

Table 1: Substance Use and Mental Health, U.S. Regions & New Mexico, Percentages, Annual Averages Based on 2022-2023 NSDUHs

INDICATORS ¹	TOTAL U.S.	NORTHEAST	MIDWEST	SOUTH	WEST	NEW MEXICO
ILLICIT DRUGS² among persons aged 12 or older						
Past Month Illicit Drug Use ²	16.67% (16.25%-17.09%)	18.00% (17.19%-18.83%)	17.40% (16.74%-18.08%)	14.26% (13.74%-14.79%)	18.98% (18.19%-19.79%)	25.90% (23.23%-28.76%)
Past Year Cocaine Use	1.82% (1.70%-1.95%)	1.99% (1.74%-2.27%)	1.79% (1.60%-2.01%)	1.58% (1.42%-1.77%)	2.10% (1.84%-2.40%)	2.06% (1.48%-2.85%)
Perceptions of Great Risk from Using Cocaine Once a Month	65.40% (64.87%-65.93%)	64.50% (63.46%-65.53%)	64.66% (63.81%-65.49%)	68.59% (67.88%-69.28%)	61.53% (60.5%-62.56%)	64.48% (61.69%-67.17%)
Past Year Heroin Use	- -	- -	- -	- -	- -	- -
Perceptions of Great Risk from Trying Heroin Once or Twice	81.47% (81.09%-81.85%)	81.63% (80.88%-82.35%)	81.12% (80.47%-81.74%)	82.93% (82.42%-83.42%)	79.31% (78.51%-80.08%)	81.73% (79.62%-83.67%)
Past Year Pain Reliever Misuse	3.01% (2.85%-3.19%)	2.50% (2.22%-2.82%)	2.94% (2.69%-3.22%)	3.33% (3.08%-3.60%)	2.93% (2.63%-3.26%)	4.35% (3.36%-5.61%)
First Use of Marijuana ³	2.55% (2.43%-2.67%)	2.73% (2.53%-2.95%)	2.70% (2.54%-2.88%)	2.19% (2.06%-2.33%)	2.91% (2.68%-3.15%)	3.17% (2.62%-3.83%)
Past Month Marijuana Use	15.20% (14.82%-15.59%)	16.37% (15.62%-17.16%)	15.91% (15.27%-16.58%)	12.75% (12.27%-13.24%)	17.71% (16.94%-18.52%)	23.97% (21.19%-26.99%)
Past Year Marijuana Use	21.88% (21.43%-22.33%)	23.34% (22.49%-24.22%)	22.80% (22.05%-23.56%)	18.81% (18.22%-19.42%)	24.99% (24.11%-25.90%)	29.96% (27.10%-32.97%)
Perceptions of Great Risk from Smoking Marijuana Once a Month	20.40% (19.92%-20.89%)	19.60% (18.67%-20.56%)	17.03% (16.29%-17.79%)	22.48% (21.76%-23.22%)	20.53% (19.62%-21.47%)	18.28% (15.79%-21.07%)
Past Month Use of Illicit Drugs ² Other Than Marijuana	3.32% (3.14%-3.51%)	3.45% (3.13%-3.81%)	3.22% (2.96%-3.51%)	3.18% (2.95%-3.43%)	3.53% (3.19%-3.90%)	4.09% (3.14%-5.32%)
Past Year Methamphetamine Use	0.94% (0.84%-1.06%)	0.61% (0.47%-0.79%)	0.95% (0.79%-1.13%)	0.95% (0.82%-1.11%)	1.17% (0.97%-1.41%)	1.78% (1.18%-2.67%)
ALCOHOL among persons aged 12 or older						
Past Month Alcohol Use	48.13% (47.52%-48.75%)	51.55% (50.48%-52.62%)	50.73% (49.77%-51.69%)	45.47% (44.68%-46.26%)	47.69% (46.61%-48.77%)	44.81% (41.64%-48.02%)
Past Month Binge Alcohol Use ⁹	21.68% (21.26%-22.10%)	22.66% (21.74%-23.61%)	23.57% (22.81%-24.35%)	20.77% (20.16%-21.4%)	20.79% (19.96%-21.64%)	21.10% (18.67%-23.75%)
Past Month Alcohol Use (12-20 Years) ⁹	14.88% (14.25%-15.55%)	16.72% (15.15%-18.43%)	16.28% (14.81%-17.87%)	13.70% (12.31%-15.23%)	14.36% (12.82%-16.05%)	14.26% (11.72%-17.24%)
