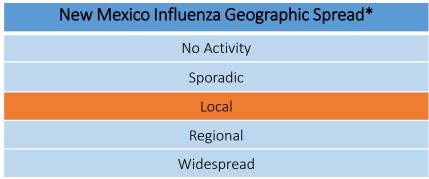
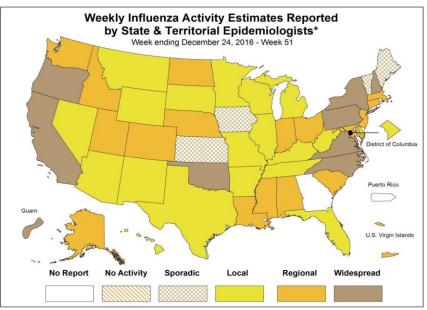
New Mexico Department of Health Influenza & Respiratory Disease Report

A Summary of Influenza and RSV Surveillance





* This map indicates geographic spread & does not measure the severity of influenza activity

December 18th – December 24th, 2016

Summary of Activity: Week 51

- New Mexico ILI activity is currently 2.2% which is at the national baseline
- US ILI has increased to 2.9%
- Influenza activity is above the NM baseline of 2.2% two health regions
- There continues to be only sporadic laboratory activity
- No influenza-related outbreaks have been reported this week

Table of Contents

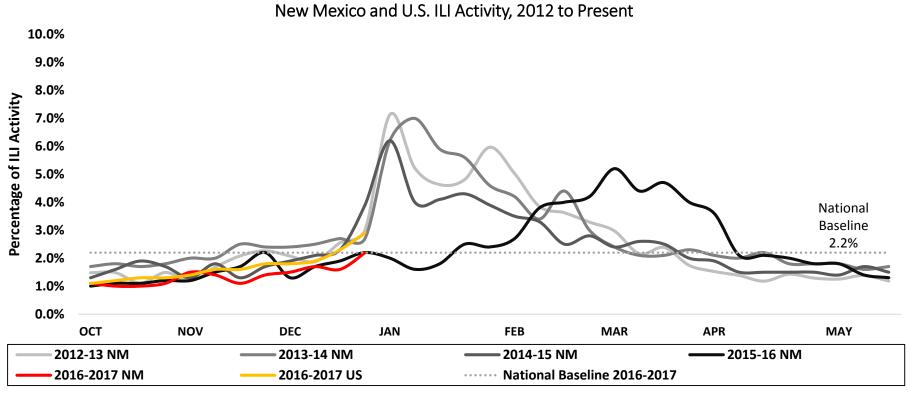
| • | Influenza-Like Illness (ILI) | 2 |
|---|--------------------------------|-----|
| | Regional ILI | |
| | Laboratory Data | |
| • | Hospitalization and Death Data | 6 |
| • | Prevention and Control | . 7 |
| • | Appendix & Resources | 8 |





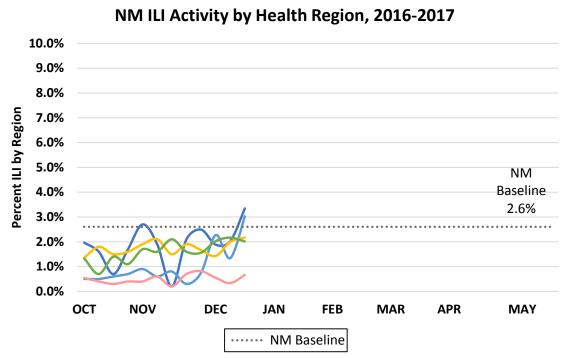
Influenza-Like Illness (ILI) Activity

New Mexico Department of Health (NMDOH) is collaborating with 29* ILI sentinel sites for the 2016-2017 season. Sites report weekly on the number of patients that present to their facility with influenza-like illness. That number is then divided by the total number of patients seen for any reason, resulting in percent of ILI activity. ILI is defined as fever of > 100° F and cough and sore throat in absence of known cause.

