# NEW MEXICO YOUTH RISK & RESILIENCY SURVEY HIGH SCHOOL Survey Results 2011

# **Union County**









For information about administration and methods used in implementation of the New Mexico Youth Risk and Resiliency Survey (NM YRRS), see the volume of statewide results, <u>New Mexico Youth Risk & Resiliency Survey:</u> <u>High School Survey Results 2011</u>, available at www.youthrisk.org.

# ACKNOWLEDGEMENTS

This report is a product of the NM Youth Risk and Resiliency Survey (YRRS), a survey that aims to characterize risk behaviors and resiliency/protective factors among New Mexico youth. The YRRS is a joint project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED), with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), AASTEC, and the Division of Adolescent and School Health, Centers for Disease Control and Prevention (CDC-DASH). Gratitude is extended to the individuals listed below for their contribution toward developing and producing this report. (Individuals who served on the NM-YRRS 2011 Steering Committee are identified by an asterisk (\*).)

# NEW MEXICO DEPARTMENT OF HEALTH

# Brad McGrath, Interim Secretary

Michael Landen, MD, MPH, State Epidemiologist and Director, Epidemiology and Response Division\* Lori Zigich, MPH, Survey Section Manager, Epidemiology and Response Division\* Dan Green, MPH, Survey Epidemiologist, Epidemiology and Response Division\* James Padilla, MS, Tobacco Epidemiologist, Tobacco Use Prevention and Control Program\* James Farmer, MPH, Health Services Manager, Office of School and Adolescent Health\* Mary M. Ramos, MD, MPH, School Health Officer\*

# NEW MEXICO PUBLIC EDUCATION DEPARTMENT

Hanna Skandera, Secretary-Designate of Education
Paul Aguilar, Deputy Secretary, Finance and Operations
Denise Koscielniak, Director, Federal Programs
Kristine M. Meurer, PhD, Director, School and Family Support Bureau\*
William O. Blair, PhD, Assistant Director, School and Family Support Bureau
Dean Hopper, MAEd, Assistant Director, School and Family Support Bureau
Lonnie Barraza, MSEd, HIV Program Administrator, School and Family Support Bureau\*

# UNIVERSITY OF NEW MEXICO DIVISION FOR PREVENTION AND POPULATION SCIENCES, HEALTH EVALUATION AND RESEARCH TEAM

Linda J. Peñaloza, PhD, Associate Research Professor\* Laura Gutman, PhD, Multi-Media Development Specialist Courtney FitzGerald, MSSW, LMSW, Associate Scientist II Eric Chrisp, MS, Associate Scientist II

# ALBUQUERQUE AREA SOUTHWEST TRIBAL EPIDEMIOLOGY CENTER

Kevin English, RPh, MPH, Director Judith Espinoza, MPH, Epidemiologist\* Ophelia Spencer, Tribal Survey Coordinator

# NEW MEXICO CHILDREN, YOUTH AND FAMILIES DEPARTMENT

Julienne Smrcka, Juvenile Justice Services Education \*

# NEW MEXICO HUMAN SERVICES DEPARTMENT, BEHAVIORAL HEALTH SERVICES DIVISION

Karen Cheman, MPH, Prevention Staff Manager, Office of Substance Abuse Prevention \*

Gratitude is expressed to the excellent survey management and teams of the Navajo Nation Department of Health and the Bureau of Indian Education for their expertise in coordinating the administration of multiple surveys at once.

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# New Mexico Youth Risk and Resiliency Survey

# **Risk Behaviors at a Glance**

# Union County

Grades 9-12

Indicator	<u>Unior</u>	<u>County</u>	Nev	v Mexico
Unintentional Injury	%	(95% CI)	%	(95% CI)
Rarely or never wore a bicycle helmet (of those who				
rode a bicycle)	97.2	(94.6-98.6)	86.3	(82.3-89.6)
Rarely or never wore a seatbelt	10.1	(6.5-15.3)	8.0	(6.9-9.1)
Violence				
In a physical fight in the past 12 months	30.8	(26.2-35.8)	31.5	(29.4-33.6)
Physically hit or hurt by boy/girlfriend in the past 12				
months	9.2	(7.4-11.6)	9.2	(8.5-10.1)
Ever physically forced to have sexual intercourse	11.7	(8.9-15.4)	8.6	(7.8-9.5)
Bullied electronically in the past 12 months	18.2	(15.9-20.7)	13.2	(11.9-14.6)
Bullied on school property in the past 12 months	25.6	(20.9-30.9)	18.7	(17.3-20.3)
Skipped school because felt unsafe at school or on the				
way to or from school in the past 12 months	6.3	(4.3-9.2)	8.1	(5.6-11.4)
Mental Health				
Felt persistent sadness or hopelessness in the past 12				
months	24.8	(22.1-27.6)	29.1	(28.0-30.2)
Seriously considered suicide	12.1	(8.4-17.2)	16.7	(15.7-17.8)
Planned suicide	12.4	(11.2-13.7)	13.4	(12.6-14.4)
Attempted suicide	6.0	(4.9-7.2)	8.6	(7.8-9.6)
Tobacco Use				
Current cigarette smoking	26.4	(19.0-35.4)	19.9	(17.6-22.4)
Current hookah use	13.2	(9.3-18.3)	20.0	(17.6-22.5)
Current spit tobacco use	19.0	(14.6-24.2)	9.5	(8.0-11.1)
Current cigar smoking	14.1	(8.8-21.8)	15.1	(13.6-16.8)
Alcohol Use				
Current drinking	56.1	(46.7-65.1)	36.9	(34.1-39.8)
Binge drinking	43.3	(36.5-50.4)	22.4	(20.3-24.6)
Drinking and driving	22.9	(15.6-32.4)	9.3	(8.1-10.8)
Alcohol use before age 13	36.9	(28.5-46.2)	27.4	(25.4-29.4)

# New Mexico Youth Risk and Resiliency Survey Risk Behaviors at a Glance Union County

Grades 9-12

Indicator	<u>Unior</u>	<u>County</u>	New	<u> Mexico</u>
Current drug use	%	(95% CI)	%	(95% CI)
Marijuana	19.1	(12.2-28.8)	27.6	(24.5-31.0)
Painkillers to get high	10.2	(5.1-19.4)	11.3	(9.7-13.2)
Inhalants	8.2	(4.7-13.9)	6.7	(5.8-7.8)
Cocaine	6.1	(4.3-8.6)	5.2	(4.3-6.2)
Ecstasy	5.0	(2.7-8.9)	6.4	(5.4-7.5)
Methamphetamine	4.4	(2.3-8.2)	3.9	(3.1-4.8)
Heroin	6.1	(4.3-8.4)	3.2	(2.7-3.8)
Physical Activity, Body Weight, and Nutrition				
Overweight	13.5	(8.1-21.7)	14.4	(13.3-15.7)
Obese	11.4	(7.2-17.6)	12.8	(10.9-15.1)
Overweight or obese	24.9	(18.5-32.6)	27.3	(24.4-30.3)
Exercised daily	38.3	(30.7-46.5)	26.3	(24.8-27.9)
Daily PE	68.0	(56.2-77.8)	28.4	(23.2-34.2)
Three or more hours of TV viewing per day	31.7	(26.5-37.4)	29.4	(26.8-32.2)
Five or more fruits or vegetables per day	21.0	(16.9-25.8)	23.8	(22.1-25.7)
Drank at least one soda per day	29.6	(25.8-33.6)	27.9	(26.7-29.1)
Sexual Behaviors				
Sexually active	34.8	(19.2-54.5)	31.9	(29.1-34.8)
Had four or more lifetime sexual partners (of those				
who were sexually active)	51.4	(42.8-59.9)	39.1	(36.4-41.8)
Used a condom at last sexual intercourse	58.1	(51.6-64.3)	57.8	(55.3-60.3)
Used reliable birth control at last sexual intercourse	28.4	(16.5-44.4)	23.0	(20.6-25.5)
Used reliable birth control and a condom	9.0	(3.6-20.8)	8.6	(7.1-10.2)

# Participation in Union County

The response rate for Union County was 80%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 70% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

# Profile of students surveyed

Total	<u>Number of students</u> 162	<u>Percent (%)</u> (100%)
<u>Gender</u> Girls	86	(53.1%)
Boys	76	(46.9%)
Race/Ethnicity *		
American Indian or Alaska Native	15	(10.9%)
Asian or Pacific Islander	5	(2.2%)
Black or African-American	5	(3.6%)
Hispanic	95	(59.4%)
White	112	(81.8%)
Grade Level		
9th	48	(29.6%)
10th	36	(22.2%)
11th	39	(24.1%)
12th	39	(24.1%)
Other:	0	(0.0%)

Totals may add up to more or less than 100%, because

- 1. For race/ethnicity, respondents were allowed to choose multiple responses.
- 2. Data may be missing for some demographic measures if respondents chose not to answer certain questions.

New Mexico Youth Risk and Resiliency Survey (YRRS) Highlights Union County Grades 9-12, 2011

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# Highights from the New Mexico Youth Risk and Resiliency Survey (YRRS) Grades 9-12, 2011 Union County

Results from the 2011 High School NM YRRS revealed several encouraging trends in New Mexico. These include declining rates of:

- Suicide ideation and attempts
- Alcohol use
- Tobacco use
- Behaviors associated with violence

At the same time, the rates of cocaine and methamphetamine use have stabilized after declining from 2003 to 2007, the prevalence of obesity has been increasing, and the relatively new phenomenon of using a hookah (large water pipe) to smoke tobacco threatens the overall trend of declining tobacco use among youth.

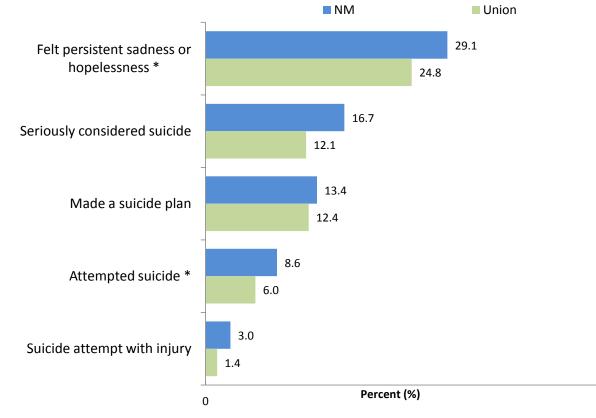
This report puts the findings for New Mexico alongside YRRS results for Union County. Please use these results to help make New Mexico and your own community a safer and healthier place for all of our young people. For comprehensive YRRS results, see this website:

#### www.youthrisk.org

#### **Mental Health**

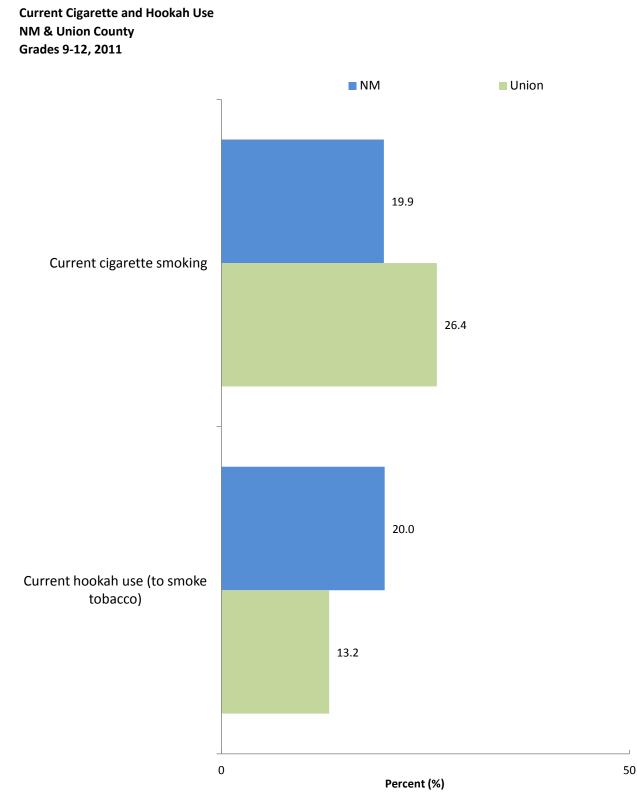
Suicide is the second leading cause of death among adolescents in New Mexico. Past-year suicide attempts have decreased among NM high school students from 14.3% in 2003 to 8.6% in 2011.

# Past Year Mental Health Indicators NM & Union County Grades 9-12, 2011



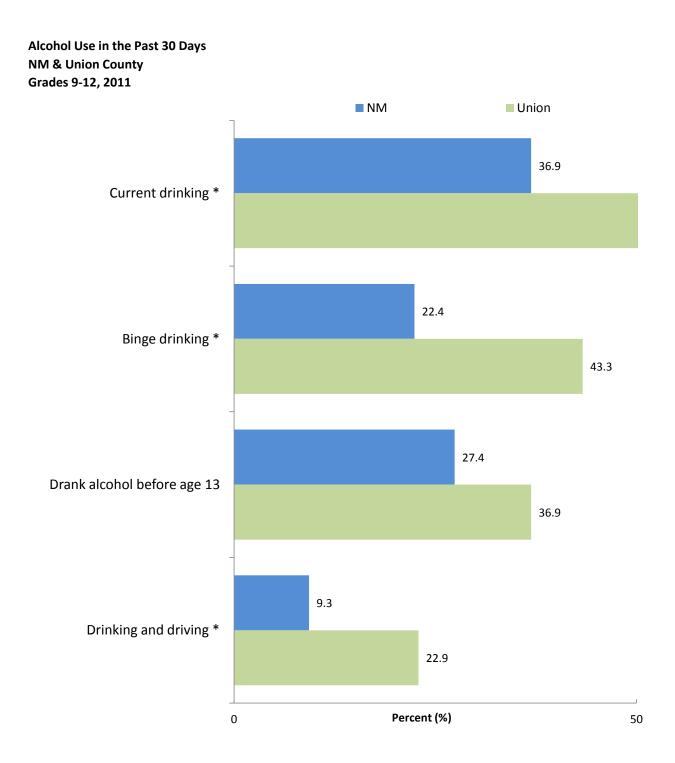
# Tobacco Use

Cigarette smoking among NM high school students has been on the decline since 2003. In 2011, a new question was added to the YRRS about using a hookah, or large water pipe, to smoke tobacco. The prevalence of smoking a hookah was equal to that of current cigarette smoking.



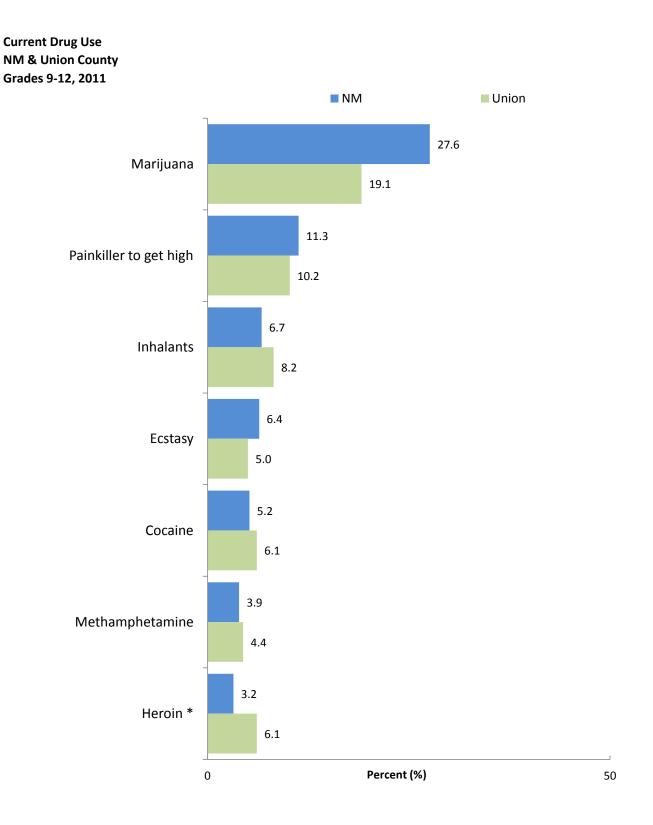
# Alcohol Use

Alcohol use by young people is associated with injuries such as motor vehicle crashes, the leading cause of death among adolescents. Alcohol use at an early age is also associated with an increased risk of chronic liver disease and alcohol dependence later in life. In recent years, rates of current drinking, binge drinking, and drinking and driving have been decreasing among young people nationally and in New Mexico. While this is a hopeful sign for the future of New Mexico youth, in 2011 New Mexico high school students had the highest rate of any state participating in the CDC's Youth Risk Behavior Survey (YRBS) for drinking alcohol before the age of 13.



# Drug Use

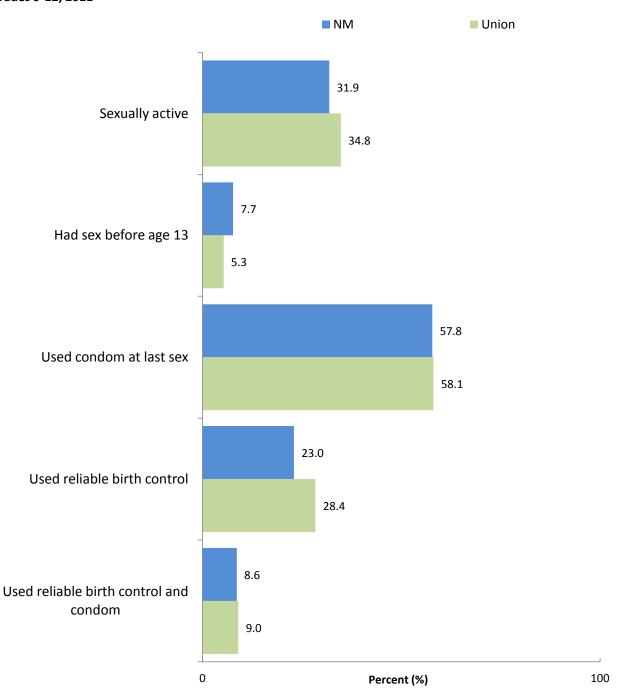
Current cocaine and methamphetamine use declined among high school students from 2003 - 2007, and has since stabilized. There have been no other trends for current drug use in recent years.



#### Sexual Activity

Early and unsafe sexual activity puts teens at risk of unplanned pregnancy and sexually transmitted infections. Measures of sexual activity among NM high school students are similar to those of other states that participated in the YRBS. Very few sexually active\* teens used both condoms and reliable birth control.

Sexual Activity NM & Union County Grades 9-12, 2011

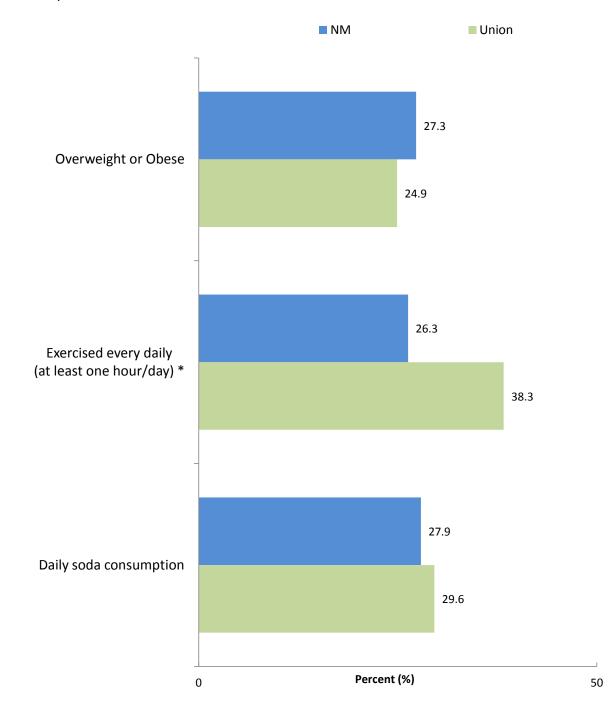


Sexually active: Had sexual intercourse at least once in the past three months.

#### Physical Activity, Nutrition, and Body Weight

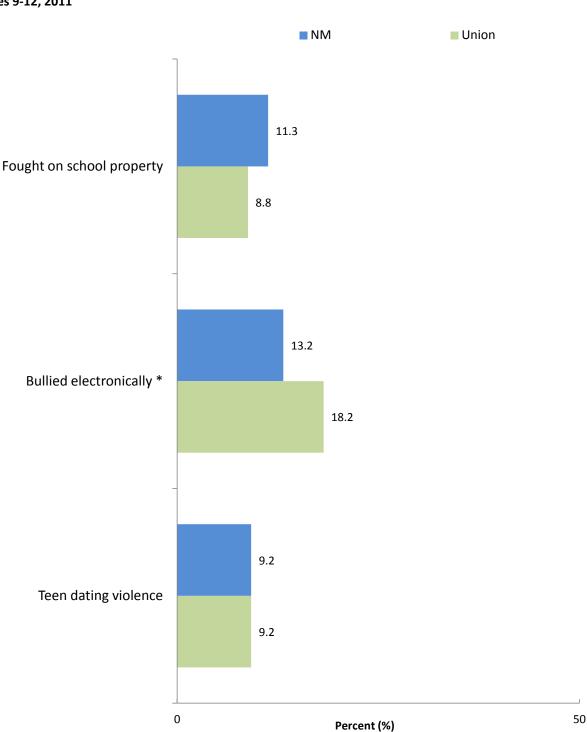
Poor nutritional behaviors and a lack of physical activity put young people at risk of becoming overweight or obese. Obesity and overweight place teens at risk of many chronic diseases that can cause death or disability. Obesity among New Mexico teens has been on the rise for several years.





#### **Behaviors Associated with Violence**

The rates for fighting, fighting on school property, and teen dating violence (physically hit, shoved, or pushed by a boyfriend or girlfriend in the past 12 months) have declined since 2003. In 2011, a new question was added to the YRRS about electronic bullying.

