



Epidemiology and Response Division

THE NEW MEXICO BORDER INFLUENZA SENTINEL SURVEILLANCE WEEKLY UPDATE 2008-2009 Influenza Season

Weekly Report ending January 31st, 2009 (MMWR Week 04)

Region	Influenza Activity Level (see below for description)
Border Region of New Mexico/Chihuahua	Local
New Mexico	Local

Summary of Border Influenza Activity in the Region of Southwestern New Mexico/Northern Chihuahua for Week Ending 1/31/2009¹:

The **border region*** includes **10** influenza sentinel surveillance and **9** sentinel laboratory sites within 100 kilometers of New Mexico/Mexico border. The sites reported a total of **2315** patient visits for the reporting period, of which **25(1.1%)** were positive for an influenza-like illness (ILI)².

Clinic	Patients seen week ending: 1/31/2009	Patients with ILI this week (n; % of this weeks total):	Patients with ILI last week (n; % of last weeks total):
Centro Salud "B", Juarez	280	16(5.7%)	8(2.7%)
CAAPS Aguilas de Zaragoza, Juarez	95	0	1(1.1%)
CAAPS Anapra, Juarez	559	7(1.3%)	0
CSHS, Nuevo Casas Grandes	75	0	0
CSHS, Ojinaga	280	1(0.4%)	2(0.7%)
BAHC, Columbus	81	0	0
BAHC, Deming	158	0	0
BAHC, Dona Ana	467	1(0.2%)	0
HMS, Lordsburg	180	0	1(0.6%)
LCDF, Sunland	140	0	0
Totals:	2315	25(1.1%)	12(0.5%)

¹Weekly ILI and lab data may change as additional reports are compiled.

²Influenza-like Activity (ILI) is defined as Fever ($\geq 100^{\circ}\text{F}$ [37.8°C], oral or equivalent) AND cough and/or sore throat in absence of a KNOWN cause other than influenza.

Summary of Border Region* Sentinel Laboratory Activity³ in New Mexico and Juarez for Week Ending 1/31/2009:

Clinic/Lab ⁴ 2008-2009 Influenza Season	Number of Tests Performed ⁴	Positive Type A (n,%)	Positive Type B (n,%)	Positive Type Unknown ⁵ (n,%)	Total Positive All Types (n,%)
Centro Salud "B", Juarez	16	5	0	0	5
CAAPS Aguilas de Zaragoza, Juarez	0	0	0	0	0
CAAPS Anapra, Juarez	3	2	0	0	2
CSHS, Nuevo Casas Grandes	0	0	0	0	0
CSHS, Ojinaga	1	0	0	0	0
Gila Regional Medical Center, Silver City	7	0	0	0	0
Memorial Medical Center, Las Cruces	2	0	0	0	0
Mimbres Memorial Hospital, Deming	25	6	1	0	7
Mountain View Medical Center, Las Cruces	0	0	0	0	0
Total:	54	13(24%)	1(2%)	0	14(26%)

National Flu Surveillance and Laboratory Activity, Week Ending 1/31/2009:

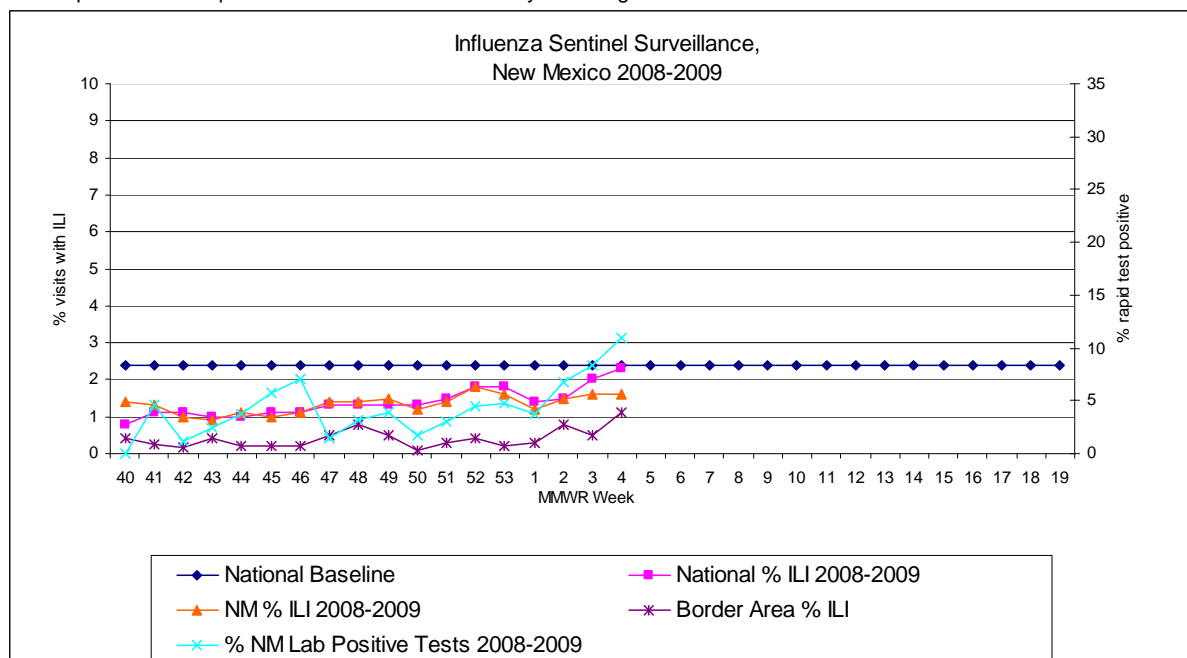
More information on national surveillance can be found at <http://www.cdc.gov/flu/weekly/>.

