

# SUPPORTS WAIVER INDIVIDUAL SERVICE PLAN (ISP)

Version 2 effective date: 03/11/2023

IDENTIFYING INFORMATION	
INDIVIDUAL'S FULL NAME:	DOB:
ADDRESS:	
CITY AND ZIP:	PHONE:
DIRECTIONS TO HOME:	
REGION: <input type="checkbox"/> METRO <input type="checkbox"/> NW <input type="checkbox"/> NE <input type="checkbox"/> SE <input type="checkbox"/> SW	
NATIVE LANGUAGE:	INTERPRETER NEEDED: <input type="checkbox"/> YES <input type="checkbox"/> NO

DATE OF ISP MEETING:	DATE OF NEXT ISP MEETING:	
EFFECTIVE DATES OF ISP: FROM	TO	
TERM OF SW LEVEL OF CARE: FROM	TO	
SUPPORTS WAIVER LEVEL OF CARE: <input type="checkbox"/> I <input type="checkbox"/> II <input type="checkbox"/> III		
MEDICARE #:		
<input type="checkbox"/> INITIAL <input type="checkbox"/> ANNUAL <input type="checkbox"/> REVISION DATE:	REVISION VERSION:	
TRANSFER FROM: <input type="checkbox"/> PARTICIPANT DIRECTED <input type="checkbox"/> AGENCY BASED (FOR PD DIRECTED VERSION ONLY)		
MANAGED CARE ORGANIZATION(MCO):		
MCO CARE COORDINATOR:	PHONE:	E-MAIL:
LAST CARE NEEDS ASSESMENT (CAN):	CARE COORDINATION LEVEL:	

SERVICE MODEL	
<input checked="" type="checkbox"/> Agency Based	<input type="checkbox"/> Participant Directed

PARTICIPANT PROGRAM SUPPORT	
Do you need support accessing:	Enter Y/N
Supports Waiver Program Information	
Participant Tool Kit	
Employer of Record Tool Kit	
Provider Selection Guide	
Identifying Resources	
Finding Providers and goods	
Interviewing and hiring employees	
Developing Interview Questions	
Checking References	
Additional Support	

EXTERNAL DOCUMENTS
What documents have been used to develop this ISP? Information from the Centennial Care Comprehensive Needs Assessment (CNA) or any other applicable assessments should be used when developing this ISP.

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**SERVICE BACK-UP PLAN**

***IF THERE IS AN EMERGENCY PLEASE CALL 911***

Please print this and keep it easily available for your employees and other people who help you.

Each service requested and approved must have a back-up to provide necessary services for unplanned cancellations. A back-up can be an unpaid natural support or an employee.

If an agency is being accessed for a service, then the agency must be listed as a back-up provider for that service. If the service is self-directed the EOR should be contacted.

If regularly scheduled employees or service providers are unable to report to work I will contact the following:

SERVICE	NAME	ADDRESS (INCLUDE E-MAIL)	PHONE	TIMES AVAILABLE

**EMERGENCY BACK-UP PLAN**

***IF THERE IS AN EMERGENCY PLEASE CALL 911***

Please print this and keep it easily available for yourself, employees and other people who help you.

CONTACT	NAME	ADDRESS (INCLUDE E-MAIL)	PHONE	ADDITIONAL
IN CASE OF EMERGENCY				
IN CASE OF EMERGENCY				
PHYSICIAN				
DENTIST				
FIRE				
POLICE				
UTILITY COMPANY				
CRISIS HOTLINE				
HOSPITAL				
URGENT CARE				

**NARRATIVE SECTION**

**LIFE EXPERIENCES:**

Who am I? Provide background information about your successful life experiences and major life events. Describe what life is like now and important relationships including who is a part of your circle of support. Include your important values and beliefs. Include information about your talents, hobbies and interests.

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**STRENGTHS:**  
What are my strengths? What are my preferences?

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**IMPORTANT THINGS:**  
What is important in my life now and in the future?

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**WORKING WELL:**  
What is working well in my life?

--

**PROGRAM PARTICIPATION:**  
What do I want to have happen as a result of my participation in the Supports Waiver Program. Please include what your preferences in each area are.  
at **home** related to my health, friends and relationships?  
at **work** related to my health, friends and relationships?  
in the **community** related to my health, friends and relationships?