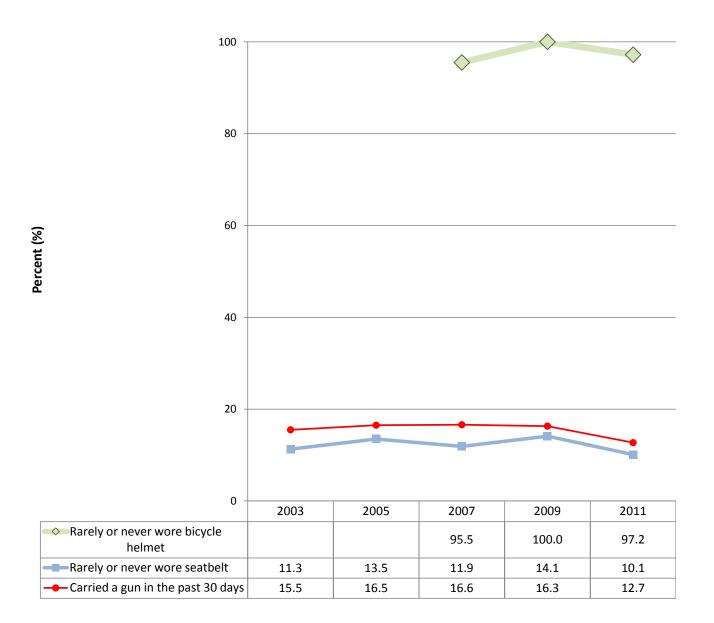


Behaviors Associated with Violence, in the last 12 months NM & Union County Grades 9-12, 2011

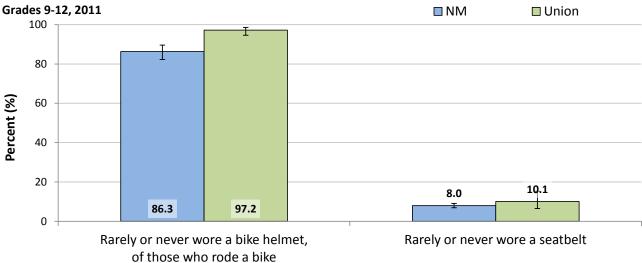
Union County Charts

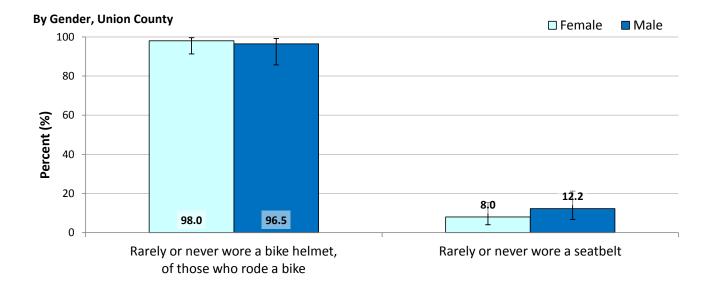
# **Unintentional Injury**

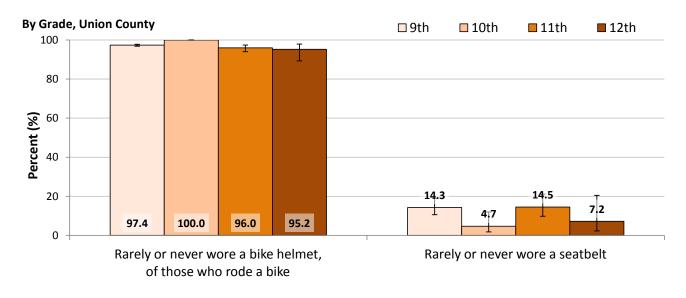
Behaviors Associated with Unintentional Injury by Year, Union County Grades 9-12, 2011



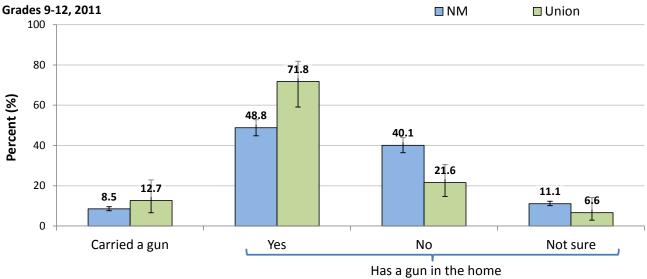
# Unintentional Injury New Mexico and Union County

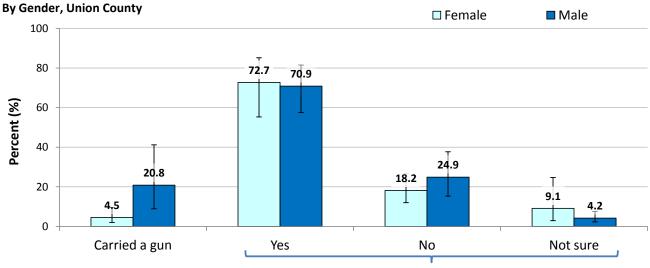




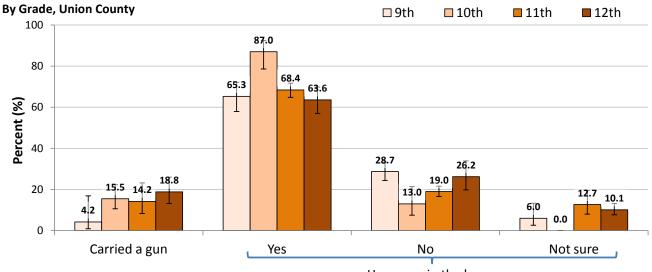


# Unintentional Injury New Mexico and Union County





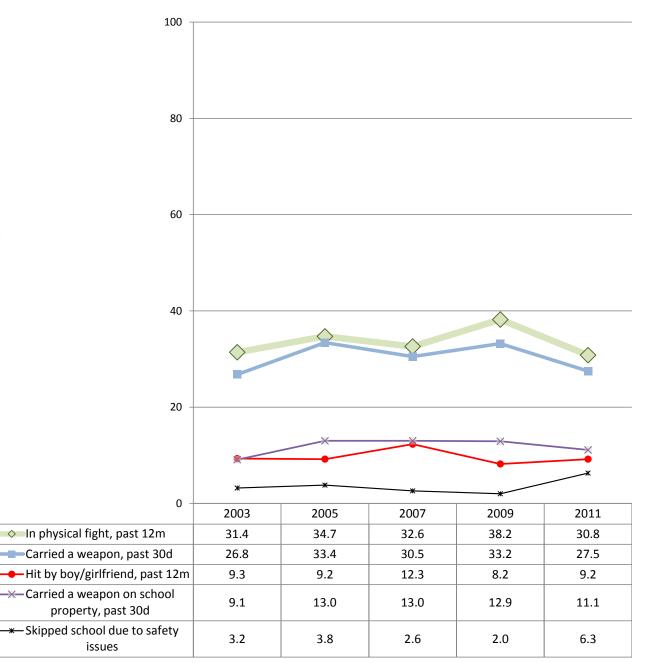
Has a gun in the home



Has a gun in the home

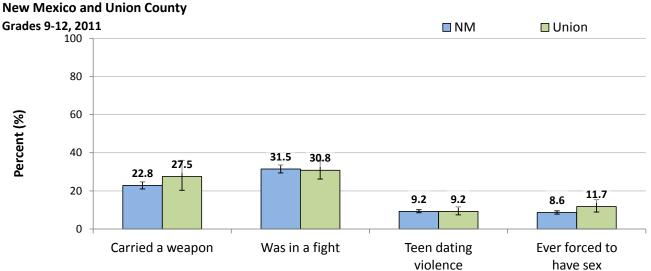
# Injury: Behaviors Associated with Violence

Behaviors Associated with Injury: Behaviors Associated with Violence by Year, Union County Grades 9-12, 2011

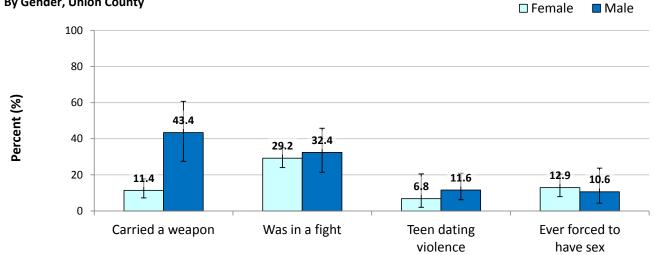


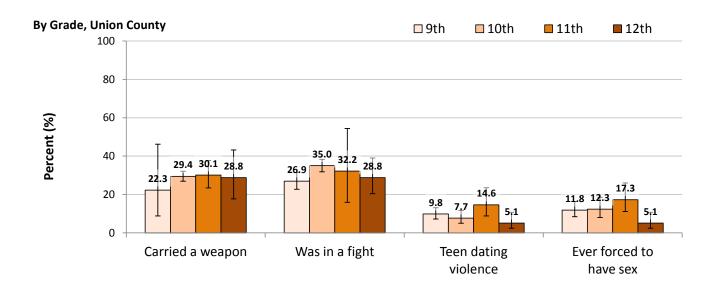
Percent (%)

# **Injury: Behaviors Associated with Violence**

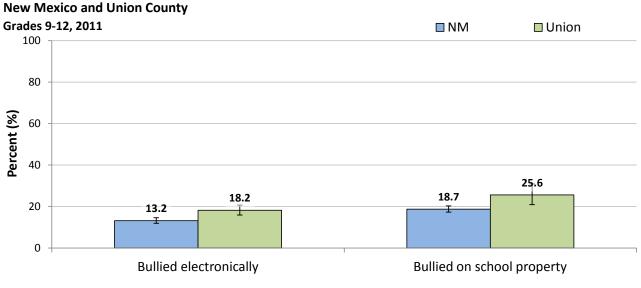


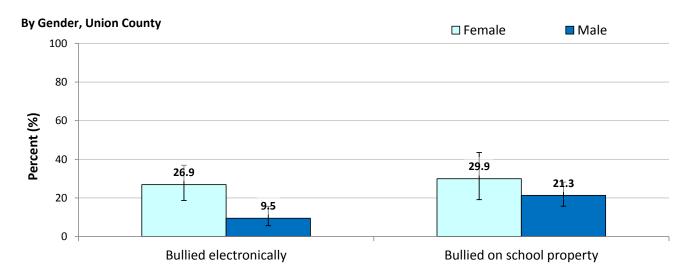
#### By Gender, Union County

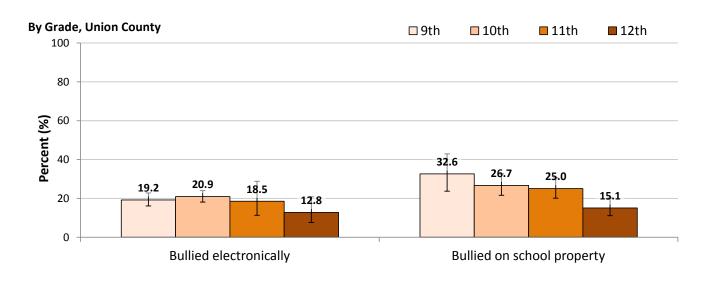




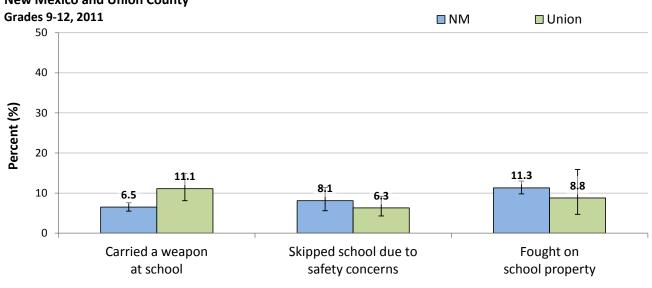
# Injury: Behaviors Associated with Violence



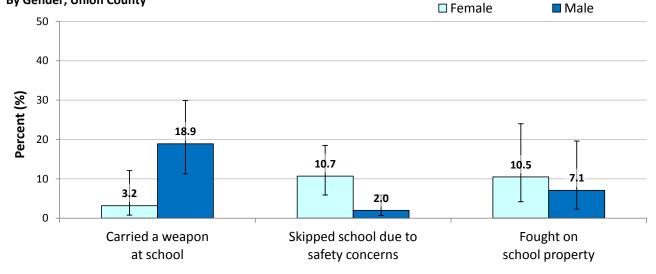




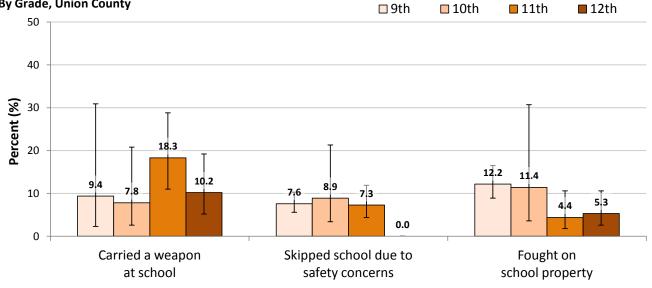
# **Injury: Behaviors Associated with Violence New Mexico and Union County**



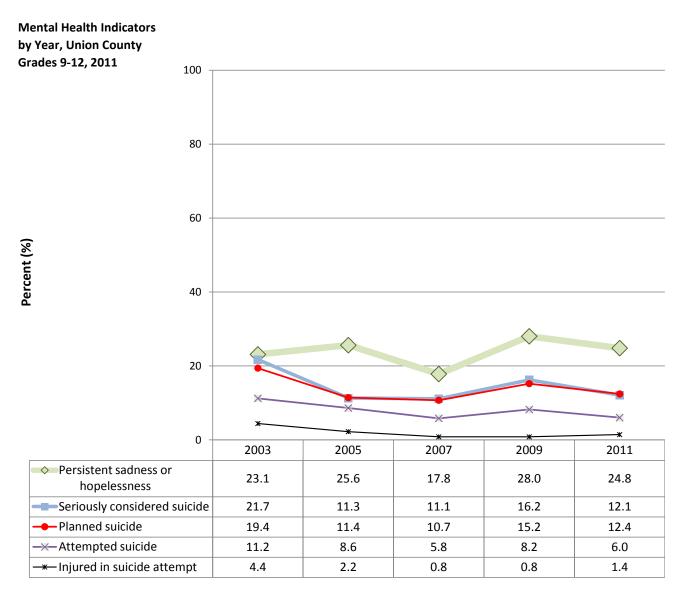
By Gender, Union County



By Grade, Union County

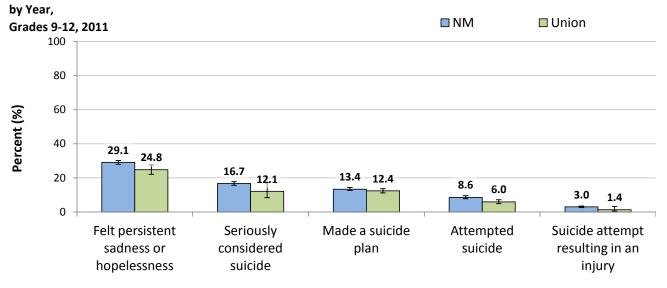


# **Mental Health**

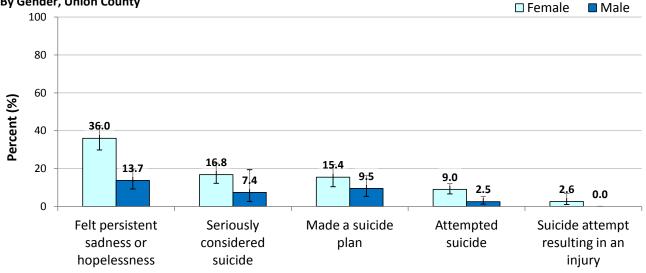


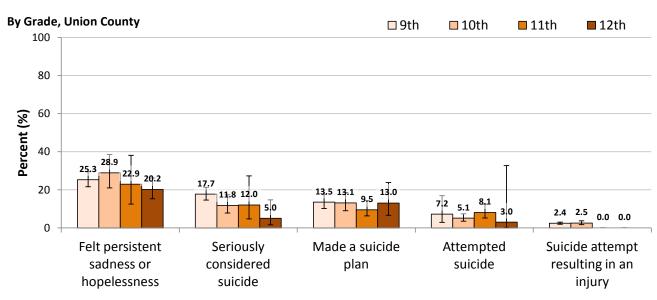
# **Mental Health**

#### Mental Health Indicators (past 12 months)



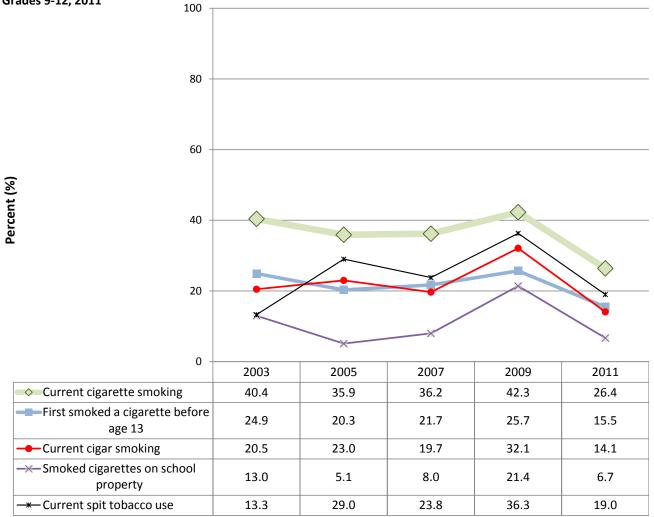
By Gender, Union County





#### Tobacco Use

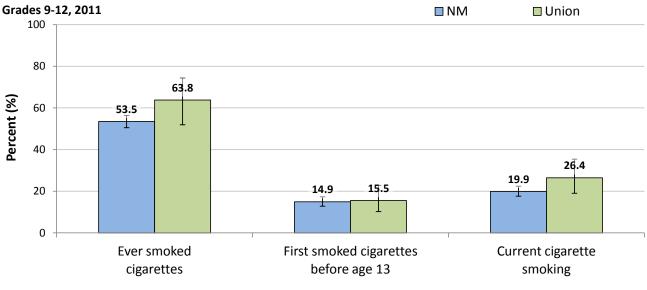
#### Tobacco Use Indicators by Year, Union County Grades 9-12, 2011

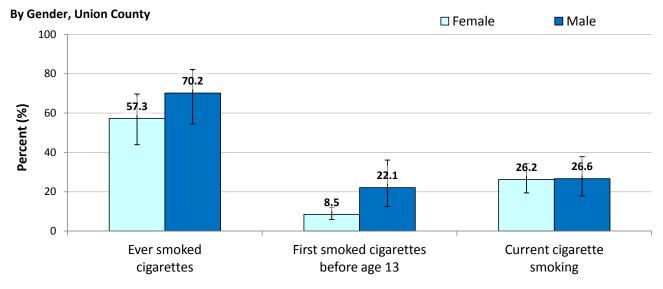


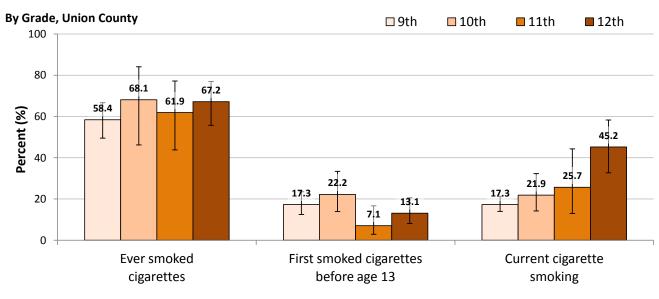
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New Mexico 2011 YRRS Grades 9 - 12

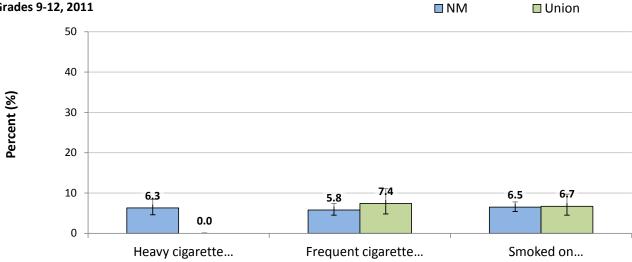
### Tobacco Use: Cigarettes New Mexico and Union County



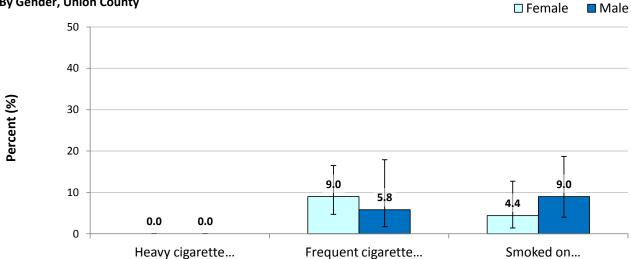


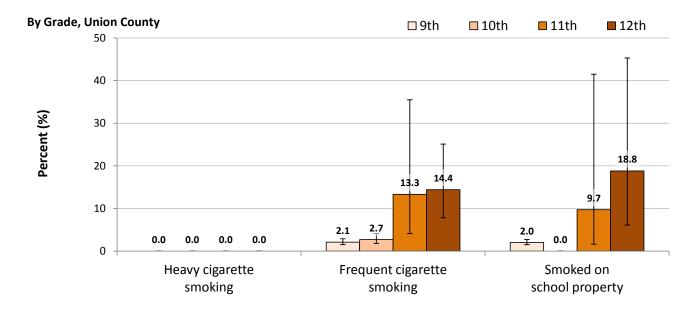


#### **Tobacco Use: Cigarettes New Mexico and Union County** Grades 9-12, 2011

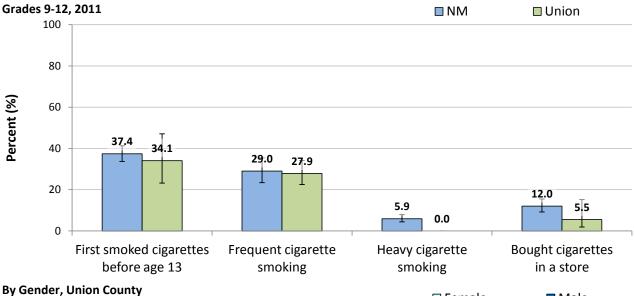


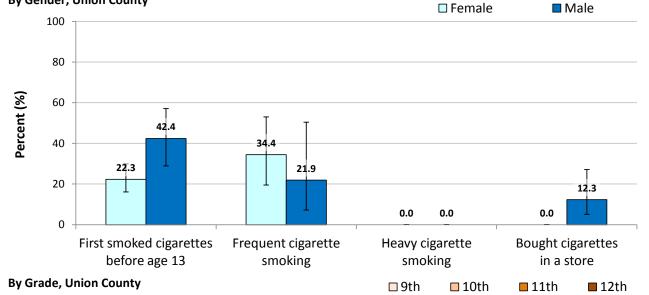
#### By Gender, Union County

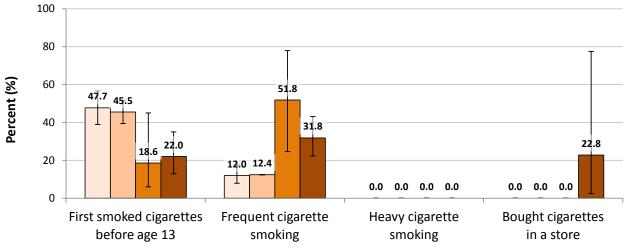




## Tobacco Use: Cigarettes New Mexico and Union County

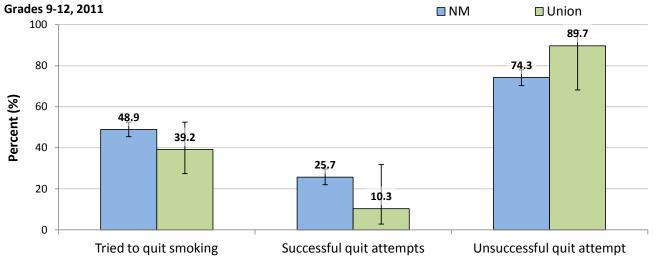




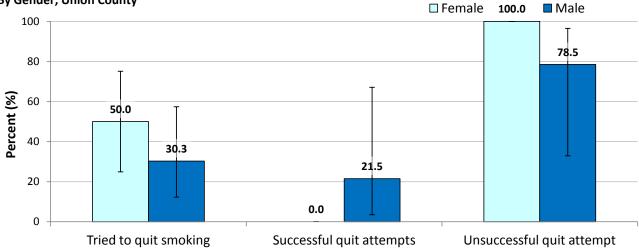


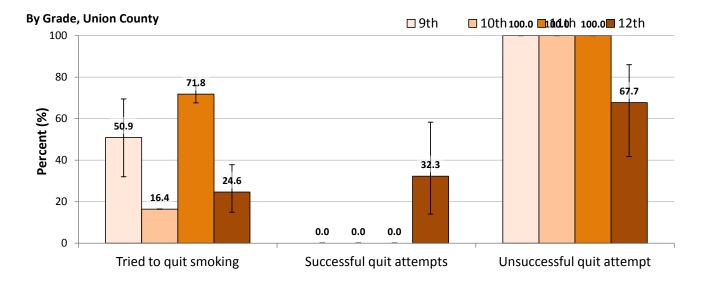
## Tobacco Use: Behaviors of Current Cigarette Smokers

