## **Medical Checklist Instructions**

The medical checklist is a form that can be utilized in the planning for and gathering information of individual's medical appointments and follow-up information. This tool is most effective for providers of supported and/or family living services. Those providers use this form as a "roll-up" tool. They document the information that they then summarize in the Healthcare Coordinator Quarterly Summary and the quarterly report submitted by the service coordinator or program manager.

## To Complete the form:

- 1. Fill in individual's name
- 2. Fill in the period covered (suggested to be not more than an ISP year, but may be done only quarterly).
- 3. For any appointments that occur, fill in the date, the follow up indicated and any follow up appointments.
- 4. If an appointment type is not listed, write it in one of the blank lines allowed for "other" and complete information as in number 3 above.

The example below indicates an individual who had the following appointments:

PCP—1/12/09 for semiannual check-up Blood levels—1/12/09 Dental—11/17/08 No Vision, Neurology, or Psychiatry currently due Podiatry—2/27/09 Hearing—Due in 2010 Urgent Care for a fall—12/30/08 X-Ray for fall—12/30/08

And is turning 50, so should have some conversation regarding age appropriate screenings at next PCP visit.

## **Example Medical Check List**

Individual's Name: Jimmie Smith Period from: 11/08-2/09

Physician Appt.	Date of Appt.	Follow-up from current appointment (include next appointment date)	Upcoming Scheduled Appointments
PCP	1/12/09	Slight bruising remains from fall. No indications of pain or broken bones. No health concerns at this time. Return PRN	Annual H &P due 7/09
Blood Levels	1/12/09	Labs within normal limits. Next due at annual H & P in July.	Annual H & P with blood draw 7/09
Dental	11/17/08	Poor hygiene around gum line. Retrain staff on oral hygiene procedure. Next Appt 3/05/09	3/05/09
Vision	n/a		
Neurology	n/a		
Psychology/Psychiatry	n/a		
Podiatry	2/27/09	Mycotic nails. Cut and cleaned. Return to clinic 2 months.	4/18/09
Hearing	Due 2010		
Age Appropriate Screening:	n/a	Discuss age appropriate screenings with PCP at H & P due 7/-0	7/09
Other:			
Urgent Care	12/30/08	Fall—bruising on hip/lower back. X-ray ordered.	F/U at PCP on 1/12/09
X-Ray	12/30/08	No fracture indicated.	PCP 1/12/09

Health Care Coordinator Signature:_	James Doe, Direct Support Professional Date:	2/13/09
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