³Includes rapid antigen and immunofluorescence testing (i.e., direct fluorescent antibody staining)

Note: The sensitivity and specificity of point of care rapid diagnostic tests vary during times when influenza is not circulating widely. The NM Influenza Surveillance Program expects some false positive rapid diagnostic results outside the time of peak influenza activity (i.e., beginning and end of season). The first NM laboratory confirmed case of the influenza season is based on a positive viral culture result.

⁴Influenza test availability and clinical criteria for testing may not be consistent between clinics or clinicians.

⁵Not all point of care rapid influenza tests have the ability to distinguish between influenza A and B.



Activity Level	ILI activity*/Outbreaks		Laboratory data
No activity	Low	And	No lab confirmed cases [†]
Sporadic	Not increased	And	Isolated lab-confirmed cases
	OR		
Local	Not increased	And	Lab confirmed outbreak in one institution [‡]
	OR		
Regional (doesn't apply to states with ≤4 regions)	Increased ILI in 1 region**; ILI activity in other regions is not increased	And	Recent (within the past 3 weeks) lab evidence of influenza in region with increased ILI
	OR		
Regional (doesn't apply to states with ≤4 regions)	2 or more institutional outbreaks (ILI or lab confirmed) in 1 region; ILI activity in other regions is not increased	And	Recent (within the past 3 weeks) lab evidence of influenza in region with the outbreaks; virus activity is no greater than sporadic in other regions
	OR		
Regional (doesn't apply to states with ≤4 regions)	Increased ILI in ≥2 but less than half of the regions	And	Recent (within the past 3 weeks) lab confirmed influenza in the affected regions
	OR		
Regional (doesn't apply to states with ≤4 regions)	Institutional outbreaks (ILI or lab confirmed) in ≥2 and less than half of the regions	And	Recent (within the past 3 weeks) lab confirmed influenza in the affected regions
	OR		
Widespread	Increased ILI and/or institutional outbreaks (ILI or lab confirmed) in at least half of the regions	And	Recent (within the past 3 weeks) lab confirmed influenza in the state.

*Influenza-like illness: Fever ($\geq 100^{\circ}\text{F}$ [37.8°C], oral or equivalent) and cough and/or sore throat (in the absence of a known cause other than influenza)

[†] Lab confirmed case = case confirmed by rapid diagnostic test, antigen detection, culture, or PCR. Care should be given when relying on results of point of care rapid diagnostic test kits during times when influenza is not circulating widely. The sensitivity and specificity of these tests vary and the predicative value positive may be low outside the time of peak influenza activity. Therefore, a state may wish to obtain laboratory confirmation of influenza by testing methods other than point of care rapid tests for reporting the first laboratory confirmed case of influenza of the season.

[‡] Institution includes nursing home, hospital, prison, school, etc.

**Region: population under surveillance in a defined geographical subdivision of a state. A region could be comprised of 1 or more counties and would be based on each state's specific circumstances. Depending on the size of the state, the number of regions could range from 2 to approximately 12. The definition of regions would be left to the state but existing state health districts could be used in many states. Allowing states to define regions would avoid somewhat arbitrary county lines and allow states to make divisions that make sense based on geographic population clusters. Focusing on regions larger than counties would also improve the likelihood that data needed for estimating activity would be available.

This information is collected by the Infectious Disease Epidemiology Bureau, Epidemiology Response Division, NMDOH. For questions, please call 505-827-0006. For more information on influenza go to the NMDOH web page: <http://www.health.state.nm.us/flu/> or the CDC web page: <http://www.cdc.gov/ncidod/diseases/flu/fluivirus.htm>