NMHealth

# NEW MEXICO SELECTED HEALTH STATISTICS ANNUAL REPORT 2023

Bureau of Vital Records and Health Statistics
Center for Health Protection

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This publication is available at https://nmhealth.org/data/vital. Data requests may be sent via email to CHP@doh.nm.gov.

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The department's mission is to promote health and well-being and to ensure improved health outcomes for all New Mexicans.

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# EXECUTIVE SUMMARY

## Population Highlights

New Mexico's estimated population in 2023 reached 2,122,076, reflecting a 0.1% decrease since 2020. The population is projected to reach 2,161,000 in 2030.

In 2023, the racial/ethnic distribution of New Mexico's population was 48.6% Hispanic, 36.8% White, 9.8% American Indian or Alaska Native, 2.5% Black or African American, and 2.4% Asian or Pacific Islander.

## Natality Highlights

In 2023, there were 20,645 births to New Mexico residents, resulting in a birth rate of 9.7 births per 1,000 population, which is a record low for the state. New Mexico's birth rate has remained consistently below the national rate since 2014.

Unintended births for residents ages 15–19 years in New Mexico have declined steadily since 1990, except for a slight increase in 2022. Despite reaching a historic low of 17.7 per 1,000 females in 2023, it remained 34.1% higher than the United States (U.S.) rate of 13.2. Among residents aged 15–17, the birth rate was 8.0, and among those aged 18–19, it was 32.6. Nationally, the 2023 rates were 5.5 and 24.6, respectively.

The percentage of low birthweight infants in New Mexico rose from 8.7% in 2015 to 9.9% in 2022, before decreasing slightly to 9.7% in 2023. This was 12.8% higher than the national rate of 8.6%.

The proportion of births to residents who received no prenatal care increased to 3.7% in 2023, the highest since 2019 (3.2%). In contrast, 11.3% received a low level of prenatal care, down from 12.4% in 2022. Residents under 20 years of age received the lowest levels of prenatal care, followed by those over 40.

## Mortality Highlights

In 2023, there were 22,241 deaths among New Mexico residents, with an age-adjusted death rate of 831.9 per 100,000 population, which is higher than the national rate of 750.5.

The leading causes of death were heart disease (4,411 deaths), cancer (3,639), and unintentional injuries (1,854).

Infant mortality in New Mexico reached a record low of 4.6 per 1,000 live births in 2023, a 22.0% decrease from 2022 (5.9 per 1,000 live births). This rate was below the national rate of 5.6 per 1,000 live births in 2022.

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# INTRODUCTION

The New Mexico Department of Health (NMDOH) began collecting data on vital events in 1918, which is a responsibility now carried out by the NMDOH's Center for Health Protection Bureau of Vital Records and Health Statistics (BVRHS). Information from vital records are important indicators of state health that assist in policy development and evaluation.

# METHODOLOGY

The statistics in this report are based on birth and death certificates obtained by the NMDOH Bureau of Vital Records and Health Statistics, including summaries of New Mexico resident births and deaths that occur in other states. National statistics are from the National Center for Health Statistics (NCHS) within the Centers for Disease Control and Prevention (CDC). Population estimates used in calculating rates were produced by the University of New Mexico, Center for Geospatial and Population Studies and the United States (U.S.) census. Note that some measures used in previous reports have been changed or removed to reflect a renewed health equity focus for this report. In addition, note that population estimates were revised in 2024, so previously published rates may differ slightly. Mortality rates are age-adjusted unless otherwise noted or the rate pertains to a specific age group. For more information regarding methodology, please see the *Technical Appendix*.

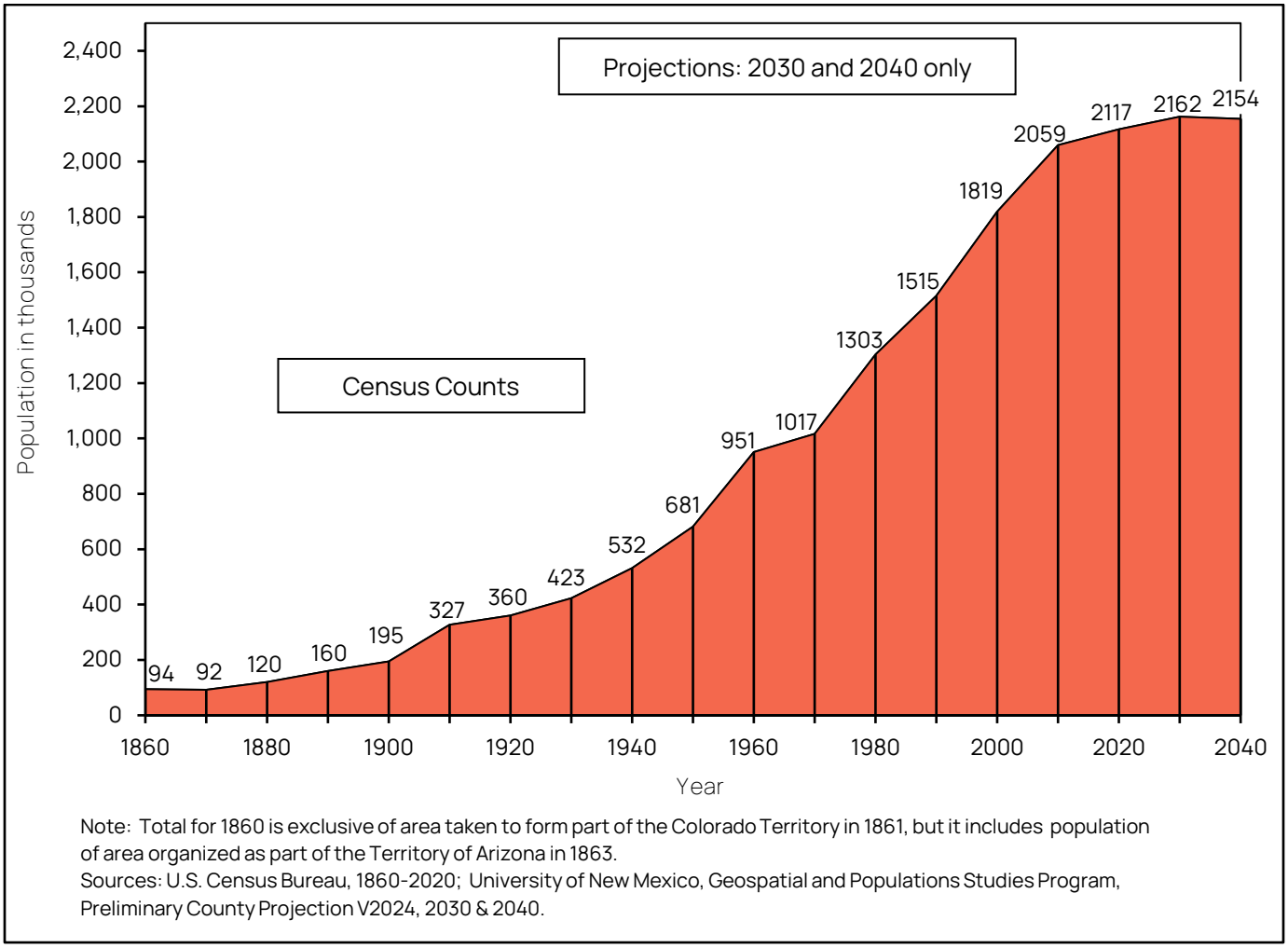
# POPULATION SECTION

## POPULATION ESTIMATES AND PROJECTIONS

The estimated total United States (U.S.) population in 2023 was 334,914,896, reflecting a 1.0% increase since 2020 (U.S. Census Bureau, 2025). In contrast, New Mexico's 2023 estimated population was 2,122,076, marking a 0.1% decrease since 2020 but a 14.9% increase since 2000 (Table P-1).

New Mexico's population is projected to reach 2,161,645 by 2030 and 2,153,964 by 2040 (University of New Mexico, 2025). These are projected increases of 1.9% and 1.5% respectively, from the 2023 estimate (Figure P-1).

Figure P-1. Population Counts and Projections
New Mexico, 1860 to 2040




Note: Total for 1860 is exclusive of area taken to form part of the Colorado Territory in 1861, but it includes population of area organized as part of the Territory of Arizona in 1863.
Sources: U.S. Census Bureau, 1860-2020; University of New Mexico, Geospatial and Populations Studies Program, Preliminary County Projection V2024, 2030 & 2040.

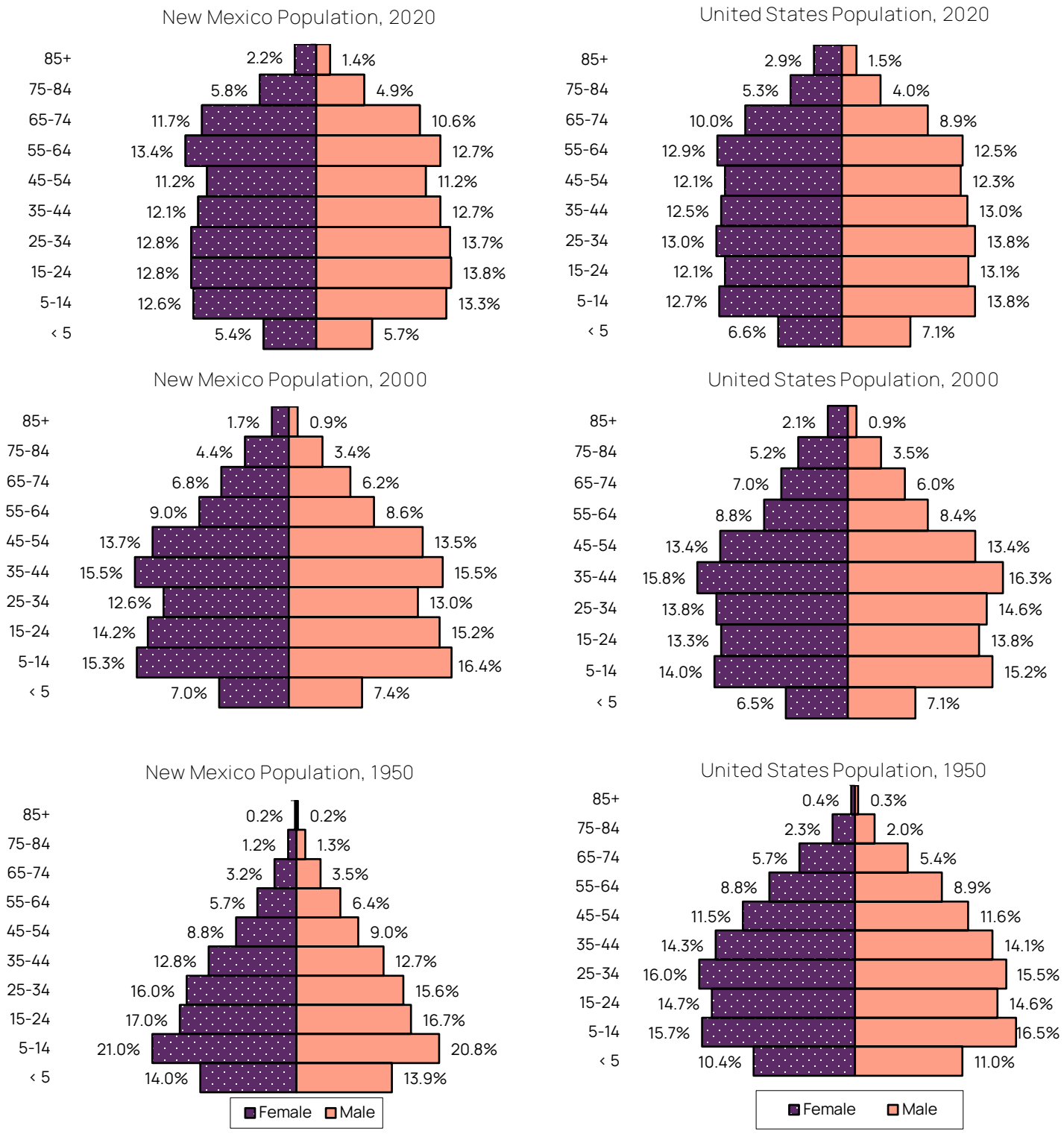
# POPULATION DISTRIBUTION

## Age

In 2023, adults aged 65 and older comprised the largest age group in the U.S., representing 17.7% of the total population. Similarly, this age group accounted for the highest proportion among all age groups (19.8%) in New Mexico (Table P-2).

In 1900, both the U.S. and New Mexico populations were characterized by low life expectancy and high fertility rates, resulting in a population skewed toward younger age groups and a relatively small proportion of older adults. Following World War II, rising life expectancy led to an increase in the share of older individuals in both populations. This demographic shift has contributed to a more balanced age distribution over time (Figure P-2).

## Figure P-2. Population Pyramids
## New Mexico and United States, 1950, 2000, and 2020



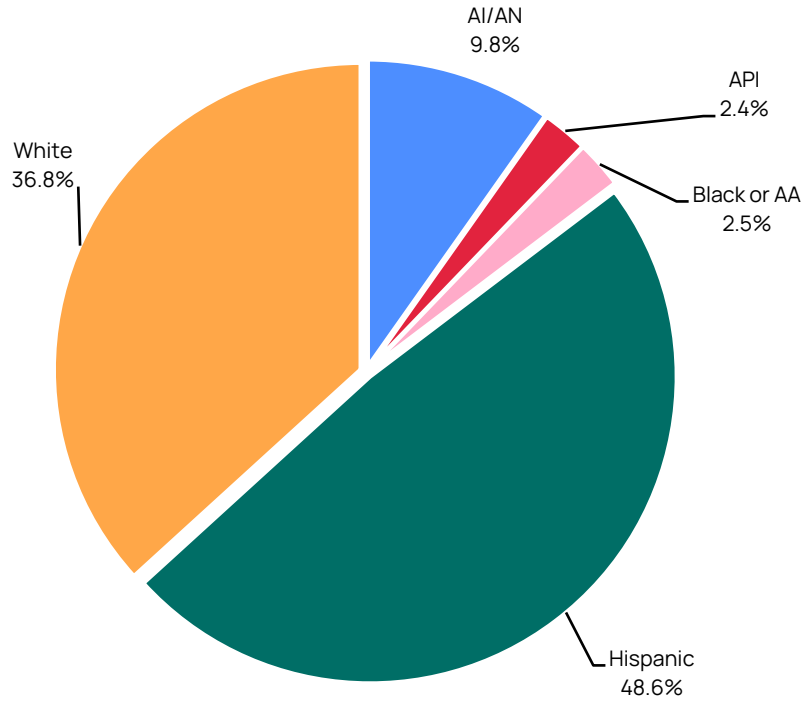
## Race and Ethnicity

The New Mexico Department of Health reports race and ethnicity as a single measure, categorized into five groups. Details on the Department's classification guidelines are provided in the *Technical Appendix*.

According to 2023 state population estimates, 48.6% of New Mexicans identified as Hispanic and 36.8% as White (Figure P-3). The Hispanic category includes individuals of any race defined as American Indian or Alaska Native, Asian or Pacific Islander, Black or African American, or White, who reported Hispanic ethnicity. American Indian or Alaska Native individuals comprised 9.8% of the population, Black or African American individuals 2.5%, and Asian or Pacific Islander individuals 2.4%.

The White population had an older age profile than other racial/ethnic groups in the state, with 20.3% under age 25 and 46.1% aged 55 and older in 2023. In contrast, 37.9% of the Hispanic population were under age 25, while 23.6% were 55 and older. The American Indian or Alaska Native population also skewed younger, with 34.4% under age 25 and 25.0% aged 55 and older (Figure P-4(a) and Figure P-4(b)).

Figure P-3. Population Distribution by Race/Ethnicity
New Mexico, 2023




AI/AN=American Indian or Alaskan Native; API=Asian or Pacific Islander; AA=African American.
See *Technical Appendix* for information on race/ethnicity and population sources.
Due to rounding, percents may not add to 100.

Figure P-4(a). Population Distribution by Race/Ethnicity, Age, and Sex
New Mexico, 2023

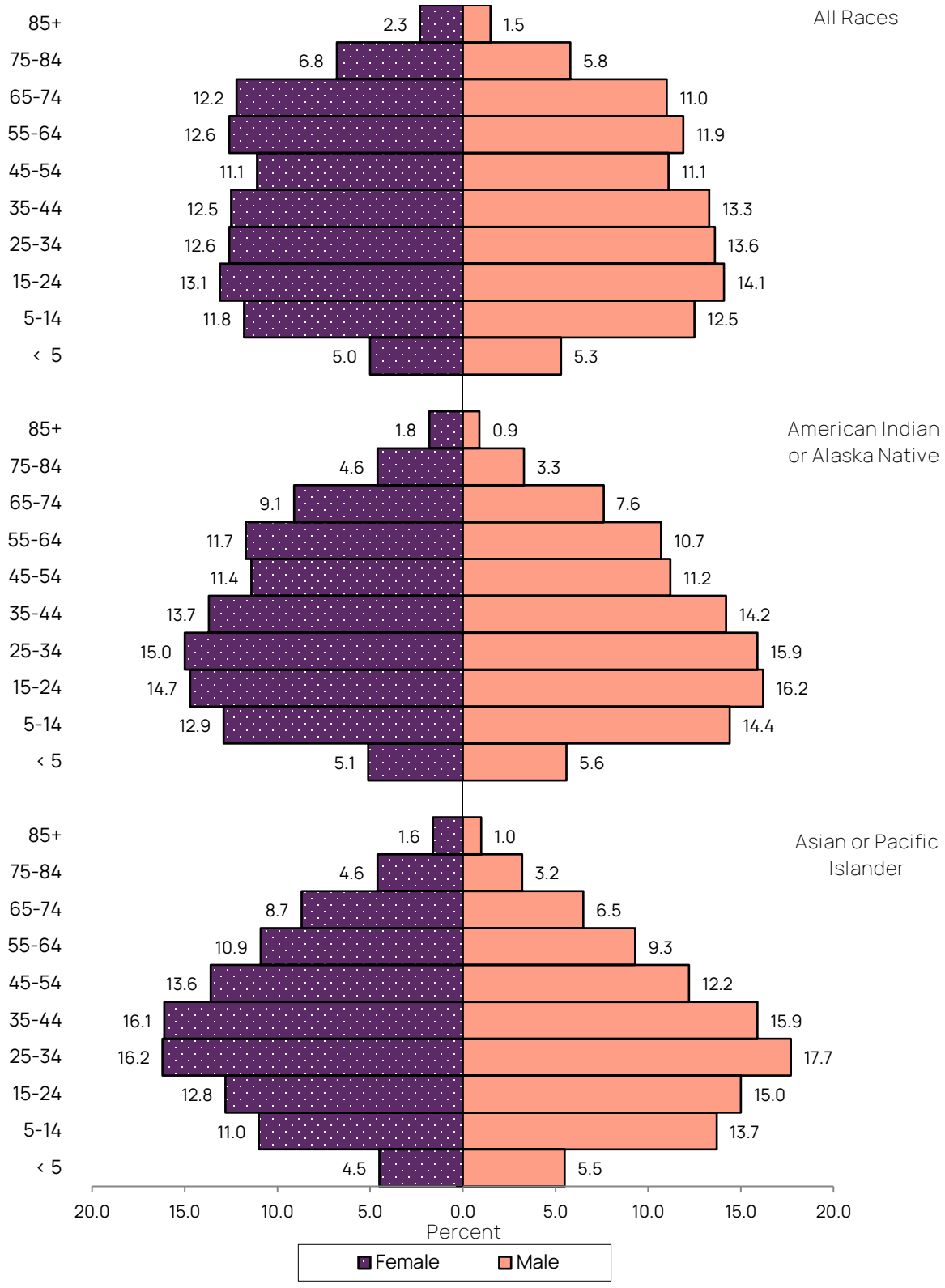
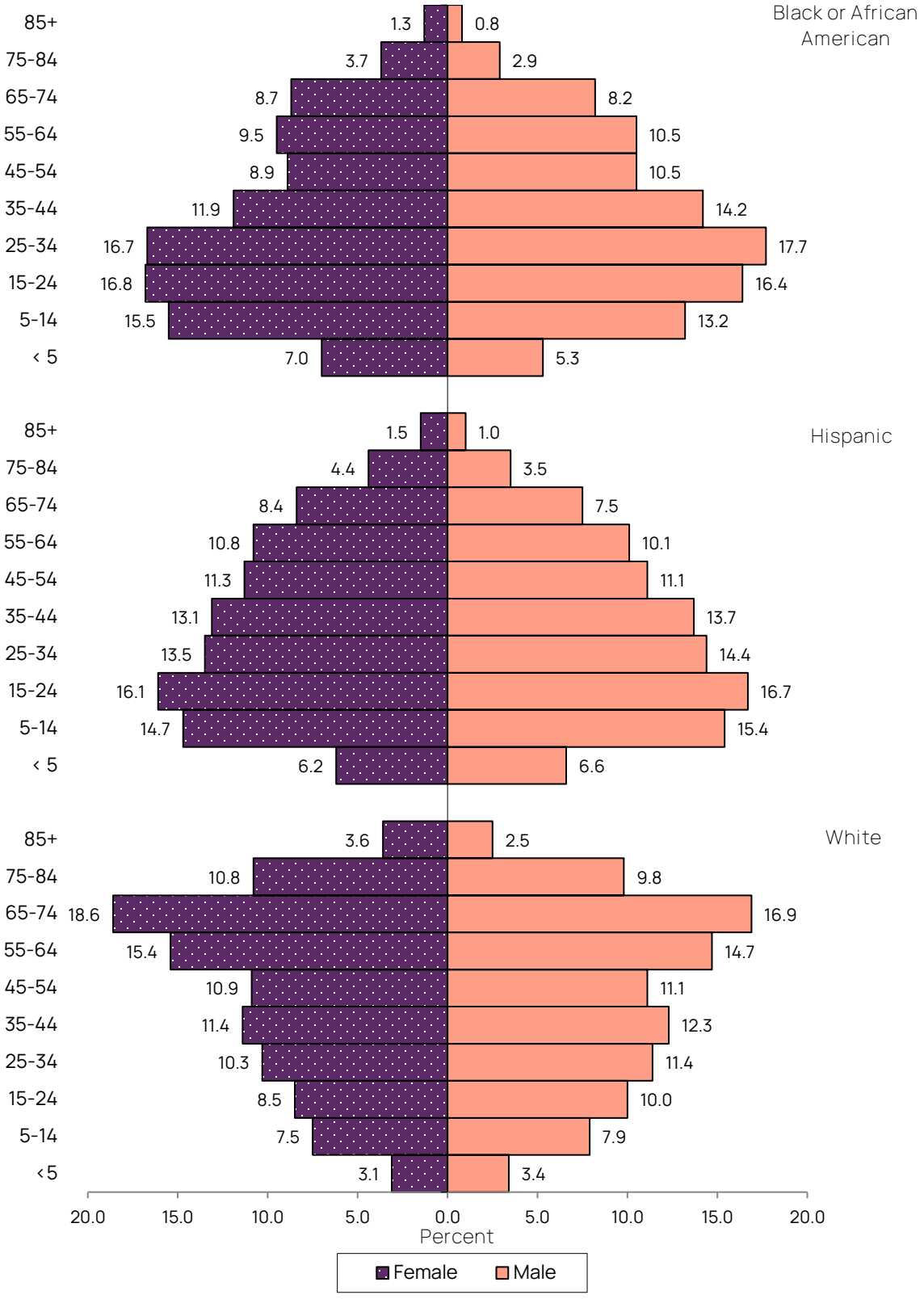


Figure P-4(b). Population Distribution by Race/Ethnicity, Age, and Sex
New Mexico, 2023



## Table P-1. Summary of Health Statistics Trends
## New Mexico, 1973-2023

| Year | Population | Births | Deaths | Maternal Mortality | | Infant Mortality | | | | Fetal Mortality | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | Number | Rate | Number | Rate | Neonatal Rate | Post-neonatal Rate | Number | Rate |
| 2023 | 2,122,076 | 20,645 | 22,241 | 3 | 14.5 | 95 | 4.6 | 2.5 | 2.1 | 98 | 4.7 |
| 2022 | 2,120,923 | 21,517 | 23,653 | 3 | 13.9 | 126 | 5.9 | 4.0 | 1.9 | 66 | 3.1 |
| 2021 | 2,126,088 | 21,393 | 25,317 | 16 | 74.8 | 102 | 4.8 | 2.3 | 2.5 | 79 | 3.7 |
| 2020 | 2,123,249 | 21,890 | 23,842 | 2 | 9.1 | 116 | 5.3 | 3.5 | 1.8 | 73 | 3.3 |
| 2019 | 2,102,656 | 22,966 | 19,537 | 2 | 8.7 | 132 | 5.7 | 3.9 | 1.8 | 58 | 3.0 |
| 2018 | 2,101,730 | 23,038 | 19,023 | 4 | 17.4 | 132 | 5.7 | 4.1 | 1.6 | 71 | 3.1 |
| 2017 | 2,102,521 | 23,708 | 18,672 | 9 | 38.0 | 140 | 5.9 | 3.8 | 2.2 | 69 | 2.9 |
| 2016 | 2,103,586 | 24,503 | 18,260 | 4 | 16.3 | 154 | 6.3 | 4.4 | 1.9 | 71 | 2.9 |
| 2015 | 2,099,856 | 25,730 | 17,687 | 8 | 31.1 | 132 | 5.1 | 3.1 | 2.0 | 86 | 3.3 |
| 2014 | 2,098,381 | 25,985 | 17,564 | 7 | 26.9 | 141 | 5.4 | 3.7 | 1.8 | 85 | 3.3 |
| 2013 | 2,095,156 | 26,242 | 16,780 | 4 | 15.2 | 143 | 5.4 | 4.0 | 1.4 | 52 | 2.0 |
| 2012 | 2,091,432 | 26,992 | 16,640 | 1 | 3.7 | 186 | 6.9 | 4.7 | 2.2 | 69 | 2.5 |
| 2011 | 2,083,725 | 27,251 | 16,245 | 10 | 36.7 | 143 | 5.2 | 3.2 | 2.0 | 68 | 2.5 |
| 2010 | 2,065,194 | 27,795 | 15,866 | 4 | 14.4 | 155 | 5.6 | 3.4 | 2.2 | 75 | 2.7 |
| 2009 | 2,036,112 | 28,873 | 15,392 | 4 | 13.9 | 145 | 5.0 | 3.0 | 2.0 | 90 | 3.1 |
| 2008 | 2,013,046 | 30,156 | 15,400 | 6 | 19.9 | 154 | 5.1 | 3.0 | 2.1 | 89 | 2.9 |
| 2007 | 1,989,979 | 30,605 | 15,400 | 4 | 13.1 | 188 | 6.1 | 3.8 | 2.4 | 82 | 2.7 |
| 2006 | 1,966,876 | 29,918 | 15,231 | 1 | 3.3 | 170 | 5.7 | 3.6 | 2.1 | 69 | 2.3 |
| 2005 | 1,943,810 | 28,822 | 14,866 | 2 | 6.9 | 175 | 6.1 | 3.6 | 2.5 | 84 | 2.9 |
| 2004 | 1,920,743 | 28,355 | 14,197 | 4 | 14.1 | 178 | 6.3 | 3.2 | 2.2 | 78 | 2.7 |
| 2003 | 1,897,640 | 27,799 | 14,493 | 4 | 14.4 | 150 | 5.4 | 3.2 | 2.2 | 89 | 3.2 |
| 2002 | 1,874,575 | 27,708 | 14,114 | 6 | 21.7 | 168 | 6.1 | 4.2 | 1.9 | 89 | 3.2 |
| 2001 | 1,851,512 | 27,101 | 14,016 | 8 | 29.5 | 174 | 6.4 | 4.0 | 2.4 | 64 | 2.4 |
| 2000 | 1,828,560 | 27,206 | 13,384 | 8 | 29.4 | 180 | 6.6 | 3.7 | 2.9 | 104 | 3.8 |
| 1999 | 1,808,082 | 27,133 | 13,433 | 5 | 18.4 | 185 | 6.8 | 3.9 | 2.9 | 90 | 3.3 |
| 1998 | 1,793,484 | 27,294 | 12,858 | 3 | 11.0 | 194 | 7.1 | 4.3 | 2.8 | 84 | 3.1 |
| 1997 | 1,774,839 | 26,844 | 12,613 | 1 | 3.7 | 165 | 6.1 | 3.3 | 2.9 | 103 | 3.8 |
| 1996 | 1,752,326 | 27,216 | 12,456 | 3 | 11.0 | 169 | 6.2 | 3.9 | 2.4 | 84 | 3.1 |
| 1995 | 1,720,394 | 26,914 | 12,500 | 3 | 11.1 | 162 | 6.0 | 4.0 | 2.0 | 106 | 3.9 |
| 1994 | 1,682,398 | 27,585 | 12,106 | 5 | 18.1 | 228 | 8.3 | 4.9 | 3.4 | 108 | 3.9 |
| 1993 | 1,636,453 | 27,831 | 11,689 | 2 | 7.2 | 233 | 8.4 | 4.6 | 3.8 | 108 | 3.9 |
| 1992 | 1,595,442 | 27,910 | 11,130 | 2 | 7.2 | 209 | 7.5 | 3.9 | 3.6 | 104 | 3.7 |
| 1991 | 1,555,305 | 27,783 | 11,225 | 3 | 10.8 | 224 | 8.1 | 4.9 | 3.1 | 100 | 3.6 |
| 1990 | 1,521,574 | 27,318 | 10,549 | 9 | 32.9 | 243 | 8.9 | 5.2 | 3.7 | 123 | 4.5 |
| 1989 | 1,503,901 | 27,265 | 10,473 | 5 | 18.3 | 232 | 8.5 | 5.4 | 3.1 | 111 | 4.1 |
| 1988 | 1,490,336 | 26,935 | 10,381 | 2 | 7.4 | 268 | 9.9 | 6.1 | 3.9 | 147 | 5.4 |
| 1987 | 1,478,519 | 27,246 | 10,324 | 1 | 3.7 | 218 | 8.0 | 5.0 | 3.0 | 121 | 4.4 |
| 1986 | 1,462,728 | 27,281 | 10,007 | 3 | 11.0 | 254 | 9.3 | 5.4 | 4.0 | 111 | 4.1 |
| 1985 | 1,438,360 | 27,449 | 9,637 | 3 | 10.9 | 291 | 10.6 | 6.2 | 4.4 | 157 | 5.7 |
| 1984 | 1,416,719 | 27,350 | 9,504 | 5 | 18.3 | 263 | 9.6 | 6.0 | 3.6 | 186 | 6.8 |
| 1983 | 1,394,362 | 27,508 | 9,138 | 3 | 10.9 | 274 | 10.0 | 5.5 | 4.5 | 192 | 6.9 |
| 1982 | 1,363,822 | 27,630 | 9,186 | 4 | 14.5 | 316 | 11.4 | 6.7 | 4.7 | 202 | 7.3 |
| 1981 | 1,332,747 | 26,565 | 8,668 | 2 | 7.5 | 256 | 9.6 | 5.7 | 3.9 | 180 | 6.7 |
| 1980 | 1,303,303 | 26,589 | 9,032 | 3 | 11.3 | 293 | 11.0 | 7.0 | 4.0 | 204 | 7.6 |
| 1979 | 1,283,000 | 24,821 | 8,617 | 10 | 40.3 | 352 | 14.2 | 8.8 | 5.4 | 206 | 8.2 |
| 1978 | 1,254,000 | 23,907 | 8,331 | 2 | 8.4 | 330 | 13.8 | 8.7 | 5.1 | 199 | 8.3 |
| 1977 | 1,227,000 | 23,100 | 8,223 | 2 | 8.7 | 333 | 14.4 | 9.8 | 4.6 | 201 | 8.6 |
| 1976 | 1,196,000 | 22,180 | 8,204 | 3 | 13.5 | 347 | 15.6 | 10.0 | 5.6 | 196 | 8.8 |
| 1975 | 1,164,000 | 21,078 | 8,003 | 2 | 9.5 | 357 | 16.9 | 11.0 | 6.0 | 169 | 8.0 |
| 1974 | 1,130,000 | 21,339 | 8,029 | 10 | 46.9 | 391 | 18.3 | 12.2 | 6.1 | 184 | 8.5 |

Maternal mortality rates are per 100,000 live births, infant mortality rates are per 1,000 live births, and fetal mortality rates are per 1,000 live births + fetal deaths.
Rates based on fewer than 20 events may be statistically unreliable and should be interpreted with caution.
See *Technical Appendix* for information on rates and population sources.
Statutory reporting requirements for fetal death changed from 2014; see *Technical Appendix*.

Table P-2. Population Percent by Age Group
New Mexico and United States, 2000, 2010, 2020, and 2023

| | 2000 | | 2010 | | 2020 | | 2023 | |
|---|---|---|---|---|---|---|---|---|
| Age Group | NM | US | NM | US | NM | US | NM | US |
| < 5 | 7.2 | 6.8 | 7.3 | 6.5 | 5.5 | 6.0 | 5.1 | 5.5 |
| 5 to 14 | 15.8 | 14.6 | 13.8 | 13.3 | 12.9 | 12.6 | 12.1 | 12.2 |
| 15 to 24 | 14.6 | 13.9 | 14.2 | 14.1 | 13.3 | 13.2 | 13.6 | 13.1 |
| 25 to 34 | 12.9 | 14.2 | 13.0 | 13.3 | 13.3 | 13.9 | 13.1 | 13.5 |
| 35 to 44 | 15.4 | 16.0 | 12.0 | 13.3 | 12.4 | 12.7 | 12.9 | 13.4 |
| 45 to 54 | 13.4 | 13.4 | 14.0 | 14.6 | 11.2 | 12.7 | 11.1 | 12.1 |
| 55 to 64 | 8.7 | 8.6 | 12.5 | 11.8 | 13.0 | 12.9 | 12.2 | 12.5 |
| 65 + | 11.8 | 12.4 | 13.2 | 13.0 | 18.3 | 16.0 | 19.8 | 17.7 |

See *Technical Appendix* for information on population sources.