### New Mexico and Union County

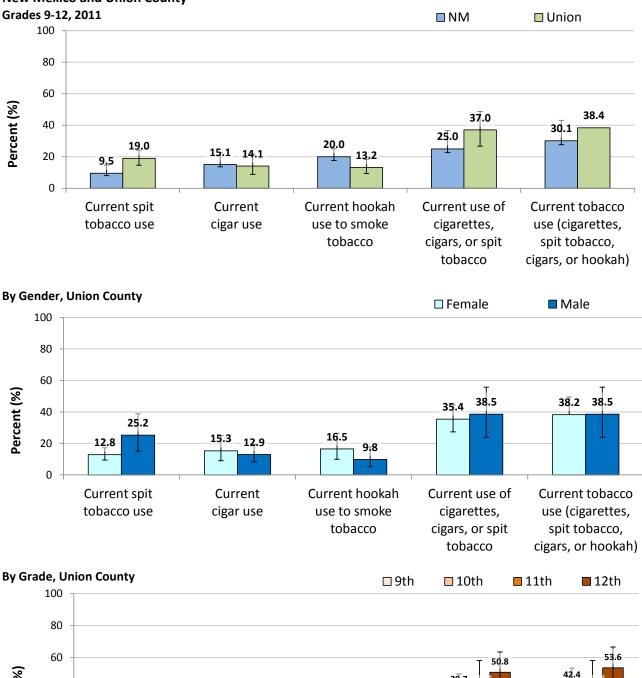


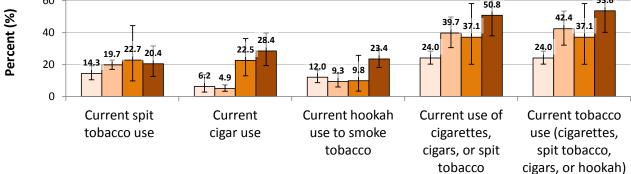
By Gender, Union County



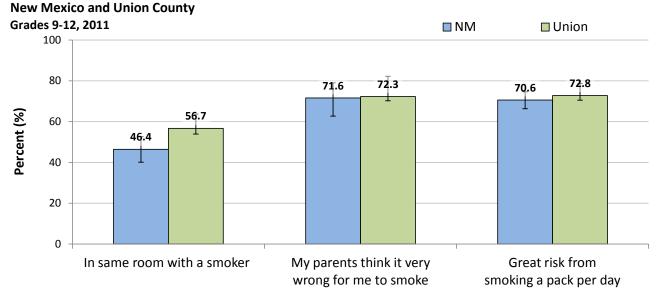


## Tobacco: Other Use New Mexico and Union County

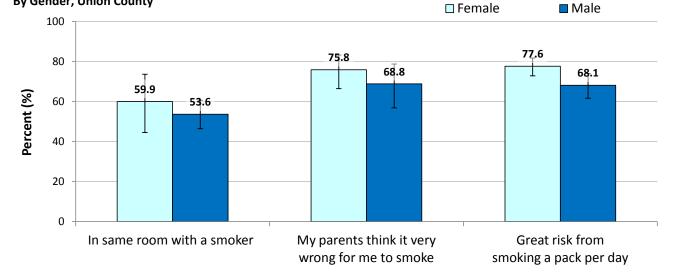


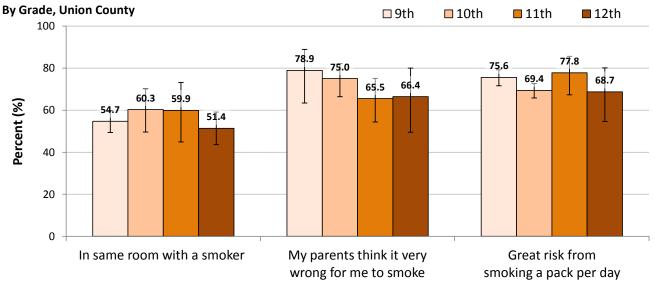


## **Tobacco: Second Hand Smoke and Attitudes and Beliefs**



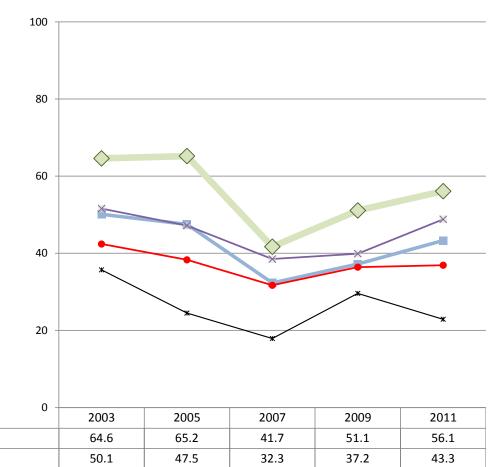






#### Alcohol Use

Alcohol Use Indicators by Year, Union County Grades 9-12, 2011

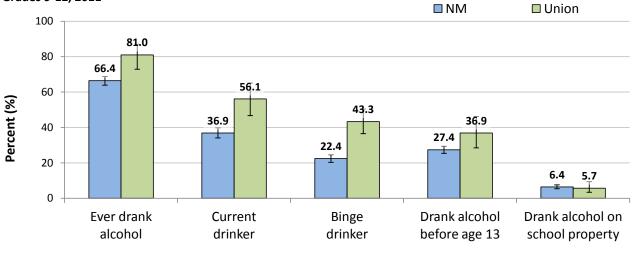


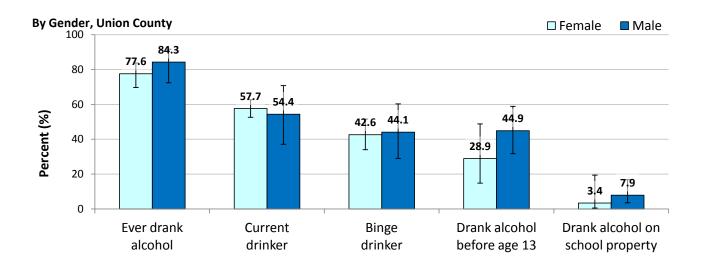
0 -	2003	2005	2007	2009	2011
Current alcohol use	64.6	65.2	41.7	51.1	56.1
-Binge drinking	50.1	47.5	32.3	37.2	43.3
First drank alcohol before age 13	42.4	38.3	31.7	36.4	36.9
	51.6	47.2	38.5	39.9	48.8
Drove after drinking	35.7	24.5	17.9	29.6	22.9

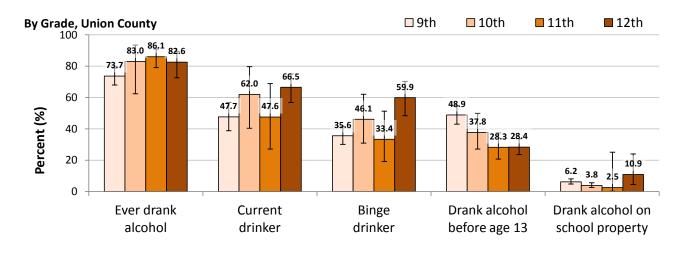
Percent (%)

New Mexico 2011 YRRS Grades 9 - 12

#### Alcohol Use New Mexico and Union County Grades 9-12, 2011

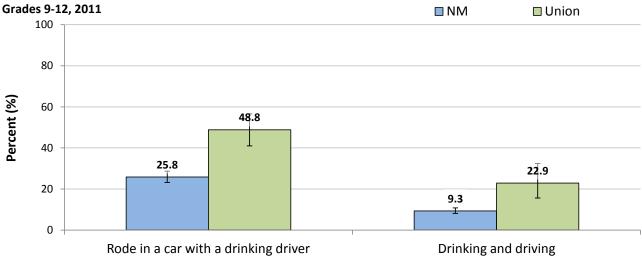




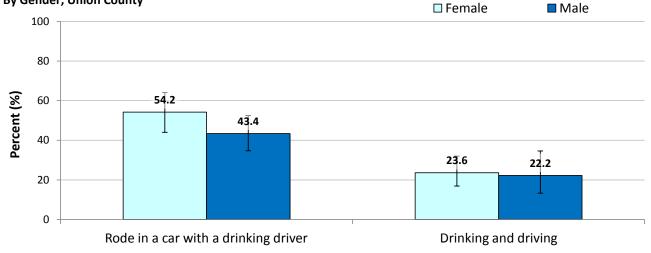


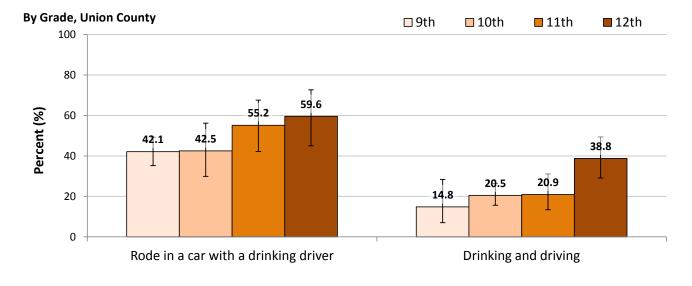
47

### Alcohol & Injury New Mexico and Union County



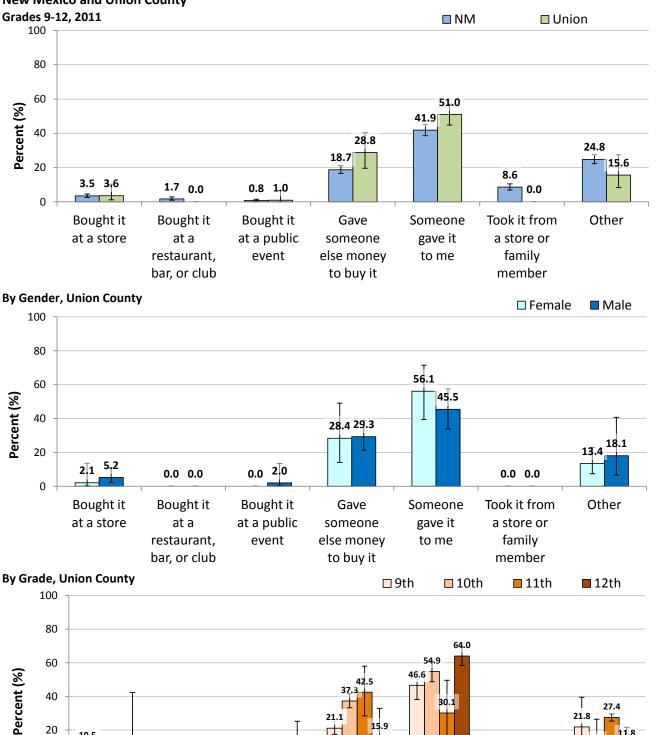
By Gender, Union County





### Behaviors of Current Drinkers: How usually obtained alcohol

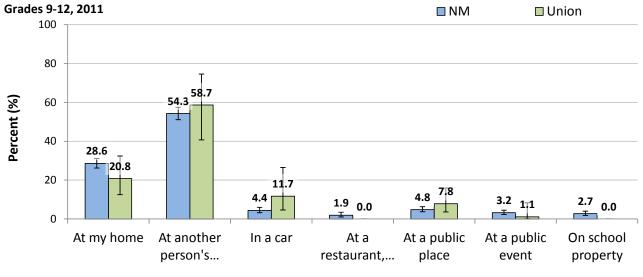
**New Mexico and Union County** 

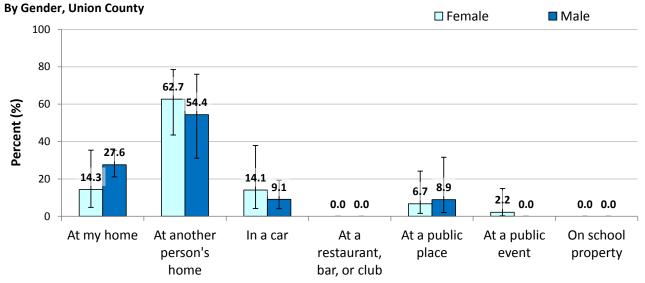




### Behaviors of Current Drinkers: Where usually drank alcohol

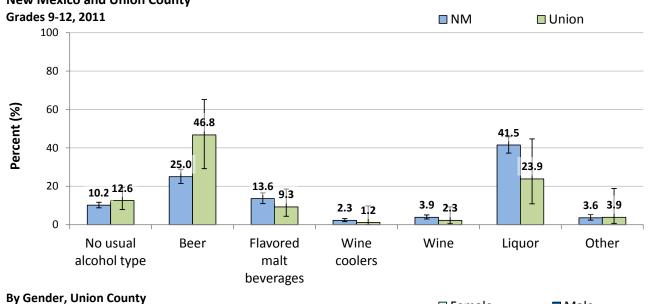
New Mexico and Union County

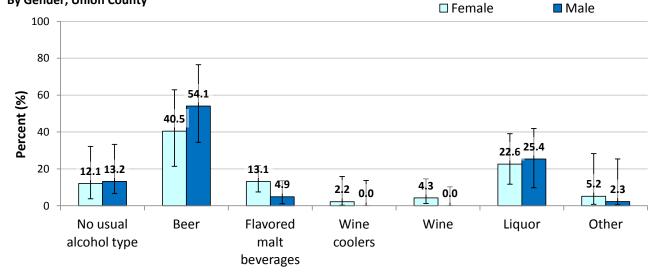


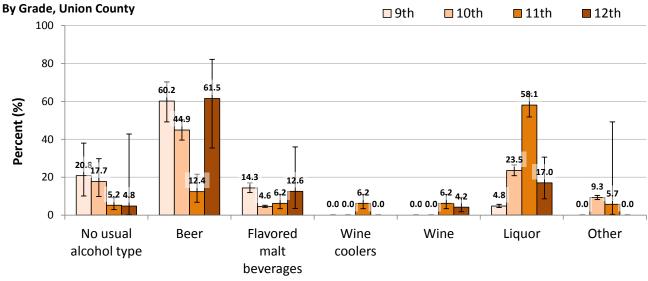


By Grade, Union County 🗆 9th 10th 12th 11th 100 75.3 80 61.5 60 Percent (%) 52.9 40 29.0 26.9 22.0 15.3 20.6 20 13.312.4 4,0 0.0 3.5 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0 At my home At another At a At a public At a public On school In a car person's restaurant, place event property home bar, or club

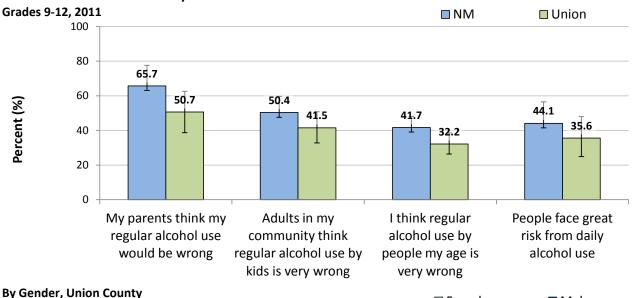
#### Behaviors of Current Drinkers: Usual type of alcohol New Mexico and Union County

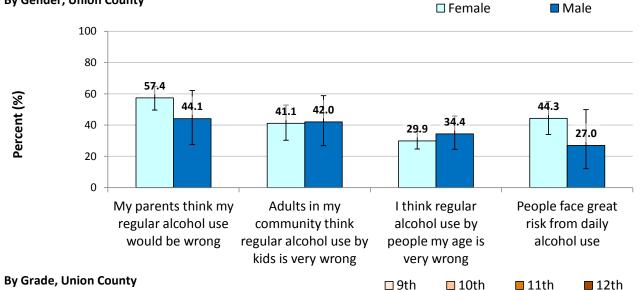






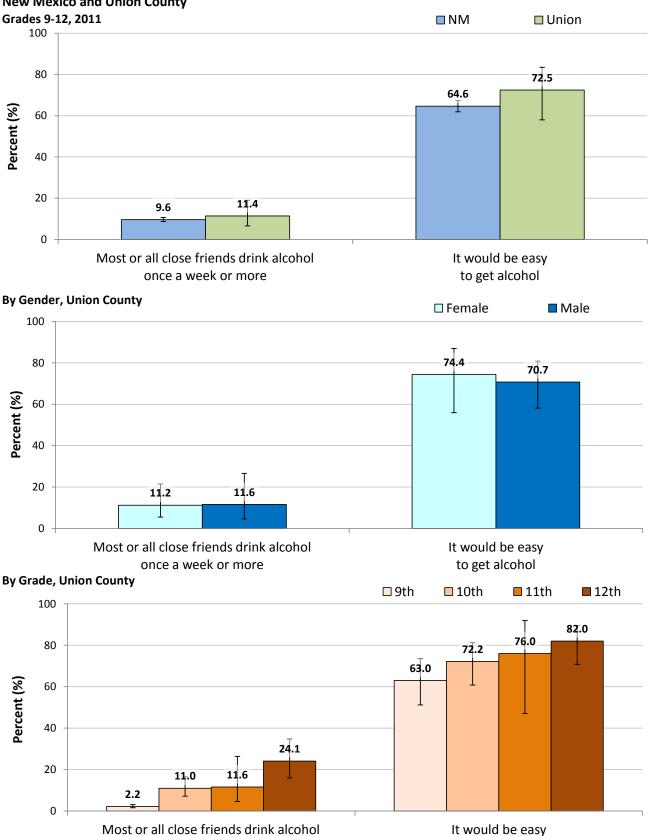
#### Alcohol Use: Beliefs and Attitudes New Mexico and Union County





11th 100 80 -51.1 60.9 56.3 60 50.0 Percent (%) 46.1 44.4 42.6 38,8 38.0 31.5 28.1 40 34.4 32.7 28.9 1 25.5 25.1 Τ 20 0 My parents think my Adults in my I think regular People face great regular alcohol use community think alcohol use by risk from daily would be wrong alcohol use regular alcohol use by people my age is kids is very wrong very wrong

### Alcohol Use: Access New Mexico and Union County



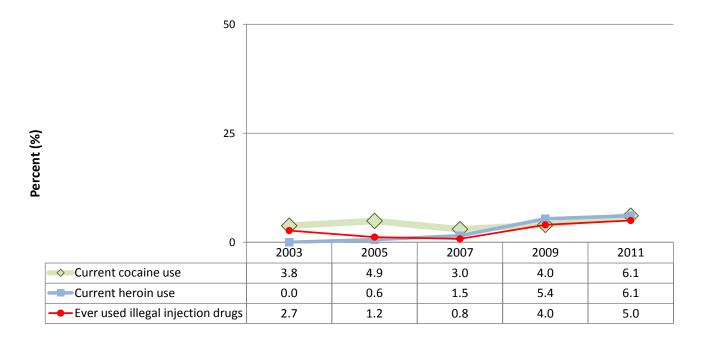
to get alcohol

once a week or more

New Mexico 2011 YRRS Grades 9 - 12

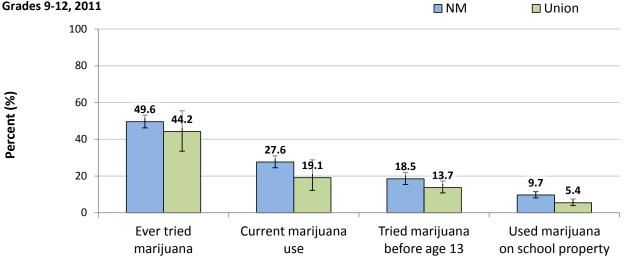
#### Drug Use

#### **Drug Use Indicators** by Year, Union County Grades 9-12, 2011 50 25 Percent (%) 0 2003 2007 2005 2009 2011 ♦ Current marijuana use 17.5 19.1 13.2 32.1 19.1 Current use of painkillers to get 3.6 16.7 10.2 high Current inhalent use 1.2 4.9 2.2 15.6 8.2 ➤ Current ecstasy use 2.2 7.6 5.0

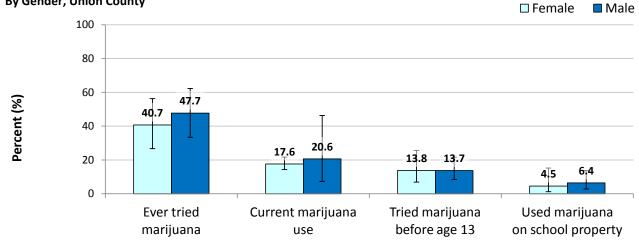


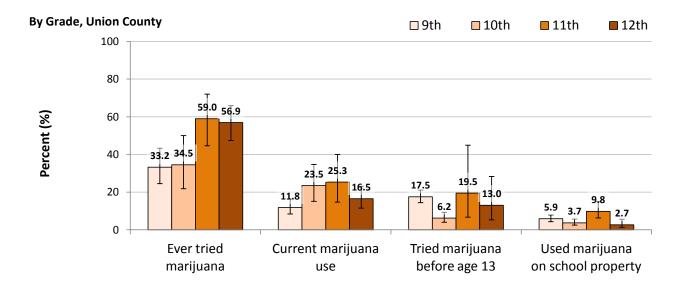
New Mexico 2011 YRRS Grades 9 - 12

#### Drug Use: Marijuana **New Mexico and Union County** Grades 9-12, 2011



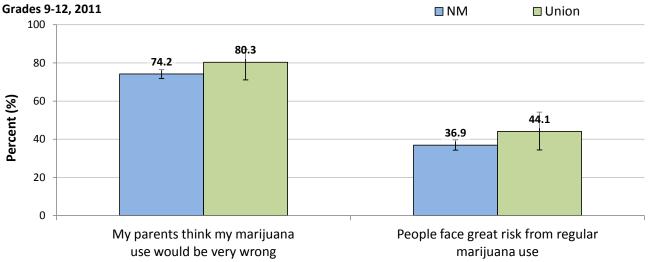
By Gender, Union County



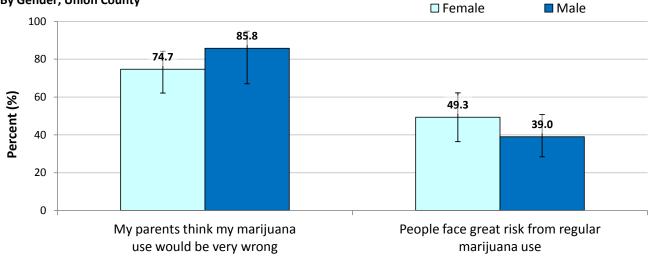


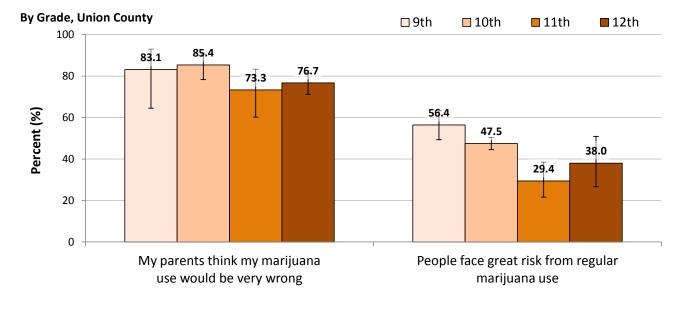
# Marijuana Use: Beliefs and Attitudes





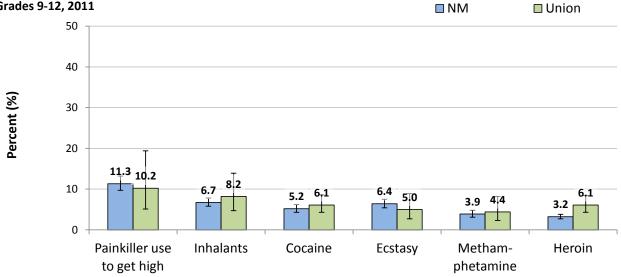




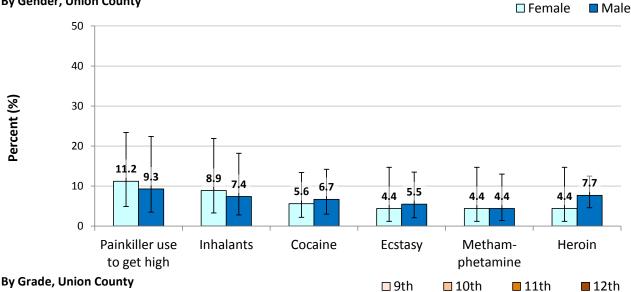


Male

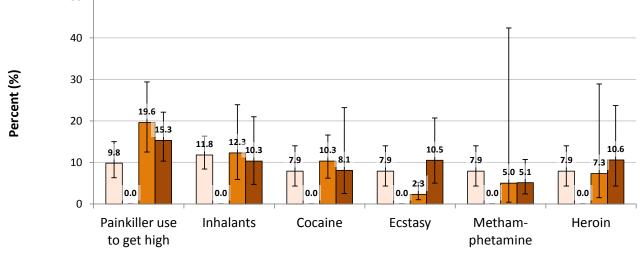
#### Current Drug Use (Past 30 Days) **New Mexico and Union County** Grades 9-12, 2011



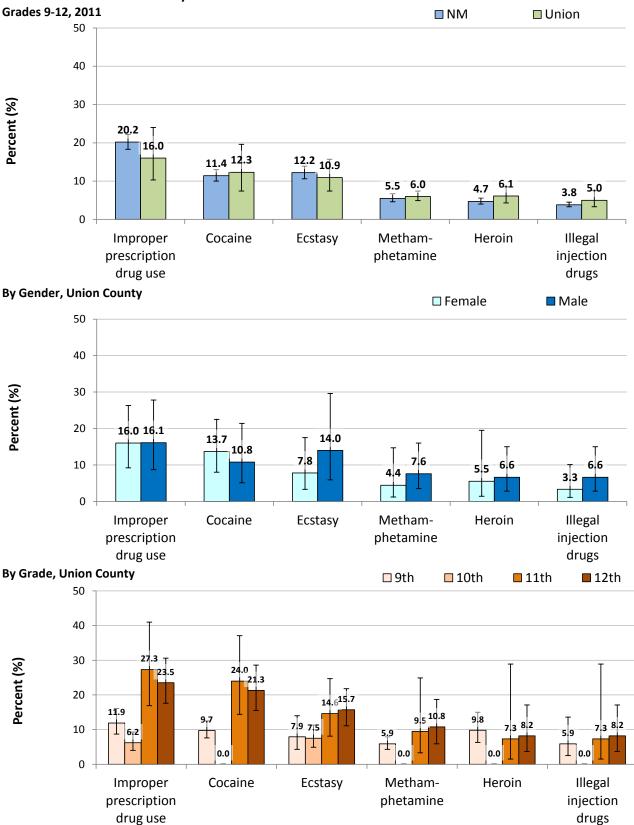
By Gender, Union County



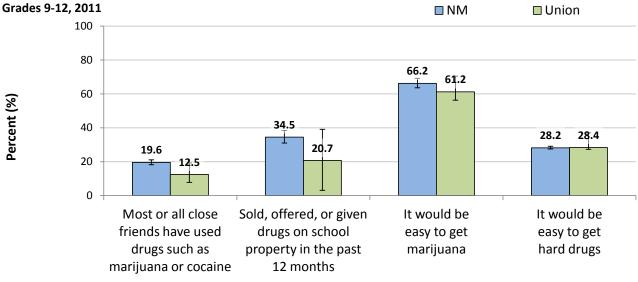
By Grade, Union County 50



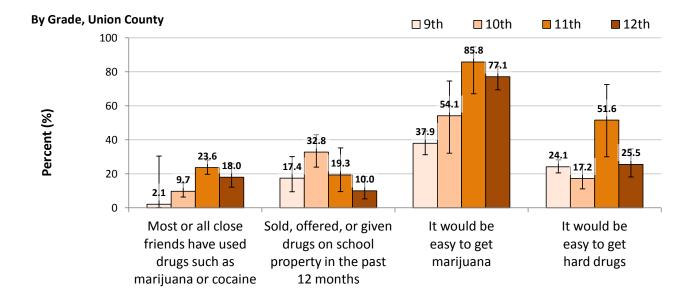
## Drug Use: Ever Used in Lifetime New Mexico and Union County



