Summary of Activity: Week 50
December 10-December 16th, 2023

- New Mexico influenza-like illness (ILI) activity is currently 9.5% of patient visits statewide and is above the NM ILI baseline of 4.7%. All five NM health regions are above the NM baseline.
- US ILI is 5.1%, above the national ILI baseline of 2.9%
- ILI and confirmed flu cases are rapidly rising in the state. Respiratory disease is widespread nationwide.
- Seasonal influenza vaccination in New Mexico remains very low (around 25% of those eligible). Please plan to get your influenza and COVID-19 vaccinations.
- Consider wearing masks if traveling or visiting loved ones during the holidays, especially if you or they are not vaccinated.
- Long Term Care Facilities: One influenza outbreak was reported this week.

Activity map* and national ILI report is available on CDC FluView.

Please visit https://cv.nmhealth.org for COVID-19 Epidemiology Reports.

The NM Viral Respiratory Infection Dashboard provides additional data.

Please note: Influenza-like illness is a syndrome of respiratory illness, including conditions like COVID-19, Respiratory Syncytial Virus (RSV), and other seasonal respiratory viruses.

*The ILI activity indicator map is based on a statistical calculation performed by CDC for each ILI surveillance site based on individual provider activity and baselines, adjusting for week-to-week variation. This calculation does not reflect the ILI level in New Mexico or the statewide ILI baseline.
New Mexico Department of Health (NMDOH) is collaborating with 21 ILI sentinel sites and 30 syndromic surveillance sites for the 2023-2024 season. Sites report weekly on the number of patients that present to their facility with influenza-like illness (ILI). That number is then divided by the total number of patients seen for any reason, resulting in percent of ILI activity. ILI is defined as fever of greater than or equal to 100°F and cough and/or sore throat.

<table>
<thead>
<tr>
<th>% ILI, NM, Week 50 Dec 10-Dec 16, 2023 (Current Week)</th>
<th>% ILI, NM, Week 49 Dec 03-Dec 09, 2023 (Last Week)</th>
<th>% ILI, US, Week 50 Dec 10-Dec 16, 2023 (Current Week)</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.5%</td>
<td>7.4%</td>
<td>5.1%</td>
</tr>
</tbody>
</table>

* See appendix for reporting sites
## Regional Influenza-Like Illness (ILI) Activity, 2023-2024

### NM ILI Activity by Health Region, 2023-2024

<table>
<thead>
<tr>
<th>Region</th>
<th>This Week</th>
<th>Last Week</th>
<th>+ Rapid Flu*</th>
<th>+ PCR at State Lab</th>
<th>Total Tested at State Lab</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metro</td>
<td>10.5%</td>
<td>8.4%</td>
<td>No Data Available</td>
<td>0</td>
<td>8</td>
</tr>
<tr>
<td>NE</td>
<td>6.1%</td>
<td>4.8%</td>
<td>73</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>NW</td>
<td>6.6%</td>
<td>3.2%</td>
<td>7</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>SE</td>
<td>9.5%</td>
<td>8.9%</td>
<td>17</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>SW</td>
<td>10.9%</td>
<td>8.5%</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

*PCR Testing*: Polymerase Chain Reaction (PCR) tests can identify the presence of influenza viral RNA in respiratory specimens. PCR testing is performed at various laboratories across New Mexico.
This visualization is populated from data by New Mexico Emergency Departments. Complete reporting from emergency departments can take 7 days or longer. The % of visits from reporting facilities remains an accurate assessment of relative volume even when not all emergency departments have reported, but will be less representative of all statewide ED visits. Delayed reporting will be incorporated for the appropriate time period in these data visualizations through backfill. We provide you the most recent data available, however, data over one week-old will be more complete.

Discharge Diagnoses queries for all pathogens (SARS-CoV-2, Influenza, and RSV) excludes free text fields and is limited to ICD-9, ICD-10, and SNOMED codes for these infections.
Percentage of Emergency Department (ED) Visits with Discharge Diagnosis (DD) for COVID-19, Influenza, or RSV by New Mexico County*
December 10-December 16, 2023

*Percent of visits with COVID-19, influenza, or RSV discharge diagnoses have now been combined into one map to provide an approximation of overall respiratory illness burden at emergency departments in each New Mexico county.
Laboratory Influenza Surveillance Data, 2023-2024

*Virus Characterization is based on data from the three most recent MMWR weeks. Influenza types with zero specimens collected were excluded.
Rapid Influenza Diagnostic tests (RIDTs) are more likely to result in a false positive when community influenza activity is low. Early and late in the season, it is best to confirm a positive RIDT result by PCR.