Past Month Binge Alcohol Use (12-20 Years) ^{8,9}	8.39% (7.9%-8.91%)	9.36% (8.07%-10.82%)	9.53% (8.31%-10.91%)	7.71% (6.56%-9.04%)	7.86% (6.62%-9.30%)	8.50% (6.52%-11.01%)
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week	44.58% (44.06%-45.1%)	44.15% (43.06%-45.24%)	39.93% (39.02%-40.85%)	45.97% (45.2%-46.74%)	46.68% (45.63%-47.73%)	50.50% (47.41%-53.59%)
TOBACCO among persons aged 12 or older						
Past Month Tobacco Product Use ⁴	17.83% (17.38%-18.3%)	16.24% (15.44%-17.07%)	20.01% (19.3%-20.75%)	19.93% (19.3%-20.57%)	13.70% (12.98%-14.46%)	19.28% (16.97%-21.81%)
Past Month Cigarette Use	14.10% (13.68%-14.53%)	12.80% (12.09%-13.56%)	15.97% (15.3%-16.66%)	15.47% (14.91%-16.05%)	11.21% (10.55%-11.9%)	16.03% (13.86%-18.47%)
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day	68.40% (67.89%-68.91%)	70.42% (69.46%-71.37%)	65.28% (64.39%-66.17%)	67.77% (67.01%-68.52%)	70.67% (69.69%-71.63%)	67.73% (65.04%-70.31%)
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT						
Illicit Drug Use Disorder ¹	- -	- -	- -	- -	- -	- -
Pain Reliever Use Disorder ¹	1.93% (1.78%-2.09%)	1.76% (1.51%-2.04%)	1.98% (1.73%-2.26%)	2.11% (1.88%-2.37%)	1.73% (1.46%-2.06%)	2.55% (1.82%-3.55%)
Alcohol Use Disorder ¹	10.33% (10.04%-10.62%)	10.52% (9.91%-11.15%)	10.69% (10.18%-11.23%)	9.76% (9.33%-10.2%)	10.80% (10.18%-11.45%)	10.35% (8.75%-12.2%)
Substance Use Disorder ¹	17.19% (16.81%-17.57%)	17.51% (16.75%-18.31%)	17.68% (17.01%-18.38%)	16.17% (15.64%-16.73%)	18.16% (17.41%-18.94%)	21.26% (19.04%-23.67%)
Needing But Not Receiving Treatment at a Specialty Facility for Illicit Drug Use ¹⁰	- -	- -	- -	- -	- -	- -
Needing But Not Receiving Treatment at a Specialty Facility for Alcohol Use ¹⁰	- -	- -	- -	- -	- -	- -
Needing But Not Receiving Treatment at a Specialty Facility for Substance Use ¹⁰	19.23% (18.83%-19.65%)	20.07% (19.27%-20.9%)	19.90% (19.22%-20.59%)	18.13% (17.57%-18.71%)	19.84% (19.08%-20.62%)	22.70% (20.36%-25.22%)
MENTAL HEALTH among persons aged 18 or older						
Any Mental Illness ⁵ in past year	22.95% (22.49%-23.43%)	22.63% (21.77%-23.52%)	23.80% (23.04%-24.57%)	22.04% (21.4%-22.68%)	23.95% (23.07%-24.84%)	24.88% (22.33%-27.62%)
Serious Mental Illness ⁶ in past year	5.83% (5.60%-6.07%)	5.45% (5.06%-5.87%)	6.05% (5.67%-6.45%)	5.71% (5.41%-6.04%)	6.11% (5.68%-6.57%)	6.42% (5.21%-7.89%)
Had serious thoughts of suicide in past year	5.06% (4.86%-5.28%)	5.14% (4.70%-5.61%)	5.30% (4.94%-5.69%)	4.77% (4.47%-5.08%)	5.28% (4.88%-5.72%)	5.49% (4.46%-6.73%)
Received Mental Health Services ¹¹	22.38% (21.9%-22.87%)	23.44% (22.52%-24.38%)	25.16% (24.37%-25.96%)	20.92% (20.31%-21.54%)	21.57% (20.73%-22.43%)	20.88% (18.51%-23.47%)
Major Depressive Episode ⁷ in past year	8.64% (8.36%-8.92%)	8.33% (7.84%-8.86%)	8.89% (8.45%-9.36%)	8.46% (8.06%-8.88%)	8.92% (8.41%-9.47%)	9.84% (8.27%-11.66%)

