

DDW Therapy Update

March 2022



DDSD Clinical Services Bureau

<https://www.nmhealth.org/about/ddsd/pgsv/clinical>

COVID-19 Resources

** Per DDSD: There has been no change to mask requirements **

Visit the NM CV site at <https://cv.nmhealth.org/> for more specific information

Therapy Consultants 'Drop In' Office Hours

Weds March 30th 9 – 10:30
Mon April 25th 11:30 – 1:00

- all disciplines welcome
- join whenever you can
- Questions about DSP trainings? Documentation Requirements? CARMP strategies?

Zoom Meeting ID: 979 5695 8455
Passcode: office
<https://zoom.us/j/97956958455?pwd=SmZ1STZ3WTJCMGtWY3poV2pFU3lOZz09>

breakout rooms available for client specific issues

Do you support oral care? Please take this survey to help identify areas of need



<https://forms.gle/GeftNNe1mtBiyRCG9>



NOTICE: All provider agencies that receive this publication are **REQUIRED** to distribute this update in a timely manner to **ALL** therapy practitioners and/or case managers contracted or employed by your agency. Thank you for all you do!
This DDW Therapy Update is current as of the time of release. Therapists and readers are expected to follow the latest DDSD guidance available.

Greetings from Betsy at CSB

Happy Spring everyone. I'm heartened by the decrease in COVID-19 cases and hope that we'll continue to see this decline in the weeks ahead. While coping with COVID has been in the forefront of our work; the Division has also been actively working to decrease the DDSD "waitlist" by allocating individuals into services. Some people have opted to hold their status and not have services at this time. Others have accepted their allocation slots and will be selecting either DD Waiver or Mi Via services. In the coming weeks, I'll be reaching out to Therapy providers seeking your input on the impact you are experiencing with this increase in clients in the DDSD system. Finally, CSB staff are receiving new telephone numbers. Contact numbers for Felicia Vidro, Seating Clinic, and Therapy Consultants are unchanged. An updated phone list will be sent to you ASAP.
As always, please contact me anytime at: elizabeth.finley@state.nm.us.

The 2022 DDSD CARMP Template is here !!

IDTs must migrate all CARMPs to the 2/10/22 CARMP Template by 3/1/23

March/April CARMP and IDDSI Help Session Dates - see pg. 4

Sections with major changes:

Diet Texture and Liquid Consistency

- uses IDDSI Framework terminology
- change to DCP documentation

Oral Hygiene

- guidance for self and assisted brushing strategies included

Positioning for Routine Activities

- new check box to refer to a more detailed WDSI, as needed

Assisted Eating & Self-Feeding

- new guidance for strategies included

Diet Texture:	Choose one appropriate IDDSI level; delete all other levels. Note: Refer to CARMP Instructions if DCP has occurred.		SLP
IDDSI Level	IDDSI Description - do not alter	IDDSI Testing Methods - see reference pages	
Level 6 – Soft and Bite-Sized Food	<ul style="list-style-type: none"> • no separate thin liquid • mashes, stays squashed • * must pass both food piece size and softness tests 	<ul style="list-style-type: none"> • chewing required before swallowing 	Per SLP: Level 5 recommended Food pieces no bigger than 1.5cm x 1.5cm Per DC/TJF 9/15/21: Level 6 allowed at home only; Level 5 in all other settings
Level 5 – Mined and Moist Food	<ul style="list-style-type: none"> • can eat with fork or spoon • no separate thin liquid • * must pass all 3 tests: fork, squash, spoon tilt 	<ul style="list-style-type: none"> • easy to squash with tongue • small lumps 	

Instructions/Guidance for preparation of food for person (describe blender/speed being used, fluids to add, etc.): N/A

IDDSI questions??
Please contact
Demarre Sanchez, SLP Consultant

Other things to note:

- The template includes guidance, examples, and suggestions. This information is both italicized and in parentheses. Please **delete this content** as each section is completed.
- Lead Contact section should **not** include personal or work emails. **Do not edit** template to add emails. SCOMM should be used for all communication regarding the CARMP.