## Table P-3. Population Number by Age, County, and Health Region
## New Mexico, 2023

| | All Ages | < 1 | 1-4 | 5-14 | 15-17 | 18-19 | 20-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65-74 | 75-84 | 85+ |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 2,122,076 | 21,410 | 87,035 | 257,789 | 87,534 | 57,497 | 143,710 | 277,945 | 274,016 | 236,333 | 259,177 | 246,183 | 133,205 | 40,243 |
| County | | | | | | | | | | | | | | |
| Bernalillo | 672,255 | 6,484 | 25,555 | 75,171 | 25,851 | 16,744 | 43,795 | 96,074 | 94,005 | 78,744 | 83,037 | 74,605 | 39,669 | 12,519 |
| Catron | 3,780 | 26 | 78 | 251 | 86 | 47 | 114 | 264 | 258 | 351 | 679 | 928 | 564 | 133 |
| Chaves | 64,170 | 756 | 2,977 | 8,767 | 3,271 | 2,052 | 4,334 | 8,291 | 8,385 | 6,968 | 7,536 | 6,317 | 3,274 | 1,242 |
| Cibola | 26,666 | 247 | 1,123 | 3,594 | 1,192 | 630 | 1,591 | 3,779 | 3,516 | 2,974 | 3,131 | 2,993 | 1,421 | 474 |
| Colfax | 12,118 | 88 | 384 | 1,138 | 399 | 231 | 640 | 1,317 | 1,342 | 1,240 | 1,768 | 2,011 | 1,186 | 375 |
| Curry | 48,657 | 804 | 2,990 | 6,992 | 2,066 | 1,320 | 4,380 | 8,193 | 6,137 | 4,450 | 4,656 | 3,890 | 2,047 | 731 |
| De Baca | 1,675 | 11 | 62 | 227 | 65 | 27 | 81 | 143 | 198 | 159 | 224 | 275 | 156 | 49 |
| Dona Ana | 228,232 | 2,627 | 9,968 | 29,324 | 9,908 | 9,188 | 24,154 | 30,031 | 26,492 | 22,771 | 24,161 | 22,828 | 12,971 | 3,809 |
| Eddy | 61,897 | 830 | 3,384 | 9,344 | 2,816 | 1,580 | 3,967 | 8,447 | 8,541 | 6,819 | 6,832 | 5,705 | 2,665 | 968 |
| Grant | 27,162 | 238 | 918 | 2,806 | 908 | 635 | 1,514 | 2,541 | 2,738 | 2,816 | 3,566 | 4,754 | 2,867 | 861 |
| Guadalupe | 4,300 | 32 | 125 | 471 | 171 | 94 | 283 | 637 | 611 | 439 | 490 | 513 | 290 | 142 |
| Harding | 647 | 0 | 12 | 59 | 17 | 4 | 17 | 41 | 83 | 46 | 101 | 130 | 80 | 57 |
| Hidalgo | 3,953 | 37 | 151 | 498 | 166 | 88 | 200 | 448 | 442 | 406 | 589 | 511 | 325 | 94 |
| Lea | 72,649 | 1,078 | 4,249 | 11,757 | 3,996 | 2,398 | 5,292 | 10,008 | 10,042 | 7,920 | 7,256 | 5,356 | 2,418 | 880 |
| Lincoln | 20,111 | 140 | 709 | 2,034 | 636 | 405 | 790 | 1,710 | 2,127 | 1,951 | 3,009 | 3,791 | 2,198 | 612 |
| Los Alamos | 19,336 | 165 | 723 | 2,387 | 760 | 384 | 846 | 2,766 | 2,786 | 2,372 | 2,563 | 1,987 | 1,197 | 400 |
| Luna | 25,286 | 385 | 1,375 | 3,646 | 1,107 | 866 | 1,670 | 2,998 | 2,691 | 2,438 | 2,891 | 2,772 | 1,911 | 535 |
| McKinley | 70,642 | 725 | 3,264 | 11,002 | 3,835 | 2,061 | 4,561 | 9,919 | 9,223 | 7,940 | 7,991 | 6,343 | 2,876 | 903 |
| Mora | 4,158 | 28 | 138 | 397 | 115 | 82 | 204 | 339 | 418 | 425 | 659 | 775 | 420 | 158 |
| Otero | 67,449 | 751 | 3,020 | 8,364 | 2,466 | 1,800 | 6,006 | 9,995 | 8,728 | 6,631 | 7,680 | 7,086 | 3,680 | 1,242 |
| Quay | 8,410 | 80 | 341 | 1,001 | 328 | 185 | 420 | 864 | 906 | 863 | 1,156 | 1,277 | 777 | 212 |
| Rio Arriba | 39,175 | 403 | 1,565 | 5,122 | 1,680 | 951 | 2,189 | 4,306 | 4,545 | 4,358 | 5,174 | 5,188 | 2,836 | 858 |
| Roosevelt | 19,035 | 242 | 913 | 2,576 | 792 | 892 | 2,324 | 2,626 | 2,051 | 1,849 | 1,843 | 1,705 | 914 | 307 |
| Sandoval | 155,936 | 1,355 | 5,931 | 19,470 | 6,631 | 3,639 | 8,418 | 18,604 | 21,306 | 18,919 | 19,812 | 19,109 | 10,235 | 2,508 |
| San Juan | 120,213 | 1,077 | 5,419 | 16,820 | 6,098 | 3,196 | 7,313 | 15,348 | 16,228 | 13,247 | 14,502 | 12,886 | 6,036 | 2,042 |
| San Miguel | 26,868 | 204 | 885 | 2,453 | 835 | 844 | 1,653 | 3,102 | 2,995 | 3,048 | 3,845 | 4,003 | 2,342 | 658 |
| Santa Fe | 157,299 | 1,131 | 4,594 | 13,595 | 5,036 | 3,206 | 7,962 | 17,003 | 18,495 | 18,156 | 22,510 | 26,415 | 15,346 | 3,849 |
| Sierra | 11,371 | 81 | 340 | 1,081 | 343 | 163 | 399 | 945 | 991 | 1,079 | 1,599 | 2,273 | 1,553 | 526 |
| Socorro | 15,778 | 150 | 658 | 1,907 | 615 | 738 | 1,212 | 1,705 | 1,739 | 1,639 | 1,990 | 1,973 | 1,130 | 323 |
| Taos | 34,559 | 216 | 973 | 3,015 | 1,096 | 634 | 1,518 | 3,230 | 3,884 | 4,018 | 5,162 | 6,136 | 3,621 | 1,055 |
| Torrance | 15,608 | 136 | 603 | 1,835 | 625 | 382 | 876 | 1,743 | 1,743 | 1,782 | 2,203 | 2,280 | 1,099 | 299 |
| Union | 3,952 | 28 | 155 | 448 | 149 | 77 | 224 | 491 | 508 | 439 | 487 | 527 | 299 | 117 |
| Valencia | 78,729 | 855 | 3,454 | 10,235 | 3,476 | 1,954 | 4,762 | 10,035 | 9,859 | 9,078 | 10,073 | 8,839 | 4,804 | 1,306 |
| Health Region | | | | | | | | | | | | | | |
| Northwest | 217,521 | 2,049 | 9,805 | 31,416 | 11,126 | 5,887 | 13,465 | 29,045 | 28,968 | 24,161 | 25,625 | 22,223 | 10,334 | 3,418 |
| Northeast | 302,412 | 2,296 | 9,555 | 29,087 | 10,257 | 6,507 | 15,536 | 33,234 | 35,669 | 34,542 | 42,760 | 47,685 | 27,618 | 7,669 |
| Metro | 922,528 | 8,829 | 35,543 | 106,711 | 36,584 | 22,720 | 57,852 | 126,456 | 126,913 | 108,522 | 115,126 | 104,834 | 55,807 | 16,632 |
| Southeast | 296,604 | 3,942 | 15,625 | 42,698 | 13,970 | 8,858 | 21,589 | 40,283 | 38,387 | 30,977 | 32,512 | 28,315 | 14,447 | 5,000 |
| Southwest | 383,011 | 4,295 | 16,507 | 47,877 | 15,598 | 13,525 | 35,268 | 48,927 | 44,079 | 38,131 | 43,155 | 43,126 | 24,999 | 7,524 |

See *Technical Appendix* for information on population sources.

## Table P-4. Population Number by Race/Ethnicity, County, and Health Region
## New Mexico, 2023

| | All Races | American Indian or Alaska Native | Asian or Pacific Islander | Black or African American | Hispanic | White |
|---|---|---|---|---|---|---|
| New Mexico | 2,122,076 | 207,355 | 50,040 | 53,826 | 1,030,555 | 780,299 |
| County | | | | | | |
| Bernalillo | 672,255 | 35,450 | 25,658 | 23,507 | 330,054 | 257,586 |
| Catron | 3,780 | 182 | 39 | 52 | 677 | 2,830 |
| Chaves | 64,170 | 886 | 910 | 1,225 | 37,865 | 23,283 |
| Cibola | 26,666 | 11,875 | 279 | 460 | 8,905 | 5,147 |
| Colfax | 12,118 | 323 | 124 | 139 | 5,719 | 5,813 |
| Curry | 48,657 | 664 | 1,226 | 3,140 | 22,483 | 21,144 |
| De Baca | 1,675 | 41 | 12 | 24 | 673 | 925 |
| Dona Ana | 228,232 | 2,813 | 3,731 | 4,868 | 155,154 | 61,666 |
| Eddy | 61,897 | 970 | 684 | 1,112 | 32,226 | 26,906 |
| Grant | 27,162 | 540 | 336 | 338 | 13,012 | 12,937 |
| Guadalupe | 4,300 | 92 | 58 | 103 | 3,321 | 726 |
| Harding | 647 | 8 | 2 | 18 | 267 | 352 |
| Hidalgo | 3,953 | 49 | 41 | 60 | 2,247 | 1,557 |
| Lea | 72,649 | 882 | 590 | 2,752 | 45,881 | 22,544 |
| Lincoln | 20,111 | 748 | 193 | 201 | 6,688 | 12,281 |
| Los Alamos | 19,336 | 341 | 1,567 | 345 | 3,509 | 13,574 |
| Luna | 25,286 | 380 | 409 | 399 | 17,119 | 6,978 |
| McKinley | 70,642 | 54,627 | 1,094 | 590 | 8,640 | 5,690 |
| Mora | 4,158 | 39 | 24 | 24 | 3,273 | 797 |
| Otero | 67,449 | 4,520 | 1,645 | 2,932 | 27,005 | 31,346 |
| Quay | 8,410 | 166 | 123 | 192 | 3,869 | 4,060 |
| Rio Arriba | 39,175 | 6,562 | 321 | 332 | 26,237 | 5,723 |
| Roosevelt | 19,035 | 341 | 337 | 528 | 8,584 | 9,246 |
| Sandoval | 155,936 | 19,814 | 3,857 | 4,497 | 63,124 | 64,643 |
| San Juan | 120,213 | 50,027 | 1,361 | 1,158 | 23,717 | 43,949 |
| San Miguel | 26,868 | 492 | 355 | 515 | 20,165 | 5,342 |
| Santa Fe | 157,299 | 5,275 | 3,146 | 1,915 | 74,933 | 72,030 |
| Sierra | 11,371 | 313 | 127 | 165 | 3,450 | 7,316 |
| Socorro | 15,778 | 2,003 | 359 | 228 | 7,933 | 5,255 |
| Taos | 34,559 | 2,324 | 353 | 273 | 17,453 | 14,158 |
| Torrance | 15,608 | 426 | 138 | 266 | 6,695 | 8,083 |
| Union | 3,952 | 92 | 44 | 109 | 1,605 | 2,103 |
| Valencia | 78,729 | 4,089 | 899 | 1,360 | 48,073 | 24,309 |
| Health Region | | | | | | |
| Northwest | 217,521 | 116,530 | 2,735 | 2,208 | 41,262 | 54,787 |
| Northeast | 302,412 | 15,548 | 5,993 | 3,773 | 156,482 | 120,616 |
| Metro | 922,528 | 59,779 | 30,552 | 29,629 | 447,946 | 354,622 |
| Southeast | 296,604 | 4,698 | 4,074 | 9,174 | 158,269 | 120,389 |
| Southwest | 383,011 | 10,800 | 6,686 | 9,043 | 226,596 | 129,886 |

See *Technical Appendix* for information on race/ethnicity, health regions, and population sources.

Table P-5. Population Change, Births, and Deaths by County
New Mexico, 2020 and 2023

| County | Population | | | Live Births | | | Deaths | | |
|---|---|---|---|---|---|---|---|---|---|
| | 2020 Estimate | 2023 Estimate | Percent Change 2020-2023 | 2020 | 2023 | Percent Change 2020-2023 | 2020 | 2023 | Percent Change 2020-2023 |
| Bernalillo | 677,966 | 672,255 | -0.8 | 6,545 | 6,155 | -6.0 | 7,201 | 6,874 | -4.5 |
| Catron | 3,618 | 3,780 | 4.5 | 12 | 28 | 133.3 | 46 | 69 | 50.0 |
| Chaves | 65,073 | 64,170 | -1.4 | 808 | 702 | -13.1 | 853 | 770 | -9.7 |
| Cibola | 27,136 | 26,666 | -1.7 | 300 | 265 | -11.7 | 369 | 340 | -7.9 |
| Colfax | 12,368 | 12,118 | -2.0 | 97 | 85 | -12.4 | 181 | 158 | -12.7 |
| Curry | 48,581 | 48,657 | 0.2 | 799 | 765 | -4.3 | 476 | 470 | -1.3 |
| De Baca | 1,697 | 1,675 | -1.3 | 16 | 10 | -37.5 | 35 | 30 | -14.3 |
| Dona Ana | 220,394 | 228,232 | 3.6 | 2,466 | 2,472 | 0.2 | 2,310 | 2,062 | -10.7 |
| Eddy | 62,827 | 61,897 | -1.5 | 826 | 823 | -0.4 | 636 | 595 | -6.4 |
| Grant | 27,927 | 27,162 | -2.7 | 254 | 252 | -0.8 | 438 | 395 | -9.8 |
| Guadalupe | 4,453 | 4,300 | -3.4 | 38 | 42 | 10.5 | 60 | 59 | -1.7 |
| Harding | 659 | 647 | -1.8 | 3 | 1 | -66.7 | 14 | 9 | -35.7 |
| Hidalgo | 4,167 | 3,953 | -5.1 | 39 | 42 | 7.7 | 63 | 55 | -12.7 |
| Lea | 74,224 | 72,649 | -2.1 | 1,139 | 1,084 | -4.8 | 714 | 599 | -16.1 |
| Lincoln | 20,307 | 20,111 | -1.0 | 162 | 138 | -14.8 | 238 | 256 | 7.6 |
| Los Alamos | 19,434 | 19,336 | -0.5 | 153 | 179 | 17.0 | 141 | 155 | 9.9 |
| Luna | 25,422 | 25,286 | -0.5 | 376 | 382 | 1.6 | 393 | 345 | -12.2 |
| McKinley | 73,765 | 70,642 | -4.2 | 853 | 683 | -19.9 | 1,216 | 817 | -32.8 |
| Mora | 4,214 | 4,158 | -1.3 | 38 | 32 | -15.8 | 48 | 62 | 29.2 |
| Otero | 67,859 | 67,449 | -0.6 | 828 | 752 | -9.2 | 744 | 665 | -10.6 |
| Quay | 8,707 | 8,410 | -3.4 | 80 | 76 | -5.0 | 164 | 102 | -37.8 |
| Rio Arriba | 40,468 | 39,175 | -3.2 | 408 | 408 | 0.0 | 512 | 525 | 2.5 |
| Roosevelt | 19,188 | 19,035 | -0.8 | 209 | 230 | 10.0 | 190 | 168 | -11.6 |
| Sandoval | 149,290 | 155,936 | 4.5 | 1,321 | 1,256 | -4.9 | 1,437 | 1,454 | 1.2 |
| San Juan | 121,390 | 120,213 | -1.0 | 1,337 | 984 | -26.4 | 1,543 | 1,301 | -15.7 |
| San Miguel | 27,433 | 26,868 | -2.1 | 223 | 198 | -11.2 | 305 | 307 | 0.7 |
| Santa Fe | 156,215 | 157,299 | 0.7 | 1,105 | 1,082 | -2.1 | 1,465 | 1,586 | 8.3 |
| Sierra | 11,579 | 11,371 | -1.8 | 86 | 89 | 3.5 | 306 | 247 | -19.3 |
| Socorro | 16,464 | 15,778 | -4.2 | 173 | 137 | -20.8 | 231 | 216 | -6.5 |
| Taos | 34,595 | 34,559 | -0.1 | 240 | 248 | 3.3 | 410 | 421 | 2.7 |
| Torrance | 15,219 | 15,608 | 2.6 | 151 | 142 | -6.0 | 181 | 213 | 17.7 |
| Union | 4,067 | 3,952 | -2.8 | 38 | 40 | 5.3 | 60 | 56 | -6.7 |
| Valencia | 76,543 | 78,729 | 2.9 | 766 | 861 | 12.4 | 857 | 818 | -4.6 |
| Health Region | | | | | | | | | |
| Northwest | 222,291 | 217,521 | -2.1 | 2,490 | 1,932 | -22 | 3,128 | 2,458 | -21 |
| Northeast | 303,906 | 302,412 | -0.5 | 2,343 | 2,315 | -1 | 3,196 | 3,338 | 4 |
| Metro | 919,018 | 922,528 | 0.4 | 8,783 | 8,414 | -4 | 9,679 | 9,359 | -3 |
| Southeast | 300,604 | 296,604 | -1.3 | 4,039 | 3,828 | -5 | 3,036 | 2,990 | -2 |
| Southwest | 377,430 | 383,011 | 1.5 | 4,234 | 4,154 | -2 | 4,531 | 4,054 | -11 |

Source: New Mexico's Health Indicator Data & Statistics - IBIS, Population Estimates

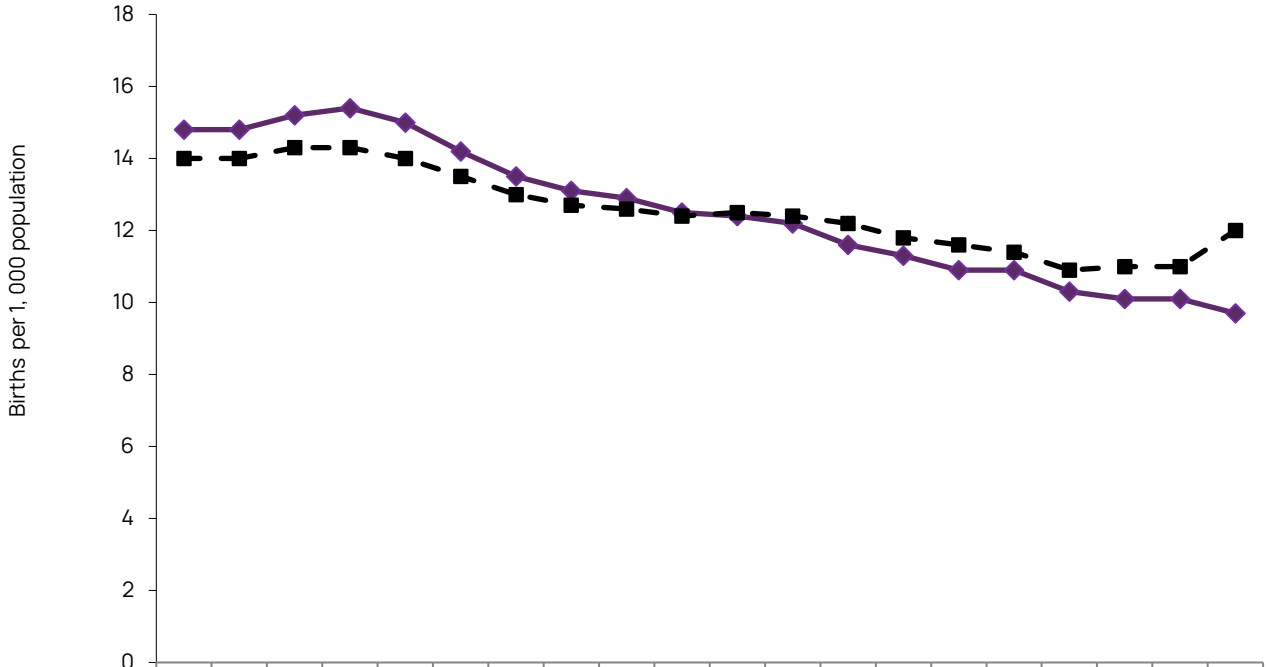
# NATALITY SECTION

## BIRTH NUMBERS AND RATES

There were 20,645 births to New Mexico residents in 2023, resulting in a birth rate of 9.7 births per 1,000 population, which is the lowest on record for the state (Table N-1). Since 2007, New Mexico's birth rate has steadily declined, with an overall decrease of 5.7 births per 1,000 population. In comparison, the U.S. birth rate declined more gradually, with a 2.3-point decrease from 2007 to 2023, despite a slight increase beginning in 2021. Until 2014, New Mexico's birth rate consistently exceeded the national rate (Figure N-1).

New Mexico's 2023 fertility rate (50.6 live births per 1,000 females aged 15-44) was lower than the U.S. fertility rate of 54.4 (Table N-1).

Figure N-1. Birth Rates
New Mexico and United States, 2004-2023




| | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 14.8 | 14.8 | 15.2 | 15.4 | 15.0 | 14.2 | 13.5 | 13.1 | 12.9 | 12.5 | 12.4 | 12.2 | 11.6 | 11.3 | 10.9 | 10.9 | 10.3 | 10.1 | 10.1 | 9.7 |
| United States | 14.0 | 14.0 | 14.3 | 14.3 | 14.0 | 13.5 | 13.0 | 12.7 | 12.6 | 12.4 | 12.5 | 12.4 | 12.2 | 11.8 | 11.6 | 11.4 | 10.9 | 11.0 | 11.0 | 12.0 |

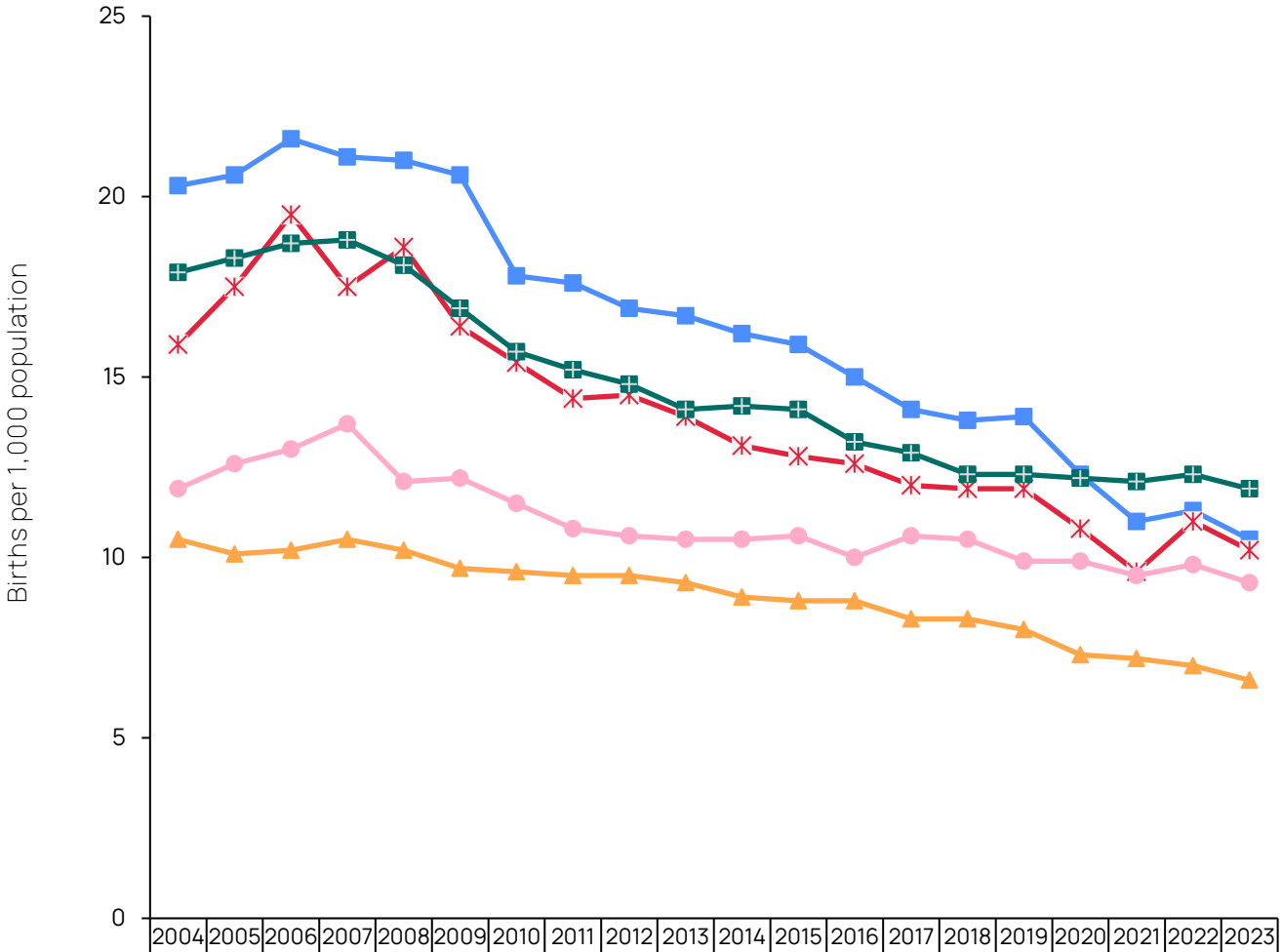
Birth Rate is the number of live births per 1,000 population.
See *Technical Appendix* for more information on rates.

Population notes: Birth rates for the years 2011-2016 may differ slightly from those shown in reports published in previous years. This reflects adjustments to 2011-2016 population estimates with the August 24, 2018, release of revised estimates. See the *Technical Appendix* for more information.

## RACE AND ETHNICITY

In 2023, the largest proportion of births in New Mexico (59.6%) were to Hispanic residents (Table N-3(a)). For the past three years, the Hispanic population has had the highest birth rate among all racial/ethnic groups in the state (Figure N-2). Birth rates have declined across all racial/ethnic groups over the past decade.

Figure N-2. Birth Rates by Race/Ethnicity
New Mexico, 2004-2023



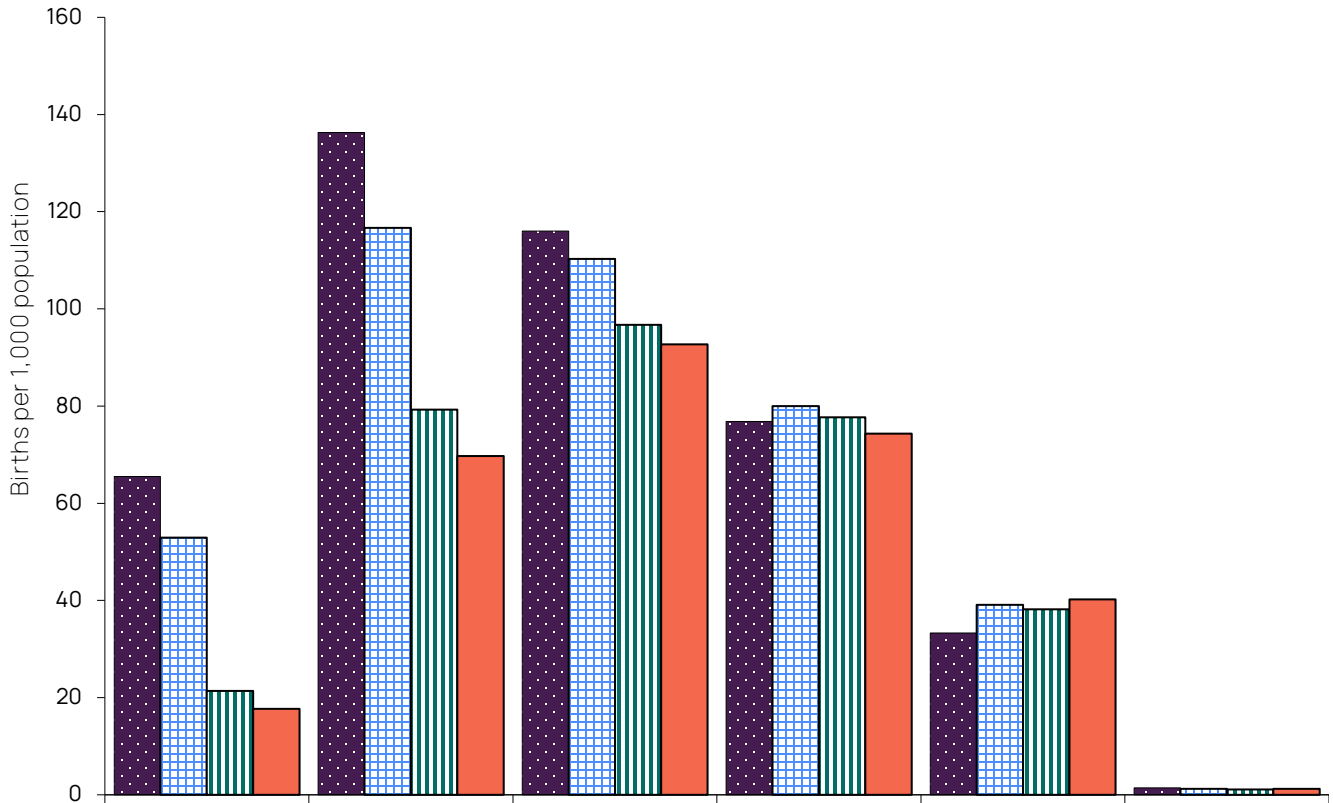

| | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| AI or AN | 20.3 | 20.6 | 21.6 | 21.1 | 21.0 | 20.6 | 17.8 | 17.6 | 16.9 | 16.7 | 16.2 | 15.9 | 15.0 | 14.1 | 13.8 | 13.9 | 12.3 | 11.0 | 11.3 | 10.5 |
| API | 15.9 | 17.5 | 19.5 | 17.5 | 18.6 | 16.4 | 15.4 | 14.4 | 14.5 | 13.9 | 13.1 | 12.8 | 12.6 | 12.0 | 11.9 | 11.9 | 10.8 | 9.6 | 11.0 | 10.2 |
| Black or AA | 11.9 | 12.6 | 13.0 | 13.7 | 12.1 | 12.2 | 11.5 | 10.8 | 10.6 | 10.5 | 10.5 | 10.6 | 10.0 | 10.6 | 10.5 | 9.9 | 9.9 | 9.5 | 9.8 | 9.3 |
| Hispanic | 17.9 | 18.3 | 18.7 | 18.8 | 18.1 | 16.9 | 15.7 | 15.2 | 14.8 | 14.1 | 14.2 | 14.1 | 13.2 | 12.9 | 12.3 | 12.3 | 12.2 | 12.1 | 12.3 | 11.9 |
| White | 10.5 | 10.1 | 10.2 | 10.5 | 10.2 | 9.7 | 9.6 | 9.5 | 9.5 | 9.3 | 8.9 | 8.8 | 8.8 | 8.3 | 8.3 | 8.0 | 7.3 | 7.2 | 7.0 | 6.6 |

Birth Rate is the number of live births per 1,000 persons (males and females) in the population.
AI=American Indian; AN=Alaska Native; API=Asian or Pacific Islander; and AA=African American.
See *Technical Appendix* for information on rates and race/ethnicity.

## BIRTH RATE BY AGE

In 2023, the highest birth rate in New Mexico was among residents aged 25–29, while nationally, the highest rate was among residents aged 30–34 (Table N-2(b)). Nationally, birth rates for residents aged 30 and older have steadily increased since 2000. In contrast, New Mexico experienced declines in birth rates between 2000 and 2023 among residents under 35 and those over 40. The most significant decrease occurred among residents aged 15–19, whose birth rate fell by 73.0%, followed by a 48.9% decrease among residents aged 20–24. Conversely, birth rates for residents aged 35–39 rose by 20.7% during the same period (Figure N-3).

Figure N-3. Birth Rates by Resident's Age
New Mexico, 2000, 2010, 2020, and 2023




| | 15 to 19 | 20 to 24 | 25 to 29 | 30 to 34 | 35 to 39 | 40 +Years |
|---|---|---|---|---|---|---|
| 2000 | 65.5 | 136.3 | 116.0 | 76.8 | 33.3 | 1.4 |
| 2010 | 52.9 | 116.7 | 110.3 | 80.0 | 39.1 | 1.2 |
| 2020 | 21.4 | 79.3 | 96.7 | 77.7 | 38.2 | 1.1 |
| 2023 | 17.7 | 69.7 | 92.7 | 74.3 | 40.2 | 1.2 |

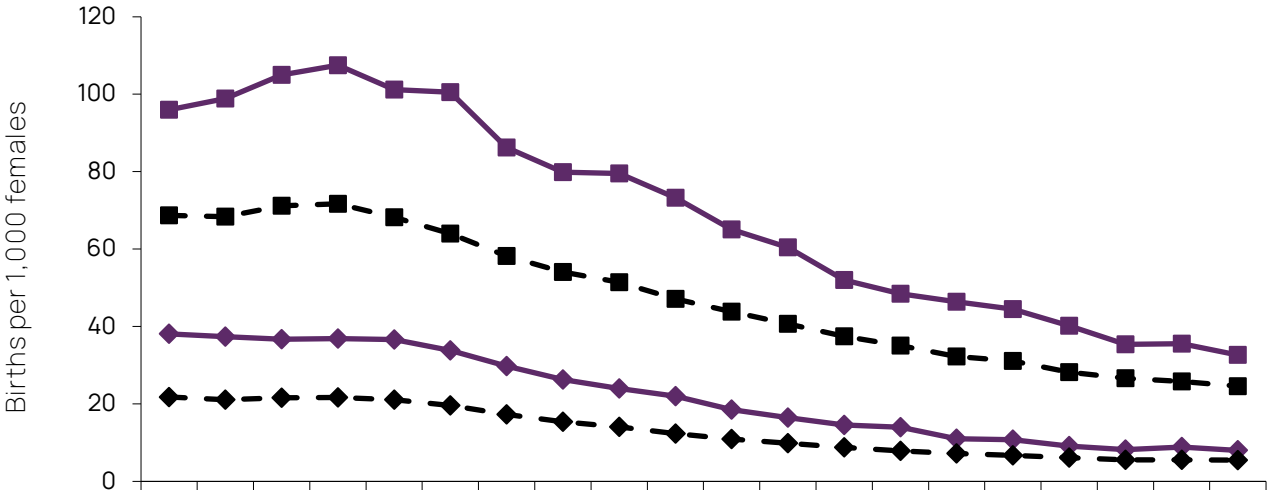
Mother's age group

Age specific birth rates are calculated by dividing the number of births to gestational residents in a specific age group by the number of females in that age group and multiplying by 1,000.
See *Technical Appendix* for information on rates.

Unintended Birth Rates

Between 2000 and 2023, birth rates for New Mexico residents aged 15–17 declined by 79.9%, while rates for those aged 18–19 decreased by 68.6%. Despite these significant declines, unintended birth rates in New Mexico for residents ages 15-19 remain higher than national rates for the same age group (Figure N-4).

Figure N-4. Unintended Birth Rates for Residents aged 15-19
New Mexico and United States, 2004-2023




| | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| NM 15-17 | 38.1 | 37.4 | 36.7 | 36.9 | 36.6 | 33.8 | 29.8 | 26.3 | 24.0 | 22.0 | 18.5 | 16.5 | 14.6 | 14.0 | 11.0 | 10.8 | 9.1 | 8.2 | 8.9 | 8.0 |
| US 15-17 | 21.8 | 21.1 | 21.6 | 21.7 | 21.1 | 19.6 | 17.3 | 15.4 | 14.1 | 12.3 | 10.9 | 9.9 | 8.8 | 7.9 | 7.2 | 6.7 | 6.1 | 5.6 | 5.6 | 5.5 |
| NM 18-19 | 96.0 | 98.9 | 105. | 107. | 101. | 100. | 86.2 | 79.9 | 79.6 | 73.3 | 65.1 | 60.4 | 52.0 | 48.5 | 46.4 | 44.5 | 40.2 | 35.4 | 35.6 | 32.6 |
| US 18-19 | 68.7 | 68.4 | 71.2 | 71.7 | 68.2 | 64.0 | 58.2 | 54.1 | 51.4 | 47.1 | 43.8 | 40.7 | 37.5 | 35.1 | 32.3 | 31.1 | 28.2 | 26.6 | 25.8 | 24.6 |

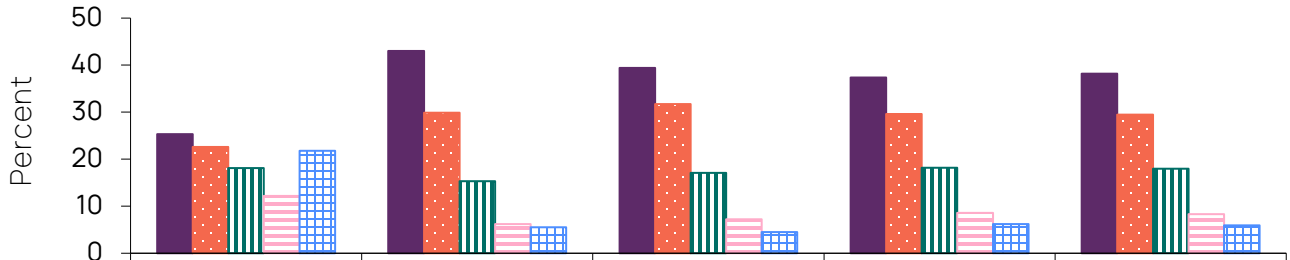
Age specific birth rates are calculated by dividing the number of births to females in a specific age group by the number of women in that age group and multiplying by 1,000.
See Technical Appendix for information on rates.