+ All figures are percent prevalence rates; figures in parentheses are 95% confidence intervals

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022 and 2023.

**Table 2: Substance Use and Mental Health, U.S. Regions & New Mexico, by Age Group, Percentages, Annual Averages
Based on 2022-2023 NSDUHs**

INDICATORS ⁺	AGE GROUP	TOTAL U.S.	NORTHEAST	MIDWEST	SOUTH	WEST	NEW MEXICO
ILLICIT DRUGS² among persons aged 12 or older							
Past Month Illicit Drug Use ²	Age 12-17	7.26%	7.43%	7.47%	6.93%	7.49%	11.27%
		(6.78%-7.77%)	(6.67%-8.27%)	(6.82%-8.18%)	(6.36%-7.56%)	(6.69%-8.38%)	(8.66%-14.55%)
	Age 18-25	26.71%	29.76%	26.72%	23.32%	30.02%	38.32%
		(25.83%-27.6%)	(28.06%-31.52%)	(25.4%-28.08%)	(22.15%-24.52%)	(28.27%-31.83%)	(33.04%-43.89%)
	Age 26+	16.21%	17.34%	17.10%	13.73%	18.61%	25.71%
		(15.73%-16.70%)	(16.43%-18.29%)	(16.33%-17.90%)	(13.13%-14.35%)	(17.68%-19.59%)	(22.61%-29.06%)
	Age 18+	17.62%	18.95%	18.42%	15.02%	20.14%	27.42%
		(17.17%-18.07%)	(18.09%-19.85%)	(17.70%-19.15%)	(14.45%-15.60%)	(19.29%-21.03%)	(24.55%-30.50%)
Past Year Cocaine Use	Age 12-17	0.20%	0.19%	0.20%	0.18%	0.24%	0.31%
		(0.13%-0.30%)	(0.11%-0.34%)	(0.11%-0.34%)	(0.10%-0.30%)	(0.14%-0.41%)	(0.14%-0.67%)
	Age 18-25	3.4%	3.88%	3.40%	2.81%	4.00%	3.78%
		(3.07%-3.76%)	(3.27%-4.60%)	(2.96%-3.90%)	(2.45%-3.23%)	(3.38%-4.73%)	(2.53%-5.61%)
	Age 26+	1.76%	1.89%	1.73%	1.56%	2.03%	2.00%
		(1.62%-1.92%)	(1.61%-2.21%)	(1.50%-1.99%)	(1.37%-1.78%)	(1.73%-2.38%)	(1.37%-2.9%)
	Age 18+	1.98%	2.15%	1.96%	1.73%	2.29%	2.24%
		(1.85%-2.13%)	(1.88%-2.46%)	(1.74%-2.19%)	(1.55%-1.93%)	(2.00%-2.62%)	(1.61%-3.11%)
Perceptions of Great Risk from Using Cocaine Once a Month	Age 12-17	48.50%	47.47%	46.81%	50.96%	46.60%	48.74%
		(47.50%-49.51%)	(45.45%-49.49%)	(45.07%-48.55%)	(49.32%-52.60%)	(44.53%-48.69%)	(43.65%-53.87%)
	Age 18-25	58.11%	57.70%	56.90%	60.71%	55.23%	57.77%
		(57.15%-59.05%)	(55.71%-59.67%)	(55.16%-58.63%)	(59.05%-62.35%)	(53.12%-57.32%)	(53.01%-62.38%)
	Age 26+	68.46%	67.27%	67.98%	71.89%	64.23%	67.40%
		(67.83%-69.09%)	(66.05%-68.46%)	(66.98%-68.96%)	(71.08%-72.68%)	(63.01%-65.42%)	(64.03%-70.61%)
	Age 18+	67.07%	66.02%	66.46%	70.38%	63.02%	66.09%
		(66.50%-67.64%)	(64.91%-67.12%)	(65.55%-67.36%)	(69.63%-71.13%)	(61.90%-64.13%)	(63.07%-68.99%)
Past Year Heroin Use	Age 12-17	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 18-25	0.12%	0.13%	0.21%	0.07%	0.10%	0.15%
		(0.08%-0.17%)	(0.07%-0.27%)	(0.12%-0.38%)	(0.03%-0.20%)	(0.04%-0.23%)	(0.05%-0.43%)
	Age 26+	0.36%	0.45%	0.34%	0.36%	0.33%	0.34%
		(0.30%-0.44%)	(0.33%-0.62%)	(0.25%-0.46%)	(0.28%-0.47%)	(0.23%-0.46%)	(0.16%-0.71%)
	Age 18+	0.33%	0.41%	0.32%	0.32%	0.29%	0.31%
		(0.28%-0.39%)	(0.30%-0.56%)	(0.24%-0.43%)	(0.25%-0.42%)	(0.21%-0.42%)	(0.16%-0.63%)
Perceptions of Great Risk from Trying Heroin Once or Twice	Age 12-17	55.18%	54.56%	53.33%	56.71%	54.7%	61.01%
		(54.18%-56.18%)	(52.59%-56.51%)	(51.73%-54.92%)	(55.21%-58.19%)	(52.79%-56.6%)	(55.8%-65.98%)
	Age 18-25	76.54%	77.73%	75.82%	77.61%	74.56%	80.34%
		(75.75%-77.30%)	(76.2%-79.19%)	(74.51%-77.08%)	(76.43%-78.76%)	(72.9%-76.15%)	(76.23%-83.88%)
	Age 26+	85.22%	84.96%	85.19%	86.82%	82.85%	84.38%
		(84.78%-85.65%)	(84.08%-85.80%)	(84.43%-85.92%)	(86.22%-87.39%)	(81.91%-83.76%)	(81.86%-86.61%)
	Age 18+	84.05%	84.02%	83.91%	85.58%	81.74%	83.83%
		(83.66%-84.44%)	(83.22%-84.79%)	(83.22%-84.57%)	(85.03%-86.11%)	(80.87%-82.57%)	(81.58%-85.85%)
Past Year Pain Reliever Misuse	Age 12-17	1.89%	1.62%	1.81%	2.05%	1.88%	2.56%
		(1.66%-2.15%)	(1.31%-2.01%)	(1.53%-2.14%)	(1.75%-2.40%)	(1.55%-2.27%)	(1.7%-3.83%)
	Age 18-25	2.82%	2.23%	2.68%	3.22%	2.70%	4.40%
		(2.54%-3.13%)	(1.82%-2.72%)	(2.34%-3.08%)	(2.83%-3.67%)	(2.29%-3.19%)	(3.10%-6.20%)
	Age 26+	3.17%	2.64%	3.12%	3.50%	3.09%	4.56%
		(2.97%-3.38%)	(2.29%-3.03%)	(2.81%-3.46%)	(3.19%-3.84%)	(2.73%-3.50%)	(3.36%-6.15%)
	Age 18+	3.13%	2.58%	3.06%	3.46%	3.04%	4.53%
		(2.95%-3.32%)	(2.27%-2.93%)	(2.78%-3.37%)	(3.19%-3.76%)	(2.71%-3.40%)	(3.45%-5.93%)
First Use of Marijuana ³	Age 12-17	4.71%	4.95%	4.72%	4.54%	4.85%	6.48%
		(4.43%-5.02%)	(4.47%-5.48%)	(4.33%-5.13%)	(4.19%-4.91%)	(4.33%-5.43%)	(5.01%-8.33%)
	Age 18-25	8.26%	9.32%	8.56%	6.83%	9.83%	12.06%
		(7.74%-8.82%)	(8.42%-10.29%)	(7.88%-9.28%)	(6.33%-7.37%)	(8.80%-10.97%)	(9.09%-15.85%)
	Age 26+	1.15%	1.27%	1.27%	0.95%	1.34%	1.05%
		(1.04%-1.29%)	(1.08%-1.48%)	(1.11%-1.45%)	(0.83%-1.09%)	(1.14%-1.57%)	(0.69%-1.59%)
	Age 18+	2.16%	2.35%	2.32%	1.78%	2.54%	2.50%
		(2.03%-2.29%)	(2.14%-2.59%)	(2.15%-2.51%)	(1.65%-1.93%)	(2.30%-2.81%)	(1.96%-3.18%)

+ All figures are percent prevalence rates; figures in parentheses are 95% confidence intervals

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022 and 2023.

