Steps in Accessing Services Through the Family Infant Toddler (FIT) Program

Family Infant Toddler Program

FIT Program Flowchart

Entry to Exit

CHILD IDENTIFICATION

There is a concern about the development of a child who is under the age of 3 and living in New Mexico.

Developmental concern is discussed with the child's caregiver and permission to refer to the FIT Program is obtained.

REFERRAL AND INTAKE

Referral is made to a FIT provider by calling the provider directly or calling **BabyNet** at **1-800-552-8195**, or faxing **1-866-829-8838**

The FIT provider arranges for a comprehensive multidisciplinary developmental evaluation with the child's family within 45 days from the date of referral. This evaluation occurs at the family's home or a community location where the child is most comfortable. In preparation for the evaluation, information on the child's history is gathered from caregiver(s) and the child's medical records are obtained.

EVALUATION

A comprehensive multidisciplinary developmental evaluation occurs. An evaluation report is written summarizing findings and making recommendations regarding the child's eligibility and, if applicable, approaches and strategies to be considered for service outcomes.

ELIGIBILITY DETERMINATION

CHILD IS FOUND NOT ELIGIBLE FOR FIT PROGRAM SERVICES

The child's family receives information on growth and development.

Referrals are made to other community resources, if appropriate.

The child may be reevaluated at a later date.

CHILD IS FOUND ELIGIBLE FOR FIT PROGRAM SERVICES

INDIVIDUALIZED FAMILY SERVICE PLAN (IFSP)

At a setting and time convenient for the family, an initial IFSP is developed. The child's caregiver(s) works in coordination with a team of professionals and determines outcomes for the child and family, and the services necessary to meet those outcomes.

Services are delivered according to the IFSP. Ongoing assessments are done, and the IFSP is reviewed every six months to determine progress toward outcomes and the need for modification of outcomes or services.

TRANSITION

Prior to the child's 3rd birthday, transition planning will occur to ensure a smooth and effective transition of the child and family from the FIT Program to other resources in the community such as the public school's preschool special education services, Head Start or childcare program. A transition conference will occur at least 90 days prior to the child's 3rd birthday, where representatives from both the current FIT provider and the transitioning agencies are present.