

ADAPTIVE SKILL BUILDING

FIT Program
Annual Meeting

June 22, 2011

OptumHealthSM
New Mexico

Presentation Agenda

This overview will cover the following:

- Behavioral Health Collaborative Overview
- ASB Level of Care Guidelines
- Contracting and Credentialing Requirements
- Clinical Process
- Contact Information
- Questions

WHAT/WHO is the Behavioral Health Collaborative?

- **The Collaborative was created by Governor Bill Richardson and the New Mexico State Legislature during the 2004 Legislative Session. The Legislation allows several state agencies and resources involved in behavioral health prevention, treatment and recovery to work as one in an effort to improve mental health and substance abuse services in New Mexico.**
- **This cabinet-level group represents 17 state agencies and the Governor's office.**

The Collaborative currently contracts with one company, OptumHealth NM, known as the Single Entity to manage all Medicaid benefits statewide for behavioral health services in NM.

WHAT are the Local Collaboratives (LC's)?

The purpose of the Local Collaboratives is to develop strong local voices to guide behavioral health planning and services. Public input is required and essential. Additionally, each Local Collaborative must look at prevention, early intervention and health promotion, wellness, education and personal health responsibility, as well as workforce initiatives, facility infrastructure, and licensing and credentialing.

- The Collaborative currently supports a single local collaborative for each of New Mexico's 13 judicial districts, as well as 5 Local Collaboratives that represent the state's sovereign Tribes, Nations, Pueblos and off-reservation populations. Each Local Collaborative is made up of consumers, family members, advocates and providers.
- The Local Collaboratives provide input to the Behavioral Planning Council which reports directly to the Collaborative.

WHAT is the Behavioral Health Planning Council (BHPC)?

Formerly known as the Governors' Mental Health Council, the BHPC was established in 2004 as an advisory council to the Collaborative.

- The BHPC membership currently includes three representatives (one consumer, one family member, and one provider or advocate) from each Local Collaborative, in addition to at-large and state agency secretaries or their proxies, appointed by the Governor
- There are four statutory subcommittees including the Adult and Substance Abuse Subcommittee, Children and Adolescent Subcommittee, Medicaid Subcommittee and the Native American Subcommittee.

ASB OHNM Level of Care Guidelines June 29, 2010

I. Description of Service

- Adaptive Skill Building services (ASB) are provided to children who need intensive intervention to develop skills necessary to function successfully at home and in the community and who require intensive and specialized treatment approaches to learn adaptive behavior. Eligible children include:
 - Young children (recipients birth up to 5 years of age) with a diagnosis of Autism Disorders (AD), listed in the most current version of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR) as 299.0. The diagnosis must come from either a clinical psychologist or from a psychiatrist with experience treating Autism.
 - The evaluation leading to the diagnosis should be thorough and include information from multiple sources, because the child's performance may vary among settings and caregivers.

- ASB services include the development of an Intervention Plan, implementation of the plan, application of Applied Behavior Analysis, assistance for caregivers in socially purposeful engagement of the recipient, and ongoing monitoring of the plan and recipient progress. This service includes the use of basic Applied Behavior Analysis techniques provided as part of a comprehensive approach to the treatment of Autism Disorders. The treatment plan should include caregiver training regarding identification of the specific behavior(s) and interventions in order to support utilization of the ABA techniques by the caregiver(s).
- The initial ASB authorization will be for six months; ongoing ASB interventions shall be authorized for three months.

II. Admission Criteria (Must meet all)

- A. There is documentation of a DSM-IV-TR diagnosis by a clinical psychologist or psychiatrist with experience treating Autism of a diagnosis of Autism Disorders (AD) for recipients aged birth up to 5 years of age
- B. There is documentation of maladaptive behaviors that would require adaptive skill building services
- C. Each qualifying child must need intensive intervention to develop skills necessary to function successfully at home and in the community and also must require intensive and specialized treatment approaches to learn adaptive behaviors.

D. There is a reasonable expectation on the part of a treating health care professional that the individual's behavior will improve with adaptive skill building services.