Laboratory Sites Participating in Rapid Influenza Data Collection
(Facility name, City)

NW
Crownpoint Health Center, Crownpoint; Dzilth-Na-O-Dith-Hle Health Center, Bloomfield; San Juan Regional Medical Center, Farmington; Northern Navajo Medical Center, Shiprock; Rehoboth McKinley Christian Hospital, Gallup;

NE
Los Alamos Medical Center, Los Alamos; Children’s Clinic Los Alamos, Los Alamos; Christus St. Vincent’s Hospital, Santa Fe; Jicarilla Apache Health Care Clinic, Dulce; Taos Holy Cross Hospital, Taos

Metro

SW
Gerald Champion Regional Medical Center, Alamogordo; Mimbrres Memorial Hospital, Deming; Ben Archer Health Center, Columbus; Ben Archer Health Center – Dona Ana, Las Cruces; Ben Archer Health Center, Las Cruces; Mountain View Regional Medical Center, Las Cruces; La Clinica de Familia, Sunland Park

SE
Lea Regional Medical Center, Hobbs; Carlsbad Medical Center, Carlsbad; Artesia General Hospital, Artesia

* Data reported to NMDOH via a weekly online survey
Weekly Influenza Hospitalization Rate, NM & US, 2023-2024*

Cumulative Influenza Hospitalization Rate, NM&US, 2023-2024*

*Influenza data is derived from FluSurv-NET. Additional information on FluSurv-NET can be found here: [Laboratory-Confirmed Influenza Hospitalizations (cdc.gov)]
Weekly COVID-19 Hospitalization Rate, NM & US, 2023-2024*

**Weekly Rates of Hospitalization by Age, NM**

**Weekly Rates of Hospitalization by Age, USA**

**Cumulative COVID-19 Hospitalization Rate, NM&US, 2023-2024***

**Cumulative Rates of Hospitalization by Age, NM**

**Cumulative Rates of Hospitalization by Age, USA**

*COVID-19 data is derived from COVID-NET. Additional information on COVID-NET can be found here: [COVID-NET Interactive Dashboard | CDC](https://www.cdc.gov/coronavirus/covid-data/coronavirus-data-dashboard.html)
Weekly RSV Hospitalization Rate, NM & US, 2023-2024*

Cumulative RSV Hospitalization Rate, NM&US, 2023-2024*

*RSV data is derived from RSV-NET, which currently only covers hospitalizations of Bernalillo County residents. These rates may not be representative of the entire state.
### Pneumonia and Influenza (P & I) Deaths, NM, 2019-2024*

<table>
<thead>
<tr>
<th>Season</th>
<th>Pneumonia (P) Deaths</th>
<th>Adult Influenza (I) Deaths</th>
<th>Pediatric Influenza Deaths</th>
<th>Total P &amp; I Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>2023-2024</td>
<td>46</td>
<td>0</td>
<td>0</td>
<td>46</td>
</tr>
<tr>
<td>2022-2023</td>
<td>179</td>
<td>83</td>
<td>2</td>
<td>264</td>
</tr>
<tr>
<td>2021-2022</td>
<td>180</td>
<td>16</td>
<td>1</td>
<td>197</td>
</tr>
<tr>
<td>2020-2021</td>
<td>157</td>
<td>3</td>
<td>0</td>
<td>160</td>
</tr>
<tr>
<td>2019-2020</td>
<td>187</td>
<td>62</td>
<td>5</td>
<td>254</td>
</tr>
</tbody>
</table>

**Pneumonia death**: Is defined as having a cause of death that is related to pneumonia & influenza (P & I) not including: aspiration pneumonia, pneumonitis, pneumococcal meningitis or pneumonia caused by COVID-19

**Influenza death**: Is defined as having a cause of death that is related to pneumonia & influenza (P & I) not including: parainfluenzae or Haemophilus influenzae.

* Death data is delayed up to 8 weeks, reporting period for each season is October 1 – May 15.
Vaccination data are derived from New Mexico State Immunization Information System (NMSIIS). While this serves as a centralized database for reporting vaccinations, not all vaccination activities are reported. As a result, vaccination data presented here are likely an underestimate. The New Mexico Immunization program estimates approximately 80% of vaccinations are reported to NMSIIS. Population estimates are derived from the University of New Mexico Geospatial and Population Studies data which is available through the New Mexico Indicator Based Information System (NM-IBIS). Data are pulled on a weekly basis but should be considered preliminary.
Still Need to Get Your Flu Shot?

