

NM Pic-AAP

Nombre: _____

Fecha: _____



15 minutos antes



Mañana



tableta masticable

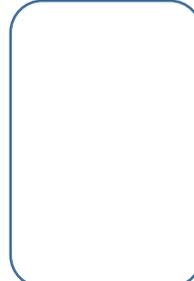
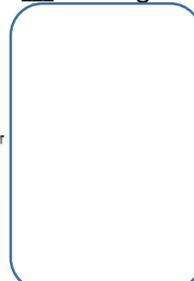


Aerocámara

Inhalador



Noche



tableta masticable

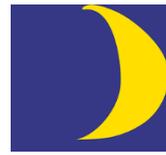


- Respira con dificultad
- Tos durante el día o la noche
- Silbidos leves
- Pecho apretado

Desencadenantes:



Mañana



Noche



descargas

Cada 4 horas



Aerocámara

Inhalador

Si no mejora en un día llame a su doctor



- Respiración dificultosa y rápida
- No puede parar de toser
- Se le ven las costillas cuando
- No puede hablar o caminar bien



descargas



Aerocámara

Inhalador



The pictorial asthma action plan (Pic-AAP) is a patient education tool intended to supplement the NMDOH asthma action plan. The Pic-AAP is designed to engage children and families in asthma self-management and improve overall measures of asthma control. The objectives of this Quality Improvement (QI) initiative are to incorporate the use of Pic-AAP during regularly scheduled asthma primary care visits for children and their families and track measures of asthma control for children who use the Pic-AAP. The Pic-AAP was developed in collaboration with University of New Mexico, Department of Pediatrics, Envision New Mexico. If you are interested in participating in a pilot study (UNM IRB 17-044) to evaluate the Pic-AAP, please contact Matt Cross-Guillén with the NMDOH, Epidemiology and Response Division, Asthma Control Program at 505-476-3531 or matthew.cross@state.nm.us or Brandon Bell at 505-925-7520 or email brbell@salud.unm.edu