Table 2A: Substance Use and Mental Health, U.S. Regions & New Mexico, by Age Group, Percentages, Annual Averages Based on 2022-2023 NSDUHs

INDICATORS ⁺	AGE GROUP	TOTAL U.S.	NORTHEAST	MIDWEST	SOUTH	WEST	NEW MEXICO
ILLICIT DRUGS ² among persons aged 12 or older							
Past Month Marijuana Use	Age 12-17	6.22%	6.56%	6.48%	5.79%	6.46%	9.74%
		(5.78%-6.68%)	(5.77%-7.45%)	(5.82%-7.20%)	(5.25%-6.39%)	(5.70%-7.30%)	(7.25%-12.98%)
	Age 18-25	25.54%	28.80%	26.16%	22.01%	28.37%	34.92%
		(24.65%-26.44%)	(26.73%-30.97%)	(24.36%-28.05%)	(20.32%-23.80%)	(26.30%-30.54%)	(29.85%-40.36%)
	Age 26+	14.65%	15.54%	15.41%	12.14%	17.38%	23.96%
		(14.21%-15.10%)	(14.65%-16.47%)	(14.64%-16.22%)	(11.55%-12.76%)	(16.43%-18.38%)	(20.75%-27.49%)
	Age 18+	16.11%	17.26%	16.88%	13.47%	18.85%	25.45%
		(15.69%-16.53%)	(16.45%-18.10%)	(16.18%-17.61%)	(12.94%-14.01%)	(18.00%-19.73%)	(22.43%-28.72%)
Past Year Marijuana Use	Age 12-17	11.31%	11.77%	11.38%	10.92%	11.60%	16.19%
		(10.72%-11.93%)	(10.74%-12.88%)	(10.51%-12.30%)	(10.10%-11.80%)	(10.54%-12.75%)	(12.92%-20.11%)
	Age 18-25	37.39%	40.42%	39.44%	32.57%	41.24%	48.94%
		(36.40%-38.40%)	(38.41%-42.46%)	(37.78%-41.12%)	(31.05%-34.14%)	(39.21%-43.31%)	(43.6%-54.31%)
	Age 26+	20.71%	22.00%	21.52%	17.62%	24.04%	28.62%
		(20.19%-21.23%)	(21.02%-23.01%)	(20.65%-22.41%)	(16.95%-18.31%)	(22.98%-25.14%)	(25.31%-32.19%)
	Age 18+	22.94%	24.39%	23.97%	19.63%	26.35%	31.39%
		(22.46%-23.43%)	(23.47%-25.34%)	(23.15%-24.80%)	(18.98%-20.29%)	(25.37%-27.34%)	(28.31%-34.64%)
Perceptions of Great Risk from Smoking Marijuana Once a Month	Age 12-17	20.54%	20.33%	19.26%	21.98%	19.43%	16.76%
		(19.77%-21.34%)	(18.91%-21.83%)	(18.08%-20.50%)	(20.85%-23.14%)	(17.99%-20.97%)	(13.34%-20.85%)
	Age 18-25	10.88%	10.49%	9.12%	11.99%	10.91%	9.05%
		(10.32%-11.46%)	(9.51%-11.57%)	(8.37%-9.93%)	(11.16%-12.87%)	(9.90%-11.99%)	(6.85%-11.88%)
	Age 26+	21.86%	20.89%	18.02%	24.18%	22.16%	19.93%
		(21.28%-22.45%)	(19.81%-22.02%)	(17.15%-18.93%)	(23.33%-25.05%)	(21.07%-23.29%)	(16.99%-23.23%)
	Age 18+	20.38%	19.53%	16.80%	22.53%	20.64%	18.44%
		(19.87%-20.91%)	(18.55%-20.55%)	(16.01%-17.61%)	(21.76%-23.33%)	(19.67%-21.65%)	(15.80%-21.41%)
Past Month Use of Illicit Drugs ² Other Than Marijuana	Age 12-17	1.63%	1.47%	1.61%	1.70%	1.63%	1.96%
		(1.42%-1.87%)	(1.18%-1.82%)	(1.33%-1.95%)	(1.41%-2.04%)	(1.29%-2.07%)	(1.22%-3.14%)
	Age 18-25	4.22%	4.70%	4.17%	3.89%	4.45%	4.30%
		(3.87%-4.60%)	(4.08%-5.41%)	(3.68%-4.73%)	(3.44%-4.39%)	(3.77%-5.24%)	(3.03%-6.06%)
	Age 26+	3.38%	3.47%	3.27%	3.25%	3.61%	4.31%
		(3.16%-3.60%)	(3.09%-3.90%)	(2.94%-3.63%)	(2.96%-3.56%)	(3.20%-4.07%)	(3.16%-5.87%)
