

PARTICIPANT CORNER

Manny sharing all his great achievements with law enforcement!



Your Talent is in Demand!

Are you a poet, storyteller, artist or just want to share a picture of yourself doing a favorite activity or maybe some great news? Please submit pictures of your original artwork, short stories, or poems. Submissions to be featured in an upcoming Mi Via Newsletter. Submissions can be sent to: Rachel.gonzales@hsd.nm.gov

Shining Star Employees of the Month

Do you have a Direct Support Professional (DSP) that you would like to spotlight and allow to shine? DDSD would like to recognize our DSPs who provide above and beyond support to Mi Via Participants. DDSD Mi Via Unit will feature Shining Stars in the Mi Via Newsletter monthly. Submit a brief note of why you would like to recognize your staff. Submissions can be sent to: Elaine.Hill@doh.nm.gov

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FMA-Conduent Contact Information:

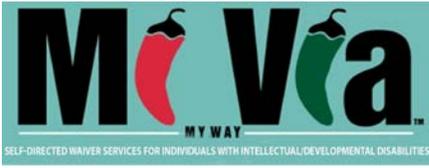
Phone: 1-800-283-4465

Toll-free Fax: 1-866-302-6787

E-mail for Form Submission:
docprocessing@conduent.com

Physical Address:

1720-A Randolph Rd SE
Albuquerque, NM 87106



July 2023

Great News!!

The Human Services Division of Mi Via Waiver has a new general email address. Mi Via Waiver general email address:

MVWaiverHSD@hsd.nm.gov

The Mi Via general email will be for:

- Reporting issues
- Concerns
- Questions

Who is the new Mi Via general email address for:

- Employer of Record (EOR)
- Participants
- Employees
- Authorized Representatives
- Vendor Agencies

This general email box will be monitored daily, Monday- Friday. HSD is very excited to offer this new streamlined email. You can also locate the new email address in Circle of Support. Consultant agencies will continue to send their concerns to Department of Health.

Service Highlights:

EXTENDED STATE PLAN SKILLED THERAPIES FOR ADULTS

When skilled therapy services under the Medicaid State Plan are exhausted or are not a benefit a participant may be eligible to receive extended skilled therapy for adults. Adult participants, 21 years and older, in Mi Via with rehabilitation needs related to illness or injury may access therapy services under the Medicaid State Plan for acute and temporary conditions that are expected to improve significantly in a reasonable and generally predictable period of time.

Extended Skilled Therapy for Adults may include:

- Physical therapy
- Occupational therapy
- Speech language therapy

Therapy services provided to adults in Mi Via are intended to focus on long-term habilitative/health maintenance not covered under the Medicaid State Plan to focus on:

- Health maintenance
- Improving functional independence
- Community integration and socialization
- Exercise or to boost supports
- Normalization of family relationships

For a full description of this service please refer to:

Mi Via Service Standards Appendix A, Page 67
NMAC 8.314.6.15 G (1)





July 2023

Environmental Modifications Service (EMOD)

EMOD services include the purchase and installation of equipment or making physical adaptations to the eligible participants residence that are necessary to ensure the health, safety,

and welfare of the participant or improve the participants level of independence.

The provider of the EMOD services must:

- Ensure correct design standards are addressed when planning and designing the adaptation or remodel.
- Must be a licensed and insured contractor or
- Must be an approved vendor that provides construction or remodeling services.
- EMOD must meet the participants disability.

These services are available for a maximum of \$5000 every 5 years. An eligible participant moving into the Mi Via program from another waiver will carry their EMOD history for the previous five years of Home and Community Based Services (HCBS).

Some examples of environmental adaptations include the following:

- Installation of ramps and grab bars.
- Widening of doorways and hallways.
- Installation of automatic door openers and doorbells, etc.

EMODs do not cover regular upkeep and maintenance and repairs of a home and additions *except* upkeep and maintenance of modifications or alterations to a home which are an accommodation directly related to the participants qualifying condition or disability.

Examples of what is not allowed for an EMOD:

- Fences or Gutter Repair

- Storage sheds
- Other outbuildings
- Adaptations that add to the total square footage of the home *except* when necessary to complete the adaptation.

For a full EMOD description please review:

Mi Via Service Standards, appendix A, page 42

NMAC 8.314.6.15 H (5)

Attend an Upcoming Mi Via Advisory Committee Meeting

The next Mi Via Advisory Committee (MVAC) is July 27, 2023. Meetings are held quarterly and are 3 hours in length. You do not need to be a member to attend. If you are interested in getting an invite, please email elaine.hill@doh.nm.gov

POSITIVE THOUGHTS

I am open to healing.

