# NEW MEXICO YOUTH RISK & RESILIENCY SURVEY HIGH SCHOOL Survey Results 2011

# **Taos County**









For information about administration and methods used in implementation of the New Mexico Youth Risk and Resiliency Survey (NM YRRS), see the volume of statewide results, <u>New Mexico Youth Risk & Resiliency Survey:</u> <u>High School Survey Results 2011</u>, available at www.youthrisk.org.

#### ACKNOWLEDGEMENTS

This report is a product of the NM Youth Risk and Resiliency Survey (YRRS), a survey that aims to characterize risk behaviors and resiliency/protective factors among New Mexico youth. The YRRS is a joint project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED), with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), AASTEC, and the Division of Adolescent and School Health, Centers for Disease Control and Prevention (CDC-DASH). Gratitude is extended to the individuals listed below for their contribution toward developing and producing this report. (Individuals who served on the NM-YRRS 2011 Steering Committee are identified by an asterisk (\*).)

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Gratitude is expressed to the excellent survey management and teams of the Navajo Nation Department of Health and the Bureau of Indian Education for their expertise in coordinating the administration of multiple surveys at once.

#### **Table of Contents**

Topic	<u>Page</u>
Risk Behaviors at a Glance	7
Participation in Taos County	9
Highlights	11
Charts	21
Unintentional Injury	23
Injury: Behaviors Associated with Violence	27
Mental Health	33
Tobacco Use	37
Alcohol Use	45
Drug Use	55
Sexual Behaviors	63
Nutrition	67
Physical Activity	71
Body Weight	75
Other Behaviors and Characteristics	78
Resiliency/Protective Factors and Academic Measures	79
Relationship Between Selected Risk Behaviors and Resiliency/Protective Factors	85
Appendix A: Questionnaire with Results	101
Appendix B: About this Report	131
Risk Behavior Definitions	136

#### New Mexico Youth Risk and Resiliency Survey

#### **Risk Behaviors at a Glance**

#### Taos County Grades 9-12

Indicator	<u>Taos</u>	<u>County</u>	Nev	v Mexico
Unintentional Injury	%	(95% CI)	%	(95% CI)
Rarely or never wore a bicycle helmet (of those who				
rode a bicycle)	84.5	(78.6-89.0)	86.3	(82.3-89.6)
Rarely or never wore a seatbelt	7.3	(4.8-10.8)	8.0	(6.9-9.1)
Violence				
In a physical fight in the past 12 months	29.7	(23.3-36.9)	31.5	(29.4-33.6)
Physically hit or hurt by boy/girlfriend in the past 12				
months	7.4	(5.1-10.6)	9.2	(8.5-10.1)
Ever physically forced to have sexual intercourse	6.7	(4.5-9.8)	8.6	(7.8-9.5)
Bullied electronically in the past 12 months	10.0	(6.9-14.3)	13.2	(11.9-14.6)
Bullied on school property in the past 12 months	17.5	(14.0-21.7)	18.7	(17.3-20.3)
Skipped school because felt unsafe at school or on the				
way to or from school in the past 12 months	5.6	(3.4-9.0)	8.1	(5.6-11.4)
Mental Health				
Felt persistent sadness or hopelessness in the past 12				
months	24.8	(20.6-29.7)	29.1	(28.0-30.2)
Seriously considered suicide	13.6	(10.1-18.1)	16.7	(15.7-17.8)
Planned suicide	11.3	(9.0-14.0)	13.4	(12.6-14.4)
Attempted suicide	5.9	(3.6-9.6)	8.6	(7.8-9.6)
Tobacco Use				
Current cigarette smoking	20.8	(15.6-27.0)	19.9	(17.6-22.4)
Current hookah use	18.4	(14.2-23.4)	20.0	(17.6-22.5)
Current spit tobacco use	10.1	(7.6-13.3)	9.5	(8.0-11.1)
Current cigar smoking	12.8	(9.3-17.5)	15.1	(13.6-16.8)
Alcohol Use				
Current drinking	40.2	(33.9-46.8)	36.9	(34.1-39.8)
Binge drinking	25.2	(20.6-30.4)	22.4	(20.3-24.6)
Drinking and driving	10.5	(7.0-15.6)	9.3	(8.1-10.8)
Alcohol use before age 13	30.2	(24.8-36.3)	27.4	(25.4-29.4)

#### New Mexico Youth Risk and Resiliency Survey Risk Behaviors at a Glance

## Taos County

Grades 9-12

Indicator	<u>Taos</u>	<u>County</u>	New	<u>/ Mexico</u>
Current drug use	%	(95% CI)	%	(95% CI)
Marijuana	31.5	(26.7-36.8)	27.6	(24.5-31.0)
Painkillers to get high	11.9	(8.7-16.1)	11.3	(9.7-13.2)
Inhalants	7.5	(4.4-12.4)	6.7	(5.8-7.8)
Cocaine	3.2	(1.6-6.3)	5.2	(4.3-6.2)
Ecstasy	4.2	(2.2-7.9)	6.4	(5.4-7.5)
Methamphetamine	2.7	(1.3-5.5)	3.9	(3.1-4.8)
Heroin	3.1	(1.7-5.6)	3.2	(2.7-3.8)
Physical Activity, Body Weight, and Nutrition				
Overweight	14.5	(10.9-19.1)	14.4	(13.3-15.7)
Obese	11.6	(8.6-15.3)	12.8	(10.9-15.1)
Overweight or obese	26.1	(20.2-32.9)	27.3	(24.4-30.3)
Exercised daily	26.5	(21.1-32.7)	26.3	(24.8-27.9)
Daily PE	10.8	(7.8-14.7)	28.4	(23.2-34.2)
Three or more hours of TV viewing per day	27.2	(22.7-32.2)	29.4	(26.8-32.2)
Five or more fruits or vegetables per day	29.6	(24.8-34.9)	23.8	(22.1-25.7)
Drank at least one soda per day	23.3	(18.9-28.5)	27.9	(26.7-29.1)
Sexual Behaviors				
Sexually active	31.3	(25.3-38.1)	31.9	(29.1-34.8)
Had four or more lifetime sexual partners (of those				
who were sexually active)	39.8	(30.3-50.2)	39.1	(36.4-41.8)
Used a condom at last sexual intercourse	67.4	(58.6-75.1)	57.8	(55.3-60.3)
Used reliable birth control at last sexual intercourse	26.8	(19.6-35.5)	23.0	(20.6-25.5)
Used reliable birth control and a condom	12.3	(7.1-20.5)	8.6	(7.1-10.2)

#### Participation in Taos County

The response rate for Taos County was 65%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 70% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

#### Profile of students surveyed

Total	Number of students 460	<u>Percent (%)</u> (100%)
<u>Gender</u> Girls	217	(17 50/)
Boys	240	(47.5%) (52.5%)
Race/Ethnicity *		
American Indian or Alaska Native	46	(12.3%)
Asian or Pacific Islander	30	(4.1%)
Black or African-American	25	(6.7%)
Hispanic	356	(78.6%)
White	273	(73.0%)
Grade Level		
9th	115	(25.2%)
10th	144	(31.5%)
11th	96	(21.0%)
12th	102	(22.3%)
Other:	0	(0.0%)

Totals may add up to more or less than 100%, because

1. For race/ethnicity, respondents were allowed to choose multiple responses.

2. Data may be missing for some demographic measures if respondents chose not to answer certain questions.

New Mexico Youth Risk and Resiliency Survey (YRRS) Highlights Taos County Grades 9-12, 2011

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#### Highights from the New Mexico Youth Risk and Resiliency Survey (YRRS) Grades 9-12, 2011 Taos County

Results from the 2011 High School NM YRRS revealed several encouraging trends in New Mexico. These include declining rates of:

- Suicide ideation and attempts
- Alcohol use
- Tobacco use
- Behaviors associated with violence

At the same time, the rates of cocaine and methamphetamine use have stabilized after declining from 2003 to 2007, the prevalence of obesity has been increasing, and the relatively new phenomenon of using a hookah (large water pipe) to smoke tobacco threatens the overall trend of declining tobacco use among youth.

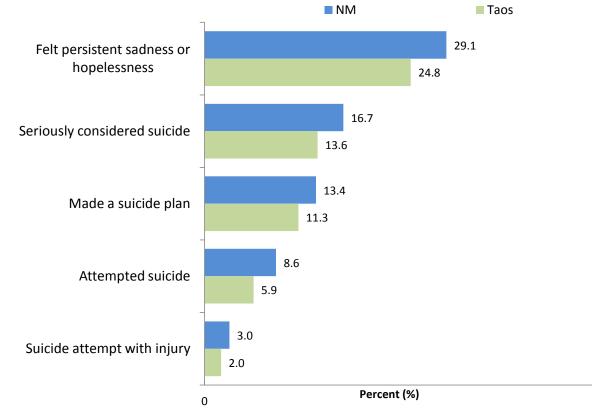
This report puts the findings for New Mexico alongside YRRS results for Taos County. Please use these results to help make New Mexico and your own community a safer and healthier place for all of our young people. For comprehensive YRRS results, see this website:

#### www.youthrisk.org

#### Mental Health

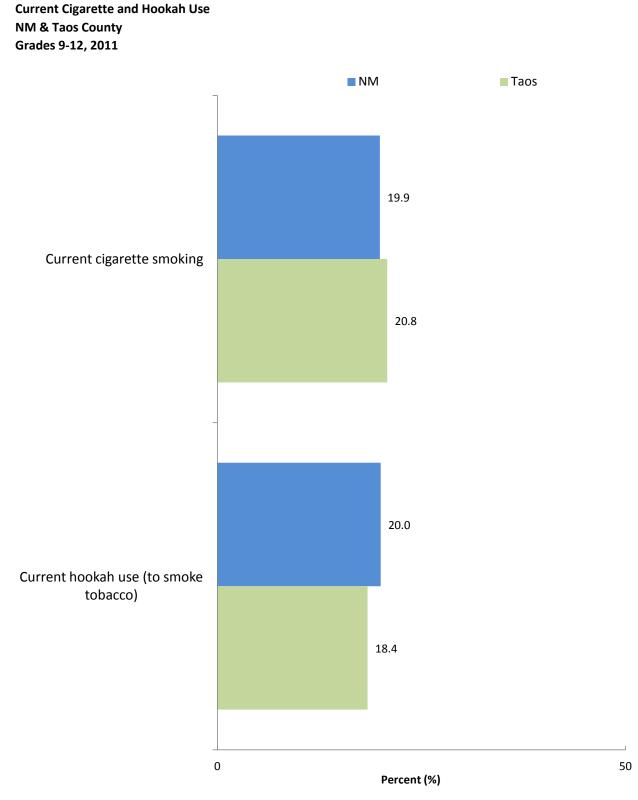
Suicide is the second leading cause of death among adolescents in New Mexico. Past-year suicide attempts have decreased among NM high school students from 14.3% in 2003 to 8.6% in 2011.

#### Past Year Mental Health Indicators NM & Taos County Grades 9-12, 2011



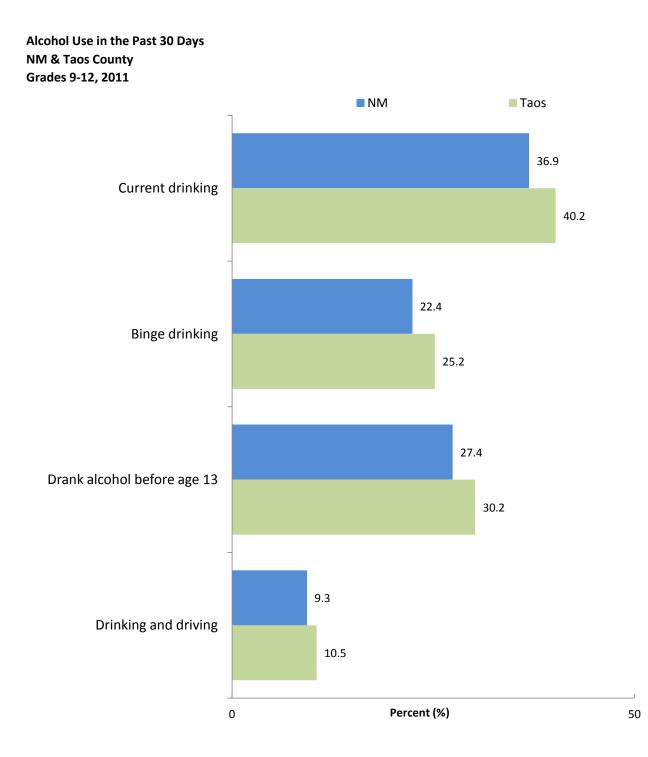
#### Tobacco Use

Cigarette smoking among NM high school students has been on the decline since 2003. In 2011, a new question was added to the YRRS about using a hookah, or large water pipe, to smoke tobacco. The prevalence of smoking a hookah was equal to that of current cigarette smoking.



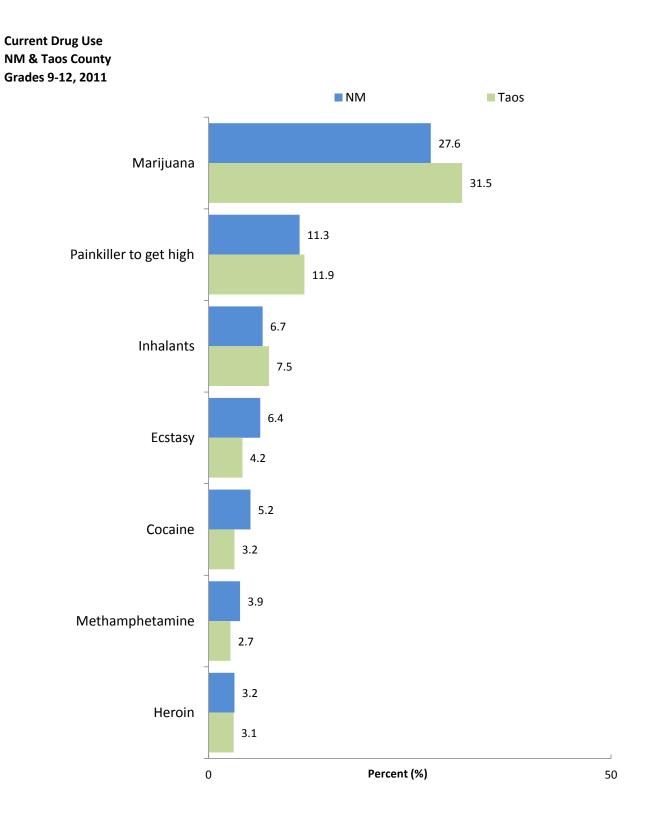
#### Alcohol Use

Alcohol use by young people is associated with injuries such as motor vehicle crashes, the leading cause of death among adolescents. Alcohol use at an early age is also associated with an increased risk of chronic liver disease and alcohol dependence later in life. In recent years, rates of current drinking, binge drinking, and drinking and driving have been decreasing among young people nationally and in New Mexico. While this is a hopeful sign for the future of New Mexico youth, in 2011 New Mexico high school students had the highest rate of any state participating in the CDC's Youth Risk Behavior Survey (YRBS) for drinking alcohol before the age of 13.



#### Drug Use

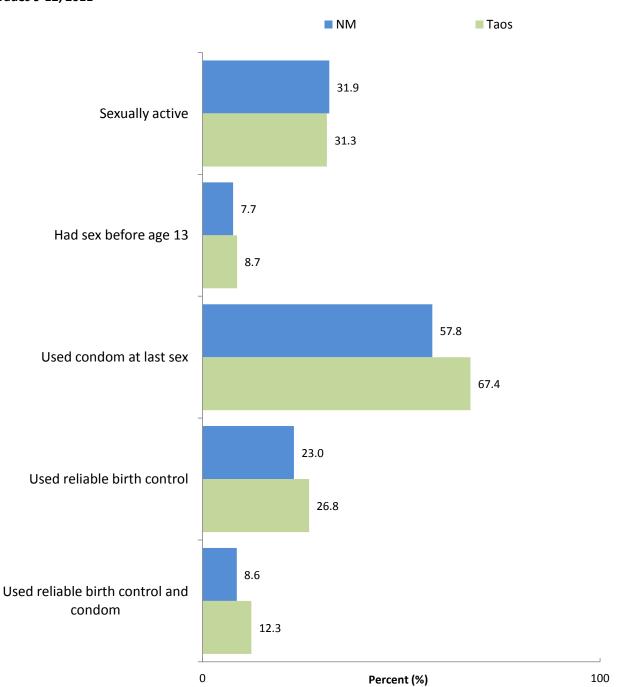
Current cocaine and methamphetamine use declined among high school students from 2003 - 2007, and has since stabilized. There have been no other trends for current drug use in recent years.



#### Sexual Activity

Early and unsafe sexual activity puts teens at risk of unplanned pregnancy and sexually transmitted infections. Measures of sexual activity among NM high school students are similar to those of other states that participated in the YRBS. Very few sexually active\* teens used both condoms and reliable birth control.

Sexual Activity NM & Taos County Grades 9-12, 2011



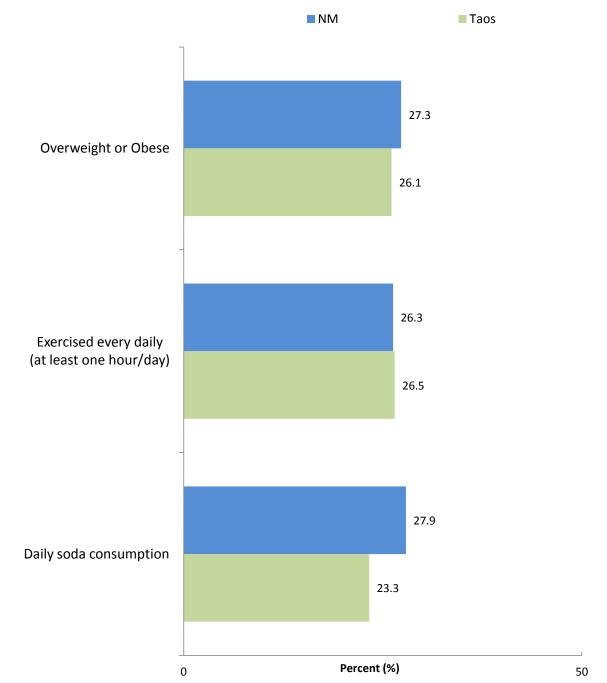
Sexually active: Had sexual intercourse at least once in the past three months.

#### Physical Activity, Nutrition, and Body Weight

Poor nutritional behaviors and a lack of physical activity put young people at risk of becoming overweight or obese. Obesity and overweight place teens at risk of many chronic diseases that can cause death or disability. Obesity among New Mexico teens has been on the rise for several years.

#### Obesity, Overweight, Physical Activity, and Soda Consumption NM & Taos County

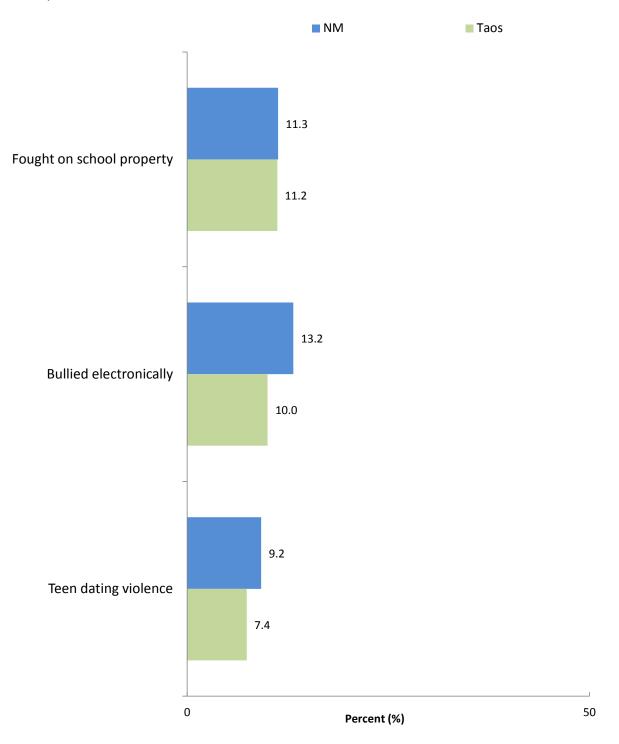
Grades 9-12, 2011



#### **Behaviors Associated with Violence**

The rates for fighting, fighting on school property, and teen dating violence (physically hit, shoved, or pushed by a boyfriend or girlfriend in the past 12 months) have declined since 2003. In 2011, a new question was added to the YRRS about electronic bullying.

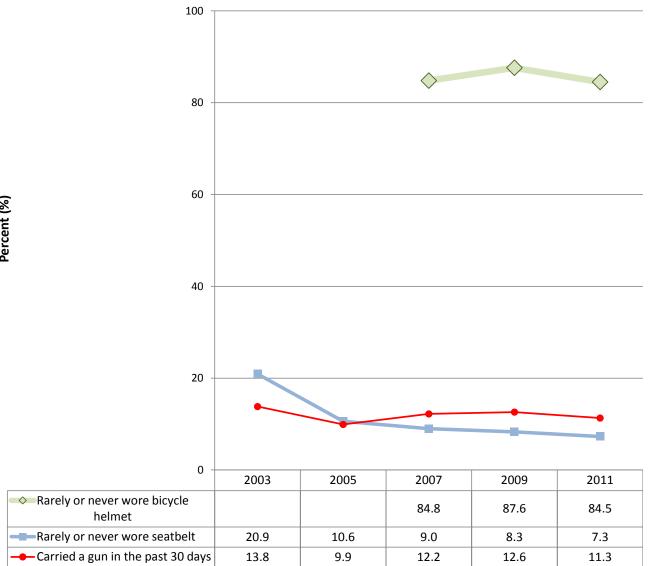
Behaviors Associated with Violence, in the last 12 months NM & Taos County Grades 9-12, 2011



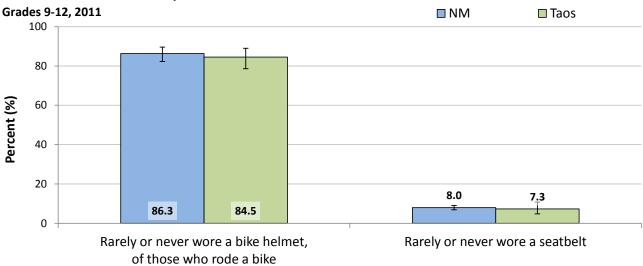
Taos County Charts

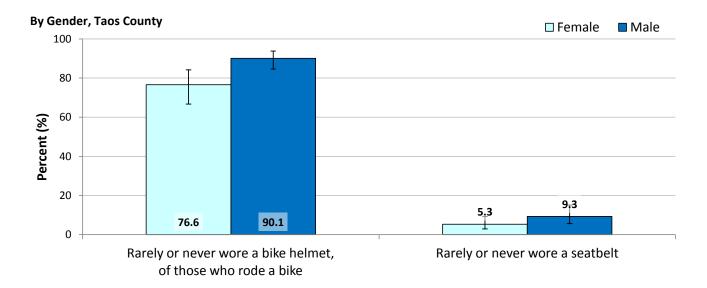
#### **Unintentional Injury**

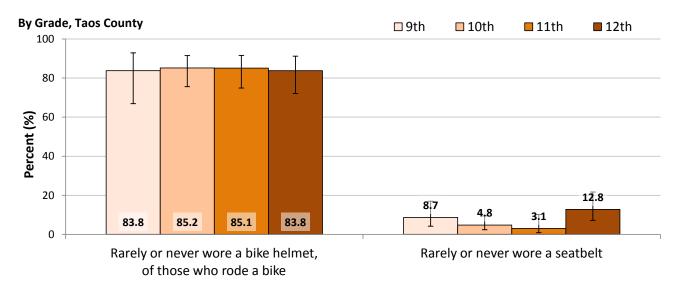
**Behaviors Associated with Unintentional Injury** by Year, Taos County Grades 9-12, 2011



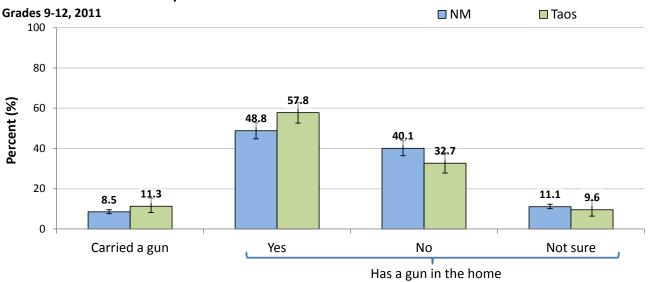
#### Unintentional Injury New Mexico and Taos County