	Age 18+	3.49%	3.63%	3.39%	3.33%	3.72%	4.31%
		(3.29%-3.69%)	(3.29%-4.01%)	(3.10%-3.70%)	(3.09%-3.60%)	(3.36%-4.12%)	(3.27%-5.66%)
Past Year Methamphetamine Use	Age 12-17	0.11%	0.11%	0.13%	0.11%	0.09%	0.20%
		(0.06%-0.21%)	(0.04%-0.31%)	(0.04%-0.42%)	(0.04%-0.32%)	(0.03%-0.30%)	(0.06%-0.60%)
	Age 18-25	0.39%	0.27%	0.65%	0.36%	0.31%	0.31%
		(0.30%-0.51%)	(0.18%-0.39%)	(0.47%-0.89%)	(0.27%-0.47%)	(0.22%-0.44%)	(0.16%-0.59%)
	Age 26+	1.12%	0.71%	1.09%	1.14%	1.43%	2.20%
		(0.99%-1.27%)	(0.54%-0.93%)	(0.91%-1.31%)	(0.98%-1.34%)	(1.17%-1.74%)	(1.43%-3.35%)
	Age 18+	1.03%	0.65%	1.03%	1.04%	1.28%	1.94%
		(0.91%-1.15%)	(0.50%-0.85%)	(0.87%-1.22%)	(0.89%-1.21%)	(1.06%-1.55%)	(1.28%-2.93%)
ALCOHOL among persons aged 12 or older							
Past Month Alcohol Use	Age 12-17	6.88%	6.98%	7.16%	6.39%	7.38%	7.81%
		(6.43%-7.36%)	(6.20%-7.85%)	(6.45%-7.95%)	(5.78%-7.06%)	(6.52%-8.33%)	(5.75%-10.51%)
	Age 18-25	49.91%	54.41%	53.08%	47.85%	47.21%	46.60%
		(48.78%-51.03%)	(52.55%-56.24%)	(51.50%-54.65%)	(46.40%-49.3%)	(45.30%-49.13%)	(41.69%-51.58%)
	Age 26+	52.65%	55.76%	55.54%	49.78%	52.48%	48.99%
		(51.92%-53.37%)	(54.49%-57.03%)	(54.38%-56.69%)	(48.84%-50.71%)	(51.19%-53.76%)	(45.17%-52.82%)
	Age 18+	52.28%	55.58%	55.20%	49.52%	51.77%	48.66%
		(51.62%-52.94%)	(54.43%-56.73%)	(54.16%-56.24%)	(48.66%-50.37%)	(50.60%-52.94%)	(45.23%-52.11%)
Past Month Binge Alcohol Use ⁹	Age 12-17	3.58%	3.83%	3.69%	3.28%	3.82%	3.76%
		(3.24%-3.96%)	(3.27%-4.48%)	(3.21%-4.24%)	(2.88%-3.73%)	(3.22%-4.53%)	(2.66%-5.29%)
	Age 18-25	29.10%	31.90%	32.10%	27.50%	27.03%	27.91%
		(28.17%-30.04%)	(30.22%-33.62%)	(30.73%-33.5%)	(26.32%-28.72%)	(25.44%-28.67%)	(23.61%-32.65%)
	Age 26+	22.63%	23.24%	24.58%	21.82%	21.80%	22.12%
		(22.14%-23.14%)	(22.16%-24.36%)	(23.66%-25.53%)	(21.08%-22.57%)	(20.82%-22.82%)	(19.30%-25.21%)
	Age 18+	23.5%	24.37%	25.61%	22.58%	22.50%	22.90%
		(23.05%-23.95%)	(23.37%-25.39%)	(24.77%-26.47%)	(21.91%-23.26%)	(21.61%-23.43%)	(20.26%-25.79%)
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week	Age 12-17	41.16%	41.64%	38.15%	42.59%	41.13%	43.38%
		(40.23%-42.1%)	(39.86%-43.45%)	(36.7%-39.63%)	(41.28%-43.90%)	(39.27%-43.01%)	(38.24%-48.67%)
	Age 18-25	38.92%	37.6%	35.08%	40.38%	40.91%	43.71%
		(37.99%-39.86%)	(36.04%-39.18%)	(33.73%-36.45%)	(39.08%-41.68%)	(39.17%-42.67%)	(39.17%-48.35%)
	Age 26+	45.85%	45.38%	40.91%	47.24%	48.22%	52.43%
		(45.22%-46.47%)	(44.08%-46.69%)	(39.80%-42.03%)	(46.30%-48.18%)	(46.94%-49.5%)	(48.80%-56.03%)
	Age 18+	44.92%	44.37%	40.11%	46.32%	47.24%	51.24%
		(44.36%-45.48%)	(43.21%-45.54%)	(39.13%-41.10%)	(45.49%-47.14%)	(46.10%-48.38%)	(47.94%-54.53%)

