

Tai Ji Quan: Moving For Better Balance[®] **NEW INSTRUCTOR TRAINING**



Apply Now!

[Tai Ji Quan: Moving for Better Balance](#)[®] is an evidence-based elder falls prevention program. For more information or to apply to this 2-day New Instructor training, please see details below.

SPONSORED BY:



- DATE/TIME:** Nov 12 & 13, 2016; (Sat & Sun, 8am-5pm both days)
- LOCATION:** Manzano del Sol Village/Good Samaritan Society
5201 Roma Ave, NE, Albuquerque, NM 87108
- CLOTHING:** Wear comfortable, light, cotton exercise clothing
- COST:** FREE Training & Materials
- MATERIALS PROVIDED:** Workbook, program users guide, DVD, research articles
- TRAINING APPLICATION:** Click [HERE](#) for more information and to apply for the instructor training – **DEADLINE FRIDAY, NOV. 4, 2016**
- TRAVEL SCHOLARSHIP:** Click [HERE](#) to apply for the travel scholarship - **DEADLINE FRIDAY, NOV. 4, 2016**
- QUESTIONS:** Karen Dugas, Adult Falls Prevention Coordinator,
NMDOH Karen.dugas@state.nm.us OR (505) 827-5146