Flu Vaccine Finder:
https://www.vaccines.gov/find-vaccines/

Or

Contact your Primary Care Provider (PCP) or a local public health office (LPHO) near you:
https://nmhealth.org/location/public/

“Influenza is a serious disease that can lead to hospitalization and sometimes even death. Every flu season is different, and influenza infection can affect people differently, but millions of people get the flu every year, hundreds of thousands of people are hospitalized and thousands or tens of thousands of people die from flu-related causes every year. Even healthy people can get very sick from the flu and spread it to others. Flu-related hospitalizations since 2010 ranged from 140,000 to 710,000, while flu-related deaths are estimated to have ranged from 12,000 to 52,000. During flu season, flu viruses circulate at higher levels in the U.S. population in the United States can begin as early as October and last as late as May. An annual seasonal flu vaccine is the best way to reduce your risk of getting sick with seasonal flu and spreading it to others. When more people get vaccinated against the flu, less flu can spread through that community.”

-Centers for Disease Control and Prevention

For Additional Vaccine Information/resources:

FluVaxView:
https://www.cdc.gov/flu/fluvaxview/index.htm

Seasonal Influenza Vaccination Resources for Health Professionals:
https://www.cdc.gov/flu/professionals/vaccination/index.htm

Misconceptions about Flu Vaccines:
https://www.cdc.gov/flu/about/qa/misconceptions.htm
### Health Region

<table>
<thead>
<tr>
<th>Health Region</th>
<th>Participating Sentinel Sites (Facility name, City)</th>
<th>Syndromic Surveillance Hospitals (Facility name, City)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest</td>
<td>Acoma-Canoncito-Laguna Indian Health Services, Acoma; Dzilth Indian Health Services, Bloomfield</td>
<td>San Juan Regional Medical Center, Farmington; Cibola General Hospital, Grants</td>
</tr>
<tr>
<td>Northeast</td>
<td>Taos-Picuris Indian Health Services, Taos; Jicarilla Apache Indian Health Services, Dulce; Children's Clinic PA, Los Alamos;</td>
<td>Alta Vista Regional Hospital, Las Vegas; Christus St. Vincent, Santa Fe; Los Alamos Medical Center, Los Alamos; Miners’ Colfax Medical Center, Raton; Union County General Hospital, Clayton; Guadalupe County Hospital, Santa Rosa; Presbyterian Hospital, Espanola</td>
</tr>
<tr>
<td>Metro</td>
<td>University of New Mexico Student Health Clinic, Albuquerque; Presbyterian Medical Group-Atrisco, Northside, Carabel Pediatric Urgent Care, Las Estancias Pediatric Urgent Care; DaVita Urgent Care, Journal Center</td>
<td>Lovelace Westside Hospital, Downtown Medical Center and Women’s Hospital, Albuquerque; UNM Health System, Albuquerque &amp; Rio Rancho; Presbyterian Hospital, Kaseman and Rust Medical Center, Albuquerque &amp; Rio Rancho; UNM Sandoval Regional Medical Center, Rio Rancho</td>
</tr>
<tr>
<td>Southwest</td>
<td>Gila Regional Medical Center, Silver City; Ben Archer Health Center –Columbus; Ben Archer Health Center Dona Ana - Las Cruces; Ben Archer Health Center –Las Cruces; Hidalgo Medical Services, Lordsburg; La Clinica de Familia, Sunland Park; La Clinica de Familia, Santa Teresa School Based Clinic, Santa Teresa; Mescalero Apache Indian Health Hospital, Mescalero</td>
<td>Mimbres Memorial Hospital, Deming; Mountain View Regional Medical Center, Las Cruces; Socorro General Hospital, Socorro; Gerald Champion Regional Medical Center, Alamogordo</td>
</tr>
<tr>
<td>Southeast</td>
<td>Roosevelt General Hospital Clinic, Portales;</td>
<td>Carlsbad Medical Center, Carlsbad; Eastern New Mexico Medical Center, Roswell; Lea Regional Medical Center, Hobbs; Artesia General Hospital, Artesia; Dan C Trigg Memorial Hospital, Tucumcari; Lincoln County Medical Center, Ruidoso; Lovelace Regional Hospital; Roswell; Nor-Lea Hospital District, Lovington; Plains Regional Medical Center, Clovis;</td>
</tr>
</tbody>
</table>

In accordance with New Mexico Administrative Code (NMAC) 7.4.3.13 Influenza is a reportable condition for the following:
- Influenza, laboratory confirmed hospitalizations only
- Influenza-associated pediatric death
- Acute Illness or condition of any type involving large numbers of persons in the same geographic area (outbreaks)
- Other illnesses or condition of public health significance (novel influenza A)

For more information on reportable conditions please visit: [http://164.64.110.134/parts/title07/07.004.0003.html](http://164.64.110.134/parts/title07/07.004.0003.html)

Found at the New Mexico State Records Center and Archives - Commission for Public Records

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For questions, please call 505-827-0006. For more information on influenza go to the NMDOH web page: [https://nmhealth.org/about/erd/ideb/isp/](https://nmhealth.org/about/erd/ideb/isp/) Or The CDC web page: [http://www.cdc.gov/flu/index.htm](http://www.cdc.gov/flu/index.htm)