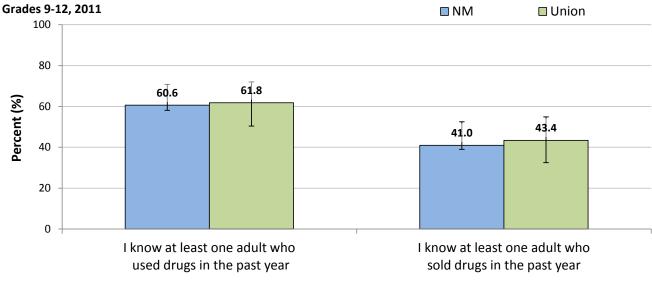
#### Drug Use: Access to Drugs New Mexico and Union County Grades 9-12, 2011



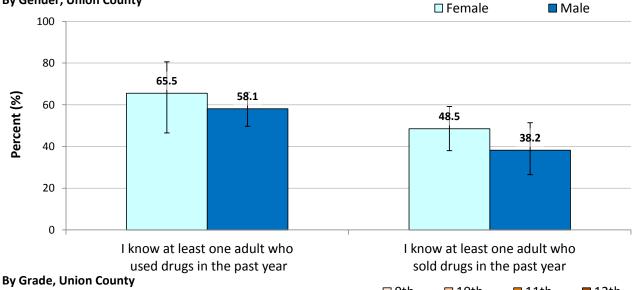
By Gender, Union County Female Male 100 80 62.0 60.4 60 Percent (%) 40 30.4 26.6 26.4 12.7 12.2 14.8 20 0 Most or all close Sold, offered, or It would be It would be -20 friends have used given drugs on school easy to get easy to get drugs such as property in the past marijuana hard drugs marijuana or cocaine 12 months

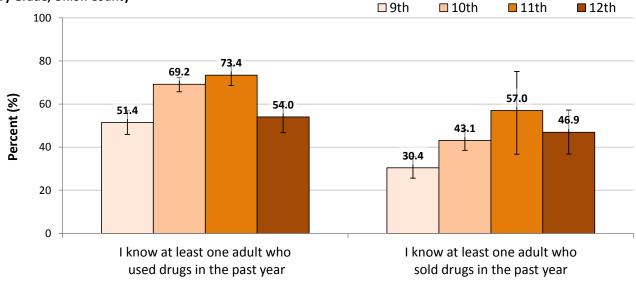


#### Drug Use: Access to Drugs New Mexico and Union County Grades 9, 12, 2011



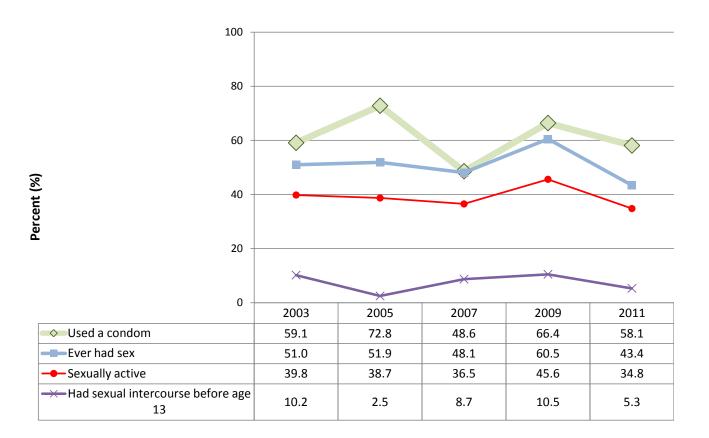
By Gender, Union County



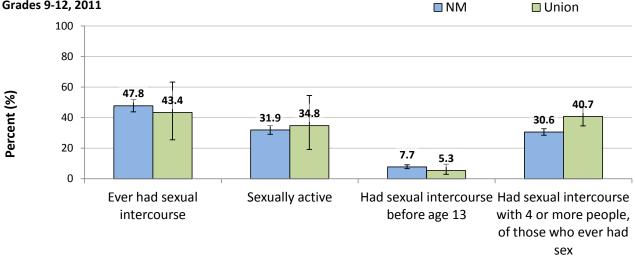


#### **Sexual Behaviors**

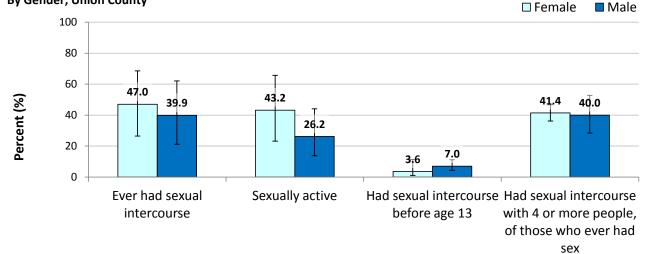
Sexual Behaviors Indicators by Year, Union County Grades 9-12, 2011

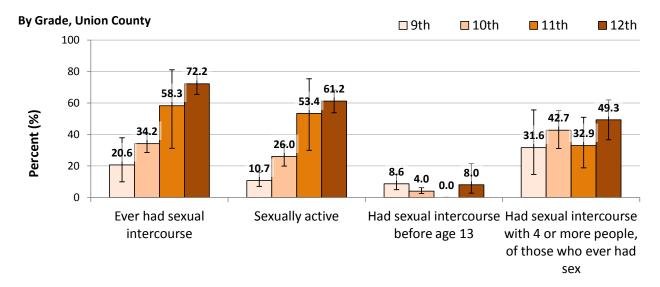


#### Sexual Behaviors New Mexico and Union County Grades 9-12, 2011

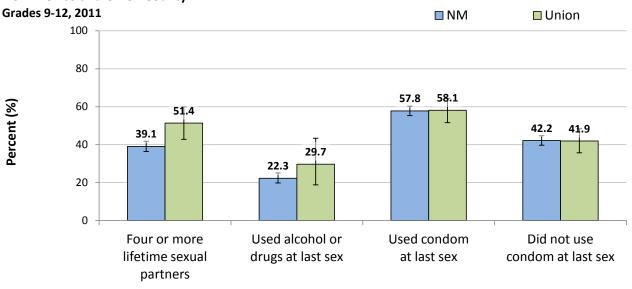




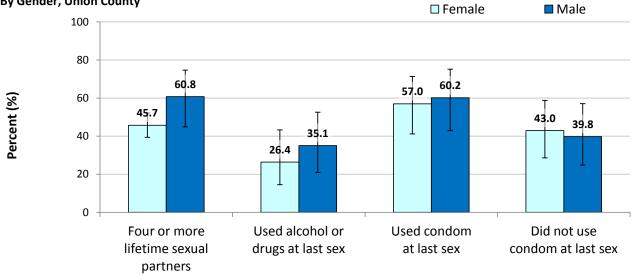




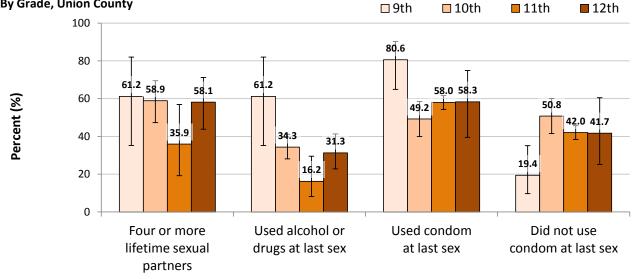
#### **Sexual Behaviors of Sexually Active Students New Mexico and Union County**



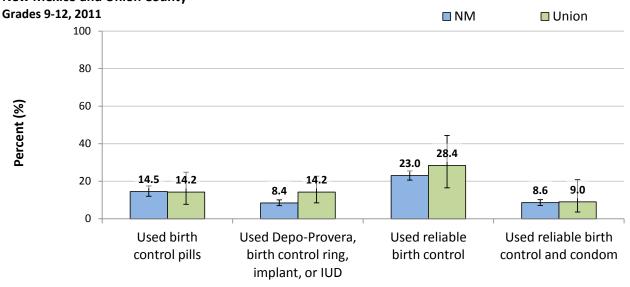
By Gender, Union County



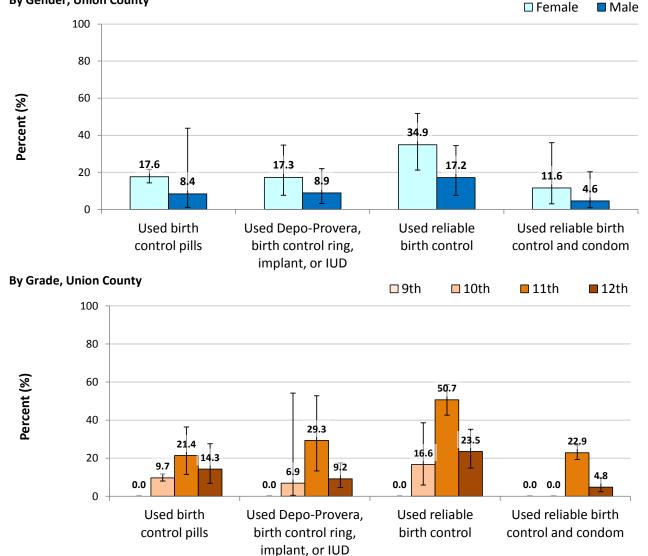
By Grade, Union County



#### Sexual Behaviors of Sexually Active Students New Mexico and Union County

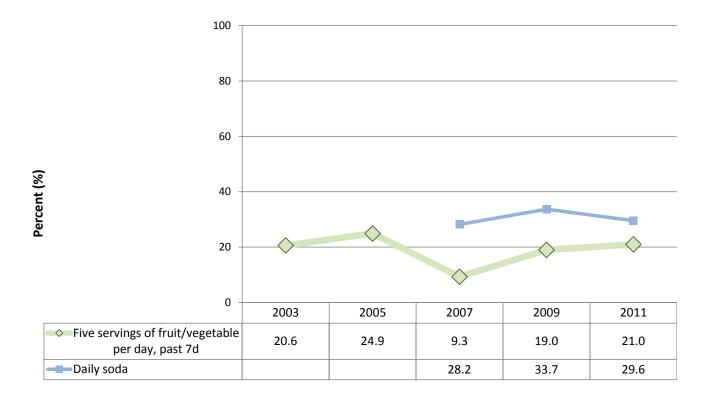






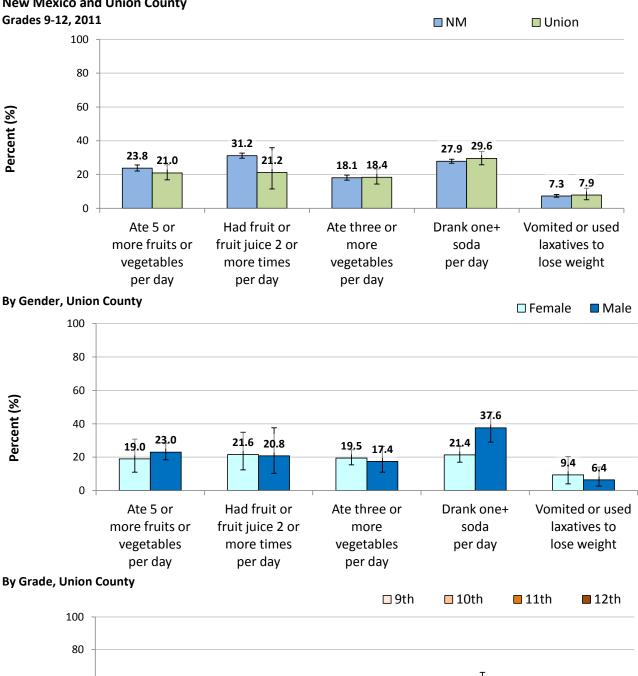
#### Nutrition

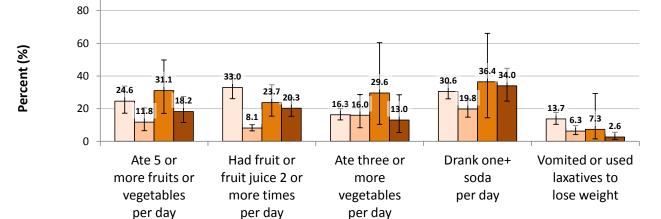
Nutrition Indicators by Year, Union County Grades 9-12, 2011



New Mexico 2011 YRRS Grades 9 - 12

#### Nutrition New Mexico and Union County Grades 9-12, 2011

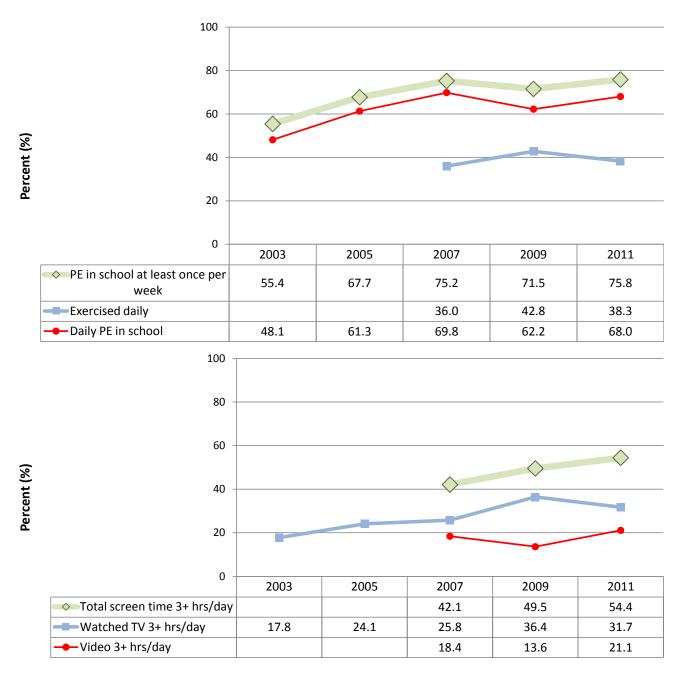




New Mexico 2011 YRRS Grades 9 - 12

#### **Physical Activity**

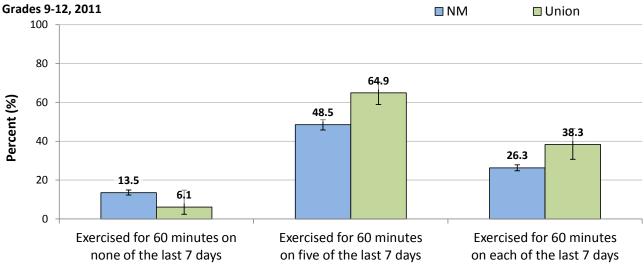
Physical Activity Indicators by Year, Union County Grades 9-12, 2011



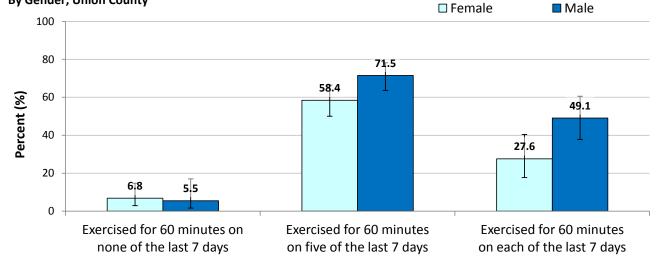
71

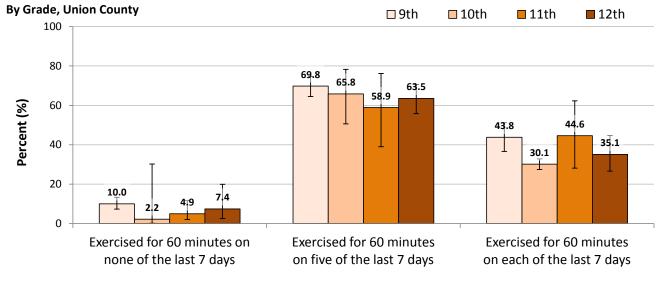
New Mexico 2011 YRRS Grades 9 - 12

### Physical Activity New Mexico and Union County

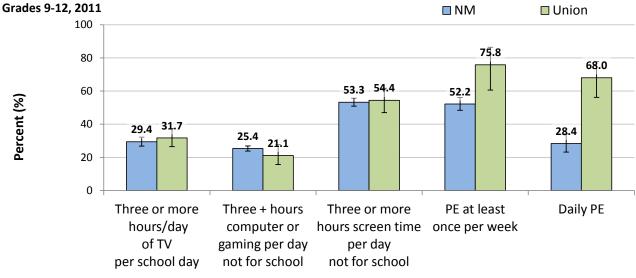


By Gender, Union County

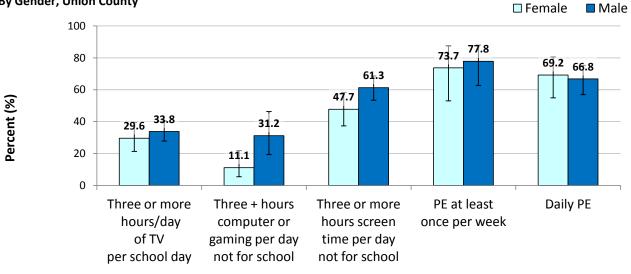




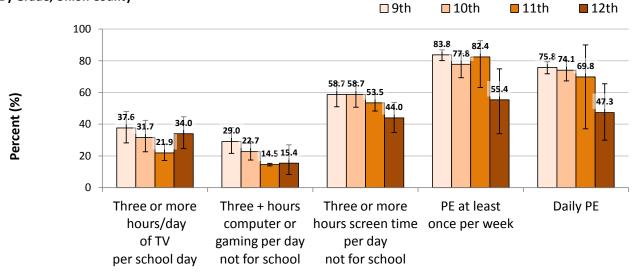
### **Physical Activity New Mexico and Union County**



By Gender, Union County

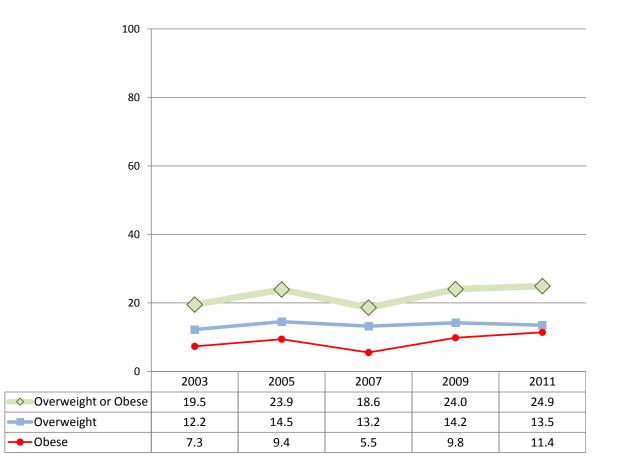


By Grade, Union County



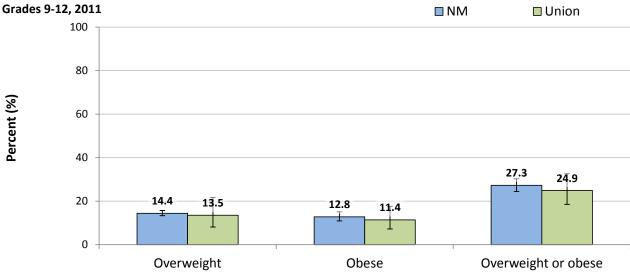
#### **Body Weight**

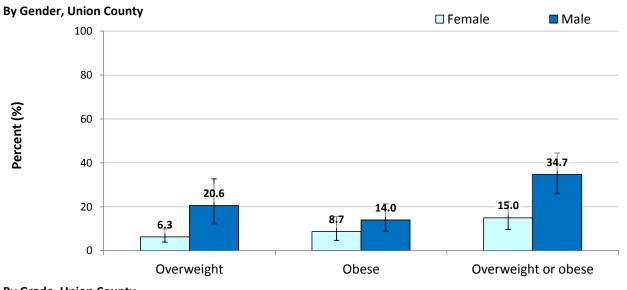
Body Weight Indicators by Year, Union County Grades 9-12, 2011

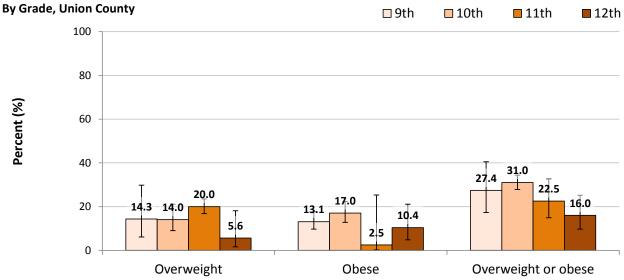


Percent (%)

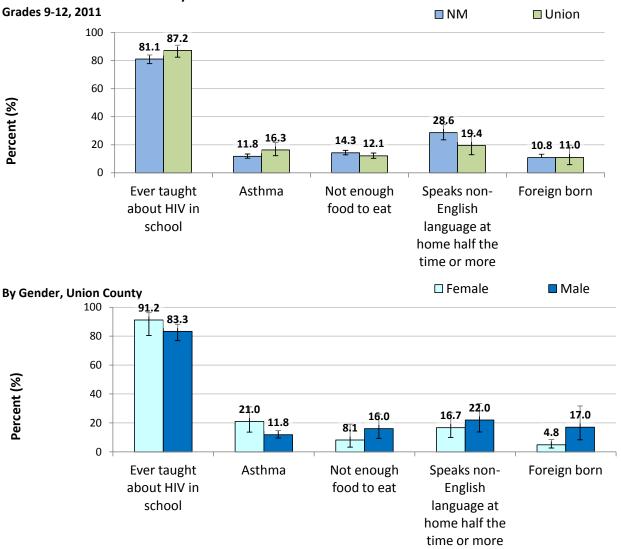
### Body Weight New Mexico and Union County

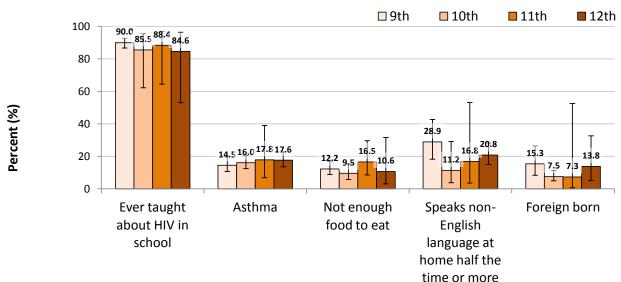






#### Other Behaviors and Characteristics New Mexico and Union County

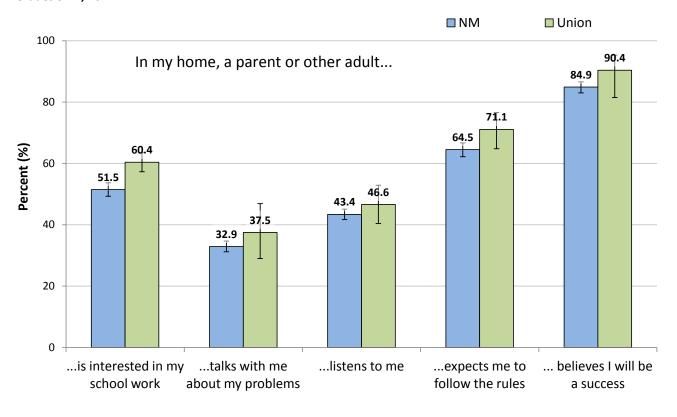




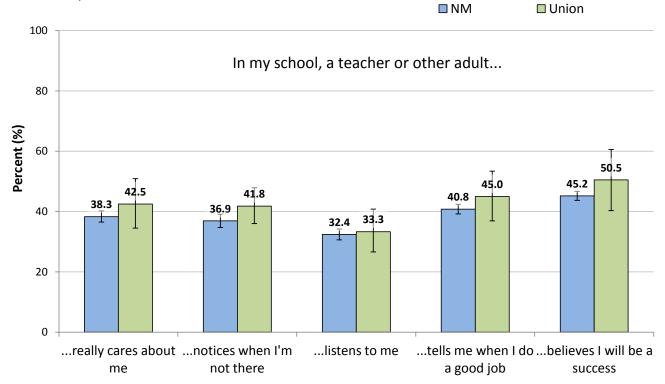


### Resiliency/Protective Factors and Academic Measures

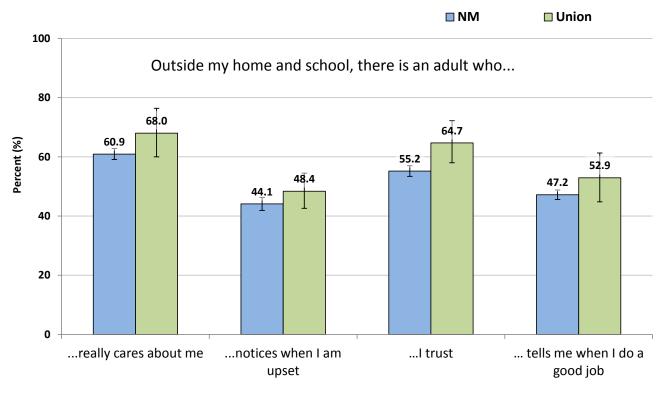
#### Caring Relationships and High Expectations in the Home New Mexico and Union County Grades 9-12, 2011