## BIRTH ORDER

Birth order refers to the sequence in which a child is born to a resident, such as first-born or second-born. Populations with lower fertility levels typically have a higher proportion of first- and second-order births compared to populations with higher fertility levels.

In 2023, 38.2% of all births in New Mexico were first-born, and 29.5% were second-born (Figure N-8). In comparison, in 1960, when fertility rates were higher, these figures were 25.3% and 22.6%, respectively. Fifth-order or higher births accounted for just 5.9% of births in 2023, down from 21.8% in 1960. Since 2000, the proportion of first-born births has decreased by 3.1%.

Figure N-8. Percentage of Births by Birth Order
New Mexico, 1960-2023



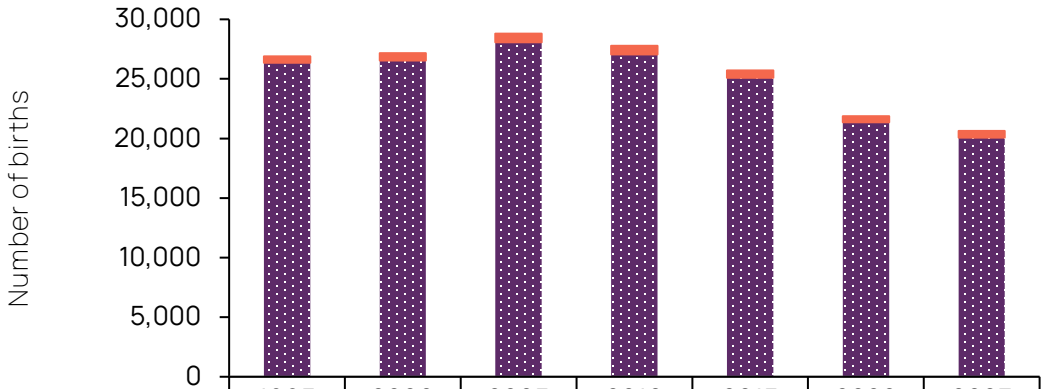

| | 1960 | 1980 | 2000 | 2020 | 2023 |
|---|---|---|---|---|---|
| 1st | 25.3 | 43.0 | 39.4 | 37.4 | 38.2 |
| 2nd | 22.6 | 29.9 | 31.7 | 29.6 | 29.5 |
| 3rd | 18.1 | 15.3 | 17.1 | 18.2 | 18.0 |
| 4th | 12.2 | 6.2 | 7.2 | 8.6 | 8.3 |
| 5+ | 21.8 | 5.5 | 4.5 | 6.2 | 5.9 |

## MULTIPLE BIRTHS

The multiple birth rate, defined as the number of twins, triplets, or higher multiple births per 1,000 total live births, was 26.9 in New Mexico in 2023. This rate was 14.3% lower than the national multiple birth rate of 31.4 for the same year.[1]

Between 1995 and 2023, the number of singleton births in New Mexico declined by 23.8%, while the number of multiple births increased by 1.6% (Figure N-9).

Figure N-9. Number of Births in Single and Multiple Deliveries by Year
New Mexico, 1995-2023




| | 1995 | 2000 | 2005 | 2010 | 2015 | 2020 | 2023 |
|---|---|---|---|---|---|---|---|
| Multiple Births | 547 | 631 | 723 | 727 | 608 | 508 | 556 |
| Single Births | 26,346 | 26,540 | 28,084 | 27,050 | 25,106 | 21370 | 20,083 |

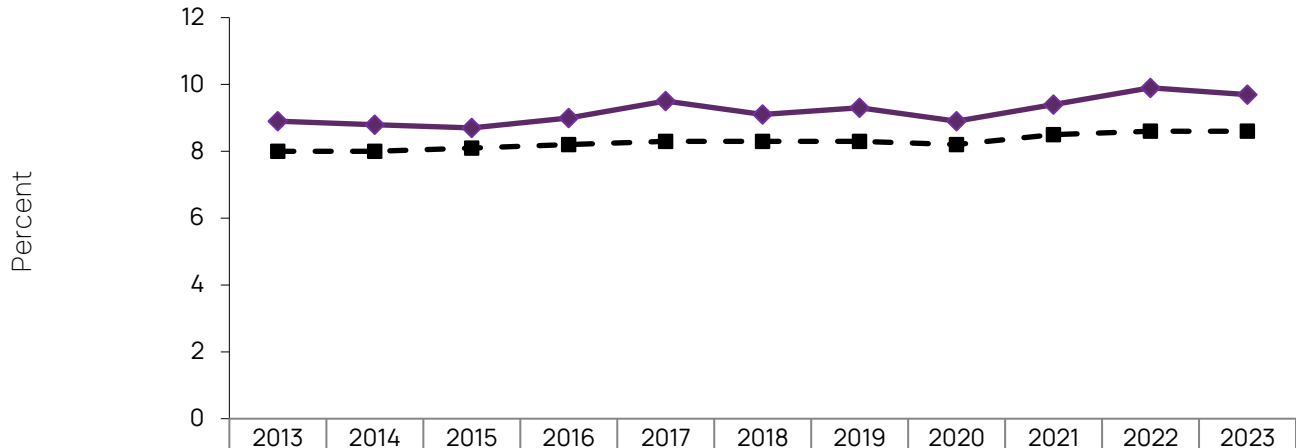
## BIRTHWEIGHT

Low birthweight is defined as a birth weight less than 2,500 grams. In the U.S., the percentage of low birthweight infants has remained relatively stable over the past decade, ranging from 8.0% to 8.6% (3). In New Mexico, however, the percentage increased from 8.4% in 2008 to a peak of 9.9% in 2022, before slightly declining to 9.7% in 2023 (Figure N-10).

Demographic factors associated with increased risk of low birthweight include race/ethnicity, and gestational age.[3] Other factors that are associated with an increased risk of low birthweight include high altitude, access to prenatal care due to geography, and various social stressors. [4] In 2023, the highest percentage of low birthweight infants in New Mexico were born to Asian or Pacific Islander residents (13.1%), followed by Black or African American residents (12.4%) (Figure N-11).

In both New Mexico and the U.S., residents older than 40 years of age had the highest percentages of births with low birthweight. Across all maternal age groups, the percentage of low birthweight infants was higher in New Mexico than in the U.S. overall (Figure N-12).

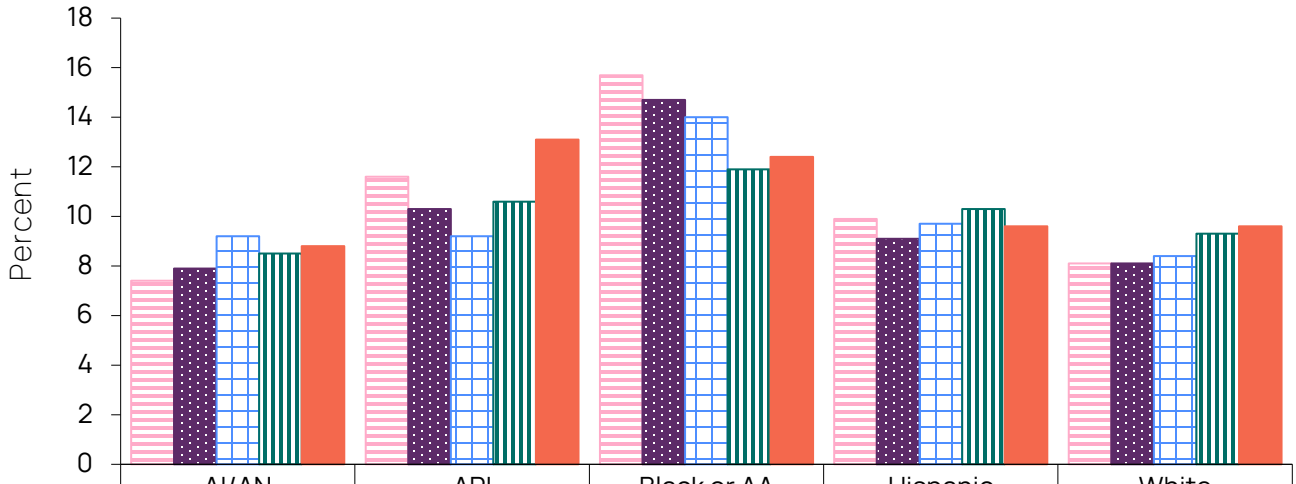
Figure N-10 Percentage of Births with Low Birthweight
New Mexico and United States, 2014-2023




| | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| United States | 8.0 | 8.0 | 8.1 | 8.2 | 8.3 | 8.3 | 8.3 | 8.2 | 8.5 | 8.6 | 8.6 |
| New Mexico | 8.9 | 8.8 | 8.7 | 9.0 | 9.5 | 9.1 | 9.3 | 8.9 | 9.4 | 9.9 | 9.7 |

Low birthweight is a birthweight of less than 2,500 grams.

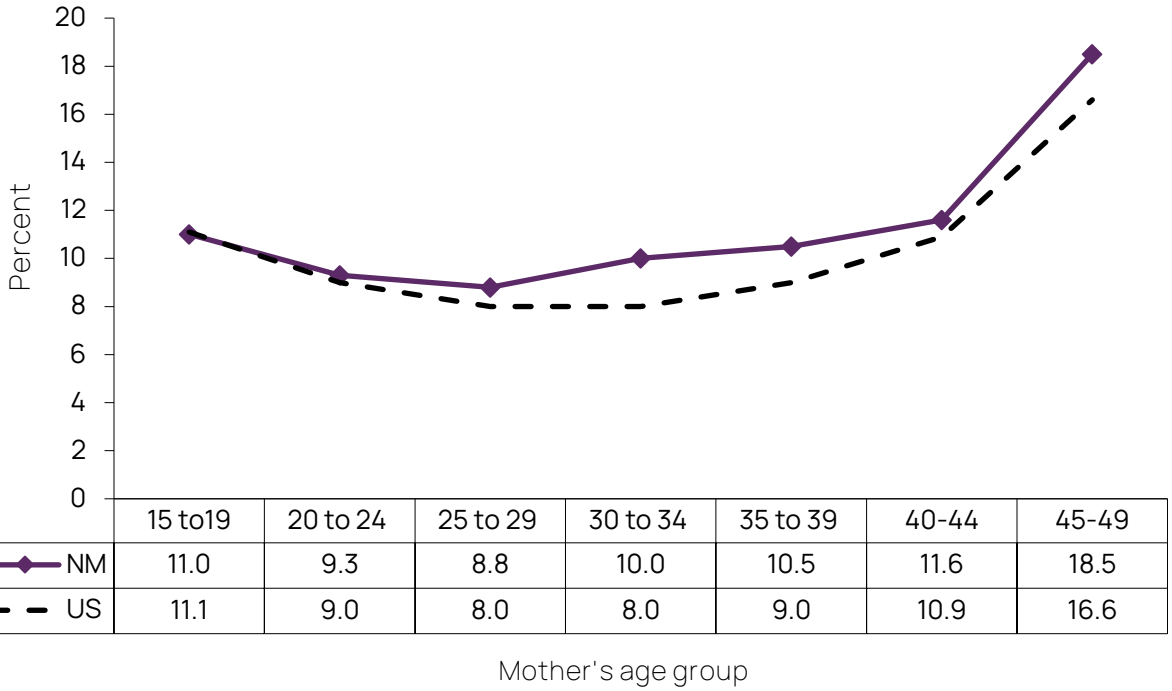
Figure N-11 Percentage of Births with Low Birthweight by Race/Ethnicity
New Mexico, 2014-2023




| | AI/AN | API | Black or AA | Hispanic | White |
|---|---|---|---|---|---|
| 2019 | 7.4 | 11.6 | 15.7 | 9.9 | 8.1 |
| 2020 | 7.9 | 10.3 | 14.7 | 9.1 | 8.1 |
| 2021 | 9.2 | 9.2 | 14.0 | 9.7 | 8.4 |
| 2022 | 8.5 | 10.6 | 11.9 | 10.3 | 9.3 |
| 2023 | 8.8 | 13.1 | 12.4 | 9.6 | 9.6 |

AI=American Indian; AN=Alaska Native; API=Asian or Pacific Islander; and AA=African American.
See Technical Appendix for information on race/ethnicity. Low birthweight is a birthweight of less than 2,500 grams.

Figure N-12. Percentage of Births with Low Birthweight by Resident's Age
New Mexico and United States, 2023




| | 15 to19 | 20 to 24 | 25 to 29 | 30 to 34 | 35 to 39 | 40-44 | 45-49 |
|---|---|---|---|---|---|---|---|
| NM | 11.0 | 9.3 | 8.8 | 10.0 | 10.5 | 11.6 | 18.5 |
| US | 11.1 | 9.0 | 8.0 | 8.0 | 9.0 | 10.9 | 16.6 |

Mother's age group

Low birthweight is a birthweight of less than 2,500 grams.

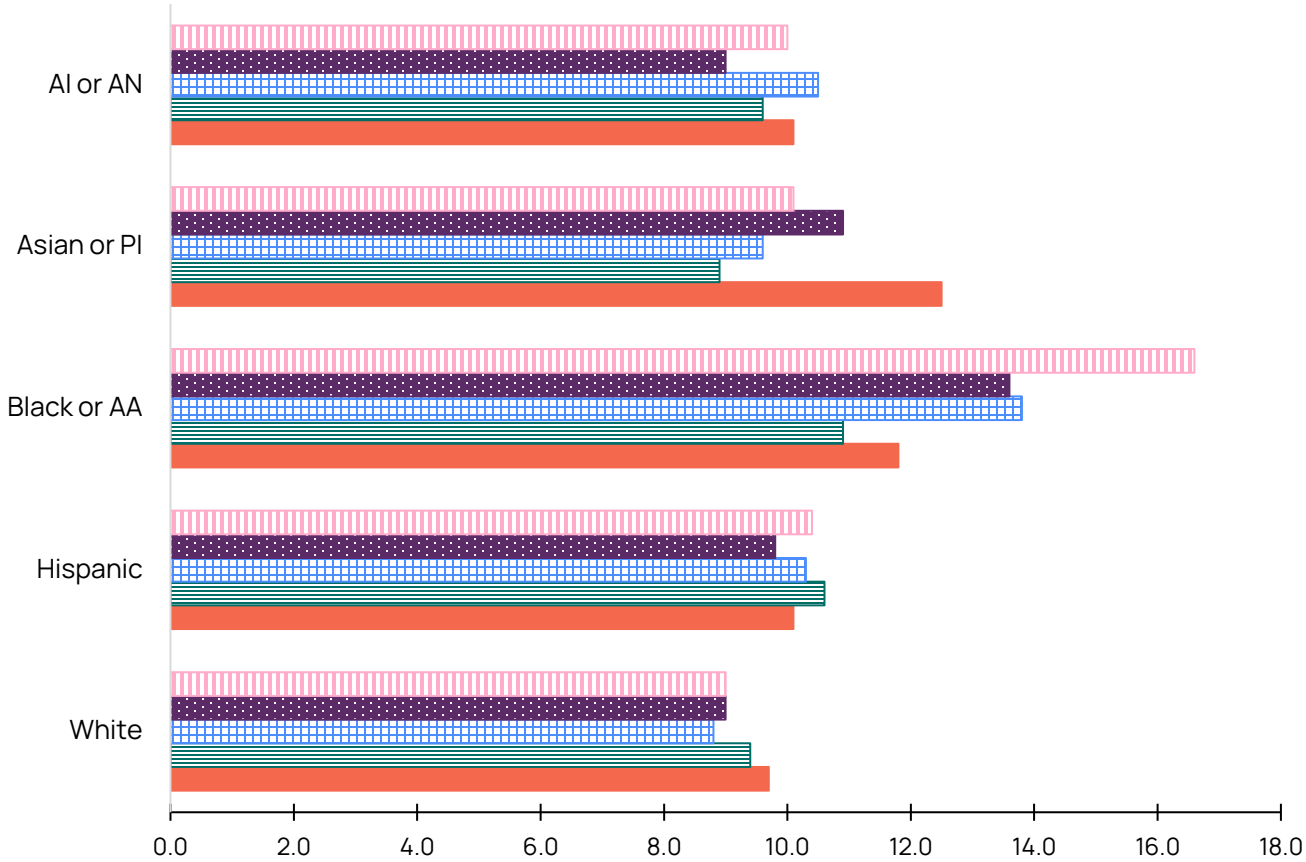
## GESTATIONAL AGE

Of babies born at a normal birthweight in 2023, 95.0% were born at term. Early preterm births, defined as those occurring before 32 weeks gestation, made up 83.9% of those born at a very low birthweight (under 1,500 grams) (Figure N-14). Preterm birth, those delivered before 37 completed weeks of gestation, remain a leading cause of infant mortality that is associated with congenital and neurological disorders.

From 2014 to 2022, preterm births were most prevalent among Black or African American residents. However, in 2023, this trend shifted, with preterm births among Asian or Pacific Islander residents rising to 12.5%, which marks a 33.0% increase from 2014 (Figure N-13). During the same period, preterm births increased by 29.5% among American Indian or Alaska Native residents and by 12.2% among Hispanic residents. In contrast, preterm births among Black or African American residents declined by 7.8%.

Gestational age in New Mexico is measured using the U.S. NCHS methodology for clinical estimates of gestation (see *Technical Appendix* for details).

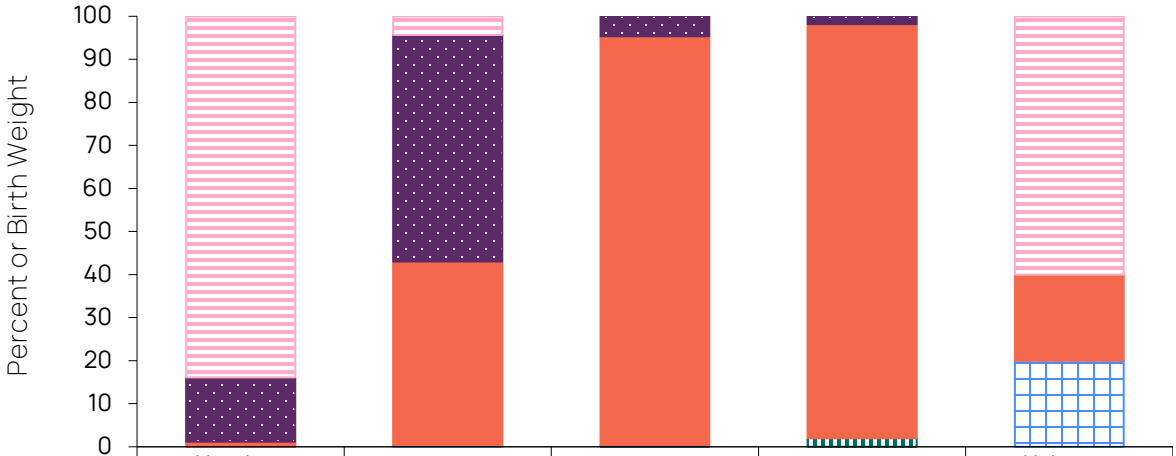
Figure N-13. Percentage of Preterm Births by Race/Ethnicity
New Mexico, 2019-2023




| | White | Hispanic | Black or AA | Asian or PI | AI or AN |
|---|---|---|---|---|---|
| 2019 | 9.0 | 10.4 | 16.6 | 10.1 | 10.0 |
| 2020 | 9.0 | 9.8 | 13.6 | 10.9 | 9.0 |
| 2021 | 8.8 | 10.3 | 13.8 | 9.6 | 10.5 |
| 2022 | 9.4 | 10.6 | 10.9 | 8.9 | 9.6 |
| 2023 | 9.7 | 10.1 | 11.8 | 12.5 | 10.1 |

AI=American Indian; AN=Alaska Native; PI=Pacific Islander; and AA=African American.
Preterm is less than 37 weeks gestation.
See the *Technical Appendix* for information on race/ethnicity and calculating gestational age.

Figure N-14. Percentage of Gestational Age by Birthweight
New Mexico, 2023




| | Very Low Birthweight | Low Birthweight | Normal Birthweight | High Birthweight | Unknown Birthweight |
|---|---|---|---|---|---|
| Early preterm | 83.9 | 4.3 | 0.0 | 0.0 | 60.0 |
| Late preterm | 14.9 | 52.7 | 4.7 | 1.9 | 0.0 |
| Term | 1.2 | 42.8 | 95.0 | 96.2 | 20.0 |
| Post Term | 0.0 | 0.0 | 0.3 | 2.0 | 0.0 |
| Unknown Term | 0.0 | 0.2 | 0.1 | 0.0 | 20.0 |

Early preterm is less than 32 weeks gestation, Late preterm 32-36 weeks gestation, Term is 37-41 weeks gestation, and Post Term is greater than 42 weeks gestation. Very low birthweight is less than 1,500 grams, Low birthweight is 1,500 to 2,500 grams, Normal birthweight is 2,500 to 3,999 grams, and High birthweight is 4,000 grams and higher.

## PRENATAL CARE

There are two primary ways that New Mexico reports on prenatal care: when the trimester prenatal care began and the Kessner Index, which relies heavily on when prenatal care was initiated.

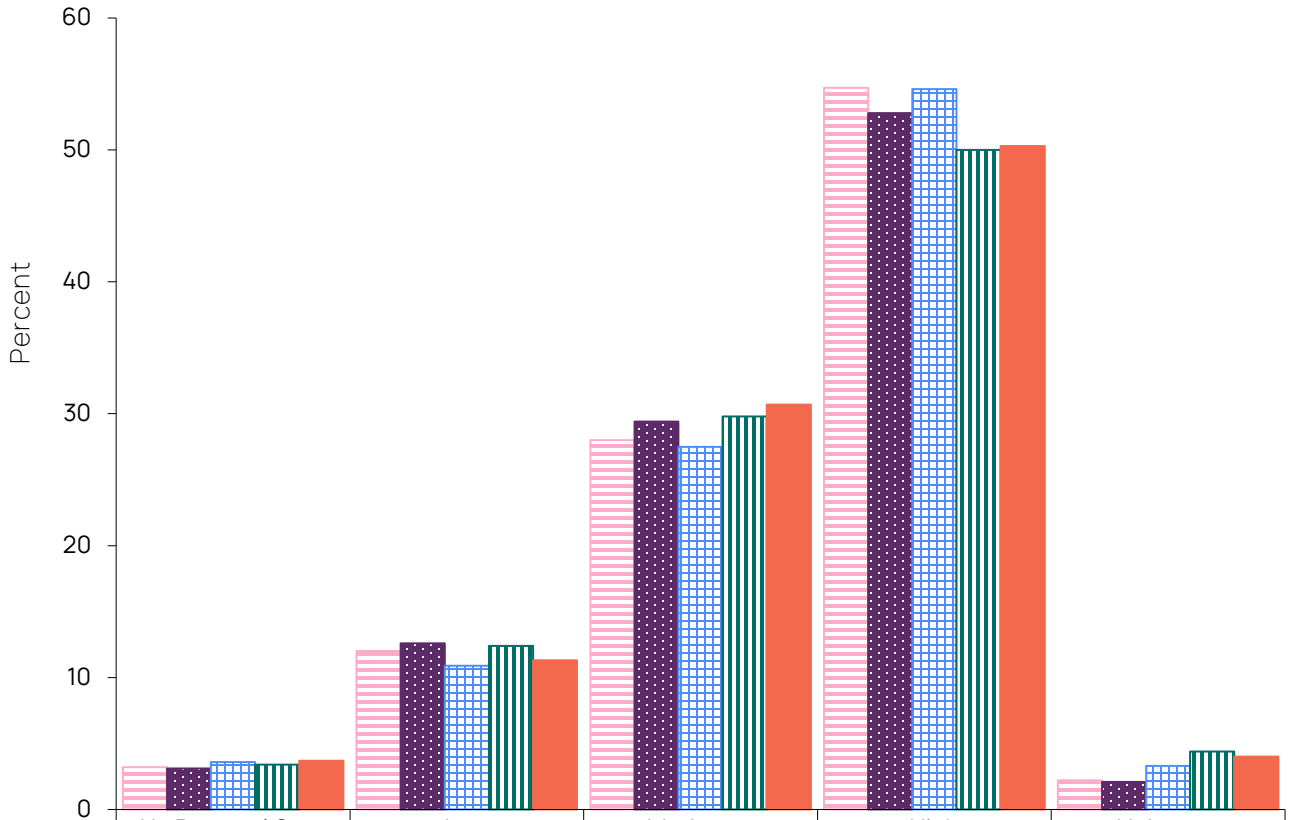
### Kessner Index

The traditional measure of prenatal care in New Mexico is a modified Kessner index. Levels of prenatal care are categorized by the month prenatal care begins, and the number of prenatal visits made.

- Low-level care is defined as care that begins in the third trimester, includes fewer than five prenatal care visits, or when no prenatal care is received.
- High-level care refers to care that began during the first trimester and includes nine or more prenatal care visits.
- Mid-level care includes care that began during the first trimester with 5-8 prenatal visits, or care beginning between the fourth and sixth month of pregnancy with 5 or more visits.

In 2023, 3.7% of residents with a recent live birth received no prenatal care, a decrease from a high of 4.3% in 2018 (Figure N-15). The age group with the lowest levels of prenatal care (low or no care) were residents under 18 years of age (Figure N-16).

Figure N-15. Percentage of Births by Level of Prenatal Care (Modified Kessner Index)
New Mexico, 2019-2023

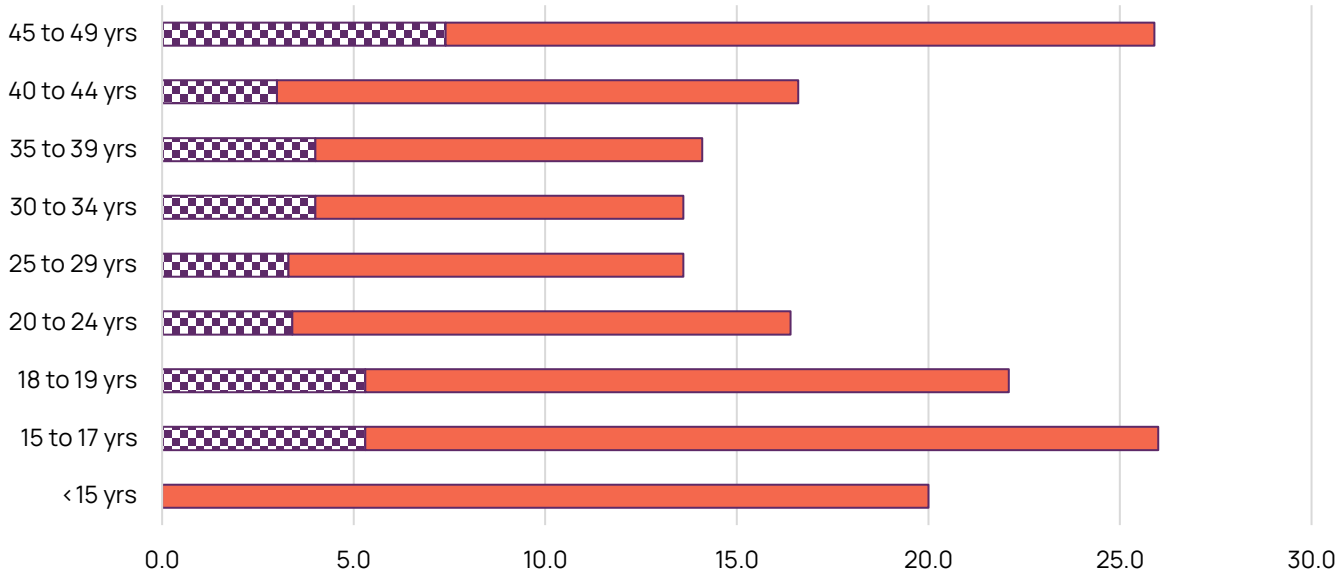



| | No Prenatal Care | Low | Moderate | High | Unknown |
|---|---|---|---|---|---|
| 2019 | 3.2 | 12.0 | 28.0 | 54.7 | 2.2 |
| 2020 | 3.1 | 12.6 | 29.4 | 52.8 | 2.1 |
| 2021 | 3.6 | 10.9 | 27.5 | 54.6 | 3.3 |
| 2022 | 3.4 | 12.4 | 29.8 | 50.0 | 4.4 |
| 2023 | 3.7 | 11.3 | 30.7 | 50.3 | 4.0 |

Levels of prenatal care

See Technical Appendix for information on the Modified Kessner Index.
Due to rounding percents may not add to 100.

Figure N-16. Percentage of Births with Low or No Prenatal Care by Resident's Age
New Mexico, 2023




| | <15 yrs | 15 to 17 yrs | 18 to 19 yrs | 20 to 24 yrs | 25 to 29 yrs | 30 to 34 yrs | 35 to 39 yrs | 40 to 44 yrs | 45 to 49 yrs |
|---|---|---|---|---|---|---|---|---|---|
| No Care | 0.0 | 5.3 | 5.3 | 3.4 | 3.3 | 4.0 | 4.0 | 3.0 | 7.4 |
| Low Care | 20.0 | 20.7 | 16.8 | 13.0 | 10.3 | 9.6 | 10.1 | 13.6 | 18.5 |

Figure excludes births with other/unknown mother's age and mother's age of 50+ years.
See Technical Appendix for information on the Modified Kessner Index.

## References


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Table N-1. Natality Characteristics by County and Health Region
New Mexico and United States, 2023

| | Number of Births | Crude Rate | Percent | Fertility Rate | Male | Female | Sex Ratio Male to Female |
|---|---|---|---|---|---|---|---|
| U.S. | 3,596,017 | 12.0 | 100 | 54.4 | 1,839,794 | 1,756,223 | 1.05 |
| New Mexico | 20,645 | 9.7 | 100 | 50.6 | 10,546 | 10,189 | 1.04 |
| County | | | | | | | |
| Bernalillo | 6,155 | 9.2 | 29.8 | 45.1 | 3,194 | 2,961 | 1.08 |
| Catron | 28 | 7.4 | 0.1 | 74.9 | 20 | 8 | 2.50 |
| Chaves | 702 | 10.9 | 3.4 | 55.7 | 349 | 353 | 0.99 |
| Cibola | 265 | 9.9 | 1.3 | 52.4 | 125 | 140 | 0.89 |
| Colfax | 85 | 7.0 | 0.4 | 48.2 | 43 | 42 | 1.02 |
| Curry | 765 | 15.7 | 3.7 | 76.5 | 382 | 383 | 1.00 |
| De Baca | 10 | 6.0 | 0.0 | 42.0 | 4 | 6 | 0.67 |
| Dona Ana | 2,472 | 10.8 | 12.0 | 50.0 | 1,238 | 1234 | 1.00 |
| Eddy | 823 | 13.3 | 4.0 | 68.3 | 381 | 442 | 0.86 |
| Grant | 252 | 9.3 | 1.2 | 62.2 | 115 | 137 | 0.84 |
| Guadalupe | 42 | 9.8 | 0.2 | 65.8 | 21 | 20 | 1.05 |
| Harding | 1 | 1.5 | 0 | 13.2 | 1 | 0 | 2.00 |
| Hidalgo | 42 | 10.6 | 0.2 | 69.2 | 16 | 26 | 0.62 |
| Lea | 1,084 | 14.9 | 5.3 | 73.2 | 576 | 508 | 1.13 |
| Lincoln | 138 | 6.9 | 0.7 | 49.0 | 68 | 70 | 0.97 |
| Los Alamos | 179 | 9.3 | 0.9 | 52.5 | 84 | 95 | 0.88 |
| Luna | 382 | 15.1 | 1.9 | 85.5 | 187 | 195 | 0.96 |
| McKinley | 683 | 9.7 | 3.3 | 46.3 | 313 | 370 | 0.85 |
| Mora | 32 | 7.7 | 0.2 | 58.5 | 20 | 12 | 1.67 |
| Otero | 752 | 11.1 | 3.6 | 59.9 | 372 | 380 | 0.98 |
| Quay | 76 | 9.0 | 0.4 | 58.3 | 37 | 39 | 0.95 |
| Rio Arriba | 408 | 10.4 | 2.0 | 60.6 | 212 | 196 | 1.08 |
| Roosevelt | 230 | 12.1 | 1.1 | 54.0 | 116 | 114 | 1.02 |
| Sandoval | 1,256 | 8.1 | 6.1 | 43.5 | 620 | 636 | 0.97 |
| San Juan | 984 | 8.2 | 4.8 | 41.3 | 498 | 486 | 1.02 |
| San Miguel | 198 | 7.4 | 1.0 | 42.9 | 99 | 99 | 1.00 |
| Santa Fe | 1,082 | 6.9 | 5.2 | 42.8 | 546 | 536 | 1.02 |
| Sierra | 89 | 7.8 | 0.4 | 64.5 | 42 | 47 | 0.89 |
| Socorro | 137 | 8.7 | 0.7 | 50.0 | 74 | 63 | 1.17 |
| Taos | 248 | 7.2 | 1.2 | 48.5 | 137 | 111 | 1.23 |
| Torrance | 142 | 9.1 | 0.7 | 57.1 | 71 | 71 | 1.00 |
| Union | 40 | 10.1 | 0.2 | 73.8 | 29 | 11 | 2.64 |
| Valencia | 861 | 10.9 | 4.2 | 58.9 | 464 | 397 | 1.17 |
| Health Region | | | | | | | |
| Northwest | 1,932 | 8.9 | 9.4 | 44.3 | 936 | 996 | 0.94 |
| Northeast | 2,315 | 7.7 | 11.2 | 47.5 | 1,192 | 1123 | 1.06 |
| Metro | 8,414 | 9.1 | 40.8 | 46.1 | 4,349 | 4,065 | 1.07 |
| Southeast | 3,828 | 12.9 | 18.5 | 65.9 | 1,913 | 1,915 | 1.00 |
| Southwest | 4,154 | 10.8 | 20.1 | 55.0 | 2,064 | 2,090 | 0.99 |

Birth Rate is also called Crude Rate, the number of live births per 1,000 persons (males and females) in the population.
Fertility Rate is the number of live births per 1,000 females of childbearing age between the ages of 15-44 years.
See *Technical Appendix* for information on rates.