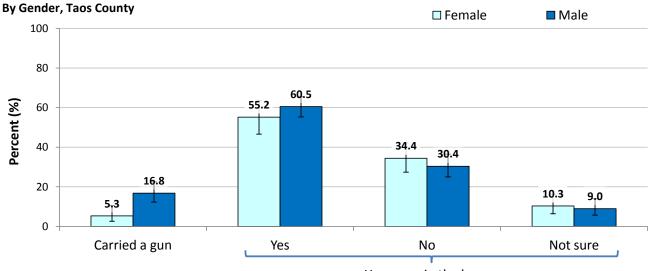




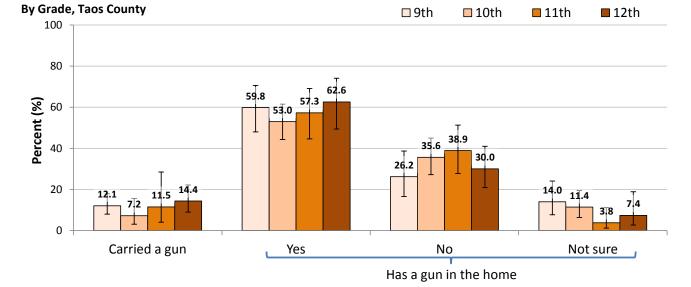


#### **Unintentional Injury New Mexico and Taos County**

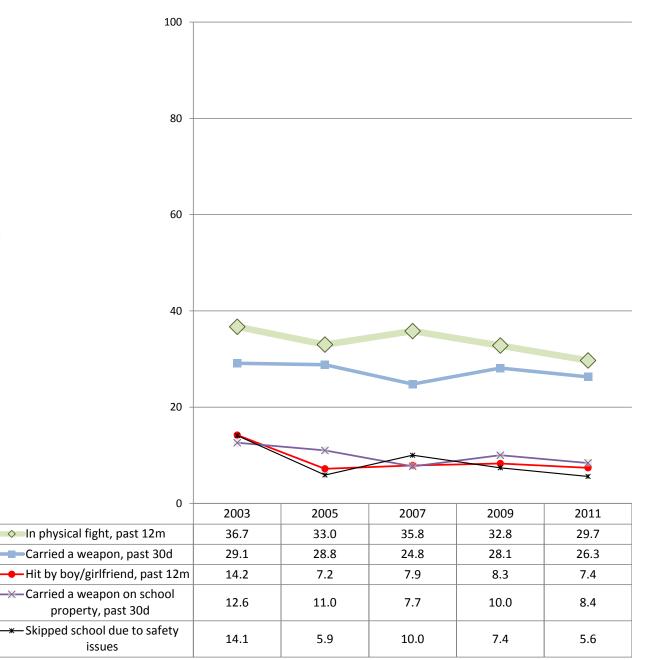




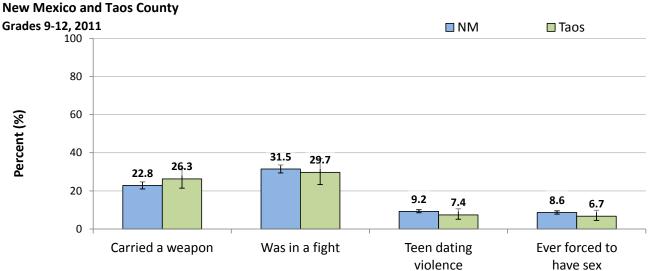
Has a gun in the home



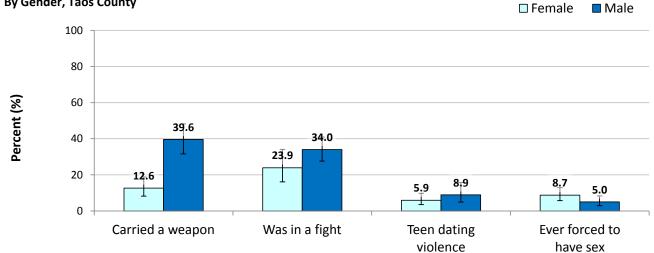
Behaviors Associated with Injury: Behaviors Associated with Violence by Year, Taos County Grades 9-12, 2011

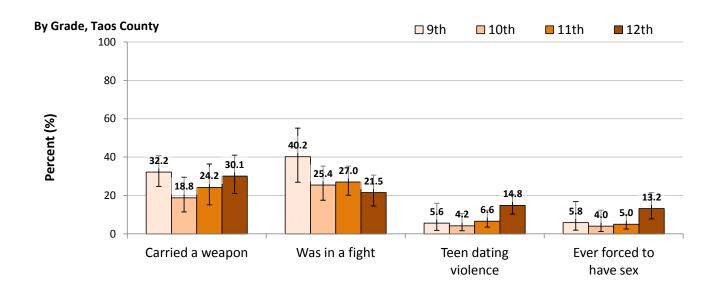


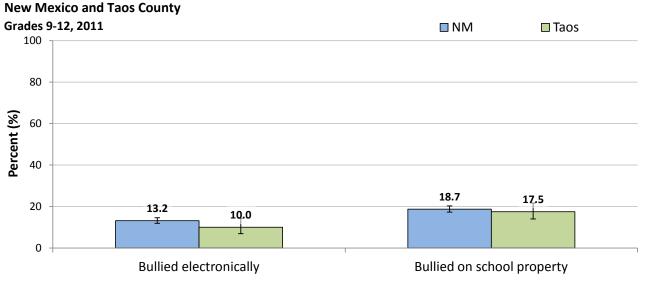
Percent (%)

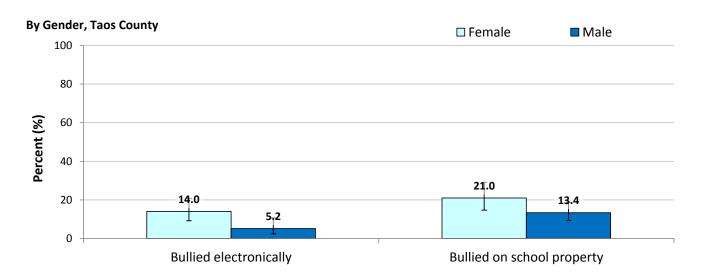


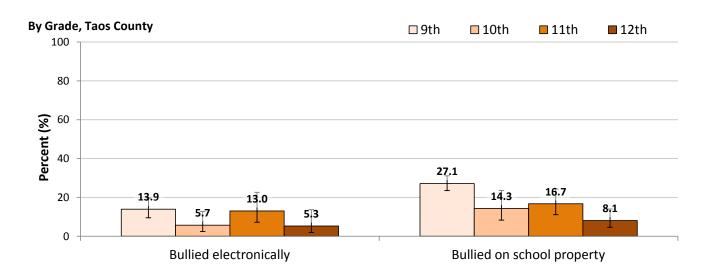
#### By Gender, Taos County

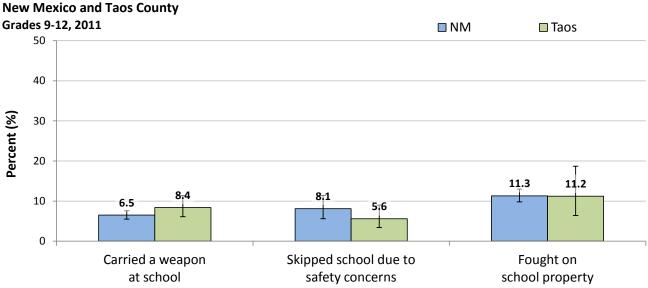




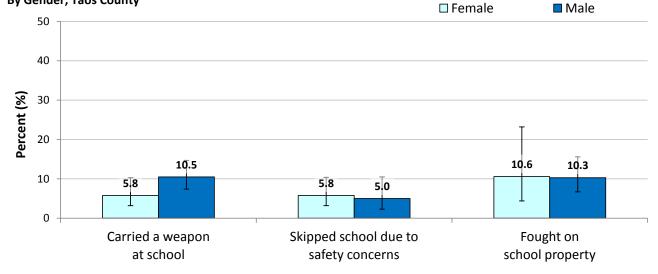




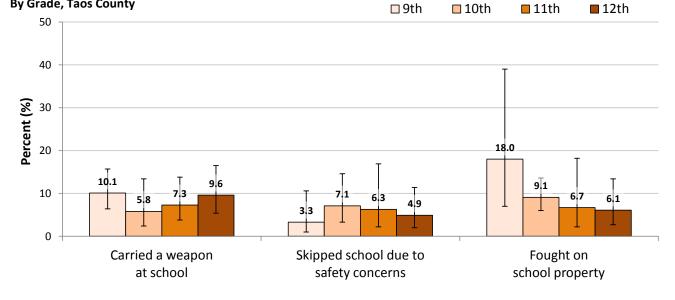




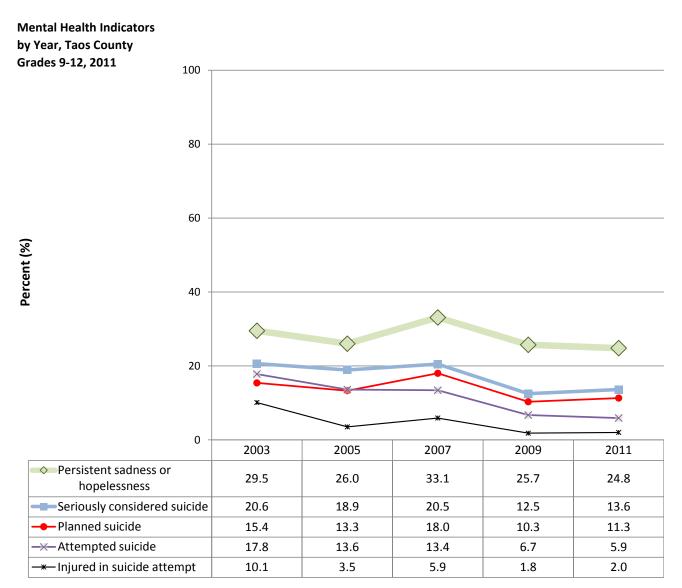
By Gender, Taos County



By Grade, Taos County

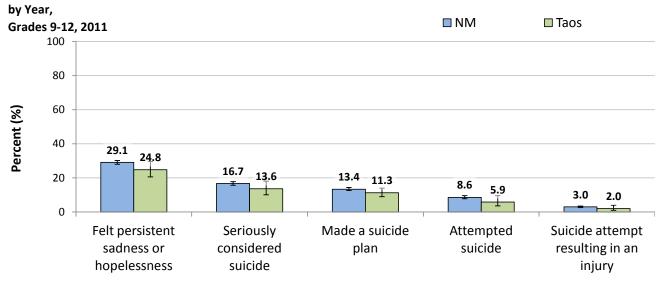


#### **Mental Health**

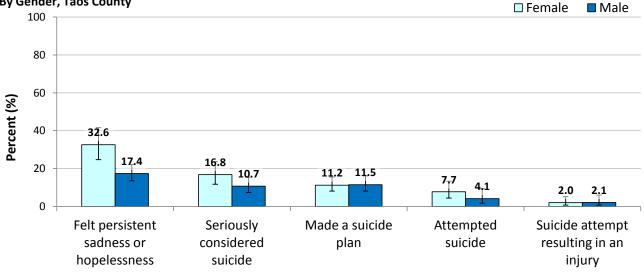


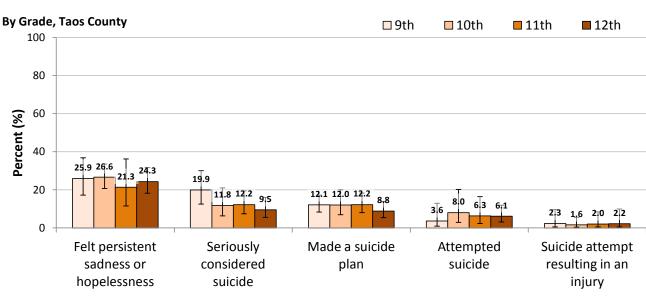
#### **Mental Health**

#### Mental Health Indicators (past 12 months)



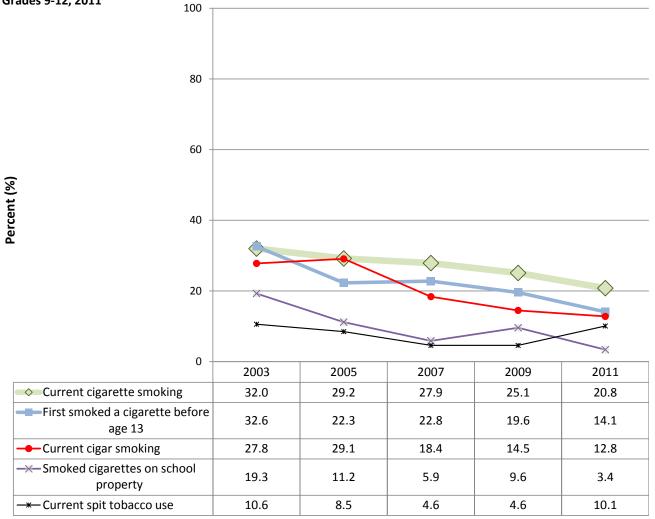
By Gender, Taos County





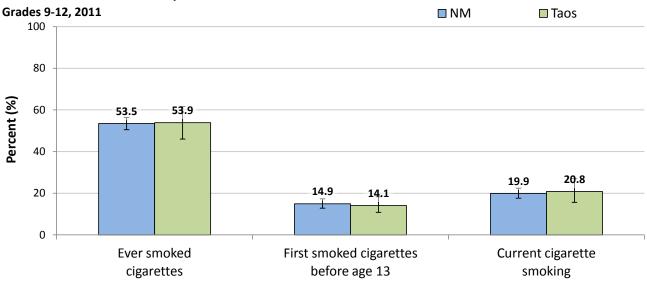
### Tobacco Use

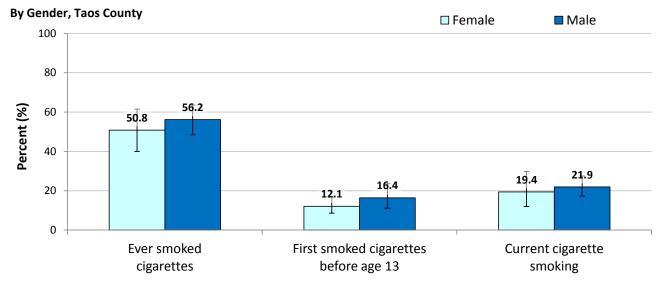
### Tobacco Use Indicators by Year, Taos County Grades 9-12, 2011

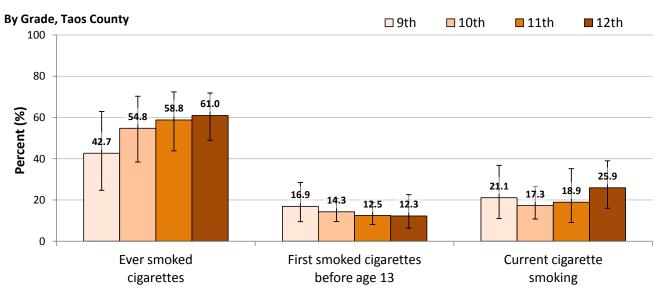


New Mexico 2011 YRRS Grades 9 - 12

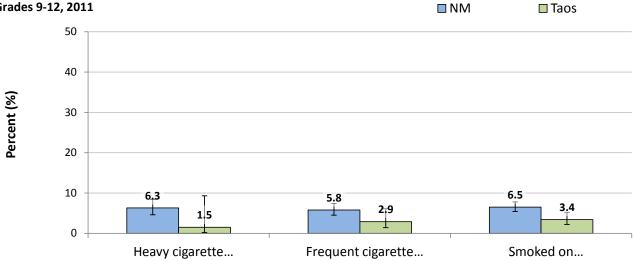
### Tobacco Use: Cigarettes New Mexico and Taos County



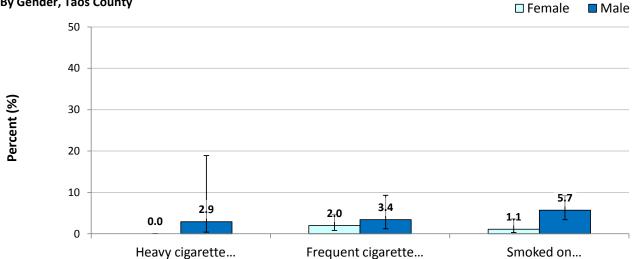


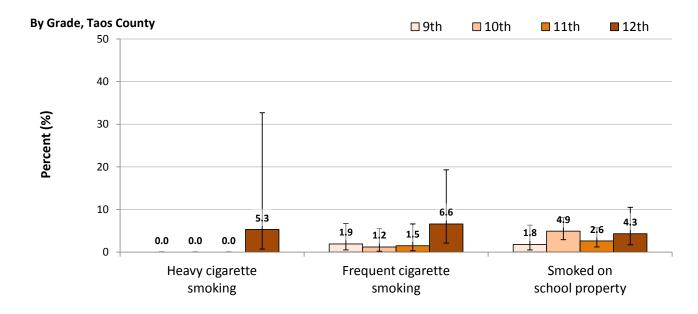


### **Tobacco Use: Cigarettes New Mexico and Taos County** Grades 9-12, 2011

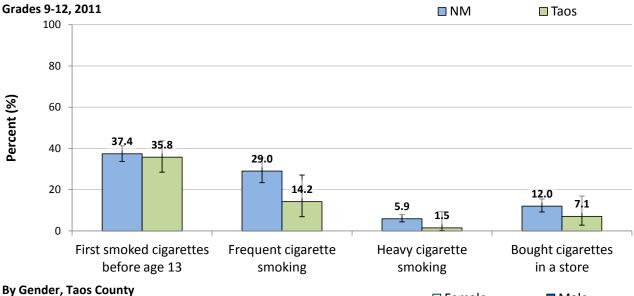


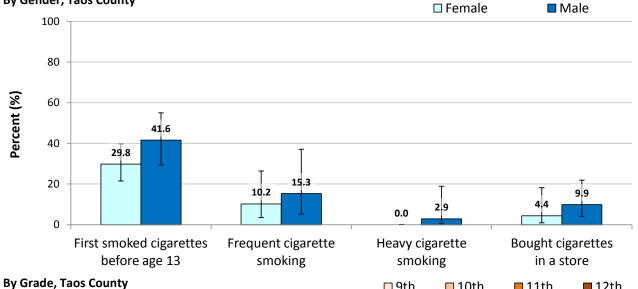
### By Gender, Taos County

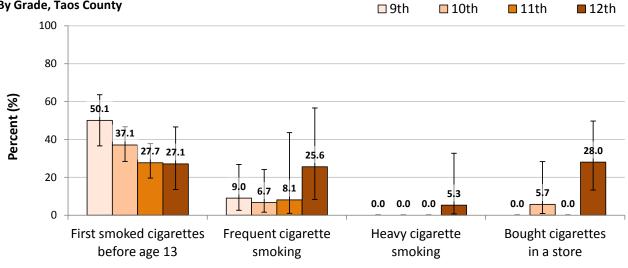




# Tobacco Use: Cigarettes New Mexico and Taos County

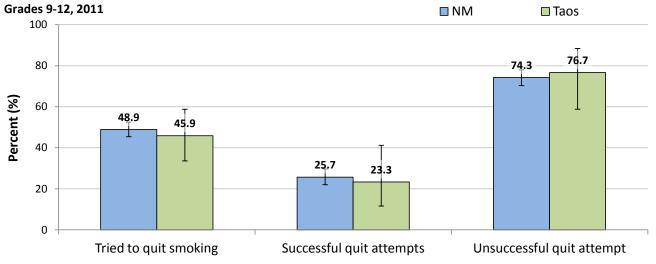




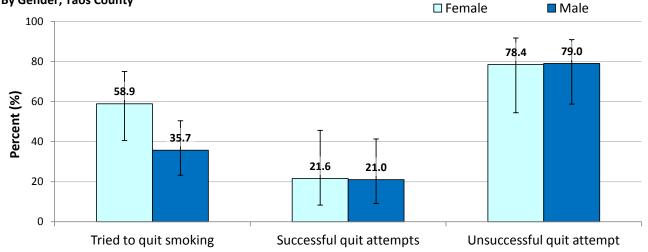


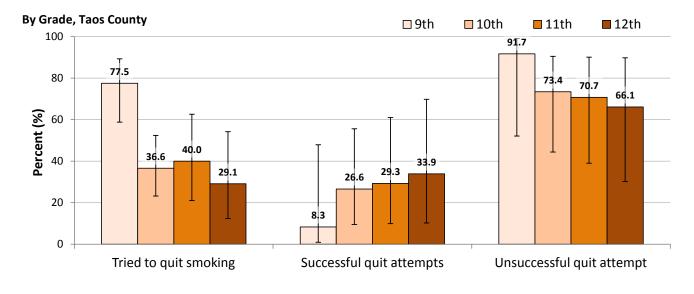
### **Tobacco Use: Behaviors of Current Cigarette Smokers**

#### New Mexico and Taos County

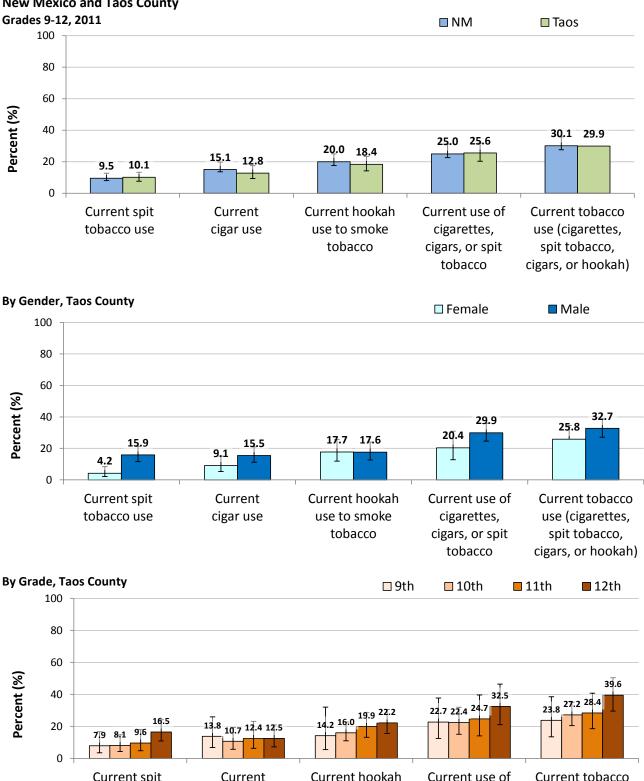


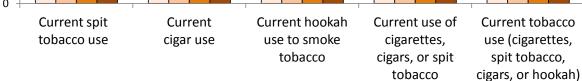
By Gender, Taos County



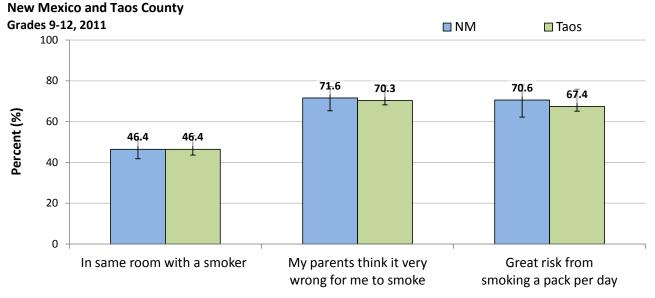


#### Tobacco: Other Use New Mexico and Taos County Grades 9-12, 2011

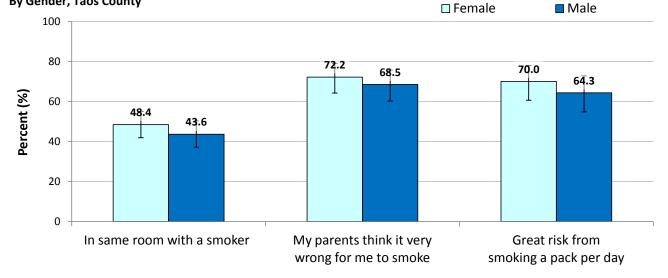


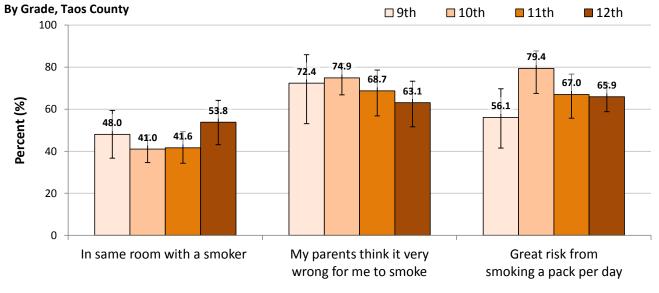


# Tobacco: Second Hand Smoke and Attitudes and Beliefs



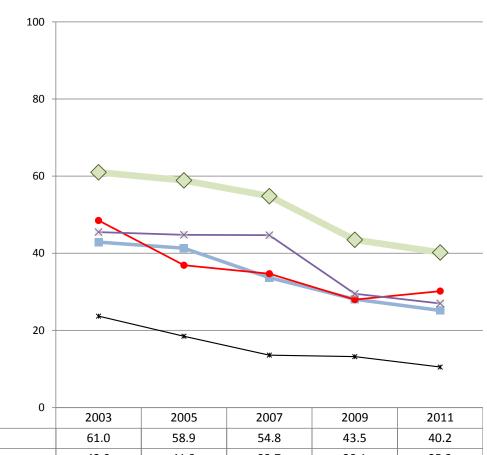
By Gender, Taos County





### Alcohol Use

Alcohol Use Indicators by Year, Taos County Grades 9-12, 2011

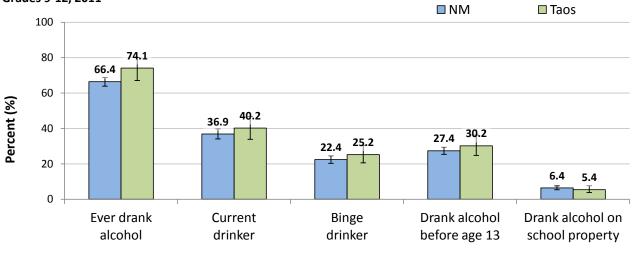


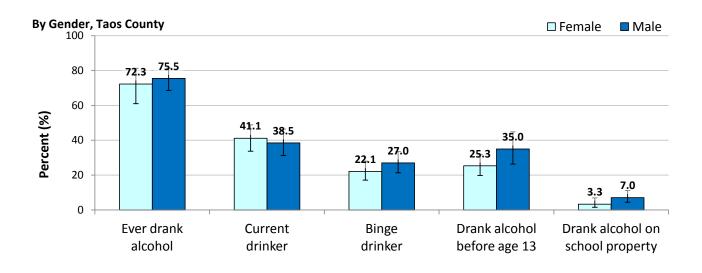
	2003	2005	2007	2009	2011
Current alcohol use	61.0	58.9	54.8	43.5	40.2
Binge drinking	42.9	41.3	33.7	28.1	25.2
First drank alcohol before age 13	48.5	36.9	34.7	28.0	30.2
Rode with a drinking driver	45.5	44.8	44.7	29.5	27.0
Drove after drinking	23.7	18.5	13.6	13.2	10.5