E. A comprehensive evaluation has been done which includes the following components:

1. Health, developmental, and behavioral histories that include a family history and a review of systems.

2. Other diagnoses have been considered and an appropriate evaluation has been done to rule out those diagnoses.
3. Confirmation of the presence of a categorical DSMIV-TR diagnosis meeting the criteria for this service using specific evidence to support the diagnosis including standardized tools that operationalize the DSM criteria.
4. The parents'/guardians' knowledge of ASD, coping skills, and available resources and supports have been assessed and there is evidence that the parents/guardians can participate in Adaptive Skill Building.

III. Continued Stay Criteria (Must meet A and B and C, or A and D.):

- A. The consumer continues to meet the admission criteria.
- B. There is evidence the child, family, and social supports can continue to participate effectively in this service.
- C. There is evidence the consumer is responding positively to the service.
- D. If the consumer is not responding positively to the service or if the child, family, or social supports are not adequately participating in the service the treatment plan must reflect what interventions will change to produce effective results.

IV. Discharge Criteria (Meets A, or B, or C, or D, and E):

- A. The child has met his/her individualized discharge criteria.
- B. The child can be appropriately treated at a less intensive level of care.
- C. The child has reached his or her 5th birthday.
- D. The child has received 36 months (cumulative) of Adaptive Skill Building services.
- E. An individualized discharge plan with appropriate, realistic and timely follow-up care is in place.

CREDENTIALING PROCESS

Network Participation: Applying online for Credentialing

- For independent providers (licensed solo practitioners including psychiatrists, psychologists, social workers and other master's level licensed providers) who are not contracted with United Behavioral Health or OptumHealth, how do you apply for participation?
- You can get started today by completing an industry standard credentialing application. OptumHealth New Mexico uses an application from the Council for Affordable Quality Healthcare (CAQH). To begin the application process, log on to the CAQH Web site at <https://upd.caqh.org/oas/>.
- Use your CAQH ID number to log in. If you have questions about this process, please contact CAQH at 1-888-599-1771. If you need a log-in ID, please contact OHNM at 866-660-7182 to obtain one.

Credentialing Process

OptumHealth New Mexico will follow New Mexico Administrative Code, (NMAC) Regulations 8.310.8 for independent providers

<http://www.nmcpr.state.nm.us/nmac/parts/title08/08.310.0008.htm>

Examples of OHNM Acceptable Credentials for Independent Providers

- MD Medical Doctor (Board certified in Psychiatry)
- DO Doctor of Osteopathy (Board certified in Psychiatry)
- Psychologist (PhD, PsyD, EdD) Licensed Psychologist
- LISW Licensed Independent Social Worker
- LMFT Licensed Marriage and Family Therapist
- LPCC Licensed Professional Clinical Mental Health Counselor
- RN Registered Nurse Specialist, CNS Certified Nurse Specialist, CNP Certified Nurse Practitioner (Certified in Psychiatric nursing)

MAD Regulations re: Independent Providers

- MAD-MR: 08-06 HEALTH CARE PROFESSIONAL SERVICES EFF:7-16-08
BEHAVIORAL HEALTH PROFESSIONAL SERVICES
- C. The following independent providers are eligible to be reimbursed for providing behavioral health professional services:
 - (1) individuals licensed as physicians by the board of medical examiners or board of osteopathy and who are board-eligible or board-certified in psychiatry, or the groups they form;
 - (2) psychologists (Ph.D., Psy.D. or Ed.D.) licensed as clinical psychologists by the New Mexico board of psychologist examiners, or the groups they form;
 - (3) licensed independent social workers (LISW) licensed by the New Mexico board of social work examiners, or the groups they form;
 - (4) licensed professional clinical mental health counselors (LPCC) licensed by the New Mexico counseling and therapy practice board, or the groups they form;
 - (5) licensed marriage and family therapists (LMFT) who are licensed by the New Mexico counseling and therapy practice board, or the groups they form;
 - (6) individuals licensed as clinical nurse specialists or certified nurse practitioners by the board of nursing who are certified in psychiatric nursing by a national nursing organization, or the groups they form, who can furnish services to adults or children as their certification permits.