+ All figures are percent prevalence rates; figures in parentheses are 95% confidence intervals

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022 and 2023.

Table 2B: Substance Use and Mental Health, U.S. Regions & New Mexico, by Age Group, Percentages, Annual Averages Based on 2022-2023 NSDUHs

INDICATORS ⁺	AGE GROUP	TOTAL U.S.	NORTHEAST	MIDWEST	SOUTH	WEST	NEW MEXICO
TOBACCO among persons aged 12 or older							
Past Month Tobacco Product Use ⁴	Age 12-17	1.91%	1.75%	1.98%	1.99%	1.84%	2.72%
		(1.68%-2.17%)	(1.42%-2.17%)	(1.65%-2.37%)	(1.68%-2.35%)	(1.47%-2.30%)	(1.78%-4.12%)
	Age 18-25	15.56%	15.03%	17.11%	16.33%	13.32%	18.00%
		(14.91%-16.23%)	(13.81%-16.34%)	(16.04%-18.24%)	(15.37%-17.33%)	(12.22%-14.51%)	(14.61%-21.96%)
	Age 26+	20.03%	17.92%	22.62%	22.63%	15.15%	21.47%
		(19.47%-20.61%)	(16.97%-18.92%)	(21.73%-23.53%)	(21.85%-23.43%)	(14.27%-16.07%)	(18.72%-24.51%)
	Age 18+	19.43%	17.55%	21.86%	21.78%	14.90%	21.00%
		(18.93%-19.94%)	(16.69%-18.45%)	(21.08%-22.67%)	(21.1%-22.48%)	(14.12%-15.72%)	(18.48%-23.77%)
Past Month Cigarette Use	Age 12-17	1.28%	1.26%	1.47%	1.19%	1.28%	2.45%
		(1.09%-1.51%)	(0.98%-1.61%)	(1.19%-1.82%)	(0.98%-1.46%)	(1.00%-1.64%)	(1.55%-3.83%)
	Age 18-25	10.67%	10.18%	11.81%	10.71%	9.95%	15.06%
		(10.13%-11.24%)	(9.19%-11.25%)	(10.96%-12.71%)	(9.93%-11.55%)	(8.96%-11.04%)	(11.76%-19.08%)
	Age 26+	16.12%	14.40%	18.35%	17.92%	12.56%	17.82%
		(15.6%-16.66%)	(13.51%-15.32%)	(17.52%-19.22%)	(17.22%-18.64%)	(11.76%-13.42%)	(15.18%-20.81%)
	Age 18+	15.39%	13.85%	17.46%	16.95%	12.22%	17.45%
		(14.93%-15.86%)	(13.07%-14.67%)	(16.73%-18.21%)	(16.34%-17.58%)	(11.5%-12.97%)	(15.06%-20.12%)
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day	Age 12-17	60.97%	63.35%	60.85%	59.3%	62.27%	58.61%
		(60.07%-61.87%)	(61.48%-65.19%)	(59.21%-62.46%)	(57.79%-60.79%)	(60.38%-64.13%)	(53.65%-63.4%)
	Age 18-25	61.51%	63.74%	59.03%	61.00%	62.96%	55.29%
		(60.63%-62.38%)	(61.99%-65.44%)	(57.56%-60.48%)	(59.68%-62.3%)	(61.22%-64.66%)	(50.22%-60.25%)
	Age 26+	70.33%	72.15%	66.79%	69.83%	72.84%	70.79%
		(69.7%-70.95%)	(71.05%-73.22%)	(65.76%-67.81%)	(68.97%-70.68%)	(71.69%-73.96%)	(67.64%-73.75%)
	Age 18+	69.14%	71.05%	65.73%	68.64%	71.52%	68.68%
		(68.59%-69.69%)	(70.05%-72.04%)	(64.79%-66.65%)	(67.86%-69.41%)	(70.48%-72.53%)	(65.81%-71.41%)
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT							
Illicit Drug Use Disorder ¹	Age 12-17	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 18-25	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 26+	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 18+	-	-	-	-	-	-
		-	-	-	-	-	-
Pain Reliever Use Disorder ¹	Age 12-17	1.13%	1.10%	1.12%	1.19%	1.04%	1.00%
		(0.95%-1.33%)	(0.86%-1.40%)	(0.89%-1.41%)	(0.99%-1.44%)	(0.81%-1.33%)	(0.62%-1.59%)
	Age 18-25	1.17%	0.99%	1.16%	1.33%	1.03%	1.16%
		(1.00%-1.36%)	(0.76%-1.29%)	(0.93%-1.45%)	(1.09%-1.63%)	(0.75%-1.39%)	(0.72%-1.87%)
	Age 26+	2.14%	1.94%	2.21%	2.34%	1.92%	2.95%
		(1.96%-2.35%)	(1.65%-2.28%)	(1.91%-2.55%)	(2.06%-2.65%)	(1.59%-2.32%)	(2.05%-4.24%)
	Age 18+	2.01%	1.82%	2.07%	2.20%	1.80%	2.71%
		(1.85%-2.19%)	(1.55%-2.12%)	(1.80%-2.37%)	(1.95%-2.48%)	(1.5%-2.16%)	(1.91%-3.83%)
Alcohol Use Disorder ¹	Age 12-17	2.92%	2.85%	3.03%	2.71%	3.23%	4.20%
		(2.62%-3.27%)	(2.40%-3.39%)	(2.61%-3.53%)	(2.35%-3.12%)	(2.71%-3.84%)	(2.80%-6.25%)
	Age 18-25	15.71%	16.54%	16.23%	14.43%	16.73%	17.75%
		(14.98%-16.47%)	(15.31%-17.86%)	(15.23%-17.28%)	(13.57%-15.34%)	(15.50%-18.03%)	(14.49%-21.57%)
	Age 26+	10.35%	10.42%	10.73%	9.87%	10.77%	9.92%
		(10.01%-10.71%)	(9.72%-11.16%)	(10.12%-11.36%)	(9.37%-10.40%)	(10.04%-11.54%)	(8.18%-12.00%)
	Age 18+	11.07%	11.21%	11.48%	10.49%	11.56%	10.99%
		(10.76%-11.40%)	(10.56%-11.89%)	(10.92%-12.06%)	(10.02%-10.97%)	(10.90%-12.27%)	(9.29%-12.96%)
Substance Use Disorder ¹	Age 12-17	8.56%	8.43%	8.54%	8.53%	8.71%	11.28%
		(8.04%-9.11%)	(7.62%-9.32%)	(7.82%-9.32%)	(7.88%-9.23%)	(7.82%-9.68%)	(8.82%-14.31%)
	Age 18-25	27.46%	28.40%	28.38%	25.73%	28.77%	35.75%
		(26.57%-28.36%)	(26.9%-29.96%)	(27.11%-29.69%)	(24.63%-26.86%)	(27.22%-30.38%)	(30.93%-40.87%)
	Age 26+	16.60%	16.84%	17.07%	15.60%	17.63%	20.19%
		(16.16%-17.05%)	(15.93%-17.78%)	(16.27%-17.91%)	(14.96%-16.27%)	(16.75%-18.54%)	(17.64%-23.01%)
	Age 18+	18.05%	18.34%	18.62%	16.96%	19.12%	22.31%
		(17.65%-18.47%)	(17.51%-19.19%)	(17.89%-19.37%)	(16.38%-17.56%)	(18.30%-19.96%)	(19.90%-24.91%)