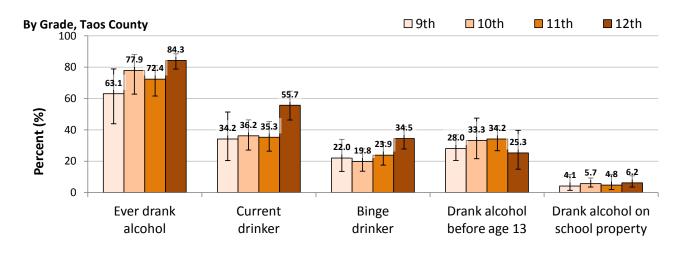
Percent (%)

New Mexico 2011 YRRS Grades 9 - 12

### Alcohol Use New Mexico and Taos County Grades 9-12, 2011

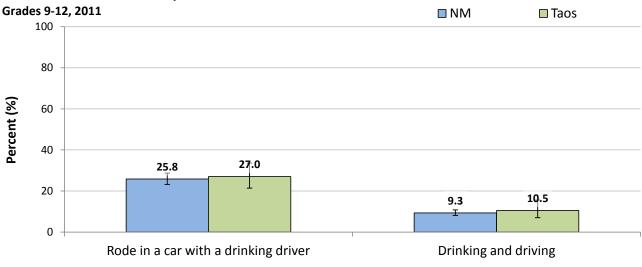




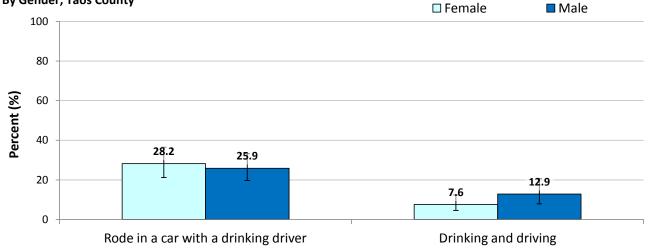


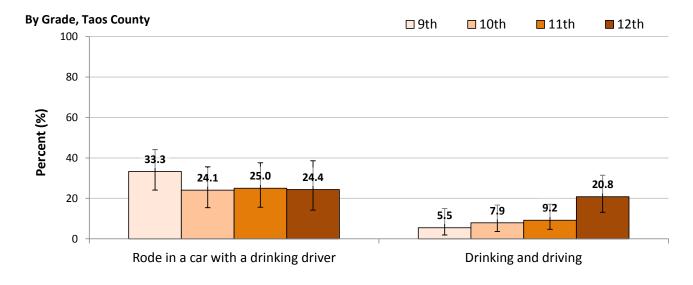
47

## Alcohol & Injury New Mexico and Taos County



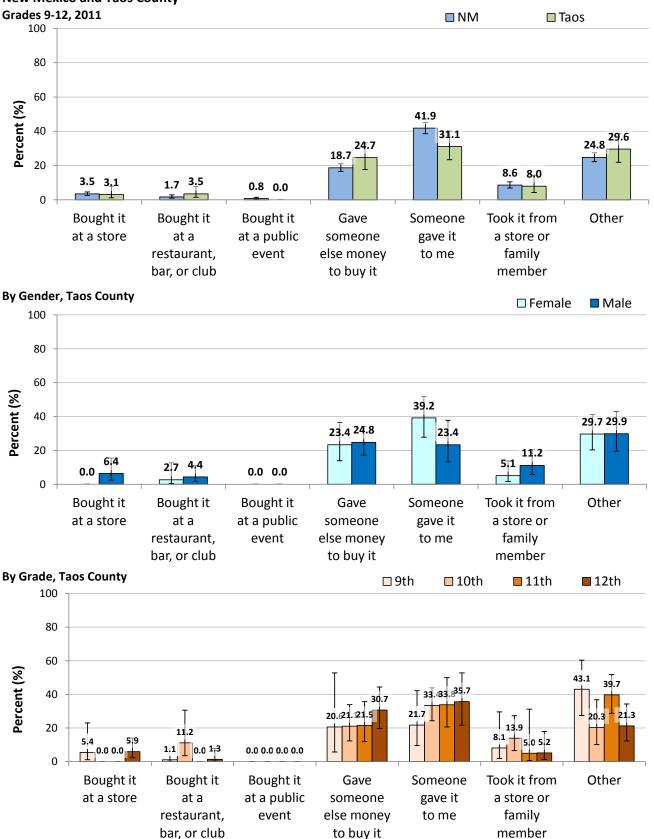
By Gender, Taos County





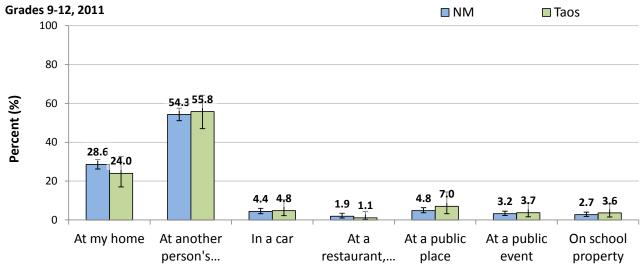
### Behaviors of Current Drinkers: How usually obtained alcohol



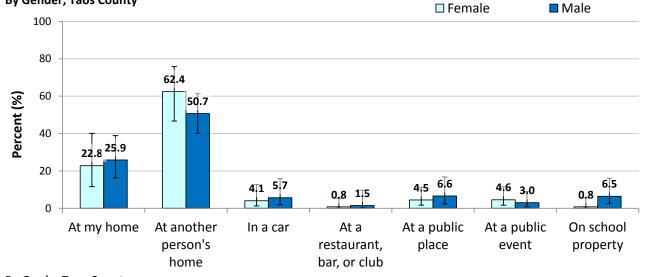


### Behaviors of Current Drinkers: Where usually drank alcohol

**New Mexico and Taos County** 

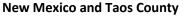


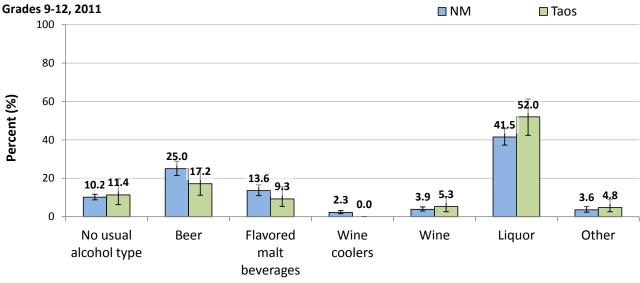
By Gender, Taos County

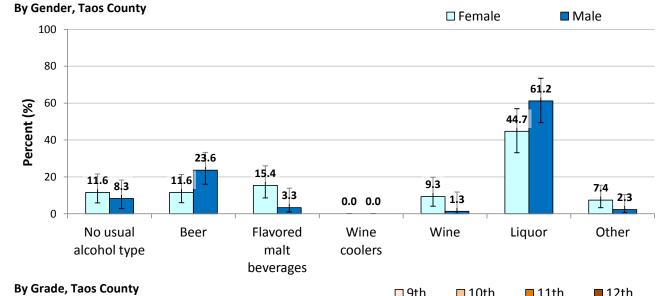


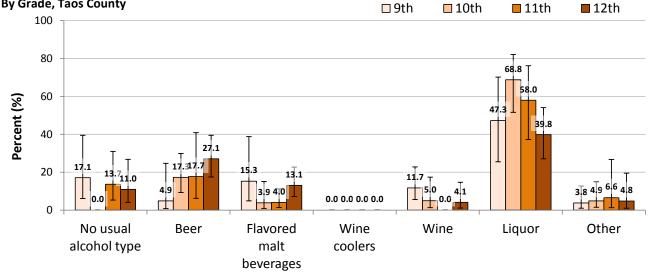
By Grade, Taos County 🗆 9th 10th 12th 11th 100 80 67.2 69.9 60 Percent (%) 48 2 46.2 47 40 21.9 **₁15**.2 20 13.3 13.2 9.5 Т 0.0\_37 5.6 5.5 4 1 2 2 2 7 27 2 2 1.3 0.0 2 8 2 0 0.0 2 2 2 9 0.0 0 At my home At another At a At a public At a public On school In a car person's restaurant, place event property home bar, or club

# Behaviors of Current Drinkers: Usual type of alcohol

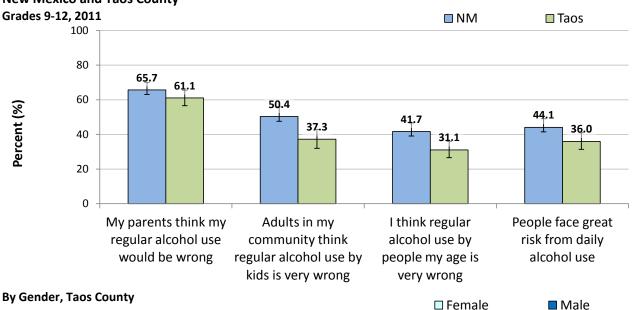


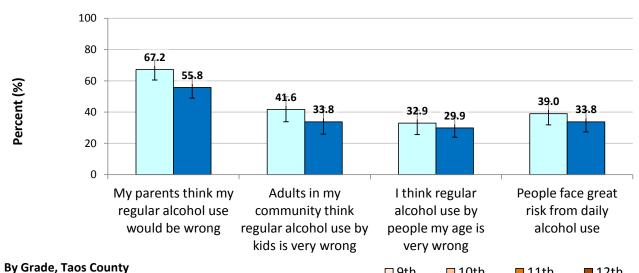






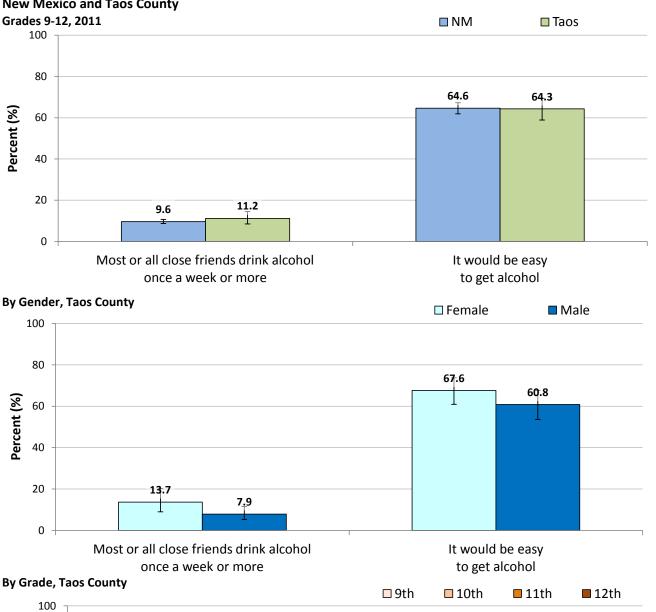
### Alcohol Use: Beliefs and Attitudes New Mexico and Taos County

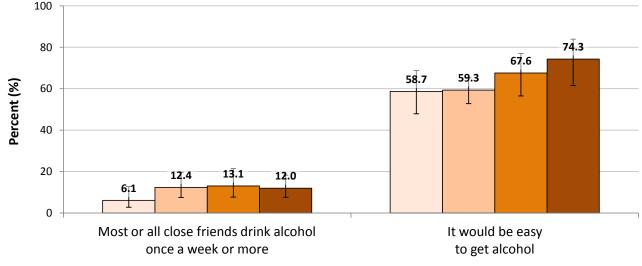




🗆 9th 10th 12th 11th 100 80 65.7 64.1 56.6 56.8 60 Percent (%) 45.6 44.8 36.0 38.5 36.9 35.7 40 33.0 31.8 33.9 30.8 28.0 26.5 20 0 My parents think my Adults in my I think regular People face great regular alcohol use community think alcohol use by risk from daily would be wrong alcohol use regular alcohol use by people my age is kids is very wrong very wrong

### Alcohol Use: Access New Mexico and Taos County

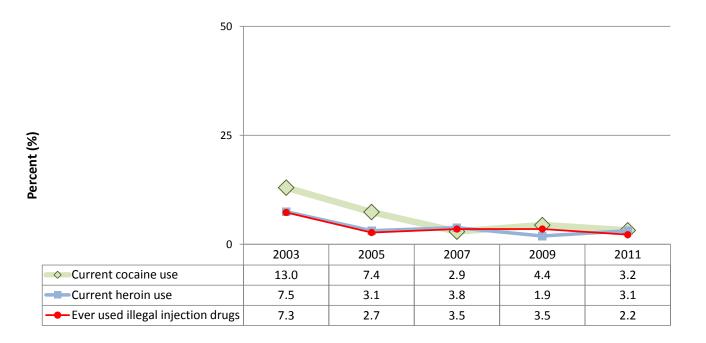




New Mexico 2011 YRRS Grades 9 - 12

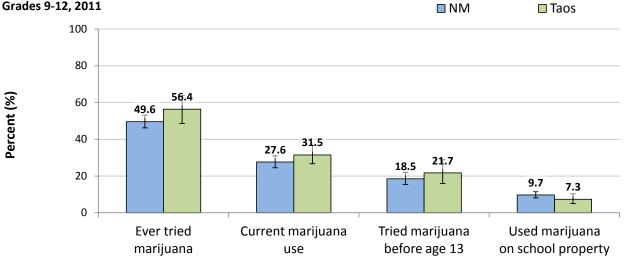
### Drug Use

Drug Use Indicators by Year, Taos County Grades 9-12, 2011	50 –	$\rightarrow$				
	25 -		$\diamond$	$\diamond$	$\Diamond$	$\diamond$
Percent (%)		•				
	0 -	2003	2005	2007	2009	2011
Current marijuar	na use	49.0	40.3	30.3	39.4	31.5
Current use of pa hig				13.0	14.8	11.9
Current inhalent	use	12.0	6.9	7.9	7.3	7.5
				4.7	5.4	4.2

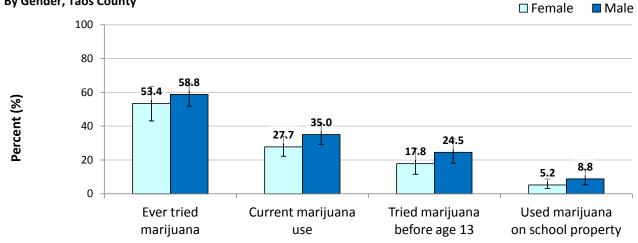


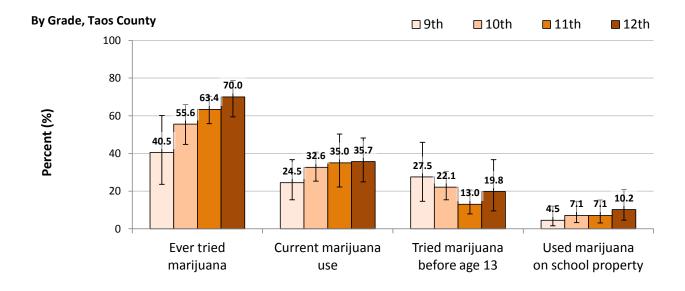
New Mexico 2011 YRRS Grades 9 - 12

### Drug Use: Marijuana **New Mexico and Taos County** Grades 9-12, 2011



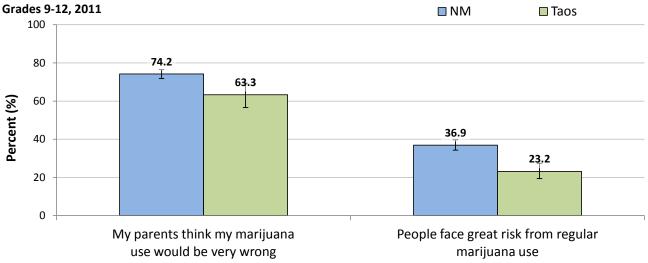
By Gender, Taos County

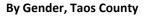


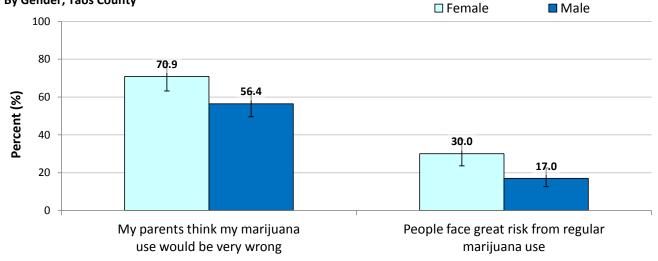


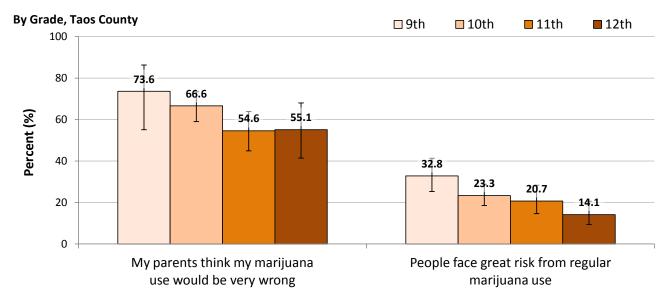
### Marijuana Use: Beliefs and Attitudes











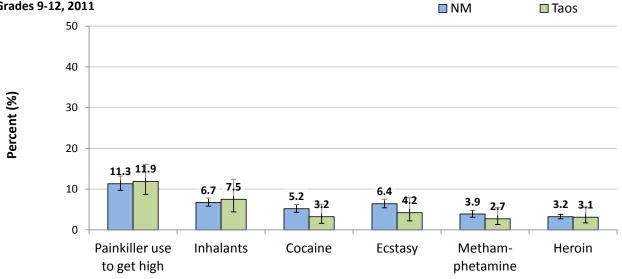
Female

🗖 11th

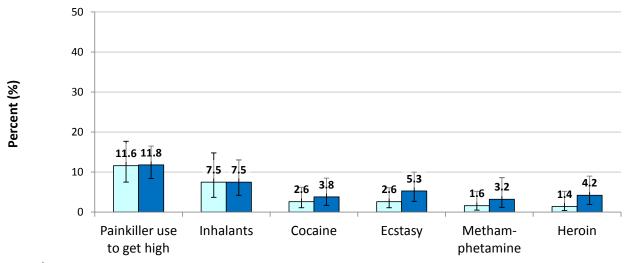
Male

🗖 12th

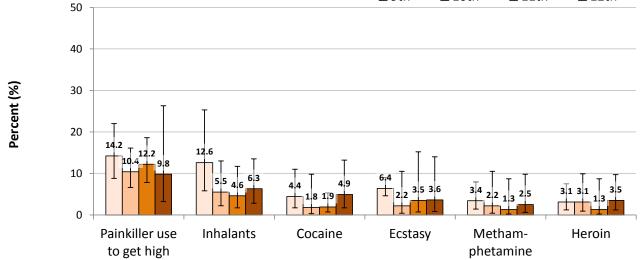
### Current Drug Use (Past 30 Days) New Mexico and Taos County Grades 9-12, 2011



By Gender, Taos County



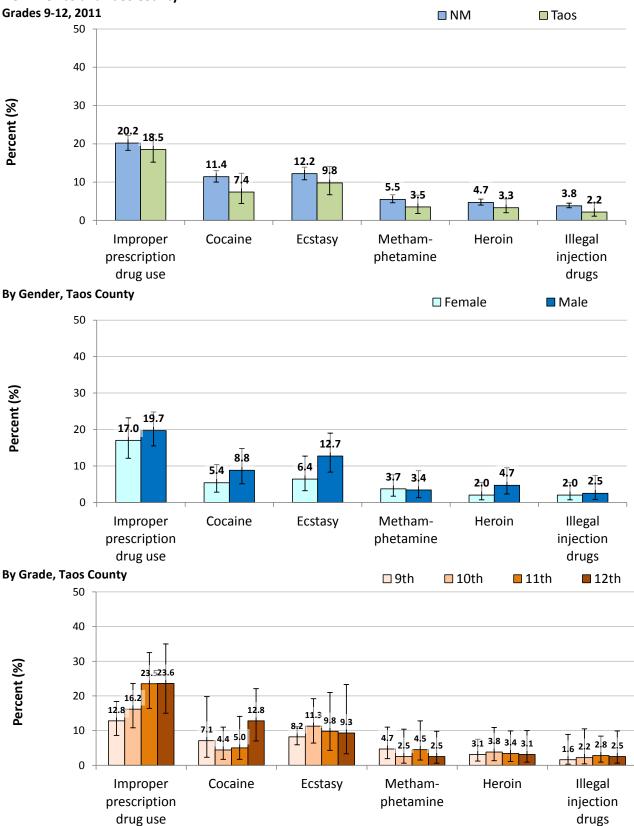
By Grade, Taos County



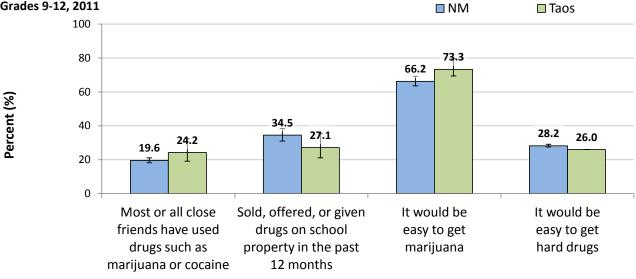
🗆 9th

🗖 10th

### Drug Use: Ever Used in Lifetime New Mexico and Taos County



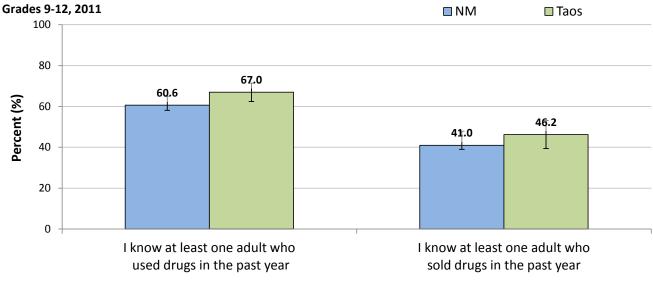
### Drug Use: Access to Drugs New Mexico and Taos County Grades 9-12, 2011