Assisted Eating Techniques: how to assist the person with eating when another person is bringing the food and/or liquid to their mouth

1. Presentation of Food (describe placement on lips or tongue, types of cues given, pacing, amount on spoon, alternating food and liquid sips, alertness strategies, etc.):
2. Presentation of Liquid (describe placement on lips or in mouth, types of cues given, pacing, amount of liquid in cup or per sip, etc.):

Updated Assistive Technology Fund Applications

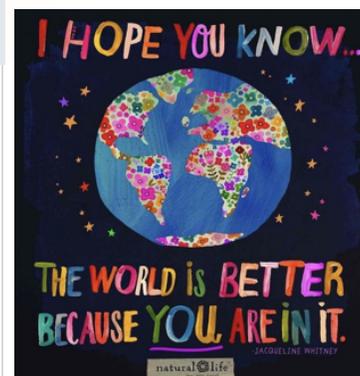
AT General Fund Application and Instructions (fillable PDF)

<https://www.nmhealth.org/publication/view/general/4028/>

AT DDW (Budget-Based) Fund Application Form and Instructions (fillable PDF)

<https://www.nmhealth.org/publication/view/form/4512/>

Note: The forms may not 'appear' fillable on a mobile device. The link will open as a fillable PDF on a computer. Fill in the information and then use 'save as' to save the completed form for your files. You can open the PDF and edit/re-save as needed.



**PTs needed statewide! Emergent PT needs in Valencia County, Santa Rosa, Edgewood, and Gallup!
OTs needed in and around Gallup, Las Vegas, and Mora! If you or your agency are looking to expand
your caseload, please contact Felicia Vidro for more information! Felicia.Vidro@state.nm.us**

Budget Requests, the TDF, and Clinical Criteria v6 (effective 11/1/21)

- approval of all Non JCM Budget Requests are based on Qualifying Criteria for Therapy Services. See p. 51 of the Clinical Review and Clinical/Service Criteria V6 <https://www.nmhealth.org/publication/view/general/7016/>
- suggested unit amounts are listed in the budget worksheet column of the TDF
- a statement of justification is recommended for requests over the suggested units in any area
- justification can be added anywhere in the document or include an additional page

Did you know...?

Therapy Provider Agencies are responsible for

- ensuring all of their therapists have completed all required CSB trainings
- sharing emails with DDSD guidance, official memos, and Therapy Updates
- maintaining documentation of therapist vaccination/exemption status and any required COVID-19 testing

ICYMI – Important Bits from the last Therapy Update

2021 Standards Revisions

- ARM and PA training required for therapists within 180 days of hire; new Intro to Waivers required (*Standards 17.7*)
- Annual Reports must include goal progress in comparison to baseline from TDF – and **must not** include new/proposed goals or objectives (*Standards 12.4.7.12.3*)
- Reviewed or revised WDSIs are due 2 weeks prior to ISP start
- Annual WDSI/CARMP training required within 30 days of ISP start (*Standards 12.4.7.12.6*)
- Fading of therapy services is required to be considered for all disciplines annually (*Standards 12.4.7.9*)
- Telehealth/remote services are allowable (*Standards 12.4.3.4*)
- Revisions throughout emphasize collaboration and communication within the IDT and with all provider agencies
- **Therapy Services: 2021 Standards Therapy Updates, Recorded Webinar, Q&A, Crosswalk**
- **Updated Therapy Documentation Table** ([click here](#))



CSB Therapy Services Page

Scan QR code or click link

<https://www.nmhealth.org/about/ddsd/pgsv/clinical/therapy/>

Therap/SCOMM Reminder

- All therapists must be able to access and edit CARMP documents, see GER reports, and communicate with IDT members in a secure manner.
- Case managers or other providers are not allowed to send documents to you outside of SCOMM if you don't have access.
- Each provider agency should have a Therap Lead or 'go to person' to assist therapists.
- Each therapist is responsible for managing their own caseload.

