



# **Work Plan**

**FY10**

(July 1<sup>st</sup>, 2009-June 30<sup>th</sup>, 2010)

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# Bernalillo County Community Health Council

The Bernalillo County Community Health Council strives to improve the health and wellbeing of all Bernalillo County residents and neighborhoods through a variety of strategies and activities:

- By developing a Community Health Profile to identify and map our community's health resources, needs and characteristics.
- By identifying and prioritizing important issues related to individual, familial, school and neighborhood health.
- By working in partnership with other individuals, groups and agencies to promote health awareness and to provide community education about health issues.
- By creating action plans, strategies and activities to achieve the systemic changes needed to meet the varied health needs of all Bernalillo County residents.

## **Vision**

A community that supports the ability of everyone to meet his or her full potential

## **Mission**

To improve the health and quality of life in Bernalillo County through coalition building, health assessment and prioritization and community action.

## **Self-Assessment Summary**

In of 2008, the Council was invited to complete a survey by the University of New Mexico Health Council Evaluation Team. Twelve members of the Council and two non-voting Council partners completed the survey. In addition to this survey, the Coordinator developed a survey for Council members to complete on-line. Based on this survey, the individuals who responded felt

- The length of the meetings were just right
- Members are willing to go wherever the meeting is held

- The meeting was meaningful for most people
- The main reason people had stopped participating was because the day or time didn't work anymore
- Individuals primarily participate because of the people, networking, and because they felt like they were making a difference.

The results of these surveys indicate several areas for improvement including identification of ways for members to be more engaged, make the planning activities more community friendly, having more transparent processes, and improve our new Council Member orientation.

## Health Council Action Plan

Health Council Development			
System/Capacity Outcomes	Health Council Objectives	Health Council Action Steps	Indicators
<p><b>Planning:</b> The Health Council is recognized as a community health planning and information body or hub</p>	<ul style="list-style-type: none"> <li>• Promote training opportunities for community members and Council partners related to the Council priority areas as opportunities become available through email and announcements at meetings and other Council events.</li> <li>• Develop a communication plan by October 1<sup>st</sup> 2009 and implement as part of the CHIP and to support Council Development</li> </ul>	<ul style="list-style-type: none"> <li>• Quarterly outreach to city council, county commission, and local state legislators through brief</li> <li>• Distribute emails related to public health and behavioral health to contacts as requested</li> <li>• Implement distribution plan for community health profile and plan</li> <li>• Print and distribute Salud Manual as requested</li> </ul>	<ul style="list-style-type: none"> <li>• Contacts with policy makers</li> <li>• Requests for resource directory</li> <li>• Requests for community health profile and plan</li> </ul>

<p><b>Membership:</b> The Health Council has a stable, diverse, and growing membership</p>	<ul style="list-style-type: none"> <li>• Develop and implement a Council member recruitment and retention plan by June 30<sup>th</sup>, 2010</li> </ul>	<ul style="list-style-type: none"> <li>• Complete the update of the member manual by September 1<sup>st</sup>, 2009</li> <li>• Review CSAS and Council Member survey results in September of 2009 and develop action steps to make any improvements identified through June 30<sup>th</sup>, 2010</li> <li>• Bring Council roster before the County Commission for approval in August of 2009</li> <li>• Encourage partners to become members of the Council</li> <li>• Complete CSAS by June 30<sup>th</sup>, 2010</li> </ul>	<ul style="list-style-type: none"> <li>• Health Council roster</li> <li>• CSAS or internal survey results</li> </ul>
<p><b>Internal Structure:</b> The Health Council is sustained and institutionalized with effective structure and practices:</p> <ul style="list-style-type: none"> <li>• Leadership team</li> <li>• Committee structure</li> <li>• Effective meetings</li> <li>• Member participation</li> </ul>	<ul style="list-style-type: none"> <li>• Ensure the Council is operating as dictated by the bylaws and contract with NM DOH; make changes as allowable based on responses to surveys or other assessment methods</li> </ul>	<ul style="list-style-type: none"> <li>• Hold monthly Council meetings throughout FY10 except in December</li> <li>• Hold monthly Lead Team meetings throughout FY10</li> <li>• Hold bi-monthly Committee meetings for each priority area through FY10</li> <li>• Evaluate Council meetings and events regularly to receive feedback and</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership team minutes</li> <li>• Committee minutes</li> <li>• Health Council Minutes</li> <li>• CSAS or internal survey results</li> </ul>

		improve processes	
<b>Internal Process:</b> The Health Council uses effective group processes	<ul style="list-style-type: none"> <li>Continually monitor the Council group processes and make changes in practices as needed</li> </ul>	<ul style="list-style-type: none"> <li>Review and update bylaws by June 30<sup>th</sup>, 2010</li> <li>Evaluate Council meetings regularly to identify areas for improvement in processes</li> </ul>	<ul style="list-style-type: none"> <li>CSAS or internal survey Results</li> </ul>

<b>Community Assessment and Prioritization</b>			
System/Capacity Outcomes	Health Council Objectives	Health Council Action Steps	Indicators
<b>Community Assessment:</b> The Health Council is able to assess community health strengths, needs, problems, and resources	<ul style="list-style-type: none"> <li>Support each health priority area by fulfilling assessment activities as identifies in the CHIP and the Health Council Annual Work Plan</li> </ul>	<ul style="list-style-type: none"> <li>Review health profile and plan process and identify areas of improvement for the next update by December 30<sup>th</sup>, 2009</li> <li>In coordination with other priority areas, convene and serve as facilitator of a strategic, focused summit that can include but is not limited to planners, policy makers, advocates, public and private entities, and community members, held twice a year to learn from each other about efforts, activities, actions,</li> </ul>	<ul style="list-style-type: none"> <li>Community health profile</li> <li>Requests for resource directory</li> <li>Requests for community health profile and plan</li> </ul>