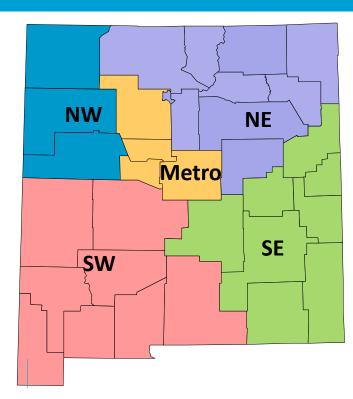


| % ILI, NM Week 51 | % ILI, NM Week 50 | %ILI, US Week 51 |
|----------------------------------|------------------------------------|----------------------------------|
| Dec 18 th -24th, 2016 | Dec 11 th – 17th , 2016 | Dec 18 th -24th, 2016 |
| (current Week) | (previous week) | (current week) |
| 2.2 % | 1.6 % | 2.9 % |

Regional ILI Activity



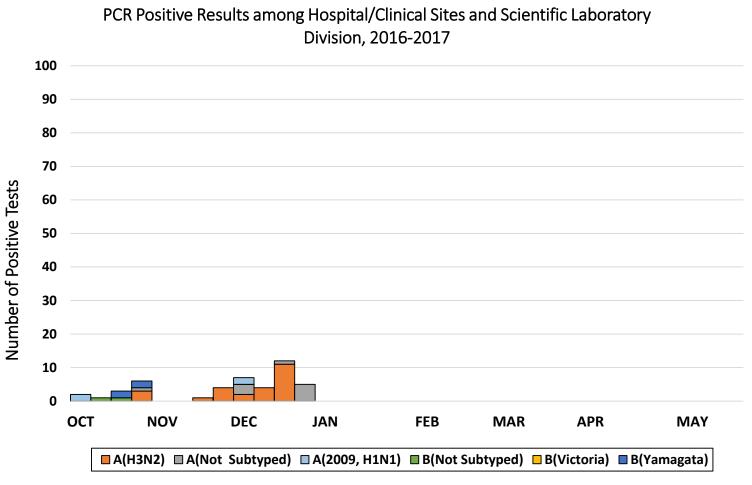
| Region | This Week | Last Week | Outbreaks | +PCR testing at SLD |
|--------|-----------|-----------|-----------|---------------------|
| NW | 3.3% | 2.0% | No | No |
| NE | 3.0% | 1.3% | No | Yes |
| Metro | 2.2% | 2.0% | No | Yes |
| SW | 0.7% | 0.3% | No | No |
| SE | 2.0% | 2.2% | No | No |



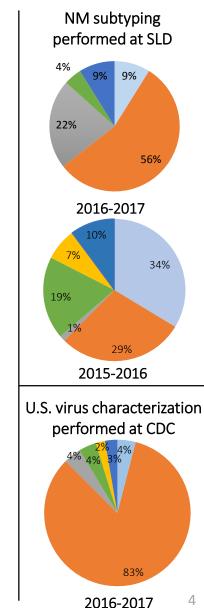
Outbreak: An influenza outbreak is defined as at least two cases of ILI in a specific area with at least one lab confirmed case.

PCR Testing: Polymerase Chain Reaction (PCR) tests can identify the presence of influenza viral RNA in respiratory specimens. PCR testing is performed at various laboratories across New Mexico.

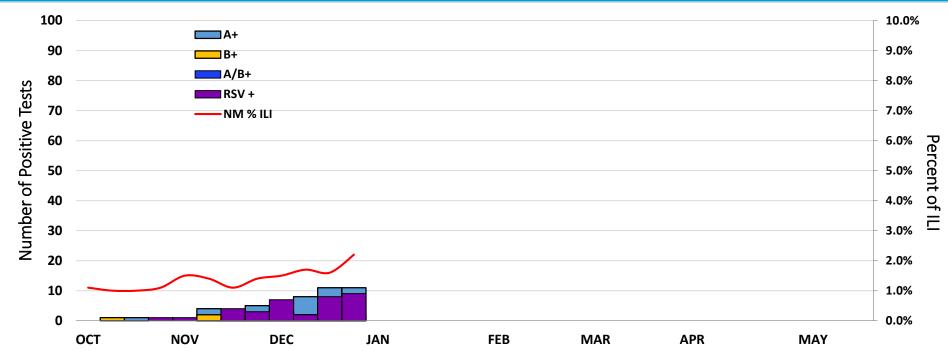
Laboratory Data & Virologic Surveillance



Since the start of the 2016-2017 influenza season, laboratories have reported that a total of 51 out of 3,205 respiratory specimens have tested positive for influenza by PCR. Four positive specimens were subtyped as A(H1N1), 25 were A(H3N2), 10 influenza A specimen was not subtyped. Two tested positive as influenza B not subtyped, 0 positive specimens were identified as B(Victoria) and 4 as B(Yamagata).



