

Healthy Eating Opportunities in School (SY 2017-18)

Healthy Kids Healthy Communities (HKHC)* implementation strategies for expanding children's healthy eating opportunities during the school day include weekly or monthly **fruit & vegetable tastings** in the classroom and regular **salad bars**, **premade salads**, and **fruits & vegetables offered as snacks**. These numbers represent the 2017-18 school year and only include those elementary schools that have established healthy eating practices on an ongoing and regular basis (*note: several HKHC schools are still working on environmental and systems changes to increase frequency of tastings or salad bars/premade salads and are not taken into account here*).

How much did we do?	How well did we do it?
<p><i>Healthy Kids Healthy Communities (HKHC)</i></p> <ul style="list-style-type: none"> 91 HKHC public elementary schools have increased healthy eating opportunities 44 HKHC public elementary schools have classroom fruit & vegetable tastings 55 HKHC public elementary schools have salad bars and/or premade salads 32 HKHC public elementary schools have a school garden Provided training & technical assistance to schools to participate in the federal Fresh Fruit and Vegetable School Snack program (FFVP) 	<p><i>Healthy Kids Healthy Communities</i></p> <ul style="list-style-type: none"> 90% of HKHC public elementary schools have increased healthy eating opportunities 44% of HKHC public elementary schools have classroom fruit & vegetable tastings 54% of HKHC public elementary schools have salad bars and/or premade salads 32% of HKHC public elementary schools have a school garden The number of schools participating in the FFVP increased from 29 schools in 2010 to 55 schools in SY 2017-18
Is anyone better off?	Is anyone better off?
<p><i>Healthy Kids Healthy Communities</i></p> <ul style="list-style-type: none"> 29,781 students in HKHC public elementary schools have increased healthy eating opportunities 6,659 students in HKHC public elementary schools have access to classroom fruit & vegetable tastings 11,528 students in HKHC public elementary schools have access to salad bars and/or premade salads 10,626 students in HKHC public elementary schools have access to a school garden 	<p><i>Healthy Kids Healthy Communities</i></p> <ul style="list-style-type: none"> 89% of students in HKHC public elementary schools have increased healthy eating opportunities 20% of students in HKHC public elementary schools have access to classroom fruit & vegetable tastings 34% of students in HKHC public elementary schools have access to salad bars and/or premade salads 32% of students in HKHC public elementary schools have access to a school garden

* HKHC represents 22% of students in the NM elementary school-age population (SY 2017-18)