



## Fact Sheet

### *What is the Family Infant Toddler Program?*

All children grow and develop at their own pace. Sometimes children have special developmental needs or health concerns that may put them at risk for, or cause a developmental delay. Through the Department of Health's Family Infant Toddler (FIT) Program early intervention services are available to help families who have concerns about the development of their young child (birth to three).

The family and a team of early intervention personnel will conduct an assessment and evaluation of your child to determine needs. The team will then develop an **Individualized Family Service Plan (IFSP)**. The IFSP will document the outcomes identified for the child and family as well as the early intervention and other services to help meet those outcomes. The IFSP will detail how often, for how long and the method by which each service will be provided. A family may accept or decline any service offered to them.

Early intervention services will be provided in settings where the child typically spends their day (for example, home, childcare, with other family members or other community settings). Children learn and develop through the ongoing relationships with their parents and others in their life. Early Intervention services can help families find opportunities for learning within in their child's daily routines such as playtime, mealtime, bedtime etc.

#### **Early Intervention services may include:**

Adaptive equipment and assistive technology	Audiology
Family education, counseling and home visits	Health services
Medical services	Nursing
Nutrition	Occupational therapy
Physical therapy	Psychological services
Service coordination	Social work services
Special instruction	Speech-language therapy
Transportation (to enable the child and family to participate in early intervention services)	
Vision services	

The Family Infant Toddler Program has a network of over 35 early intervention service providers across New Mexico. Each provider agency has a contract or written agreement with the Family Infant Toddler Program, and services are funded through a combination of State, Medicaid and Federal IDEA Part C funds. Families and/or referral sources may contact early intervention providers directly if they are concerned about a child's development.

#### **Your Local FIT Early Intervention Provider is:**

\_\_\_\_\_ Phone \_\_\_\_\_

**Contact Person** \_\_\_\_\_