

DDSD Core Curriculum Training Summary

Direct Support Professionals/Direct Support Supervisors

Within 30 days of hire:

Pre-Service – One-day course addressing a variety of topics. Course participants will be introduced to advocacy and rights (e.g., the rights of individuals, the incident mgmt. system), communication and choice-making, positive behavior support and person-centered planning.

Foundations for Health and Wellness - One-day course addressing a variety of health-related topics. Course participants will be introduced to subjects including but not limited to: emergency, acute and health-maintenance situations; observing for medication effects; specialized diets; aspiration; medical crisis plans; dental care; seating and positioning; seizure intervention; and promoting the health of individuals receiving services.

Within 90 days of hire:

Person Centered Planning 1-Day – This one-day course is about the individual service planning process. Participants will learn about person-centered values; choice and being an effective team member, as well as learning the nuts and bolts of the Individual Service Plan document. Pre-requisite: Pre-Service (DS).

Assisting with Medication Delivery* – This two-day class is a requirement for anyone who will be assisting individuals on the DD Waiver with their medications. Day one focuses on medication-related information, and day two breaks down the steps of assistance with medication, teaching individuals to be more independent in the process, and agency policies and procedures. There are on-site skills demonstrations following the course that are required for certification.

Within 1 year of hire:

Positive Behavior Support Strategies – One-day course addressing positive behavior support philosophy and practices. Course participants learn about behavioral intervention models, the holistic assessment process, various roles/responsibilities of team members, and more.

Participatory Communication and Choice-making – One-day course covering communication styles, learning styles, development of appropriate assistive communication strategies/devices, and assistive technology for people with disabilities. Recommended pre-requisites: Pre-Service; PCP 1-Day.

Advocacy 101 – One-day course that covers topics including but not limited to: knowing and explaining individual rights and responsibilities, supporting informed decision-making, healthcare decision-making and advance directives, as well as promoting self-advocacy.

Teaching and Support Strategies – One-day course addressing teaching methods and support strategies used for teaching skills. Participants will learn about teaching adaptive skills, understanding learning styles, writing/using task analysis, using various types of prompting, providing corrective feedback, using reinforcement and documenting progress. Pre-requisite: PCP 1-Day

*If a DSP (including Family Living Providers) will not be assisting with medications, this waiver – including the reason why the DSP will not be assisting, how the individual will receive any medications if necessary, and who will be the responsible party – must be documented in the DSP's training and/or personnel file.