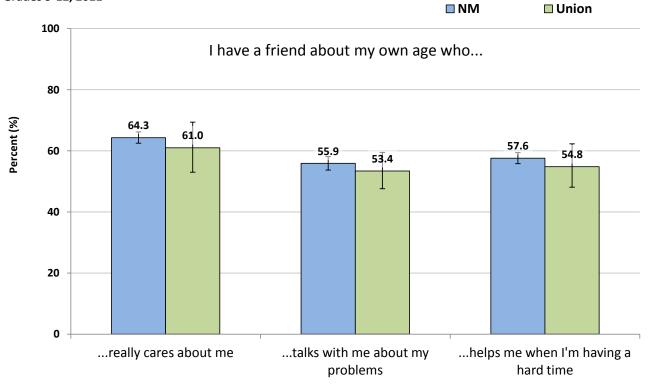
# Caring Relationships and High Expectations in the School Grades 9-12, 2011



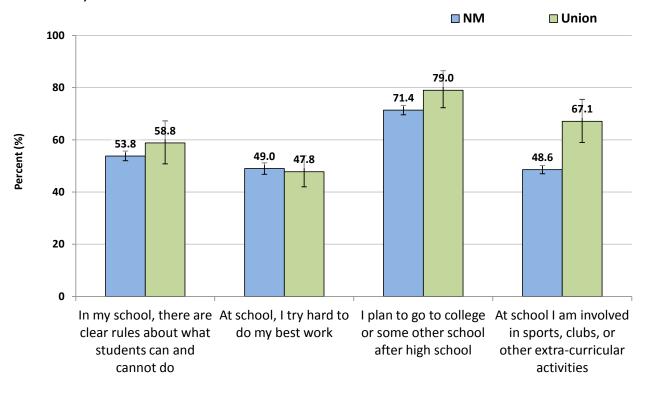
# Caring Relationships and High Expectations in the Community Grades 9-12, 2011



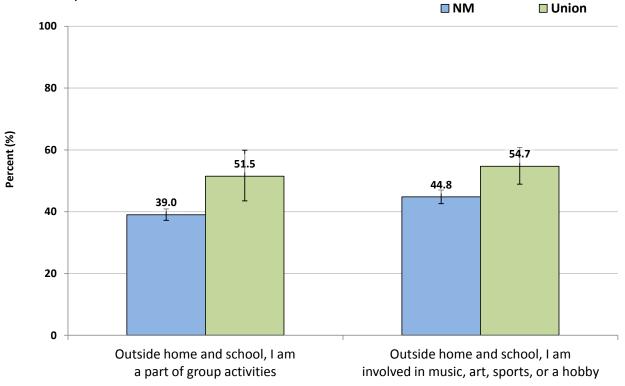
Peer Relationships New Mexico and Union County Grades 9-12, 2011



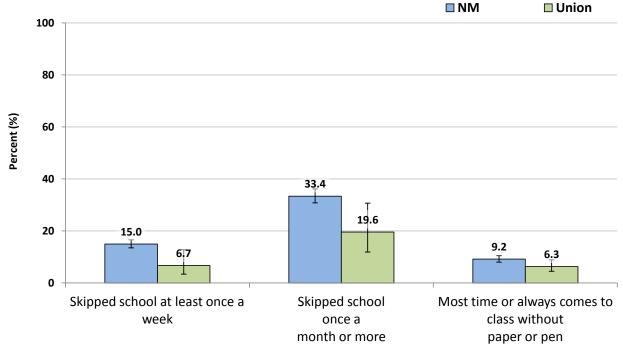
# Relationship to School and Education Grades 9-12, 2011



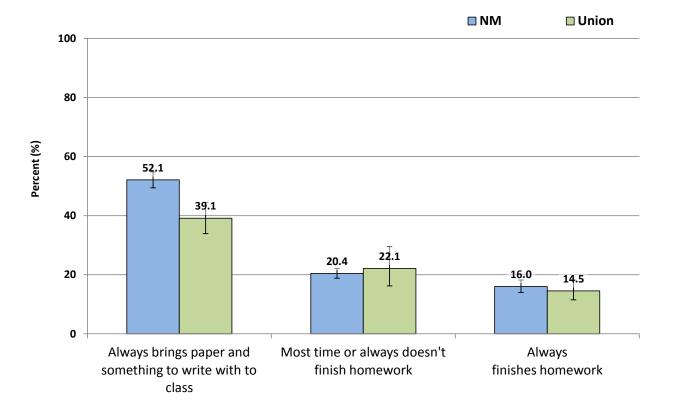
Involvement in the Community Grades 9-12, 2011



#### Academic Measures New Mexico and Union County Grades 9-12, 2011

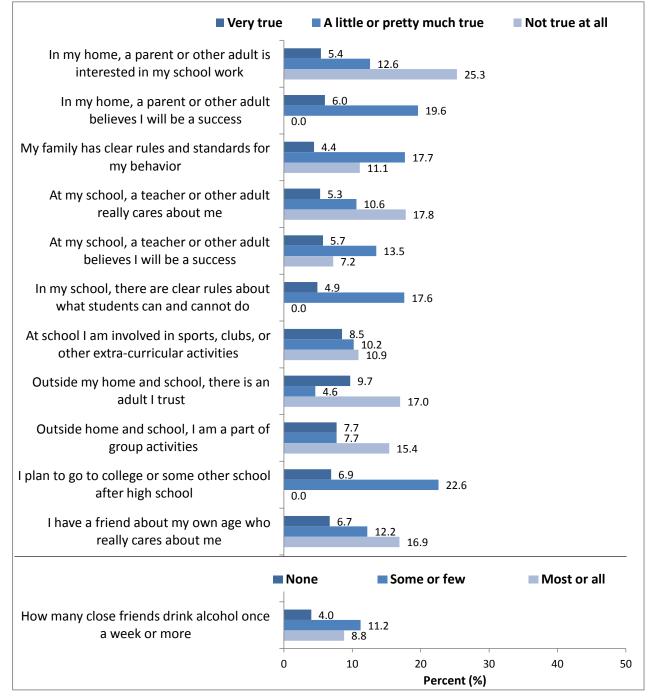


Academic Measures New Mexico and Union County Grades 9-12, 2011



## Relationship Between Selected Risk Behaviors and Resiliency/Protective Factors

#### Rarely or never wore a seatbelt by Selected Resiliency Factors Union County Grades 9-12 2011



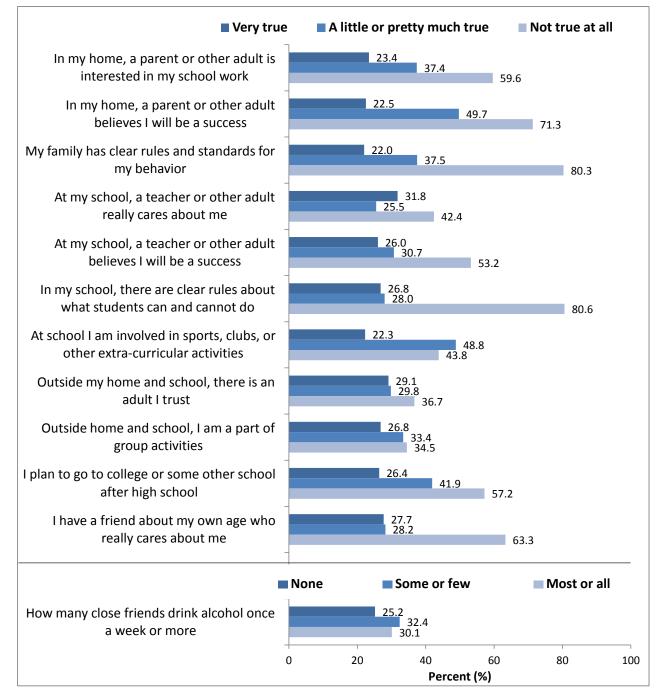
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 5.4% rarely or never wore a seatbelt.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 12.6% rarely or never wore a seatbelt.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 25.3% rarely or never wore a seatbelt.

#### Was in a fight by Selected Resiliency Factors Union County Grades 9-12 2011



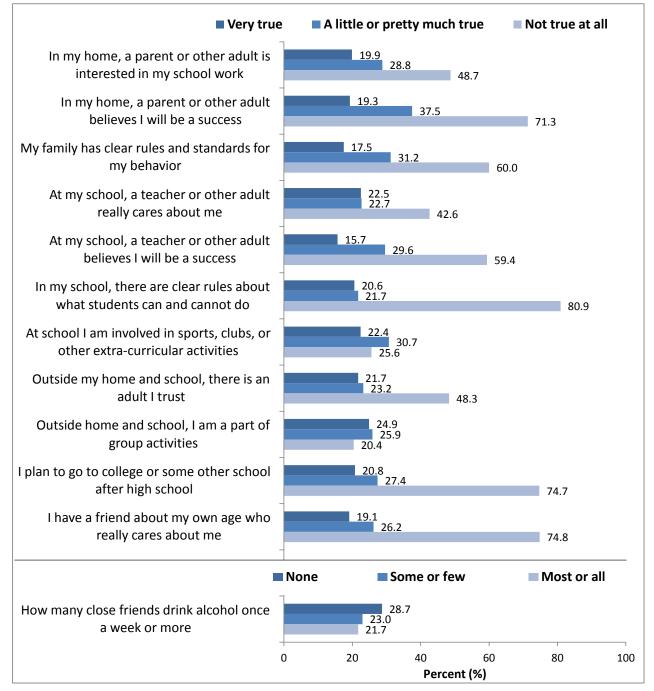
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 23.4% were in a physical fight.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 37.4% were in a physical fight.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 59.6% were in a physical fight.

#### Bullied on school property by Selected Resiliency Factors Union County Grades 9-12 2011



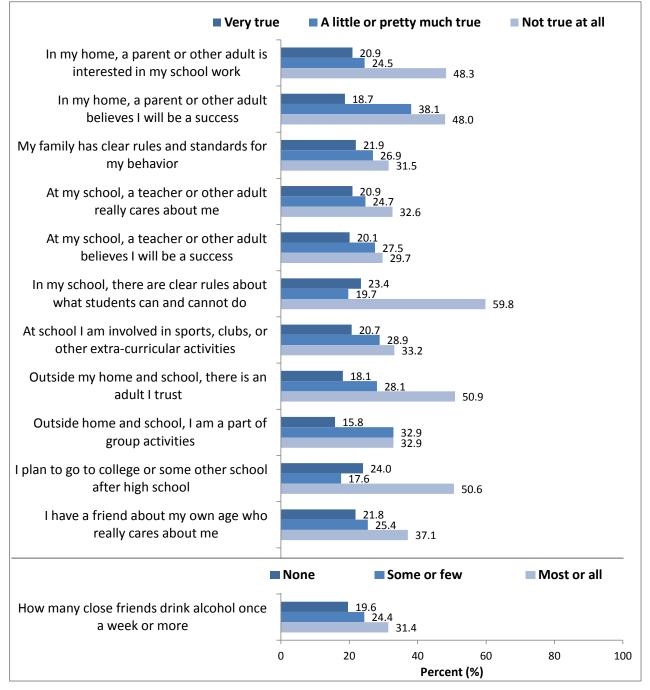
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 19.9% were bullied on school property.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 28.8% were bullied on school property.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 48.7% were bullied on school property.

#### Felt persistent sadness or hopelessness by Selected Resiliency Factors Union County Grades 9-12 2011



#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 20.9% felt sadness or hopelessness.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 24.5% felt sadness or hopelessness.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 48.3% felt sadness or hopelessness.

#### Attempted suicide by Selected Resiliency Factors Union County Grades 9-12 2011

Г

Very tru	ue 🛛 🗖 A little	or pretty much true	Not true at all	
In my home, a parent or other adult is interested in my school work	4.7 5.9 8.6			
In my home, a parent or other adult believes I will be a success	2.6	32.8		
My family has clear rules and standards for my behavior	2.0 9.0	23.2		
At my school, a teacher or other adult really cares about me	4.4 4.8 12.7			
At my school, a teacher or other adult believes I will be a success	4.8 5.7 7.8			
In my school, there are clear rules about what students can and cannot do	5.7 3.7 12.4			
At school I am involved in sports, clubs, or other extra-curricular activities	3.8 8.8 9.0			
Outside my home and school, there is an adult I trust	5.3 5.2 6.4			
Outside home and school, I am a part of group activities	4.8 5.7 6.5			
I plan to go to college or some other school after high school	3.3 14.0 17.	5		
I have a friend about my own age who really cares about me	5.3 4.4 12.4			
	None	Some or few	Most or all	
How many close friends drink alcohol once a week or more	9.5 3.4 5.9			_
	0 20	40 6 <b>Percent (%)</b>	0 80 1	.00

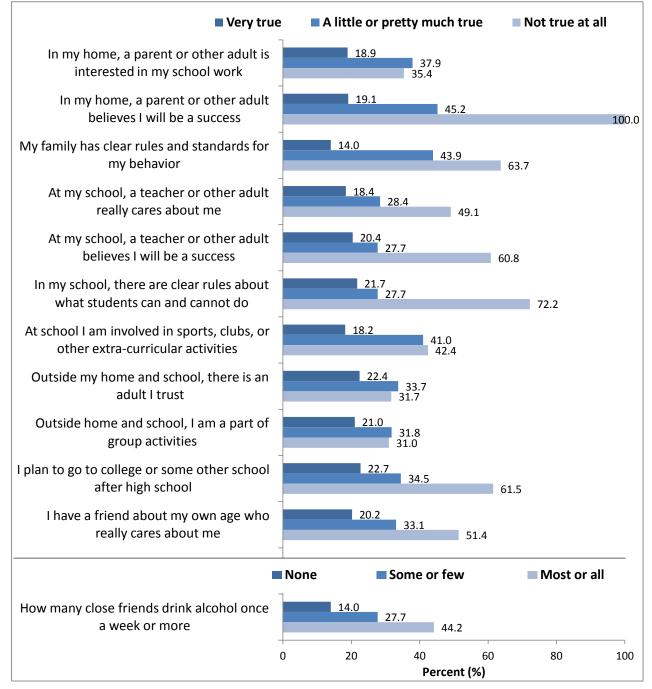
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 4.7% attempted suicide.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 5.9% attempted suicide.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 8.6% attempted suicide.

#### Current cigarettesmoking by Selected Resiliency Factors Union County Grades 9-12 2011



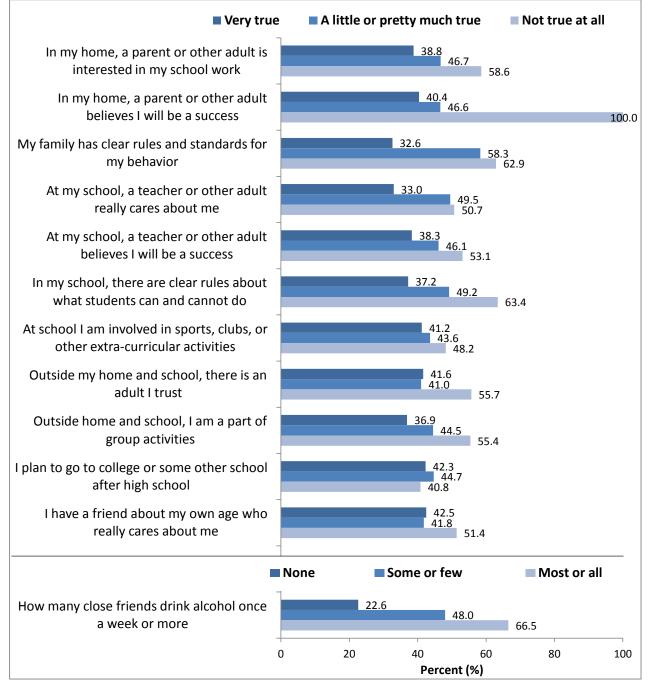
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 18.9% were current cigarette smokers.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 37.9% were current cigarette smokers.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 35.4% were current cigarette smokers.

#### Binge drinker by Selected Resiliency Factors Union County Grades 9-12 2011



#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 38.8% were binge drinkers.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 46.7% were binge drinkers.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 58.6% were binge drinkers.

#### Drinking and driving by Selected Resiliency Factors Union County Grades 9-12 2011

Very tru	ie 🔳	A little or pretty m	nuch true	Not true at all	
In my home, a parent or other adult is interested in my school work		21.9 21.6 25.5			
In my home, a parent or other adult believes I will be a success		23.2 15.3	52.0		
My family has clear rules and standards for my behavior		19.1 29.9 10.0			
At my school, a teacher or other adult really cares about me		20.5 23.3 22.8			
At my school, a teacher or other adult believes I will be a success		20.6 24.9 15.9			
In my school, there are clear rules about what students can and cannot do		20.1 24.4 30.4			
At school I am involved in sports, clubs, or other extra-curricular activities		20.5 23.6 27.5			
Outside my home and school, there is an adult I trust		25.9 13.5 18.5			
Outside home and school, I am a part of group activities		23.0 16.3 29.0			
I plan to go to college or some other school after high school		21.5 20.2	44.1		
I have a friend about my own age who really cares about me	-	25.0 17.3 18.3			
	None	Some o	or few	Most or all	
How many close friends drink alcohol once a week or more	4.2	25.9	47.5		
	0	20 40 P	60 ercent (%)	80	100

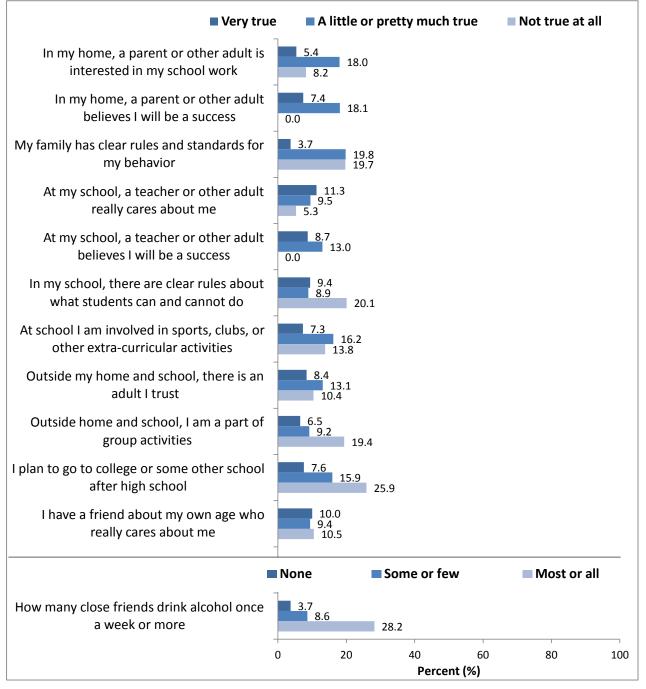
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 21.9% drove when they had been drinking.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 21.6% drove when they had been drinking.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 25.5% drove when they had been drinking.

#### Used painkillers to get high in the past 30 days by Selected Resiliency Factors Union County Grades 9-12 2011



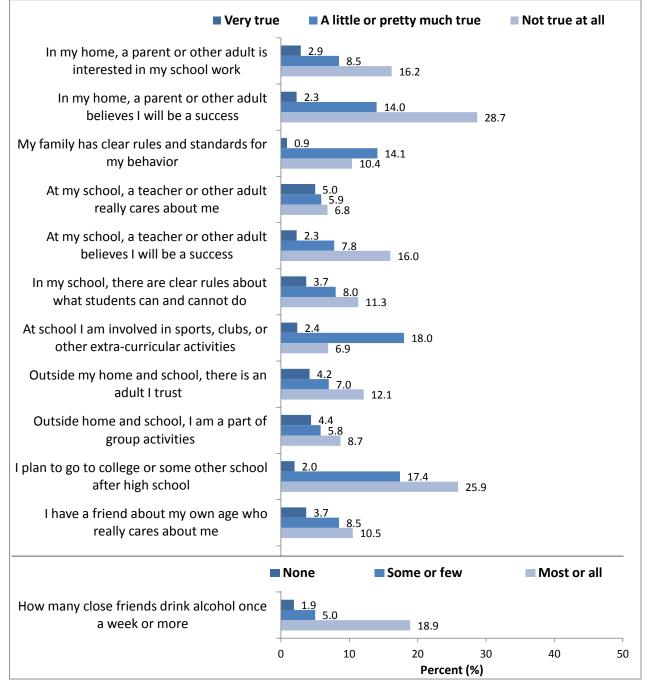
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 5.4% used painkillers to get high.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 18% used painkillers to get high.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 8.2% used painkillers to get high.

#### Used cocaine in the past 30 days by Selected Resiliency Factors Union County Grades 9-12 2011



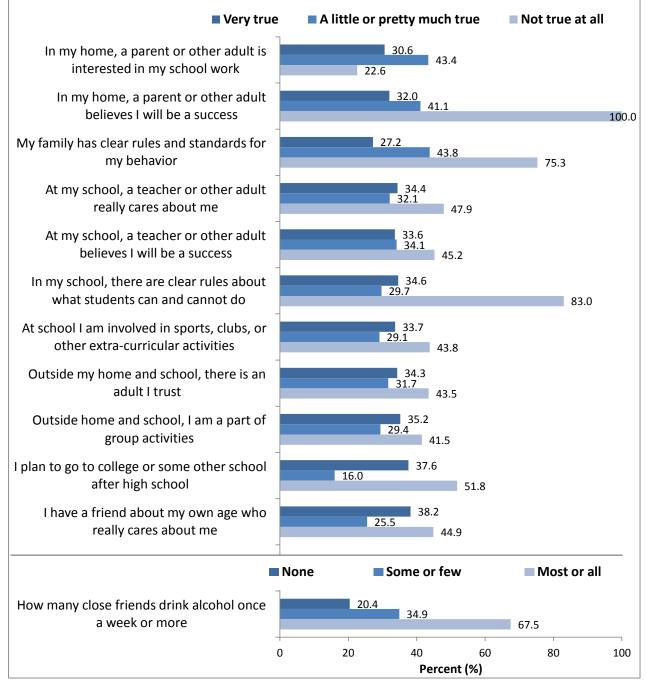
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 2.9% used cocaine.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 8.5% used cocaine.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 16.2% used cocaine.

#### Sexually active by Selected Resiliency Factors Union County Grades 9-12 2011



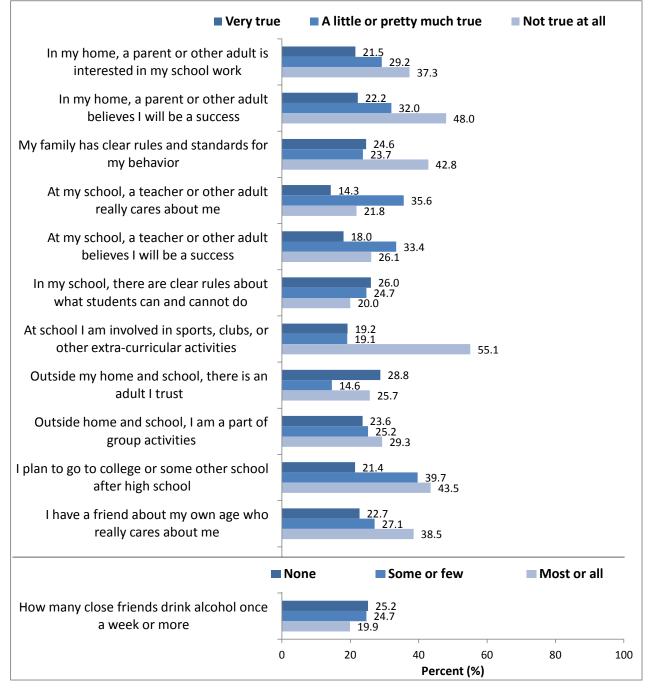
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 30.6% were sexually active.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 43.4% were sexually active.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 22.6% were sexually active.