For caseload changes:

- 'Compose' SCOMM – General Message
- Type 'Therap Unit' in Recipient(s) Box
- Choose 'DDSD, Therap Unit/Therap Unit Team (DOH-DDSD)'

CSB Trainings

ALL TRAININGS ARE ONLINE UNTIL FURTHER NOTICE

Please see the [DDW Therapist Training Requirements by Job Classification](#) to learn more about the training requirements for all therapists

Live stream, online trainings (not recorded) upcoming 2022 dates

Aspiration Risk Management 9:00am -4:30pm 3/11, 5/6, 6/10, 7/15, 8/26
Participatory Approach 9:00am -4:30pm 3/25, 4/27, 6/14, 8/29

Pre-register for on-line trainings at: <https://ddsctrain.cdd.unm.edu/Calendar.aspx>
 Please use your own email when registering to ensure you get the meeting link and documents

Other trainings required for Therapists

Introduction to Waivers * new in 2021

Person-Centered Planning for Therapists

DDSD CDD Online Courses (available anytime)

<http://www.cdd.unm.edu/other-disability-programs/disability-health-policy/ddsdcourses/index.html>

Subtle Signs of Illness and Injury
 formerly 'Indications of Illness and Injury'

ANE REFRESHER Training 'ANE Awareness'

Effective Individual Specific Training Techniques - "EIST-Live Stream"

not recorded – see training calendar for dates

(not the Effective Trainer Techniques Part 1 course)

<https://ddsctrain.cdd.unm.edu/Calendar.aspx>

ANE Training DOH – Live Stream Course

Note: All versions of the DOH - ANE courses will count during the COVID-19 PHE

Clinical Services Bureau Contact Information

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Clinical Consultants Contact us via e-mail, text, or phone call

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Resources - Clinics

SAFE Clinic - Supports and Assessment for Feeding and Eating

Any adult with I/DD who is experiencing challenges related to oral eating and/or tube feeding can be referred for specialized assessment and recommendations regarding eating/feeding, nutrition, positioning, and associated medical needs to support health, safety, and independence. SAFE Clinic appointments are currently occurring via remote technology.

Contact: Jacoba (Kotie) Viljoen
 CSB ARM Coordinator, SAFE Clinic Coordinator
 (505) 231-2093 (work cell) Fax# (505) 841-2987
Jacoba.Viljoen@state.nm.us

Specialty Seating Clinic

Referrals for wheelchair, positioning, and adaptive equipment evaluations are being processed. Appointments are being made for remote and in-person evaluations or wheelchair fittings, dependent on the need of the individual as assessed by SSC clinicians.

Contact: Jason Lavy
 Specialty Seating Clinic Manager
 (505) 222-4610
Specialty.Seating@state.nm.us

2022 CARMP Training Dates – March and April

2022 CARMP Template Help Sessions – for all DD Waiver Therapists

Case Managers, Dietitians, Therapists, Nurses, BSC. All others are welcome.

<i>Therapist Specific</i>			
Thurs. Mar. 3rd 3:00 – 4:00 pm	Mon. Mar. 21st 8:30 – 9:30 am	Mon. April 18th 3:30 – 4:30 pm	
Zoom link https://zoom.us/j/92935443331?pwd=SlJwQUFsYXpDOGk3MWhVRTdpWGFMUTog Meeting ID: 929 3544 3331 Passcode: 22CARMP			
<i>IDDSI Specific Topics * all disciplines welcome</i>			
Tues. Mar. 8th 11:00 – 12:00 pm	Mon. Mar. 28th 4:00 – 5:00 pm	Weds. April 6th 8:00 – 9:00 am	Thurs. April 28th 12:00 – 1:00 pm
Zoom link https://zoom.us/j/92935443331?pwd=SlJwQUFsYXpDOGk3MWhVRTdpWGFMUTog Meeting ID: 929 3544 3331 Passcode: 22CARMP			

Contact any of us with questions:

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