		<p>movements, and initiatives; and identify opportunities for shared goals and potential for joint planning. (Community advisory boards, all those involved in planning, all those involved in treatment)</p> <ul style="list-style-type: none"> <li>Assess the activities in the state of New Mexico and Bernalillo County related to health system reform and identify areas the Council can support existing initiatives or fill in gaps in activities by March 1, 2010</li> </ul>	
<p><b>Monitoring Progress:</b> The Health Council is able to monitor progress in achieving outcomes:</p> <ul style="list-style-type: none"> <li>Improving health</li> <li>Improving community systems</li> </ul>	<ul style="list-style-type: none"> <li>Implement Council Annual Work Plan and ensure all contract requirements are met with the state Department of Health</li> </ul>	<ul style="list-style-type: none"> <li>Complete monthly reports to state with indicator requirements</li> <li>Develop method for monitoring success of CHIP by June 30<sup>th</sup>, 2010</li> </ul>	<ul style="list-style-type: none"> <li>Process for monitoring outcomes</li> <li>Process for monitoring changes in health systems</li> </ul>
<p><b>Emerging Issues:</b> The Health Council has the capacity to respond to emerging issues</p>	<ul style="list-style-type: none"> <li>Provide a forum monthly at Council meetings for partners to report on emerging issues and share this information with the state and policy makers</li> </ul>	<ul style="list-style-type: none"> <li>Develop CHIP and Health Council Action Plan that is flexible enough to respond to emerging issues</li> <li>Report on emerging issues related to Council priorities in quarterly policy maker</li> </ul>	<ul style="list-style-type: none"> <li>Health Council minutes: discussions of emerging issues</li> <li>Study/investigation of emerging issues</li> </ul>

		brief <ul style="list-style-type: none"> <li>• Provide a forum at Council meetings for members and partners to report on emerging issues</li> </ul>	
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<b>Community Action: Coordination and Leadership</b>			
<b>System/Capacity Outcomes</b>	<b>Health Council Objectives</b>	<b>Health Council Action Steps</b>	<b>Indicators</b>
<b>Networks and partnerships</b> are built and/or enhanced	<ul style="list-style-type: none"> <li>• Identify opportunities to support new and existing partners whose priorities align with the Health Council</li> <li>• Ensure the Council has representation at coalitions and other community initiatives related to priority areas</li> </ul>	<ul style="list-style-type: none"> <li>• Support the NM Resources Inventory Collaborative through funding programming, staff, and printing</li> <li>• Report back at Council meetings on community initiatives</li> <li>• Identify opportunities for collaboration or partnering based on need and relation to priorities and current activities</li> <li>• Support the Community Health Worker model in Bernalillo County as a best practice for coordination of health systems through support of the Pathways program and through other opportunities that become</li> </ul>	<ul style="list-style-type: none"> <li>• Shared planning projects</li> <li>• New linkages between community entities</li> <li>• Joint initiatives established or strengthened</li> </ul>

		<p>available.</p> <ul style="list-style-type: none"> <li>• Continue to support the Nurse Family Partnership model as a method to support health in Bernalillo County.</li> <li>• Advocate for and support individuals who are serving on planning, advisory, and other boards who are fighting for the needs of people who live in Bernalillo County.</li> <li>• Partner once a quarter with organizations like Parents Reaching Out (PRO) and others who do outreach to community members to share information on available prevention programs through sharing of prevention materials, provide translation/interpretation assistance, and/or assist in advertising to community as needed or requested.</li> </ul>	
<p><b>Community programs</b> are jointly developed or strengthened</p>	<ul style="list-style-type: none"> <li>• Identify opportunities to strengthen and/or jointly develop community programs that are in line</li> </ul>	<ul style="list-style-type: none"> <li>• In coordination with other priority areas provide quarterly trainings that support our goal areas,</li> </ul>	<ul style="list-style-type: none"> <li>• New programs jointly developed or implemented</li> <li>• Activities related to ongoing programs</li> </ul>

	with the Council health priorities	open to Council members, partners, and community which can include but is not limited to navigating the health system, patient's rights, antiracism, medical debt, etc. Provide at least one training in a language other than English per year; simultaneous interpretation will be provided at trainings if requested.	
<b>Policies</b> are changed and/or constituencies are built for policy change	<ul style="list-style-type: none"> <li>• Develop effective messages for policy change and develop partnerships to assist in identified policy change initiatives</li> </ul>	<ul style="list-style-type: none"> <li>• Develop and distribute messages to community members, policy makers, and institutions related to the Health Council's vision for the health care system in Bernalillo County</li> </ul>	<ul style="list-style-type: none"> <li>• Policy change initiatives backed or started</li> <li>• Discussion of policy changes</li> <li>• Constituencies established or strengthened</li> <li>• Advocacy strategies discussed or implemented</li> </ul>
<b>Funds</b> are received or leveraged within the community	<ul style="list-style-type: none"> <li>• Develop internal processes that support receiving additional funds if necessary and assisting with leveraging funds for community partners</li> </ul>	<ul style="list-style-type: none"> <li>• Update and implement health profile and CHIP distribution plan throughout FY10</li> <li>• Respond to requests for letters of support or partnership for proposal applications</li> <li>• Create resource</li> </ul>	<ul style="list-style-type: none"> <li>• Technical assistance related to grant proposals provided</li> <li>• Endorsements of grant proposals considered</li> <li>• Joint applications for funding</li> <li>• Additional income received</li> </ul>

		development plan by June 30 <sup>th</sup> , 2009	
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