## Table N-2(a) Number of Births by Year, Age, and Race/Ethnicity
## New Mexico and United States, 2019-2023

| Year | All Ages | Age group | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | 10 to 14 | 15 to 17 | 18 to 19 | 20 to 24 | 25 to 29 | 30 to 34 | 35 to 39 | 40 to 44 | 45 to 49 | 50+ | Unknown /Not Reported |
| U.S. - All Races | | | | | | | | | | | | |
| 2023 | 3,596,017 | 1,766 | 35,714 | 105,263 | 616,970 | 986,567 | 1,098,052 | 604,631 | 136,333 | 9,504 | 1,217 | 0 |
| 2022 | 3,667,758 | 1,852 | 35,422 | 108,367 | 638,685 | 1,013,417 | 1,118,787 | 606,598 | 134,115 | 9,312 | 1,230 | 0 |
| 2021 | 3,664,292 | 1,877 | 35,542 | 111,431 | 648,484 | 1,023,989 | 1,115,055 | 592,179 | 126,332 | 8,326 | 1,041 | 0 |
| 2020 | 3,613,647 | 1,765 | 38,587 | 119,456 | 665,595 | 1,024,402 | 1,069,984 | 564,059 | 120,570 | 8,234 | 995 | 0 |
| 2019 | 3,747,540 | 1,787 | 41,081 | 130,593 | 704,342 | 1,078,097 | 1,089,281 | 572,598 | 120,152 | 8,536 | 1,073 | 0 |
| New Mexico - All Races | | | | | | | | | | | | |
| 2023 | 20,645 | 15 | 343 | 912 | 4,796 | 6,039 | 5,172 | 2,733 | 603 | 27 | 3 | 1 |
| 2022 | 21,517 | 19 | 380 | 987 | 5,059 | 6,294 | 5,448 | 2,707 | 575 | 46 | 2 | 0 |
| 2021 | 21,393 | 15 | 345 | 979 | 5,028 | 6,371 | 5,273 | 2,795 | 553 | 32 | 2 | 0 |
| 2020 | 21,890 | 11 | 382 | 1,100 | 5,326 | 6,606 | 5,289 | 2,600 | 545 | 28 | 1 | 2 |
| 2019 | 22,966 | 20 | 441 | 1,218 | 5,514 | 6,985 | 5,567 | 2,656 | 527 | 32 | 5 | 1 |
| American Indian or Alaska Native | | | | | | | | | | | | |
| 2023 | 2,182 | 1 | 45 | 111 | 507 | 552 | 563 | 326 | 75 | 2 | 0 | 0 |
| 2022 | 2,353 | 2 | 54 | 114 | 552 | 627 | 651 | 293 | 57 | 3 | 0 | 0 |
| 2021 | 2,289 | 2 | 34 | 113 | 555 | 637 | 581 | 307 | 54 | 6 | 0 | 0 |
| 2020 | 2,568 | 4 | 53 | 137 | 594 | 746 | 624 | 340 | 66 | 1 | 0 | 0 |
| 2019 | 2,766 | 3 | 68 | 167 | 639 | 840 | 649 | 319 | 78 | 3 | 0 | 0 |
| Asian or Pacific Islander | | | | | | | | | | | | |
| 2023 | 510 | 0 | 1 | 2 | 40 | 117 | 193 | 137 | 20 | 0 | 0 | 0 |
| 2022 | 539 | 0 | 1 | 3 | 51 | 117 | 198 | 139 | 27 | 2 | 1 | 0 |
| 2021 | 459 | 0 | 0 | 5 | 39 | 102 | 160 | 124 | 27 | 2 | 0 | 0 |
| 2020 | 504 | 0 | 3 | 1 | 45 | 124 | 188 | 112 | 27 | 4 | 0 | 0 |
| 2019 | 525 | 0 | 3 | 7 | 41 | 137 | 191 | 116 | 24 | 6 | 0 | 0 |
| Black or African American | | | | | | | | | | | | |
| 2023 | 502 | 1 | 10 | 24 | 115 | 146 | 125 | 64 | 16 | 1 | 0 | 0 |
| 2022 | 514 | 0 | 5 | 20 | 145 | 146 | 118 | 58 | 20 | 2 | 0 | 0 |
| 2021 | 493 | 1 | 5 | 28 | 121 | 151 | 112 | 55 | 18 | 1 | 1 | 0 |
| 2020 | 509 | 0 | 8 | 26 | 131 | 161 | 111 | 56 | 16 | 0 | 0 | 0 |
| 2019 | 477 | 0 | 6 | 26 | 121 | 142 | 99 | 73 | 8 | 0 | 2 | 0 |
| Hispanic | | | | | | | | | | | | |
| 2023 | 12,309 | 11 | 253 | 626 | 3,256 | 3,740 | 2,800 | 1,328 | 284 | 10 | 0 | 1 |
| 2022 | 12,580 | 17 | 283 | 677 | 3,329 | 3,789 | 2,846 | 1,347 | 266 | 25 | 1 | 0 |
| 2021 | 12,346 | 12 | 264 | 679 | 3,317 | 3,786 | 2,716 | 1,301 | 263 | 8 | 0 | 0 |
| 2020 | 12,389 | 6 | 280 | 726 | 3,455 | 3,832 | 2,663 | 1,178 | 232 | 16 | 1 | 0 |
| 2019 | 12,914 | 15 | 312 | 826 | 3,536 | 4,014 | 2,715 | 1,233 | 247 | 15 | 1 | 0 |
| White | | | | | | | | | | | | |
| 2023 | 5,112 | 2 | 34 | 148 | 872 | 1,483 | 1,480 | 870 | 206 | 14 | 3 | 0 |
| 2022 | 5,497 | 0 | 37 | 173 | 977 | 1,603 | 1,628 | 863 | 202 | 14 | 0 | 0 |
| 2021 | 5,759 | 0 | 41 | 151 | 986 | 1,684 | 1,694 | 1,000 | 187 | 15 | 1 | 0 |
| 2020 | 5,876 | 1 | 37 | 204 | 1,097 | 1,734 | 1,694 | 902 | 200 | 7 | 0 | 0 |
| 2019 | 6,232 | 2 | 551 | 190 | 1,167 | 1,839 | 1,901 | 907 | 166 | 8 | 1 | 0 |

Other and unknown races or ages, if any, are included in the "All Race" or "All Ages" categories.
For the 10- to 14-year-old age group, U.S. data are for residents under 15 years of age.
See *Technical Appendix* for information on race/ethnicity.

## Table N-2(b) Birth Rates by Age and Race/Ethnicity
## New Mexico and United States, 2019-2023

| | | Age group | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| Year | Total fertility rate | 10 to 14 | 15 to 17 | 18 to 19 | 20 to 24 | 25 to 29 | 30 to 34 | 35 to 39 | 40 to 44 | 45 to 49 | 50+ |
| U.S. - All Races | | | | | | | | | | | |
| 2023 | 1,616.5 | 0.2 | 5.5 | 24.6 | 55.4 | 91.0 | 95.1 | 54.7 | 12.6 | 1.1 | * |
| 2022 | 1,665.0 | 0.2 | 5.6 | 25.8 | 57.5 | 93.5 | 97.5 | 55.3 | 12.6 | 1.1 | * |
| 2021 | 1,663.5 | 0.2 | 5.6 | 26.6 | 61.5 | 93.0 | 97.6 | 53.7 | 12.0 | 0.9 | * |
| 2020 | 1,637.5 | 0.2 | 6.1 | 28.2 | 63.3 | 90.9 | 94.9 | 51.3 | 11.8 | 0.9 | * |
| 2019 | 1,706.0 | 0.2 | 6.7 | 31.1 | 66.6 | 93.7 | 98.3 | 52.8 | 12.0 | 0.9 | * |
| New Mexico - All Races | | | | | | | | | | | |
| 2023 | 1,522.0 | 0.2 | 8.0 | 32.6 | 69.7 | 92.7 | 74.3 | 40.2 | 9.1 | 0.5 | 0.0 |
| 2022 | 1,589.5 | 0.3 | 8.9 | 35.6 | 74.5 | 95.6 | 78.7 | 39.6 | 8.9 | 0.8 | 0.0 |
| 2021 | 1,588.0 | 0.2 | 8.2 | 35.4 | 74.1 | 97.7 | 76.6 | 40.8 | 8.8 | 0.5 | 0.0 |
| 2020 | 1,704.5 | 0.2 | 9.1 | 40.2 | 97.3 | 96.7 | 77.7 | 38.2 | 8.9 | 0.5 | 0.0 |
| 2019 | 1,680.5 | 0.3 | 10.8 | 44.5 | 81.3 | 98.9 | 82.4 | 39.5 | 8.8 | 0.5 | 0.0 |
| American Indian or Alaska Native | | | | | | | | | | | |
| 2023 | 1,387.5 | 0.1 | 8.5 | 35.8 | 67.6 | 74.6 | 64.0 | 41.4 | 10.9 | 0.3 | 0.0 |
| 2022 | 1,484.0 | 0.3 | 10.3 | 36.8 | 73.6 | 81.8 | 74.1 | 38.0 | 8.4 | 0.5 | 0.0 |
| 2021 | 1,437.5 | 0.2 | 6.6 | 36.5 | 73.9 | 78.4 | 67.7 | 40.5 | 8.0 | 1.0 | 0.0 |
| 2020 | 1,607.5 | 0.5 | 10.4 | 45.3 | 79.8 | 87.3 | 74.4 | 45.7 | 10.0 | 0.2 | 0.0 |
| 2019 | 1,802.0 | 0.4 | 14.5 | 55.9 | 87.7 | 96.3 | 87.1 | 45.3 | 12.5 | 0.5 | 0.0 |
| Asian or Pacific Islander | | | | | | | | | | | |
| 2023 | 1,188.5 | 0.0 | 0.2 | 0.6 | 22.7 | 54.6 | 88.1 | 60.7 | 9.8 | 0.0 | 0.0 |
| 2022 | 1,304.0 | 0.0 | 1.0 | 4.6 | 30.3 | 58.4 | 90.9 | 63.6 | 14.0 | 1.1 | 0.1 |
| 2021 | 1,143.0 | 0.0 | 0.0 | 8.0 | 24.0 | 52.8 | 76.0 | 56.8 | 14.8 | 1.1 | 0.0 |
| 2020 | 1,284.0 | 0.0 | 3.1 | 1.7 | 27.7 | 65.2 | 91.1 | 52.8 | 15.2 | 2.2 | 0.0 |
| 2019 | 1,487.5 | 0.0 | 3.5 | 12.1 | 26.9 | 72.9 | 97.9 | 60.0 | 14.1 | 3.5 | 0.0 |
| Black or African American | | | | | | | | | | | |
| 2023 | 1,680.5 | 0.5 | 8.9 | 27.2 | 56.8 | 72.3 | 62.9 | 42.0 | 12.1 | 0.9 | 0.0 |
| 2022 | 1,730.0 | 0.0 | 4.5 | 24.0 | 73.6 | 74.6 | 63.5 | 39.3 | 16.0 | 1.8 | 0.0 |
| 2021 | 1,698.0 | 0.5 | 4.4 | 35.6 | 63.3 | 82.8 | 64.1 | 37.0 | 14.7 | 1.0 | 0.2 |
| 2020 | 1,716.5 | 0.0 | 7.5 | 33.4 | 69.8 | 89.6 | 67.8 | 38.3 | 13.7 | 0.0 | 0.0 |
| 2019 | 1,721.0 | 0.0 | 6.3 | 37.5 | 70.2 | 77.0 | 67.8 | 53.5 | 7.6 | 0.0 | 0.3 |
| Hispanic | | | | | | | | | | | |
| 2023 | 1,298.5 | 0.3 | 9.9 | 36.9 | 80.1 | 106.3 | 80.7 | 39.3 | 8.4 | 0.3 | 0.0 |
| 2022 | 1,380.0 | 0.4 | 11.3 | 40.1 | 83.6 | 107.4 | 83.5 | 39.2 | 8.1 | 0.9 | 0.0 |
| 2021 | 1,412.5 | 0.3 | 10.7 | 40.6 | 84.3 | 105.8 | 80.3 | 37.7 | 8.2 | 0.3 | 0.0 |
| 2020 | 1,433.0 | 0.1 | 11.5 | 44.2 | 89.5 | 107.4 | 79.4 | 34.3 | 7.5 | 0.5 | 0.0 |
| 2019 | 1,559.0 | 0.4 | 12.7 | 48.6 | 88.5 | 106.7 | 78.0 | 34.9 | 7.9 | 0.5 | 0.0 |
| White | | | | | | | | | | | |
| 2023 | 1,298.5 | 0.1 | 3.4 | 23.5 | 51.7 | 80.7 | 67.3 | 38.8 | 9.3 | 0.7 | 0.0 |
| 2022 | 1,380.0 | 0.0 | 3.6 | 27.6 | 57.6 | 84.6 | 72.9 | 38.1 | 9.3 | 0.7 | 0.0 |
| 2021 | 1,412.5 | 0.0 | 4.0 | 23.7 | 56.5 | 86.0 | 74.9 | 44.0 | 8.8 | 0.7 | 0.0 |
| 2020 | 1,433.0 | 0.1 | 3.6 | 31.6 | 62.2 | 85.1 | 75.3 | 39.7 | 9.6 | 0.3 | 0.0 |
| 2019 | 1,559.0 | 0.1 | 5.2 | 31.1 | 67.5 | 89.5 | 88.8 | 41.9 | 8.5 | 0.4 | 0.0 |

*U.S. data not available.

Age-specific birth rates are calculated by dividing the number of births to females in a specific age group by the number of females in that age group and expressed as births per 1,000 women. The total fertility rate is the sum of age-specific birth rates for 5-year age groups multiplied times 5 and expressed as births per 1,000 women over the reproductive lifespan.

Table N-3(a) Number of Births by Race/Ethnicity, County, and Health Region
New Mexico and United States, 2023

| | All Races | American Indian or Alaska Native | Asian or Pacific Islander | Black or African American | Hispanic | White | Unknown or Not Stated |
|---|---|---|---|---|---|---|---|
| U.S. | 3,596,017 | 24,971 | 232,095 | 496,118 | 945,200 | 1,808,211 | 89,422 |
| New Mexico | 20,645 | 2,182 | 510 | 502 | 12,309 | 5,112 | 30 |
| County | | | | | | | |
| Bernalillo | 6,155 | 394 | 252 | 209 | 3,644 | 1,648 | 8 |
| Catron | 28 | 1 | 1 | 0 | 5 | 21 | 0 |
| Chaves | 702 | 6 | 7 | 8 | 502 | 176 | 3 |
| Cibola | 265 | 152 | 2 | 3 | 84 | 24 | 0 |
| Colfax | 85 | 1 | 0 | 2 | 48 | 34 | 0 |
| Curry | 765 | 7 | 27 | 64 | 393 | 274 | 0 |
| De Baca | 10 | 0 | 0 | 0 | 5 | 5 | 0 |
| Dona Ana | 2,472 | 17 | 43 | 42 | 2,011 | 356 | 3 |
| Eddy | 823 | 6 | 7 | 10 | 528 | 266 | 6 |
| Grant | 252 | 4 | 1 | 5 | 170 | 72 | 0 |
| Guadalupe | 42 | 1 | 1 | 0 | 32 | 8 | 0 |
| Harding | 1 | 0 | 0 | 0 | 0 | 1 | 0 |
| Hidalgo | 42 | 0 | 0 | 1 | 24 | 17 | 0 |
| Lea | 1,084 | 8 | 3 | 35 | 794 | 244 | 0 |
| Lincoln | 138 | 10 | 2 | 1 | 70 | 54 | 1 |
| Los Alamos | 179 | 2 | 19 | 2 | 42 | 112 | 2 |
| Luna | 382 | 2 | 1 | 1 | 328 | 50 | 0 |
| McKinley | 683 | 548 | 6 | 2 | 89 | 38 | 0 |
| Mora | 32 | 0 | 1 | 0 | 24 | 7 | 0 |
| Otero | 752 | 58 | 31 | 31 | 316 | 315 | 1 |
| Quay | 76 | 1 | 1 | 4 | 44 | 26 | 0 |
| Rio Arriba | 408 | 66 | 3 | 2 | 314 | 23 | 0 |
| Roosevelt | 230 | 3 | 1 | 6 | 139 | 81 | 0 |
| Sandoval | 1,256 | 249 | 42 | 28 | 611 | 326 | 0 |
| San Juan | 984 | 511 | 11 | 9 | 245 | 207 | 1 |
| San Miguel | 198 | 2 | 0 | 1 | 163 | 29 | 3 |
| Santa Fe | 1,082 | 39 | 34 | 18 | 707 | 283 | 1 |
| Sierra | 89 | 1 | 1 | 1 | 39 | 47 | 0 |
| Socorro | 137 | 29 | 4 | 7 | 70 | 26 | 1 |
| Taos | 248 | 21 | 5 | 1 | 151 | 70 | 0 |
| Torrance | 142 | 1 | 1 | 2 | 84 | 54 | 0 |
| Union | 40 | 2 | 1 | 0 | 17 | 20 | 0 |
| Valencia | 861 | 40 | 2 | 7 | 616 | 196 | 0 |
| Health Region | | | | | | | |
| Northwest | 1,932 | 1,211 | 19 | 14 | 418 | 269 | 1 |
| Northeast | 2,315 | 134 | 64 | 26 | 1,498 | 587 | 6 |
| Metro | 8,414 | 684 | 297 | 246 | 4,955 | 2,224 | 8 |
| Southeast | 3,828 | 41 | 48 | 128 | 2,475 | 1,126 | 10 |
| Southwest | 4,154 | 112 | 82 | 88 | 2,963 | 904 | 5 |

Unknown County/Health Region, if any, are included in the "All Races" and New Mexico Race/Ethnicity-specific totals.
Due to rounding percentages may not add to 100.
See *Technical Appendix* for information on race/ethnicity and health regions.

Table N-3(b) Percentage of Births by Resident's Race/Ethnicity, County, and Health Region
New Mexico and United States, 2023

| | American Indian or Alaska Native | Asian or Pacific Islander | Black or African American | Hispanic | White | Unknown or Not Stated |
|---|---|---|---|---|---|---|
| U.S. | 0.7 | 6.5 | 13.8 | 26.3 | 50.3 | 2.5 |
| New Mexico | 10.6 | 2.5 | 2.4 | 59.6 | 24.8 | 0.1 |
| County | | | | | | |
| Bernalillo | 6.4 | 4.1 | 3.4 | 59.2 | 26.8 | 0.1 |
| Catron | 3.6 | 3.6 | 0.0 | 17.9 | 75.0 | 0.0 |
| Chaves | 0.9 | 1.0 | 1.1 | 71.5 | 25.1 | 0.4 |
| Cibola | 57.4 | 0.8 | 1.1 | 31.7 | 9.1 | 0.0 |
| Colfax | 1.2 | 0.0 | 2.4 | 56.5 | 40.0 | 0.0 |
| Curry | 0.9 | 3.5 | 8.4 | 51.4 | 35.8 | 0.0 |
| De Baca | 0.0 | 0.0 | 0.0 | 50.0 | 50.0 | 0.0 |
| Dona Ana | 0.7 | 1.7 | 1.7 | 81.4 | 14.4 | 0.1 |
| Eddy | 0.7 | 0.9 | 1.2 | 64.2 | 32.3 | 0.7 |
| Grant | 1.6 | 0.4 | 2.0 | 67.5 | 28.6 | 0.0 |
| Guadalupe | 2.4 | 2.4 | 0.0 | 76.2 | 19.0 | 0.0 |
| Harding | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| Hidalgo | 0.0 | 0.0 | 2.4 | 57.1 | 40.5 | 0.0 |
| Lea | 0.7 | 0.3 | 3.2 | 73.2 | 22.5 | 0.0 |
| Lincoln | 7.2 | 1.4 | 0.7 | 50.7 | 39.1 | 0.7 |
| Los Alamos | 1.1 | 10.6 | 1.1 | 23.5 | 62.6 | 1.1 |
| Luna | 0.5 | 0.3 | 0.3 | 85.9 | 13.1 | 0.0 |
| McKinley | 80.2 | 0.9 | 0.3 | 13.0 | 5.6 | 0.0 |
| Mora | 0.0 | 3.1 | 0.0 | 75.0 | 21.9 | 0.0 |
| Otero | 7.7 | 4.1 | 4.1 | 42.0 | 41.9 | 0.1 |
| Quay | 1.3 | 1.3 | 5.3 | 57.9 | 34.2 | 0.0 |
| Rio Arriba | 16.2 | 0.7 | 0.5 | 77.0 | 5.6 | 0.0 |
| Roosevelt | 1.3 | 0.4 | 2.6 | 60.4 | 35.2 | 0.0 |
| Sandoval | 19.8 | 3.3 | 2.2 | 48.6 | 26.0 | 0.0 |
| San Juan | 51.9 | 1.1 | 0.9 | 24.9 | 21.0 | 0.1 |
| San Miguel | 1.0 | 0.0 | 0.5 | 82.3 | 14.6 | 1.5 |
| Santa Fe | 3.6 | 3.1 | 1.7 | 65.3 | 26.2 | 0.1 |
| Sierra | 1.1 | 1.1 | 1.1 | 43.8 | 52.8 | 0.0 |
| Socorro | 21.2 | 2.9 | 5.1 | 51.1 | 19.0 | 0.7 |
| Taos | 8.5 | 2.0 | 0.4 | 60.9 | 28.2 | 0.0 |
| Torrance | 0.7 | 0.7 | 1.4 | 59.2 | 38.0 | 0.0 |
| Union | 5.0 | 2.5 | 0.0 | 42.5 | 50.0 | 0.0 |
| Valencia | 4.6 | 0.2 | 0.8 | 71.5 | 22.8 | 0.0 |
| Health Region | | | | | | |
| Northwest | 62.7 | 1.0 | 0.7 | 21.6 | 13.9 | 0.1 |
| Northeast | 5.8 | 2.8 | 1.1 | 64.7 | 25.4 | 0.3 |
| Metro | 8.1 | 3.5 | 2.9 | 58.9 | 26.4 | 0.1 |
| Southeast | 1.1 | 1.3 | 3.3 | 64.7 | 29.4 | 0.3 |
| Southwest | 2.7 | 2.0 | 2.1 | 71.3 | 21.8 | 0.1 |

# MORTALITY SECTION

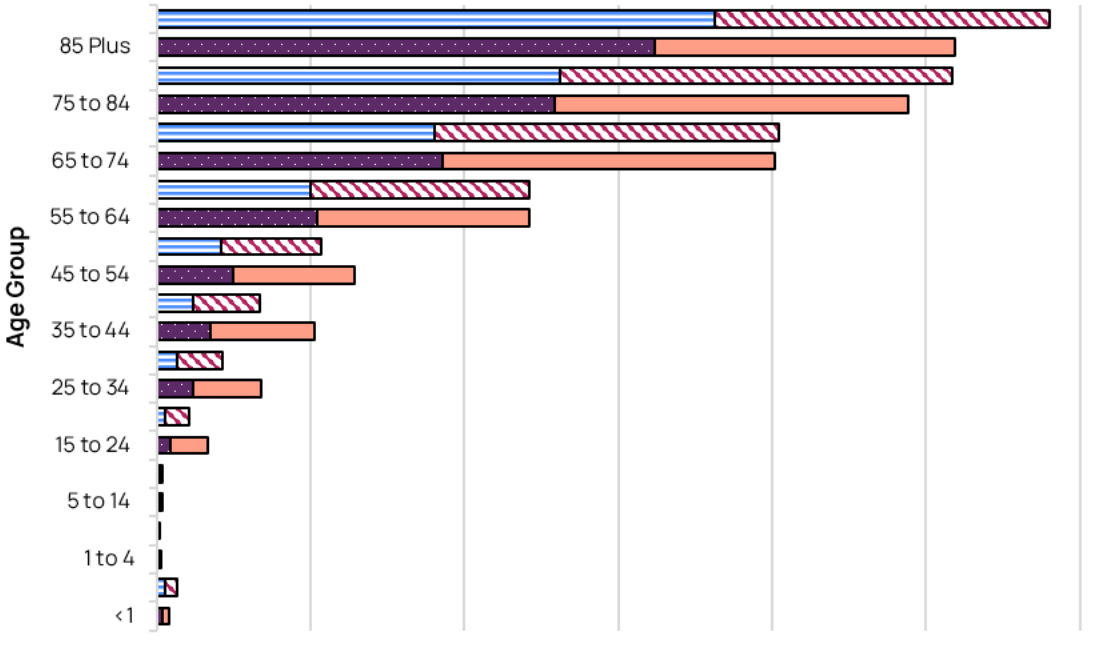
## ALL CAUSES OF DEATH

In 2023, there were 22,241 deaths among New Mexico residents. The state's age-adjusted death rate was 831.9 deaths per 100,000 standard population, which is higher than the U.S. rate of 750.5 (Table M-6).

Individuals aged 65 and older accounted for 69.8% of all deaths in the state. Among residents aged 35–64, a higher percentage of deaths occurred among males (28.5%) compared to females (18.9%). Conversely, females were more likely than males to have died at age 85 or older at 32.4% versus 19.5%, respectively. Among individuals aged 15–34, the death rate for males (6.8%) was more than double that of females (3.3%).

For residents under age 15, the distribution of deaths was similar between sexes, although slightly more male deaths occurred among infants and children aged 5–14 (Figure M-1).

Figure M-1. Percentage of Deaths by Age Group and Sex
New Mexico and United States, 2023




| | <1 | 1 to 4 | 5 to 14 | 15 to 24 | 25 to 34 | 35 to 44 | 45 to 54 | 55 to 64 | 65 to 74 | 75 to 84 | 85 Plus |
|---|---|---|---|---|---|---|---|---|---|---|---|
| NM Female | 0.4 | 0.2 | 0.2 | 0.9 | 2.4 | 3.5 | 5.0 | 10.4 | 18.6 | 25.9 | 32.4 |
| US Female | 0.6 | 0.1 | 0.2 | 0.6 | 1.3 | 2.4 | 4.2 | 10.0 | 18.1 | 26.2 | 36.3 |
| NM Male | 0.4 | 0.1 | 0.2 | 2.4 | 4.4 | 6.8 | 7.9 | 13.8 | 21.6 | 22.9 | 19.5 |
| US Male | 0.7 | 0.1 | 0.2 | 1.5 | 3.0 | 3.4 | 6.5 | 14.2 | 22.3 | 25.5 | 21.7 |

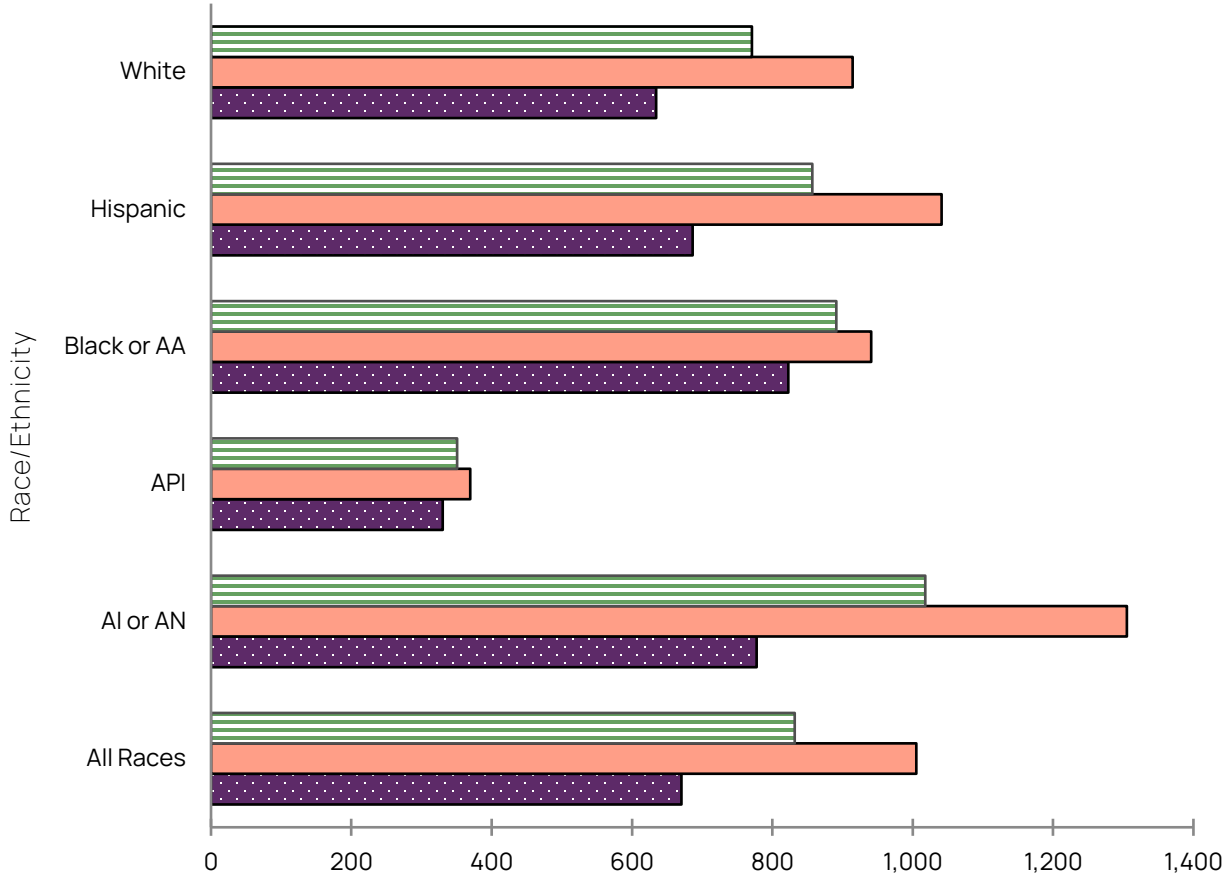
**Percent of Deaths**

Due to rounding percents may not add to 100.

In 2023, the age-adjusted death rate for males in New Mexico was 1,005.3 per 100,000 population, compared to 670.5 for females. Among males, the highest death rates by race/ethnicity were observed among American Indian or Alaska Native individuals (1,305.1), followed by Hispanic males (1,040.9). The lowest rate was among Asian or Pacific Islander males, at 369.5 per 100,000 (Figure M-2).

Among females, the highest rate occurred among Black or African American females (822.8), followed by American Indian or Alaska Native females at 777.4 (Figure M-2), while the lowest age-adjusted death rate was also observed among Asian or Pacific Islander individuals (330.4).

Figure M-2. Death Rates by Sex and Race/Ethnicity
New Mexico, 2023




| | All Races | AI or AN | API | Black or AA | Hispanic | White |
|---|---|---|---|---|---|---|
| Both Sexes | 831.9 | 1,018.0 | 350.8 | 891.0 | 856.7 | 770.8 |
| Male | 1,005.3 | 1,305.1 | 369.5 | 940.9 | 1,040.9 | 914.3 |
| Female | 670.5 | 777.4 | 330.4 | 822.8 | 686.4 | 634.3 |

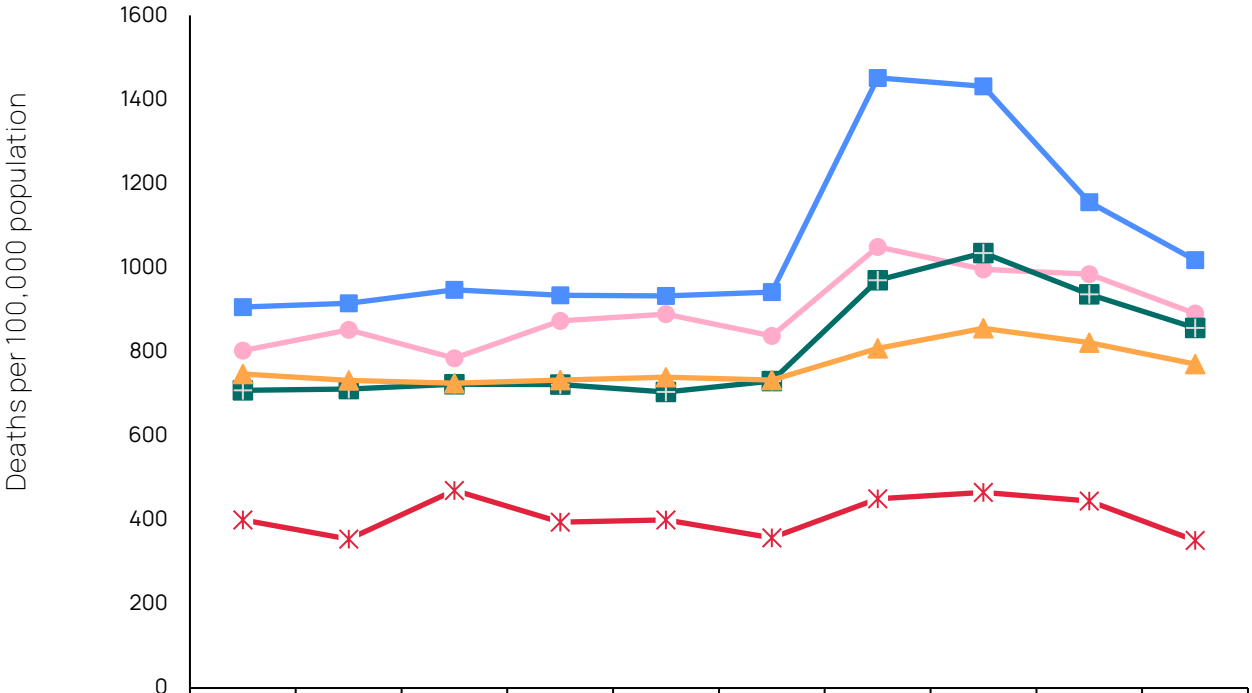
Deaths per 100,000 population

AI=American Indian; AN=Alaska Native; API=Asian or Pacific Islander; and AA=African American.
Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See Technical Appendix for information on rates and race/ethnicity.

In 2023, over half (55.0%) of deaths in this population occurred between the ages of 15 and 64, while the proportion for other groups ranged from 19.1% to 41.2%. American Indian or Alaska Native individuals in New Mexico died at younger ages compared to other racial and ethnic groups. The number of deaths by race/ethnicity is presented in Table M-4(a).

Over the past decade, the Asian or Pacific Islander population consistently had the lowest age-adjusted death rates in New Mexico (Figure M-3). In contrast, American Indian or Alaska Native populations experienced the highest rates, with significant increases observed during the early phase of the coronavirus disease 2019 (COVID-19) pandemic from 2020 to 2021.

Figure M-3. Death Rates by Race/Ethnicity
New Mexico, 2014-2023

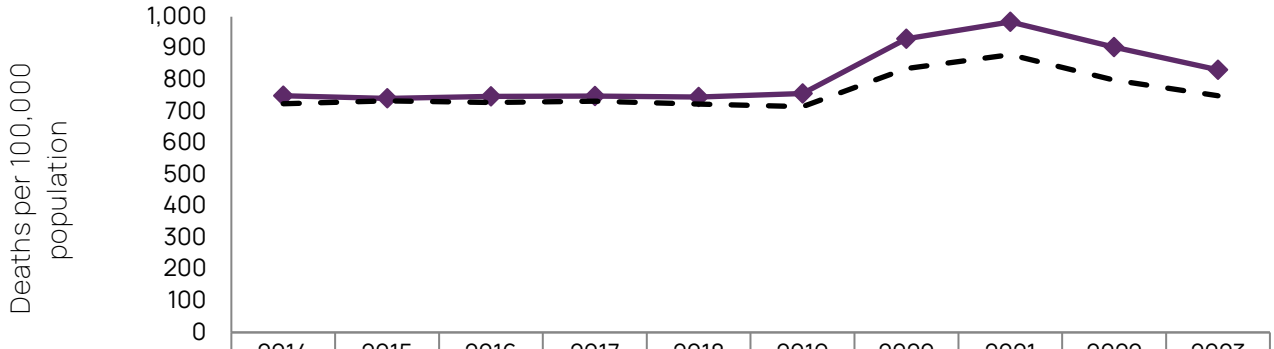



| | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|
| AI or AN | 906.3 | 915.2 | 947.3 | 934.2 | 933.0 | 941.9 | 1451.4 | 1431.2 | 1155.8 | 1018.0 |
| API | 400.0 | 354.3 | 470.2 | 394.4 | 399.6 | 357.4 | 449.9 | 465.4 | 444.9 | 350.8 |
| Black or AA | 802.2 | 852.0 | 784.5 | 873.3 | 889.6 | 837.8 | 1049.2 | 995.8 | 984.2 | 891.0 |
| Hispanic | 708.4 | 711.4 | 722.9 | 721.8 | 704.1 | 730.0 | 970.2 | 1035 | 936.4 | 856.7 |
| White | 747.1 | 732.0 | 725.1 | 732.8 | 739.0 | 732.6 | 807.7 | 855.6 | 821.8 | 770.8 |

Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See *Technical Appendix* for information on rates.
Population Note: Death rates for years 2011-2016 may differ slightly from those shown in reports published in previous years.
This reflects adjustments to 2011-2016 population estimates with the August 24, 2018 release of revised estimates. See the *Technical Appendix* for more information.

New Mexico's age-adjusted death rate remained below 800.0 deaths per 100,000 population from 2002 through 2019. However, the rate rose sharply during the COVID-19 pandemic, peaking at 983.5 in 2021, which is an increase of 30.0% compared to the 2019 rate of 756.9. In comparison, the U.S. experienced a 23.0% increase during the same period. Since 2013, New Mexico's death rate has consistently exceeded the national rate (Figure M-4).

