

**DATE:** October 23, 2023  
**TO:** All holders of Title X Family Planning Protocol  
**FROM:** Wanicha Burapa, MD, MPH, Medical Director *WB*  
**RE:** 2023 Summary of Family Planning Program (FPP) Protocol Revisions

The 2023 FPP protocol is posted at <https://nmhealth.org/about/phd/fhb/fpp/pydr>. Changes or new material are highlighted in yellow. Please ensure that each clinician and nurse (and any other medical staff that provide services to Title X clients) review the protocol revisions and signs the “Protocol Approval Signature Pages and Acknowledgments” form. A signed copy of this sheet will be maintained at the clinic during the FP site visit. Public Health Offices will also forward the original(s) to their DNS.

Summary of changes includes:

**Section i: Protocol Approval Signature Pages and Acknowledgments**

This section includes staff acknowledgement that the referenced key Title X requirements have been read and understood.

**Section 1: FPP Guidelines for Clinical Services**

**1.0 Introduction:**

Link to “Key Resources for Title X Grantees” has been updated.

Contraceptive Technology 22<sup>nd</sup> Ed., is scheduled to be released in October 2023. FPP will be sending the new edition of offices when it is received.

**1.2.D. Staff Orientation and Training Requirements:**

The “Child Abuse/Neglect Reporting & Human Trafficking” has now been updated, and is titled, “Serving Minors and Mandatory Reporting”. More information can be found in Appendix D, and on the webpage under Training.

**1.2.H.A. Contraceptive Services:**

Step 3: The RHNTC “Birth Control Method Options” table has been updated, to reflect the most current FDA approved information. (See also Section 2 for updates).

**Standing Orders for PHNs to Dispense Quickstart:**

Update to client counseling regarding when they can begin using their chosen method.

Update that the scheduled PHO clinician visit may occur in clinic or through telehealth.

**Section 2: Contraceptive Methods**

**2.1 Contraceptive Implant:**

An expiring Nexplanon, up to 180 days prior to its expiration date, can be returned to the company for a replacement. Already expired Nexplanon unit can also be returned to the company for replacement up to one year from the expiration date. Contact the NM DOH Pharmacy at 505-476-8350 or [DOH-Pharmacy@doh.nm.gov](mailto:DOH-Pharmacy@doh.nm.gov) to report defective devices or expiring/expired Nexplanon. The lot number and expiration date will be required.

The contraceptive implant consent form now includes space for interpreter information or signature, if used to read the consent to the client.

**2.2 Intrauterine Devices-IUDs:**

**PUBLIC HEALTH DIVISION**

The FDA Liletta package insert was updated 1/23, “Liletta is a progestin-containing intrauterine system indicated for prevention of pregnancy for up to 8 years.”

The Paragard and Levonorgestrel IUD Consent Forms now include a space for interpreter information or signature, if used to read the consent to the client.

### **Section 3: Pharmacy**

Title X service sites that are unable to provide clients with access to a broad range of acceptable and effective medically approved family planning methods and services, must be able to provide a prescription to the client for their method of choice or referrals to another provider, as requested. (42 CFR § 59.5(a)(1)).

Blisovi Fe 1/20 and Blisovi 1.5/30 OCPs are now the preferred brand purchased by NMDOH Pharmacy, over Microgestin Fe 1/20 and Microgestin Fe 1.5/30.

### **Appendix A: PHD Emergency Medical Response Protocol**

This document was updated February 2023.

### **Appendix B: Fee Collection**

Annual updates to sliding fee scale and Fee Collection Committee were made.

### **Appendix C: Education Resources**

The Educational Resources Order Form was updated.

### **Appendix D: Staff Orientation**

Mandatory Trainings information was updated.

The “NMDOH Title X Clinical and Non-Clinical Course” has been replaced with the RHNTC “Title X Orientation”.

The “Reporting Abuse and Human Trafficking” training has been replaced with the updated “Serving Minors and Mandatory Reporting” training.

Instructions for these trainings is in Appendix D, as well as on the FPP website.

### **Appendix F: Referrals**

Sterilization providers have been updated.

Additional resources for referrals have been added, including the New Mexico Reproductive Health Hotline, and the Title X clinic locator.

**Website:** now includes all updated forms and sections from 2023 Protocol update.