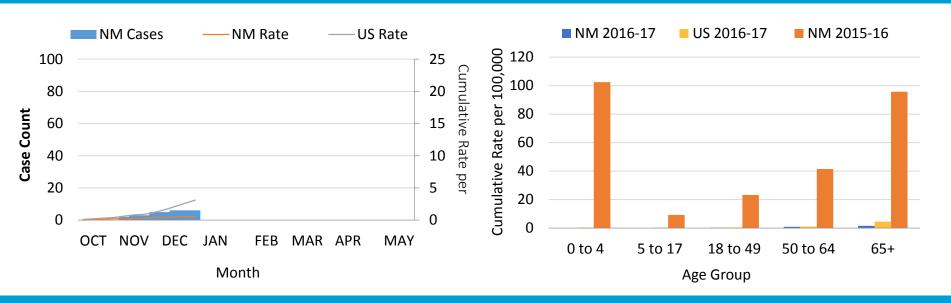
RSV and Rapid Influenza Laboratory Data 2016-2017



| | y Sites Participating in Rapid influenza Data Collection ame, City) | Laboratory Sites Participating in RSV Data Collection (Facility name, City) | | |
|-------|---|---|--|--|
| NW | San Juan Regional Medical Center, Farmington; and Acoma-Canoncito-Laguna Indian Health Hospital, Acoma Pueblo | San Juan Regional Medical Center, Farmington and Acoma-Canoncito-Laguna Indian Health Hospital, Acoma, Gallup Indian Medical Center, Gallup; Zuni Hospital, Zuni; Crownpoint IHS, Gallup; | | |
| NE | Taos-Picuris Indian Health Clinic, Taos; Pecos Valley Medical Center, Pecos; La Familia Medical Clinics, Santa Fe; Los Alamos Family Care Clinic, Los Alamos; Jicarilla Apache Indian Health Clinic, Dulce; Children's Clinic PA, Los Alamos | Los Alamos Medical Center, Los Alamos, Dulce Health Center, Dulce; Christus St. Vincent. Santa Fe; Alta Vista Regional Hospital, Las Vegas; Miners' Colfax Medical Center, Raton | | |
| Metro | Lovelace Downtown Medical Center, Albuquerque; University of New Mexico Student Health Clinic, Albuquerque; Presbyterian Medical Group-Atrisco, Northside, Pediatric Urgent Care; Albuquerque Health Partners Urgent Care, Rio Rancho | Quest Diagnostic Laboratory, Albuquerque | | |
| SW | Gila Regional Medical Center, Silver City; Hidalgo Medical Services Clinic, Lordsburg; Ben Archer Health Center, Deming, Columbus, and Dona Ana; La Clinica de Familia, Sunland Park; Mescalero Apache Indian Health Hospital, Mescalero; New Mexico Mining and Technology Institute, Socorro | Gerald Champion, Alamogordo | | |
| SE | Carlsbad Medical Center, Carlsbad; Lea Regional Medical Center, Hobbs; Eastern New Mexico Medical Center, Roswell; Roosevelt General Hospital Clinic, Portales | Artesia General Hospital, Artesia; Carlsbad Medical Center, Carlsbad; Lea Regional Medical Center, Hobbs; Eastern New Mexico Medical Center, Roswell | | |

^{*} Data is not representative of all facilities in New Mexico

Influenza Hospitalizations, NM & US, 2016-2017



Influenza and Pneumonia Deaths, NM, 2014-2016

| Season | Year to date (YTD) P & I Deaths | Pneumonia Deaths | Adult Flu Deaths | Pediatric Flu Deaths | Total P & I Deaths |
|-----------|---------------------------------|---------------------|---------------------|-------------------------|-----------------------|
| 2016-2017 | 0 | 0 | 0 | 0 | 0 |
| 2015-2016 | 190 | 159 | 30 | 1 | 190 |
| 2014-2015 | 185 | 152 | 32 | 1 | 185 |

Pneumonia death: Is defined as have a cause of death that related to pneumonia & influenza (P & I) not including: aspiration pneumonia, pneumonitis, or pneumococcal meningitis.