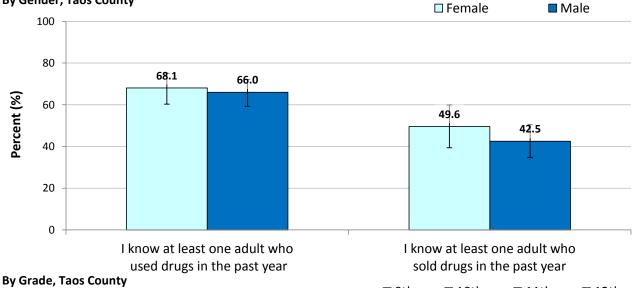
By Gender, Taos County Female Male 100 75.6 80 71.0 Ι 60 Percent (%) 40 29.9 28.4 24.5 22.6 23.5 23.0 T 20 T 0 It would be Most or all close Sold, offered, or It would be friends have used given drugs on school easy to get easy to get drugs such as property in the past marijuana hard drugs 12 months marijuana or cocaine

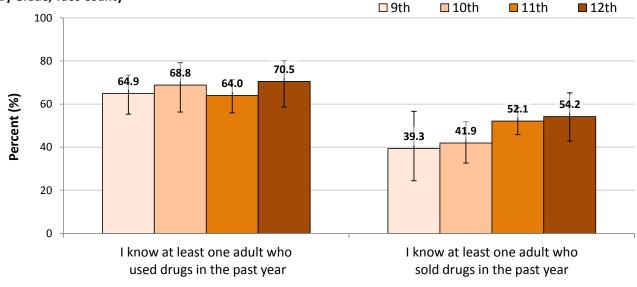
By Grade, Taos County 🗆 9th 10th 12th 11th 100 <sup>80.5</sup> 78.0 76.0 80 62.1 60 Percent (%) 34 5 33.3 30.2 40 27.0 <sup>30.9</sup> 28.7 23.8 23.3 21.0 21.6 20.7 14.7 20 Ι 0 Most or all close Sold, offered, or given It would be It would be drugs on school friends have used easy to get easy to get property in the past drugs such as marijuana hard drugs 12 months marijuana or cocaine

#### Drug Use: Access to Drugs New Mexico and Taos County Grades 9-12, 2011



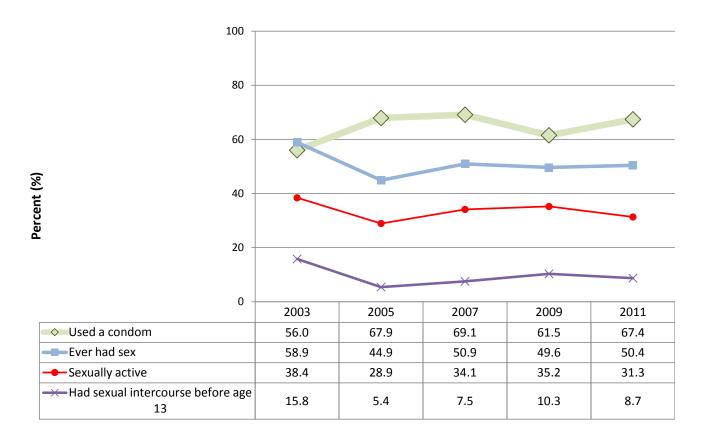
By Gender, Taos County





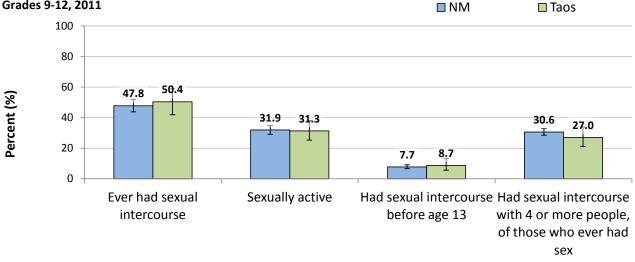
### **Sexual Behaviors**

Sexual Behaviors Indicators by Year, Taos County Grades 9-12, 2011

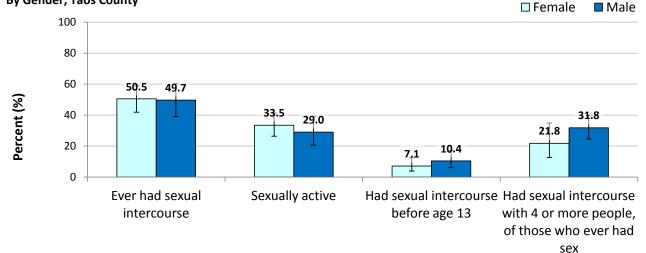


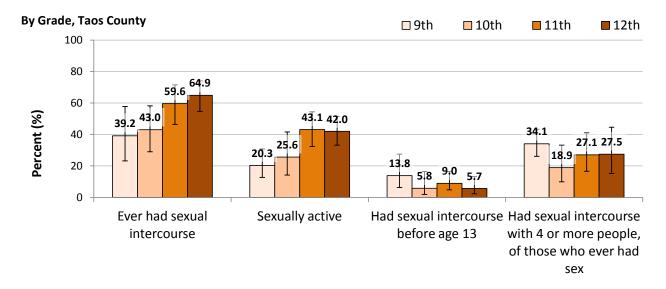
63

### Sexual Behaviors New Mexico and Taos County Grades 9-12, 2011

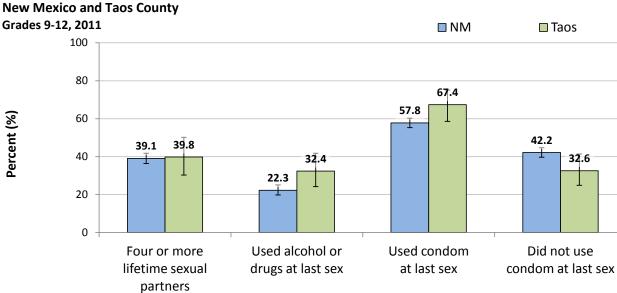




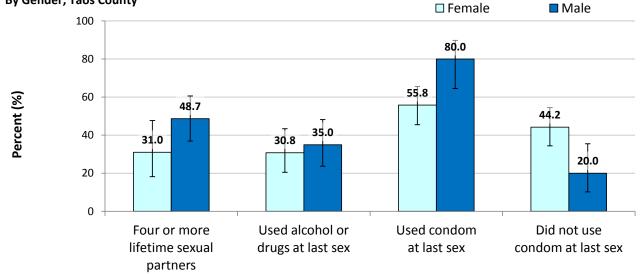




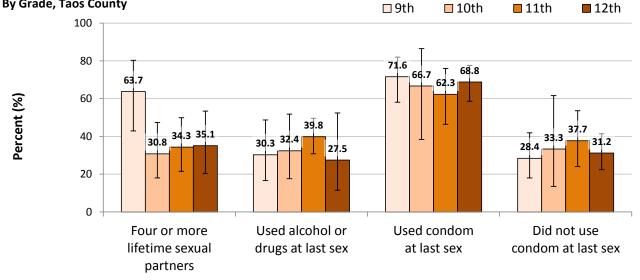
# **Sexual Behaviors of Sexually Active Students**



By Gender, Taos County



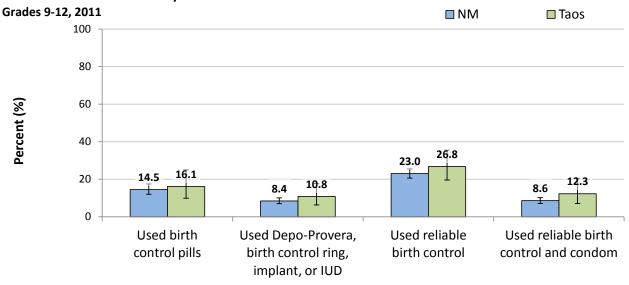
By Grade, Taos County



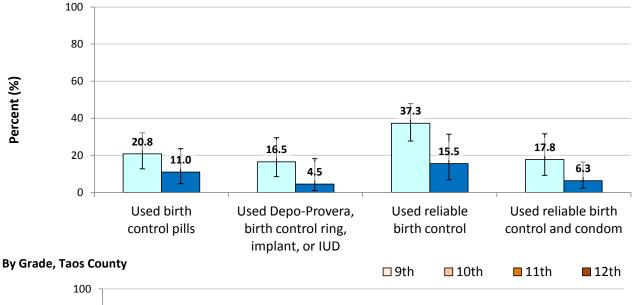
□ Female

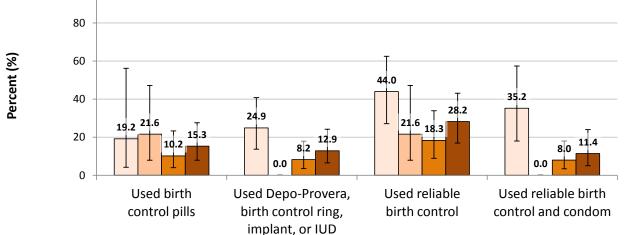
Male

### Sexual Behaviors of Sexually Active Students New Mexico and Taos County



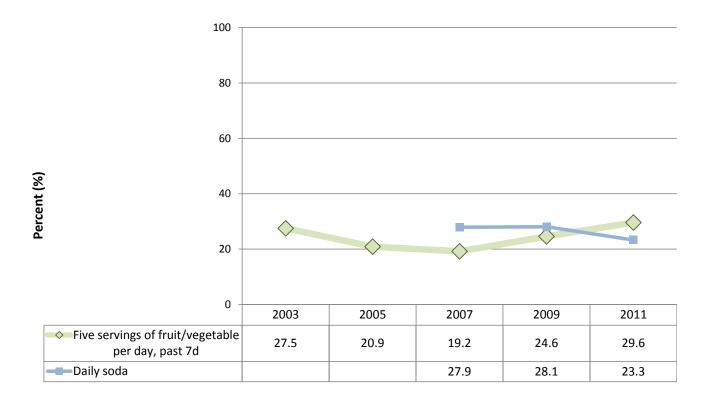
By Gender, Taos County





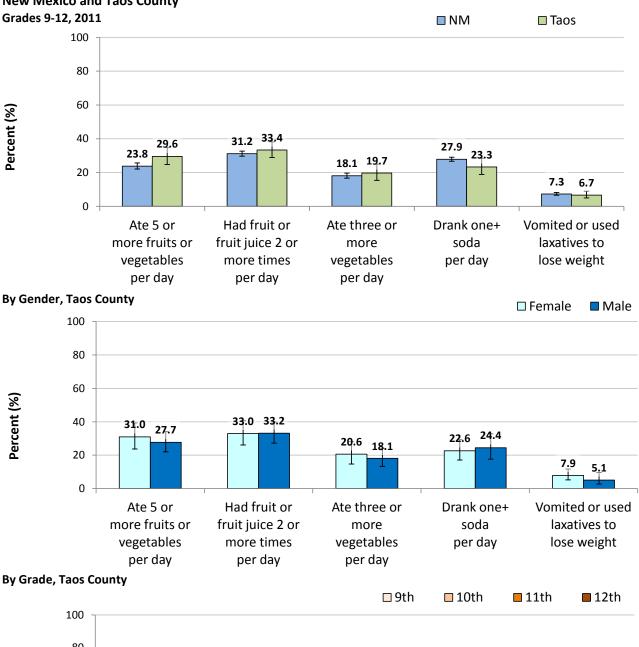
### Nutrition

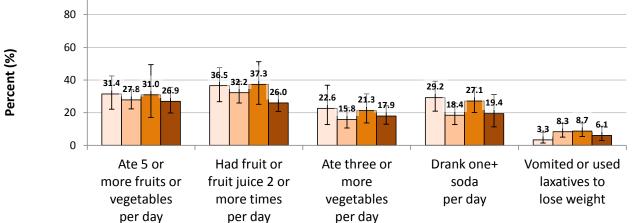
Nutrition Indicators by Year, Taos County Grades 9-12, 2011



New Mexico 2011 YRRS Grades 9 - 12

#### Nutrition New Mexico and Taos County Grades 9-12, 2011

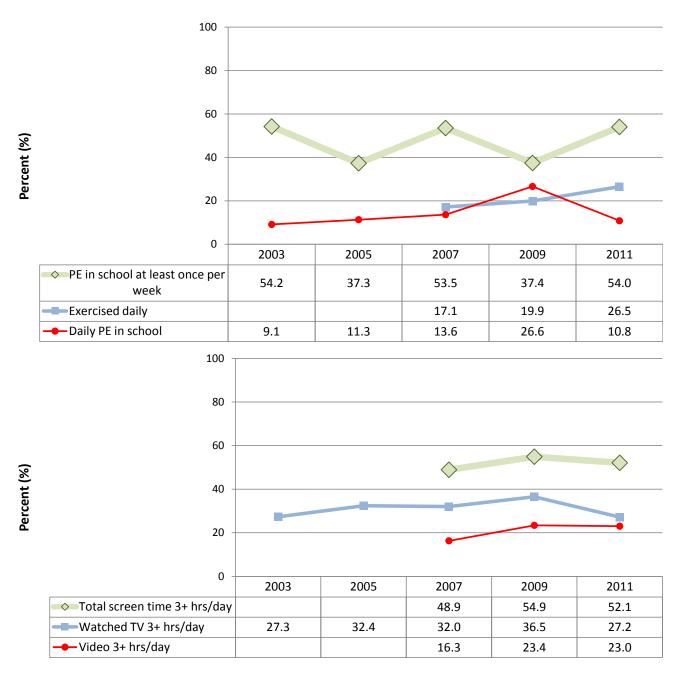




New Mexico 2011 YRRS Grades 9 - 12

### **Physical Activity**

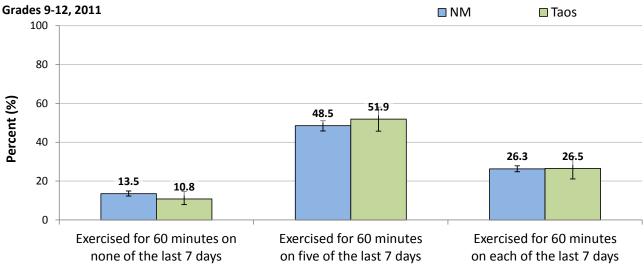
Physical Activity Indicators by Year, Taos County Grades 9-12, 2011



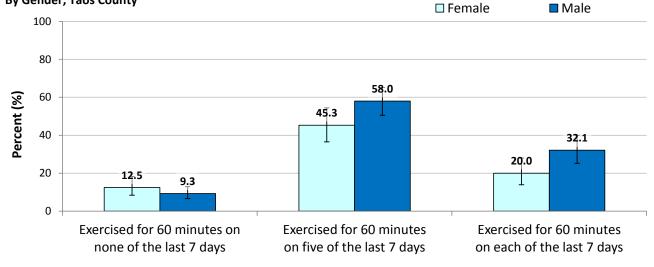
71

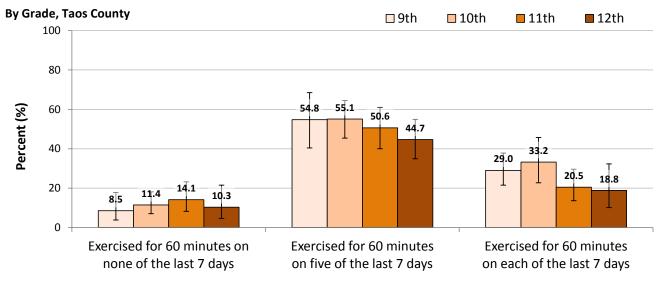
New Mexico 2011 YRRS Grades 9 - 12

### Physical Activity New Mexico and Taos County

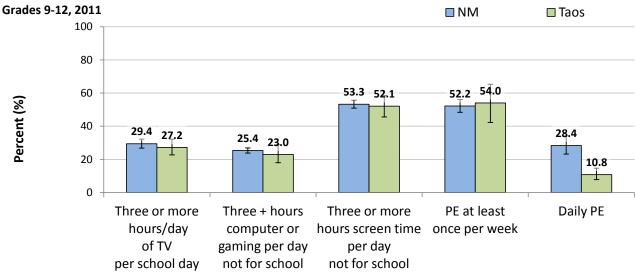




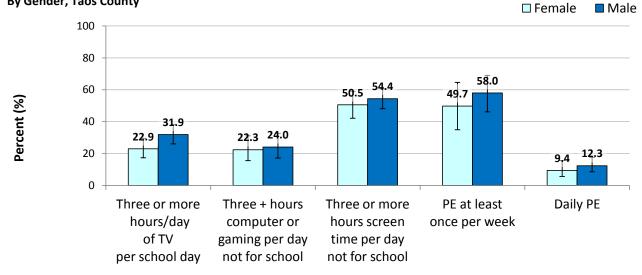




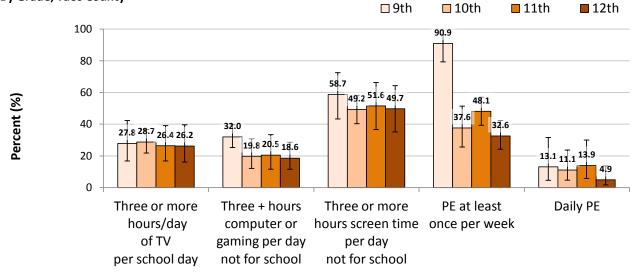
### **Physical Activity New Mexico and Taos County**



By Gender, Taos County

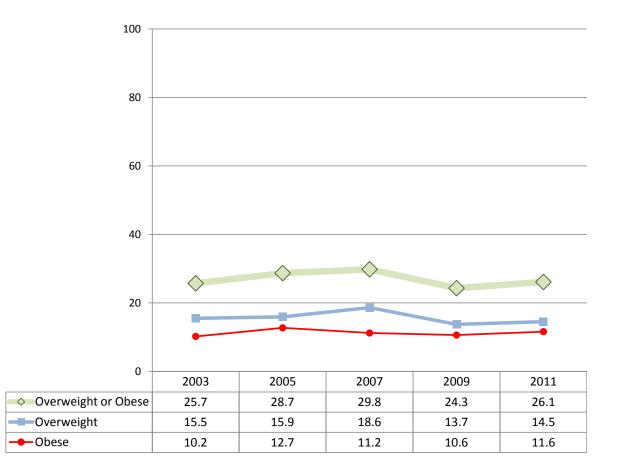


By Grade, Taos County

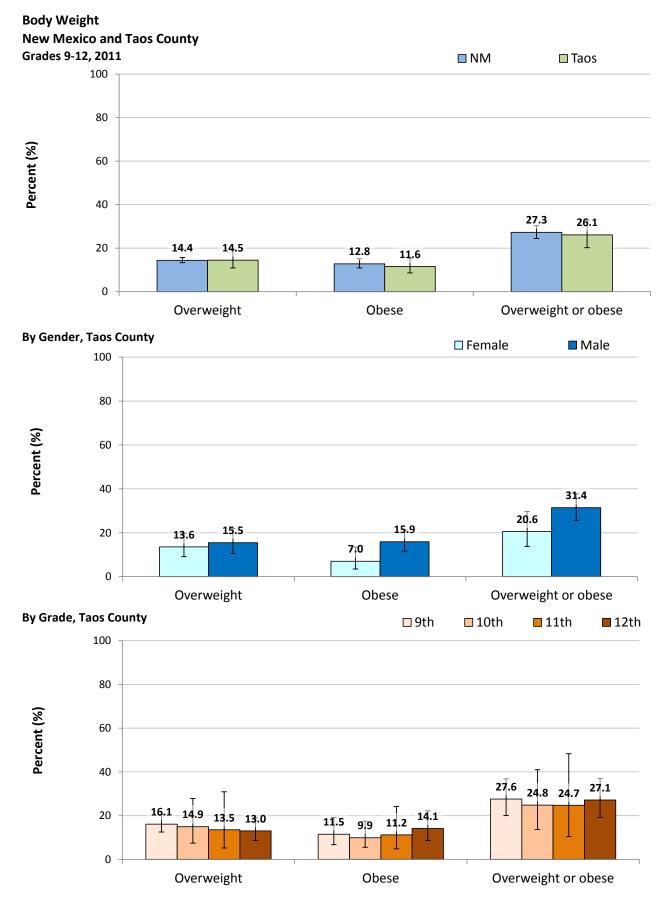


#### **Body Weight**

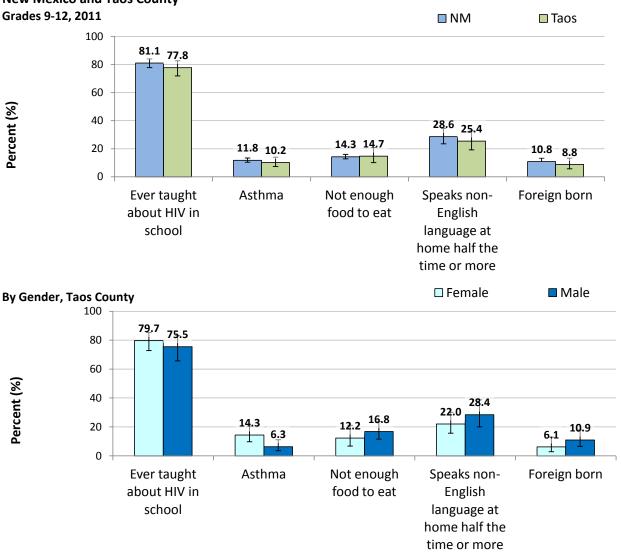
Body Weight Indicators by Year, Taos County Grades 9-12, 2011

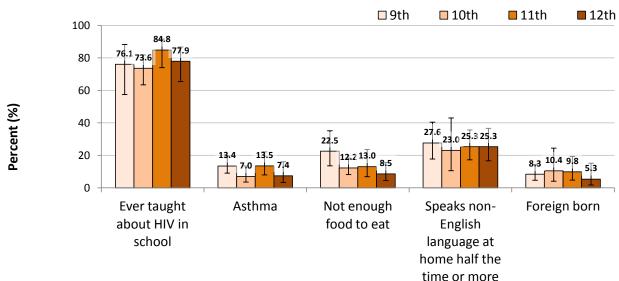


Percent (%)



#### Other Behaviors and Characteristics New Mexico and Taos County

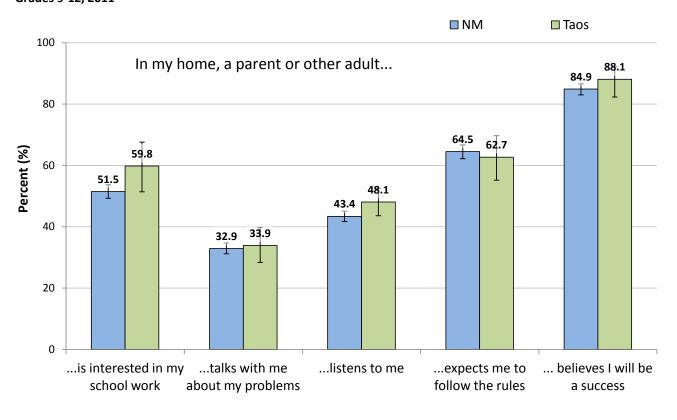




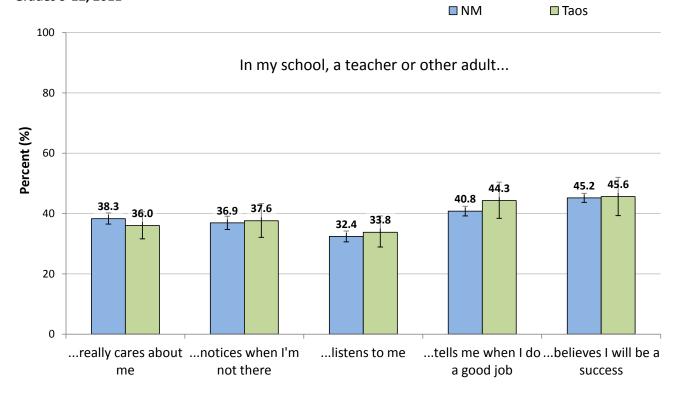
#### By Grade, Taos County

### Resiliency/Protective Factors and Academic Measures

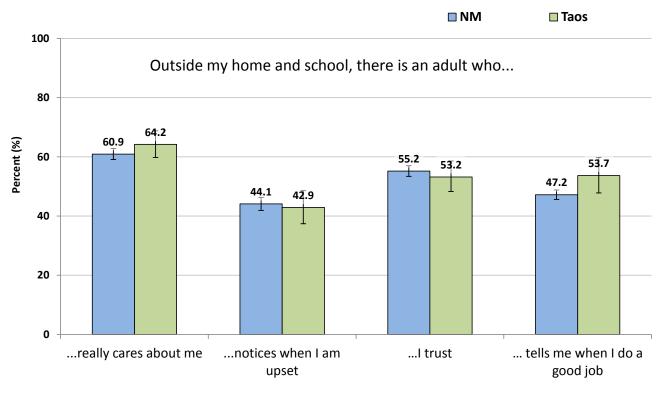
#### Caring Relationships and High Expectations in the Home New Mexico and Taos County Grades 9-12, 2011