#### Overweight Or Obese by Selected Resiliency Factors Union County Grades 9-12 2011



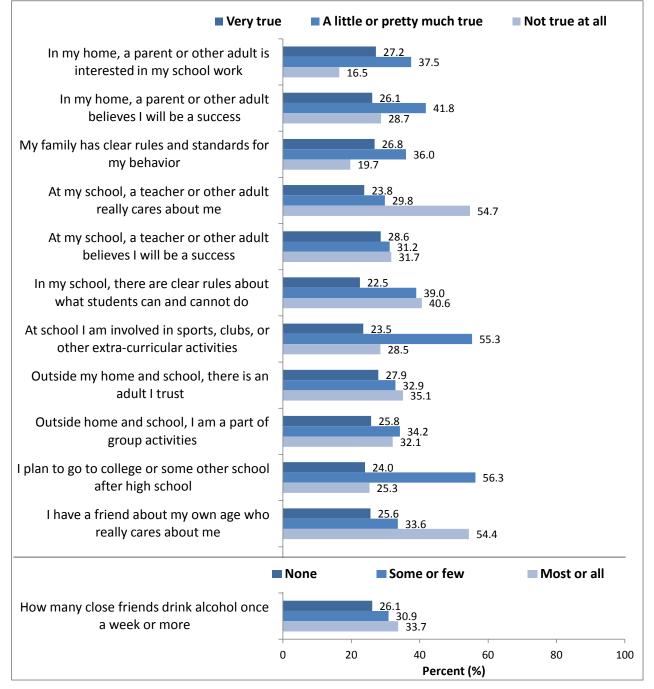
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 21.5% were overweight or obese.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 29.2% were overweight or obese.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 37.3% were overweight or obese.

#### Drank one or more sodas per day by Selected Resiliency Factors Union County Grades 9-12 2011



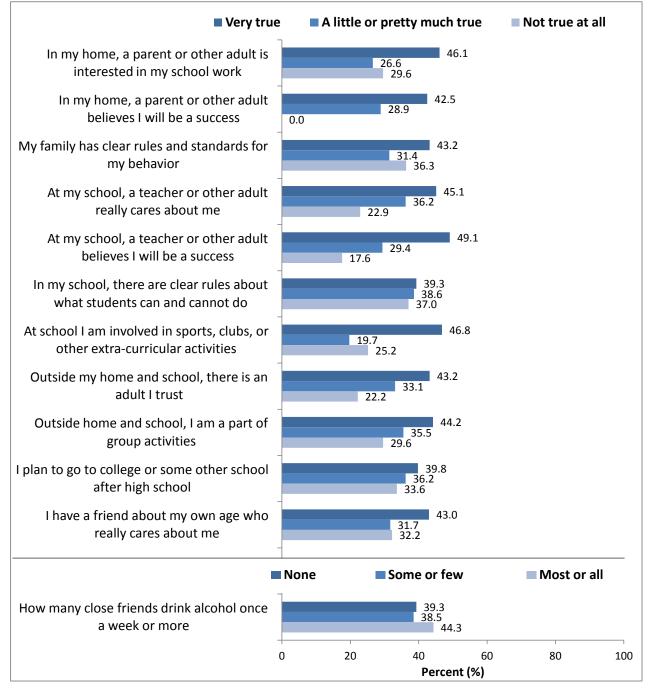
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 27.2% drank one or more sodas per day.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 37.5% drank one or more sodas per day.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 16.5% drank one or more sodas per day.

#### Daily physical activity by Selected Resiliency Factors Union County Grades 9-12 2011



#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 46.1% engaged in daily physical activity.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 26.6% engaged in daily physical activity.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 29.6% engaged in daily physical activity.

## Appendix A Questionnaire with Results

#### 2011 High School Questionnaire

#### NM YRRS

#### **Union County**

(162 respondents; Response rate = 80%)

Personal Information	<u>Number of</u> <u>responses</u>	<u>%</u>
1. How old are you?		<u></u>
A. 12 years old or younger	1	0.6%
B. 13 years old	0	0.0%
C. 14 years old	28	17.3%
D. 15 years old	43	26.5%
E. 16 years old	33	20.4%
F. 17 years old	40	24.7%
G. 18 years old or older	17	10.5%
2. What is your sex?		
A. Female	86	53.1%
B. Male	76	46.9%
3. In what grade are you?		
A. 9th grade	48	29.6%
B. 10th grade	36	22.2%
C. 11th grade	39	24.1%
D. 12th grade	39	24.1%
E. Ungraded or other grade	0	0.0%
4. Are you Hispanic or Latino?		
A. Yes	95	59.4%
B. No	65	40.6%
<ul> <li>5. What is your race?</li> <li>(Select one or more responses.)</li> <li>NOTE - Because students were allowed to select multiple responses, responses may not total to 100%)</li> </ul>		
A. American Indian or Alaska Native	15	10.9%
B. Asian	3	2.2%
C. Black or African American	5	3.6%
D. Native Hawaiian or Other Pacific Islander	2	1.5%
E. White	112	81.8%

		New Mexico 2011 YRRS Grades 9 - 12 <b>95%</b>	
6. How tall are you without your shoes on?		<u>Weighted</u> <u>%</u>	<u>Confidence</u> Interval
7. How much do you weigh without your shoes on?			
NOTE - Height and weight were used to calculate body mass in overweight were calculated from BMI for age and gender, using	· / ·		
	Not overweight or		
	obese	75.1	(67.4-81.5)
	Overweight	13.5	(8.1-21.7)
	Obese	11.4	(7.2-17.6)
8. What is the highest level of schooling your mother completed?			
A. Completed grade school or less		3.0	(1.4-6.4)
B. Some high school		7.1	(4.0-12.2)
C. Completed high school		21.0	(14.2-29.9)
D. Some college		22.6	(18.9-26.8)
E. Completed college		23.8	(18.5-30.2)
F. Graduate or professional school		9.5	(4.1-20.5)
G. Not sure		13.0	(9.1-18.2)
9. What is the highest level of schooling your father completed?			
A. Completed grade school or less		1.3	(0.4-3.9)
B. Some high school		4.0	(1.7-9.3)
C. Completed high school		31.7	(25.1-39.2)
D. Some college		22.4	(14.8-32.3)
E. Completed college		20.1	(15.4-25.8)
F. Graduate or professional school		6.3	(4.2-9.4)
G. Not sure		14.2	(9.5-20.8)
10. During the past 12 months, how would you describe your grade	s in school?	44.2	
A. Mostly A's		44.3	(37.2-51.5)
B. Mostly B's		35.3	(29.5-41.5)
C. Mostly C's		10.8	(8.0-14.6)
D. Mostly D's		3.3	(1.7-6.5)
E. Mostly F's		3.0	(0.9-9.9)
F. None of these grades		0.0	()
G. Not sure		3.3	(1.7-6.5)

	New Mexico 2011 YRRS Grades 9 - 12	
Personal Safety	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 5 questions ask about personal safety.		
11. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
A. I did not ride a bicycle during the past 12 months	42.8	(27.2-60.1)
B. Never wore a helmet	54.9	(37.8-70.9)
C. Rarely wore a helmet	0.7	(0.1-4.1)
D. Sometimes wore a helmet	0.5	(0.1-4.4)
E. Most of the time wore a helmet	0.0	()
F. Always wore a helmet	1.0	(0.3-3.3)
12. How often do you wear a seat belt when riding in a car driven by someone else?		
A. Never	4.0	(1.6-9.5)
B. Rarely	6.1	(3.3-11.0)
C. Sometimes	13.6	(7.4-23.9)
D. Most of the time	35.3	(25.8-46.1)
E. Always	41.0	(29.5-53.5)
13. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
A. 0 times	51.2	(43.4-59.0)
B. 1 time	15.9	(12.9-19.4)
C. 2 or 3 times	16.9	(13.7-20.5)
D. 4 or 5 times	6.5	(3.2-12.8)
E. 6 or more times	9.4	(6.3-13.8)
14. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
A. 0 times	77.1	(67.6-84.4)
B. 1 time	9.9	(7.1-13.5)
C. 2 or 3 times	6.9	(3.2-14.3)
D. 4 or 5 times	0.0	()
E. 6 or more times	6.2	(2.6-13.7)
15. Is there a gun in your home?		
A. Yes	71.8	(59.1-81.8)
B. No	21.6	(14.7-30.5)
C. Not sure	6.6	(2.9-14.2)

	New Mexico 2011 YRRS Grades 9 - 12	
Violence-Related Behaviors	<u>Weighted</u> <u>%</u>	<u>95%</u> Confidence Interval
The next 8 questions ask about violence-related behaviors.		
16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A. 0 days	72.5	(64.0-79.7)
B. 1 day	1.1	(0.3-3.6)
C. 2 or 3 days	8.9	(6.5-12.1)
D. 4 or 5 days	1.1	(0.2-6.3)
E. 6 or more days	16.3	(11.1-23.2)
17. During the past 30 days, on how many days did you carry a gun?		
A. 0 days	87.3	(77.1-93.4)
B. 1 day	2.7	(0.7-10.2)
C. 2 or 3 days	6.2	(3.0-12.3)
D. 4 or 5 days	0.0	()
E. 6 or more days	3.8	(1.3-10.3)
18. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A. 0 days	88.9	(85.1-91.9)
B. 1 day	1.6	(0.9-2.7)
C. 2 or 3 days	2.5	(1.0-6.0)
D. 4 or 5 days	1.1	(0.2-6.3)
E. 6 or more days	5.9	(2.6-12.7)
19. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
A. 0 days	93.7	(90.8-95.7)
B. 1 day	2.3	(1.0-5.4)
C. 2 or 3 days	0.6	(0.1-4.8)
D. 4 or 5 days	0.6	(0.1-4.9)
E. 6 or more days	2.8	(1.3-6.1)
20. During the past 12 months, how many times were you in a physical fight?		
A. 0 times	69.2	(64.2-73.8)
B. 1 time	17.0	(10.9-25.6)
C. 2 or 3 times	8.1	(5.9-11.0)
D. 4 or 5 times	1.6	(0.4-5.6)
E. 6 or 7 times	1.8	(0.7-4.6)
F. 8 or 9 times	0.0	()
G. 10 or 11 times	0.0	()
H. 12 or more times	2.3	(1.2-4.3)

#### New Mexico 2011 YRRS

Grades 9 - 12

21. During the past 12 months, how many times were you in a physical fight on school	Weighted	<u>95%</u> Confidence
property?	<u>%</u>	<u>Interval</u>
A. 0 times	91.2	(84.1-95.3)
B. 1 time	6.5	(3.9-10.7)
C. 2 or 3 times	0.7	(0.1-4.7)
D. 4 or 5 times	0.0	()
E. 6 or 7 times	0.0	()
F. 8 or 9 times	0.0	() (0.1.2.5)
G. 10 or 11 times	0.6	(0.1-3.5)
H. 12 or more times	1.0	(0.3-3.5)
22. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
A. Yes	9.2	(7.4-11.6)
B. No	90.8	(88.4-92.6)
23. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A. Yes	11.7	(8.9-15.4)
B. No	88.3	(84.6-91.1)
Bullying		
The next 2 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.		
24. During the past 12 months, have you ever been bullied on school property?		
A. Yes	25.6	(20.9-30.9)
B. No	74.4	(69.1-79.1)
25. During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)		
A. Yes	18.2	(15.9-20.7)
B. No	81.8	(79.3-84.1)
Sadness and Attempted Suicide		
The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own lives.		
26. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A. Yes	24.8	(22.1-27.6)
B. No	75.2	(72.4-77.9)

<ul><li>27. During the past 12 months, did you ever seriously consider attempting suicide?</li><li>A. Yes</li><li>B. No</li></ul>	<u>Weighted</u> <u>%</u> 12.1 87.9	<u>95%</u> Confidence Interval (8.4-17.2) (82.8-91.6)
28. During the past 12 months, did you make a plan about how you would attempt suicide?		
A. Yes	12.4	(11.2-13.7)
B. No	87.6	(86.3-88.8)
29. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	94.0	(92.8-95.1)
B. 1 time	3.3	(1.9-5.9)
C. 2 or 3 times	0.6	(0.1-4.0)
D. 4 or 5 times	0.0	()
E. 6 or more times	2.0	(0.7-5.3)
30. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A. I did not attempt suicide during the past 12 months	94.0	(92.7-95.1)
B. Yes	1.4	(0.6-3.3)
C. No	4.6	(3.5-5.9)
Tobacco Use		
The next 13 questions ask about tobacco use.		
31. Have you ever tried cigarette smoking, even one or two puffs?		
A. Yes	63.8	(51.9-74.3)
B. No	36.2	(25.7-48.1)
32. How old were you when you smoked a whole cigarette for the first time?		
A. I have never smoked a whole cigarette	54.6	(44.6-64.3)
B. 8 years old or younger	5.7	(3.4-9.5)
C. 9 or 10 years old	3.6	(1.5-8.4)
D. 11 or 12 years old	6.2	(4.7-8.2)
E. 13 or 14 years old	13.3	(8.2-20.9)
F. 15 or 16 years old	15.5	(8.8-25.9)
G. 17 years old or older	1.1	(0.3-4.2)

# New Mexico 2011 YRRS

# Grades 9 - 12

	Weighted	<u>95%</u> Confidence
33. During the past 30 days, on how many days did you smoke cigarettes?	<u>%</u>	Interval
A. 0 days	73.6	(64.6-81.0)
B. 1 or 2 days	10.1	(5.2-18.7)
C. 3 to 5 days	2.5	(2.1-2.9)
D. 6 to 9 days	2.3	(1.7-3.0)
E. 10 to 19 days	4.2	(1.5-11.0)
F. 20 to 29 days	3.6	(1.5-8.1)
G. All 30 days	3.8	(2.0-7.1)

34. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A. I did not smoke cigarettes during the past 30 days	73.6	(64.6-81.0)
B. Less than 1 cigarette per day	8.8	(4.1-17.8)
C. 1 cigarette per day	4.9	(3.2-7.6)
D. 2 to 5 cigarettes per day	10.4	(7.5-14.2)
E. 6 to 10 cigarettes per day	2.3	(0.7-7.2)
F. 11 to 20 cigarettes per day	0.0	()
G. More than 20 cigarettes per day	0.0	()

35. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)

A. I did not smoke cigarettes during the past 30 days	73.6	(64.6-81.0)
B. I bought them in a store such as a convenience store, supermarket, discount		
store, or gas station	4.2	(1.4-11.9)
C. I bought them from a vending machine	0.0	()
D. I gave someone else money to buy them for me	5.3	(2.1-12.8)
E. I borrowed (or bummed) them from someone else	11.9	(6.5-20.7)
F. A person 18 years old or older gave them to me	0.6	(0.1-3.6)
G. I took them from a store or family member	1.3	(0.6-3.2)
H. I got them some other way	3.0	(1.0-9.3)

36. During the past 30 days, on how many days did you smoke cigarettes on school property?

A. 0 days	93.3	(90.3-95.5)
B. 1 or 2 days	1.6	(0.6-4.5)
C. 3 to 5 days	2.3	(1.0-5.4)
D. 6 to 9 days	0.6	(0.1-4.5)
E. 10 to 19 days	1.1	(0.3-3.5)
F. 20 to 29 days	1.1	(0.2-6.1)
G. All 30 days	0.0	()

	New	Mexico 2011 YRRS Grades 9 - 12
		<u>95%</u>
	<u>Weighted</u>	<b>Confidence</b>
37. During the past 12 months, did you ever try to quit smoking cigarettes?	<u>%</u>	<u>Interval</u>
A. I did not smoke during the past 12 months	67.6	(57.7-76.2)
B. Yes	12.0	(9.0-15.8)
C. No	20.4	(12.2-32.1)
38. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
A. 0 days	81.0	(75.8-85.4)
B. 1 or 2 days	8.6	(5.2-13.8)
C. 3 to 5 days	1.1	(0.3-3.5)
D. 6 to 9 days	1.7	(0.5-5.2)
E. 10 to 19 days	0.6	(0.1-4.5)
F. 20 to 29 days	1.2	(0.2-7.0)
G. All 30 days	5.9	(2.6-12.5)
39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A. 0 days	85.9	(78.2-91.2)
B. 1 or 2 days	5.4	(3.4-8.4)
C. 3 to 5 days	4.4	(0.9-18.1)
D. 6 to 9 days	1.7	(1.0-2.9)
E. 10 to 19 days	1.6	(0.5-5.2)
F. 20 to 29 days	0.0	()
G. All 30 days	1.0	(0.3-3.4)
40. During the past 30 days, on how many days did you smoke tobacco or flavored tobacco in a hookah, even just a puff?		
A. 0 days	86.8	(81.7-90.7)
B. 1 or 2 days	7.7	(5.6-10.5)
C. 3 to 5 days	1.7	(0.4-6.4)
D. 6 to 9 days	1.1	(0.1-8.7)
E. 10 to 19 days	0.5	(0.1-3.5)
F. 20 to 29 days	0.0	()
G. All 30 days	2.2	(1.1-4.3)
41. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
A. 0 days	43.3	(37.1-49.6)
B. 1 or 2 days	19.4	(13.8-26.5)
C. 3 or 4 days	13.2	(7.2-22.9)
D. 5 or 6 days	7.9	(4.1-14.8)
E. 7 days	16.2	(10.4-24.5)
		× /

# New Mexico 2011 YRRS

# Grades 9 - 12

42. How wrong do your parents feel it would be for you to smoke cigarettes?	Weighted <u>%</u>	<u>95%</u> <u>Confidence</u> Interval
A. Very wrong	<u>72</u> .3	(63.4-79.7)
B. Wrong	18.2	(11.8-27.0)
C. A little bit wrong	6.2	(3.1-12.0)
D. Not wrong at all	3.4	(1.7-6.5)
43. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?		
A. No risk	4.0	(2.2-7.3)
B. Slight risk	4.9	(3.0-8.0)
C. Moderate risk	18.2	(13.3-24.5)
D. Great risk	72.8	(68.5-76.8)

# <u>Alcohol</u>

The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

19.0	(13.0-27.1)
10.3	(9.1-11.6)
9.9	(7.6-12.7)
16.8	(10.4-25.9)
25.0	(19.5-31.3)
18.0	(9.1-32.3)
1.1	(0.1-8.6)
	10.3 9.9 16.8 25.0 18.0

45. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A. 0 days	43.9	(34.9-53.3)
B. 1 or 2 days	22.2	(17.3-28.0)
C. 3 to 5 days	9.1	(4.5-17.6)
D. 6 to 9 days	11.6	(7.3-17.9)
E. 10 to 19 days	9.5	(5.1-16.9)
F. 20 to 29 days	1.2	(0.1-9.4)
G. All 30 days	2.5	(1.1-5.5)

46. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
A. 0 days	56.7	(49.6-63.5)
B. 1 day	13.2	(8.5-19.7)
C. 2 days	7.7	(4.8-12.0)
D. 3 to 5 days	9.3	(6.1-14.1)
E. 6 to 9 days	8.5	(7.3-9.9)
F. 10 to 19 days	3.5	(1.2-9.9)
G. 20 or more days	1.1	(0.4-3.5)
47. During the past 30 days, how did you usually get the alcohol you drank?		
A. I did not drink alcohol during the past 30 days	42.6	(32.9-53.0)
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount		
store, or gas station	2.5	(1.0-5.9)
C. I bought it at a restaurant, bar, or club	0.6	(0.1-3.8)
D. I bought it at a public event such as a concert or sporting event	0.5	(0.1-3.7)
E. I gave someone else money to buy it for me	17.9	(10.6-28.7)
F. Someone gave it to me	27.5	(21.6-34.2)
G. I took it from a store or family member	0.0	()
H. I got it some other way	8.4	(5.2-13.3)
48. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	43.0	(32.7-53.8)
B. At my home	13.1	(8.0-20.6)
C. At another person's home	32.1	(23.8-41.8)
D. While riding in or driving a car or other vehicle	6.1	(2.5-13.9)
E. At a restaurant, bar, or club	0.0	()
F. At a public place such as a park, beach, or parking lot	4.6	(2.6-8.1)
G. At a public event such as a concert or sporting event	0.6	(0.1-3.8)
H. On school property	0.6	(0.1-4.5)
49. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	43.2	(34.2-52.6)
B. I do not have a usual type	7.6	(4.2-13.3)
C. Beer	26.4	(18.0-37.0)
D. Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver,		
or Hard Lemonade	5.4	(3.5-8.1)
E. Wine coolers, such as Bartles & James or Seagrams	0.6	(0.1-5.2)
F. Wine	1.2	(0.3-4.8)
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	13.5	(6.9-25.0)
H. Some other type	2.0	(0.3-11.2)

		<u>95%</u>
50. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?	<u>Weighted</u> <u>%</u>	<u>Confidence</u> Interval
A. 0 days	<u>94.3</u>	(90.6-96.6)
B. 1 or 2 days	2.9	(1.7-4.8)
C. 3 to 5 days	1.1	(0.3-3.7)
D. 6 to 9 days	1.1	(0.2-6.3)
E. 10 to 19 days	0.0	()
F. 20 to 29 days	0.0	()
G. All 30 days	0.6	(0.1-3.6)
51. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	41.5	(32.8-50.8)
B. Wrong	32.3	(25.5-39.8)
C. A little bit wrong	16.1	(8.4-28.8)
D. Not wrong at all	10.1	(7.7-13.1)
52. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	50.7	(38.7-62.6)
B. Wrong	29.4	(23.2-36.4)
C. A little bit wrong	12.6	(9.4-16.8)
D. Not wrong at all	7.3	(4.2-12.5)
53. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	32.2	(26.4-38.6)
B. Wrong	28.7	(25.0-32.8)
C. A little bit wrong	27.4	(22.2-33.3)
D. Not wrong at all	11.7	(7.5-17.7)
54. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?		
A. No risk	9.0	(5.0-15.6)
B. Slight risk	23.8	(20.5-27.5)
C. Moderate risk	31.6	(22.8-41.9)
D. Great risk	35.6	(24.9-48.0)

	New	New Mexico 2011 YRRS Grades 9 - 12	
<u>Marijuana Use</u>	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>	
The next 5 questions ask about marijuana use. Marijuana also is called grass or pot.			
55. How old were you when you tried marijuana for the first time?			
A. I have never tried marijuana	55.8	(44.5-66.5)	
B. 8 years old or younger	3.9	(1.6-9.3)	
C. 9 or 10 years old	3.2	(1.3-7.6)	
D. 11 or 12 years old	6.7	(4.3-10.2)	
E. 13 or 14 years old	13.9	(8.1-23.0)	
F. 15 or 16 years old	14.4	(7.3-26.4)	
G. 17 years old or older	2.1	(0.8-5.5)	
56. During the past 30 days, how many times did you use marijuana?			
A. 0 times	80.9	(71.2-87.8)	
B. 1 or 2 times	3.5	(0.8-13.6)	
C. 3 to 9 times	3.7	(1.6-8.7)	
D. 10 to 19 times	3.4	(2.9-4.1)	
E. 20 to 39 times	2.2	(0.7-6.8)	
F. 40 or more times	6.3	(4.2-9.3)	
57. During the past 30 days, how many times did you use marijuana on school property?			
A. 0 times	94.6	(92.5-96.1)	
B. 1 or 2 times	1.0	(0.3-3.2)	
C. 3 to 9 times	2.2	(0.7-6.7)	
D. 10 to 19 times	0.0	()	
E. 20 to 39 times	0.6	(0.1-3.5)	
F. 40 or more times	1.7	(0.5-5.6)	
58. How wrong do your parents feel it would be for you to use marijuana?			
A. Very wrong	80.3	(71.1-87.1)	
B. Wrong	12.5	(7.0-21.4)	
C. A little bit wrong	3.1	(1.2-8.3)	
D. Not wrong at all	4.1	(3.2-5.2)	
59. How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?			
A. No risk	18.9	(13.1-26.4)	
B. Slight risk	14.9	(11.8-18.7)	
C. Moderate risk	22.1	(18.2-26.6)	
D. Great risk	44.1	(34.4-54.2)	

	New Mexico 2011 YRRS Grades 9 - 12	
Other Drugs	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 13 questions ask about other drugs.		
60. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
A. 0 times	87.7	(80.4-92.6)
B. 1 or 2 times	4.5	(2.5-8.2)
C. 3 to 9 times	3.4	(1.2-9.0)
D. 10 to 19 times	1.7	(0.5-5.7)
E. 20 to 39 times	0.0	()
F. 40 or more times	2.7	(1.2-5.9)
61. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?		
A. 0 times	93.9	(91.4-95.7)
B. 1 or 2 times	2.4	(1.2-4.5)
C. 3 to 9 times	0.5	(0.1-4.1)
D. 10 to 19 times	1.1	(0.2-4.9)
E. 20 to 39 times	0.0	()
F. 40 or more times	2.2	(0.9-5.2)
62. During the past 30 days, how many times did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?		
A. 0 times	91.8	(86.1-95.3)
B. 1 or 2 times	3.8	(1.5-9.5)
C. 3 to 9 times	0.6	(0.1-4.6)
D. 10 to 19 times	0.0	()
E. 20 to 39 times	1.6	(0.6-4.3)
F. 40 or more times	2.1	(0.9-5.2)
63. During your life, how many times have you used heroin (also called smack, junk, or China White)?		
A. 0 times	93.9	(91.5-95.7)
B. 1 or 2 times	1.8	(1.1-3.0)
C. 3 to 9 times	1.1	(0.3-3.5)
D. 10 to 19 times	0.0	()
E. 20 to 39 times	0.0	()
F. 40 or more times	3.2	(2.8-3.7)