Figure M-4. Death Rates
New Mexico and United States, 2014-2023




| | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 749.9 | 741.2 | 747.7 | 749.0 | 745.4 | 756.9 | 930.0 | 983.5 | 903.5 | 831.9 |
| United States | 724.6 | 733.1 | 728.8 | 731.9 | 723.6 | 715.2 | 835.4 | 879.7 | 798.8 | 750.0 |

Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.

Population Note: Death rates for years 2011-2016 may differ slightly from those shown in reports published in previous years. This reflects adjustments to 2011-2016 population estimates with the August 24, 2018 releases of revised estimates. See the *Technical Appendix* for more information.

# LEADING CAUSES OF DEATH (RANKED BY NUMBERS OF DEATHS)

For New Mexico, the 2023 leading causes of death were:

1) Heart Disease
2) Malignant Neoplasms (Cancer)
3) Unintentional Injuries (Accidents)
4) Chronic Lower Respiratory Diseases
5) Cerebrovascular Diseases (Stroke)
6) Diabetes Mellitus
7) Chronic liver disease and cirrhosis
8) Alzheimer Disease
9) Intentional Self-harm (Suicide)
10) Coronavirus disease 2019 (COVID-19)

For the U.S., the 2023 leading causes of death were:[1]

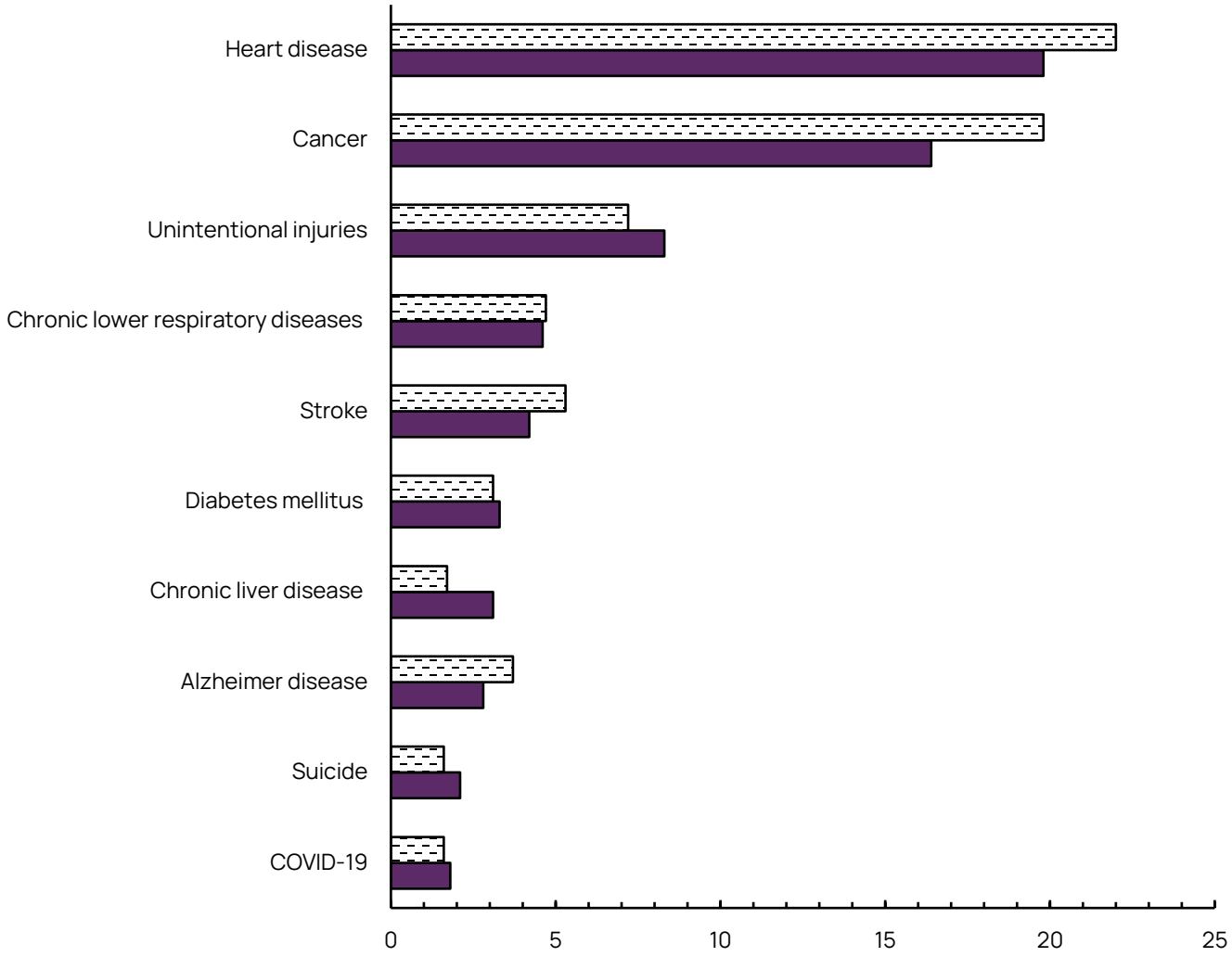
1) Heart Disease
2) Malignant Neoplasms (Cancer)
3) Unintentional Injuries (Accidents)
4) Cerebrovascular Diseases (Stroke)
5) Chronic Lower Respiratory Diseases
6) Alzheimer Disease
7) Diabetes Mellitus
8) Kidney disease
9) Chronic liver disease and cirrhosis
10) Coronavirus disease 2019 (COVID-19)

Table M-1. Leading Cause of Deaths by Sex
New Mexico, 2023

| Female | Percent | Rank | Percent | Male |
|---|---|---|---|---|
| Heart disease | 26.0% | 1 | 27.8% | Heart disease |
| Malignant neoplasm (Cancer) | 24.0% | 2 | 21.0% | Malignant neoplasm (Cancer) |
| Unintentional injuries (Accidents) | 7.9% | 3 | 14.1% | Unintentional injuries (Accidents) |
| Cerebrovascular disease (Stroke) | 7.7% | 4 | 5.6% | Chronic lower respiratory diseases |
| Chronic lower respiratory diseases | 7.2% | 5 | 4.8% | Diabetes mellitus |
| Alzheimer disease | 6.1% | 6 | 4.6% | Chronic liver disease and cirrhosis |
| Diabetes mellitus | 4.2% | 7 | 4.4% | Intentional self-harm (Suicide) |
| Chronic liver disease and cirrhosis | 3.8% | 8 | 4.3% | Cerebrovascular disease (Stroke) |
| Nutritional deficiencies | 2.9% | 9 | 2.3% | Homicide |
| Coronavirus disease 2019 (COVID-19) | 2.8% | 10 | 2.2% | Coronavirus disease 2019 (COVID-19) |

Heart disease has been the leading cause of death in New Mexico since 2000, except for 2008, 2010, and 2012-2015, when malignant neoplasms (cancer) were the leading cause. Together, heart disease and cancer accounted for 36.2% of all deaths in 2023. Deaths from unintentional injuries (8.3%) and chronic liver disease (3.1%) were notably higher in New Mexico compared to the U.S. rates of 7.2% and 1.7%, respectively. Additionally, deaths from diabetes mellitus, suicide, and COVID-19 were more common in New Mexico than in the U.S. (Figure M-5).

Figure M-5. Leading Causes of Death
New Mexico and United States, 2023




| | COVID-19 | Suicide | Alzheimer disease | Chronic liver disease | Diabetes mellitus | Stroke | Chronic lower respiratory diseases | Unintentional injuries | Cancer | Heart disease |
|---|---|---|---|---|---|---|---|---|---|---|
| United States | 1.6 | 1.6 | 3.7 | 1.7 | 3.1 | 5.3 | 4.7 | 7.2 | 19.8 | 22.0 |
| New Mexico | 1.8 | 2.1 | 2.8 | 3.1 | 3.3 | 4.2 | 4.6 | 8.3 | 16.4 | 19.8 |

The five leading causes of death by age group for 2023 are shown in Figure M-6. Among those under 45 years of age, unintentional injuries had the highest death rate, with suicide as the second leading cause for those aged 15-24 and 25-44. For individuals aged 5-14, homicide was the second leading cause. Cancer was the leading cause of death for those aged 45-84, with heart disease as the second leading cause. For those aged 85 and older, heart disease remained the leading cause, followed by

cancer. Chronic liver disease and cirrhosis ranked as the third leading cause for those aged 25-44 and fourth for those aged 45-64. Diabetes was the fifth leading cause of death among individuals aged 45-84.

Figure M-6. Death Rates for Leading Causes of Death, by Age Group
New Mexico, 2023

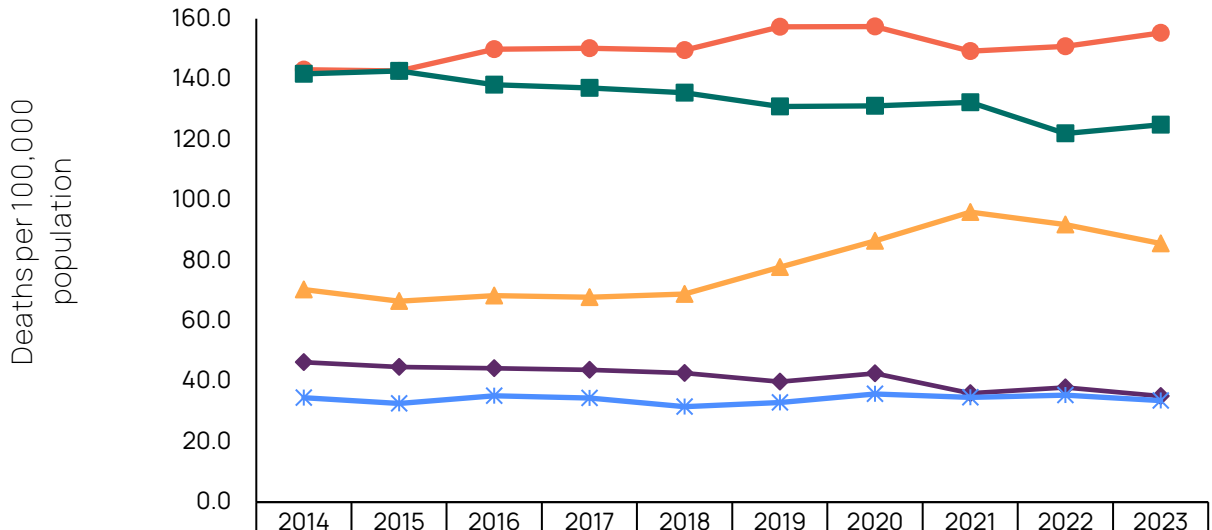
1st 2nd 3rd 4th 5th 6th+ Leading Cause

| | 1-4 Years (n=34) | 5-14 Years (n=46) | 15-24 Years (n=382) | 25-44 Years (n=1,960) | 45-64 Years (n=4,192) | 65-84 Years (n=9,904) | 85+ Years (n=5,619) |
|---|---|---|---|---|---|---|---|
| Heart disease | | | 1.0 | 14.3 | 139.0 | 570.1 | 3670.2 |
| Cancer | 5.7 | 1.2 | 2.4 | 16.8 | 147.1 | 572.2 | 1565.5 |
| Unintentional injuries | 12.6 | 4.7 | 49.5 | 117.2 | 118.5 | 78.5 | 355.3 |
| Chronic lower respiratory diseases | | 0.4 | | 1.4 | 20.2 | 159.5 | 792.7 |
| Cerebrovascular disease (Stroke) | 1.1 | | 1.0 | 2.4 | 18.8 | 113.3 | 998.9 |
| Diabetes | | | 0.7 | 7.8 | 34.3 | 105.2 | 315.6 |
| Chronic liver disease, cirrhosis | | | 1.0 | 29.2 | 65.0 | 51.4 | 32.3 |
| Alzheimer's disease | | | | | 1.8 | 64.6 | 909.5 |
| Suicide | | 0.8 | 31.5 | 33.7 | 21.0 | 20.8 | 19.9 |
| Coronavirus disease 2019 | | 0.4 | | 2.4 | 11.3 | 52.5 | 340.4 |
| Influenza and pneumonia | 1.1 | 0.8 | | 6.3 | 15.5 | 38.5 | 216.2 |
| Nutritional deficiencies | | | 0.3 | | 2.4 | 27.4 | 524.3 |
| Kidney disease | | | | 1.6 | 12.7 | 35.3 | 226.1 |
| Homicide | | 3.5 | 21.1 | 23.9 | 9.7 | 4.2 | 2.5 |
| Septicemia | 1.1 | | | 2.9 | 14.7 | 35.1 | 84.5 |

Death rates are the numbers of deaths per 100,000 U.S. standard population.
See *Technical Appendix* for information on rates.

New Mexico's death rate from heart disease increased from 143.1 per 100,000 in 2014 to 155.3 in 2023. Meanwhile, the death rate from cancer decreased over the past decade, from 141.7 in 2014 to 124.9 in 2023. The death rate from unintentional injuries (accidents) declined between 2014 and 2018 but then rose to a decade-high of 96.0 in 2021. In 2023, the rate of deaths from accidents was 85.6, reflecting a 21.6% increase since 2014. Death rates from chronic lower respiratory diseases experienced the largest decrease (24.2%) since 2014, while cerebrovascular disease (stroke) rates have remained relatively stable over the past decade (Figure M-7).

Figure M-7. Death Rates by Selected Causes
New Mexico, 2014-2023



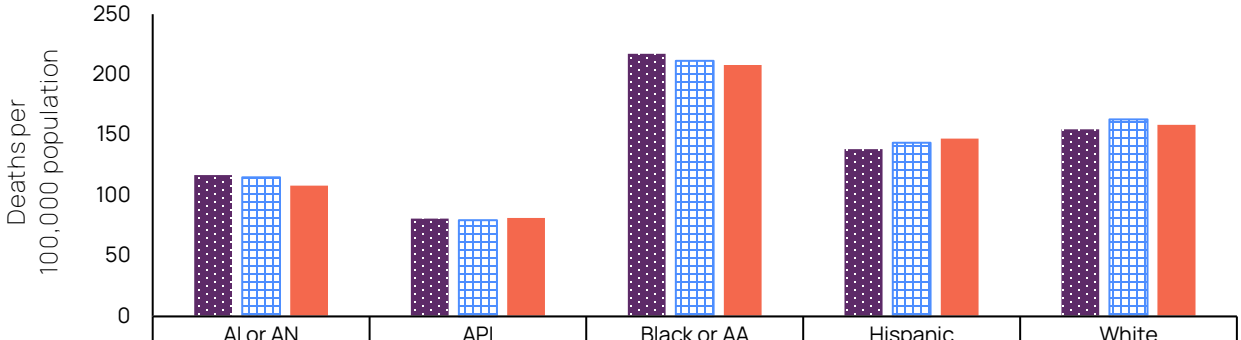

| | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|
| Heart Disease | 143.1 | 142.7 | 149.9 | 150.2 | 149.6 | 157.3 | 157.4 | 149.3 | 150.8 | 155.3 |
| Cancer | 141.7 | 142.7 | 138.1 | 137.1 | 135.5 | 130.9 | 131.1 | 132.3 | 122.0 | 124.9 |
| Unintentional injuries | 70.4 | 66.5 | 68.3 | 67.8 | 68.9 | 77.8 | 86.5 | 96.0 | 91.9 | 85.6 |
| CLRD | 46.3 | 44.7 | 44.3 | 43.8 | 42.7 | 39.9 | 42.6 | 36.0 | 37.9 | 35.1 |
| Cerebrovascular Disease (Stroke) | 34.6 | 32.7 | 35.2 | 34.5 | 31.6 | 33.0 | 35.8 | 34.7 | 35.4 | 33.6 |

CLRD=chronic lower respiratory disease.
Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
Population Note: Death rates for years 2011-2016 may differ slightly from those shown in reports published in previous years. This reflects adjustments to 2011-2016 population estimates with the August 24, 2018 releases of revised estimates. See the Technical Appendix for more information.

Death rates for the top three causes of death in New Mexico vary by racial/ethnic group. Over the past decade, Black or African Americans, Whites, and Hispanics have generally had higher rates of heart disease and cancer, while American Indian or Alaska Natives have had higher rates of death from unintentional injuries (accidents) (Figures M-8(a-c)).

Between the three-year periods 2015-2017 and 2021-2023, heart disease death rates decreased for Asians or Pacific Islanders (7.4%) and Black or African Americans (4.3%). Hispanics, however, experienced the largest increase in heart disease deaths (6.2%). Cancer death rates declined across all racial/ethnic groups, with the most significant decreases seen among Asians or Pacific Islanders (16.7%) and American Indian or Alaska Natives (14.4%). During the same time period, the death rate from unintentional injuries rose dramatically for all groups except Asians or Pacific Islanders, with Black or African Americans experiencing the largest increase (66.7%).

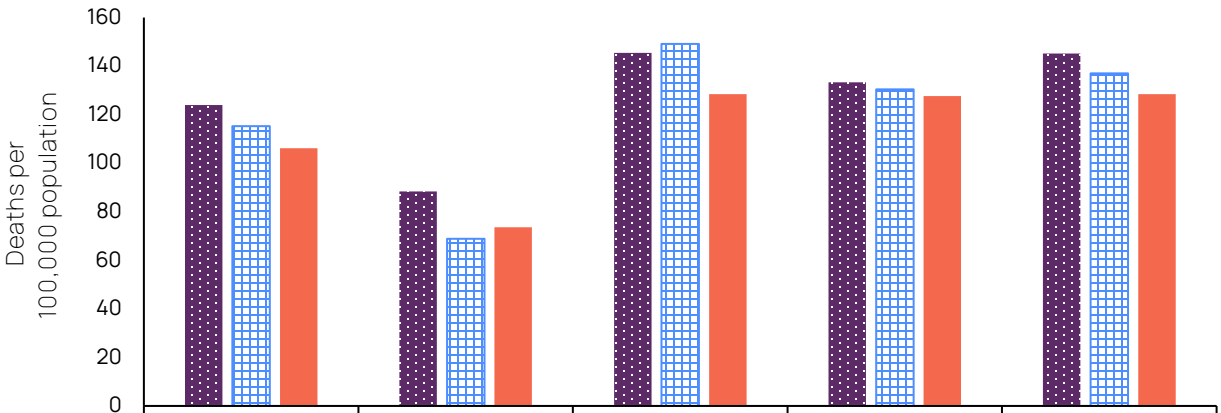
Figure M-8(a). Heart Disease Death Rates by Race/Ethnicity
New Mexico, 2015-2017, 2018-2020, and 2021-2023




| | AI or AN | API | Black or AA | Hispanic | White |
|---|---|---|---|---|---|
| 2015-2017 | 116.9 | 80.9 | 217.3 | 138.4 | 154.8 |
| 2018-2020 | 115.0 | 79.7 | 211.4 | 143.7 | 162.9 |
| 2021-2023 | 108.3 | 81.4 | 207.9 | 147.0 | 158.4 |

AI=American Indian; AN=Alaska Native; API=Asian or Pacific Islander; and AA=African American.
Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See Technical Appendix for information on rates and race/ethnicity.

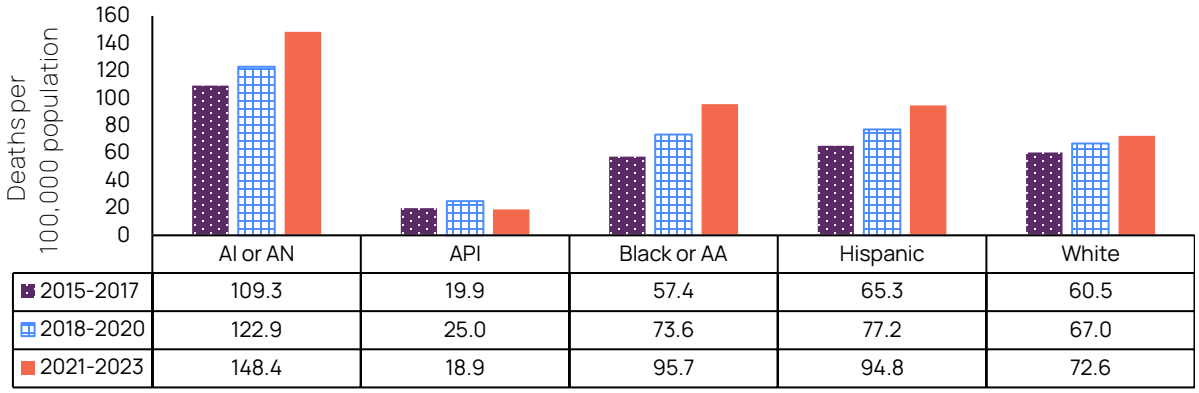
## Figure M-8(b). Cancer Death Rates by Race/Ethnicity
## New Mexico, 2015-2017, 2018-2020, and 2021-2023




| | AI or AN | API | Black or AA | Hispanic | White |
|---|---|---|---|---|---|
| 2015-2017 | 124.0 | 88.4 | 145.5 | 133.3 | 145.2 |
| 2018-2020 | 115.2 | 68.9 | 149.1 | 130.4 | 137.0 |
| 2021-2023 | 106.2 | 73.6 | 128.4 | 127.7 | 128.5 |

AI=American Indian; AN=Alaska Native; API=Asian and Pacific Islander; and AA=African American.
Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See Technical Appendix for information on rates and race/ethnicity.

## Figure M-8(c). Unintentional Injury Death Rates by Race/Ethnicity
## New Mexico, 2015-2017, 2018-2020, and 2021-2023



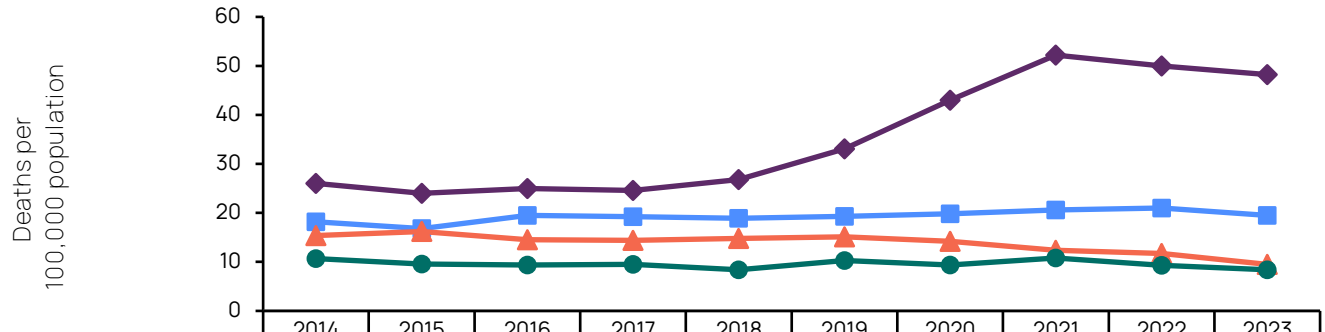

| | AI or AN | API | Black or AA | Hispanic | White |
|---|---|---|---|---|---|
| 2015-2017 | 109.3 | 19.9 | 57.4 | 65.3 | 60.5 |
| 2018-2020 | 122.9 | 25.0 | 73.6 | 77.2 | 67.0 |
| 2021-2023 | 148.4 | 18.9 | 95.7 | 94.8 | 72.6 |

AI=American Indian; AK=Alaska Native; API=Asian or Pacific Islander; and AA=African American.
Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See Technical Appendix for information on rates and race/ethnicity.

## SELECTED CAUSES

Among deaths from unintentional injuries (Figure M-9), the death rate from poisoning has shown an overall increasing trend, with a sharp rise in 2021 primarily due to drug overdoses. The death rate from motor vehicle injuries has also increased over the past decade. In contrast, the death rate from falls has slightly decreased, while deaths from other unintentional causes have remained relatively stable.

Figure M-9. Death Rates for Unintentional Injuries by Type
New Mexico, 2014-2023



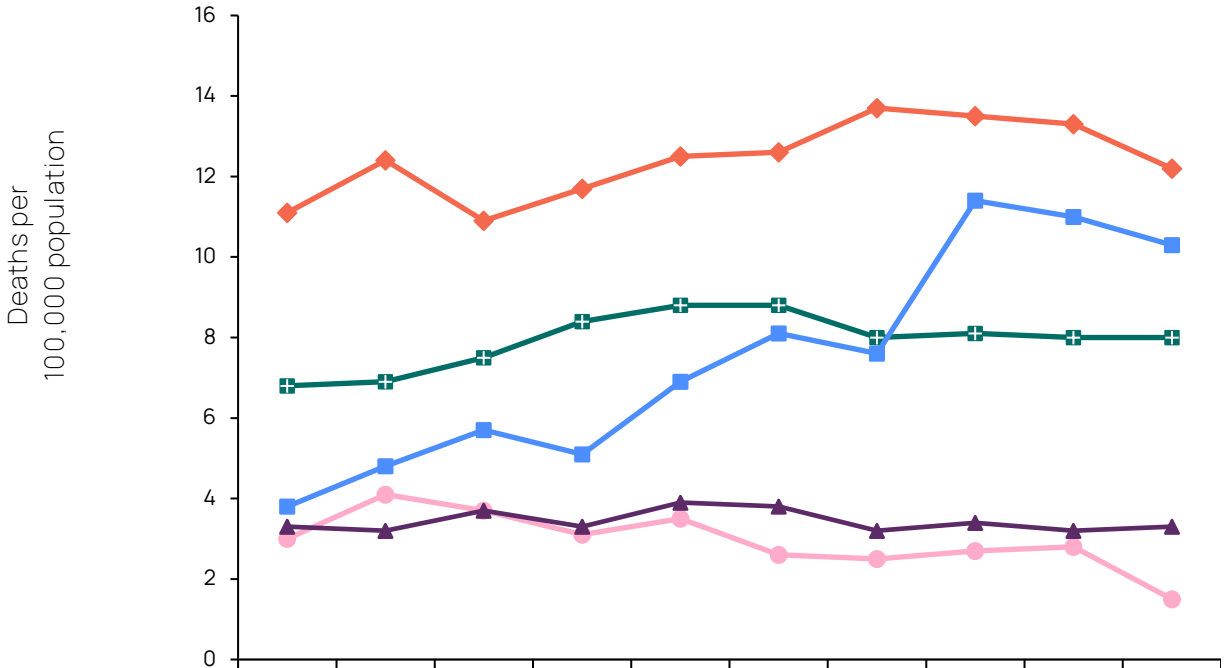

| | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|
| Poisonings | 26.0 | 24.0 | 25.0 | 24.6 | 26.8 | 33.1 | 43.0 | 52.2 | 50.0 | 48.2 |
| Motor vehicle injuries | 18.2 | 16.8 | 19.5 | 19.2 | 18.9 | 19.3 | 19.8 | 20.6 | 21.0 | 19.5 |
| Falls | 15.4 | 16.2 | 14.5 | 14.4 | 14.8 | 15.1 | 14.2 | 12.4 | 11.7 | 9.5 |
| All other unintentional injuries* | 10.7 | 9.6 | 9.4 | 9.5 | 8.4 | 10.3 | 9.4 | 10.8 | 9.3 | 8.4 |

* "All other" includes: Accidental drowning; Accidental exposure to smoke, fire, and flames; Accidental discharge of firearms; Water, air, space, and unspecified transport accidents; Other land transport accidents; Other and unspecified nontransport accidents.
Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See Technical Appendix for information on rates.

Regarding deaths from intentional injuries (Figure M-10), the rate of suicide by firearm steadily increased from 11.1 per 100,000 in 2014 to 13.7 in 2020, with a sharp decline in 2016. Since 2020, the rate has decreased to 12.2 in 2023. Suicide by poisoning has been steadily declining since 2015, reaching a low of 1.5 in 2023. The death rate from suicide by other means (not firearm or poisoning) rose from 6.8 in 2014 to 8.8 in 2019, before decreasing to 8.0 and stabilizing over the past four years.

In New Mexico, the death rate from homicide by firearm increased from 3.8 in 2014 to 11.4 in 2021, before dropping to 10.3 in 2023. Over the past decade, homicide by firearm rate decreased in 2017 and 2020, but then saw significant increases of 35.3% in 2018 and 50.0% in 2021. Deaths from homicide by other means have remained relatively stable.

Figure M-10. Death Rates for Intentional Injuries by Type
New Mexico, 2014-2023

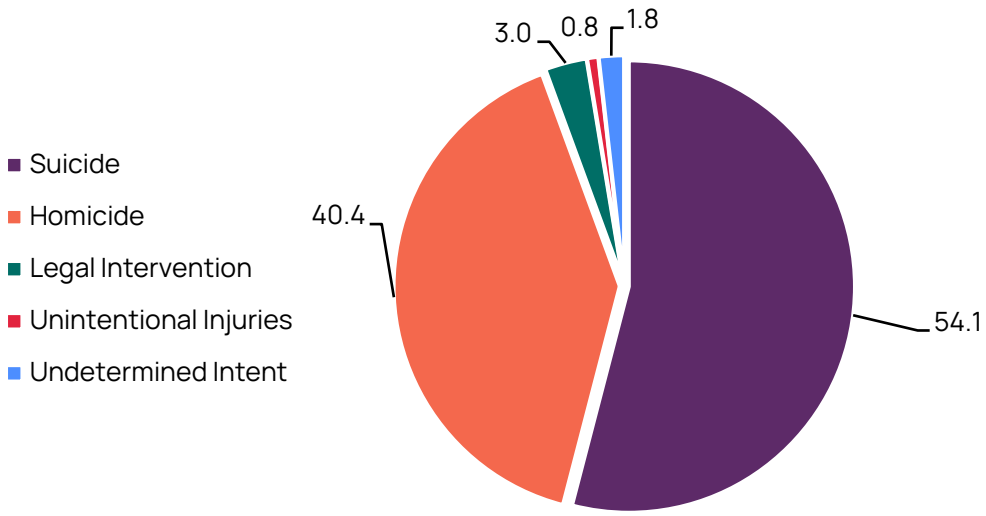



| | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|
| Suicide by firearm | 11.1 | 12.4 | 10.9 | 11.7 | 12.5 | 12.6 | 13.7 | 13.5 | 13.3 | 12.2 |
| Suicide by poisoning | 3.0 | 4.1 | 3.7 | 3.1 | 3.5 | 2.6 | 2.5 | 2.7 | 2.8 | 1.5 |
| Suicide by other means | 6.8 | 6.9 | 7.5 | 8.4 | 8.8 | 8.8 | 8.0 | 8.1 | 8.0 | 8.0 |
| Homicide by firearm | 3.8 | 4.8 | 5.7 | 5.1 | 6.9 | 8.1 | 7.6 | 11.4 | 11.0 | 10.3 |
| Homicide by other means | 3.3 | 3.2 | 3.7 | 3.3 | 3.9 | 3.8 | 3.2 | 3.4 | 3.2 | 3.3 |

Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See Technical Appendix for information on rates.

In 2023, suicide accounted for over half of all firearm deaths in New Mexico (54.1%), followed by homicides (40.4%), legal interventions (3.0%), and accidents (0.8%). For an additional 1.8% of firearm deaths, the intent could not be determined (Figure M-11).

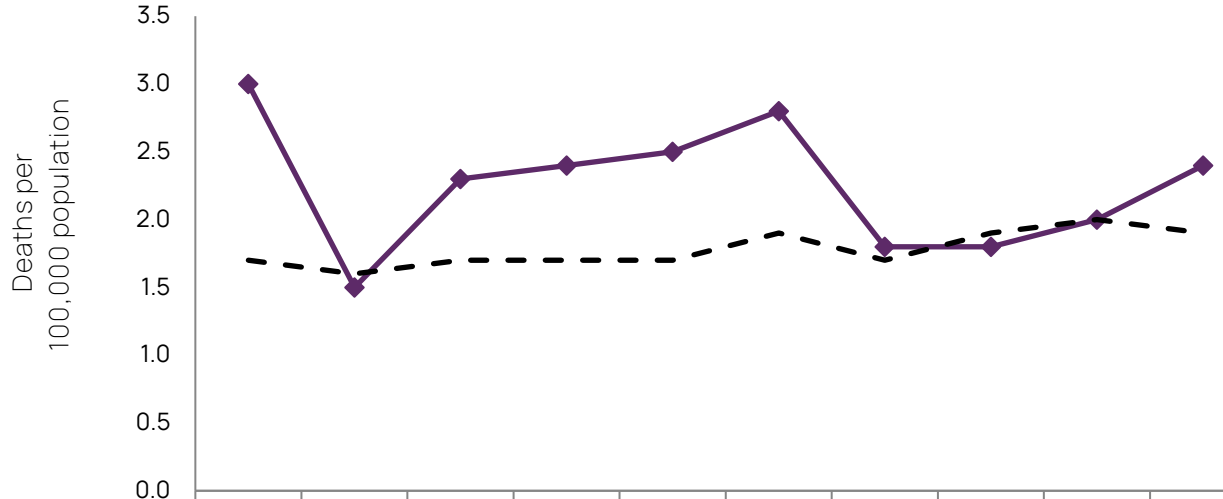
Figure M-11. Percentage of Firearm Injury Deaths by Manner
New Mexico, 2023




Due to rounding percentages may not add to 100.

New Mexico's annual death rates for work-related injuries have generally been higher than those of the U.S. over the past decade (Figure M-12). The highest rates are observed in the southeastern region, where many jobs are tied to the oil and gas industry (Figure M-13).

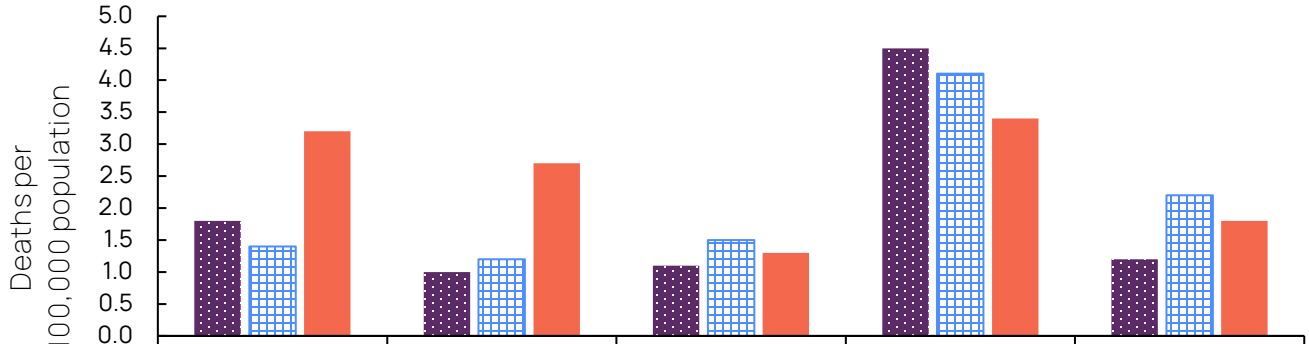
Figure M-12. Death Rates for Injury at Work
New Mexico and U.S., 2014-2023




| | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 3.0 | 1.5 | 2.3 | 2.4 | 2.5 | 2.8 | 1.8 | 1.8 | 2.0 | 2.4 |
| United States | 1.7 | 1.6 | 1.7 | 1.7 | 1.7 | 1.9 | 1.7 | 1.9 | 2.0 | 1.9 |

Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See Technical Appendix for information on rates.

