promotion of existing programs nutrition/mental health services.