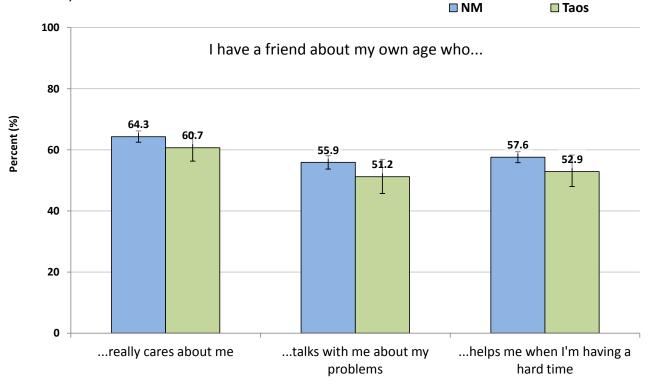
# Caring Relationships and High Expectations in the School Grades 9-12, 2011



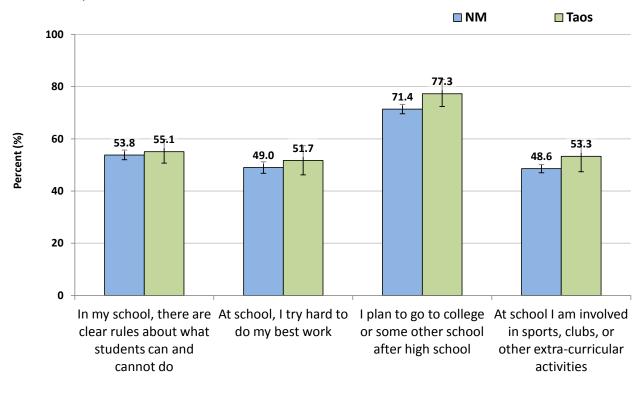
# Caring Relationships and High Expectations in the Community Grades 9-12, 2011



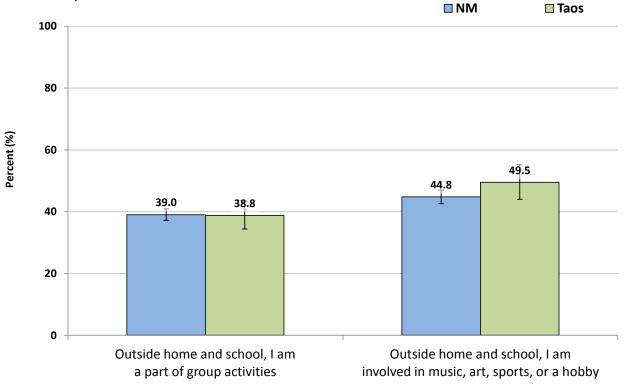
Peer Relationships New Mexico and Taos County Grades 9-12, 2011



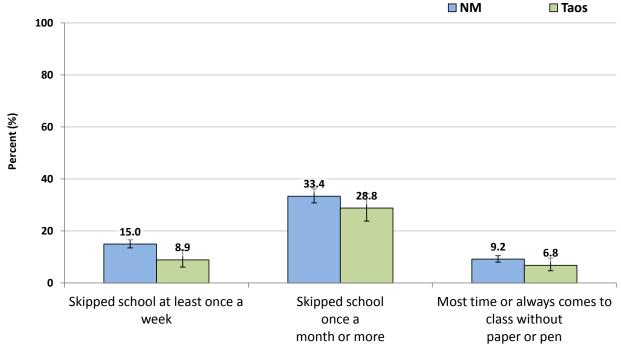
# Relationship to School and Education Grades 9-12, 2011



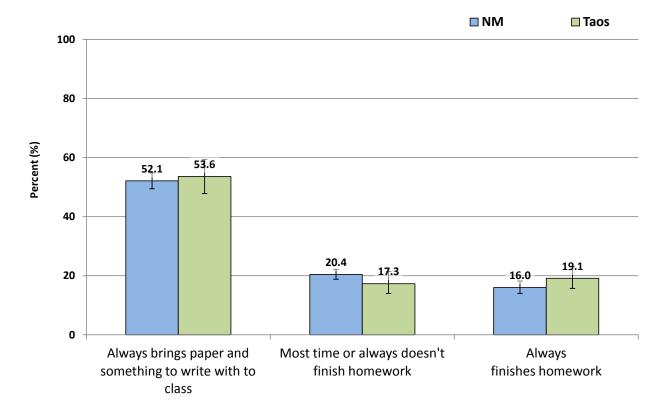
Involvement in the Community Grades 9-12, 2011



#### Academic Measures New Mexico and Taos County Grades 9-12, 2011

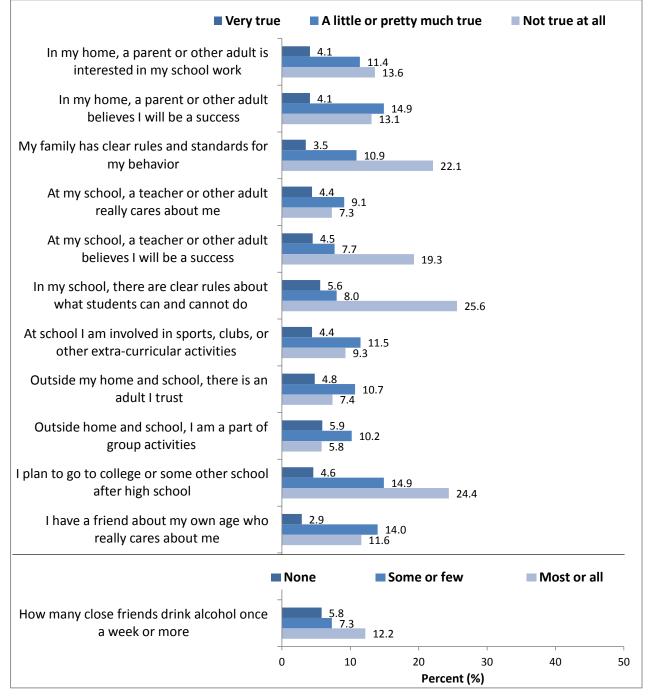


Academic Measures New Mexico and Taos County Grades 9-12, 2011



### Relationship Between Selected Risk Behaviors and Resiliency/Protective Factors

#### Rarely or never wore a seatbelt by Selected Resiliency Factors Taos County Grades 9-12 2011



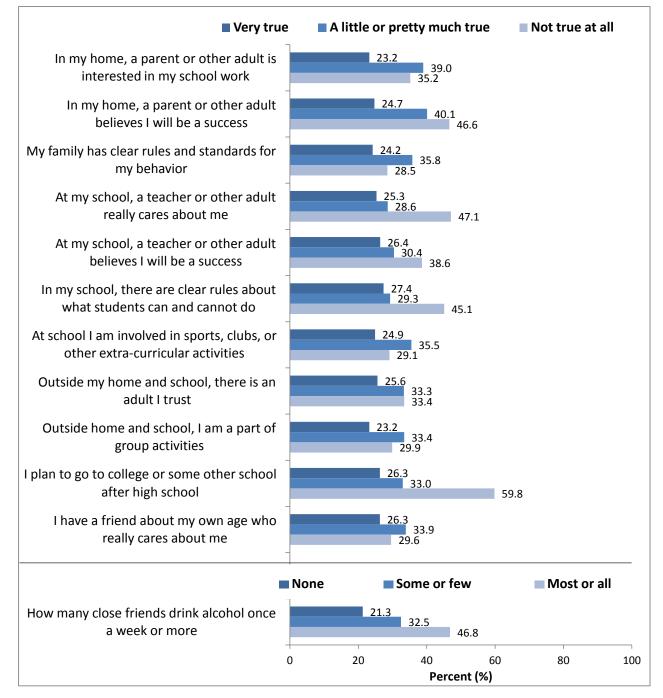
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 4.1% rarely or never wore a seatbelt.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 11.4% rarely or never wore a seatbelt.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 13.6% rarely or never wore a seatbelt.

#### Was in a fight by Selected Resiliency Factors Taos County Grades 9-12 2011



#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 23.2% were in a physical fight.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 39% were in a physical fight.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 35.2% were in a physical fight.

#### Bullied on school property by Selected Resiliency Factors Taos County Grades 9-12 2011

Г

Very tru	ie ∎A	little or pretty n	nuch true	Not true at all	
In my home, a parent or other adult is interested in my school work		17.7 16.0 22.6			
In my home, a parent or other adult believes I will be a success		16.3 19.1 26.9			
My family has clear rules and standards for my behavior		19.0 15.5 15.3			
At my school, a teacher or other adult really cares about me		14.1 17.5 28.9			
At my school, a teacher or other adult believes I will be a success		16.3 15.5 34.7	,		
In my school, there are clear rules about what students can and cannot do		19.2 13.6 32.4			
At school I am involved in sports, clubs, or other extra-curricular activities		16.9 19.8 13.5			
Outside my home and school, there is an adult I trust		16.5 15.0 28.4			
Outside home and school, I am a part of group activities		20.0 17.1 12.8			
I plan to go to college or some other school after high school		17.6 12.4 36	3		
I have a friend about my own age who really cares about me	1	19.8 0.9 26.5			
	None	Some Some	or few	Most or all	
How many close friends drink alcohol once a week or more		16.8 15.5 24.7			
	0	20 40	60	80	100
		F	ercent (%)		

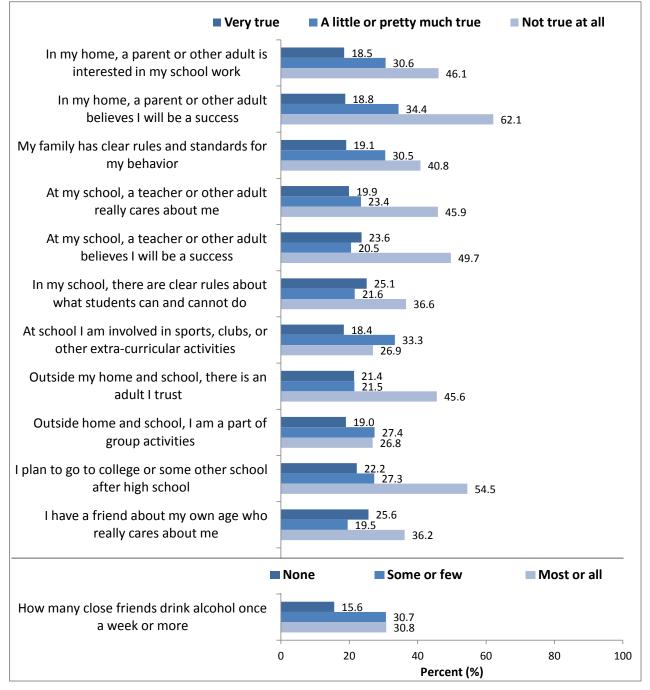
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 17.7% were bullied on school property.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 16% were bullied on school property.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 22.6% were bullied on school property.

#### Felt persistent sadness or hopelessness by Selected Resiliency Factors Taos County Grades 9-12 2011



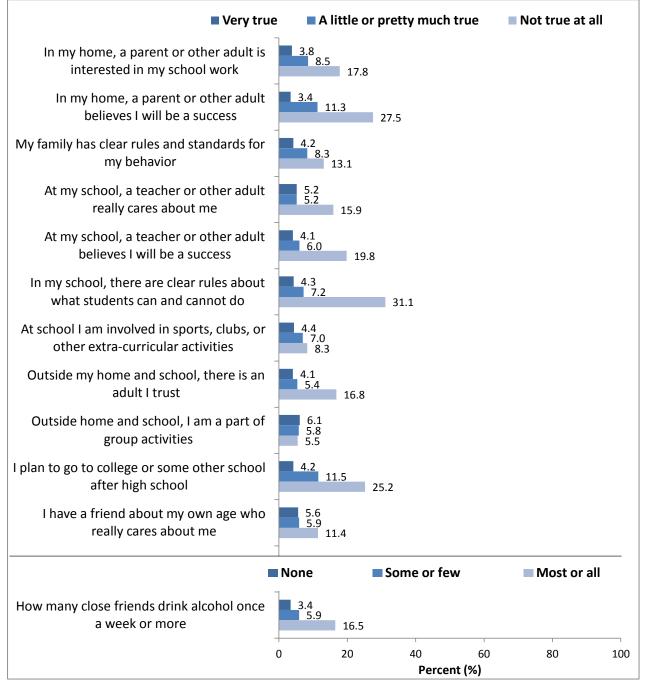
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 18.5% felt sadness or hopelessness.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 30.6% felt sadness or hopelessness.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 46.1% felt sadness or hopelessness.

#### Attempted suicide by Selected Resiliency Factors Taos County Grades 9-12 2011



#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 3.8% attempted suicide.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 8.5% attempted suicide.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 17.8% attempted suicide.

#### Current cigarettesmoking by Selected Resiliency Factors Taos County Grades 9-12 2011

Г

Very tr	ue 🔳	A little or pret	ty much true	e No	ot true at all	
In my home, a parent or other adult is interested in my school work		14.0 21.1	.5			
In my home, a parent or other adult believes I will be a success		15.0 28.9	34.6 9			
My family has clear rules and standards for my behavior	-	13.7 28.2	35.0			
At my school, a teacher or other adult really cares about me		13.1 21.7	37.3			
At my school, a teacher or other adult believes I will be a success		15.0 22.1	38.3			
In my school, there are clear rules about what students can and cannot do		20.5 19.0	39.9			
At school I am involved in sports, clubs, or other extra-curricular activities	-	16.6 22.8 26.7				
Outside my home and school, there is an adult I trust		18.2 21.6 23.3				
Outside home and school, I am a part of group activities		13.4 28.9 19.9	9			
I plan to go to college or some other school after high school		17.1 26.2		63.2		
I have a friend about my own age who really cares about me		20.1 18.2 28.6	õ			
	None	Soi	me or few		Most or all	
How many close friends drink alcohol once a week or more		10.4 25.8	40.3			
	0	20	40 Percent (%	60 6)	80	100

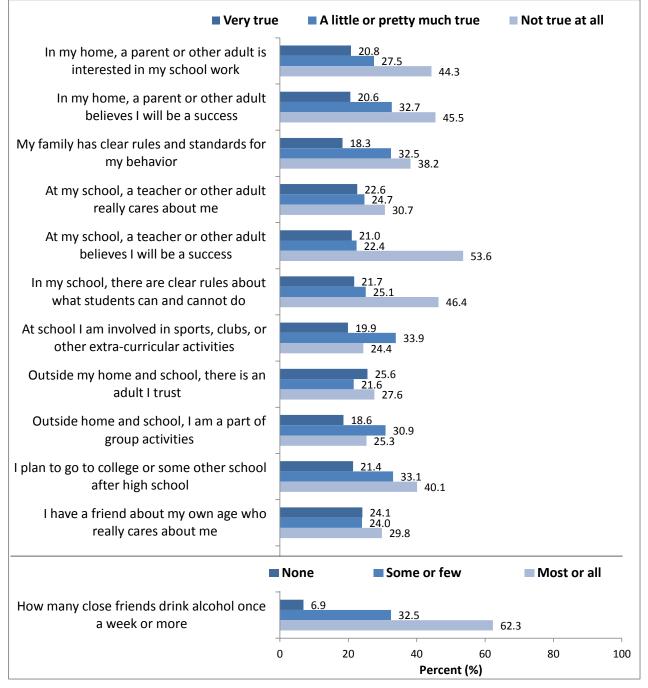
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 14% were current cigarette smokers.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 30.5% were current cigarette smokers.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 21.1% were current cigarette smokers.

#### Binge drinker by Selected Resiliency Factors Taos County Grades 9-12 2011



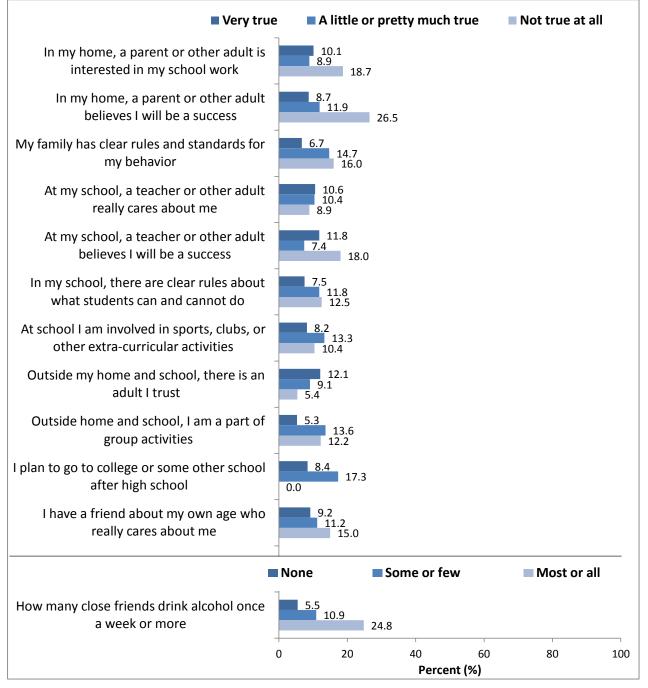
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 20.8% were binge drinkers.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 27.5% were binge drinkers.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 44.3% were binge drinkers.

#### Drinking and driving by Selected Resiliency Factors Taos County Grades 9-12 2011



#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 10.1% drove when they had been drinking.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 8.9% drove when they had been drinking.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 18.7% drove when they had been drinking.

#### Used painkillers to get high in the past 30 days by Selected Resiliency Factors Taos County Grades 9-12 2011

Very true	A little or pretty much true Not true at all
In my home, a parent or other adult is interested in my school work	7.6 15.9 33.0
In my home, a parent or other adult believes I will be a success	6.7 22.3 40.5
My family has clear rules and standards for my behavior	8.1 16.7 20.0
At my school, a teacher or other adult really cares about me	9.3 11.1 25.2
At my school, a teacher or other adult believes I will be a success	9.0 31.7
In my school, there are clear rules about what students can and cannot do	11.7 10.2 33.7
At school I am involved in sports, clubs, or other extra-curricular activities	8.9 10.5 10.5
Outside my home and school, there is an adult I trust	11.3 11.4 16.2
Outside home and school, I am a part of group activities	10.1 15.0 11.4
I plan to go to college or some other school after high school	9.7 18.7 27.3
I have a friend about my own age who really cares about me	10.0 14.5 16.2
	None Some or few Most or all
How many close friends drink alcohol once a week or more	3.2 12.8 42.9
	0 20 40 60 80 100 Percent (%)

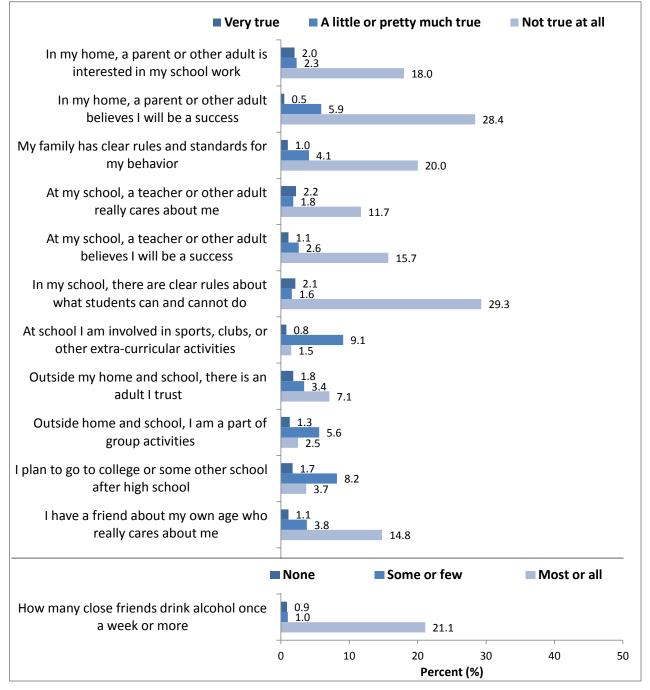
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 7.6% used painkillers to get high.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 15.9% used painkillers to get high.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 33% used painkillers to get high.

#### Used cocaine in the past 30 days by Selected Resiliency Factors Taos County Grades 9-12 2011



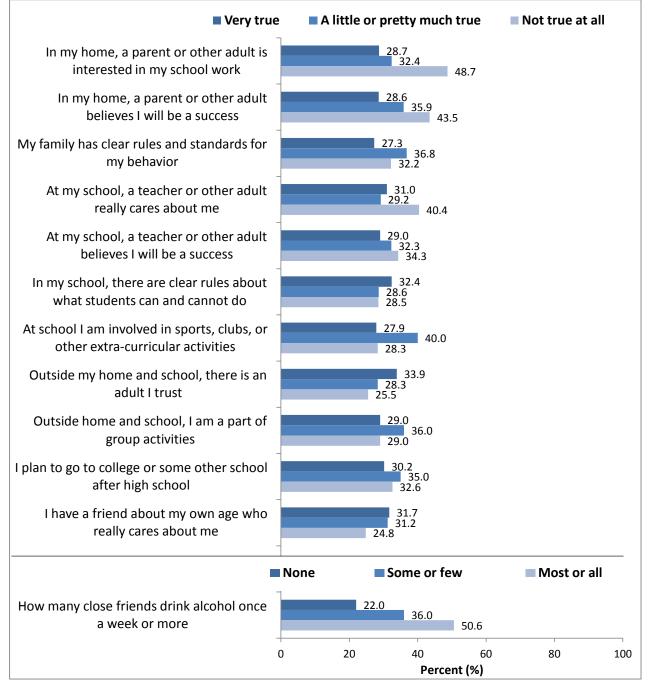
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 2% used cocaine.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 2.3% used cocaine.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 18% used cocaine.

#### Sexually active by Selected Resiliency Factors Taos County Grades 9-12 2011



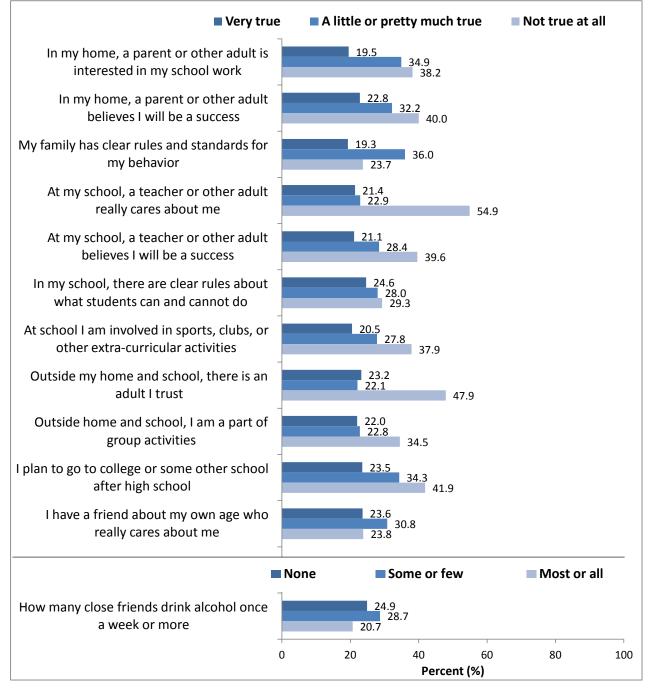
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 28.7% were sexually active.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 32.4% were sexually active.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 48.7% were sexually active.

#### Overweight Or Obese by Selected Resiliency Factors Taos County Grades 9-12 2011



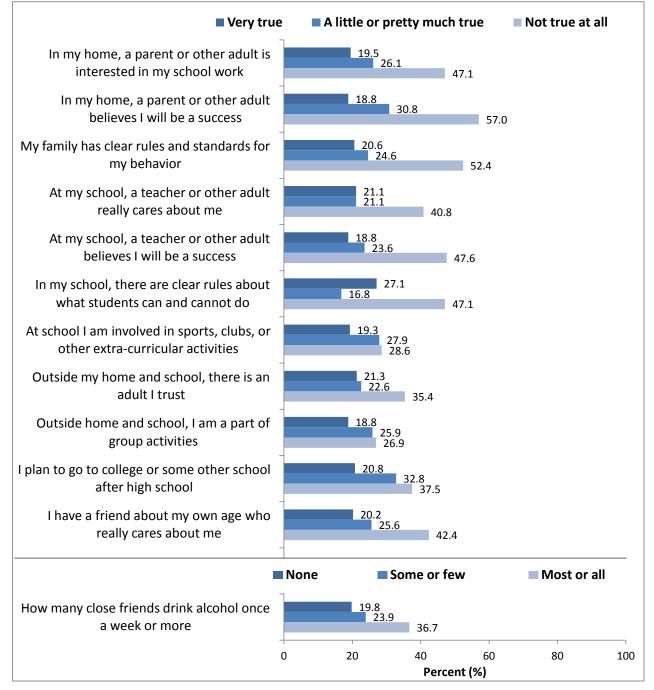
#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 19.5% were overweight or obese.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 34.9% were overweight or obese.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 38.2% were overweight or obese.