Influenza death: Is defined as have a cause of death that related to pneumonia & influenza (P & I) not including: parainfluenzae or Haemophilus *influenza*.

Vaccination Information

Got Questions? 1-866-681-5872, New Mexico's Vaccine and Flu Hotline

Still Need to Get Your Flu Shot?

HealthMap Vaccine Finder:

http://vaccine.healthmap.org/

To use HealthMap Vaccine Finder you'll need internet access and the zip code in which you wish to get vaccinated.

Or

Contact your local public health office:

https://nmhealth.org/location/public/

Antiviral Information and Data

Persons at higher risk for influenza complication recommended for antiviral treatment include:

- Children aged younger than 2 years & adults aged 65 years and older
- Persons with chronic medical conditions
- Persons with immunosuppression, including that caused by medications or by HIV infection
- Women who are pregnant or postpartum (within 2 weeks after delivery)
- Persons aged younger than 19 years who are receiving long-term aspirin therapy
- American Indians/Alaska Natives
- Persons who are morbidly obese (i.e., BMI is 40 or greater)
- Residents of nursing homes and other chronic-care facilities

Appendix

*Geographic spread is based on CDCs activity estimates definitions. For more information visit: http://www.cdc.gov/flu/weekly/overview.htm

| Health Region | Participating Sentinel Sites (Facility name, City) |
|----------------------|--|
| Northwest | San Juan Regional Medical Center, Farmington and Acoma-Canoncito-Laguna Indian Health Hospital, Acoma |
| Northeast | Raton Family Practice Associates, Raton; Taos-Picuris Indian Health Clinic, Taos; Pecos Valley Medical Center, Pecos; La Familia Medical Clinics, Santa Fe; Los Alamos Family Care Clinic, Los Alamos; Jicarilla Apache Indian Health Clinic, Dulce; Children's Clinic PA, Los Alamos; Miner's Colfax Medical Center, Raton |
| Metro | Lovelace Downtown Medical Center, Albuquerque; University of New Mexico Student Health Clinic, Albuquerque; Presbyterian Medical Group-Atrisco, Northside, Pediatric Urgent Care; Albuquerque Health Partners Urgent Care, Rio Rancho |
| Southwest | Gila Regional Medical Center, Silver City; Hidalgo Medical Services Clinic, Lordsburg; Ben Archer Health Center, Deming, Columbus, and Dona Ana; La Clinica de Familia, Sunland Park; Mescalero Apache Indian Health Hospital, Mescalero; New Mexico Mining and Technology Institute, Socorro Carlsbad Medical Center, Carlsbad; Lea Regional Medical Center, Hobbs; Eastern New Mexico Medical Center, Roswell; Roosevelt General Hospital Clinic, Portales |
| Southeast | Carlsbad Medical Center, Carlsbad; Lea Regional Medical Center, Hobbs; Eastern New Mexico Medical Center, Roswell; Roosevelt General Hospital Clinic, Portales |

In accordance with New Mexico Administrative Code (NMAC) 7.4.3.13 Influenza is a reportable condition for the following:

- Influenza, laboratory confirmed hospitalizations only
- Influenza-associated pediatric death
- Acute Illness or condition of any type involving large numbers of persons in the same geographic area (outbreaks)
- Other illnesses or condition of public health significance (novel influenza A)

For more information on reportable conditions please visit:

http://www.nmcpr.state.nm.us/nmac/parts/title07/07.004.0003.htm



Report published by New Mexico Department of Health (NMDOH), Epidemiology and Response Division (ERD) Infectious Disease Epidemiology Bureau (IDEB)

For questions, please call 505-827-0006. For more information on influenza go to the NMDOH web page: https://nmhealth.org/about/erd/ideb/isp/_Or The CDC web page: http://www.cdc.gov/flu/index.htm