+ All figures are percent prevalence rates; figures in parentheses are 95% confidence intervals

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022 and 2023.

Table 2C: Substance Use and Mental Health, U.S. Regions & New Mexico, by Age Group, Percentages, Annual Averages Based on 2022-2023 NSDUHs

INDICATORS ⁺	AGE GROUP	TOTAL U.S.	NORTHEAST	MIDWEST	SOUTH	WEST	NEW MEXICO
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT							
Needing But Not Receiving Treatment at a Specialty Facility for Illicit Drug Use ¹⁰	Age 12-17	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 18-25	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 26+	-	-	-	-	-	-
		-	-	-	-	-	-
Needing But Not Receiving Treatment at a Specialty Facility for Alcohol Use ¹⁰	Age 18+	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 12-17	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 18-25	-	-	-	-	-	-
		-	-	-	-	-	-
Needing But Not Receiving Treatment at a Specialty Facility for Substance Use ¹⁰	Age 26+	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 18+	-	-	-	-	-	-
		-	-	-	-	-	-
	Age 12-17	11.34% (10.76%-11.95%)	10.66% (9.72%-11.67%)	11.45% (10.59%-12.37%)	11.39% (10.6%-12.23%)	11.62% (10.61%-12.70%)	15.94% (12.78%-19.70%)
		28.97% (28.07%-29.88%)	30.12% (28.34%-31.96%)	30.17% (28.67%-31.72%)	27.07% (25.69%-28.49%)	30.15% (28.35%-32.02%)	37.30% (32.43%-42.45%)
Age 18-25	18.65% (18.17%-19.13%)	19.55% (18.6%-20.54%)	19.27% (18.48%-20.09%)	17.55% (16.88%-18.24%)	19.20% (18.3%-20.14%)	21.21% (18.58%-24.11%)	
	20.03% (19.59%-20.47%)	20.92% (20.06%-21.82%)	20.76% (20.03%-21.51%)	18.83% (18.22%-19.45%)	20.67% (19.84%-21.52%)	23.40% (20.90%-26.10%)	
MENTAL HEALTH among persons aged 18 or older							
Any Mental Illness in past year ⁵	Age 18-25	35.02% (34.1%-35.94%)	34.77% (33.12%-36.47%)	36.33% (35.04%-37.65%)	32.81% (31.61%-34.03%)	37.60% (35.92%-39.32%)	39.22% (34.5%-44.16%)
		21.09% (20.59%-21.60%)	20.83% (19.87%-21.81%)	21.81% (20.96%-22.68%)	20.36% (19.67%-21.07%)	21.83% (20.86%-22.84%)	22.62% (19.88%-25.62%)
	Age 26+						
		22.95% (22.49%-23.43%)	22.63% (21.77%-23.52%)	23.80% (23.04%-24.57%)	22.04% (21.4%-22.68%)	23.95% (23.07%-24.84%)	24.88% (22.33%-27.62%)
Serious Mental Illness ⁶ in past year	Age 18-25	10.97% (10.41%-11.56%)	10.76% (9.87%-11.71%)	11.20% (10.42%-12.03%)	10.42% (9.71%-11.17%)	11.82% (10.81%-12.90%)	11.85% (9.47%-14.73%)
		5.04% (4.79%-5.30%)	4.66% (4.25%-5.11%)	5.23% (4.83%-5.67%)	4.98% (4.66%-5.33%)	5.23% (4.78%-5.71%)	5.57% (4.31%-7.17%)
	Age 26+						
		5.83% (5.6%-6.07%)	5.45% (5.06%-5.87%)	6.05% (5.67%-6.45%)	5.71% (5.41%-6.04%)	6.11% (5.68%-6.57%)	6.42% (5.21%-7.89%)
Had serious thoughts of suicide in past year	Age 18-25	12.95% (12.36%-13.56%)	12.51% (11.48%-13.62%)	13.61% (12.71%-14.56%)	12.12% (11.32%-12.97%)	14.02% (12.95%-15.17%)	15.02% (12.21%-18.34%)
		3.84% (3.63%-4.07%)	4.04% (3.59%-4.55%)	3.99% (3.61%-4.40%)	3.63% (3.32%-3.96%)	3.93% (3.52%-4.39%)	3.98% (2.99%-5.29%)
	Age 26+						
		5.06% (4.86%-5.28%)	5.14% (4.70%-5.61%)	5.30% (4.94%-5.69%)	4.77% (4.47%-5.08%)	5.28% (4.88%-5.72%)	5.49% (4.46%-6.73%)
Received Mental Health Services ¹¹	Age 18-25	27.04% (26.19%-27.92%)	29.43% (28.00%-30.9%)	31.15% (29.92%-32.41%)	24.43% (23.38%-25.5%)	25.95% (24.53%-27.41%)	24.18% (20.64%-28.11%)
		21.66% (21.14%-22.19%)	22.54% (21.52%-23.59%)	24.21% (23.34%-25.10%)	20.37% (19.7%-21.07%)	20.89% (19.96%-21.85%)	20.36% (17.76%-23.23%)
	Age 26+						
		22.38% (21.90%-22.87%)	23.44% (22.52%-24.38%)	25.16% (24.37%-25.96%)	20.92% (20.31%-21.54%)	21.57% (20.73%-22.43%)	20.88% (18.51%-23.47%)
Major Depressive Episode in past year ⁷	Age 18+	18.82% (18.11%-19.55%)	18.34% (17.02%-19.75%)	19.24% (18.15%-20.39%)	18.68% (17.64%-19.77%)	19.00% (17.61%-20.48%)	21.36% (17.81%-25.4%)
		18.81% (18.1%-19.53%)	19.36% (18.06%-20.72%)	18.45% (17.46%-19.48%)	17.70% (16.76%-18.69%)	20.53% (19.13%-22%)	19.73% (16.41%-23.54%)
	Age 12-17						
		7.06% (6.77%-7.37%)	6.69% (6.17%-7.25%)	7.38% (6.9%-7.88%)	7.03% (6.6%-7.48%)	7.13% (6.58%-7.71%)	8.28% (6.62%-10.3%)
	Age 26+						
		8.64% (8.36%-8.92%)	8.33% (7.84%-8.86%)	8.89% (8.45%-9.36%)	8.46% (8.06%-8.88%)	8.92% (8.41%-9.47%)	9.84% (8.27%-11.66%)

