

# Behavioral Support Consultation

## Changes to Clinical Criteria

# Behavioral Support Consultation Agenda

- Briefly review the BSC service
- Introduce new Proposed Core BSC Amounts & discuss process that BSCs will use to arrive at these amounts for each individual
- Introduce new BSCPAR document
- Case studies

# Behavioral Support Consultation

BSC supports the person's successful achievement of Vision-driven desired outcomes by designing strategies for the person and the team to implement. A quality foundation for BSC has several components.

These are:

- Assessment of the person and his/her environment, including barriers to independent functioning
- Design and testing of strategies to address concerns and build on strengths and skills for independence
- Writing and training plans in a way that the person and Direct Support Personnel (DSP) can easily understand and implement
- Evaluating progress to determine if plan strategies are successful

# Behavioral Support Consultation

All DDW recipients may receive an assessment to determine need for BSC services. IDT is responsible to recognize the need.

## Clinical necessity criteria for ongoing BSC:

- Must meet one or more clinical necessity criteria
- Must NOT meet any exclusion criteria

If needed, additional units may be gotten through:

- New Allocation factor
- Complex Service Needs
- Preliminary Risk Screening and Consultation (PRSC) Add-On
  - Initial or Ongoing
- Crisis Supports Add-On

# Behavioral Support Consultation

- Based on utilization information from the field, the majority of these components can typically be completed within Core BSC amounts
- Fewer BSC supports are needed (fading status) when the person and team are confident and successful in implementing strategies
- Critical factors or situations (inappropriate or offending sexual behaviors, need for crisis supports, diagnoses that make support less predictable or more complex) may require more BSC time
- Additional units are able to be allocated for the task

# Proposed Core BSC Amounts

- Proposed core BSC amounts are based on the specific skill, behavioral & training needs of the individual & their team
- Hour/unit amounts and BSC rates (standard or incentive) are the same
- OR approves services based on clinical justification for Core BSC amounts & any additional BSC units; approvals can be over or under the proposed amounts

# Changes to Clinical Criteria for Behavioral Support Consultation

- Until now, Core Budget Amounts for Behavior Support Consultation have been tied to NM DDW Groups
  - DDW Groups A, B, D, E & F received Core Budget Amounts of 30 hours/120 units
  - DDW Group C received Core Budget Amounts of 48 hours/192 units
  - DDW Group G received Core Budget Amounts of 72 hours/288 units
- Since we have discontinued the SIS, Proposed Core BSC amounts will now be determined by the Behavioral Support Consultant (during the PBSA process) using the clinical descriptions.

## Process: Proposed Core BSC Amounts and Developing an ISP & a BSC Budget

- In preparation of the annual IDT to develop the ISP, BSC completes an annual Positive Behavior Supports Assessment (PBSA). During this:
  - BSC makes determination of which Proposed Core BSC Amounts adequately address the individual's needs based on their assessment (which includes history & current behavioral support needs) using the **Proposed Core BSC Amounts** descriptions in Appendix B of the Clinical Criteria as a guideline
  - BSC submits PBSA to CM two weeks prior to the meeting
  - Case Manager guides team in Person Centered Thinking

# Changes to Clinical Criteria for Behavioral Support Consultation

## Proposed Core BSC Amount 1-Basic (30 hours/120 units)

- Intellectual disabilities range from mild disabilities and minimal intermittent support needs to those requiring maximum assistance with Activities of Daily Living (ADLs) due to cognitive or physical support needs.
- Mild to average behavioral support needs—they may receive BSC to learn positive skills (e.g., better social skills; better compliance with medical or psychiatric recommendations & care; successful employment; greater independence in a variety of settings)
- Address behavior that is undesirable, may disrupt relationships and result in harm to self or others.

# Changes to Clinical Criteria for Behavioral Support Consultation

Proposed Core BSC Amount 2–Moderate (48 hours/192 units)

- Mild to above average support needs and moderate to above average behavioral challenges and/or skills deficits
- Receive support in development of positive skills that contribute to outcomes such as successful employment and greater independence (e.g., through improved social skills or better individual and team management/maintenance of emotional well-being)
- Address behavior that is undesirable, may disrupt relationships and potentially result in harm to self or others.

# Changes to Clinical Criteria for Behavioral Support Consultation

## Proposed Core BSC Amount 3--Extensive (72 hours/288 units)

- Mild to above average support needs and extraordinary behavioral support needs
- Receive BSC support in development of positive skills that contribute to successful employment, greater independence, and/or reduced behavioral challenges (e.g., such as improved capacity to control physical aggression toward self or others, or sexually inappropriate or offensive behavior toward others)
- Receive support to reduce behaviors that result in physical injury and/or great emotional harm and that jeopardize the health and safety of the individual, his or her peers, staff, family, and community members.

# BSCP PAR

- Few differences between old BSCP PAR and new one
- Names of Core BSC Amounts—Basic 1, Moderate 2, & Extensive 3
- Form itself is different—Now a Word document where you can write text and numbers in certain fields, but cannot edit other areas
- Form does NOT calculate!

# Case Studies

## General Questions to consider:

- What proposed core units do you expect the BSC would recommend?
- What documents could help demonstrate this decision?
- Where would you look in the ISP for this information?