

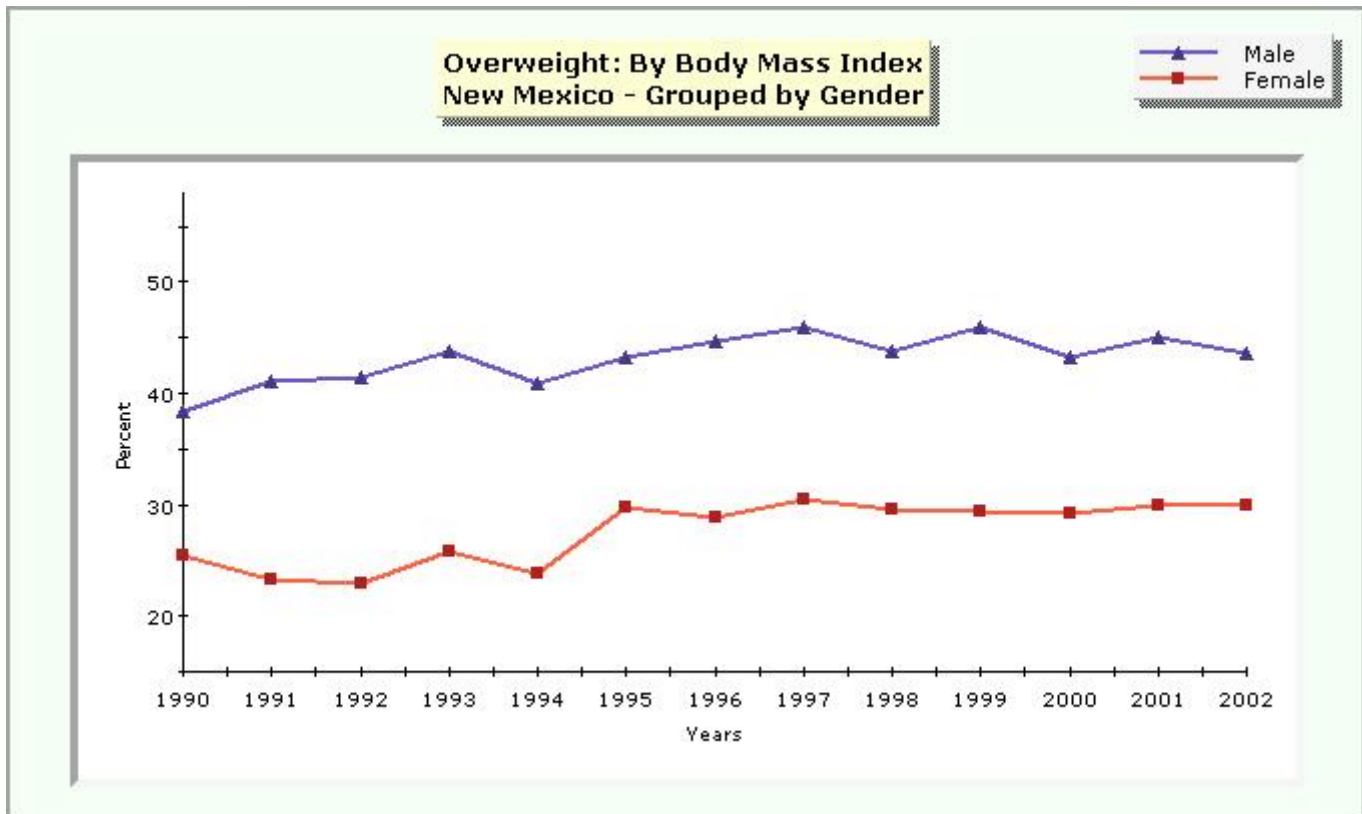
## Overweight: By Body Mass Index\*, New Mexico Men and Women, 1990-2002

	Male	Female
Year:	% CI n	% CI n
1990	<b>38.4</b> (34.1-42.7) 201	<b>25.5</b> (22.0-29.0) 161
1991	<b>41.1</b> (36.4-45.8) 226	<b>23.2</b> (19.3-27.1) 136
1992	<b>41.4</b> (36.7-46.1) 204	<b>23.0</b> (19.5-26.5) 155
1993	<b>43.7</b> (39.4-48.0) 234	<b>25.8</b> (22.1-29.5) 178
1994	<b>40.9</b> (36.0-45.8) 204	<b>23.9</b> (20.8-27.0) 196
1995	<b>43.3</b> (38.4-48.2) 217	<b>29.7</b> (26.0-33.4) 216
1996	<b>44.6</b> (38.9-50.3) 184	<b>28.8</b> (24.5-33.1) 183
1997	<b>46.0</b> (42.1-49.9) 339	<b>30.4</b> (27.3-33.5) 311
1998	<b>43.7</b> (41.0-46.4) 700	<b>29.5</b> (27.1-31.9) 577
1999	<b>45.9</b> (43.1-48.6) 697	<b>29.4</b> (27.0-31.7) 551
2000	<b>43.3</b> (40.3-46.2) 628	<b>29.2</b> (26.8-31.5) 474
2001	<b>45.1</b> (42.1-48.0) 658	<b>29.9</b> (27.5-32.2) 616

<b>2002</b>	<b>43.6</b> (40.8-46.3) 820	<b>30.0</b> (27.8-32.1) 784
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% = Weighted Percentage, CI = Confidence Interval, n = Cell Size (Numerator)  
Use caution in interpreting cell sizes less than 50.

\*All respondents 18 and older who report that their Body Mass Index (BMI) is between 25.0 and 29.9. BMI is defined as weight in kilograms divided by height in meters squared ( $w/h^2$ ).  
Denominator includes all survey respondents except those with missing, don't know, and refused answers.



Source: Self-reported height and weight, Behavioral Risk Factors Surveillance System (BRFSS) accessed in April 2004 at <http://apps.nccd.cdc.gov/brfss/Trends/sexchart.asp?qkey=10080&state=NM>

Interpretation: During the period 1990 through 2002, the rate of overweight (BMI 25.0-29.9) in New Mexican adults showed a statistically significant increase for both men and women. Rates for men were consistently and significantly higher than for women. Of note, the numbers shown here do not include adults with a more severe weight problem who would be classified as obese (BMI 30.0 and greater.)