#### Drank one or more sodas per day by Selected Resiliency Factors Taos County Grades 9-12 2011



#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 19.5% drank one or more sodas per day.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 26.1% drank one or more sodas per day.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 47.1% drank one or more sodas per day.

#### Daily physical activity by Selected Resiliency Factors Taos County Grades 9-12 2011

Г

Very ti	rue 🔳	A little or pretty much true	Not true at all
In my home, a parent or other adult i interested in my school work	s	30.4 19.6 25.9	
In my home, a parent or other adul believes I will be a success	t	29.4 16.2 28.8	
My family has clear rules and standards fo my behavior	r	31.6 18.3 32.0	
At my school, a teacher or other adul really cares about me	t	30.6 24.4 23.1	
At my school, a teacher or other adul believes I will be a success	t	30.5 21.9 28.4	
In my school, there are clear rules abou what students can and cannot do	t	31.9 18.6 30.2	
At school I am involved in sports, clubs, o other extra-curricular activities	r	38.0 9.5	
Outside my home and school, there is an adult I trust	n	32.1 21.4 15.3	
Outside home and school, I am a part o group activities	f	20.3 18.2	
I plan to go to college or some other schoo after high school		29.4 17.5 13.6	
I have a friend about my own age who really cares about me	D _	29.6 19.6 23.8	
	None	Some or few	Most or all
How many close friends drink alcohol once a week or more	e	21.9 29.4 34.7	
	0	20 40 6 Percent (%)	0 80 100

#### How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 30.4% engaged in daily physical activity.

- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 19.6% engaged in daily physical activity.

- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 25.9% engaged in daily physical activity.

## Appendix A Questionnaire with Results

#### 2011 High School Questionnaire

#### NM YRRS

#### **Taos County**

(460 respondents; Response rate = 65%)

Personal Information	<u>Number of</u> <u>responses</u>	<u>%</u>
1. How old are you?		
A. 12 years old or younger	1	0.2%
B. 13 years old	1	0.2%
C. 14 years old	85	18.7%
D. 15 years old	138	30.3%
E. 16 years old	105	23.1%
F. 17 years old	98	21.5%
G. 18 years old or older	27	5.9%
2. What is your sex?		
A. Female	217	47.5%
B. Male	240	52.5%
3. In what grade are you?		
A. 9th grade	115	25.2%
B. 10th grade	144	31.5%
C. 11th grade	96	21.0%
D. 12th grade	102	22.3%
E. Ungraded or other grade	0	0.0%
4. Are you Hispanic or Latino?		
A. Yes	356	78.6%
B. No	97	21.4%
<ul><li>5. What is your race?</li><li>(Select one or more responses.)</li><li>NOTE - Because students were allowed to select multiple responses, responses may not total to 100%)</li></ul>		
A. American Indian or Alaska Native	46	12.3%
B. Asian	17	4.5%
C. Black or African American	25	6.7%
D. Native Hawaiian or Other Pacific Islander	13	3.5%
E. White	273	73.0%
	215	13.070

		New Mexico 2011 YRRS Grades 9 - 12 <u>95%</u>	
		Weighted	Confidence
6. How tall are you without your shoes on?		<u>%</u>	Interval
7. How much do you weigh without your shoes on?			
NOTE - Height and weight were used to calculate body mass in overweight were calculated from BMI for age and gender, using	· · ·		
	Not overweight or		
	obese	73.9	(67.1-79.8)
	Overweight	14.5	(10.9-19.1)
	Obese	11.6	(8.6-15.3)
8. What is the highest level of schooling your mother completed?			
A. Completed grade school or less		4.5	(2.6-7.8)
B. Some high school		7.8	(5.7-10.6)
C. Completed high school		23.7	(19.5-28.5)
D. Some college		19.5	(16.0-23.7)
E. Completed college		21.5	(17.4-26.2)
F. Graduate or professional school		10.6	(7.4-14.9)
G. Not sure		12.4	(8.2-18.3)
9. What is the highest level of schooling your father completed?			
A. Completed grade school or less		2.1	(1.1-3.9)
B. Some high school		7.4	(5.0-10.8)
C. Completed high school		28.0	(23.6-32.9)
D. Some college		14.5	(11.1-18.7)
E. Completed college		19.9	(15.7-25.0)
F. Graduate or professional school		10.6	(7.0-15.9)
G. Not sure		17.4	(11.6-25.3)
10. During the past 12 months, how would you describe your grade	s in school?		
A. Mostly A's		31.1	(22.6-41.2)
B. Mostly B's		41.8	(35.9-47.9)
C. Mostly C's		18.0	(13.6-23.6)
D. Mostly D's		3.1	(1.8-5.6)
E. Mostly F's		1.4	(0.5-3.8)
F. None of these grades		0.3	(0.1-1.4)
G. Not sure		4.2	(2.5-6.8)

	New Mexico 2011 YRRS Grades 9 - 12	
Personal Safety	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 5 questions ask about personal safety.		
11. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
A. I did not ride a bicycle during the past 12 months	34.3	(29.0-40.1)
B. Never wore a helmet	50.0	(44.7-55.4)
C. Rarely wore a helmet	5.4	(3.5-8.4)
D. Sometimes wore a helmet	2.9	(1.7-4.8)
E. Most of the time wore a helmet	3.5	(1.8-6.8)
F. Always wore a helmet	3.8	(2.1-6.6)
12. How often do you wear a seat belt when riding in a car driven by someone else?		
A. Never	2.2	(1.1-4.6)
B. Rarely	5.0	(3.2-7.7)
C. Sometimes	13.8	(10.2-18.5)
D. Most of the time	30.1	(24.4-36.5)
E. Always	48.8	(40.5-57.1)
13. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
A. 0 times	73.0	(66.4-78.6)
B. 1 time	9.4	(7.0-12.6)
C. 2 or 3 times	10.4	(8.0-13.3)
D. 4 or 5 times	3.2	(1.4-7.1)
E. 6 or more times	4.1	(2.3-7.2)
14. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
A. 0 times	89.5	(84.4-93.0)
B. 1 time	4.6	(2.9-7.2)
C. 2 or 3 times	4.3	(2.5-7.3)
D. 4 or 5 times	0.5	(0.1-3.5)
E. 6 or more times	1.2	(0.5-2.6)
15. Is there a gun in your home?		
A. Yes	57.8	(52.6-62.8)
B. No	32.7	(27.8-38.0)
C. Not sure	9.6	(6.4-14.1)

	New Mexico 2011 YRRS Grades 9 - 12	
Violence-Related Behaviors	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 8 questions ask about violence-related behaviors.		
16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A. 0 days	73.7	(68.2-78.6)
B. 1 day	5.9	(4.0-8.7)
C. 2 or 3 days	7.0	(4.8-9.9)
D. 4 or 5 days	2.1	(0.9-4.7)
E. 6 or more days	11.3	(8.3-15.4)
17. During the past 30 days, on how many days did you carry a gun?		
A. 0 days	88.7	(84.7-91.8)
B. 1 day	4.2	(2.6-6.7)
C. 2 or 3 days	3.7	(2.3-5.9)
D. 4 or 5 days	0.7	(0.2-2.4)
E. 6 or more days	2.7	(1.5-4.7)
18. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A. 0 days	91.6	(88.6-93.9)
B. 1 day	2.5	(1.3-4.6)
C. 2 or 3 days	1.2	(0.5-3.1)
D. 4 or 5 days	1.3	(0.5-3.1)
E. 6 or more days	3.4	(2.2-5.4)
19. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
A. 0 days	94.4	(91.0-96.6)
B. 1 day	2.8	(1.4-5.2)
C. 2 or 3 days	1.0	(0.5-2.2)
D. 4 or 5 days	0.4	(0.1-2.5)
E. 6 or more days	1.5	(0.5-3.9)
20. During the past 12 months, how many times were you in a physical fight?		
A. 0 times	70.3	(63.1-76.7)
B. 1 time	16.8	(13.1-21.2)
C. 2 or 3 times	6.5	(4.0-10.5)
D. 4 or 5 times	2.8	(1.5-5.2)
E. 6 or 7 times	0.8	(0.2-3.1)
F. 8 or 9 times	0.0	()
G. 10 or 11 times	0.2	(0.1-0.8)
H. 12 or more times	2.5	(1.3-4.8)

#### New Mexico 2011 YRRS

Grades 9 - 12

	***	<u>95%</u>
21. During the past 12 months, how many times were you in a physical fight on school property?	<u>Weighted</u>	<u>Confidence</u> <u>Interval</u>
A. 0 times	<u>70</u> 88.8	(81.3-93.6)
B. 1 time	7.8	(4.9-12.4)
C. 2 or 3 times	1.7	(0.6-4.7)
D. 4 or 5 times	0.3	(0.0-2.0)
E. 6 or 7 times	0.0	()
F. 8 or 9 times	0.0	()
G. 10 or 11 times	0.0	()
H. 12 or more times	1.4	(0.5-3.7)
22. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
A. Yes	7.4	(5.1-10.6)
B. No	92.6	(89.4-94.9)
23. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A. Yes	6.7	(4.5-9.8)
B. No	93.3	(90.2-95.5)
Bullying		
The next 2 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.		
24. During the past 12 months, have you ever been bullied on school property?		
A. Yes	17.5	(14.0-21.7)
B. No	82.5	(78.3-86.0)
25. During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)		
A. Yes	10.0	(6.9-14.3)
B. No	90.0	(85.7-93.1)
Sadness and Attempted Suicide		
The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own lives.		
26. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A. Yes	24.8	(20.6-29.7)
B. No	75.2	(70.3-79.4)

<ul><li>27. During the past 12 months, did you ever seriously consider attempting suicide?</li><li>A. Yes</li><li>B. No</li></ul>	<u>Weighted</u> <u>%</u> 13.6 86.4	<u>95%</u> Confidence Interval (10.1-18.1) (81.9-89.9)
28. During the past 12 months, did you make a plan about how you would attempt suicide?		
A. Yes	11.3	(9.0-14.0)
B. No	88.7	(86.0-91.0)
29. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	94.1	(90.4-96.4)
B. 1 time	3.9	(2.3-6.3)
C. 2 or 3 times	1.3	(0.5-3.3)
D. 4 or 5 times	0.3	(0.0-2.0)
E. 6 or more times	0.5	(0.1-3.0)
30. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A. I did not attempt suicide during the past 12 months	94.1	(90.4-96.4)
B. Yes	2.0	(1.0-4.0)
C. No	3.9	(2.2-6.8)
Tobacco Use		
The next 13 questions ask about tobacco use.		
31. Have you ever tried cigarette smoking, even one or two puffs?		
A. Yes	53.9	(46.0-61.6)
B. No	46.1	(38.4-54.0)
32. How old were you when you smoked a whole cigarette for the first time?		
A. I have never smoked a whole cigarette	60.6	(54.0-66.7)
B. 8 years old or younger	3.6	(2.1-6.3)
C. 9 or 10 years old	4.1	(2.2-7.5)
D. 11 or 12 years old	6.4	(4.4-9.2)
E. 13 or 14 years old	14.0	(11.3-17.2)
F. 15 or 16 years old	9.4	(6.8-12.9)
G. 17 years old or older	1.9	(0.9-4.1)

# New Mexico 2011 YRRS

(2.9-6.9)

4.5

#### 12

	New	Mexico 2011 YRR
		Grades 9 - 1
		<u>95%</u>
	Weighted	<b>Confidence</b>
33. During the past 30 days, on how many days did you smoke cigarettes?	<u>%</u>	<u>Interval</u>
A. 0 days	79.2	(73.0-84.4)
B. 1 or 2 days	9.8	(7.1-13.4)
C. 3 to 5 days	2.9	(1.6-5.0)
D. 6 to 9 days	2.6	(1.4-4.8)
E. 10 to 19 days	2.6	(1.1-5.9)
F. 20 to 29 days	1.2	(0.5-3.2)
G. All 30 days	1.7	(0.7-4.2)
34. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A. I did not smoke cigarettes during the past 30 days	79.6	(73.5-84.5)
B. Less than 1 cigarette per day	8.3	(5.9-11.6)
C. 1 cigarette per day	5.1	(3.3-7.9)
D. 2 to 5 cigarettes per day	6.1	(3.3-11.1)
E. 6 to 10 cigarettes per day	0.6	(0.2-2.3)
F. 11 to 20 cigarettes per day	0.0	()
G. More than 20 cigarettes per day	0.3	(0.0-2.1)
35. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)		
A. I did not smoke cigarettes during the past 30 days	79.2	(73.0-84.4)
B. I bought them in a store such as a convenience store, supermarket, discount		
store, or gas station	3.1	(1.6-5.7)
C. I bought them from a vending machine	0.1	(0.0-0.9)
D. I gave someone else money to buy them for me	4.1	(2.2-7.5)
E. I borrowed (or bummed) them from someone else	5.4	(3.3-8.7)
F. A person 18 years old or older gave them to me	1.9	(1.1-3.6)
G. I took them from a store or family member	1.6	(0.8-3.3)

H. I got them some other way

36. During the past 30 days, on how many days did you smoke cigarettes on school property?

A. 0 days	96.6	(94.8-97.8)
B. 1 or 2 days	2.1	(1.2-3.5)
C. 3 to 5 days	0.7	(0.2-2.2)
D. 6 to 9 days	0.0	()
E. 10 to 19 days	0.2	(0.0-1.5)
F. 20 to 29 days	0.0	()
G. All 30 days	0.4	(0.1-1.8)

	New	Mexico 2011 YRRS Grades 9 - 12
37. During the past 12 months, did you ever try to quit smoking cigarettes?	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
A. I did not smoke during the past 12 months	72.9	(65.5-79.2)
B. Yes	12.8	(8.5-18.8)
C. No	14.3	(11.1-18.3)
38. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
A. 0 days	89.9	(86.7-92.4)
B. 1 or 2 days	3.5	(2.2-5.6)
C. 3 to 5 days	1.3	(0.6-3.1)
D. 6 to 9 days	1.2	(0.4-3.4)
E. 10 to 19 days	0.9	(0.4-2.1)
F. 20 to 29 days	0.4	(0.1-1.8)
G. All 30 days	2.7	(1.7-4.5)
39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A. 0 days	87.2	(82.5-90.7)
B. 1 or 2 days	6.7	(4.9-9.2)
C. 3 to 5 days	3.3	(1.8-6.1)
D. 6 to 9 days	0.6	(0.2-2.2)
E. 10 to 19 days	0.7	(0.1-4.4)
F. 20 to 29 days	0.0	()
G. All 30 days	1.5	(0.6-3.8)
40. During the past 30 days, on how many days did you smoke tobacco or flavored tobacco in a hookah, even just a puff?		
A. 0 days	81.6	(76.6-85.8)
B. 1 or 2 days	8.3	(5.8-11.8)
C. 3 to 5 days	4.4	(2.0-9.8)
D. 6 to 9 days	2.8	(1.5-5.2)
E. 10 to 19 days	0.2	(0.0-1.5)
F. 20 to 29 days	0.8	(0.3-2.2)
G. All 30 days	1.8	(0.8-4.0)
41. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
A. 0 days	53.6	(48.9-58.2)
B. 1 or 2 days	20.8	(17.6-24.5)
C. 3 or 4 days	8.4	(6.4-11.0)
D. 5 or 6 days	3.7	(2.1-6.5)
E. 7 days	13.4	(9.3-18.9)

# New Mexico 2011 YRRS

(19.9-32.9)

(5.8-12.5)

(6.0-11.9) (9.5-17.8)

#### Grades 9 - 12

<ul><li>42. How wrong do your parents feel it would be for you to smoke cigarettes?</li><li>A. Very wrong</li><li>B. Wrong</li><li>C. A little bit wrong</li><li>D. Not wrong at all</li></ul>	Weighted <u>%</u> 70.3 19.9 7.2 2.7	<u>95%</u> Confidence Interval (64.0-75.9) (15.8-24.7) (4.7-11.0) (1.1-6.3)
43. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?		
A. No risk	4.8	(2.9-7.9)
B. Slight risk	8.7	(4.7-15.7)
C. Moderate risk	19.0	(15.6-23.0)
D. Great risk	67.4	(59.0-74.8)

### Alcohol

The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

44. How old were you when you had your first drink of alcohol other than a few sips?	
A. I have never had a drink of alcohol other than a few sips	25.9
B. 8 years old or younger	8.6
C. 9 or 10 years old	8.5
D. 11 or 12 years old	13.1

E. 13 or 14 years old	28.6	(22.5-35.6)
F. 15 or 16 years old	13.2	(9.0-19.1)
G. 17 years old or older	2.1	(0.9-4.8)

45. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A. 0 days	59.8	(53.2-66.1)
B. 1 or 2 days	20.0	(15.8-25.1)
C. 3 to 5 days	7.4	(4.6-11.6)
D. 6 to 9 days	6.1	(4.1-9.0)
E. 10 to 19 days	4.5	(2.6-7.6)
F. 20 to 29 days	0.3	(0.0-2.2)
G. All 30 days	1.9	(0.9-3.9)

46. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
A. 0 days	<u>74</u> .8	(69.6-79.4)
B. 1 day	8.3	(5.6-12.1)
C. 2 days	7.0	(4.9-9.9)
D. 3 to 5 days	5.4	(3.5-8.2)
E. 6 to 9 days	3.0	(1.8-5.2)
F. 10 to 19 days	0.4	(0.1-1.6)
G. 20 or more days	1.1	(0.4-2.8)
47. During the past 30 days, how did you usually get the alcohol you drank?		
A. I did not drink alcohol during the past 30 days	58.8	(51.7-65.6)
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount		
store, or gas station	1.7	(0.7-4.0)
C. I bought it at a restaurant, bar, or club	2.0	(0.9-4.2)
D. I bought it at a public event such as a concert or sporting event	0.3	(0.0-2.2)
E. I gave someone else money to buy it for me	9.6	(6.6-13.9)
F. Someone gave it to me	12.8	(9.7-16.6)
G. I took it from a store or family member	3.1	(1.8-5.5)
H. I got it some other way	11.6	(7.9-16.6)
48. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	58.7	(52.0-65.1)
B. At my home	9.9	(7.3-13.3)
C. At another person's home	23.3	(18.3-29.3)
D. While riding in or driving a car or other vehicle	1.8	(0.8-3.8)
E. At a restaurant, bar, or club	0.4	(0.1-1.7)
F. At a public place such as a park, beach, or parking lot	3.2	(1.6-6.2)
G. At a public event such as a concert or sporting event	1.4	(0.6-3.2)
H. On school property	1.3	(0.5-3.2)
49. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	59.0	(52.3-65.4)
B. I do not have a usual type	5.5	(3.6-8.2)
C. Beer	7.5	(4.9-11.2)
D. Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver,		
or Hard Lemonade	3.8	(2.1-6.8)
E. Wine coolers, such as Bartles & James or Seagrams	0.0	()
F. Wine	1.9	(0.9-4.2)
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	20.4	(16.0-25.6)
H. Some other type	1.9	(1.0-3.4)

		Grades
		<u>95%</u>
50. During the past 30 days, on how many days did you have at least one drink of alcohol on	Weighted	Confidence
school property? A. 0 days	<u>%</u> 94.6	<u>Interval</u> (92.3-96.2)
B. 1 or 2 days	4.0	(2.5-6.5)
C. 3 to 5 days	4.0 0.4	(2.3-0.3) (0.1-1.7)
D. 6 to 9 days	0.4	(0.1-1.7) (0.0-1.6)
E. 10 to 19 days	0.2	(0.0-1.0) ()
F. 20 to 29 days	0.0	() ()
G. All 30 days	0.0	(0.2-2.9)
G. All 50 days	0.8	(0.2-2.9)
51. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	37.3	(32.0-42.9)
B. Wrong	34.7	(29.9-39.8)
C. A little bit wrong	22.7	(18.4-27.7)
D. Not wrong at all	5.3	(3.8-7.3)
52. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	61.1	(56.6-65.5)
B. Wrong	25.5	(22.2-29.0)
C. A little bit wrong	10.2	(7.6-13.6)
D. Not wrong at all	3.2	(1.8-5.4)
53. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	31.1	(26.6-36.0)
B. Wrong	32.9	(27.5-38.8)
C. A little bit wrong	25.0	(20.9-29.6)
D. Not wrong at all	11.0	(7.8-15.3)
54. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?		
A. No risk	7.5	(4.9-11.3)
B. Slight risk	20.1	(15.7-25.4)
C. Moderate risk	36.4	(32.2-40.7)
D. Great risk	36.0	(31.4-41.0)

	New	Mexico 2011 YRRS Grades 9 - 12
<u>Marijuana Use</u>	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 5 questions ask about marijuana use. Marijuana also is called grass or pot.		
55. How old were you when you tried marijuana for the first time?		
A. I have never tried marijuana	43.6	(36.1-51.4)
B. 8 years old or younger	5.2	(3.1-8.5)
C. 9 or 10 years old	7.3	(4.1-12.5)
D. 11 or 12 years old	9.3	(7.4-11.5)
E. 13 or 14 years old	19.2	(15.5-23.4)
F. 15 or 16 years old	13.9	(10.7-18.0)
G. 17 years old or older	1.6	(0.6-4.1)
56. During the past 30 days, how many times did you use marijuana?		
A. 0 times	68.5	(63.2-73.3)
B. 1 or 2 times	8.9	(6.4-12.3)
C. 3 to 9 times	6.8	(5.1-9.0)
D. 10 to 19 times	4.7	(3.1-7.2)
E. 20 to 39 times	3.6	(2.0-6.3)
F. 40 or more times	7.5	(5.2-10.7)
57. During the past 30 days, how many times did you use marijuana on school property?	02.7	
A. 0 times	92.7	(89.7-95.0)
B. 1 or 2 times	3.4	(1.9-5.8)
C. 3 to 9 times	1.2	(0.5-2.7)
D. 10 to 19 times	0.2	(0.1-0.8)
E. 20 to 39 times	1.0	(0.4-2.6)
F. 40 or more times	1.5	(0.6-3.5)
58. How wrong do your parents feel it would be for you to use marijuana?		
A. Very wrong	63.3	(56.6-69.4)
B. Wrong	19.0	(15.0-23.7)
C. A little bit wrong	9.7	(6.8-13.8)
D. Not wrong at all	8.0	(5.3-12.0)
59. How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?		
A. No risk	26.3	(21.3-32.1)
B. Slight risk	26.7	(22.5-31.4)
C. Moderate risk	23.8	(19.6-28.6)
D. Great risk	23.2	(19.4-27.4)

	New Mexico 2011 YRRS Grades 9 - 12	
Other Drugs	Weighted <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 13 questions ask about other drugs.		
60. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
A. 0 times	92.6	(87.7-95.6)
B. 1 or 2 times	3.4	(2.1-5.5)
C. 3 to 9 times	1.5	(0.7-3.1)
D. 10 to 19 times	0.2	(0.0-1.1)
E. 20 to 39 times	0.6	(0.2-1.9)
F. 40 or more times	1.8	(0.7-4.3)
61. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?		
A. 0 times	96.8	(93.7-98.4)
B. 1 or 2 times	1.2	(0.5-2.8)
C. 3 to 9 times	0.7	(0.2-2.1)
D. 10 to 19 times	0.1	(0.0-0.9)
E. 20 to 39 times	0.0	()
F. 40 or more times	1.3	(0.5-3.2)
62. During the past 30 days, how many times did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?		
A. 0 times	92.5	(87.6-95.6)
B. 1 or 2 times	4.1	(2.5-6.4)
C. 3 to 9 times	2.0	(0.9-4.7)
D. 10 to 19 times	0.0	()
E. 20 to 39 times	0.1	(0.0-0.8)
F. 40 or more times	1.3	(0.5-3.2)
63. During your life, how many times have you used heroin (also called smack, junk, or China White)?		
A. 0 times	96.7	(94.4-98.0)
B. 1 or 2 times	1.1	(0.5-2.6)
C. 3 to 9 times	0.4	(0.1-1.8)
D. 10 to 19 times	0.2	(0.0-1.6)
E. 20 to 39 times	0.0	()
F. 40 or more times	1.5	(0.7-3.4)