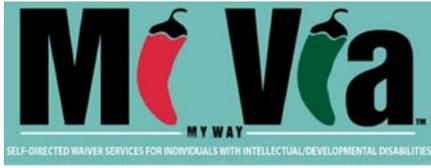
I am optimistic because today is a new day.

I am peaceful and whole.

I am safe and surrounded by love and support.

I am worthy of investing in myself.

I belong here, and I deserve to take up space.



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Alternatives to Guardianship

There are many alternatives to guardianship. To help you know all your available options, alternatives to guardianship are listed below with short descriptions:

Medical and Mental Healthcare:

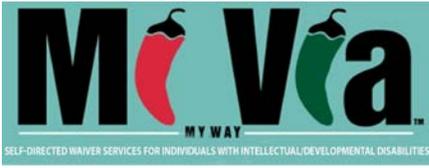
- **Advance Health Care Directives (AHCD)-** AHCD is a legal document for end-of-life treatment or life-sustaining health care decisions. A person can leave direction on their medical care should they become incapacitated. A person can also choose a family member or other loved one to make medical decisions on their behalf should they become incapacitated.
- **Living Wills-** This serves as a guide to let doctors and family members know an individual's wishes for end-of-life medical treatment as well as other medical decisions such as pain management or organ donation.
- **Surrogate Decision-Maker-** Is authorized by the Uniform Health Care Decisions Act (UHCDA), to make health care decisions for an individual. UHCDA directs how to assign a backup decision-maker if the individual becomes incapacitated. An individual who is capable of choosing a surrogate decision-maker may do so verbally or in writing.

Money Management:

- **Joint Checking Accounts-** Allow each owner shared access to withdraw or deposit funds and to close the account(s)
- **Bank Account Signatory-** This is similar to joint checking accounts, but this type of account requires all bank transactions to have at least two signatures.
- **Individual Indian Money Accounts (IIM)-** This is a program with the Bureau of Indian

Affairs (BIA) that manages an interest-bearing account on behalf of a person who has money or assets held in a trust by the Federal government.

- **Joint Property Arrangements-** This is property ownership in which two people equally own, share rights, and responsibilities of the property.
- **Representative Payee-** This is a person, or an organization chosen by the Social Security Administration who will act as the **representative payee** of Social Security Disability or Supplemental Security income for a person who is not fully able to manage their own benefits.
- **Fiduciary-** Is a person or entity that has been named by the **Veterans Administration (VA)** to manage the beneficiary's VA pension or benefits. This is to ensure timely payments of debts and use of funds to pay daily needs on behalf of the recipient.
- **ABLE Accounts-** This is an investment account with **ABLE New Mexico** that is offered to eligible individuals who have disabilities. ABLE accounts allow individuals to save and invest money without disqualifying them for public benefits such as Medicaid and Supplemental Security Income (SSI).
- **Special Needs Trust-** A specific type of irrevocable trust that allows an individual who has disabilities to protect and use their assets without disqualifying them for Federal and State public assistance or benefits.
- **Trusts-** A third-party (trustee) fiduciary arrangement that manages and transfers investments, property, and other assets to the beneficiary (individual).



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Personal Care and Decision-Making:

- **Natural Supports-** Persons who are not paid to support the person and may include: family members, friends, and co-workers.
- **Case Management-** A coordination of services to meet the needs of the specific person. Such services may include:
 - Health care needs
 - Educational needs
 - Housing
 - Food assistance
 - As well as other needs defined by the family, case manager, social worker, or anyone else involved with the individual.
- **Person Centered Planning-** Person Centered Planning is a process in which support systems who know the person best can recognize the needs and wishes of the person and coordinate the delivery of services through a written plan so the person can have the help that they need to live a safe, healthy, and happy life of their choosing.
- **Shared Decision-Making-** A type of decision making where the pro and options are shared with the person. The person is supported in making informed choices.
- **Supported Decision-Making-** Is a tool that allows a person with disabilities to hold on to their decision-making abilities by choosing supporters to help them make

choices. The individual will choose trusted advisors, such as family, friends, or

professionals to serve as their supporters. The supporters will help the individual with disabilities to understand and communicate their own informed decisions.

Resources:

- [Uniform Health Care Decisions Act \(UHCDA\)](#)
- [ABLE New Mexico](#)
- [Optional Advance Health-Care Directive](#)
- [Individual Indian Money Accounts](#)
- [Representative Payee Information](#)
- [VA Fiduciary](#)
- [Special Needs Trust Information](#)
- [Person Centered Planning](#)

JUST FOR LAUGHS

What kind of call does a runner always make?