**COMMUNITY PARTICIPATION**  
How do you want to be involved in your community? Include interest in volunteering in areas such as community projects, charitable organizations or other special events in the community.

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Are you interested in exploring what your interests or opportunities might be in the community?  
 YES     NO    If yes, please explain.

--

Do you know how or where to access community activities or volunteer opportunities you are interested in?  
 YES     NO    If no, please include plan to get information with assistance from the CSC.

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**EMPLOYMENT**

If you are currently employed, please answer the following questions:

Where do you work?	
How many hours do you work?	

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How long have you been employed?	
Do you enjoy your employment?	
What would make your employment better?	
Do you feel included in your work?	
Are there other employment opportunities (ie: advancement or a promotion at your current job, another job or career) you would like to pursue?	
If you are not employed, are you interested in exploring new experiences that could lead to work? If yes, please include plan to get information with assistance from the CSC.	

### HEALTH AND WELLNESS

Provide summary information about significant health/medical/dental/behavioral-mental health/environmental concerns (past and present) and diagnosis(es) that have implications for planning or impact on the individual's health and safety, including what has been done to address these concerns.

Do you have any health concerns that have not been addressed?

*Consider medical/health issues, eating and nutrition concerns, and behavioral/mental health concerns that might not be safe or helpful to your life. If yes, please explain and include what the plan is to address concerns.*

### INDIVIDUAL HEALTH AND SAFETY INFORMATION

**Please include all history and current information related to each area. List any identified health and safety issues in the column below. Each area with a history or that is currently present must include what the current intervention is and specific instructions to the service provider. Any additional areas that are relevant must be identified and included under (Additional).**

Health and Safety Area	History	Current Intervention	Service Provider Instructions
Allergies – Food Specific			
Allergies			
Ambulation – including fall risk			
Aspiration			
Bowel Obstruction			
Dehydration			
GERD			
Seizures			
Special Diet/Meal Plan from a health professional.			
Respiratory (history of influenza or COVID 19 positive diagnosis)			

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Additional (Oral care)			

**HEALTH AND SAFETY INFORMATION**

What information about you do you want to share related to health and safety?

**ADDITIONAL TRAINING**

What additional training would you like to identify for your service providers in addition to the required training with regards to your health and safety?

**SUPPORTS WAIVER DIRECT SERVICES**

**Personal Care Services, Respite, Non-Medical Transportation and Community Membership Supports (Customized Community Supports Individual, Customized Community Supports Group and Employment Supports)**

Individually determined supports that help you live as independently as possible in your home and community. These supports can provide needed assistance with activities of daily living (ADLs), home management supports for health and safety or help you participate in community life in order to enhance relationships with others, work, or to participate in activities that are meaningful to you. Supports Waiver services add to but do not replace other paid and natural supports. The use of restraints, restrictive intervention and seclusion is not permitted in the delivery of Supports Waiver services.

Activity / Service	Paid Supports (other than Supports Waiver) Ex: EPSDT Hours Per WK	Unpaid Supports Hours Per WK	Requested Supports Waiver Supports Hours Per WK	Total Hours Hours Per WK	Service Instructions
<b>ADLS</b>					

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<b>Eating</b>					
<b>Dressing</b>					
<b>Transfers</b>					
<b>Toileting</b>					
<b>Maintenance</b>					
<b>Continence</b>					
<b>iADLS</b>					
<b>Personal Hygiene</b>					
<b>Light Housework</b>					
<b>Meal Preparation</b>					
<b>Grocery Shopping</b>					
<b>Laundry</b>					
<b>Routine Communications</b>					
<b>Money Management</b>					
<b>Banking</b>					
<b>Miscellaneous Finance</b>					
<b>Working with Vendors/Employees</b>					
<b>Scheduling Appointments</b>					
<b>Total Hours Per WK</b>					