		Grades
64. During the past 30 days, how many times did you use heroin (also called smack, junk, or China White)?	<u>Weighted</u> <u>%</u>	<u>95%</u> Confidence Interval
A. 0 times	96.9	(94.4-98.3)
B. 1 or 2 times	0.6	(0.2-2.0)
C. 3 to 9 times	0.7	(0.2-3.2)
D. 10 to 19 times	0.1	(0.0-0.8)
E. 20 to 39 times	0.3	(0.0-2.1)
F. 40 or more times	1.4	(0.6-3.2)
65. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	96.5	(93.4-98.2)
B. 1 or 2 times	0.9	(0.3-2.6)
C. 3 to 9 times	0.6	(0.2-2.2)
D. 10 to 19 times	0.5	(0.1-2.1)
E. 20 to 39 times	0.2	(0.0-1.6)
F. 40 or more times	1.3	(0.5-3.2)
66. During the past 30 days, how many times did you use methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	97.3	(94.5-98.7)
B. 1 or 2 times	0.6	(0.2-2.0)
C. 3 to 9 times	0.0	()
D. 10 to 19 times	0.4	(0.1-1.8)
E. 20 to 39 times	0.5	(0.1-2.1)
F. 40 or more times	1.2	(0.4-3.1)
67. During your life, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	90.2	(85.9-93.3)
B. 1 or 2 times	5.8	(3.7-9.0)
C. 3 to 9 times	1.5	(0.6-4.0)
D. 10 to 19 times	0.3	(0.0-2.0)
E. 20 to 39 times	1.1	(0.4-3.0)
F. 40 or more times	1.1	(0.4-2.7)
68. During the past 30 days, how many times did you use ecstasy (also called MDMA)?		
A. 0 times	95.8	(92.1-97.8)
B. 1 or 2 times	1.6	(0.8-3.5)
C. 3 to 9 times	0.2	(0.0-1.6)
	0.2	(0.0 - 1.0) (0.0 - 2.0)
D. 10 to 19 times		、··· -··/
D. 10 to 19 times E. 20 to 39 times	0.8	(0.2-2.9)

		Uldues 9 - 1
<ul><li>69. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?</li><li>A. 0 times</li></ul>	<u>Weighted</u> <u>%</u> 81.5	<u>95%</u> <u>Confidence</u> <u>Interval</u> (77.6-84.8)
B. 1 or 2 times	7.5	(4.9-11.3)
C. 3 to 9 times	3.7	(4.9-11.5)
D. 10 to 19 times	2.0	(2.2-3.9) (1.1-3.4)
E. 20 to 39 times	2.0 1.7	(0.8-3.3)
F. 40 or more times	3.7	(0.8-3.3) (2.5-5.6)
r. 40 of more times	5.7	(2.3-3.0)
70. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?		
A. 0 times	88.1	(83.9-91.3)
B. 1 or 2 times	6.2	(3.6-10.5)
C. 3 to 9 times	2.6	(1.4-4.6)
D. 10 to 19 times	1.3	(0.6-2.8)
E. 20 to 39 times	1.1	(0.3-3.8)
F. 40 or more times	0.8	(0.2-2.6)
<ul><li>71. During your life, how many times have you used a needle to inject any illegal drug into your body?</li><li>A. 0 times</li><li>B. 1 time</li><li>C. 2 or more times</li></ul>	97.8 0.4 1.8	(95.4-98.9) (0.1-1.7) (0.8-3.9)
72. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?	27.1	(21.1.24.0)
A. Yes	27.1	(21.1-34.0)
B. No	72.9	(66.0-78.9)
Access to Drugs and Alcohol		
The next 5 questions ask about access to drugs and alcohol.		
73. If you wanted to, how hard or easy would it be to get beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?		
A. Very hard	14.7	(11.0-19.4)
B. Sort of hard	20.9	(16.9-25.6)
C. Sort of easy	33.0	(28.8-37.4)
D. Very easy	31.3	(27.6-35.4)
		,
74. If you wanted to, how hard or easy would it be to get marijuana?		
A. Very hard	16.8	(12.7-21.8)
B. Sort of hard	9.9	(7.2-13.6)
C. Sort of easy	22.2	(19.3-25.4)
D. Very easy	51.1	(45.4-56.7)

		Ulaues 9 -
75. If you wanted to, how hard or easy would it be to get cocaine, LSD, methamphetamines, or other illegal drug?	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
A. Very hard	49.7	(42.5-56.9)
B. Sort of hard	24.3	(19.8-29.5)
C. Sort of easy	13.8	(10.0-18.8)
D. Very easy	13.8	(8.4-17.4)
D. Very easy	12.2	(8.4-17.4)
76. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?		
A. 0 adults	33.0	(28.6-37.6)
B. 1 adult	10.6	(7.7-14.5)
C. 2 adults	14.8	(12.1-18.1)
D. 3 or 4 adults	12.9	(10.0-16.6)
E. 5 or more adults	28.7	(24.7-33.0)
77. How many adults have you known personally who, in the past year, have sold or dealt drugs?		
A. 0 adults	53.8	(46.9-60.6)
B. 1 adult	14.9	(11.8-18.7)
C. 2 adults	9.6	(7.5-12.2)
D. 3 or 4 adults	10.0	(7.3-13.6)
E. 5 or more adults	11.6	(8.4-15.7)
Sexual Behavior		
The next 6 questions ask about sexual behavior.		
78. How old were you when you had sexual intercourse for the first time?		
A. I have never had sexual intercourse	49.6	(41.1-58.1)
B. 11 years old or younger	3.8	(2.4-5.9)
C. 12 years old	4.9	(2.8-8.4)
D. 13 years old	8.3	(5.3-12.8)
E. 14 years old	12.2	(9.3-15.8)
F. 15 years old	12.2	(7.2-15.6)
G. 16 years old	6.8	(7.2-13.0) (3.9-11.4)
H. 17 years old or older	0.8 3.7	(3.3-11.4) (1.7-7.9)
H. 17 years old of older	5.7	(1.7-7.9)
79. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	49.5	(41.0-58.0)
B. 1 person	22.9	(17.6-29.3)
C. 2 people	6.7	(4.6-9.8)
D. 3 people	7.1	(4.5-11.1)
E. 4 people	4.1	(2.7-6.3)
F. 5 people	2.3	(1.3-4.0)
G. 6 or more people	7.2	(4.6-11.2)

		0=0/
	*** * * * *	<u>95%</u>
80. During the past 3 months, with how many people did you have sexual intercourse?	<u>Weighted</u> <u>%</u>	<u>Confidence</u> Interval
A. I have never had sexual intercourse	<u>70</u> 49.5	(41.0-58.0)
B. I have had sexual intercourse, but not during the past 3 months	19.1	(15.4-23.6)
C. 1 person	22.6	(17.5-28.7)
D. 2 people	3.9	(2.4-6.4)
E. 3 people	2.3	(1.0-5.0)
F. 4 people	0.6	(0.1-2.5)
G. 5 people	0.5	(0.1-2.4)
H. 6 or more people	1.4	(0.6-3.6)
81. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
A. I have never had sexual intercourse	49.5	(41.0-58.0)
B. Yes	15.2	(11.4-20.0)
C. No	35.3	(28.1-43.2)
82. The last time you had sexual intercourse, did you or your partner use a condom?		
A. I have never had sexual intercourse	49.8	(41.3-58.2)
B. Yes	34.7	(28.5-41.5)
C. No	15.5	(12.4-19.1)
83. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)		
A. I have never had sexual intercourse	50.6	(42.3-58.8)
B. No method was used to prevent pregnancy	4.7	(2.7-8.1)
C. Birth control pills	8.1	(5.8-11.2)
D. Condoms	25.0	(19.2-31.9)
E. Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control		
ring), Implanon (or any implant), or any IUD	4.6	(2.8-7.5)
F. Withdrawal	3.2	(2.0-5.2)
G. Some other method	1.6	(0.7-3.8)
H. Not sure	2.2	(0.9-5.0)

# **Body Weight**

The next question asks about body weight.

84. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

A. Yes	6.7	(5.0-9.0)
B. No	93.3	(91.0-95.0)

	New Mexico 2011 YRRS Grades 9 - 12	
Food	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
The next 7 questions ask about food you ate or drank during the past 7 days. Think about all		
the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.		
85. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)		
A. I did not drink 100% fruit juice during the past 7 days	22.0	(18.1-26.5)
B. 1 to 3 times during the past 7 days	37.6	(33.3-42.3)
C. 4 to 6 times during the past 7 days	15.1	(12.0-18.8)
D. 1 time per day	7.4	(5.5-10.0)
E. 2 times per day	7.3	(5.4-9.8)
F. 3 times per day	4.5	(2.9-6.8)
G. 4 or more times per day	6.0	(3.8-9.3)
<ul><li>86. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)</li><li>A. I did not eat fruit during the past 7 days</li></ul>	8.5	(5.7-12.4)
B. 1 to 3 times during the past 7 days	35.3	(30.8-40.0)
C. 4 to 6 times during the past 7 days	19.7	(15.5-24.7)
D. 1 time per day	11.8	(9.2-15.1)
E. 2 times per day	9.3	(6.7-12.7)
F. 3 times per day	8.3	(5.0-13.3)
G. 4 or more times per day	7.2	(4.6-11.0)
87. During the past 7 days, how many times did you eat green salad?		
A. I did not eat green salad during the past 7 days	28.3	(22.9-34.4)
B. 1 to 3 times during the past 7 days	37.1	(32.4-42.0)
C. 4 to 6 times during the past 7 days	15.2	(12.1-18.9)
D. 1 time per day	10.2	(7.8-13.1)
E. 2 times per day	3.7	(1.8-7.4)
F. 3 times per day	2.3	(1.2-4.5)
G. 4 or more times per day	3.3	(1.7-6.3)

88. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
A. I did not eat potatoes during the past 7 days	29.8	(25.2-34.8)
B. 1 to 3 times during the past 7 days	43.8	(38.4-49.4)
C. 4 to 6 times during the past 7 days	13.8	(9.9-19.0)
D. 1 time per day	6.1	(3.7-10.0)
E. 2 times per day	2.3	(1.2-4.2)
F. 3 times per day	1.3	(0.6-3.0)
G. 4 or more times per day	2.8	(1.6-4.9)
89. During the past 7 days, how many times did you eat carrots?		
A. I did not eat carrots during the past 7 days	45.6	(40.9-50.5)
B. 1 to 3 times during the past 7 days	36.0	(30.7-41.7)
C. 4 to 6 times during the past 7 days	7.3	(4.6-11.4)
D. 1 time per day	3.2	(1.6-6.3)
E. 2 times per day	3.0	(1.8-4.9)
F. 3 times per day	1.1	(0.5-2.8)
G. 4 or more times per day	3.8	(2.3-6.1)
90. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	18.1	(14.8-21.9)
B. 1 to 3 times during the past 7 days	38.5	(32.8-44.5)
C. 4 to 6 times during the past 7 days	21.6	(17.2-26.7)
D. 1 time per day	7.9	(5.2-11.9)
E. 2 times per day	5.7	(3.7-8.7)
F. 3 times per day	2.5	(1.2-5.4)
G. 4 or more times per day	5.7	(3.4-9.2)
91. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)		
A. I did not drink soda or pop during the past 7 days	23.4	(18.2-29.7)
B. 1 to 3 times during the past 7 days	41.8	(36.0-47.8)
C. 4 to 6 times during the past 7 days	11.5	(9.3-14.1)
D. 1 time per day	9.5	(6.9-13.0)
E. 2 times per day	4.8	(3.1-7.3)
F. 3 times per day	4.8	(2.7-8.4)
G. 4 or more times per day	4.2	(2.4-7.3)

	New Mexico 2011 YRRS		
		Grades 9 - 12	2
		<u>95%</u>	
	<u>Weighted</u>	<b>Confidence</b>	
Physical Activity	<u>%</u>	<u>Interval</u>	
The next 4 questions ask about physical activity.			
92. During the past 7 days, on how many days were you physically active for a total of at least			

92. During the past 7 days, on how many days were you physically active for a total of at leas 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A. 0 days	10.8	(7.9-14.7)
B. 1 day	6.6	(4.6-9.5)
C. 2 days	7.9	(5.7-11.0)
D. 3 days	14.4	(10.0-20.4)
E. 4 days	8.3	(5.9-11.5)
F. 5 days	15.3	(12.5-18.7)
G. 6 days	10.1	(7.2-13.9)
H. 7 days	26.5	(21.1-32.7)
93. On an average school day, how many hours do you watch TV	??	

A. I do not watch TV on an average school day	14.8	(10.6-20.2)
B. Less than 1 hour per day	19.9	(16.5-23.9)
C. 1 hour per day	17.4	(14.0-21.5)
D. 2 hours per day	20.7	(17.1-24.9)
E. 3 hours per day	15.4	(12.2-19.3)
F. 4 hours per day	6.2	(3.8-9.9)
G. 5 or more hours per day	5.6	(3.3-9.2)

94. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)

A. I do not play video or computer games or use a computer for something		
that is not school work	17.8	(15.3-20.5)
B. Less than 1 hour per day	21.2	(17.4-25.6)
C. 1 hour per day	19.7	(16.1-23.8)
D. 2 hours per day	18.4	(14.7-22.7)
E. 3 hours per day	8.8	(6.2-12.3)
F. 4 hours per day	4.9	(3.0-7.9)
G. 5 or more hours per day	9.3	(6.6-13.0)

95. In an average week when you are in school, on how many days do you go to physical	Weighted	<u>95%</u> Confidence
education (PE) classes?	<u>%</u>	<u>Interval</u>
A. 0 days	46.0	(34.7-57.7)
B. 1 day	1.9	(0.8-4.8)
C. 2 days	5.9	(2.3-14.0)
D. 3 days	30.9	(21.3-42.5)
E. 4 days	4.5	(2.1-9.2)
F. 5 days	10.8	(7.8-14.7)
Health-Related Topics		
The next 3 questions ask about other health-related topics.		
96. Have you ever been taught about AIDS or HIV infection in school?		
A. Yes	77.8	(71.9-82.7)
B. No	13.8	(9.8-19.2)
C. Not sure	8.4	(6.3-11.2)
97. Has a doctor or nurse ever told you that you have asthma?		
A. Yes	24.1	(19.7-29.0)
B. No	72.8	(67.7-77.4)
C. Not sure	3.1	(1.9-5.0)
98. Do you still have asthma?		
A. I have never had asthma	66.6	(59.5-72.9)
B. Yes	13.0	(9.4-17.6)
C. No	13.1	(9.4-18.0)
D. Not sure	7.4	(5.5-9.9)
You and Your Family		
The next 3 questions ask for some information about you and your family.		
99. How often do you speak a language other than English at home?		
A. Never	41.5	(36.3-46.9)
B. Less than half the time	33.2	(27.4-39.4)
C. About half the time	11.7	(9.6-14.3)
D. More than half the time but not all of the time	4.0	(2.1-7.2)
E. All of the time	9.7	(5.4-16.7)
100. Were you born in the USA?		
A. Yes	91.2	(86.7-94.3)
B. No	8.8	(5.7-13.3)

<ul><li>101. Do you have enough food to eat, sometimes not enough to eat, or often not enough to eat?</li><li>A. Enough food to eat</li><li>B. Sometimes not enough to eat</li><li>C. Often not enough to eat</li></ul>	Weighted <u>%</u> 85.3 11.0 3.7	<u>95%</u> <u>Confidence</u> <u>Interval</u> (79.1-89.9) (7.4-16.1) (2.3-5.9)
Resiliency Factors		
The next questions ask about your family, your school, other adults, your friends, and yourself. How true do you feel the following statements are for you?		
102. In my home, there is a parent or some other adult who is interested in my school work.		
A. Not true at all	5.7	(3.6-9.0)
B. A little true	12.0	(8.5-16.8)
C. Pretty much true	22.4	(18.3-27.2)
D. Very much true	59.8	(51.4-67.6)
<ul><li>103. In my home, there is a parent or some other adult who talks with me about my problems.</li><li>A. Not true at all</li></ul>	16.3	(13.5-19.6)
B. A little true	26.0	(20.8-31.9)
C. Pretty much true	23.8	(19.5-28.7)
D. Very much true	33.9	(28.4-39.8)
104. In my home, there is a parent or some other adult who listens to me when I have something to say.		
A. Not true at all	8.6	(5.8-12.4)
B. A little true	16.8	(13.7-20.5)
C. Pretty much true	26.5	(23.0-30.3)
D. Very much true	48.1	(43.6-52.6)
105. In my home, there is a parent or some other adult who expects me to follow the rules.		
A. Not true at all	3.3	(1.8-6.0)
B. A little true	9.5	(5.4-16.0)
C. Pretty much true	24.5	(20.6-28.9)
D. Very much true	62.7	(55.2-69.7)
106. In my home, there is a parent or some other adult who believes that I will be a success.		
A. Not true at all	4.8	(2.7-8.2)
B. A little true	7.1	(4.6-10.9)
C. Pretty much true	16.1	(13.0-19.9)
D. Very much true	72.0	(65.8-77.5)

	Weighted	<u>95%</u> Confidence
107. At my school, there is a teacher or some other adult who really cares about me.	<u>%</u>	<u>Interval</u>
A. Not true at all	10.7	(7.6-15.0)
B. A little true	20.2	(16.6-24.4)
C. Pretty much true	33.0	(29.9-36.3)
D. Very much true	36.0	(31.6-40.6)
108. At my school, there is a teacher or some other adult who notices when I'm not there.		
A. Not true at all	10.2	(7.3-13.9)
B. A little true	21.7	(17.5-26.7)
C. Pretty much true	30.5	(26.4-35.0)
D. Very much true	37.6	(32.1-43.3)
109. At my school, there is a teacher or some other adult who listens to me when I have something to say.		
A. Not true at all	10.4	(7.3-14.7)
B. A little true	22.6	(18.2-27.7)
C. Pretty much true	33.2	(28.1-38.7)
D. Very much true	33.8	(28.9-39.2)
110. At my school, there is a teacher or some other adult who tells me when I do a good job.		
A. Not true at all	6.9	(4.8-9.8)
B. A little true	16.6	(14.2-19.5)
C. Pretty much true	32.1	(25.6-39.5)
D. Very much true	44.3	(38.4-50.4)
111. At my school, there is a teacher or some other adult who believes that I will be a success.		
A. Not true at all	8.2	(5.4-12.2)
B. A little true	14.1	(10.9-18.0)
C. Pretty much true	32.1	(26.8-37.9)
D. Very much true	45.6	(39.3-52.0)
112. Outside of my home and school, there is an adult who really cares about me.		
A. Not true at all	8.9	(6.1-12.7)
B. A little true	8.7	(5.4-13.7)
C. Pretty much true	18.2	(13.8-23.7)
D. Very much true	64.2	(58.4-69.5)

113. Outside of my home and school, there is an adult who notices when I am upset about something.	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
A. Not true at all	<u>76</u> 13.1	(10.2-16.5)
B. A little true	15.9	(10.2-10.3) (11.5-21.7)
C. Pretty much true	28.1	(22.6-34.2)
D. Very much true	42.9	(38.0-48.1)
114 Outside of muchaniss and estimate theme is an adult advant Ltarte		
<ul><li>114. Outside of my home and school, there is an adult whom I trust.</li><li>A. Not true at all</li></ul>	12.3	(9.6-15.6)
B. A little true	12.3	(9.4-15.2)
C. Pretty much true	22.5	().4-13.2) (18.3-27.2)
D. Very much true	53.2	(18.3-27.2) (48.1-58.3)
D. Very much true	55.2	(40.1-30.3)
115. Outside of my home and school, there is an adult who tells me when I do a good job.		
A. Not true at all	10.3	(7.6-13.9)
B. A little true	13.6	(10.9-16.9)
C. Pretty much true	22.4	(18.4-27.0)
D. Very much true	53.7	(48.1-59.2)
116. I have a friend about my own age who really cares about me.		
A. Not true at all	7.9	(4.5-13.6)
B. A little true	12.3	(8.8-16.8)
C. Pretty much true	19.1	(15.3-23.5)
D. Very much true	60.7	(56.2-65.0)
117. I have a friend about my own age who talks with me about my problems.		
A. Not true at all	11.7	(8.3-16.2)
B. A little true	13.8	(11.5-16.5)
C. Pretty much true	23.3	(19.1-28.0)
D. Very much true	51.2	(46.9-55.6)
118. I have a friend about my own age who helps me when I'm having a hard time.		
A. Not true at all	8.1	(5.7-11.6)
B. A little true	15.6	(12.1-19.8)
C. Pretty much true	23.3	(19.4-27.8)
D. Very much true	52.9	(48.8-57.0)
119. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	5.4	(3.4-8.4)
B. A little true	14.5	(10.1-20.4)
C. Pretty much true	26.1	(21.8-30.9)
D. Very much true	54.0	(47.4-60.4)

		Glades 9 -
		<u>95%</u>
	Weighted	<u>Confidence</u>
120. My family has clear rules about drug and alcohol use.	<u>%</u>	<u>Interval</u>
A. Not true at all	4.1	(2.4-6.9)
B. A little true	17.7	(12.0-25.3)
C. Pretty much true	23.4	(18.6-29.0)
D. Very much true	54.7	(47.1-62.1)
121. My family has clear rules and standards for my behavior.		
A. Not true at all	4.4	(2.6-7.3)
B. A little true	12.0	(9.7-14.7)
C. Pretty much true	26.9	(22.6-31.8)
D. Very much true	56.7	(51.4-61.8)
122. In my school, there are clear rules about what students can and cannot do.		
A. Not true at all	2.4	(1.4-4.1)
B. A little true	10.3	(7.5-14.1)
C. Pretty much true	32.2	(27.5-37.3)
D. Very much true	55.1	(49.5-60.5)
123. At school, I try hard to do my best work.		
A. Not true at all	2.7	(1.6-4.5)
B. A little true	8.8	(6.2-12.4)
C. Pretty much true	36.8	(31.1-42.9)
D. Very much true	51.7	(44.3-59.0)
124. I plan to go to college or some other school after high school.		
A. Not true at all	3.2	(2.0-5.1)
B. A little true	7.7	(4.8-11.9)
C. Pretty much true	11.9	(8.2-17.0)
D. Very much true	77.3	(70.0-83.2)
125. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).		
A. Not true at all	20.9	(14.8-28.6)
B. A little true	10.5	(7.8-13.8)
C. Pretty much true	15.4	(12.0-19.6)
D. Very much true	53.3	(45.2-61.1)
126. Outside of my home and school, I am a part of clubs, sports teams, church/ temple, or other group activities.		
A. Not true at all	29.6	(23.9-36.1)
B. A little true	15.9	(12.3-20.2)
C. Pretty much true	15.7	(12.8-19.1)
D. Very much true	38.8	(32.1-46.0)
		. ,

<ul><li>127. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.</li><li>A. Not true at all</li><li>B. A little true</li></ul>	Weighted <u>%</u> 22.0 11.6	<u>95%</u> <u>Confidence</u> <u>Interval</u> (16.0-29.5) (8.7-15.1)
C. Pretty much true	16.9	(13.2-21.5)
D. Very much true	49.5	(42.3-56.8)
128. I often do things without thinking about what will happen.	21.7	(1772)
A. Not true at all	21.7	(17.7-26.4)
B. A little true	43.6	(38.7-48.7)
C. Pretty much true	19.2	(15.5-23.4)
D. Very much true	15.5	(11.4-20.6)
129. My friends get into a lot of trouble.		
A. Not true at all	30.7	(24.2-38.1)
B. A little true	48.0	(43.5-52.6)
C. Pretty much true	13.0	(9.0-18.5)
D. Very much true	8.2	(5.1-12.9)
D. very much true	0.2	$(3.1^{-1}2.9)$
130. My friends do well in school.		
A. Not true at all	5.3	(3.2-8.9)
B. A little true	17.7	(13.6-22.7)
C. Pretty much true	46.3	(40.2-52.6)
D. Very much true	30.7	(24.6-37.5)
Among the people you consider to be your closest friends, how many would you say do the following?		
131. Drink alcohol once a week or more?		
A. None	43.1	(37.9-48.4)
B. A few	34.4	(29.6-39.6)
C. Some	11.3	(8.0-15.7)
D. Most	8.4	(5.9-12.0)
E. All	2.7	(1.2-6.1)
132 . Have used drugs such as marijuana or cocaine?	24.4	
A. None	34.1	(28.9-39.8)
B. A few	26.9	(23.2-31.0)
C. Some	14.7	(11.9-18.0)
D. Most	17.1	(12.9-22.4)

E. All

7.1

(5.3-9.5)

	New Mexico 2011 YRRS Grades 9 - 12 <b>95%</b> _	
Activities	<u>Weighted</u> <u>%</u>	<u>Confidence</u> Interval
The next 3 questions ask about how many times you have done the following things.		
133. During the past 30 days, how many days of school did you miss classes or school without permission?		
A. 0 days	71.2	(65.6-76.2)
B. 1 or 2 days	20.0	(16.9-23.4)
C. 3 to 5 days	5.8	(3.6-9.1)
D. 6 to 9 days	1.9	(0.9-4.1)
E. 10 or more days	1.2	(0.5-3.1)
134. How often do you come to classes without bringing paper or something to write with?		
A. Never	53.6	(47.8-59.3)
B. Rarely	29.4	(24.4-35.0)
C. Sometimes	10.2	(7.8-13.2)
D. Most of the time	3.7	(2.3-5.9)
E. Always	3.1	(1.5-6.3)
135. How often do you come to classes without your homework finished?		
A. Never	19.1	(15.7-23.0)
B. Rarely	32.5	(26.7-39.0)
C. Sometimes	31.0	(26.4-36.1)
D. Most of the time	14.4	(11.5-17.8)
E. Always	3.0	(1.7-5.2)

Appendix B About this Report

# **Appendix B: About this Report**

This report contains results from the 2011 New Mexico High School Youth Risk and Resiliency Survey (YRRS). The YRRS is a statewide survey of public school students in middle schools and high schools throughout New Mexico. Statewide and county level results are available at **www.YouthRisk.org** and **www.health.state.nm.us/ERD/HealthData/yrrs.shtml**. In addition, school district reports have been prepared for each participating school district and have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. School district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org. Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, mental health, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school.