64. During the past 30 days, how many times did you use heroin (also called smack, junk, or	Weighted	<u>95%</u> Confidence
China White)?	<u>%</u>	Interval
A. 0 times	93.9	(91.6-95.7)
B. 1 or 2 times	1.1	(0.3-3.4)
C. 3 to 9 times	0.0	()
D. 10 to 19 times	1.2	(0.5-2.8)
E. 20 to 39 times	1.1	(0.2-6.2)
F. 40 or more times	2.7	(1.1-6.6)
65. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	94.0	(92.6-95.1)
B. 1 or 2 times	1.7	(0.8-3.7)
C. 3 to 9 times	0.0	()
D. 10 to 19 times	2.1	(1.1-3.9)
E. 20 to 39 times	0.0	()
F. 40 or more times	2.2	(0.7-6.9)
66. During the past 30 days, how many times did you use methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	95.6	(91.8-97.7)
B. 1 or 2 times	0.0	()
C. 3 to 9 times	1.6	(0.6-4.3)
D. 10 to 19 times	1.1	(0.3-3.6)
E. 20 to 39 times	0.0	()
F. 40 or more times	1.7	(0.4-6.2)
67. During your life, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	89.1	(84.3-92.6)
B. 1 or 2 times	5.3	(1.9-13.9)
C. 3 to 9 times	1.1	(0.1-8.7)
D. 10 to 19 times	2.3	(1.3-4.0)
E. 20 to 39 times	0.6	(0.1-3.4)
F. 40 or more times	1.6	(0.7-3.7)
68. During the past 30 days, how many times did you use ecstasy (also called MDMA)?		
A. 0 times	95.0	(91.1-97.3)
B. 1 or 2 times	0.0	()
C. 3 to 9 times	1.7	(0.8-3.7)
D. 10 to 19 times	0.6	(0.1-4.4)
E. 20 to 39 times	0.6	(0.1-4.6)
F. 40 or more times	2.1	(0.1-4.0) (0.9-5.2)
	2.1	(0.7 5.2)

		059/
69. During your life, how many times have you taken a prescription drug (such as OxyContin,	Weighted	<u>95%</u> Confidence
Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?	<u>%</u>	Interval
A. 0 times	84.0	(76.0-89.7)
B. 1 or 2 times	5.8	(2.7-11.9)
C. 3 to 9 times	2.8	(1.1-7.0)
D. 10 to 19 times	2.1	(0.4-10.1)
E. 20 to 39 times	1.6	(0.7-3.7)
F. 40 or more times	3.7	(1.3-10.0)
70. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?		
A. 0 times	89.8	(80.6-94.9)
B. 1 or 2 times	2.7	(0.5-13.1)
C. 3 to 9 times	2.8	(1.4-5.5)
D. 10 to 19 times	2.0	(0.6-7.5)
E. 20 to 39 times	1.1	(0.3-3.5)
F. 40 or more times	1.6	(0.7-3.7)
71. During your life, how many times have you used a needle to inject any illegal drug into your body?		
A. 0 times	95.0	(92.5-96.7)
B. 1 time	1.7	(0.3-9.7)
C. 2 or more times	3.3	(1.2-8.9)
72. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A. Yes	20.7	(10.9-35.6)
B. No	79.3	(64.4-89.1)
Access to Drugs and Alcohol		
The next 5 questions ask about access to drugs and alcohol.		
73. If you wanted to, how hard or easy would it be to get beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?		
A. Very hard	8.0	(3.1-19.2)
B. Sort of hard	19.4	(13.3-27.4)
C. Sort of easy	27.1	(22.4-32.3)
D. Very easy	45.5	(33.3-58.2)
74. If you wanted to, how hard or easy would it be to get marijuana?		
A. Very hard	22.3	(10.4-41.6)
B. Sort of hard	16.4	(10.7-24.4)
C. Sort of easy	21.2	(14.6-29.8)
D. Very easy	40.0	(25.8-56.1)

<ul><li>75. If you wanted to, how hard or easy would it be to get cocaine, LSD, methamphetamines, or other illegal drug?</li><li>A. Very hard</li></ul>	<u>Weighted</u> <u>%</u> 50.9	<u>95%</u> <u>Confidence</u> <u>Interval</u> (36.8-64.9)
B. Sort of hard	20.7	(12.5-32.1)
C. Sort of easy	20.7	(12.3-32.1) (7.5-15.0)
D. Very easy	10.7	(7.3-13.0) (10.6-28.0)
D. Very easy	17.7	(10.0-28.0)
76. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?		
A. 0 adults	38.2	(28.0-49.6)
B. 1 adult	10.7	(6.4-17.3)
C. 2 adults	11.1	(7.5-16.1)
D. 3 or 4 adults	13.2	(9.8-17.7)
E. 5 or more adults	26.8	(18.6-36.9)
77. How many adults have you known personally who, in the past year, have sold or dealt drugs?		
A. 0 adults	56.6	(45.1-67.5)
B. 1 adult	12.0	(9.4-15.3)
C. 2 adults	10.7	(7.7-14.8)
D. 3 or 4 adults	9.9	(6.2-15.4)
E. 5 or more adults	10.7	(5.6-19.5)
Sexual Behavior		
The next 6 questions ask about sexual behavior.		
78. How old were you when you had sexual intercourse for the first time?		
A. I have never had sexual intercourse	56.6	(36.7-74.5)
B. 11 years old or younger	2.4	(0.7-7.4)
C. 12 years old	2.9	(1.4-6.1)
D. 13 years old	10.3	(5.3-19.1)
E. 14 years old	5.4	(2.7-10.5)
F. 15 years old	14.8	(8.3-25.1)
G. 16 years old	4.1	(1.0-14.7)
H. 17 years old or older	3.5	(1.1-11.2)
79. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	56.1	(36.4-74.1)
B. 1 person	13.8	(8.9-20.7)
C. 2 people	7.9	(2.6-21.5)
D. 3 people	4.3	(2.5-7.3)
E. 4 people	6.0	(2.7-12.8)
F. 5 people	3.5	(2.3-5.1)
G. 6 or more people	8.4	(4.2-16.3)

		<u>95%</u>
80. During the past 3 months, with how many people did you have sexual intercourse?	Weighted <u>%</u>	<u>Confidence</u> Interval
A. I have never had sexual intercourse	<u>70</u> 56.1	(36.4-74.1)
B. I have had sexual intercourse, but not during the past 3 months	9.1	(6.0-13.4)
C. 1 person	24.9	(11.0-47.1)
D. 2 people	5.1	(2.7-9.4)
E. 3 people	2.9	(1.2-7.0)
F. 4 people	0.0	()
G. 5 people	0.0	()
H. 6 or more people	1.9	(0.5-6.0)
		(010 010)
81. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
A. I have never had sexual intercourse	56.1	(36.4-74.1)
B. Yes	11.5	(7.6-17.1)
C. No	32.3	(17.6-51.6)
<ul><li>82. The last time you had sexual intercourse, did you or your partner use a condom?</li><li>A. I have never had sexual intercourse</li><li>B. Yes</li><li>C. No</li></ul>	56.8 28.1 15.1	(36.6-74.9) (16.2-44.1) (9.3-23.8)
83. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)		
A. I have never had sexual intercourse	56.8	(36.6-74.9)
B. No method was used to prevent pregnancy	3.7	(1.6-8.4)
C. Birth control pills	4.9	(2.0-11.5)
D. Condoms	23.5	(13.2-38.2)
E. Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control		
ring), Implanon (or any implant), or any IUD	4.9	(2.0-11.3)
F. Withdrawal	2.7	(0.9-8.2)
G. Some other method	1.2	(0.4-3.8)
H. Not sure	2.3	(0.9-6.2)

# **Body Weight**

The next question asks about body weight.

84. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

A. Yes	7.9	(5.1-11.9)
B. No	92.1	(88.1-94.9)

	New Mexico 2011 YRRS Grades 9 - 12	
Food	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 7 questions ask about food you ate or drank during the past 7 days. Think about all		
the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.		
85. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)	-	
A. I did not drink 100% fruit juice during the past 7 days	17.8	(14.6-21.5)
B. 1 to 3 times during the past 7 days	45.8	(38.7-53.0)
C. 4 to 6 times during the past 7 days	15.0	(11.6-19.0)
D. 1 time per day	7.7	(5.6-10.5)
E. 2 times per day	5.6	(3.3-9.4)
F. 3 times per day	5.0	(2.1-11.6)
G. 4 or more times per day	3.2	(1.2-8.2)
86. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A. I did not eat fruit during the past 7 days	12.2	(8.5-17.3)
B. 1 to 3 times during the past 7 days	45.5	(37.6-53.7)
C. 4 to 6 times during the past 7 days	19.3	(15.1-24.4)
D. 1 time per day	9.1	(6.2-13.0)
E. 2 times per day	5.6	(0.2-13.0) (2.4-12.3)
F. 3 times per day	5.0 4.5	(2.3-8.5)
G. 4 or more times per day	3.8	(1.4-10.1)
87. During the past 7 days, how many times did you eat green salad?		
A. I did not eat green salad during the past 7 days	27.3	(22.3-33.0)
B. 1 to 3 times during the past 7 days	48.3	(45.8-50.8)
C. 4 to 6 times during the past 7 days	12.1	(7.7-18.4)
D. 1 time per day	7.3	(4.3-11.9)
E. 2 times per day	3.4	(1.0-10.5)
F. 3 times per day	0.5	(0.1-3.5)
G. 4 or more times per day	1.1	(0.3-4.0)

88. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
A. I did not eat potatoes during the past 7 days	23.7	(20.0-27.8)
B. 1 to 3 times during the past 7 days	51.1	(44.0-58.2)
C. 4 to 6 times during the past 7 days	13.9	(8.1-22.8)
D. 1 time per day	4.9	(2.7-8.6)
E. 2 times per day	1.5	(0.5-5.1)
F. 3 times per day	1.6	(0.4-6.0)
G. 4 or more times per day	3.3	(1.7-6.2)
89. During the past 7 days, how many times did you eat carrots?		
A. I did not eat carrots during the past 7 days	54.6	(48.1-61.0)
B. 1 to 3 times during the past 7 days	36.9	(33.5-40.4)
C. 4 to 6 times during the past 7 days	2.9	(1.3-6.4)
D. 1 time per day	3.3	(1.7-6.6)
E. 2 times per day	0.6	(0.1-4.5)
F. 3 times per day	1.1	(0.2-6.2)
G. 4 or more times per day	0.6	(0.1-3.8)
90. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	17.7	(11.6-26.2)
B. 1 to 3 times during the past 7 days	35.8	(22.5-51.8)
C. 4 to 6 times during the past 7 days	22.3	(13.8-34.0)
D. 1 time per day	6.9	(3.4-13.4)
E. 2 times per day	11.3	(7.1-17.4)
F. 3 times per day	3.2	(1.2-8.2)
G. 4 or more times per day	2.7	(0.9-7.9)
91. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)		
A. I did not drink soda or pop during the past 7 days	13.0	(9.0-18.5)
B. 1 to 3 times during the past 7 days	33.5	(25.3-42.9)
C. 4 to 6 times during the past 7 days	23.9	(17.4-31.8)
D. 1 time per day	11.4	(7.6-16.7)
E. 2 times per day	9.3	(6.2-13.7)
F. 3 times per day	7.9	(5.2-11.7)
G. 4 or more times per day	1.0	(0.2-4.2)

	New I	New Mexico 2011 YRRS	
		Grades 9 - 12	
		<u>95%</u>	
	<u>Weighted</u>	<u>Confidence</u>	
Physical Activity	<u>%</u>	<u>Interval</u>	
The next 4 questions ask about physical activity.			

92. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A. 0 days	6.1	(2.4-14.8)
B. 1 day	4.0	(1.8-8.6)
C. 2 days	8.4	(5.7-12.1)
D. 3 days	6.0	(2.4-14.4)
E. 4 days	10.5	(4.2-23.9)
F. 5 days	21.1	(13.3-31.9)
G. 6 days	5.5	(3.1-9.4)
H. 7 days	38.3	(30.7-46.5)

93. On an average school day, how many hours do you watch TV?A. I do not watch TV on an average school day

B. Less than 1 hour per day	22.2	(16.3-29.6)
C. 1 hour per day	17.2	(10.1-27.8)
D. 2 hours per day	22.3	(18.9-26.2)
E. 3 hours per day	19.9	(16.4-23.8)
F. 4 hours per day	3.1	(1.8-5.2)
G. 5 or more hours per day	8.7	(6.2-12.1)

6.5

(4.2-10.0)

94. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)

A. I do not play video or computer games or use a computer for something		
that is not school work	20.1	(12.6-30.5)
B. Less than 1 hour per day	24.3	(19.5-29.9)
C. 1 hour per day	17.5	(11.2-26.2)
D. 2 hours per day	17.0	(13.3-21.5)
E. 3 hours per day	8.1	(4.2-15.0)
F. 4 hours per day	8.6	(5.6-13.0)
G. 5 or more hours per day	4.4	(2.8-6.8)

		Graues 5 -
95. In an average week when you are in school, on how many days do you go to physical education (PE) classes?	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
A. 0 days	24.2	(13.6-39.4)
B. 1 day	2.2	(0.9-5.1)
C. 2 days	1.7	(0.6-4.3)
D. 3 days	1.2	(0.5-2.7)
E. 4 days	2.8	(1.4-5.3)
F. 5 days	68.0	(56.2-77.8)
Health-Related Topics		
The next 3 questions ask about other health-related topics.		
96. Have you ever been taught about AIDS or HIV infection in school?		
A. Yes	87.2	(82.4-90.9)
B. No	6.7	(3.8-11.5)
C. Not sure	6.1	(3.9-9.3)
97. Has a doctor or nurse ever told you that you have asthma?		
A. Yes	30.3	(25.5-35.6)
B. No	65.5	(58.3-72.1)
C. Not sure	4.1	(1.4-11.4)
98. Do you still have asthma?		
A. I have never had asthma	57.8	(49.5-65.6)
B. Yes	17.4	(13.6-22.0)
C. No	16.5	(10.6-24.9)
D. Not sure	8.3	(5.3-12.8)
You and Your Family		
The next 3 questions ask for some information about you and your family.		
99. How often do you speak a language other than English at home?		
A. Never	60.7	(52.3-68.4)
B. Less than half the time	19.9	(14.3-27.2)
C. About half the time	7.2	(3.6-13.9)
D. More than half the time but not all of the time	3.9	(2.0-7.3)
E. All of the time	8.3	(4.9-13.5)
100. Were you born in the USA?		
A. Yes	89.0	(80.3-94.2)
B. No	11.0	(5.8-19.7)

<ul><li>101. Do you have enough food to eat, sometimes not enough to eat, or often not enough to eat?</li><li>A. Enough food to eat</li><li>B. Sometimes not enough to eat</li><li>C. Often not enough to eat</li></ul>	<u>Weighted</u> <u>%</u> 87.9 7.1 4.9	<u>95%</u> <u>Confidence</u> <u>Interval</u> (85.9-89.7) (5.1-9.8) (3.3-7.2)
Resiliency Factors		
The next questions ask about your family, your school, other adults, your friends, and yourself. How true do you feel the following statements are for you?		
102. In my home, there is a parent or some other adult who is interested in my school work.		
A. Not true at all	6.7	(2.2-18.8)
B. A little true	15.4	(12.3-19.1)
C. Pretty much true	17.5	(12.9-23.3)
D. Very much true	60.4	(57.3-63.5)
103. In my home, there is a parent or some other adult who talks with me about my problems.		
A. Not true at all	13.4	(9.0-19.4)
B. A little true	24.5	(18.0-32.3)
C. Pretty much true	24.6	(18.3-32.2)
D. Very much true	37.5	(29.0-46.9)
104. In my home, there is a parent or some other adult who listens to me when I have		
something to say. A. Not true at all	9.2	(5.8-14.2)
B. A little true	9.2 16.2	(3.6-14.2) (10.6-23.8)
C. Pretty much true	28.0	(10.0-25.8) (21.3-35.9)
D. Very much true	46.6	(40.4-52.9)
105. In my home, there is a parent or some other adult who expects me to follow the rules.		
A. Not true at all	3.2	(1.4-6.9)
B. A little true	8.4	(6.6-10.6)
C. Pretty much true	17.4	(11.8-24.8)
D. Very much true	71.1	(64.8-76.6)
106 In my home, there is a parent or some other adult who believes that I will be a surger		
106. In my home, there is a parent or some other adult who believes that I will be a success. A. Not true at all	2.3	(0, 7, 7, 1)
A. Not true at all B. A little true	2.3 7.3	(0.7-7.1) (3.6.14.5)
C. Pretty much true	16.3	(3.6-14.5) (12.2-21.6)
D. Very much true	74.1	(12.2-21.0) (68.4-79.1)
	/4.1	(00.4-77.1)

	Weighted	<u>95%</u> Confidence
107. At my school, there is a teacher or some other adult who really cares about me.	<u>%</u>	Interval
A. Not true at all	10.6	(6.3-17.5)
B. A little true	17.7	(13.7-22.7)
C. Pretty much true	29.2	(25.1-33.7)
D. Very much true	42.5	(34.5-50.9)
108. At my school, there is a teacher or some other adult who notices when I'm not there.		
A. Not true at all	12.0	(6.8-20.1)
B. A little true	19.1	(15.2-23.7)
C. Pretty much true	27.2	(24.1-30.5)
D. Very much true	41.8	(36.0-47.9)
109. At my school, there is a teacher or some other adult who listens to me when I have something to say.		
A. Not true at all	16.6	(13.2-20.6)
B. A little true	18.3	(13.0-25.1)
C. Pretty much true	31.7	(24.9-39.5)
D. Very much true	33.3	(26.6-40.8)
110. At my school, there is a teacher or some other adult who tells me when I do a good job.		
A. Not true at all	7.8	(4.6-13.0)
B. A little true	17.0	(12.8-22.4)
C. Pretty much true	30.1	(23.2-38.0)
D. Very much true	45.0	(36.9-53.4)
111. At my school, there is a teacher or some other adult who believes that I will be a success.		
A. Not true at all	7.4	(4.0-13.1)
B. A little true	19.9	(15.6-25.0)
C. Pretty much true	22.3	(17.7-27.7)
D. Very much true	50.5	(40.3-60.6)
112. Outside of my home and school, there is an adult who really cares about me.		
A. Not true at all	7.1	(2.7-17.8)
B. A little true	8.9	(6.5-12.1)
C. Pretty much true	15.9	(12.4-20.1)
D. Very much true	68.0	(61.9-73.6)

113. Outside of my home and school, there is an adult who notices when I am upset about	Weighted	<u>95%</u> Confidence
something.	<u>%</u>	Interval
A. Not true at all	10.0	(6.2-15.9)
B. A little true	14.1	(11.2-17.7)
C. Pretty much true	27.5	(25.1-30.0)
D. Very much true	48.4	(42.3-54.5)
114. Outside of my home and school, there is an adult whom I trust.		
A. Not true at all	10.0	(6.1-15.9)
B. A little true	12.9	(9.3-17.7)
C. Pretty much true	12.4	(6.1-23.5)
D. Very much true	64.7	(60.4-68.8)
115. Outside of my home and school, there is an adult who tells me when I do a good job.		
A. Not true at all	7.0	(4.2-11.4)
B. A little true	9.7	(7.1-13.3)
C. Pretty much true	30.4	(26.2-34.9)
D. Very much true	52.9	(49.2-56.7)
116. I have a friend about my own age who really cares about me.		
A. Not true at all	5.9	(3.9-8.9)
B. A little true	8.7	(5.7-13.2)
C. Pretty much true	24.4	(17.7-32.7)
D. Very much true	61.0	(54.7-66.9)
117. I have a friend about my own age who talks with me about my problems.		
A. Not true at all	11.4	(8.1-15.8)
B. A little true	19.4	(12.9-28.1)
C. Pretty much true	15.8	(12.1-20.5)
D. Very much true	53.4	(47.5-59.2)
118. I have a friend about my own age who helps me when I'm having a hard time.		
A. Not true at all	10.4	(8.5-12.7)
B. A little true	15.7	(11.0-22.0)
C. Pretty much true	19.1	(13.4-26.4)
D. Very much true	54.8	(45.9-63.4)
119. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	8.1	(4.4-14.3)
B. A little true	10.3	(7.3-14.5)
C. Pretty much true	37.1	(31.9-42.6)
D. Very much true	44.5	(38.7-50.5)

		Grades 5 -
		<u>95%</u>
	<b>Weighted</b>	<b>Confidence</b>
120. My family has clear rules about drug and alcohol use.	<u>%</u>	<u>Interval</u>
A. Not true at all	7.6	(5.5-10.5)
B. A little true	16.7	(10.5-25.6)
C. Pretty much true	22.3	(18.9-26.2)
D. Very much true	53.3	(46.4-60.1)
121. My family has clear rules and standards for my behavior.		
A. Not true at all	5.3	(2.6-10.6)
B. A little true	16.3	(10.6-24.3)
C. Pretty much true	16.7	(11.9-22.9)
D. Very much true	61.7	(50.7-71.6)
122. In my school, there are clear rules about what students can and cannot do.		
A. Not true at all	5.4	(2.9-9.9)
B. A little true	11.8	(7.2-18.7)
C. Pretty much true	23.9	(19.7-28.7)
D. Very much true	58.8	(55.9-61.8)
123. At school, I try hard to do my best work.		
A. Not true at all	6.1	(2.1-15.9)
B. A little true	11.4	(7.0-18.1)
C. Pretty much true	34.7	(26.7-43.6)
D. Very much true	47.8	(38.9-56.9)
124. I plan to go to college or some other school after high school.		
A. Not true at all	4.4	(2.3-8.3)
B. A little true	6.6	(3.6-12.0)
C. Pretty much true	10.0	(5.0-19.0)
D. Very much true	79.0	(70.0-85.9)
125. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).		
A. Not true at all	16.2	(9.8-25.5)
B. A little true	3.1	(1.6-5.9)
C. Pretty much true	13.6	(9.4-19.3)
D. Very much true	67.1	(57.8-75.2)
126. Outside of my home and school, I am a part of clubs, sports teams, church/ temple, or other group activities.		
A. Not true at all	19.2	(10.1-33.4)
B. A little true	19.2	(10.1-33.4) (13.5-22.7)
C. Pretty much true	11.6 51.5	(9.1-14.7)
D. Very much true	51.5	(36.8-66.0)

127. Outside of my home and school, I am involved in music, art, literature, sports, or a	<u>Weighted</u>	<u>95%</u> Confidence
hobby.	<u>%</u>	<u>Interval</u>
A. Not true at all	17.0	(10.9-25.6)
B. A little true	11.5	(8.2-16.0)
C. Pretty much true	16.7	(10.9-24.8)
D. Very much true	54.7	(39.2-69.3)
128. I often do things without thinking about what will happen.		
A. Not true at all	18.5	(12.5-26.6)
B. A little true	48.6	(39.2-58.1)
C. Pretty much true	18.8	(13.0-26.4)
D. Very much true	14.1	(11.7-16.8)
129. My friends get into a lot of trouble.		
A. Not true at all	33.5	(23.1-45.7)
B. A little true	51.3	(43.3-59.1)
C. Pretty much true	11.5	(7.6-16.9)
D. Very much true	3.8	(1.9-7.3)
130. My friends do well in school.		
A. Not true at all	5.6	(2.6-11.5)
B. A little true	15.9	(11.9-21.0)
C. Pretty much true	48.1	(40.0-56.4)
D. Very much true	30.4	(23.2-38.7)
Among the people you consider to be your closest friends, how many would you say do the following?		
131. Drink alcohol once a week or more?		
A. None	30.3	(21.1-41.5)
B. A few	39.6	(33.5-46.1)
C. Some	18.6	(11.5-28.7)
D. Most	10.3	(6.0-17.1)
E. All	1.1	(0.1-9.0)
132. Have used drugs such as marijuana or cocaine?		
A. None	42.1	(26.3-59.7)
B. A few	30.1	(25.5-35.2)
C. Some	15.3	(8.7-25.6)

	New Mexico 2011 YRRS Grades 9 - 12	
Activities	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 3 questions ask about how many times you have done the following things.		
133. During the past 30 days, how many days of school did you miss classes or school without permission?		
A. 0 days	80.4	(69.3-88.1)
B. 1 or 2 days	12.9	(7.1-22.3)
C. 3 to 5 days	3.6	(2.0-6.2)
D. 6 to 9 days	2.1	(0.9-4.6)
E. 10 or more days	1.0	(0.3-3.2)
134. How often do you come to classes without bringing paper or something to write with?		
A. Never	39.1	(33.9-44.5)
B. Rarely	36.8	(30.2-43.9)
C. Sometimes	17.8	(11.9-25.7)
D. Most of the time	4.1	(1.9-8.7)
E. Always	2.2	(0.7-6.6)
135. How often do you come to classes without your homework finished?		
A. Never	14.5	(11.5-18.2)
B. Rarely	35.7	(29.6-42.3)
C. Sometimes	27.7	(23.4-32.4)
D. Most of the time	15.5	(10.7-21.9)
E. Always	6.6	(4.2-10.3)

Appendix B About this Report

# **Appendix B: About this Report**

This report contains results from the 2011 New Mexico High School Youth Risk and Resiliency Survey (YRRS). The YRRS is a statewide survey of public school students in middle schools and high schools throughout New Mexico. Statewide and county level results are available at **www.YouthRisk.org** and **www.health.state.nm.us/ERD/HealthData/yrrs.shtml**. In addition, school district reports have been prepared for each participating school district and have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. School district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org. Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, mental health, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school.