Figure M-13. Death Rates for Injury at Work by Region of Residence
New Mexico, 2015-2017, 2018-2020, 2021-2023

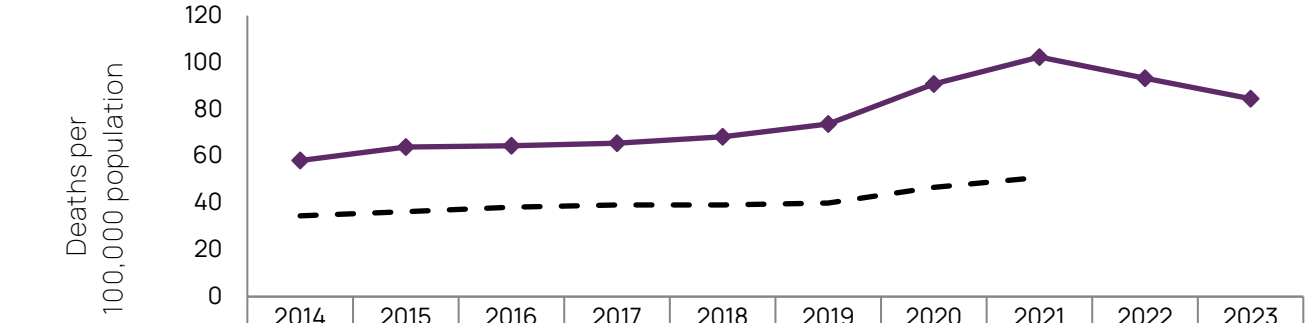



| | Northwest | Northeast | Metro | Southeast | Southwest |
|---|---|---|---|---|---|
| 2015-2017 | 1.8 | 1.0 | 1.1 | 4.5 | 1.2 |
| 2018-2020 | 1.4 | 1.2 | 1.5 | 4.1 | 2.2 |
| 2021-2023 | 3.2 | 2.7 | 1.3 | 3.4 | 1.8 |

Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See *Technical Appendix* for information on health regions.

Alcohol-induced causes of death in New Mexico are calculated using the CDC Alcohol-Related Disease Impact (ARDI) methods[2], and these methods include both chronic and acute conditions, such as alcohol related chronic liver disease, poisoning, and motor vehicle traffic accidents, all of which are the leading causes of alcohol-related deaths in New Mexico.[3] Over the past decade, New Mexico's annual alcohol-induced death rates have been nearly twice the national rates (Figure M-14). The rate in New Mexico saw a significant increase of 38.8% between 2019 and 2021.

Figure M-14. Death Rates for Alcohol-Induced Causes
New Mexico, 2014-2023, and United States, 2014-2021




| | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|
| United States | 34.5 | 36.3 | 38.2 | 39.2 | 39.2 | 39.9 | 46.7 | 50.9 | | |
| New Mexico | 58.1 | 63.9 | 64.4 | 65.5 | 68.3 | 73.7 | 90.8 | 102.3 | 93.3 | 84.5 |

Age-adjusted death rates are the numbers of deaths per 100,000 U.S. standard population.
See Technical Appendix for information on causes of death that rates.

# MATERNAL MORTALITY

Maternal mortality refers to deaths resulting from, or exacerbated by, pregnancy or pregnancy management, occurring within 42 days following the termination of pregnancy, and excludes deaths caused by external injuries (*Technical Appendix*).

From 2016 to 2019, New Mexico's maternal mortality rate was 18.0 per 100,000 live births. However, for the 2020-2023 period, the rate increased to 28.1 per 100,000 live births (Table M-2). Due to the relatively small number of maternal deaths in New Mexico each year, even when data is combined over a four-year period, the rates presented in Table M-2 should be interpreted with caution.

Table M-2 Maternal Mortality: Number of Deaths and Death Rates
New Mexico, 2016-2019 and 2020-2023

| Maternal Cause of Death (ICD-10 Code) *10th Revision International Classification of Diseases* | 2016-2019 (4-year) Total | 2016-2019 Average Rate | 2020-2023 (4-year) Total | 2020-2023 Average Rate |
|---|---|---|---|---|
| Total Maternal Causes (A34, O00-O95, O98-O99) | 17 | 18.0 | 25 | 31.5 |
| Pregnancy with abortive outcomes (O00-O08) | 0 | 0.0 | 0 | 0.0 |
| Ectopic pregnancy (O00) | 0 | 0.0 | 0 | 0.0 |
| Spontaneous abortion (O03) | 0 | 0.0 | 0 | 0.0 |
| Medical abortion (O04) | 0 | 0.0 | 0 | 0.0 |
| Other abortion (O05) | 0 | 0.0 | 0 | 0.0 |
| Other & unspecified pregnancy with abortive outcomes (O01-O02, O06-O07) | 0 | 0.0 | 0 | 0.0 |
| Complications following abortion and ectopic and molar pregnancy (O08) | 0 | 0.0 | 0 | 0.0 |
| Other direct obstetric causes (A34, O10-O92) | 13 | 13.8 | 10 | 11.7 |
| Eclampsia and pre-eclampsia (O11, O13-O16) | 0 | 0.0 | 1 | 1.2 |
| Hemorrhage of pregnancy and childbirth and placenta previa (O20, O44-O46, O67, O72) | 0 | 0.0 | 2 | 2.3 |
| Complications predominantly related to puerperium (A34, O85-O92) | 3 | 3.2 | 1 | 1.2 |
| Obstetrical tetanus (A34) | 0 | 0.0 | 0 | 0.0 |
| Obstetrical embolism (O88) | 2 | 2.1 | 0 | 0.0 |
| Other complications predominantly related to the puerperium (O85-O87, O89-O92) | 1 | 1.1 | 1 | 1.2 |
| All other direct obstetric causes (O10, O12, O21-O43, O47-O66, O68-O71, O73-O75) | 10 | 10.6 | 6 | 7.0 |
| Obstetric death of unspecified cause (O95) | 1 | 1.1 | 0 | 0.0 |
| Indirect obstetric causes (O98-O99) | 3 | 3.2 | 15 | 17.5 |

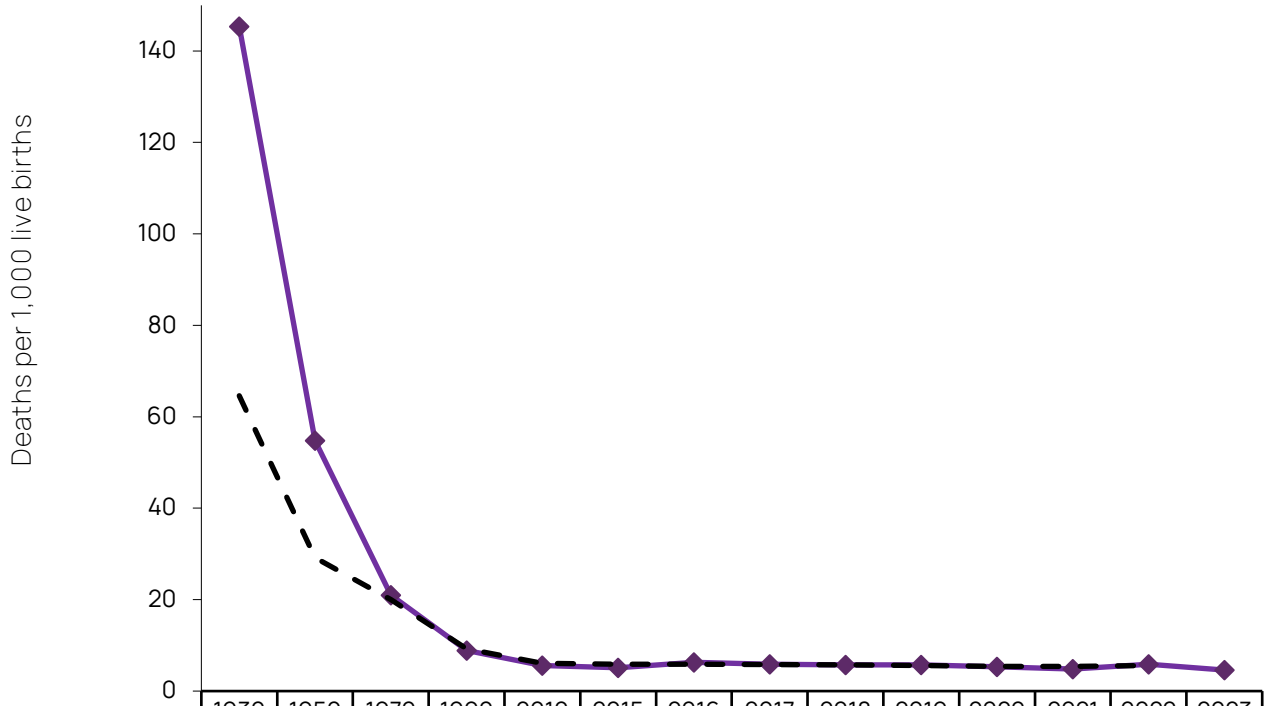
Maternal mortality rates are the numbers of maternal deaths per 100,000 live births.
See *Technical Appendix* for information on maternal mortality. Rate numerators are total maternal deaths for the specified four-year period. Rate denominators are total births for the specified four-year period. Rates based on fewer than 20 events may be statistically unreliable and should be interpreted with caution.

## INFANT MORTALITY

Infant deaths are defined as those occurring before the age of one year. In 2023, there were 95 infant deaths reported among New Mexico residents (Table M-3), resulting in an infant mortality rate of 4.6 deaths per 1,000 live births. This marks a decrease from the previous year. New Mexico's 2023 infant mortality rate is lower than the most recent national rate of 5.6 per 1,000 live births in 2022.

A historical perspective is provided in Figure M-15. New Mexico's infant mortality rate in 1930 was 145.4 per 1,000 live births, which was 125% higher than the national rate. By the early 1970s, New Mexico had achieved parity with the U.S., and by the 1980s, the rate had fallen below the national rate. Over the past two decades, New Mexico's infant mortality rate has generally remained lower than the national rate, with the exception of 2012, 2016, 2017, 2019, and 2022. This long-term decline in infant mortality for New Mexico can be attributed to improved living standards, public health efforts, better education on pregnancy and childbirth, and advances in medical care, including the use of antibiotics.

Figure M-15. Infant Mortality Rates
New Mexico, 1930-2023, and United States, 1930-2022




| | 1930 | 1950 | 1970 | 1990 | 2010 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 145.4 | 54.8 | 21.0 | 8.9 | 5.6 | 5.1 | 6.3 | 5.9 | 5.7 | 5.7 | 5.3 | 4.8 | 5.9 | 4.6 |
| United States | 64.6 | 29.2 | 20.0 | 9.2 | 6.1 | 5.9 | 5.9 | 5.8 | 5.7 | 5.6 | 5.4 | 5.4 | 5.6 | |

See Technical Appendix for information on infant mortality rates.

Of the 95 New Mexico infant deaths in 2023, 17 were caused by congenital malformations (birth defects), 13 were caused by disorders related to short gestation and low birthweight, and 2 were caused by maternal complications of pregnancy (Table M-3). The proportion of infant deaths due to accidents (unintentional injuries) in New Mexico was greater than the U.S., 13.7% of deaths compared to 9.7%. Similarly, 3.2% of infants in New Mexico died from assault compared to 1.9% nationally.

Table M-3 Number of Infant Deaths by Cause
New Mexico and U.S., 2023

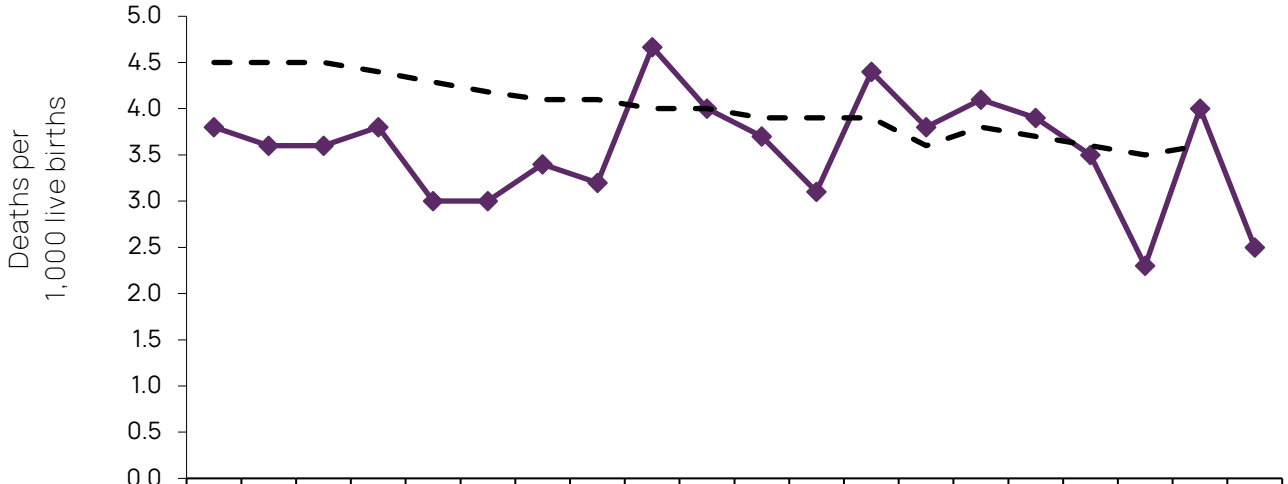
| Cause of Death | ICD-10 Code* | New Mexico | U.S. |
|---|---|---|---|
| All Causes | | 95 | 13,331 |
| Congenital malformations, deformations and chromosomal abnormalities | Q00-Q99 | 17 | 4,005 |
| Disorders related to short gestation and low birthweight, not classified elsewhere | P07 | 13 | 2,915 |
| Sudden infant death syndrome | R95 | 1 | 1,445 |
| Newborn affected by maternal complications of pregnancy | P01 | 2 | 1,129 |
| Accidents (unintentional injuries) | V01-X59 | 13 | 1,291 |
| Newborn affected by complications of placenta, cord, and membranes | P02 | 4 | 559 |
| Bacterial sepsis of newborn | P36 | 0 | 621 |
| Respiratory distress of newborn | P22 | 0 | 449 |
| Diseases of the circulatory system | I00-I99 | 1 | 356 |
| Neonatal hemorrhage | P50-P52, P54 | 0 | 313 |
| Assault | *U01, X85-Y09 | 3 | 248 |
| All other causes | Residual | 41 | 6,814 |

*10th Revision International Classification of Diseases
See *Technical Appendix* for information on infant mortality.

Infant deaths are categorized into two age groups: (1) neonatal deaths (less than 28 days old) and (2) post-neonatal deaths (28 days to one year old). In 2023, New Mexico's neonatal mortality rate was 2.5 per 1,000 live births, and the post-neonatal mortality rate was 2.1 per 1,000 live births.

From 2000 to 2015, New Mexico's neonatal mortality rate was generally lower than or equal to the U.S. rate, with the exception of 2012. However, in 2016, New Mexico saw a spike in neonatal deaths, which resulted in the state's rate surpassing the national rate. Since then, New Mexico's neonatal mortality rate has remained higher than the U.S. rate, except for 2020 and 2021 (Figure M-17(a)). The state's post-neonatal mortality rate has remained comparable to the U.S. rate since 2000 (Figure M-17(b)).

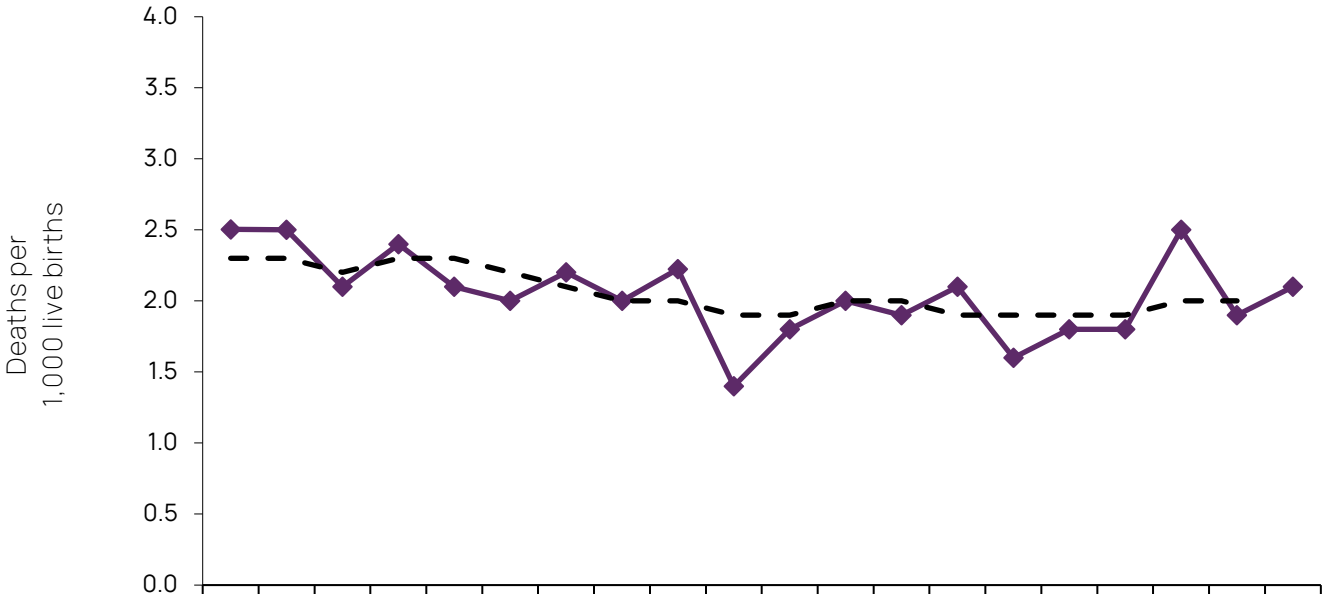
## Figure M-17(a). Neonatal Mortality Rates
## New Mexico, 2004-2023, and United States, 2004-2022




| | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 3.8 | 3.6 | 3.6 | 3.8 | 3.0 | 3.0 | 3.4 | 3.2 | 4.7 | 4.0 | 3.7 | 3.1 | 4.4 | 3.8 | 4.1 | 3.9 | 3.5 | 2.3 | 4.0 | 2.5 |
| United States | 4.5 | 4.5 | 4.5 | 4.4 | 4.3 | 4.2 | 4.1 | 4.1 | 4.0 | 4.0 | 3.9 | 3.9 | 3.9 | 3.6 | 3.8 | 3.7 | 3.6 | 3.5 | 3.6 | |

Neonatal mortality rates are the numbers of infant deaths under 28 days of age per 1,000 births.
See Technical Appendix for information on neonatal infant mortality rates.

## Figure M-17(b). Post-neonatal Mortality Rates
## New Mexico, 2004-2023, and United States, 2004-2022

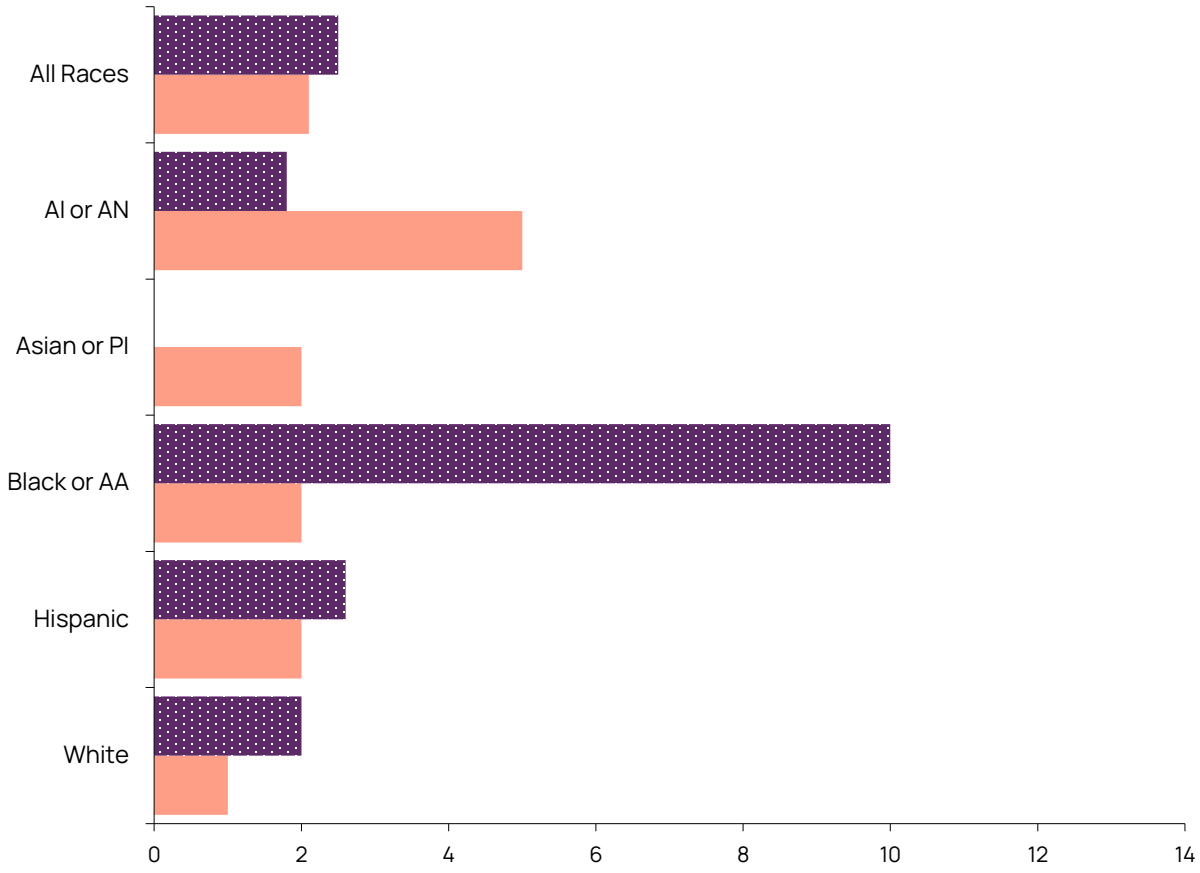



| | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 2.5 | 2.5 | 2.1 | 2.4 | 2.1 | 2.0 | 2.2 | 2.0 | 2.2 | 1.4 | 1.8 | 2.0 | 1.9 | 2.1 | 1.6 | 1.8 | 1.8 | 2.5 | 1.9 | 2.1 |
| United States | 2.3 | 2.3 | 2.2 | 2.3 | 2.3 | 2.2 | 2.1 | 2.0 | 2.0 | 1.9 | 1.9 | 2.0 | 2.0 | 1.9 | 1.9 | 1.9 | 1.9 | 2.0 | 2.0 | |

Post-neonatal mortality rates are the numbers of infant deaths 28 days of age to under 1 year per 1,000 births.
See Technical Appendix for information on post neonatal infant mortality rates.

In 2023, there were no neonatal deaths reported among Asian or Pacific Islander infants. This group had a post-neonatal mortality rate of 2.0 per 1,000 live births. American Indian or Alaska Native infants had a lower neonatal mortality rate compared to Black or African American, Hispanic, and White infants. However, they experienced the highest post-neonatal mortality rate, at 10.0 per 1,000 live births. Due to the small number of deaths among Asian or Pacific Islander and Black or African American infants, these rates may be statistically unreliable and should be interpreted with caution (Figure M-16).

Figure M-16. Infant Mortality Rates by Race/Ethnicity
New Mexico, 2023




| | White | Hispanic | Black or AA | Asian or PI | AI or AN | All Races |
|---|---|---|---|---|---|---|
| Neonatal | 2.0 | 2.6 | 10.0 | 0.0 | 1.8 | 2.5 |
| Post-neonatal | 1.0 | 2.0 | 2.0 | 2.0 | 5.0 | 2.1 |

Infant Deaths Per 1,000 Live Births

AI=American Indian; AN=Alaska Native; PI=Pacific Islander; and AA= African American
See Technical Appendix for information on neonatal and post neonatal infant mortality rates and race/ethnicity.

## Table M-4(a). Number of Deaths by Sex, Age Group, and Race/Ethnicity New Mexico and United States, 2023

| | All Ages | Less than 1 | 1 to 4 | 5 to 14 | 15 to 24 | 25 to 34 | 35 to 44 | 45 to 54 | 55 to 64 | 65 to 74 | 75 to 84 | 85+ | Unknown or Not Stated |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | | | | | | | | | | | | | |
| All Races | | | | | | | | | | | | | |
| Male | 12,290 | 52 | 14 | 29 | 289 | 536 | 834 | 971 | 1,693 | 2,650 | 2,818 | 2,398 | 6 |
| Female | 9,951 | 43 | 20 | 17 | 93 | 237 | 353 | 496 | 1,032 | 1,854 | 2,582 | 3,221 | 3 |
| Both Sexes | 22,241 | 95 | 34 | 46 | 382 | 773 | 1,187 | 1,467 | 2,725 | 4,504 | 5,400 | 5,619 | 9 |
| American Indian or Alaska Native | | | | | | | | | | | | | |
| Male | 1,187 | 6 | 2 | 4 | 47 | 124 | 184 | 187 | 208 | 169 | 152 | 104 | 0 |
| Female | 907 | 7 | 5 | 3 | 17 | 73 | 92 | 91 | 128 | 145 | 165 | 181 | 0 |
| Both Sexes | 2,094 | 13 | 7 | 7 | 64 | 197 | 276 | 278 | 336 | 314 | 317 | 285 | 0 |
| Asian or Pacific Islander | | | | | | | | | | | | | |
| Male | 72 | 1 | 0 | 0 | 2 | 2 | 4 | 8 | 10 | 17 | 15 | 13 | 0 |
| Female | 96 | 0 | 0 | 0 | 0 | 2 | 1 | 4 | 7 | 19 | 39 | 24 | 0 |
| Both Sexes | 168 | 1 | 0 | 0 | 2 | 4 | 5 | 12 | 17 | 36 | 54 | 37 | 0 |
| Black or African American | | | | | | | | | | | | | |
| Male | 241 | 0 | 0 | 0 | 6 | 15 | 26 | 28 | 32 | 60 | 42 | 32 | 0 |
| Female | 181 | 1 | 3 | 0 | 5 | 6 | 11 | 17 | 28 | 31 | 32 | 47 | 0 |
| Both Sexes | 422 | 1 | 3 | 0 | 11 | 21 | 37 | 45 | 60 | 91 | 74 | 79 | 0 |
| Hispanic | | | | | | | | | | | | | |
| Male | 4,705 | 35 | 10 | 21 | 174 | 264 | 421 | 456 | 749 | 935 | 857 | 783 | 0 |
| Female | 3,609 | 29 | 10 | 13 | 56 | 105 | 166 | 215 | 403 | 641 | 854 | 1,117 | 0 |
| Both Sexes | 8,314 | 64 | 20 | 34 | 230 | 369 | 587 | 671 | 1,152 | 1,576 | 1,711 | 1,900 | 0 |
| White | | | | | | | | | | | | | |
| Male | 6,041 | 9 | 2 | 4 | 59 | 130 | 198 | 288 | 686 | 1,458 | 1,745 | 1,461 | 1 |
| Female | 5,140 | 6 | 2 | 1 | 15 | 51 | 83 | 167 | 463 | 1,014 | 1,487 | 1,850 | 1 |
| Both Sexes | 11,181 | 15 | 4 | 5 | 74 | 181 | 281 | 455 | 1,149 | 2,472 | 3,232 | 3,311 | 2 |
| Other and Unknown Race/Ethnicity | | | | | | | | | | | | | |
| Male | 44 | 1 | 0 | 0 | 1 | 1 | 1 | 4 | 8 | 11 | 7 | 5 | 5 |
| Female | 18 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 3 | 4 | 5 | 2 | 2 |
| Both Sexes | 62 | 1 | 0 | 0 | 1 | 1 | 1 | 6 | 11 | 15 | 12 | 7 | 7 |
| U.S. | | | | | | | | | | | | | |
| All Races | | | | | | | | | | | | | |
| Male | 1,617,085 | 11,107 | 2,329 | 3,518 | 24,668 | 47,833 | 69,814 | 104,880 | 229,644 | 361,317 | 411,716 | 350,204 | 55 |
| Female | 1,473,879 | 9,038 | 1,730 | 2,487 | 9,043 | 19,616 | 35,522 | 61,893 | 146,890 | 266,363 | 386,472 | 534,800 | 25 |
| Both Sexes | 3,090,964 | 20,145 | 4,059 | 6,005 | 33,711 | 67,449 | 105,336 | 166,773 | 376,534 | 627,680 | 798,188 | 885,004 | 80 |

See *Technical Appendix* for information on rates and race/ethnicity.

## Table M-4(b). Death Rates by Sex, Age Group, and Race/Ethnicity
## New Mexico and United States, 2023

| | All Ages | Less than 1 | 1 to 4 | 5 to 14 | 15 to 24 | 25 to 34 | 35 to 44 | 45 to 54 | 55 to 64 | 65 to 74 | 75 to 84 | 85+ |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 831.9 | 443.7 | 39.1 | 17.8 | 132.3 | 278.1 | 433.2 | 620.7 | 1,051.4 | 1,829.5 | 4,053.9 | 13,962.8 |
| All Races | | | | | | | | | | | | |
| Male | 1,005.3 | 471.6 | 31.4 | 22.1 | 193.9 | 374.3 | 595.2 | 827.2 | 1,352.2 | 2,291.9 | 4,611.1 | 14,944.1 |
| Female | 970.5 | 414.1 | 47.1 | 13.5 | 66.6 | 175.9 | 263.6 | 417.0 | 770.3 | 1,420.1 | 3,581.6 | 13,312.0 |
| Both Sexes | 831.9 | 443.7 | 39.1 | 17.8 | 132.3 | 278.1 | 433.2 | 620.7 | 1,051.4 | 1,829.5 | 4,053.9 | 13,962.8 |
| American Indian or Alaska Native | | | | | | | | | | | | |
| Male | 1,305.1 | 599.7 | 44.3 | 27.9 | 292.7 | 785.7 | 1,304.8 | 1,683.6 | 1,958.3 | 2,233.3 | 4,585.9 | 11,610.1 |
| Female | 777.4 | 688.1 | 111.1 | 21.5 | 106.9 | 450.9 | 622.2 | 736.4 | 1,012.4 | 1,467.6 | 3,323.8 | 9,537.8 |
| Both Sexes | 1,018.0 | 664.2 | 77.7 | 24.8 | 200.3 | 616.2 | 955.4 | 1,184.8 | 1,444.3 | 1,799.7 | 3,829.1 | 10,202.3 |
| Asian or Pacific Islander | | | | | | | | | | | | |
| Male | 369.5 | 485.4 | 0.0 | 0.0 | 57.0 | 48.2 | 107.8 | 280.4 | 459.5 | 1,122.3 | 2,010.2 | 5,715.1 |
| Female | 330.4 | 0.0 | 0.0 | 0.0 | 0.0 | 46.2 | 23.3 | 110.2 | 241.4 | 822.3 | 3,189.5 | 5,616.4 |
| Both Sexes | 350.8 | 239.2 | 0.0 | 0.0 | 28.9 | 47.2 | 62.5 | 185.1 | 335.0 | 941.1 | 2,742.6 | 5,650.7 |
| Black or African American | | | | | | | | | | | | |
| Male | 940.9 | 0.0 | 0.0 | 0.0 | 122.1 | 283.2 | 610.7 | 891.7 | 1,017.9 | 2,434.5 | 4,776.8 | 13,043.6 |
| Female | 822.8 | 334.4 | 218.7 | 0.0 | 124.1 | 149.8 | 386.2 | 799.9 | 1,225.5 | 1,494.5 | 3,638.9 | 14,771.2 |
| Both Sexes | 891.0 | 166.1 | 112.5 | 0.0 | 123.0 | 225.8 | 520.7 | 854.6 | 1,105.3 | 2,004.9 | 4,207.8 | 14,019.1 |
| Hispanic | | | | | | | | | | | | |
| Male | 1,040.9 | 513.6 | 36.8 | 26.5 | 203.2 | 357.7 | 598.2 | 799.6 | 1,442.4 | 2,433.7 | 4,702.5 | 16,040.8 |
| Female | 686.4 | 455.3 | 38.8 | 17.0 | 67.4 | 150.3 | 245.9 | 368.9 | 719.3 | 1,470.2 | 3,747.7 | 14,710.6 |
| Both Sexes | 856.7 | 485.4 | 37.8 | 21.9 | 136.4 | 256.8 | 425.8 | 581.9 | 1,067.1 | 1,921.5 | 4,172.0 | 15,231.1 |
| White | | | | | | | | | | | | |
| Male | 914.3 | 333.2 | 18.9 | 13.0 | 151.5 | 294.4 | 415.4 | 665.9 | 1,196.5 | 2,220.5 | 4,598.2 | 14,913.0 |
| Female | 634.3 | 241.4 | 20.3 | 3.4 | 45.1 | 126.3 | 186.6 | 392.4 | 770.1 | 1,394.9 | 3,520.6 | 13,252.2 |
| Both Sexes | 770.8 | 289.2 | 19.6 | 8.3 | 102.4 | 214.1 | 304.9 | 530.3 | 978.3 | 1,786.7 | 4,030.6 | 13,937.3 |
| U.S. | | | | | | | | | | | | |
| All Races | | | | | | | | | | | | |
| Male | 884.3 | 595.7 | 30.7 | 16.8 | 110.0 | 207.4 | 312.2 | 519.5 | 1,120.0 | 2,211.9 | 5,044.0 | 15,333.2 |
| Female | 632.9 | 506.6 | 23.8 | 12.4 | 42.1 | 87.2 | 161.3 | 304.8 | 688.0 | 1,451.6 | 3,786.9 | 13,674.2 |
| Both Sexes | 750.5 | 552.1 | 27.3 | 14.7 | 76.8 | 148.1 | 237.3 | 411.8 | 899.6 | 1,809.6 | 4,345.5 | 14,285.8 |

Age-specific death rates are the numbers of deaths per 100,000 in specified age group.

Age-adjusted death rates (all ages) are the numbers of deaths per 100,000 U.S. standard population.

Rates based on fewer than 20 events may be statistically unreliable and should be interpreted with caution. See numbers in Table M-4(a).
See *Technical Appendix* for information on rates and race/ethnicity.