Long distance

What is a cow's favorite activity?

Going to the MOOVIES!

Where does a catcher sit down for dinner?

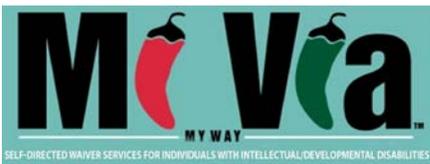
Behind the plate!

Why was Cinderella so bad at soccer?

She kept running away from the ball!!!

What do you call an angry carrot?

A steamed veggie



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ACTIVITIES IN YOUR COMMUNITY

- Art Market, every Saturday@10am, Questa Farmers Market, 1 NM-38, Questa
- Summertime on the Farm, 7/28@4pm, New Mexico Farm and Ranch Heritage Museum, Las Cruces
- New Mexico Entertainment Morning Toons, 7/29@11:30am, Guild Cinema 3405 Central Ave NE, Albuquerque
- Car Show Special Olympics Fundraiser, 7/29@10am, 4360 Rodeo Rd, Santa Fe
- Honor Flight of Northern New Mexico Benefit Concert, 7/22@6pm, 1200 Old Pecos Trail, Santa Fe
- 2023 Fiestas de Taos, 7/21-7/23, Kit Carson Memorial Park, Taos
- Ruidoso Art Festival 7/22@5pm, Ruidoso Convention Center, Ruidoso
- 2023 Salsa Festival 7/29@10am, 700 S. Silver Ave, Deming
- Annual Hummingbird Festival, 7/29-7/30@8am, 12 Sage Dr, Mimbres
- Route 66 Summerfest 2023: New Mexico Jazz Festival Stage, 7/22@5pm, Central & Carlisle NE, Albuquerque
- Sunday Afternoon Yoga, 7/23@2pm, 1011 N. Richardson Ave, Roswell

Community Resources

Alcohol and Substance abuse

ALCOHOL

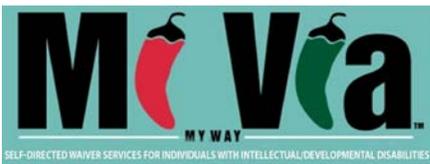
- Alcohol Hotline (800) 331-2900
- Al-Anon for Families of Alcoholics (800) 344-2666
- Alcohol and Drug Helpline (800) 821-4357
- Alcohol Treatment Referral Hotline (800) 252-6465
- Alcohol & Drug Abuse Hotline (800) 729-6686
- Families Anonymous (800) 736-9805
- National Council on Alcoholism and Drug Dependence Hope line (800) 622-2255
- Alcoholics Anonymous 505-266-1900

SUBSTANCE ABUSE

- Poison Control (800) 222-1222
- National Institute on Drug Abuse Hotline (800) 662-4357
- Cocaine Anonymous (800) 347-8998
- National Help Line for Substance Abuse (800) 262-2463
- Narcotics Anonymous (NA) (800) 925-4186 <https://riograndena.org/>
- New Mexico 5-Actions Program: Your Roadmap to Addiction Recovery <https://nmcrisisline.com/5actions-program/>

COMING IN AUGUST!!!

Power of Attorney (POA) information



July 2023

Mi Via Circle of Support

MI VIA DOH Website: <https://nmhealth.org/about/ddsd/pgsv/sdw>

Consultant Agency Name	Contact Name	Phone	E-mail	Regions(s)
Active Advocates of New Mexico	Alicia Sisneros	505-353-1778	AliciaS@ActiveAdvocatesNM.com	All of New Mexico
CNRAG, Inc. (Care Network Resource Assistance Group)	Fallon Vincell	575-621-3645	fvincell@cnragusa.com	Metro, SE & SW
Consumer Direct Personal Care (CDPC)	Jacqueline Mares	505-553-5695	jacquelinem@consumerdirectcare.com	All of New Mexico
Excel Case Management, Inc.	Jennifer Pennington	505-324-8660 ext 102	jPennington@excelcasemanagement.com	NW & SE Regions
Innovative Self Direction	Frank Aquila	505-850-7662	faquila@innovativeselfdirection.com	All of New Mexico
Los Amigos, LLC	Michelle Rutt	505-920-4511	Michelle@losamigosnm.com	All of New Mexico
Me Town Enterprises, LLC	Kimberly Riebsomer	505-310-9069	riebsomer@gmail.com	Metro & NE
Merit Consulting, LLC	Melinda Broussard	505-288-2889	mbroussard.merit@gmail.com	Metro
Peak Developmental Services	Sarah Martinez	505-281-9962	smartinez@nmddwcm.com	All of New Mexico
Self-Directed Choices	Sandy Skaar Jacob Patterson	505-508-1663	Sandy@sdchoices.com Jacob@sdchoices.com	All of New Mexico
UNM Center for Development and Disability (CDD)	Carrie Roberts Janelle Groover	505-280-6442 505-401-9328	CnRoberts@salud.unm.edu jtorresgroover@salud.unm.edu	All of New Mexico
Visions Case Management	Charles Clayton	575-779-7419 888-588-9152	Charles@visionsnm.com	All of New Mexico