# **Using the Report**

The main section of this report consists of a module of results for each main topic area of the YRRS. The risk behavior modules each start with a set of line charts illustrating change in behavior over the years of the survey. The line charts are followed by one or more set of three bar charts. The first bar chart in each set compares the county prevalence of a group of behaviors to the NM prevalence for the same behaviors; the second compares the county prevalence for girls to that of boys for the same behaviors, and the third compares the county prevalence for each grade level.

Following the section on distinct risk and resiliency factors is a section that illustrates the relationship between risk behaviors and protective factors. This section consists of a set of bar charts, each showing the prevalence of a particular risk behavior for students with varying levels of selected protective factors.

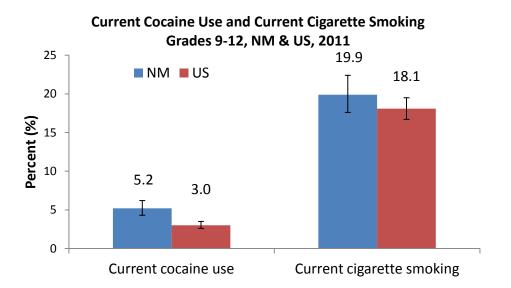
In some cases when there were very few students in a particular age or gender group, data have been suppressed to protect the anonymity of the individual respondents. In these cases, charts showing prevalence by gender or grade level have been omitted from the report.

# Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. A label for each bar presents the actual percentage of students who reported each trait. For instance, the chart on page 25, Unintentional Injury, shows that 8.0% of students in New Mexico rarely or never wore seatbelts, while 10.1% of students in Union County rarely or never wore seatbelts.

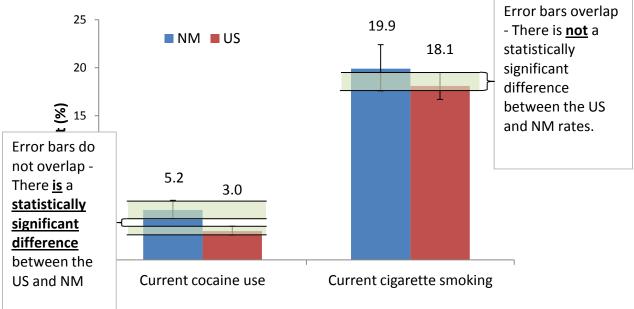
Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are from a *sample* of students, and not the entire student body, the results in this report are *estimates*. As with all estimates, there is some uncertainty associated with each of these results. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin '<sub>I</sub>' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2011. The chart shows that the prevalence of current smoking was 19.9% in New Mexico and 18.1% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 2 percentage points in either direction, from 17.6% to 22.4%. This means that we are confident that the actual percentage of smokers in this group of students was between 17.6% and 22.4%. The error bar for the estimate of current smoking in the US extends approximately 1.5 percentage points in either direction, from 16.7% to 19.5%. We are confident that the actual percentage of smokers 16.7% and 19.5%.



How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (19.9% vs. 18.1%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (17.6%–22.4%) and the US estimate (16.7%-19.5%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that New Mexico had a higher prevalence than the United States (5.2% vs. 3.0%). The error bar for New Mexico extends from 4.3% to 6.2%, and the error bar for the United States extends from 2.6% to 3.5%. Because the higher bound of the US error bar (3.5%) is lower than the lower bound of the NM error bar (4.3%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.



Current Cocaine Use and Current Cigarette Smoking Grades 9-12, NM & US, 2011

For some small school districts, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.

# **Risk Behavior Definitions**

# <u>Injury</u>

Rarely or never wore a bike helmet, of those who rode a bike

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?* 

AMONG those who

Reported riding a bicycle

# Never or Rarely Wore a Seatbelt

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?* 

# Carried a gun

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a gun?* 

# Violence-Related Behaviors

# Carried weapon

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?* 

# In a physical fight

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight?* 

## Teen dating violence

Answered 'Yes' to the question, *During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?* 

# Ever physically forced to have sexual intercourse

Answered 'Yes' to the question, *Have you ever been physically forced to have sexual intercourse when you did not want to?* 

## **Bullied electronically**

Answered 'Yes' to the question, *During the past 12 months, have you ever been bullied on school property?* 

## Bullied on school property

Answered 'Yes' to the question, *During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)* 

# Carried a weapon on school property

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?* 

## Skipped school due to safety concerns

Answered '1day' or more to the question, *During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?* 

# In a physical fight on school property

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight on school property?* 

# Mental Health

## Sadness or hopelessness

Answered 'Yes' to the question, *During the past 12 months, did you ever feel* so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

# Seriously considered suicide

Answered 'Yes' to the question, *During the past 12 months, did you ever seriously consider attempting suicide?* 

# Made a suicide plan

Answered 'Yes' to the question, *During the past 12 months, did you make a plan about how you would attempt suicide?* 

### Attempted suicide

Answered '1 time' or more to the question, *During the past 12 months, how many times did you actually attempt suicide?* 

#### Suicide attempt with injury

Answered 'Yes' to the question, *If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?* 

# Tobacco Use: Cigarettes

## Ever smoked cigarettes

Answered 'Yes' to the question, *Have you ever tried cigarette smoking, even one or two puffs?* 

# First smoked a cigarette before age 13

Answered '11 or 12 years old' or younger to the question, *How old were* you when you smoked a whole cigarette for the first time?

# Current cigarette smoking (Smoked at least one cigarette in past 30 days)

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you smoke cigarettes?

## Heavy cigarette smoking (Smoked cigarettes on 20 of past 30 days)

Answered '11 to 20 cigarettes per day' or more to the question,

During the past 30 days, on the days you smoked, how many cigarettes

## Frequent cigarette smoking (Smoked at least 11 cigarettes per day)

Answered '20 to 29 days' or more to the question, *During the past 30 days,* on how many days did you smoke cigarettes?

# Smoked on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes on school property?* 

# Bought cigarettes in a store

Answered 'I bought them in a store such as a convenience store, supermarket, discount store, or gas station' to the question, *During the past 30 days, how did you usually get* AMONG those who

Answered '17 years old' or younger to the question, How old are you?

# Tobacco: Other Use

# Current cigar smoking

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you smoke cigars, cigarillos, or little cigars?

# Current spit tobacco use

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

## Current use - cigarettes, cigars, or spit tobacco

Smoked cigarette or cigars or used spit tobacco on at least one of the past 30 days.

#### Current tobacco use

Any form of tobacco use in the past 30 days (smoked cigarettes or cigars, spit tobacco, or smoked tobacco with a hookah).

# In same room with a smoker

Answered '1 or 2 days' or more to the question, *During the past 7 days,* on how many days were you in the same room with someone who was smoking cigarettes?

# My parents think it very wrong for me to smoke

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to smoke cigarettes?* 

## Great risk from smoking a pack per day

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?* 

#### Alcohol Use

#### Ever drank alcohol

Gave any response other than 'I have never had a drink of alcohol other than a few sips' to the question, How old were you when you had your first drink of alcohol other than a few sips?

## Current drinker

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol?* 

#### Binge drinker

Answered '1 day' or more to the question, *During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?* 

#### Drank alcohol before age 13

Answered '11 or 12 years old or younger' to the question, *How old were you when you had your first drink of alcohol other than a few sips?* 

## Drank alcohol on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on* how many days did you have at least one drink of alcohol on school property?

#### Rode with drinking driver

Answered '1 time' or more to the question, *During the past 30 days,* how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

# Drove after drinking

Answered '1day' or more to the question, *During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?* 

### My parents think my regular alcohol use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?* 

Adults in my community think regular alcohol use by kids is very wrong

Answered 'Very wrong' to the question, How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or

### I think regular alcohol use by people my age is very wrong

Answered 'Very wrong' to the question, How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?

# People face great risk from daily alcohol use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?* 

## Marijuana Use

# Ever tried marijuana

Gave any response other than 'I have never tried marijuana' to the question, How old were you when you tried marijuana for the first time?

#### Current marijuana use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana?* 

#### Tried marijuana before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you tried marijuana for the first time?* 

#### Used marijuana on school property

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana on school property?* 

#### My parents think my marijuana use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to use marijuana?* 

#### People face great risk from regular marijuana use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?* 

# Other Drug Use

#### Current painkiller use to get high

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?* 

# Current inhalant use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how* many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

#### Current cocaine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase*?

## Current ecstasy use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used ecstasy*?

# Current methamphetamine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)*?

#### Current heroin use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?* 

# Improper prescription drug use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription*?

#### Lifetime cocaine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times did you use any form of cocaine, including powder, crack, or freebase?

### Lifetime ecstasy use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used ecstasy*?

## Lifetime methamphetamine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

#### Lifetime heroin use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times have you used heroin (also called smack, junk, or China White)?

#### Illegal injection drugs

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used a needle to inject any illegal drug into your body?* 

#### Most or all close friends have used drugs such as marijuana or cocaine

Answered 'Most' or 'All' to the question, *Among the people you consider to be your closest friends, how many would you say do the following - Have used drugs such as marijuana or cocaine?* 

# Sold, offered, or given drugs on school property

Answered 'Yes' to the question, *During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?* 

## It would be easy to get marijuana

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to, how hard or easy would it be to get marijuana?* 

#### It would be easy to get hard drugs

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to,* how hard or easy would it be to get cocaine, LSD, methamphetamines, or other illegal drug?

# Sexual Activity

#### Ever had sexual intercourse

Gave any response other than 'I have never had sexual intercourse' to the question, *How old were you when you had sexual intercourse for the first time?* 

Sexually active

Respondent reported having sexual intercourse within the previous 3 months. Answered '1 person' or more to the question, *During the past 3 months, with how many people did you have sexual intercourse?* 

Had sexual intercourse before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you had sexual intercourse for the first time?* 

Had sexual intercourse with 4 or more people, of those who ever had sex

Answered '4 people' or more to the question, *During your life, with how many people have you had sexual intercourse?* 

AMONG those who

Reported they had "Ever had sexual intercourse" (see above)

Four or more lifetime sexual partners

Answered '4 people' or more to the question, *During the past 3 months, with* AMONG those who

Reported being "Sexually active" (see above)

Used alcohol or drugs at last sex

Answered 'Yes' to the question, *Did you drink alcohol or use drugs before you had sexual intercourse the last time?* 

Used condom at last sex

Answered 'Yes' to the question, The last time you had sexual intercourse,

did you or your partner use a condom?

AMONG those who

Reported being "Sexually active" (see above)

## Did not use condom at last sex

Answered 'No' to the question, *The last time you had sexual intercourse, did you or your partner use a condom?* 

AMONG those who

Reported being "Sexually active" (see above)

## Used birth control pills

Answered 'Birth control pills' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?* AMONG those who

Reported being "Sexually active" (see above)

Used Depo-Provera, birth control ring, implant, or IUD

Answered 'Depo-Provera (or any injectable birth control),

AMONG those who

Reported being "Sexually active" (see above)

Used reliable birth control method

Answered 'Birth control pills' or 'Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?* 

AMONG those who

Reported being "Sexually active" (see above)

Used reliable birth control and condom

Reported using reliable birth control (see above)

AND

Used a condom at last sex (see above)

AMONG those who

Reported being "Sexually active" (see above)

# **Nutrition**

# Ate 5 or more fruits or vegetables per day

Reported consuming five or more daily servings of fruit juice, fruit, green salad, potatoes, carrots, or other vegetables over the past 7 days.

Had fruit or fruit juice 2 or more times per day

Reported consuming 2 or more daily servings of fruit juice or fruit.

Ate three or more vegetables per day

Reported consuming 3 or more daily servings of green salad, potatoes, carrots, or other vegetables.

Drank one+ soda/day in the past 7 days

Answered '1 time per day' or more to the question, *During the past 7 days,* how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

# Vomited or used laxatives to lose weight

Answered 'Yes' to the question, *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?* 

# Physical Activity

# Exercised for 60 minutes on none of the last 7 days

Answered '0 days' to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?* 

# Exercised for 60 minutes on 5 of the last 7 days

Answered '5 days' or more to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?* 

# Exercised for 60 minutes on 7 of the last 7 days

Answered '7 days' to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?* 

# Three or more hours/day of TV

Answered '3 hours per day' or more to the question, *On an average school day, how many hours do you watch TV?* 

# Three + hours computer or gaming per day

Answered '3 hours per day' or more to the question, *On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)?* 

# Three or more hours screen time per day

Answered a combined total of '3 hours per day' or more to the two questions above (i.e., TV viewing and or computer/video usage).

## PE at least once per week

Answered '1 day' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?* 

# Daily PE

Answered '5 days' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?* 

# Body Weight

Note: Body Mass Index (BMI) was calculated from self reported height and weight.

# Overweight

Greater than or equal to the 85th national BMI percentile for age and sex, and less than the 95th national BMI for age and sex, based on historical data.

# Obese

Greater than or equal to the 95th national BMI percentile for age and sex, based on historical data.

## Overweight or obese

Greater than or equal to the 85th national BMI percentile for age and sex, based on historical data.

# Other Behaviors and Characteristics

## Ever taught about HIV in school

Answered 'Yes' to the question, *Have you ever been taught about AIDS or HIV infection in school.* 

## Asthma

Answered 'Yes' to both of the following questions:

Has a doctor or nurse ever told you that you have asthma?

# AND

Do you still have asthma?

# Not enough food to eat

Answered 'Sometimes not enough to eat' or 'Often not enough to eat' to the question, *Do you have enough food to eat, sometimes not enough to eat, or often not enough to eat?* 

## Domestic Non-English speaker

Answered 'All of the time', 'More than half the time' or 'About half the time' to the question, *How often do you speak a language other than English at home?* 

# Foreign born

Answered 'No' to the question, Were you born in the USA?

# Appendix C: Risk Behavior and Resiliency/Protective Factor Definitions

# Injury

Rarely or never wore a bicycle helmet

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?* 

AMONG those who

Reported riding a bicycle

## Never or Rarely Wore a Seatbelt

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?* 

## Carried a gun

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a gun?* 

# Violence-Related Behaviors

#### Carried weapon

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?* 

# In a physical fight

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight?* 

## Teen dating violence

Answered 'Yes' to the question, *During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?* 

#### Ever forced to have sexual intercourse

Answered 'Yes' to the question, *Have you ever been physically forced to have sexual intercourse when you did not want to?* 

## **Bullied electronically**

Answered 'Yes' to the question, *During the past 12 months, have you ever been bullied on school property?* 

# Bullied on school property

Answered 'Yes' to the question, *During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)* 

#### Carried a weapon on school property

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?* 

## Skipped school due to safety concerns

Answered '1day' or more to the question, *During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?* 

# In a physical fight on school property

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight on school property?* 

# Mental Health

# Persistent sadness or hopelessness

Answered 'Yes' to the question, *During the past 12 months, did you ever feel* so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

# Seriously considered suicide

Answered 'Yes' to the question, *During the past 12 months, did you ever seriously consider attempting suicide?* 

### Made a suicide plan

Answered 'Yes' to the question, *During the past 12 months, did you make a plan about how you would attempt suicide?* 

### Attempted suicide

Answered '1 time' or more to the question, *During the past 12 months, how many times did you actually attempt suicide?* 

# Suicide attempt with injury

Answered 'Yes' to the question, *If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?* 

## Tobacco Use: Cigarettes

#### Ever smoked cigarettes

Answered 'Yes' to the question, *Have you ever tried cigarette smoking, even one or two puffs?* 

#### First smoked a cigarette before age 13

Answered '11 or 12 years old' or younger to the question, *How old were* you when you smoked a whole cigarette for the first time?

#### Current cigarette smoking (Smoked at least one cigarette in past 30 days)

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you smoke cigarettes?

## Heavy smoking (Smoked cigarettes on 20 of past 30 days)

Answered '11 to 20 cigarettes per day' or more to the question, During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

# Frequent smoking (Smoked at least 11 cigarettes per day)

Answered '20 to 29 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes?* 

#### Smoked on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes on school property?* 

#### Bought cigarettes in a store

Answered 'I bought them in a store such as a convenience store, supermarket, discount store, or gas station' to the question, *During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)* 

## AMONG those who

Answered '17 years old' or younger to the question, How old are you?

# Tobacco: Other Use

# Current cigar smoking

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?* 

#### Current spit tobacco use

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

## Current use - cigarettes, cigars, or spit tobacco

Smoked cigarette or cigars or used spit tobacco on at least one of the past 30 days.

#### Current tobacco use

Any form of tobacco use in the past 30 days (smoked cigarettes or cigars, spit tobacco, or smoked tobacco with a hookah).

# In same room with a smoker

Answered '1 or 2 days' or more to the question, *During the past 7 days,* on how many days were you in the same room with someone who was smoking cigarettes?

# My parents think it very wrong for me to smoke

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to smoke cigarettes?* 

## Great risk from smoking a pack per day

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?* 

#### Alcohol Use

# Ever drank alcohol

Gave any response other than 'I have never had a drink of alcohol other than a few sips' to the question, How old were you when you had your first drink of alcohol other than a few sips?

### Current drinking

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you have at least one drink of alcohol?

# Binge drinking

Answered '1 day' or more to the question, *During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?* 

# Drank alcohol before age 13

Answered '11 or 12 years old or younger' to the question, *How old were you when you had your first drink of alcohol other than a few sips?* 

#### Drank alcohol on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on* how many days did you have at least one drink of alcohol on school property?

#### Rode with drinking driver

Answered '1 time' or more to the question, *During the past 30 days,* how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

# Drinking and driving

Answered '1day' or more to the question, *During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?* 

# My parents think my regular alcohol use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents* feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly? Adults in my community think regular alcohol use by kids is very wrong

Answered 'Very wrong' to the question, *How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?* 

I think regular alcohol use by people my age is very wrong

Answered 'Very wrong' to the question, *How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?* 

# People face great risk from daily alcohol use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?* 

## Marijuana Use

# Ever tried marijuana

Gave any response other than 'I have never tried marijuana' to the question, How old were you when you tried marijuana for the first time?

# Current marijuana use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana?* 

## Tried marijuana before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you tried marijuana for the first time?* 

## Used marijuana on school property

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana on school property?* 

# My parents think my marijuana use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to use marijuana?* 

## People face great risk from regular marijuana use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?* 

## Other Drug Use

## Current painkiller use to get high

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?* 

# Current inhalant use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how* many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

## Current cocaine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase*?

## Current ecstasy use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used ecstasy*?

# Current methamphetamine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)*?

### Current heroin use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?* 

# Improper prescription drug use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription*?

# Lifetime cocaine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times did you use any form of cocaine, including powder, crack, or freebase*?

## Lifetime ecstasy use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used ecstasy*?

## Lifetime methamphetamine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

## Lifetime heroin use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times have you used heroin (also called smack, junk, or China White)?

## Illegal injection drugs

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used a needle to inject any illegal drug into your body?* 

## Most or all close friends have used drugs such as marijuana or cocaine

Answered 'Most' or 'All' to the question, Among the people you consider to be your closest friends, how many would you say do the following - Have used drugs such as marijuana or cocaine?

## Sold, offered, or given drugs on school property

Answered 'Yes' to the question, *During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?* 

# It would be easy to get marijuana

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to, how hard or easy would it be to get marijuana?* 

## It would be easy to get hard drugs

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to, how hard or easy would it be to get cocaine, LSD, methamphetamines, or other illegal drug?* 

### Sexual Activity

## Ever had sexual intercourse

Gave any response other than 'I have never had sexual intercourse' to the question, *How old were you when you had sexual intercourse for the first time?* 

Sexually active

Respondent reported having sexual intercourse within the previous 3 months. Answered '1 person' or more to the question, *During the past 3 months, with how many people did you have sexual intercourse?* 

Had sexual intercourse before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you had sexual intercourse for the first time?* 

Had sexual intercourse with 4 or more people, of those who ever had sex

Answered '4 people' or more to the question, *During your life, with how many people have you had sexual intercourse?* 

AMONG those who

Reported they had "Ever had sexual intercourse" (see above)

Four or more lifetime sexual partners

Answered '4 people' or more to the question, *During the past 3 months, with how many people did you have sexual intercourse?* 

AMONG those who

Reported being "Sexually active" (see above)

Used alcohol or drugs at last sex

Answered 'Yes' to the question, *Did you drink alcohol or use drugs before you had sexual intercourse the last time?* 

Used a condom

Answered 'Yes' to the question, *The last time you had sexual intercourse, did you or your partner use a condom?* 

AMONG those who

Reported being "Sexually active" (see above)

Did not use a condom

Answered 'No' to the question, *The last time you had sexual intercourse, did you or your partner use a condom?* 

AMONG those who

Reported being "Sexually active" (see above)

Used birth control pills

Answered 'Birth control pills' to the question, The last time you had sexual

intercourse, what one method did you or your partner use to prevent pregnancy? AMONG those who

Reported being "Sexually active" (see above)

Used Depo-Provera, birth control ring, implant, or IUD

Answered 'Depo-Provera (or any injectable birth control),

Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?* 

AMONG those who

Reported being "Sexually active" (see above)

Used reliable birth control method

Answered 'Birth control pills' or 'Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?* 

AMONG those who Reported being "Sexually active" (see above) Used reliable birth control and condom

Reported using reliable birth control (see above)

AND

Used a condom at last sex (see above)

AMONG those who

Reported being "Sexually active" (see above)

# **Nutrition**

### Five or more fruits or vegetables per day

Reported consuming five or more daily servings of fruit juice, fruit, green salad, potatoes, carrots, or other vegetables over the past 7 days.

#### Had fruit or fruit juice 2 or more times per day

Reported consuming 2 or more daily servings of fruit juice or fruit.

#### Ate three or more vegetables per day

Reported consuming 3 or more daily servings of green salad, potatoes, carrots, or other vegetables.

# Daily soda consumption

Answered '1 time per day' or more to the question, *During the past 7 days,* how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

# Vomited or used laxatives to lose weight

Answered 'Yes' to the question, *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?* 

## Physical Activity

# No days of physical activity per week

Answered '0 days' to the question, *During the past 7 days, on how many* days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

#### Five days of physical activity per week

Answered '5 days' or more to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?* (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

# Daily physical activity

Answered '7 days' to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)* 

# Watched TV three or more hours per day

Answered '3 hours per day' or more to the question, On an average school day, how many hours do you watch TV?

## Computer use or video gaming three or more hours per day

Answered '3 hours per day' or more to the question, *On an average school day,* how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)? Total screen time three or more hours per day

Answered a combined total of '3 hours per day' or more to the two questions above (i.e., TV viewing and or computer/video usage).

PE at least once per week

Answered '1 day' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?* 

# Daily PE in school

Answered '5 days' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?* 

# Body Weight

Note: Body Mass Index (BMI) was calculated from self reported height and weight.

## Overweight

Greater than or equal to the 85th national BMI percentile for age and sex, and less than the 95th national BMI for age and sex, based on historical data.

#### Obese

Greater than or equal to the 95th national BMI percentile for age and sex, based on historical data.

## Overweight or obese

Greater than or equal to the 85th national BMI percentile for age and sex, based on historical data.

## Other Behaviors and Characteristics

## Ever taught about HIV in school

Answered 'Yes' to the question, *Have you ever been taught about AIDS or HIV infection in school.* 

# Asthma

Answered 'Yes' to both of the following questions:

Has a doctor or nurse ever told you that you have asthma?

AND

Do you still have asthma?

# Not enough food to eat

Answered 'Sometimes not enough to eat' or 'Often not enough to eat' to the question, *Do you have enough food to eat, sometimes not enough to eat, or often not enough to eat?* 

## Domestic Non-English speaker

Answered 'All of the time', 'More than half the time' or 'About half the time' to the question, *How often do you speak a language other than English at home?* 

#### Foreign born

Answered 'No' to the question, Were you born in the USA?

## **Resiliency/Protective Factors**

Unless otherwise noted, responses in the resiliency/protective factor sections of this report refer to respondents who answered "Very much true" to the questionnaire item indicated.

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