NMDOH DOULA RECREDENTIALING REQUIREMENTS

Doula's must recredential every 2 years with the New Mexico Department of Health to stay eligible for Medicaid reimbursement. In order to recredential, doulas must:

1. Meet all of the Eligibility Requirements
2. Complete 24 Continuing Education Units (CEUs) prior to the month that the application is due to renew.

ELIGIBILITY REQUIREMENTS

To be eligible to recredential as a doula with the New Mexico Department of Health (NMODH), all applicants must provide:

1. A Driver's License or state-issued identification card (issued within the 50 United States or the District of Columbia) of the provider, or person signing the application who has the authority to legally bind the applicant or provider.
2. Proof of a current adult and infant cardiopulmonary resuscitation (CPR) Certification from the American Red Cross or American Heart Association. (Please note that an in-person skills session is needed to obtain full certification.)
3. Attestation that the applicant has completed an approved (or its equivalent) HIPAA training. The applicant must also attest that they will adhere to all HIPAA guidelines.

CEU REQUIRED TOPICS

12 hours must be completed in Primary CEU topics with a minimum of 3 hours in each topic:

Primary CEU Topics Include:

- Maternal Mental Health;
- Prenatal and Postpartum Care for Individuals Experiencing Substance Use Disorders;
- Lactation Support; and
- Cultural Humility in Reproductive Health

SECONDARY CEU HOURS

12 hours in secondary CEU hours in topics relevant to the Doula practice.

Secondary CEU Topic Examples include:

- Perinatal Care for Indigenous Families
- Perinatal Nutrition and/or Gestational Diabetes
- Support for Special Birth Circumstances
- Perinatal Care for Families from various backgrounds
- Trauma Informed Care
- Grief and Loss
- Postpartum Care and Recovery
- Maternal Morbidity and Mortality
- Fertility & Preconception
- Support for Pregnancy Termination

Recredentialing applications and more information can be found on the NMDOH Doula Program Website:
https://www.nmhealth.org/about/phd/fhb/mch/doula/

NMHealth