

Useful information regarding Medical resources for persons with developmental disabilities & their support providers

Getting a Second Opinion

Getting a second opinion means seeing another doctor about your sickness or your treatment after you have been seen by your own Primary Care Physician (PCP) or specialist. You can see another doctor if:

- You disagree with your PCP or specialist
- You have more concerns about your sickness
- You want another authorized provider to approve your treatment plan
- You need additional information about treatment your doctor has suggested
- Your PCP or specialist is not authorizing care you have requested

For Salud! MCO members, please call your MCO Member Services to request a second opinion.

Presbyterian Salud! – 1-888-977-2333 or 505-923-5200

Lovelace – 1-800-808-7363 or 505-727-5500

Molina – 1-800-580-2811 or 505-342-4681

Blue Salud – 1-866-689-1523

Persons with Medicaid Fee for Service (FFS) may seek a second opinion without a prior request, just contact the specialist and set up the appointment.

After you receive a second opinion, you can decide which specialist and treatment recommendations are the most appropriate for you. Remember to have a report sent to your PCP.

Changing a Primary Doctor or Primary Care Provider (PCP)

Sometimes you might need or want to find a new Doctor or PCP. Here's how:

1. Call your Salud Member Services Department (the numbers are listed above) to change your PCP. They will be able to tell you if the provider you selected is accepting new patients and when you will be able to start seeing your new PCP.
2. Make an appointment with the new PCP.
3. Attend the appointment and make a decision if you want to continue with the new PCP.
4. If you do not want to continue with new PCP, you will need to make an appointment with your old PCP or select another PCP following steps listed above.

For any other questions or to request help regarding changing Doctors, contact your Salud or other primary insurance company.

Medical Consultation Services

Medical consultation services are available if the consumer, family/guardian, or IDT need discussion or guidance regarding medical concerns. Medical consultation can be helpful for persons, families and teams faced with new or complex issues or difficult decisions. These may include information about a new diagnosis, decisions about having an operation or planning for hospice services. There are several different ways to get support.

1. Call the **Regional Office** and talk to the Regional Office Nurse

Metro	Main: (505) 841-5500	Toll Free: (800) 283-5548
Northeast	Main: (575) 758-5934	Toll Free: (866) 315-7123
Northwest	Main: (505) 863-9937	Toll Free: (866) 862-0448
Southeast	Main: (575) 624-6100	Toll Free: (866) 895-9138
Southwest	Main: (575) 528-5180	Toll Free: (866) 742-5226

2. Call the **DDSD Clinical Services Bureau**
Main: (505) 841-2948 Toll free 1-800-283-8415
3. Call the **Continuum of Care Project** at the UNM School of Medicine
Main: (505) 925-2350 or toll free at 1-877-684-5259
The Continuum of Care website has an array of medical information and resources of interest to persons with DD. Visit their website at <http://www.unmcoc.org/resources/index.htm>
4. Call the **Transdisciplinary Evaluation and Support Clinic (TEASC)** at UNM School of Medicine for comprehensive evaluations.
Main: (505) 272-5158.

Prader-Willi Syndrome

You can find information and resources regarding Prader-Willi Syndrome through ARCA.

1. Visit the web-site: www.arc-a.org/services/praderwilli.htm. The website includes a list of services available through ARCA.
2. Write to: ARCA, Prader-Willi Syndrome Project; 11300 Lomas NE; Albuquerque NM 87112
3. Call: ARCA in Albuquerque 332-6868 or Statewide 1(800) 794-7970