July 2023

NEW MI VIA WAIVER EMAIL ADDRESS:
 Mi Via Waiver: MVWaiverHSD@hsd.nm.gov
 For: Mi Via Questions, Conduent, Billing and Payment Issues

Human Services Department / Medical Assistance Division – Exempt Services and Program Bureau
 PO Box 2348, Santa Fe, NM 87504-2348
 Toll-free Phone: 1-888-997-2583, Fax: 505-827-7277

HSD manages the FMA/Conduent contract and the TPA/Comagine contract

Deanna DeHerrera	Mi Via & Medically Fragile Waivers Staff Manager Functions: Mi via & Medically Fragile Waiver Oversight	505-629-7260	Deanna.DeHerrera@hsd.nm.gov
Rachel Gonzales	Mi Via Social & Community Coordinator Functions: Conduent, Billing, Payment issues	505-490-3721	MVWaiverHSD@hsd.nm.gov
Jennifer Romero	Mi Via Social & Community Coordinator Functions: Participant Eligibility Issues Issues and Technical Assistance	505-469-8522	MVWaiverHSD@hsd.nm.gov

Department of Health / Developmental Disabilities Supports Division
 5301 Central NE, Suite 203, Albuquerque, NM 87108
 Phone: 1-800-283-5548

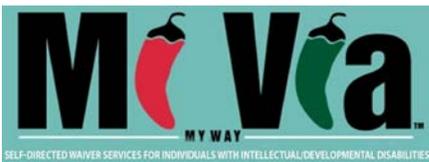
DOH operates the Mi Via Program for Developmental Disability (DD) and Medically Fragile (MF) Populations
 Oversees consultant agency contracts

Elaine Hill	Mi Via Waiver Program Manager Functions: Participant/Consultant Issues and Technical Assistance, and statewide MF WCF & MF CACF	505-506-6103	elaine.hill@doh.nm.gov Fax: 505-841-6523
Rudy Aguilera	Mi Via Waiver Project Coordination Functions: Participant/Consultant Issues and Technical Assistance	505-239-7826	rudy.aguilera@doh.nm.gov Fax: 505-841-6523

Comagine Health
 PO Box 20910, Albuquerque, NM 87154-0190
 Phone: 1-866-962-2180

Comagine Health is the Third-Party Assessor (TPA) for Mi Via. They are responsible for reviewing and approving the Service and Support Plans (SSP).

Blue Cross Blue Shield	877-232-5518 Option 3	www.bcbsnm.com/community-centennial
Presbyterian	888-689-1523	http://www.phs.org/centennialcare
Western Sky	844-543-8996	http://www.westernskycommunitycare.com/



July 2023

July Dates to Remember

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					6/30 Paychecks & vendor checks received or deposited, end of the pay period	1 Deadline for faxed timesheets & mileage for 7/14 payment & PRFs for 7/14 vendor payments
2	3 Eat Beans Day	4 Independence Day	5	6	7 Vendor checks received or deposited	8 Deadline to submit PRFs for 7/21 vendor payment
9 National Sugar Cookie Day	10 Teddy Bear Picnic Day	11 Cheer up the Lonely Day	12	13	14 Paychecks & vendor checks received or deposited, end of the pay period	15 Deadline for faxed timesheets & mileage for 7/28 payment & PRFs for 7/28 vendor payments
16 World Snake Day	17	18	19 National Hot Dog Day	20	21 Vendor checks received or deposited	22 Deadline to submit PRFs for 8/4 vendor payment
23	24 National Drive-Thru day	25	26 Aunt and Uncle Day	27	28 Paychecks & vendor checks received or deposited, end of the pay period	29 Deadline for faxed timesheets & mileage for 8/11 payment & PRFs for 8/11 vendor payments
30 International Day of Friendship	31 National Watermelon Day	8/1	8/2	8/3	8/4 Vendor checks received or deposited	8/5 Deadline to submit PRFs for 8/4 vendor payment