

Reflective Supervision

Journal Page

...facilitating reflective practice



Hands OFF

Some things I noticed were...



Hands OUT...

Perspective was gained when...



Hands ON...

Ways I brought understanding to the conversation were...

Next time I'll...

"The purpose of supervision is helping the supervisee to learn how to be her (his) best professional self, in order to provide the best possible service to children and families."

Bertachi, J., & Scott, Frances M. (1992) *A seminar for supervisors in infant/family programs: growing versus paying more for staying the same.* Learning through Supervision & Mentorship. Ed., Emily Fenichel. Arlington, VA.: Zero to Three