+ All figures are percent prevalence rates; figures in parentheses are 95% confidence intervals

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022 and 2023.

Table 3. Drug Use, Past Year Alcohol Use Disorder, and Past Year Mental Health Measures in New Mexico, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2022-2023 NSDUHs

Measure	12+	12-17 Years	18-25 Years	26+ Years	18+ years
ILLICIT DRUGS²					
Past Month Illicit Drug Use ²	465	19	85	361	445
Past Year Cocaine Use	37	1	8	28	36
Perceptions of Great Risk from Using Cocaine Once a Month	1,156	83	128	946	1,074
Past Year Heroin Use	-	-	0	5	5
Perceptions of Great Risk from Trying Heroin Once or Twice	1,465	103	178	1,184	1,362
Past Year Pain Reliever Misuse	78	4	10	64	74
First Use of Marijuana ³	25	8	10	7	17
Past Month Marijuana Use	430	17	77	336	413
Past Year Marijuana Use	537	27	108	402	510
Perceptions of Great Risk from Smoking Marijuana Once a Month	328	28	20	280	300
Past Month Use of Illicit Drugs ² Other Than Marijuana	73	3	10	61	70
Past Year Methamphetamine Use	32	0	1	31	32
ALCOHOL					
Past Month Alcohol Use	804	13	103	687	790
Past Month Binge Alcohol Use ⁹	378	6	62	310	372
Past Month Alcohol Use (12-20 Years) ⁸	37	-	-	-	-
Past Month Binge Alcohol Use (12-20 Years) ^{8,9}	22	-	-	-	-
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week	906	73	97	736	832
TOBACCO PRODUCTS⁴					
Past Month Tobacco Product Use	346	5	40	301	341
Past Month Cigarette Use	288	4	33	250	283
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day	1,215	99	122	993	1,116
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT					
Illicit Drug Use Disorder ¹	-	-	-	-	-
Pain Reliever Use Disorder ¹	46	2	3	41	44
Alcohol Use Disorder ¹	186	7	39	139	179
Substance Use Disorder ¹	381	19	79	283	362
Needing But Not Receiving Treatment at a Specialty Facility for Illicit Drug Use ¹⁰	-	-	-	-	-
Needing But Not Receiving Treatment at a Specialty Facility for Alcohol Use ¹⁰	-	-	-	-	-
Needing But Not Receiving Treatment at a Specialty Facility for Substance Use ¹⁰	407	27	83	298	380
PAST YEAR MENTAL HEALTH ISSUES					
Major Depressive Episode ⁷	0	36	44	116	160
Any Mental Illness ⁵	0	0	87	317	404
Serious Mental Illness ⁶	0	0	26	78	104
Received Mental Health Services ¹¹	0	51	53	286	339
Had Serious Thoughts of Suicide	0	25	33	56	89

+ All figures are estimated numbers in thousands

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022 and 2023.

Table 1, 2, 2A, 2B, 2C, & 3 FOOTNOTES

1. Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 5th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-V).
2. Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, methamphetamine, or prescription-type psychotherapeutics used nonmedically.
3. Average annual marijuana initiation rate = $100 * \{[X1 \div (0.5 * X1 + X2)] \div 2\}$, where X1 is the number of marijuana initiates in the past 24 months and X2 is the number of persons who never used marijuana.
4. Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco, snuff, dip, or "snus"), cigars, or pipe tobacco.
5. Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the DSM-IV, regardless of the level of impairment in carrying out major life activities.
6. Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the DSM-IV and resulted in serious functional impairment in carrying out major life activities.
7. Major depressive episode (MDE) is defined as in the DSM-V, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.
8. Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.
9. Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion (i.e. within a couple hours of each other) on at least 1 day in the past 30 days.
10. Respondents were classified as needing treatment for a substance use problem if they met the criteria for substance use disorder as defined in the DSM-V or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center).
11. Mental health services are defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use.