<b>PERSONAL CARE SERVICES</b>
If you are under 21, are you receiving Personal Care Services through EPSDT? <input type="checkbox"/> YES <input type="checkbox"/> No
If no do you need assistance with accessing EPSDT? <input type="checkbox"/> YES <input type="checkbox"/> NO
Do any of your Personal Care Services providers live in the same home with you? <input type="checkbox"/> YES <input type="checkbox"/> NO

<b>SUPPORTS WAIVER DIRECT SERVICE</b>	
<b>PERSONAL CARE SERVICES</b>	
Assessed Needs and Preferences	
Projected Amount, Requested Hours per month and per year	
Expected Outcome	

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<b>COMMUNITY MEMBERSHIP TABLE</b>					
<b>Activity / Service</b>	<b>Paid Supports (other than Supports Waiver) Ex: EPSTD Hours Per WK</b>	<b>Unpaid Supports  Hours Per WK</b>	<b>Requested Supports Waiver Supports  Hours Per WK</b>	<b>Total Hours  Hours Per WK</b>	<b>Service Instructions</b>
<b>Community Supports Membership</b>					
<b>Employment</b>					
<b>Volunteering</b>					
<b>Educational</b>					
<b>Leisure / Recreational</b>					
<b>Building Relationships</b>					
<b>Translator / Interpreter</b>					
<b>ADL Support Needed in the Community</b>					
<b>Total Hours Per WK</b>					

<b>COMMUNITY MEMBERSHIP</b>
<b>Community Membership services Customized Community Support Individual and Group and Supported Employment that identify ADL support as a need must complete Personal Care Services Training.</b> The use of restraints, restrictive intervention and seclusion is not permitted in the delivery of Supports Waiver services.

<b>EMPLOYMENT SUPPORTS</b>
Do you need assistance accessing DVR prior to utilizing Supports Waiver Employment Supports ? <input type="checkbox"/> YES <input type="checkbox"/> No
Do you need assistance coordinating a transition from DVR Employment Supports to Supports Waiver Employment Supports? <input type="checkbox"/> YES <input type="checkbox"/> NO

<b>SUPPORTS WAIVER DIRECT SERVICE</b>
<b>CUSTOMIZED COMMUNITY SUPPORT INDIVIDUAL</b>
Assessed Needs and Preferences

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Projected Amount, Requested Hours per month and per year	
Expected Outcome	
<b>CUSTOMIZED COMMUNITY SUPPORT GROUP</b>	
Assessed Needs and Preferences	
Projected Amount, Requested Hours per month and per year	
Expected Outcome	
<b>SUPPORTED EMPLOYMENT</b>	
Assessed Needs and Preferences	
Projected Amount, Requested Hours per month and per year	
Expected Outcome	

**RESPIRE SERVICES**

ADL/iADL Table and Community Membership Table should be used to develop Respite Services. Respite services that identify ADL support as a need must complete Personal Care Services Training. The use of restraints, restrictive intervention and seclusion is not permitted in the delivery of Supports Waiver services.

Respite is provided to give the unpaid, primary caregiver time away from their duties. If requesting Respite, please provide the name of the unpaid primary caregiver utilizing the Respite and their relationship to you.

**SUPPORTS WAIVER DIRECT SERVICE**

**RESPIRE SERVICES**

Assessed Needs and Preferences	
Projected Amount,	

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Requested Hours per month and per year	
Expected Outcome	

**NON-MEDICAL TRANSPORTATION**

Non-Medical transportation services are offered in order to enable participants to gain access to waiver and other community services, activities and resources. The Community Membership Table should be used to develop this service. ADL Supports are not a part of this service.

Do you have information about medical transportation through your Managed Care Organization (MCO) in the event that medical transportation is needed?     YES                       NO

**SUPPORTS WAIVER DIRECT SERVICE**

**NON-MEDICAL TRANSPORTATION**

Assessed Needs and Preferences	
Requested Mile Per Month and total per year	
Requested Hours by hourly driver per month and total per year	
Transportation through passes or ride share per month and total per year	
Expected Outcome	

Do you need any of your Direct Support Personnel to have training on wheelchair tie downs, lifting, and transferring, meal preparations or housekeeping skills? Please specify the trainings needed.

What else do you need your Direct Support Personnel To know about you?