Examples of practitioners who may not be credentialed as Independent Providers with OHNM

- LPA Licensed Psychologist Associate
- LBSW Licensed Baccalaureate Social Worker
- LMSW Licensed Master Social Worker
- LPC License Professional Mental Health Counselor
- LMHC Licensed Mental Health Counselor
- LPAT Licensed Professional Art Therapist
- LADAC Licensed Alcohol & Drug Addiction Counselor
- Registered Mental Health Counselor

- Please note some practitioners with these license levels may work in facilities under supervision

CONTRACTING WITH OPTUMHEALTH NEW MEXICO

CONTRACTING WITH OPTUMHEALTH NM

- Contact your local Provider Relation's Specialist to obtain a Network Participation Agreement, Contract and Medicaid Reimbursement Schedule
- Complete online credentialing with CAQH. Complete CAQH must be submitted online and CAQH number listed on the Network Participation Agreement.
- Return completed documents to Provider Relations who will forward to the OptumHealth Credentialing team for review

CLINICAL PROCESSES

Clinical Processes: Treatment Records

- Treatment record reviews may be conducted on a quarterly, semi-annual, or annual basis.
- A treatment record review audit tool may be provided to practitioners as a resource.
- All Medicaid guidelines must be adhered to.

Claims Processes

- OptumHealth New Mexico mandates the need for NPI or atypical provider number, Taxonomy, and appropriate zip codes on the claims
- Follow CMS, HIPAA, and New Mexico Medicaid Companion guidelines for claim submissions
- <http://www.hsd.state.nm.us/mad/hipaacompanion.html>
- Provider Relations can assist you with how to register for an NPI number

OptumHealth Provider Relation's Specialists

866-660-7182 or <https://www.optumhealthnewmexico.com/provider/contactUs.html>

- **Region 1**

- ***Linda Monchamp***
- 2800 Hutton Avenue
- Farmington, NM 87402

- **Region 2**

- ***Anna C. De Baca/Javier Carrizales***
- 2904 Rodeo Park East
- Ste 300A
- Santa Fe, NM 87505

- **Region 3**

- ***Christina Bustamante/ Jeff Daninger***
- 8801 Horizon Blvd NE
- Albuquerque, NM 87113

- **Region 4**

- ***Raul Gonzalez***
- 400 Pennsylvania Ave
- Roswell, NM 8820

- **Region 5**

- ***Trudy Nodgaard and Cindy Morgan***
- 850 N. Telshor
- Las Cruces, NM 88011

- **Region 6**

- ***Anna C. De Baca/Linda Monchamp***
- 2904 Rodeo Park East
- Ste 300A
- Santa Fe, NM 87505

OHNM Office Locations

- **Region 1**

2800 Hutton Ave
Farmington, NM 87402
Phone: 505-326-9390

Regions 2 & 6

2904 Rodeo Park East, Ste. 300A
Santa Fe, NM 87505
Phone: 505-428-6598

Region 3

8801 Horizon Boulevard NE
Albuquerque, NM 87113
Phone: 505-798-5600

Region 4

400 Pennsylvania Ave.
Roswell, NM 88201
Phone: 575-624-4450

Region 5

840 N. Telshor
Las Cruces Blvd, NM 88011
Phone: 575-556-1760

Customer Support Services Regular Business Hours: 7:30 a.m. to 5:30 p.m. Mountain Time
Call toll-free: 1-866-660-7185
TTY access: 1-800-855-2881 (ask the operator to call Customer Support Services at 1-866-660-7185)

24-hour hotline

(For after-hours calls, this hotline provides help and information 24 hours a day, seven days a week.)
1-866-660-7185

Contact Info

www.optumhealthnewmexico.com

Wendy Corry, Director of Disabilities, OHNM

(505) 238-0047

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Questions