## Table M-5. Number of Deaths by Age, County, and Health Region
## New Mexico and United States, 2023

| | All Ages | Less than 1 | 1 to 4 | 5 to 14 | 15 to 24 | 25 to 34 | 35 to 44 | 45 to 54 | 55 to 64 | 65 to 74 | 75 to 84 | 85+ | Unknown or Not Stated |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| U.S. | 3,090,964 | 20,145 | 4,059 | 6,005 | 33,711 | 67,449 | 105,336 | 166,773 | 376,534 | 627,680 | 798,188 | 885,004 | 80 |
| New Mexico | 22,241 | 95 | 34 | 46 | 382 | 773 | 1,187 | 1,467 | 2,725 | 4,504 | 5,400 | 5,619 | 9 |
| County | | | | | | | | | | | | | |
| Bernalillo | 6,874 | 31 | 7 | 17 | 138 | 221 | 371 | 434 | 857 | 1,347 | 1,622 | 1,826 | 3 |
| Catron | 69 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 11 | 23 | 20 | 10 | 0 |
| Chaves | 770 | 2 | 4 | 1 | 15 | 17 | 36 | 45 | 97 | 154 | 193 | 205 | 1 |
| Cibola | 340 | 2 | 0 | 0 | 3 | 21 | 27 | 28 | 35 | 78 | 80 | 66 | 0 |
| Colfax | 158 | 1 | 1 | 0 | 0 | 2 | 9 | 9 | 24 | 38 | 45 | 29 | 0 |
| Curry | 470 | 2 | 2 | 1 | 9 | 16 | 28 | 35 | 69 | 89 | 109 | 110 | 0 |
| De Baca | 30 | 0 | 0 | 0 | 0 | 0 | 1 | 2 | 2 | 4 | 10 | 11 | 0 |
| Dona Ana | 2,062 | 7 | 5 | 6 | 26 | 62 | 93 | 110 | 214 | 435 | 522 | 582 | 0 |
| Eddy | 595 | 4 | 1 | 1 | 9 | 16 | 22 | 41 | 81 | 134 | 141 | 145 | 0 |
| Grant | 395 | 1 | 0 | 0 | 2 | 7 | 12 | 20 | 32 | 97 | 113 | 110 | 1 |
| Guadalupe | 59 | 0 | 3 | 0 | 1 | 1 | 2 | 1 | 11 | 15 | 10 | 15 | 0 |
| Harding | 9 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 4 | 3 | 1 | 0 |
| Hidalgo | 55 | 0 | 0 | 0 | 0 | 0 | 3 | 4 | 5 | 12 | 15 | 16 | 0 |
| Lea | 599 | 6 | 2 | 2 | 16 | 21 | 34 | 56 | 85 | 112 | 136 | 129 | 0 |
| Lincoln | 256 | 2 | 0 | 0 | 0 | 4 | 8 | 14 | 37 | 63 | 65 | 63 | 0 |
| Los Alamos | 155 | 0 | 0 | 0 | 2 | 7 | 3 | 10 | 12 | 17 | 39 | 65 | 0 |
| Luna | 345 | 1 | 1 | 0 | 1 | 6 | 12 | 24 | 44 | 71 | 104 | 80 | 1 |
| McKinley | 817 | 3 | 2 | 3 | 24 | 62 | 99 | 85 | 127 | 157 | 152 | 101 | 2 |
| Mora | 62 | 0 | 0 | 0 | 0 | 2 | 3 | 4 | 7 | 13 | 16 | 17 | 0 |
| Otero | 665 | 3 | 2 | 4 | 9 | 29 | 24 | 47 | 88 | 139 | 167 | 153 | 0 |
| Quay | 102 | 0 | 0 | 0 | 2 | 3 | 5 | 6 | 17 | 16 | 27 | 26 | 0 |
| Rio Arriba | 525 | 2 | 0 | 1 | 10 | 22 | 57 | 49 | 69 | 101 | 108 | 106 | 0 |
| Roosevelt | 168 | 0 | 0 | 0 | 3 | 2 | 4 | 11 | 25 | 42 | 44 | 37 | 0 |
| Sandoval | 1,454 | 8 | 1 | 1 | 22 | 51 | 62 | 103 | 151 | 263 | 383 | 409 | 0 |
| San Juan | 1,301 | 6 | 2 | 3 | 28 | 75 | 95 | 100 | 192 | 226 | 268 | 306 | 0 |
| San Miguel | 307 | 0 | 0 | 0 | 6 | 9 | 20 | 23 | 38 | 61 | 75 | 75 | 0 |
| Santa Fe | 1,586 | 2 | 0 | 0 | 25 | 43 | 70 | 81 | 149 | 322 | 414 | 479 | 1 |
| Sierra | 247 | 0 | 0 | 0 | 0 | 5 | 5 | 9 | 35 | 62 | 75 | 56 | 0 |
| Socorro | 216 | 1 | 0 | 0 | 8 | 15 | 9 | 17 | 20 | 47 | 58 | 41 | 0 |
| Taos | 421 | 2 | 0 | 1 | 5 | 11 | 12 | 22 | 46 | 85 | 112 | 125 | 0 |
| Torrance | 213 | 0 | 0 | 0 | 3 | 6 | 17 | 20 | 23 | 55 | 50 | 39 | 0 |
| Union | 56 | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 4 | 16 | 12 | 21 | 0 |
| Valencia | 818 | 7 | 1 | 4 | 13 | 29 | 31 | 49 | 114 | 197 | 209 | 164 | 0 |
| Unknown | 42 | 1 | 0 | 0 | 1 | 7 | 12 | 4 | 4 | 9 | 3 | 1 | 0 |
| Health Region | | | | | | | | | | | | | |
| Northwest | 2,458 | 11 | 4 | 6 | 55 | 158 | 221 | 213 | 354 | 461 | 500 | 473 | 2 |
| Northeast | 3,338 | 7 | 4 | 2 | 49 | 98 | 176 | 202 | 360 | 672 | 834 | 933 | 1 |
| Metro | 9,359 | 46 | 9 | 22 | 176 | 307 | 481 | 606 | 1,145 | 1,862 | 2,264 | 2,438 | 3 |
| Southeast | 2,990 | 19 | 9 | 5 | 54 | 79 | 138 | 210 | 413 | 614 | 725 | 726 | 1 |
| Southwest | 4,054 | 14 | 8 | 11 | 47 | 124 | 159 | 232 | 449 | 886 | 1,074 | 1,048 | 2 |
| Unknown | 42 | 1 | 0 | 0 | 1 | 7 | 12 | 4 | 4 | 9 | 3 | 1 | 0 |

See Age-specific death rates and Age-adjusted death rates (all ages).
See *Technical Appendix* for information on health regions.

## Table M-6. Death Rates by Age, County, and Health Region
## New Mexico and United States, 2023

| | All ages | Less than 1 | 1 to 4 | 5 to 14 | 15 to 24 | 25 to 34 | 35 to 44 | 45 to 54 | 55 to 64 | 65 to 74 | 75 to 84 | 85+ |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| U.S. | 750.5 | 552.1 | 27.3 | 14.7 | 76.8 | 148.1 | 237.3 | 411.8 | 899.6 | 1,809.6 | 4,345.5 | 14,285.8 |
| New Mexico | 831.9 | 443.7 | 39.1 | 17.8 | 132.3 | 278.1 | 433.2 | 620.7 | 1,051.4 | 1,829.5 | 4,053.9 | 13,962.8 |
| County | | | | | | | | | | | | |
| Bernalillo | 822.1 | 478.1 | 27.4 | 22.6 | 159.7 | 230.0 | 394.7 | 551.2 | 1,032.1 | 1,805.5 | 4,088.8 | 14,585.5 |
| Catron | 849.7 | 3,846.2 | 0.0 | 398.4 | 403.2 | 0.0 | 387.6 | 284.9 | 1,621.0 | 2,478.1 | 3,545.1 | 7,510.3 |
| Chaves | 1,012.6 | 264.6 | 134.4 | 11.4 | 155.3 | 205.0 | 429.3 | 645.9 | 1,287.2 | 2,437.8 | 5,895.4 | 16,505.2 |
| Cibola | 1,088.6 | 809.7 | 0.0 | 0.0 | 87.9 | 555.7 | 767.8 | 941.5 | 1,117.8 | 2,606.2 | 5,628.7 | 13,930.9 |
| Colfax | 791.1 | 1,136.4 | 260.4 | 0.0 | 0.0 | 151.9 | 670.5 | 726.0 | 1,357.6 | 1,889.9 | 3,794.2 | 7,743.6 |
| Curry | 984.6 | 248.8 | 66.9 | 14.3 | 115.9 | 195.3 | 456.2 | 786.5 | 1,481.9 | 2,288.2 | 5,325.4 | 15,054.0 |
| De Baca | 1,064.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 505.1 | 1,257.9 | 892.9 | 1,457.2 | 6,410.6 | 22,624.0 |
| Dona Ana | 788.5 | 266.5 | 50.2 | 20.5 | 60.1 | 206.5 | 351.0 | 483.1 | 885.7 | 1,905.5 | 4,024.5 | 15,280.4 |
| Eddy | 901.5 | 482.1 | 29.6 | 10.7 | 107.6 | 189.4 | 257.6 | 601.3 | 1,185.6 | 2,348.9 | 5,291.4 | 14,975.8 |
| Grant | 807.0 | 420.2 | 0.0 | 0.0 | 65.4 | 275.5 | 438.2 | 710.2 | 897.3 | 2,040.2 | 3,941.9 | 12,768.9 |
| Guadalupe | 970.2 | 0.0 | 2,400.0 | 0.0 | 182.5 | 157.0 | 327.3 | 227.8 | 2,243.9 | 2,922.6 | 3,446.7 | 10,558.5 |
| Harding | 725.8 | 0.0 | 0.0 | 0.0 | 0.0 | 2,439.0 | 0.0 | 0.0 | 0.0 | 3,066.2 | 3,750.0 | 1,754.4 |
| Hidalgo | 944.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 678.7 | 984.3 | 849.1 | 2,347.8 | 4,621.5 | 17,081.7 |
| Lea | 930.6 | 556.4 | 47.1 | 17.0 | 136.9 | 209.8 | 338.6 | 707.1 | 1,171.4 | 2,091.0 | 5,625.3 | 14,667.2 |
| Lincoln | 718.8 | 1,428.6 | 0.0 | 0.0 | 0.0 | 233.9 | 376.1 | 717.5 | 1,229.5 | 1,661.9 | 2,957.7 | 10,302.2 |
| Los Alamos | 617.9 | 0.0 | 0.0 | 0.0 | 100.5 | 253.0 | 170.7 | 421.6 | 468.2 | 855.6 | 3,256.8 | 16,243.7 |
| Luna | 1,021.4 | 259.7 | 72.7 | 0.0 | 27.4 | 200.1 | 445.9 | 984.2 | 1,521.8 | 2,561.4 | 5,442.3 | 14,940.2 |
| McKinley | 1,161.2 | 413.8 | 61.3 | 27.3 | 229.5 | 625.1 | 1,073.4 | 1,070.5 | 1,589.2 | 2,475.0 | 5,285.2 | 11,190.8 |
| Mora | 864.8 | 0.0 | 0.0 | 0.0 | 0.0 | 590.0 | 717.7 | 940.7 | 1,061.8 | 1,677.9 | 3,810.3 | 10,757.0 |
| Otero | 832.0 | 399.5 | 66.2 | 47.8 | 87.6 | 290.1 | 275.0 | 708.8 | 1,145.9 | 1,961.6 | 4,538.1 | 12,322.3 |
| Quay | 817.4 | 0.0 | 0.0 | 0.0 | 214.4 | 347.2 | 552.1 | 695.6 | 1,470.2 | 1,252.9 | 3,476.9 | 12,258.8 |
| Rio Arriba | 1,070.6 | 496.3 | 0.0 | 19.5 | 207.5 | 510.9 | 1,254.2 | 1,124.3 | 1,333.7 | 1,946.6 | 3,808.7 | 12,360.8 |
| Roosevelt | 816.3 | 0.0 | 0.0 | 0.0 | 74.9 | 76.2 | 195.0 | 595.0 | 1,356.7 | 2,463.6 | 4,812.7 | 12,047.6 |
| Sandoval | 762.2 | 590.5 | 16.9 | 5.1 | 117.7 | 274.1 | 291.0 | 544.4 | 762.2 | 1,376.3 | 3,742.2 | 16,308.1 |
| San Juan | 961.7 | 557.1 | 36.9 | 17.8 | 168.6 | 488.7 | 585.4 | 754.9 | 1,323.9 | 1,753.8 | 4,439.7 | 14,984.6 |
| San Miguel | 781.8 | 0.0 | 0.0 | 0.0 | 180.1 | 290.1 | 667.7 | 754.6 | 988.2 | 1,524.0 | 3,202.3 | 11,392.0 |
| Santa Fe | 632.0 | 176.8 | 0.0 | 0.0 | 154.3 | 252.9 | 378.5 | 446.1 | 661.9 | 1,219.0 | 2,697.7 | 12,444.2 |
| Sierra | 1,019.1 | 0.0 | 0.0 | 0.0 | 0.0 | 529.1 | 504.7 | 834.5 | 2,188.9 | 2,727.4 | 4,830.8 | 10,644.0 |
| Socorro | 1,067.8 | 666.7 | 0.0 | 0.0 | 311.9 | 879.8 | 517.7 | 1,037.4 | 1,005.2 | 2,382.4 | 5,134.0 | 12,685.6 |
| Taos | 700.9 | 925.9 | 0.0 | 33.2 | 154.0 | 340.5 | 308.9 | 547.5 | 891.1 | 1,385.2 | 3,093.0 | 11,851.7 |
| Torrance | 1,035.1 | 0.0 | 0.0 | 0.0 | 159.2 | 344.2 | 975.2 | 1,122.3 | 1,043.9 | 2,411.9 | 4,550.0 | 13,031.3 |
| Union | 822.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 683.4 | 820.7 | 3,033.8 | 4,010.4 | 17,935.2 |
| Valencia | 835.2 | 819.0 | 28.9 | 39.1 | 127.5 | 289.0 | 314.4 | 539.8 | 1,131.7 | 2,228.8 | 4,350.4 | 12,558.6 |
| Health Region | | | | | | | | | | | | |
| Northwest | 1,043.2 | 536.9 | 40.8 | 19.1 | 180.5 | 544.0 | 762.9 | 881.6 | 1,381.5 | 2,074.5 | 4,838.5 | 13,836.9 |
| Northeast | 718.2 | 304.9 | 41.9 | 6.9 | 151.7 | 294.9 | 493.4 | 584.8 | 841.9 | 1,409.2 | 3,019.8 | 12,166.5 |
| Metro | 815.6 | 521.0 | 25.3 | 20.6 | 150.2 | 242.8 | 379.0 | 558.4 | 994.6 | 1,776.1 | 4,056.8 | 14,658.2 |
| Southeast | 908.0 | 405.9 | 57.6 | 11.7 | 121.6 | 196.1 | 359.5 | 677.9 | 1,270.3 | 2,168.5 | 5,018.2 | 14,520.5 |
| Southwest | 830.8 | 326.0 | 48.5 | 23.0 | 73.0 | 253.4 | 360.7 | 608.4 | 1,040.4 | 2,054.4 | 4,296.2 | 13,929.7 |

Age-specific death rates are the numbers of deaths per 100,000 in the specified age group.
Age-adjusted death rates (all ages) are the numbers of deaths per 100,000 U.S. standard population.
See *Technical Appendix* for information on rates and health regions. Rates based on fewer than 20 events may be statistically unreliable and should be interpreted with caution. See numbers in Table M-5.

## Table M-7(a). Number of Deaths for 39 Selected Causes by Age
## New Mexico, 2023

| Cause of Death - (ICD-10 Code) | 0-4 Years | 5-24 Years | 25-64 Years | 65+ Years | Unknown Age | All Ages |
|---|---|---|---|---|---|---|
| Tuberculosis (A16-A19) | 0 | 0 | 0 | 2 | 0 | 2 |
| Syphilis (A50-A53) | 0 | 0 | 0 | 0 | 0 | 0 |
| Human immunodeficiency virus (HIV) disease (B20-B24) | 0 | 0 | 14 | 4 | 0 | 18 |
| Malignant neoplasms (C00-C97) | 6 | 10 | 822 | 2,801 | 0 | 3,639 |
| Malignant neoplasm of stomach (C16) | 0 | 0 | 16 | 57 | 0 | 73 |
| Malignant neoplasms of colon, rectum, and anus (C18-C21) | 0 | 0 | 123 | 227 | 0 | 350 |
| Malignant neoplasm of pancreas (C25) | 0 | 0 | 58 | 227 | 0 | 285 |
| Malignant neoplasms of trachea, bronchus, and lung (C33-C34) | 0 | 1 | 99 | 480 | 0 | 580 |
| Malignant neoplasm of breast (C50) | 0 | 1 | 80 | 205 | 0 | 286 |
| Malignant neoplasms of cervix uteri, corpus uteri and ovary (C53-C56) | 0 | 0 | 47 | 140 | 0 | 187 |
| Malignant neoplasm of prostate (C61) | 0 | 0 | 20 | 229 | 0 | 249 |
| Malignant neoplasms of urinary tract (C64-C68) | 0 | 0 | 46 | 168 | 0 | 214 |
| Non-Hodgkin's lymphoma (C82-C85) | 0 | 0 | 16 | 85 | 0 | 101 |
| Leukemia (C91-C95) | 3 | 2 | 22 | 111 | 0 | 138 |
| Other malignant neoplasms (C00-C15, C17, C22-C24, C26-C32, C37-C49, C51-C52, C57-C60, C62-C63, C69-C81, C88, C90, C96-C97) | 3 | 6 | 295 | 872 | 0 | 1,176 |
| Diabetes mellitus (E10-E14) | 0 | 2 | 213 | 526 | 0 | 741 |
| Alzheimer's disease (G30) | 0 | 0 | 9 | 611 | 0 | 620 |
| Major cardiovascular diseases (I00-I78) | 2 | 6 | 930 | 4,754 | 0 | 5,692 |
| Diseases of heart (I00-I09, I11, I13, I20-I51) | 0 | 3 | 768 | 3,640 | 0 | 4,411 |
| Hypertensive heart disease with or without renal disease (I11, I13) | 0 | 0 | 50 | 291 | 0 | 341 |
| Ischemic heart diseases (I20-I25) | 0 | 1 | 577 | 2,388 | 0 | 2,966 |
| Other diseases of heart (I00-I09, I26-I51) | 0 | 2 | 141 | 961 | 0 | 1,104 |
| Essential (primary) hypertension and hypertensive renal disease (I10, I12) | 0 | 0 | 23 | 139 | 0 | 162 |
| Cerebrovascular diseases (I60-I69) | 2 | 3 | 106 | 832 | 0 | 943 |
| Atherosclerosis (I70) | 0 | 0 | 3 | 41 | 0 | 44 |
| Other diseases of circulatory system (I71-I78) | 0 | 0 | 30 | 102 | 0 | 132 |
| Influenza and pneumonia (J09-J18) | 4 | 2 | 112 | 233 | 0 | 351 |
| Coronavirus disease 2019 (UO71) | 0 | 1 | 69 | 336 | 0 | 406 |
| Chronic lower respiratory diseases (J40-J47) | 0 | 1 | 108 | 924 | 0 | 1,033 |
| Peptic ulcer (K25-K28) | 0 | 0 | 11 | 18 | 0 | 29 |
| Chronic liver disease and cirrhosis (K70, K73-K74) | 0 | 3 | 483 | 208 | 0 | 694 |
| Nephritis, nephrotic syndrome, and nephrosis (N00-N07, N17-N19, N25-N27) | 0 | 0 | 72 | 225 | 0 | 297 |
| Pregnancy, childbirth, and the puerperium (O00-O99) | 0 | 0 | 5 | 0 | 0 | 5 |
| Certain conditions originating in the perinatal period (P00-P96) | 33 | 0 | 0 | 0 | 0 | 33 |
| Congenital malformations, deformations, and chromosomal abnormalities (Q00-Q99) | 18 | 5 | 19 | 15 | 0 | 57 |
| Sudden infant death syndrome (R95) | 1 | 0 | 0 | 0 | 0 | 1 |
| Symptoms, signs, and abnormal clinical and laboratory findings, not elsewhere classified (R00-R94, R96-R99) | 9 | 20 | 144 | 114 | 0 | 287 |
| All other diseases (Residual) (A00-A09, A20-A49, A54-B19, B25-B99, D00-E07, E15-G25, G31-H93, I80-J06, J20-J39, J60-K22, K29-K66, K71-K72, K75-M99, N10-N15, N20-N23, N28-N98) | 9 | 22 | 721 | 2,796 | 0 | 3,548 |
| Motor vehicle accidents (V02-V04, V090, V092, V12-V14, V190-V192, V194-V196, V20-V79, V803-V805, V810-V811, V820-V821, V83-V86, V870-V878, V880-V888, V890, V892) | 3 | 78 | 264 | 72 | 0 | 417 |
| All other and unspecified accidents and adverse effects (V01, V05-V06, V091, V093-V099, V10-V11, V15-V18, V193, V198-V199, V800-V802, V806-V809, V812-V819, V822-V829, V879, V889, V891, V893, V899, V90-X59, Y40-Y86, Y88) | 8 | 70 | 899 | 141 | 0 | 1,118 |
| Intentional self-harm (suicide) (*U03, X60-X84, Y870) | 0 | 93 | 290 | 87 | 0 | 470 |
| Assault (homicide) (*U01-*U02, X85-Y09, Y871) | 3 | 74 | 190 | 17 | 0 | 284 |
| All other external (injury) causes (Y10-Y36, Y872, Y89) | 5 | 9 | 39 | 6 | 0 | 59 |
| Residual, All other Diseases & injuries other than NCHS 39 selected causes | 13 | 10 | 580 | 2,063 | 0 | 2,666 |

## Table M-7(b). Death Rates for 39 Selected Causes by Age

New Mexico, 2023

| Cause of Death - (ICD-10 Code) | 0-4 Yrs | 5-24 Yrs | 25-64 Yrs | 65+ Yrs | All Ages |
|---|---|---|---|---|---|
| Tuberculosis (A16-A19) | 0.0 | 0.0 | 0.0 | 0.5 | 0.1 |
| Syphilis (A50-A53) | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Human immunodeficiency virus (HIV) disease (B20-B24) | 0.0 | 0.0 | 1.3 | 1.0 | 0.8 |
| Malignant neoplasms (C00-C97) | 5.5 | 1.8 | 78.5 | 667.5 | 171.5 |
| Malignant neoplasm of stomach (C16) | 0.0 | 0.0 | 1.5 | 13.6 | 3.4 |
| Malignant neoplasms of colon, rectum, and anus (C18-C21) | 0.0 | 0.0 | 11.7 | 54.1 | 16.5 |
| Malignant neoplasm of pancreas (C25) | 0.0 | 0.0 | 5.5 | 54.1 | 13.4 |
| Malignant neoplasms of trachea, bronchus, and lung (C33-C34) | 0.0 | 0.2 | 9.5 | 114.4 | 27.3 |
| Malignant neoplasm of breast (C50) | 0.0 | 0.2 | 7.6 | 48.9 | 13.5 |
| Malignant neoplasms of cervix uteri, corpus uteri and ovary (C53-C56) | 0.0 | 0.0 | 4.5 | 33.4 | 8.8 |
| Malignant neoplasm of prostate (C61) | 0.0 | 0.0 | 1.9 | 54.6 | 11.6 |
| Malignant neoplasms of urinary tract (C64-C68) | 0.0 | 0.0 | 4.4 | 40.0 | 10.1 |
| Non-Hodgkin's lymphoma (C82-C85) | 0.0 | 0.0 | 1.5 | 20.3 | 4.8 |
| Leukemia (C91-C95) | 2.8 | 0.4 | 2.1 | 26.5 | 6.5 |
| Other malignant neoplasms (C00-C15, C17, C22-C24, C26-C32, C37-C49, C51-C52, C57-C60, C62-C63, C69-C81, C88, C90, C96-C97) | 2.8 | 1.1 | 28.2 | 207.8 | 55.4 |
| Diabetes mellitus (E10-E14) | 0.0 | 0.4 | 20.3 | 125.3 | 34.9 |
| Alzheimer's disease (G30) | 0.0 | 0.0 | 0.9 | 145.6 | 29.2 |
| Major cardiovascular diseases (I00-I78) | 1.8 | 1.1 | 88.8 | 1,132.9 | 268.2 |
| Diseases of heart (I00-I09, I11, I13, I20-I51) | 0.0 | 0.5 | 73.3 | 867.4 | 207.9 |
| Hypertensive heart disease with or without renal disease (I11, I13) | 0.0 | 0.0 | 4.8 | 69.3 | 16.1 |
| Ischemic heart diseases (I20-I25) | 0.0 | 0.2 | 55.1 | 569.1 | 139.8 |
| Other diseases of heart (I00-I09, I26-I51) | 0.0 | 0.4 | 13.5 | 229.0 | 52.0 |
| Essential (primary) hypertension and hypertensive renal disease (I10, I12) | 0.0 | 0.0 | 2.2 | 33.1 | 7.6 |
| Cerebrovascular diseases (I60-I69) | 1.8 | 0.5 | 10.1 | 198.3 | 44.4 |
| Atherosclerosis (I70) | 0.0 | 0.0 | 0.3 | 9.8 | 2.1 |
| Other diseases of circulatory system (I71-I78) | 0.0 | 0.0 | 2.9 | 24.3 | 6.2 |
| Influenza and pneumonia (J09-J18) | 3.7 | 0.4 | 10.7 | 55.5 | 16.5 |
| Coronavirus disease 2019 (UO71) | 0.0 | 0.2 | 6.6 | 80.1 | 19.1 |
| Chronic lower respiratory diseases (J40-J47) | 0.0 | 0.2 | 10.3 | 220.2 | 48.7 |
| Peptic ulcer (K25-K28) | 0.0 | 0.0 | 1.1 | 4.3 | 1.4 |
| Chronic liver disease and cirrhosis (K70, K73-K74) | 0.0 | 0.5 | 46.1 | 49.6 | 32.7 |
| Nephritis, nephrotic syndrome, and nephrosis (N00-N07, N17-N19, N25-N27) | 0.0 | 0.0 | 6.9 | 53.6 | 14.0 |
| Pregnancy, childbirth, and the puerperium (O00-O99) | 0.0 | 0.0 | 0.5 | 0.0 | 0.2 |
| Certain conditions originating in the perinatal period (P00-P96) | 30.4 | 0.0 | 0.0 | 0.0 | 1.6 |
| Congenital malformations, deformations, and chromosomal abnormalities (Q00-Q99) | 16.6 | 0.9 | 1.8 | 3.6 | 2.7 |
| Sudden infant death syndrome (R95) | 0.9 | 0.0 | 0.0 | 0.0 | 0.0 |
| Symptoms, signs, and abnormal clinical and laboratory findings, not elsewhere classified (R00-R94, R96-R99) | 8.3 | 3.7 | 13.7 | 27.2 | 13.5 |
| All other diseases (Residual) (A00-A09, A20-A49, A54-B19, B25-B99, D00-E07, E15-G25, G31-H93, I80-J06, J20-J39, J60-K22, K29-K66, K71-K72, K75-M99, N10-N15, N20-N23, N28-N98) | 8.3 | 4.0 | 68.8 | 666.3 | 167.2 |
| Motor vehicle accidents (V02-V04, V090, V092, V12-V14, V190-V192, V194-V196, V20-V79, V803-V805, V810-V811, V820-V821, V83-V86, V870-V878, V880-V888, V890, V892) | 2.8 | 14.3 | 25.2 | 17.2 | 19.7 |
| All other and unspecified accidents and adverse effects (V01, V05-V06, V091, V093-V099, V10-V11, V15-V18, V193, V198-V199, V800-V802, V806-V809, V812-V819, V822-V829, V879, V889, V891, V893, V899, V90-X59, Y40-Y86, Y88) | 7.4 | 12.8 | 85.8 | 33.6 | 52.7 |
| Intentional self-harm (suicide) (*U03, X60-X84, Y870) | 0.0 | 17.0 | 27.7 | 20.7 | 22.1 |
| Assault (homicide) (*U01-*U02, X85-Y09, Y871) | 2.8 | 13.5 | 18.1 | 4.1 | 13.4 |

Age-specific death rates are the numbers of deaths per 100,000 in specified age group. Age-adjusted death rates (all ages) are the numbers of deaths per 100,000 U.S. standard population. Rates based on fewer than 20 events may be statistically unreliable.
See *Technical Appendix* for information on rates.

Table M-8. Method of Final Disposition for Deaths Occurring in New Mexico 2014-2023

| Year | Total | Burial | | Cremation | | Removal | | Other and Unspecified | |
|---|---|---|---|---|---|---|---|---|---|
| | Number | Number | Percent | Number | Percent | Number | Percent | Number | Percent |
| 2023 | 22,241 | 5,724 | 25.7 | 15,189 | 68.3 | 703 | 3.6 | 625 | 2.8 |
| 2022 | 23,653 | 6,276 | 26.5 | 15,872 | 67.1 | 711 | 3.0 | 794 | 3.4 |
| 2021 | 25,317 | 7,271 | 28.7 | 16,450 | 65.0 | 846 | 3.3 | 750 | 3.0 |
| 2020 | 23,842 | 6,929 | 29.1 | 15,425 | 64.7 | 778 | 3.3 | 710 | 3.0 |
| 2019 | 18,939 | 5,600 | 29.6 | 12,053 | 63.6 | 594 | 3.1 | 692 | 3.7 |
| 2018 | 18,452 | 5,390 | 29.2 | 11,731 | 63.6 | 642 | 3.5 | 689 | 3.7 |
| 2017 | 18,060 | 5,543 | 30.7 | 11,082 | 61.4 | 638 | 3.5 | 797 | 4.4 |
| 2016 | 17,757 | 5,696 | 32.1 | 10,614 | 59.8 | 644 | 3.6 | 803 | 4.5 |
| 2015 | 17,064 | 5,751 | 33.7 | 9,944 | 58.3 | 629 | 3.7 | 740 | 4.3 |
| 2014 | 16,970 | 5,881 | 34.7 | 9,712 | 57.2 | 602 | 3.5 | 775 | 4.6 |

Removal refers to removal of remains from New Mexico to another state or country.
Other and Unspecified include donation, entombment, and all other and unspecified means of disposition.

## References

1. Ahmad F, Cisewski J, Anderson R. 2024. Mortality in the United States – Provisional Data, 2023. Morbidity and Mortality Weekly Report (MMWR); vol 73 no 31; 677-681. DOI: https://www.cdc.gov/mmwr/volumes/73/wr/mm7331a1.htm.
2. Centers for Disease Control and Prevention (CDC). 2025. Alcohol and Public Health: Alcohol Related Disease Impact (ARDI). CDC. Retrieved from Alcohol and Public Health.
3. New Mexico Department of Health. June 2024. New Mexico Substance Use Epidemiology Profile. NMDOH. Retrieved from https://www.nmhealth.org/data/view/substance/2889/.

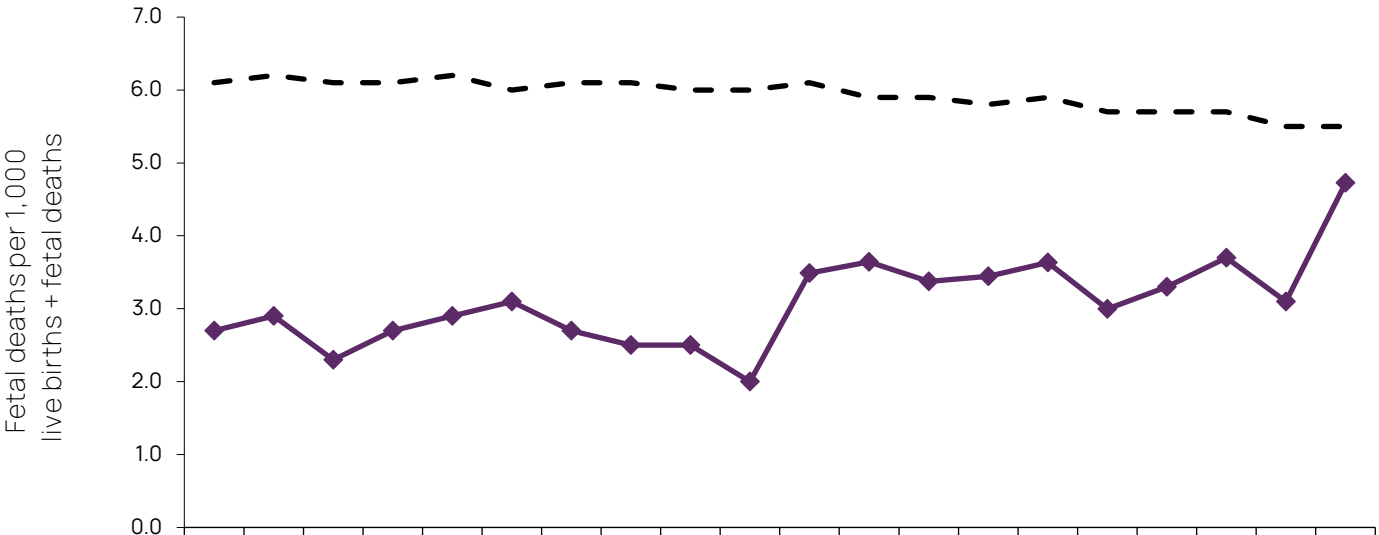
# FETAL MORTALITY SECTION

A fetal death, sometimes referred to as a "stillbirth," is defined as a death in utero. Beginning in 2014 the reporting requirements for fetal deaths in New Mexico changed from a fetus that weighs at least 500 grams to one based on length of gestation. The current regulations require reporting the death of a fetus of 20 weeks or more gestation or, if gestational age is unknown, a fetus that weighs 350 grams or more. This definitional change caused an increase in the number of fetal deaths being reported. The fetal mortality rate increased from 2.0 fetal deaths per 1,000 live births plus fetal deaths in 2013 to 3.5 fetal deaths in 2014. In 2023, the fetal death rate reached a decade high of 4.7 fetal deaths (Figure F-1). New Mexico's fetal mortality rate has remained well below the U.S. which ranged from 6.5 in 2001 to the provisional rate of 5.5 in 2023.[1]

In 2023, New Mexico's fetal mortality rates by maternal age group were lower than the 2022 national rates for residents under 30. Among residents aged 40 and older, both New Mexico (14.0) and the U.S. (8.5) had the highest fetal death rates (Figure F-2). Due to the relatively small number of fetal deaths in New Mexico each year, rates by maternal age can fluctuate substantially.

Between 2021 and 2023, the three leading causes of fetal death in New Mexico were: (1) complications involving the placenta, umbilical cord, or membranes; (2) congenital malformations, deformations, and chromosomal abnormalities; and (3) maternal complications of pregnancy. A third of fetal deaths were attributed to unspecified causes (Table F-2).

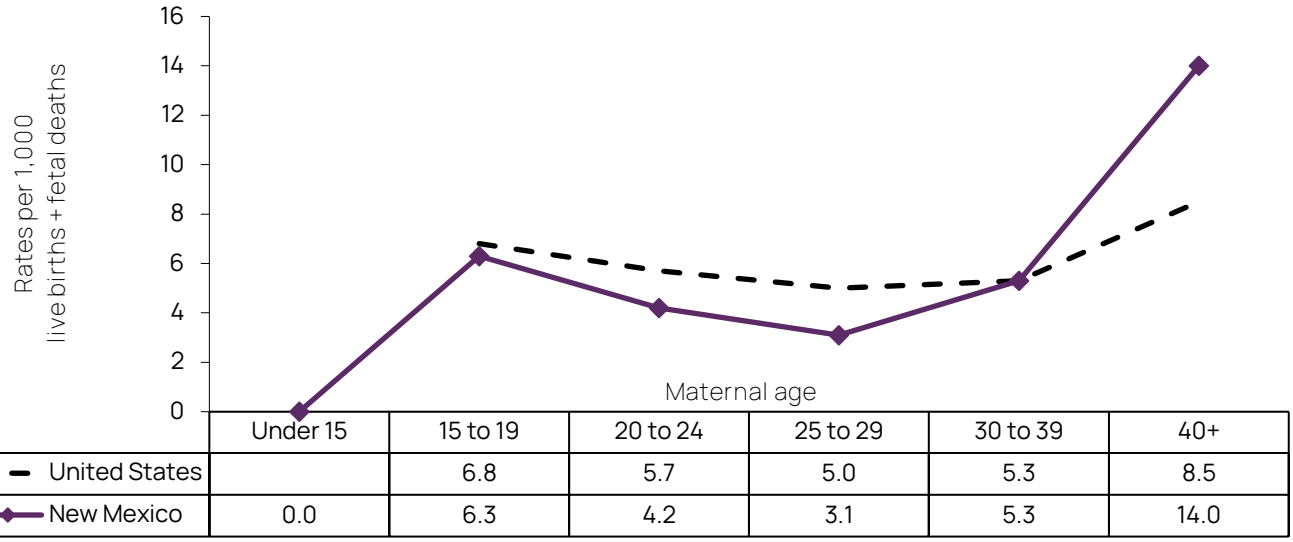
Figure F-1, Fetal Mortality Rates
New Mexico and United States, 2004-2023




| | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 2.7 | 2.9 | 2.3 | 2.7 | 2.9 | 3.1 | 2.7 | 2.5 | 2.5 | 2.0 | 3.5 | 3.6 | 3.4 | 3.4 | 3.6 | 3.0 | 3.3 | 3.7 | 3.1 | 4.7 |
| United States | 6.1 | 6.2 | 6.1 | 6.1 | 6.2 | 6.0 | 6.1 | 6.1 | 6.0 | 6.0 | 6.1 | 5.9 | 5.9 | 5.8 | 5.9 | 5.7 | 5.7 | 5.7 | 5.5 | 5.5 |

See Technical Appendix for information on fetal death .
2017 U. S. data is the latest available at time of publication.