**RELATIVE AND LEGAL GUARDIAN APPROVAL**

Do any of your paid Supports Waiver service providers live in the same home with you?                      YES                      NO

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Are any of your paid Supports Waiver Personal Care, Respite, Customized Community Support Individual (CCS-I) or Non-Medical Transportation a relative or legal guardian?  
 YES       NO If yes, they need approval to provide services.

If yes, or currently requesting: please provide the relative or legal guardian’s planned work schedule Monday through Sunday. If more than one employee is requesting to provide services please enter all employees.

Name of Relative or Guardian:

Relationship to Supports Waiver Participant: (Cannot be EOR)

Service Requesting to Provide:

Reason for Request:

Planned Work Schedule:

**SUPPORTS WAIVER DIRECT SERVICE MEASUREMENTS AND MONITORING**

How will I know if my services are working well for me and meet my identified needs?  
Please list an individual measurement to be monitored during monthly visits for each service.

**Personal Care:**  
**Respite:**  
**Customized Community Supports Individual:**  
**Customized Community Supports Group:**  
**Supported Employment:**  
**Non-Medical Transportation:**

**BEHAVIOR SUPPORT CONSULTATION**

<b>BEHAVIOR SUPPORT CONSULTATION</b>	
Assessed Needs and Preferences	
Projected Amount, Requested Hours per month and per year	
Expected Outcome	

**What else do you need your Behavior Support Consultant to know about you?**

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**BEHAVIOR SUPPORT CONSULTATION SERVICE MEASUREMENTS AND MONITORING**

How will I know if my Behavior Support Services are working well for me and meet my identified needs?  
Please list an individual measurement to be monitored during monthly visits for each service.

**COMMUNITY SUPPORT COORDINATOR (CSC)**

Your Community Support Coordinator (CSC) will be contacting you by phone monthly and will conduct at least four (4) in person visits with you per year. Do you want more contact?  YES  NO  
If yes, please give specifics below.

How will I know if my Community Support Coordinator (CSC) services are working well for me and meet my identified needs?

**SUPPORTS WAIVER OTHER SUPPORTS**

**SUPPORTS WAIVER OTHER SUPPORTS**

**Assistive Technology, Environmental Modification, Vehicle Modification**

Have you had any Assistive Technology, Environmental Modification or Vehicle Modifications funded by the Supports Waiver Program in the past five (5) years? *If you have utilized Assistive Technology, Environmental Modification or Vehicle Modifications in the last five (5) years, please contact your Community Support Coordinator (CSC) to see if funds are still available. All Supports Waiver Other Supports Require an AT, EMOD or VMOD packet to be completed.*

**SUPPORTS WAIVER OTHER SUPPORTS**

**ASSISTIVE TECHNOLOGY**

Projected Amount

Expected Outcome

How does this support your clinical, medical, functional, or habilitative needs related to your qualifying condition?

**ENVIRONMENTAL MODIFICATION**

Projected Amount

Expected Outcome

How does this support your clinical, medical, functional, or habilitative

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needs related to your qualifying condition?	
Expected Outcome	
<b>VEHICLE MODIFICATION</b>	
Projected Amount	
Expected Outcome	
How does this support your clinical, medical, functional, or habilitative needs related to your qualifying condition?	

Do you need any training for the requested assistive technology, environmental modification or vehicle modification? Please specify the trainings needed.
What else do you need individuals providing AT, EMOD or VMOD to know?

<b>SERVICE MEASUREMENTS AND MONITORING</b>
How will I know if my services are working well for me and meet my identified needs? Please list an individual measurement to be monitored during monthly visits for each service.
<b>Assistive Technology:</b>
<b>Environmental Modification:</b>
<b>Vehicle Modification:</b>

Individual's who participated in the development of the ISP		
Developed By:	Title/Relationship to the Participant	Date of Entry
	Supports Waiver Participant	



**COMMUNITY SUPPORT COORDINATOR MUST ACKNOWLEDGE:** I have provided the Participant with a copy of the ISP, Emergency Back-Up Plan Acknowledgement Form, and I have reviewed the form with them. I confirm that the participant has completed the form in its entirety. A copy of the completed form will be kept by the Participant and in the Community Support Coordinator (CSC) file.