

## **Resources for OT Assessment for Adults with Intellectual/Developmental Disabilities (I/DD)**

**OT Assessment/Evaluation should be guided by “The OT Practice Framework”** available through the American OT Association (AOTA).

Areas to focus on in assessment/evaluation should be guided by the “Occupational Profile” and the areas of occupation that the individual and the IDT want to focus on. With adults with I/DD this would be guided by the ISP Vision/Outcomes as well as areas affecting client health, safety and function. This should be combined with looking at the contexts of occupation – IE: Environmental Evaluation and other life contexts.

**There are some Assessment Tools that OT’s have found to be particularly helpful with this population** (this list is not meant to be inclusive):

The **Canadian Occupational Performance Measure (COPM)**. Designed to be used with clients with a variety of disabilities and across all developmental stages. It is designed to be used as an outcome measure. This is a Standardized Tool. [www.caot.ca](http://www.caot.ca)

The **Jacobs Inventory of Functional Skills (JIFS)**. An assessment tool and treatment guide designed for the Developmentally Delayed population of older children and adults. Consists of a fairly comprehensive Life Skills Section that covers Self-Help, Home Management, Work Readiness/Cognition, and Community Tasks. The Foundation Skills section covers: Sensory Integration, Neuromotor Status, Fine Motor Skills and Oral Motor Skills. [www.betterfunctioning.com](http://www.betterfunctioning.com)

The **Sensory Integration Inventory – Revised, for Individuals with Developmental Disabilities**. Designed as a Screening Tool for individuals who may benefit from Treatment for Sensory Dysfunction. Describes behaviors and responses to everyday activities which may be indicators of Sensory Dysfunction. [www.pdppro.com](http://www.pdppro.com)

The **Adolescent/Adult Sensory Profile** (Brown and Dunn). “Provides a standard method for professionals and individuals to measure and to profile the effect of sensory processing on functional performance.” Most appropriate for individuals aged 11-65+. [www.SensoryProfile.com](http://www.SensoryProfile.com)

**Goal Attainment Scaling** is a mathematical technique for measuring achievement of treatment goals/objectives. It can be used with a large variety of individuals. Goal Attainment Scaling produces a Goal Attainment Score (GAS) which allows you to track progress of individual goals or collective goals. The GAS can be converted into a standard T score. It has been utilized in OT and rehabilitation research. This concept is easy to apply and has great potential for outcomes research with Adults with I/DD. Goggle Goal Attainment Scaling for further information. Also see...

Mailloux, Z, May-Benson, TA, Summers, CA, Miller, LJ, et al. (2007). The Issue Is-Goal attainment scaling as a measure of meaningful outcomes for children with sensory integration disorders. *AJOT*, 61, 254-259.

Goal attainment scaling: a direct comparison of alternative rating methods. *Clinical Rehabilitation*, January 1, 2010, 24: 66-73

Lannin, N (2003). Goal attainment scaling allows program evaluation of a home-based OT program. *Occupational Therapy in Health Care*, 17, 43-54.

Kiresuk, TJ, Smith, A, Cardillo, JE (1994). *Goal attainment scaling: Applications, theory and measurement*. Hillsdale, NM: Erlbaum.

Ottenbacher, KJ, and Cusick, A (1990). Goal attainment scaling as a method of clinical service evaluation. *AJOT*, 44, 519-525.

**Also included in the OT Resources section of the NM DDS – CSB Website:**

**Tools designed by Julie Mehrl, MOT, OTR/L through the NM DDS – Clinical Services Bureau. May be used freely by OTs when used with individuals within the NM DD Waiver program. May be reproduced by other OTs with Source Acknowledgement.**

The **Occupational Therapy Assessment Data Form**. Developed to assist in data collection during assessment of adults with I/DD. Not all assessment areas will be needed depending on that person's ISP visions/outcomes and specific health or safety challenges.

The **Environmental Access Inventory**. Designed to look at Environmental Evaluation in terms of functional activities and the physical context of that activity.

A Sample **Home Evaluation Cover Sheet and Evaluation Form**.

A **Functional Vision Evaluation Data Form** for adults with I/DD.

**OT Oral Motor, Oral Hygiene, and Eating Assessment Data Form** for adults with I/DD.