Figure F-2, Fetal Mortality Rates by Age Group
New Mexico, 2023, and United States, 2022




| | Under 15 | 15 to 19 | 20 to 24 | 25 to 29 | 30 to 39 | 40+ |
|---|---|---|---|---|---|---|
| United States | | 6.8 | 5.7 | 5.0 | 5.3 | 8.5 |
| New Mexico | 0.0 | 6.3 | 4.2 | 3.1 | 5.3 | 14.0 |

U.S. Under 15 estimate does not meet National Center for Health Statistics standards of reliability; based on fewer than 20 fetal deaths in the numerator. See the *Technical Appendix* for information on fetal death.
2022 U.S. data on rates by maternal age is the latest available at time of publication.

Table F-1 Number of Fetal Deaths and Fetal Death Rates by Resident's Race/Ethnicity and Age, New Mexico, 2023, and United States, 2022

| Resident's Race/ Ethnicity | Resident's Age: All Ages | | Under 15 Years | | 15 to 19 Years | | 20 to 24 Years | | 25 to 29 Years | | 30 to 39 Years | | 40+ Years | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | # | Rate | # | Rat | # | Rat | # | Rat | # | Rat | # | Rat | # | Rat |
| New Mexico | | | | | | | | | | | | | | |
| All Races | 98 | 4.7 | 0 | 0.0 | 8 | 6.3 | 20 | 4.2 | 19 | 3.1 | 42 | 5.3 | 9 | 14.0 |
| American Indian or Alaska Native | 8 | 3.7 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 1 | 1.8 | 5 | 5.6 | 2 | 25.3 |
| Asian or Pacific Islander | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| Black or African American | 2 | 4.0 | 0 | 0.0 | 1 | 28.6 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 1 | 55.6 |
| Hispanic | 58 | 4.7 | 0 | 0.0 | 4 | 4.5 | 14 | 4.3 | 13 | 3.5 | 23 | 5.5 | 4 | 13.4 |
| White | 29 | 5.6 | 0 | 0.0 | 3 | 16.2 | 5 | 5.7 | 5 | 3.4 | 14 | 5.9 | 2 | 8.9 |
| U.S. | | | | | | | | | | | | | | |
| All Races | 20,202 | 5.5 | 16 | * | 991 | 6.8 | 3,631 | 5.7 | 5,071 | 5.0 | 9,247 | 5.3 | 1,246 | 8.5 |

Note: 1 NM 2023 fetal death was missing information on race/ethnicity.

The fetal death rate is the number of fetal deaths divided by the number of live births plus fetal deaths multiplied by 1,000.
* Estimate does not meet the National Center for Health Statistics standards of reliability; based on fewer than 20 fetal deaths in the numerator.
Rates based on fewer than 20 events may be statistically unreliable and should be interpreted with caution.
See *Technical Appendix* for Statutory requirements for reporting of New Mexico fetal deaths which changed January 1, 2014.

Table F-2 Number of Fetal Deaths and Fetal Death Rates by Cause
New Mexico, 2021-2023

| | 2021-2023 | |
|---|---|---|
| | Number | Rate |
| All fetal death causes | 243 | 3.8 |
| Congenital malformation, deformation and chromosomal abnormalities (Q00-Q99) | 20 | 0.3 |
| Fetus affected by maternal conditions that may be unrelated to present pregnancy (P00) | 1 | 0.0 |
| - Maternal hypertensive disorders (P00.0) | 1 | 0.0 |
| - All other and unspecified maternal conditions unrelated to present pregnancy (P00.1 - P00.9) | 0 | 0.0 |
| Fetus affected by maternal complications of pregnancy (P01) | 19 | 0.3 |
| Fetus affected by complications of placenta, cord and membranes (P02) | 32 | 0.5 |
| Fetus affected by other complications of labor and delivery (P03) | 2 | 0.0 |
| Disorders related to short gestation and low birthweight (P07) | 1 | 0.0 |
| Intrauterine hypoxia and birth asphyxia (P20 - P21) | 0 | 0.0 |
| Syndrome of infant of a diabetic mother and neonatal diabetes mellitus (P70.0 - P70.2) | 1 | 0.0 |
| Fetal death of unspecified cause (P95) | 81 | 1.3 |
| All other causes | 86 | 1.3 |

Rates based on fewer than 20 events may be statistically unreliable and should be interpreted with caution.
The fetal death rate is the number of fetal deaths divided by the number of live births plus fetal deaths multiplied by 1,000.
See *Technical Appendix* for statutory requirements for reporting of New Mexico fetal deaths which changed January 1, 2014.

## References

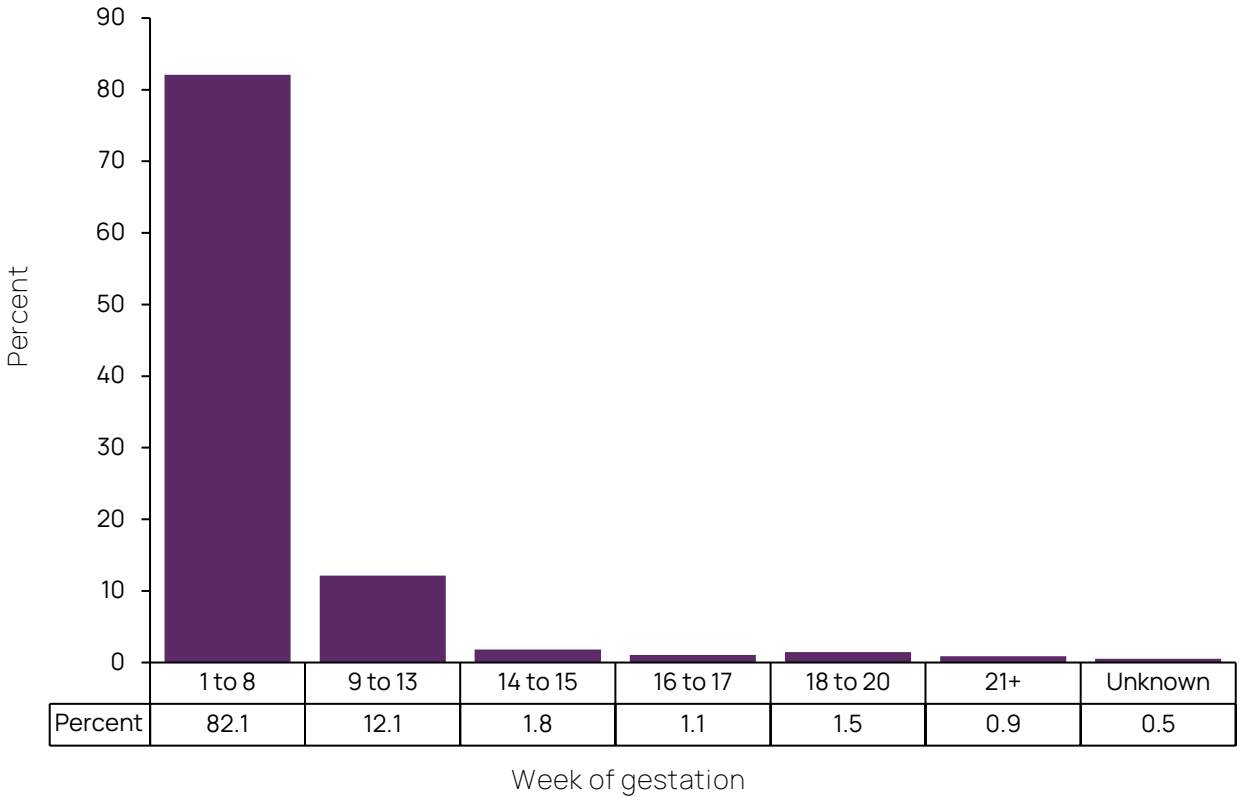
1. Gregory E, Valenzuela C, Martin J. 2024. Fetal Mortality in the United States: Final 2021-2022 and 2022-Provisional 2023. Vital Statistics Rabid Release; no 36. DOI: https://www.cdc.gov/nchs/data/vsrr/vsrr036.pdf.

# ABORTION SECTION

Legal induced abortion reporting became mandated by law in New Mexico in 1977, with the first full year of data collection occurring in 1978. In 2023, a total of 2,859 abortions were reported in the state, which is a 28.6% decrease from 2022. This decline brought the annual number of abortions closer to levels seen from 2019 to 2021 (Table A-1).

In 2023, the majority of abortions in New Mexico (82.1%) were performed at less than nine weeks of gestation, and 94.2% were performed at or before 13 weeks. Gestational age was not reported for 0.5% of the procedures (Figure A-1).

Figure A-1. Percentage of Induced Abortions by Week of Gestation
New Mexico Occurrence, 2023 (New Mexico Residents Only)




| | 1 to 8 | 9 to 13 | 14 to 15 | 16 to 17 | 18 to 20 | 21+ | Unknown |
|---|---|---|---|---|---|---|---|
| Percent | 82.1 | 12.1 | 1.8 | 1.1 | 1.5 | 0.9 | 0.5 |

New Mexico residents obtaining terminations in other states are not included in the New Mexico resident data.
Gestation is physician's estimate.

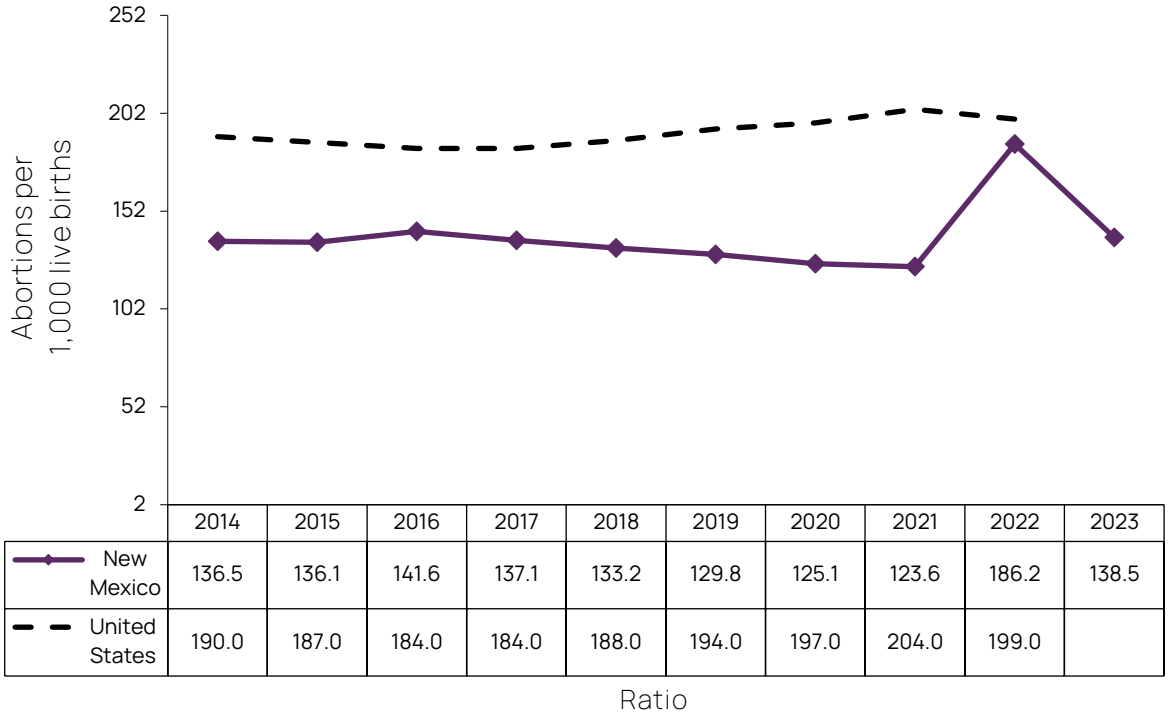
In 2023, approximately 72% of induced abortions were medical (non-surgical) procedures and approximately 25% were surgical procedures (non-hysterectomy). A small percentage of abortions were hysterectomy or intrauterine instillation procedures.

The abortion ratio represents the number of reported abortions per 1,000 live births. Between 2014 and 2023, New Mexico's abortion ratio ranged from a low of 123.6 in 2021 to a high of 186.2 in 2022

(Figure A-2). The ratio showed a steady decline from 2016 (141.6) through 2021, followed by a sharp increase in 2022.

Nationally, the abortion ratio ranged from 184.0 to 204.0 abortions per 1,000 live births between 2014 and 2022, with the peak occurring in 2021.[1] New Mexico's abortion ratio in 2023 was 30.4% lower than the most recent national figure reported for 2022.

Figure A-2, Ratio of Induced Abortions
New Mexico (New Mexico Residents Only), 2014-2023, and United States, 2014-2022




| | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 |
|---|---|---|---|---|---|---|---|---|---|---|
| New Mexico | 136.5 | 136.1 | 141.6 | 137.1 | 133.2 | 129.8 | 125.1 | 123.6 | 186.2 | 138.5 |
| United States | 190.0 | 187.0 | 184.0 | 184.0 | 188.0 | 194.0 | 197.0 | 204.0 | 199.0 | |

Ratio

The abortion ratio is the number of abortions reported for every 1,000 live births that occur in New Mexico.
New Mexico residents obtaining terminations in other states are not included in the New Mexico resident data.

Over the past five years, more than half of abortions among New Mexico residents occurred among individuals aged 20–29. In 2023, this age group accounted for 56.0% of all abortions. This pattern was consistent across all racial and ethnic groups in the state (Table A-1).

References

1. Ramer S, Nguyen AT, Hollier LM, Rodenhizer J, Warner L, Whiteman MK. Abortion Surveillance — United States, 2022. MMWR Surveillance Summary 2024;73(No. SS-7):1–28. DOI: http://dx.doi.org/10.15585/mmwr.ss7307a1.

**Table A-1 Number and Percent of Induced Abortions by Resident's Age (All Races)**
**New Mexico Residents (New Mexico Occurrence), 2019-2023, and United States 2018-2022**

| | Year | 2018 | | 2019 | | 2020 | | 2021 | | 2022 | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | # | % | # | % | # | % | # | % | # | % |
| **United States - All Races** | | | | | | | | | | | |
| | All Ages | 619,591 | 99.9 | 629,898 | 100.0 | 620,327 | 99.9 | 625,978 | 99.9 | 613,383 | 100.0 |
| | Under 15 Years | 1,239 | 0.2 | 1,260 | 0.2 | 1,241 | 0.2 | 1,252 | 0.2 | 1,227 | 0.2 |
| | 15 to 19 Years | 54,524 | 8.8 | 54,801 | 8.7 | 51,487 | 8.3 | 51,330 | 8.2 | 52,138 | 8.5 |
| | 20 to 24 Years | 177,203 | 28.6 | 175,742 | 27.9 | 174,932 | 28.2 | 178,404 | 28.5 | 174,814 | 28.5 |
| | 25 to 29 Years | 181,540 | 29.3 | 184,560 | 29.3 | 181,756 | 29.3 | 179,656 | 28.7 | 172,974 | 28.2 |
| | 30 to 34 Years | 116483 | 18.8 | 122200 | 19.4 | 122204 | 19.7 | 126448 | 20.2 | 125130 | 20.4 |
| | 35 to 39 Years | 66296 | 10.7 | 68029 | 10.8 | 65755 | 10.6 | 66354 | 10.6 | 65019 | 10.6 |
| | 40+Years | 21686 | 3.5 | 23306 | 3.7 | 22332 | 3.6 | 21909 | 3.5 | 22082 | 3.6 |
| | Unknown Ages | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |

| | | 2019 | | 2020 | | 2021 | | 2022 | | 2023 | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | # | % | # | % | # | % | # | % | # | % |
| **New Mexico - All Races** | | | | | | | | | | | |
| | All Ages | 2735 | 100.0 | 2739 | 100.0 | 2645 | 100.0 | 4007 | 100.0 | 2859 | 100.0 |
| | Under 15 Years | 11 | 0.4 | 11 | 0.4 | 11 | 0.4 | 14 | 0.3 | 6 | 0.2 |
| | 15 to 19 Years | 337 | 12.3 | 298 | 10.9 | 319 | 12.1 | 433 | 10.8 | 330 | 11.5 |
| | 20 to 24 Years | 774 | 28.3 | 827 | 30.2 | 774 | 29.4 | 1229 | 30.7 | 880 | 30.8 |
| | 25 to 29 Years | 659 | 24.1 | 696 | 25.4 | 664 | 25.1 | 1040 | 26.0 | 720 | 25.2 |
| | 30 to 34 Years | 455 | 16.6 | 467 | 17.1 | 481 | 18.2 | 679 | 16.9 | 518 | 18.1 |
| | 35 to 39 Years | 275 | 10.1 | 278 | 10.1 | 258 | 9.8 | 434 | 10.8 | 293 | 10.2 |
| | 40+Years | 73 | 2.7 | 80 | 2.9 | 72 | 2.7 | 112 | 2.8 | 96 | 3.4 |
| | Unknown Ages | 151 | 5.5 | 82 | 3.0 | 63 | 2.4 | 66 | 1.6 | 16 | 0.6 |

Due to rounding percentages may not add to 100. See *Technical Appendix* for information on race/ethnicity and induced abortions. Unknown and Other races are included in All Races. 2018-2022 U.S., All Races, Known Age: U. S. abortion distribution by age is based on women of known ages. U.S. Data Source: CDC, Abortion Surveillance Reports. U.S. 2022 data are latest available at publication time.

# TECHNICAL APPENDIX

## DATA SOURCES

### Birth Data

New Mexico uses the 2003 U.S. standard certificate of live birth. Natality data are derived from items reported on the birth certificate and include demographic information on the parents; geographic information on place of birth and gestational resident's residence; information on medical risk factors, labor, and delivery; and newborn health. Most birth certificate records are transmitted electronically from hospitals. Some paper birth certificates are completed by midwives and birthing centers.

To reflect the health status of New Mexicans, most of the data in this report are presented by New Mexico residence, rather than by occurrence. States, territories and other jurisdictions engage in an inter-jurisdictional exchange process to facilitate reporting by residence. When births to New Mexico residents occur out of state, abstracts or copies of the birth certificate are transmitted to New Mexico's Bureau of Vital Records and Health Statistics (NMBVRHS) for statistical reporting.

### Death Data

New Mexico uses the 2003 revision of the U.S. Standard Death Certificate, with the addition of some state-specific items. Mortality statistics are based on items reported on the death certificate and include demographic, geographic, injury, medical, and cause-of-death information on the decedent. In most cases, funeral directors work with an informant for the decedent (usually a relative or friend) to collect demographic and geographic information. The medical and cause-of-death section of the death certificate is completed by the attending physician or the Office of the Medical Investigator (OMI). Except for deaths occurring on tribal or military lands, the Office of the Medical Investigator has jurisdiction in determining cause-of-death for all unexpected and unattended deaths in New Mexico. When deaths to New Mexico residents occur out of state, information from the death certificate (or a shortened version of the death certificate) is transmitted to NMVRHS for statistical reporting.

### Fetal Death Data

Fetal death information is obtained from the New Mexico Report of Fetal Death. A fetal death, sometimes referred to as a "stillbirth," is defined as a death in utero. Until 1980, New Mexico statute had required reporting of all fetal deaths of 20 weeks or more gestation. From 1980 to 2014, New Mexico statute required that fetal deaths be reported if the fetus weighed 500 grams or more, regardless of the length of gestation. Starting January 1, 2014, new reporting requirements in New Mexico required fetal deaths to be reported for fetus weights of 500 grams or more for gestation of 20 weeks or more, or 350 grams or greater fetal weight, if gestational age is unknown. States requirements for reporting vary, most require reporting of a fetal death if the fetus is delivered at 20 weeks or more gestation. The fetal death report contains much of the same information as the birth

certificate plus information on the cause of fetal death When fetal deaths to New Mexico residents occur out of state, abstracts or copies of the fetal death information are transmitted to NMVRHS for statistical reporting.

### Abortion Data

Induced Terminations of Pregnancy (abortions) are reported to NMVRHS by medical providers. Only limited data are collected on the Report of Induced Termination of Pregnancy. The identities of the patient and provider are not collected. Because receipt of New Mexico resident abortion data from other states is incomplete, abortion statistics presented in this report are for New Mexico residents who had an abortion in New Mexico.

### Statistical File Timeline

To allow sufficient time to obtain vital record counts that are as complete as possible, including those that occur out of state, NMVRHS keeps the statistical files open for approximately 7 to 8 months after the end of the calendar year. The statistical file is then closed so that statistics for that year can be consistently generated in subsequent years.

### National Vital Statistics Data

National vital statistics data are produced by the U.S. Centers for Disease Control's National Center for Health Statistics (NCHS). As part of the national vital statistics system, states, territories, and other jurisdictions provide birth, death, and fetal death data to NCHS.

### Population Data

Population estimates used as the denominators in calculating birth and death rates in this report were produced by the University of New Mexico's Geospatial and Population Studies (GPS) Program for years 2000 to 2023, and by the U.S. Census Bureau, in collaboration with NCHS, for previous years. National vital statistics data use population estimates, and census counts produced by the Census Bureau. The population estimates in this report reflect adjustments to population estimates in the August 24, 2018, GPS release of revised estimates. Revisions to population estimates are reflected in birth and death rate trends presented in this report which may differ from those in prior reports.

## CALCULATIONS

For the figures and tables shown in this report, the numerators of the rates are events occurring to New Mexico residents, unless otherwise specified. The denominators are the resident population figures, including all races and both sexes, unless otherwise specified. Many of the calculations in this report were accessed through New Mexico's Indicator-Based Information System (NM-IBIS) through online dataset queries (see https://ibis.health.state.nm.us/home/ContentUsage.html).

### Rates and Ratios for Natality

This report uses crude birth rates (also termed birth rates), age-specific birth rates, fertility rates, and ratios to measure natality. Birth rates, fertility rates, and ratios in this report are per 1,000 people.

#### Crude Birth Rate

Crude birth rates, called birth rates in this report, are computed by dividing the number of births in a given year by the total population (including both males and females), and multiplying by 1,000. Since most of the rates in this report are calculated by residence, the New Mexico crude birth rate is the number of births to New Mexico residents divided by the population of New Mexico and multiplied by 1,000. Similar rates are calculated by county, region, or other specified area.

#### Age-specific Birth Rate

Age-specific birth rates limit the rate to females in a specified age group. These rates are calculated by dividing the number of births to females in a specific age group by the number of females in that age group and multiplying by 1,000.

#### Fertility Rate

While the crude birth rate measures the number of births to the total population, the fertility rate limits the rate to women of child-bearing age. NMVRHS uses the NCHS fertility rate definition. The fertility rate, which is also called the general fertility rate, is the number of births to residents of all ages divided by the numbers of females in the 15-44 age group, multiplied by 1,000.

#### Ratio

A rate measures the risk of an event happening in a specified time period by comparing a subset of a group to the larger group. A ratio compares one group to another group. An example of a ratio is the sex ratio, which compares the number of males to the number of females. Like a rate, a ratio may be multiplied by a constant, such as 1,000.

### Rates for Fetal Mortality

A fetal death, or "stillbirth," is defined as a death in utero. This rate is calculated by dividing the number of fetal deaths by the sum of the number of live births and fetal deaths and then multiplying by 1,000.

### Abortion Ratios

Abortion ratios, used to compare abortions to live births, are calculated by dividing the number of abortions by the number of live births for the same period and multiplying by 1,000.

### Rates for Mortality

In addition to maternal mortality rates and infant mortality rates, this publication uses crude death rates, age-specific death rates, and age-adjusted death rates to measure mortality. Except for maternal and infant mortality rates, which use live births as the denominator, death rates in this report are per 100,000 population.

### Crude Death Rate

Crude death rates are the easiest to understand and are computed by dividing the number of deaths by the population and multiplying by 100,000. Most of the rates in this report are calculated by residence. The New Mexico crude death rate is the number of deaths to New Mexico residents divided by the population of New Mexico and multiplied by 100,000. Similar rates are calculated by county, region, or other specified area.

### Age-specific Death Rate

Age-specific death rates limit the rate to a specific age category. For example, the age-specific death rate for 15–19-year-olds is calculated by dividing the number of deaths of people who were age 15-19 by the number of 15–19-year-olds in the population and multiplying by 100,000.

### Age-adjusted Death Rate

Because crude death rates are influenced by the age composition of the population, comparisons over time or between groups may be misleading. To account for differences in population age distributions, the age-adjusted death rate is used to compare relative mortality risks between groups and over time. This rate should be viewed as an index for comparison, rather than as a direct or actual measure of mortality risk. It is calculated by weighting the age-specific death rates and summing the products. The weights represent the proportion of the population in each age group. Beginning with 1999 data, NMVRHS joined NCHS and other agencies in using the 2000 U.S. standard population. For more information on age adjustment, see https://ibis.health.state.nm.us/view/docs/PHStatistics/statnt20.pdf .

## GENERAL NOTES

### Race and Ethnicity

Following the U.S. standard birth and death certificates, race and Hispanic origin are collected as separate data items on New Mexico's birth and death certificates, reports of spontaneous fetal death, and reports of induced terminations of pregnancy (abortions). For birth certificates and fetal death reports, race and Hispanic origin of the infant's parents (when available) are provided by the gestational resident. For death certificates, decedent's race, Hispanic origin, and tribal affiliation are provided by an informant (usually a relative or a friend) for the deceased.

Federal reports frequently present race and ethnicity (Hispanic origin) separately. Persons of Hispanic origin may be of any race. The New Mexico Department of Health (DOH) presents race and ethnicity as a single social and cultural construct. The categories used by DOH and used in the figures and tables in this report, are: American Indian or Alaska Native, Asian or Pacific Islander, Black or African American, Hispanic, and White.

Beginning in July 2013, DOH implemented modified guidelines for the presentation of race and ethnicity data as a single construct (Race/Ethnicity). The revised definition categorizes into the Hispanic category any individual reporting Hispanic ethnicity, whereas, previously, a person's race reported as American Indian or Alaska Native, Asian or Pacific Islander, or Black or African American was presented as such regardless of Hispanic origin. The revised New Mexico Department of Health Race/Ethnicity guidelines are followed in the *New Mexico Selected Health Statistics Annual Report 2012,* and subsequent reports, and historical data presented in these reports have been recalculated using the new definition; therefore, differing from race and ethnicity data for those years presented in reports prior to 2012. For more information on this standard, please visit: http://ibis.health.state.nm.us/resources/RacEth2013.html

## GEOGRAPHY

### State Health Regions

In addition to county level data, this publication also reports data by New Mexico Health Regions. The State Health Regions include the following counties:

Northwest Region: Cibola, McKinley, and San Juan.

Northeast Region: Colfax, Guadalupe, Los Alamos, Mora, Rio Arriba, San Miguel, Santa Fe, Taos, Union, and Harding.

Metro Region: Bernalillo, Sandoval, Torrance, and Valencia.

Southeast Region: Chaves, Curry, De Baca, Eddy, Lea, Lincoln, Quay, and Roosevelt; and

Southwest Region: Catron, Doña Ana, Grant, Hidalgo, Luna, Otero, Sierra, and Socorro.

### Residence Data

Residence data are presented by the place where the person normally resided, regardless of where the event occurred. Except where specified, all data presented in this report are residence data.

### Occurrence Data

Occurrence data refers to the place where the event occurred, regardless of the usual residence of the person involved.

## NOTES ON NATALITY DATA

### Birth Order

Birth order is the order in which this child (of all the children born to the resident) was born. As a fertility indicator, it is used to measure how many children a resident has.

### Multiple Births

Twins and triplets are examples of multiple births. The multiple birth rate is defined as the number of twins, triplets, or higher-order multiple births per 1,000 live births. It is calculated by dividing the number of live births into multiple deliveries by the number of total live births and multiplying by 1,000.

### Birthweight

In New Mexico, birthweight is reported in grams. Low birthweight infants weigh less than 2,500 grams (5 pounds, 9 ounces) at birth, while very low birthweight infants weigh less than 1,500 grams (3 pounds, 5 ounces). High birthweight infants weigh 4,000 grams (8 pounds, 14 ounces) or more at birth.

### Gestational Age

The interval between the first day of resident's last normal menstrual period (LMP) and the date of birth was previously the method used to calculate gestational age. However, LMP is subject to error because of maternal recall or misidentification of the LMP due to other factors such as post-conception bleeding. Additionally, LMP may be unreported on the birth record. The clinical estimate of gestation is recorded on the birth record based on the resident's medical record by the resident's physician or other health professional. For comparability with U.S. figures, NMVRHS adopted use of gestational age (presented in weeks) based on the clinical estimate of gestation starting with the 2015 annual report.

### Measures of Prenatal Care

There are two primary ways that New Mexico reports on prenatal care: (1) the trimester prenatal care began and (2) the Kessner Index. Both rely heavily on when prenatal care was initiated.

### Kessner Index

New Mexico's traditional measure of prenatal care is the modified Kessner Index. Level of prenatal care is defined using a combination of the month prenatal care began and the number of prenatal

visits. Low level of care is defined as care that either begins in the third trimester, consists of less than five prenatal care visits, or no prenatal care. Mid-level care is defined as care that begins during the first trimester with five to eight total prenatal visits or care beginning in the fourth to sixth month of pregnancy with five or more visits. High (optimum) level of care is defined as care that begins during the first trimester with a total of nine or more prenatal care visits during that period.

## NOTES ON MORTALITY DATA

### Cause of Death

#### ICD Classification

Beginning with 1999 data, cause of death has been coded according to the tenth revision of the World Health Organization's International Classification of Diseases (ICD-10). The International Classification of Diseases (ICD) is a system of classification developed in partnership with the World Health Organization (WHO) and WHO Collaborating Centers. (The North American Collaborating Center is housed at NCHS in Hyattsville, Maryland.) WHO member nations are required to use this classification system for comparability in the collection and classification of health statistics (http://www.who.int/classifications/icd/en/).

New Mexico began systematic record keeping of causes of death and disease morbidity in 1929 and became part of the U.S. Vital Statistics System in the same year. Revisions to the ICD have occurred almost every ten years since the first version went into effect in 1900. The tenth revision is the exception, going into effect 20 years after the 1979 implementation of the ninth revision. Revisions to the ICD are necessary to keep up with advances in medical science. Changes in classification due to revision may lead to discontinuities in cause of death trends. To account for differences between revisions, comparability ratios have been applied to statistics of deaths occurring from 1978-1998 (http://www.cdc.gov/nchs/data/nvsr/nvsr49/nvsr49_02.pdf).

In addition to serving as a classification system, the ICD also includes coding rules that allow the nosologist (person who codes cause of death) to select the underlying cause of death, which is the single condition on the death certificate that is considered most informative from a public health point of view. Also included are definitions (such as "maternal death"), regulations on the compilation and publication of statistics, a prescribed format of the medical certification of death (part of the death certificate), and tabulation lists that indicate cause-of-death groupings that should be used to present comparable mortality data.

#### Leading Cause of Death

Causes of death are ranked following procedures that are consistent with the recommendations of the 1951 Public Health Conference on Records and Statistics, where causes are ranked by the number of deaths in each rank able cause category. With each ICD revision, the list of rank able

causes has been revised. The current rank able cause list is based on the cause of death lists produced by NCHS (http://www.cdc.gov/nchs/data/dvs/im9_2002.pdf.pdf).

### Poisoning Deaths

Poisoning deaths are those with ICD-10 codes X40-X49, X60-X69. Categories of poisoning injury deaths are: Unintentional injuries, X40-X49; Intentional self-harm (suicides), X60-X69.

### Firearm Deaths

Mortality due to firearm use includes suicide, homicide, unintentional injury, legal intervention and undetermined deaths. This category excludes firearm injury deaths due to explosives and other causes indirectly related to firearms. The specific causes of death and ICD-10 codes included in this category are: Accidental discharge of firearms, W32-W34; Intentional self-harm (suicide) by discharge of firearms, X72-X74; Assault (homicide) by discharge of firearms, X93-X95; Discharge of firearms, undetermined intent, Y22-Y24; Legal intervention involving firearm discharge, Y35.0, and U01.4 Terrorist assault involving firearm discharge.

### Unintentional Injury Deaths

Unintentional injury deaths are those with ICD-10 codes V01-X59 and Y85-Y86. Categories of unintentional injury deaths are: Motor vehicle crash injuries, V02-V04, V09.0, V09.2, V12-V14, V19.0-V19.2, V19.4-V19.6, V20-V79, V80.3-V80.5, V81.0-V81.1, V82.0-V82.1, V83-V86, V87.0-V87.8, V88.0-V88.8, V89.0, V89.2; Fall injuries, W00-W19; Poisonings, X40-X49; and all other unintentional injuries, V01, V05-V06, V09.1, V09.3-V09.9, V10-V11, V15-V18, V19.3, V19.8-V19.9, V80.0-V80.2, V80.6-V80.9, V81.2-V81.9, V82.2-V82.9, V87.9, V88.9, V89.1, V89.3, V89.9, V90-V99, W20-W99, X00-X39, X50-X59, Y85-Y86. The “other” category includes such injuries as accidental drowning and submersion; accidental exposure to smoke, fire, and flames; accidental firearm discharge; water, air, and space and other land transport accidents; and other/unspecified non-transport accidents.

### Injury at Work

Information on deaths due to injuries sustained at work is from the injury at work check box on the death certificate. Except for deaths occurring on tribal lands or military facilities, the Office of the Medical Investigator investigates injury at work deaths that occur in New Mexico.

### Alcohol-induced Deaths

Causes of death attributable to alcohol-induced mortality are compiled using the Centers of Disease Control and Prevention (CDC) Alcohol-Related Disease Impact (ARDI). ARDI provides estimates of alcohol-related harms including alcohol-attributable deaths (AAD), years of potential life lost (YPLL), and alcohol-attributable fractions (AAF). Both AAD and YPLL are calculated using population estimates of the total proportion of deaths for various causes that are attributable to alcohol use. These proportions, called AAFs, are either measured directly or calculated indirectly using current scientific literature. The causes of death calculated indirectly, using population

attributable fraction methodology, are still directly related to alcohol use but the calculations involve several types of information.

Currently, 58 ICD-10 codes are used as AAF sources. These codes are divided into chronic causes (100% alcohol-attributable, direct AAF estimate, and indirect AAF estimate) and acute causes (100% alcohol-attributable, and direct AAF estimate). A full list of included ICD-10 codes is available at https://www.cdc.gov/alcohol/ardi/alcohol-related-icd-codes.html.

### Maternal Mortality

Maternal deaths are defined by WHO as "the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the duration and the site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management, but not from accidental or incidental causes." ICD-10 codes used to capture maternal deaths are: A34, O00-O95, and O98-O99.

Maternal mortality rates are calculated by dividing the number of deaths due to maternal causes by the number of live births for the same period and multiplying by 100,000. Maternal mortality rates are presented as the number of maternal deaths per 100,000 live births. Because only pregnant women are at risk of maternal mortality, live births are used as the denominator to approximate the population of pregnant women.

### Infant Mortality

Infant mortality is defined as the death of an infant under one year of age and is often separated into two age groups: neonatal and *post-neonatal*. The neonatal period represents infants less than 28 days old. *Post-neonatal* infants are at least 28 days of age but less than one year of age. The infant mortality rate is one of the most widely used health indicators and is computed by dividing the number of infant deaths by the number of live births in a period and multiplying by a constant (1,000 or 100,000). Neonatal and post-neonatal mortality rates also use the total number of live births as the denominator. Another measure of infant mortality is the infant death rate, which uses the population of infants as the denominator rather than the number of live births. In this report, only infant mortality rates are used.

Infant mortality rates by race/ethnicity are calculated by using the decedent's (the infant's) race/ethnicity reported on the death certificate and the resident's race/ethnicity reported on the birth certificate.

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For information on obtaining New Mexico birth and death certificates, please visit us on the web at https://www.nmhealth.org or call 866-534-0051.

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