# **Using the Report**

The main section of this report consists of a module of results for each main topic area of the YRRS. The risk behavior modules each start with a set of line charts illustrating change in behavior over the years of the survey. The line charts are followed by one or more set of three bar charts. The first bar chart in each set compares the county prevalence of a group of behaviors to the NM prevalence for the same behaviors; the second compares the county prevalence for girls to that of boys for the same behaviors, and the third compares the county prevalence for each grade level.

Following the section on distinct risk and resiliency factors is a section that illustrates the relationship between risk behaviors and protective factors. This section consists of a set of bar charts, each showing the prevalence of a particular risk behavior for students with varying levels of selected protective factors.

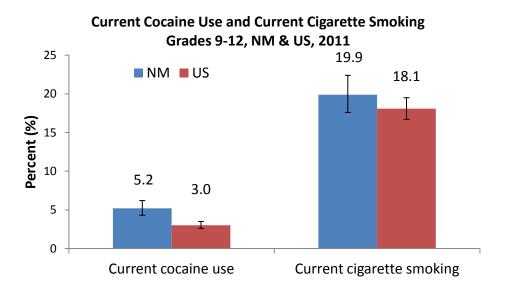
In some cases when there were very few students in a particular age or gender group, data have been suppressed to protect the anonymity of the individual respondents. In these cases, charts showing prevalence by gender or grade level have been omitted from the report.

# Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. A label for each bar presents the actual percentage of students who reported each trait. For instance, the chart on page 25, Unintentional Injury, shows that 8.0% of students in New Mexico rarely or never wore seatbelts, while 7.3% of students in Taos County rarely or never wore seatbelts.

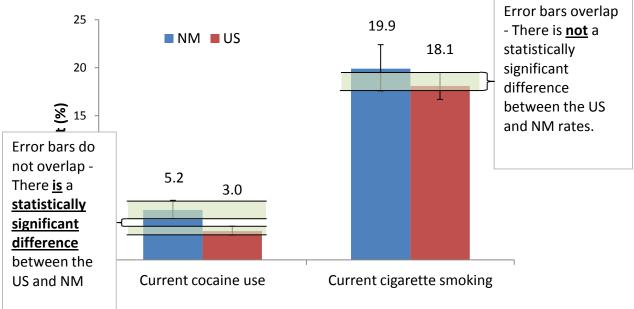
Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are from a *sample* of students, and not the entire student body, the results in this report are *estimates*. As with all estimates, there is some uncertainty associated with each of these results. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin '<sub>I</sub>' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2011. The chart shows that the prevalence of current smoking was 19.9% in New Mexico and 18.1% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 2 percentage points in either direction, from 17.6% to 22.4%. This means that we are confident that the actual percentage of smokers in this group of students was between 17.6% and 22.4%. The error bar for the estimate of current smoking in the US extends approximately 1.5 percentage points in either direction, from 16.7% to 19.5%. We are confident that the actual percentage of smokers 16.7% and 19.5%.



How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (19.9% vs. 18.1%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (17.6%–22.4%) and the US estimate (16.7%-19.5%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that New Mexico had a higher prevalence than the United States (5.2% vs. 3.0%). The error bar for New Mexico extends from 4.3% to 6.2%, and the error bar for the United States extends from 2.6% to 3.5%. Because the higher bound of the US error bar (3.5%) is lower than the lower bound of the NM error bar (4.3%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.



Current Cocaine Use and Current Cigarette Smoking Grades 9-12, NM & US, 2011

For some small school districts, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.

# **Risk Behavior Definitions**

# <u>Injury</u>

Rarely or never wore a bike helmet, of those who rode a bike

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?* 

AMONG those who

Reported riding a bicycle

# Never or Rarely Wore a Seatbelt

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?* 

# Carried a gun

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a gun?* 

# Violence-Related Behaviors

# Carried weapon

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?* 

# In a physical fight

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight?* 

## Teen dating violence

Answered 'Yes' to the question, *During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?* 

# Ever physically forced to have sexual intercourse

Answered 'Yes' to the question, *Have you ever been physically forced to have sexual intercourse when you did not want to?* 

## **Bullied electronically**

Answered 'Yes' to the question, *During the past 12 months, have you ever been bullied on school property?* 

## Bullied on school property

Answered 'Yes' to the question, *During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)* 

# Carried a weapon on school property

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?* 

## Skipped school due to safety concerns

Answered '1day' or more to the question, *During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?* 

# In a physical fight on school property

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight on school property?* 

# Mental Health

## Sadness or hopelessness

Answered 'Yes' to the question, *During the past 12 months, did you ever feel* so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

# Seriously considered suicide

Answered 'Yes' to the question, *During the past 12 months, did you ever seriously consider attempting suicide?* 

# Made a suicide plan

Answered 'Yes' to the question, *During the past 12 months, did you make a plan about how you would attempt suicide?* 

### Attempted suicide

Answered '1 time' or more to the question, *During the past 12 months, how many times did you actually attempt suicide?* 

#### Suicide attempt with injury

Answered 'Yes' to the question, *If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?* 

# Tobacco Use: Cigarettes

## Ever smoked cigarettes

Answered 'Yes' to the question, *Have you ever tried cigarette smoking, even one or two puffs?* 

# First smoked a cigarette before age 13

Answered '11 or 12 years old' or younger to the question, *How old were* you when you smoked a whole cigarette for the first time?

# Current cigarette smoking (Smoked at least one cigarette in past 30 days)

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you smoke cigarettes?

## Heavy cigarette smoking (Smoked cigarettes on 20 of past 30 days)

Answered '11 to 20 cigarettes per day' or more to the question,

During the past 30 days, on the days you smoked, how many cigarettes

## Frequent cigarette smoking (Smoked at least 11 cigarettes per day)

Answered '20 to 29 days' or more to the question, *During the past 30 days,* on how many days did you smoke cigarettes?

# Smoked on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes on school property?* 

# Bought cigarettes in a store

Answered 'I bought them in a store such as a convenience store, supermarket, discount store, or gas station' to the question, *During the past 30 days, how did you usually get* AMONG those who

Answered '17 years old' or younger to the question, How old are you?

# Tobacco: Other Use

# Current cigar smoking

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you smoke cigars, cigarillos, or little cigars?

# Current spit tobacco use

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

## Current use - cigarettes, cigars, or spit tobacco

Smoked cigarette or cigars or used spit tobacco on at least one of the past 30 days.

#### Current tobacco use

Any form of tobacco use in the past 30 days (smoked cigarettes or cigars, spit tobacco, or smoked tobacco with a hookah).

# In same room with a smoker

Answered '1 or 2 days' or more to the question, *During the past 7 days,* on how many days were you in the same room with someone who was smoking cigarettes?

# My parents think it very wrong for me to smoke

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to smoke cigarettes?* 

## Great risk from smoking a pack per day

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?* 

#### Alcohol Use

#### Ever drank alcohol

Gave any response other than 'I have never had a drink of alcohol other than a few sips' to the question, How old were you when you had your first drink of alcohol other than a few sips?

## Current drinker

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol?* 

#### Binge drinker

Answered '1 day' or more to the question, *During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?* 

#### Drank alcohol before age 13

Answered '11 or 12 years old or younger' to the question, *How old were you when you had your first drink of alcohol other than a few sips?* 

## Drank alcohol on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on* how many days did you have at least one drink of alcohol on school property?

#### Rode with drinking driver

Answered '1 time' or more to the question, *During the past 30 days,* how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

# Drove after drinking

Answered '1day' or more to the question, *During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?* 

### My parents think my regular alcohol use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?* 

Adults in my community think regular alcohol use by kids is very wrong

Answered 'Very wrong' to the question, How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or

### I think regular alcohol use by people my age is very wrong

Answered 'Very wrong' to the question, How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?

# People face great risk from daily alcohol use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?* 

## Marijuana Use

# Ever tried marijuana

Gave any response other than 'I have never tried marijuana' to the question, How old were you when you tried marijuana for the first time?

#### Current marijuana use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana?* 

#### Tried marijuana before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you tried marijuana for the first time?* 

#### Used marijuana on school property

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana on school property?* 

#### My parents think my marijuana use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to use marijuana?* 

#### People face great risk from regular marijuana use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?* 

# Other Drug Use

#### Current painkiller use to get high

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?* 

# Current inhalant use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how* many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

#### Current cocaine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase*?

## Current ecstasy use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used ecstasy*?

# Current methamphetamine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)*?

#### Current heroin use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?* 

# Improper prescription drug use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription*?

#### Lifetime cocaine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times did you use any form of cocaine, including powder, crack, or freebase?

### Lifetime ecstasy use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used ecstasy*?

## Lifetime methamphetamine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

#### Lifetime heroin use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times have you used heroin (also called smack, junk, or China White)?

#### Illegal injection drugs

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used a needle to inject any illegal drug into your body?* 

### Most or all close friends have used drugs such as marijuana or cocaine

Answered 'Most' or 'All' to the question, *Among the people you consider to be your closest friends, how many would you say do the following - Have used drugs such as marijuana or cocaine?* 

# Sold, offered, or given drugs on school property

Answered 'Yes' to the question, *During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?* 

## It would be easy to get marijuana

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to, how hard or easy would it be to get marijuana?* 

#### It would be easy to get hard drugs

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to,* how hard or easy would it be to get cocaine, LSD, methamphetamines, or other illegal drug?

# Sexual Activity

#### Ever had sexual intercourse

Gave any response other than 'I have never had sexual intercourse' to the question, *How old were you when you had sexual intercourse for the first time?* 

Sexually active

Respondent reported having sexual intercourse within the previous 3 months. Answered '1 person' or more to the question, *During the past 3 months, with how many people did you have sexual intercourse?* 

Had sexual intercourse before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you had sexual intercourse for the first time?* 

Had sexual intercourse with 4 or more people, of those who ever had sex

Answered '4 people' or more to the question, *During your life, with how many people have you had sexual intercourse?* 

AMONG those who

Reported they had "Ever had sexual intercourse" (see above)

Four or more lifetime sexual partners

Answered '4 people' or more to the question, *During the past 3 months, with* AMONG those who

Reported being "Sexually active" (see above)

Used alcohol or drugs at last sex

Answered 'Yes' to the question, *Did you drink alcohol or use drugs before you had sexual intercourse the last time?* 

Used condom at last sex

Answered 'Yes' to the question, The last time you had sexual intercourse,

did you or your partner use a condom?

AMONG those who

Reported being "Sexually active" (see above)

## Did not use condom at last sex

Answered 'No' to the question, *The last time you had sexual intercourse, did you or your partner use a condom?* 

AMONG those who

Reported being "Sexually active" (see above)

## Used birth control pills

Answered 'Birth control pills' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?* AMONG those who

Reported being "Sexually active" (see above)

Used Depo-Provera, birth control ring, implant, or IUD

Answered 'Depo-Provera (or any injectable birth control),

AMONG those who

Reported being "Sexually active" (see above)

Used reliable birth control method

Answered 'Birth control pills' or 'Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?* 

AMONG those who

Reported being "Sexually active" (see above)

Used reliable birth control and condom

Reported using reliable birth control (see above)

AND

Used a condom at last sex (see above)

AMONG those who

Reported being "Sexually active" (see above)

# **Nutrition**

# Ate 5 or more fruits or vegetables per day

Reported consuming five or more daily servings of fruit juice, fruit, green salad, potatoes, carrots, or other vegetables over the past 7 days.

Had fruit or fruit juice 2 or more times per day

Reported consuming 2 or more daily servings of fruit juice or fruit.

Ate three or more vegetables per day

Reported consuming 3 or more daily servings of green salad, potatoes, carrots, or other vegetables.

Drank one+ soda/day in the past 7 days

Answered '1 time per day' or more to the question, *During the past 7 days,* how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

# Vomited or used laxatives to lose weight

Answered 'Yes' to the question, *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?* 

# Physical Activity

# Exercised for 60 minutes on none of the last 7 days

Answered '0 days' to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?* 

# Exercised for 60 minutes on 5 of the last 7 days

Answered '5 days' or more to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?* 

# Exercised for 60 minutes on 7 of the last 7 days

Answered '7 days' to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?* 

# Three or more hours/day of TV

Answered '3 hours per day' or more to the question, *On an average school day, how many hours do you watch TV?* 

# Three + hours computer or gaming per day

Answered '3 hours per day' or more to the question, *On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)?* 

# Three or more hours screen time per day

Answered a combined total of '3 hours per day' or more to the two questions above (i.e., TV viewing and or computer/video usage).

## PE at least once per week

Answered '1 day' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?* 

# Daily PE

Answered '5 days' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?* 

# Body Weight

Note: Body Mass Index (BMI) was calculated from self reported height and weight.

# Overweight

Greater than or equal to the 85th national BMI percentile for age and sex, and less than the 95th national BMI for age and sex, based on historical data.

# Obese

Greater than or equal to the 95th national BMI percentile for age and sex, based on historical data.

## Overweight or obese

Greater than or equal to the 85th national BMI percentile for age and sex, based on historical data.

# Other Behaviors and Characteristics

## Ever taught about HIV in school

Answered 'Yes' to the question, *Have you ever been taught about AIDS or HIV infection in school.* 

## Asthma

Answered 'Yes' to both of the following questions:

Has a doctor or nurse ever told you that you have asthma?

# AND

Do you still have asthma?

# Not enough food to eat

Answered 'Sometimes not enough to eat' or 'Often not enough to eat' to the question, *Do you have enough food to eat, sometimes not enough to eat, or often not enough to eat?* 

## Domestic Non-English speaker

Answered 'All of the time', 'More than half the time' or 'About half the time' to the question, *How often do you speak a language other than English at home?* 

# Foreign born

Answered 'No' to the question, Were you born in the USA?

# Appendix C: Risk Behavior and Resiliency/Protective Factor Definitions

# Injury

Rarely or never wore a bicycle helmet

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?* 

AMONG those who

Reported riding a bicycle

## Never or Rarely Wore a Seatbelt

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?* 

## Carried a gun

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a gun?* 

# Violence-Related Behaviors

#### Carried weapon

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?* 

# In a physical fight

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight?* 

## Teen dating violence

Answered 'Yes' to the question, *During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?* 

#### Ever forced to have sexual intercourse

Answered 'Yes' to the question, *Have you ever been physically forced to have sexual intercourse when you did not want to?* 

## **Bullied electronically**

Answered 'Yes' to the question, *During the past 12 months, have you ever been bullied on school property?* 

# Bullied on school property

Answered 'Yes' to the question, *During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)* 

#### Carried a weapon on school property

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?* 

## Skipped school due to safety concerns

Answered '1day' or more to the question, *During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?* 

# In a physical fight on school property

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight on school property?* 

# Mental Health

# Persistent sadness or hopelessness

Answered 'Yes' to the question, *During the past 12 months, did you ever feel* so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

# Seriously considered suicide

Answered 'Yes' to the question, *During the past 12 months, did you ever seriously consider attempting suicide?* 

### Made a suicide plan

Answered 'Yes' to the question, *During the past 12 months, did you make a plan about how you would attempt suicide?* 

### Attempted suicide

Answered '1 time' or more to the question, *During the past 12 months, how many times did you actually attempt suicide?* 

# Suicide attempt with injury

Answered 'Yes' to the question, *If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?* 

## Tobacco Use: Cigarettes

#### Ever smoked cigarettes

Answered 'Yes' to the question, *Have you ever tried cigarette smoking, even one or two puffs?* 

#### First smoked a cigarette before age 13

Answered '11 or 12 years old' or younger to the question, *How old were* you when you smoked a whole cigarette for the first time?

#### Current cigarette smoking (Smoked at least one cigarette in past 30 days)

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you smoke cigarettes?

## Heavy smoking (Smoked cigarettes on 20 of past 30 days)

Answered '11 to 20 cigarettes per day' or more to the question, During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

# Frequent smoking (Smoked at least 11 cigarettes per day)

Answered '20 to 29 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes?* 

#### Smoked on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes on school property?* 

#### Bought cigarettes in a store

Answered 'I bought them in a store such as a convenience store, supermarket, discount store, or gas station' to the question, *During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)* 

## AMONG those who

Answered '17 years old' or younger to the question, How old are you?

# Tobacco: Other Use

# Current cigar smoking

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?* 

#### Current spit tobacco use

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

## Current use - cigarettes, cigars, or spit tobacco

Smoked cigarette or cigars or used spit tobacco on at least one of the past 30 days.

#### Current tobacco use

Any form of tobacco use in the past 30 days (smoked cigarettes or cigars, spit tobacco, or smoked tobacco with a hookah).

# In same room with a smoker

Answered '1 or 2 days' or more to the question, *During the past 7 days,* on how many days were you in the same room with someone who was smoking cigarettes?

# My parents think it very wrong for me to smoke

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to smoke cigarettes?* 

## Great risk from smoking a pack per day

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?* 

#### Alcohol Use

# Ever drank alcohol

Gave any response other than 'I have never had a drink of alcohol other than a few sips' to the question, How old were you when you had your first drink of alcohol other than a few sips?

### Current drinking

Answered '1 or 2 days' or more to the question, *During the past 30 days,* on how many days did you have at least one drink of alcohol?

# Binge drinking

Answered '1 day' or more to the question, *During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?* 

# Drank alcohol before age 13

Answered '11 or 12 years old or younger' to the question, *How old were you when you had your first drink of alcohol other than a few sips?* 

#### Drank alcohol on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on* how many days did you have at least one drink of alcohol on school property?

#### Rode with drinking driver

Answered '1 time' or more to the question, *During the past 30 days,* how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

# Drinking and driving

Answered '1day' or more to the question, *During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?* 

# My parents think my regular alcohol use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents* feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly? Adults in my community think regular alcohol use by kids is very wrong

Answered 'Very wrong' to the question, *How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?* 

I think regular alcohol use by people my age is very wrong

Answered 'Very wrong' to the question, *How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?* 

# People face great risk from daily alcohol use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?* 

## Marijuana Use

# Ever tried marijuana

Gave any response other than 'I have never tried marijuana' to the question, How old were you when you tried marijuana for the first time?

# Current marijuana use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana?* 

## Tried marijuana before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you tried marijuana for the first time?* 

## Used marijuana on school property

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana on school property?* 

# My parents think my marijuana use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to use marijuana?* 

## People face great risk from regular marijuana use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?* 

## Other Drug Use

## Current painkiller use to get high

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?* 

# Current inhalant use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how* many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

## Current cocaine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase*?

## Current ecstasy use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used ecstasy*?

# Current methamphetamine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)*?

### Current heroin use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?* 

# Improper prescription drug use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription*?

# Lifetime cocaine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times did you use any form of cocaine, including powder, crack, or freebase*?

## Lifetime ecstasy use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used ecstasy*?

## Lifetime methamphetamine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

## Lifetime heroin use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how* many times have you used heroin (also called smack, junk, or China White)?

## Illegal injection drugs

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used a needle to inject any illegal drug into your body?* 

## Most or all close friends have used drugs such as marijuana or cocaine

Answered 'Most' or 'All' to the question, *Among the people you consider to be your closest friends, how many would you say do the following - Have used drugs such as marijuana or cocaine?* 

## Sold, offered, or given drugs on school property

Answered 'Yes' to the question, *During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?* 

# It would be easy to get marijuana

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to, how hard or easy would it be to get marijuana?* 

## It would be easy to get hard drugs

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to, how hard or easy would it be to get cocaine, LSD, methamphetamines, or other illegal drug?* 

### Sexual Activity

## Ever had sexual intercourse

Gave any response other than 'I have never had sexual intercourse' to the question, *How old were you when you had sexual intercourse for the first time?* 

Sexually active

Respondent reported having sexual intercourse within the previous 3 months. Answered '1 person' or more to the question, *During the past 3 months, with how many people did you have sexual intercourse?* 

Had sexual intercourse before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you had sexual intercourse for the first time?* 

Had sexual intercourse with 4 or more people, of those who ever had sex

Answered '4 people' or more to the question, *During your life, with how many people have you had sexual intercourse?* 

AMONG those who

Reported they had "Ever had sexual intercourse" (see above)

Four or more lifetime sexual partners

Answered '4 people' or more to the question, *During the past 3 months, with how many people did you have sexual intercourse?* 

AMONG those who

Reported being "Sexually active" (see above)

Used alcohol or drugs at last sex

Answered 'Yes' to the question, *Did you drink alcohol or use drugs before you had sexual intercourse the last time?* 

Used a condom

Answered 'Yes' to the question, *The last time you had sexual intercourse, did you or your partner use a condom?* 

AMONG those who

Reported being "Sexually active" (see above)

Did not use a condom

Answered 'No' to the question, *The last time you had sexual intercourse, did you or your partner use a condom?* 

AMONG those who

Reported being "Sexually active" (see above)

Used birth control pills

Answered 'Birth control pills' to the question, The last time you had sexual

intercourse, what one method did you or your partner use to prevent pregnancy? AMONG those who

Reported being "Sexually active" (see above)

Used Depo-Provera, birth control ring, implant, or IUD

Answered 'Depo-Provera (or any injectable birth control),

Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?* 

AMONG those who

Reported being "Sexually active" (see above)

Used reliable birth control method

Answered 'Birth control pills' or 'Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?* 

AMONG those who Reported being "Sexually active" (see above) Used reliable birth control and condom

Reported using reliable birth control (see above)

AND

Used a condom at last sex (see above)

AMONG those who

Reported being "Sexually active" (see above)

# **Nutrition**

### Five or more fruits or vegetables per day

Reported consuming five or more daily servings of fruit juice, fruit, green salad, potatoes, carrots, or other vegetables over the past 7 days.

#### Had fruit or fruit juice 2 or more times per day

Reported consuming 2 or more daily servings of fruit juice or fruit.

#### Ate three or more vegetables per day

Reported consuming 3 or more daily servings of green salad, potatoes, carrots, or other vegetables.

# Daily soda consumption

Answered '1 time per day' or more to the question, *During the past 7 days,* how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

# Vomited or used laxatives to lose weight

Answered 'Yes' to the question, *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?* 

## Physical Activity

# No days of physical activity per week

Answered '0 days' to the question, *During the past 7 days, on how many* days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

#### Five days of physical activity per week

Answered '5 days' or more to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?* (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

# Daily physical activity

Answered '7 days' to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)* 

# Watched TV three or more hours per day

Answered '3 hours per day' or more to the question, On an average school day, how many hours do you watch TV?

## Computer use or video gaming three or more hours per day

Answered '3 hours per day' or more to the question, *On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)?* 

Total screen time three or more hours per day

Answered a combined total of '3 hours per day' or more to the two questions above (i.e., TV viewing and or computer/video usage).

PE at least once per week

Answered '1 day' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?* 

# Daily PE in school

Answered '5 days' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?* 

# Body Weight

Note: Body Mass Index (BMI) was calculated from self reported height and weight.

## Overweight

Greater than or equal to the 85th national BMI percentile for age and sex, and less than the 95th national BMI for age and sex, based on historical data.

#### Obese

Greater than or equal to the 95th national BMI percentile for age and sex, based on historical data.

## Overweight or obese

Greater than or equal to the 85th national BMI percentile for age and sex, based on historical data.

## Other Behaviors and Characteristics

## Ever taught about HIV in school

Answered 'Yes' to the question, *Have you ever been taught about AIDS or HIV infection in school.* 

# Asthma

Answered 'Yes' to both of the following questions:

Has a doctor or nurse ever told you that you have asthma?

AND

Do you still have asthma?

# Not enough food to eat

Answered 'Sometimes not enough to eat' or 'Often not enough to eat' to the question, *Do you have enough food to eat, sometimes not enough to eat, or often not enough to eat?* 

## Domestic Non-English speaker

Answered 'All of the time', 'More than half the time' or 'About half the time' to the question, *How often do you speak a language other than English at home?* 

#### Foreign born

Answered 'No' to the question, Were you born in the USA?

## **Resiliency/Protective Factors**

Unless otherwise noted, responses in the resiliency/protective factor sections of this report refer to respondents who answered "Very much true" to the questionnaire item indicated.

New Mexico 2011 YRRS High School

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