

New Mexico School Health Manual

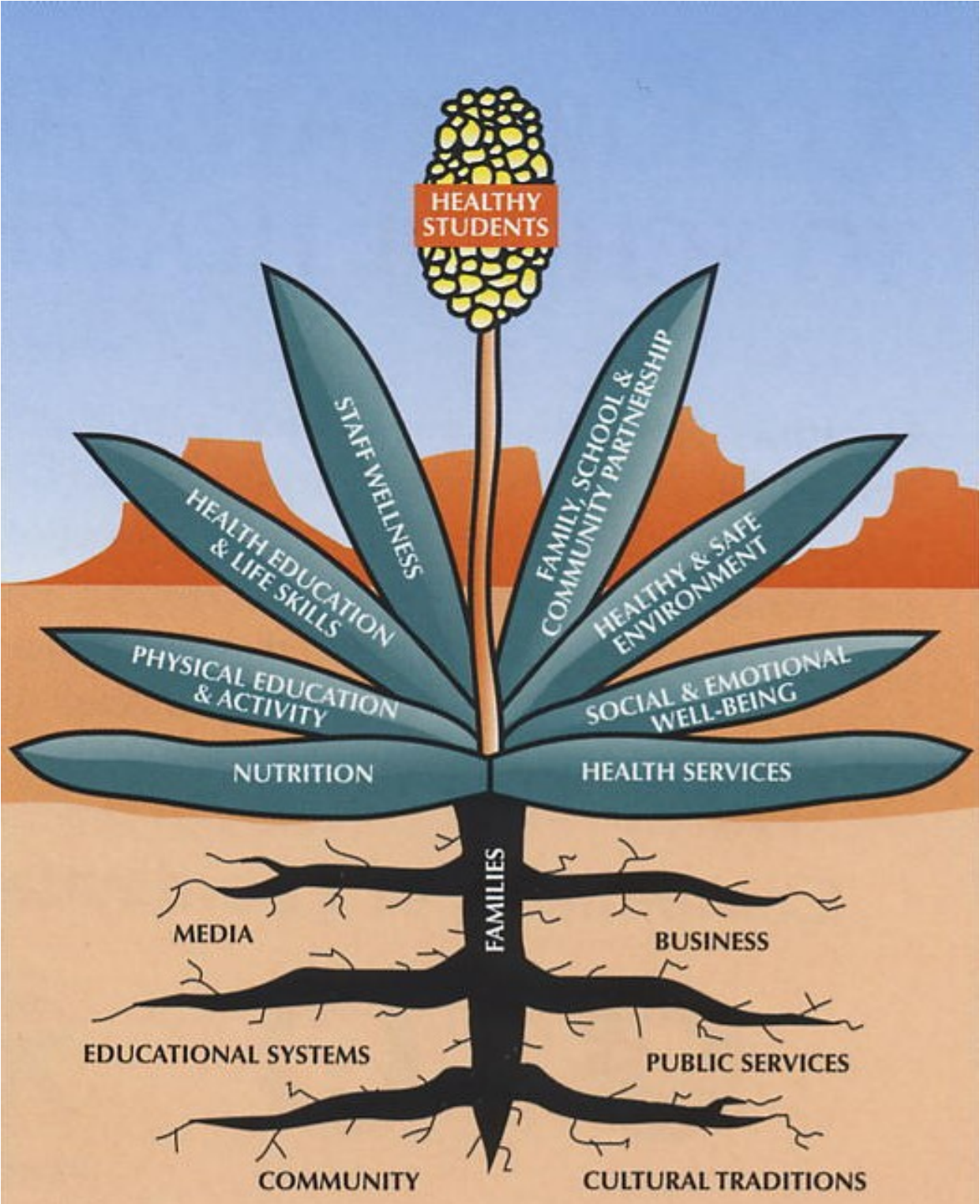


TABLE OF CONTENTS

CHAPTER ONE – COORDINATED SCHOOL HEALTH PROGRAM.....	7
Implementing the School Health Program.....	7
School Health Assistant.....	8
Licensed Practical Nurse.....	9
Teaching/Instructional Staff.....	9
Counseling Staff (Counselors, Social Workers, Psychologists).....	9
Food Services Personnel.....	9
School-Based Health Centers.....	9
Health Room Facility.....	10
Health Room Facility Recommendations and Requirements.....	10
Equipment Recommendations and Requirements.....	10
First-Aid Supplies Recommendations and Requirements.....	10
School Nursing Staff Medical Oversight.....	11
References and Resources.....	13
CHAPTER TWO – New Mexico Statutes, Administrative Codes, Policies and Regulations Relating to School Health.....	15
Introduction.....	15
Licensure and Competencies for School Health Professionals.....	15
New Mexico Nurse Practice Act.....	15
New Mexico School Health Program.....	17
Specific School Health Issues covered by NMAC.....	19
Health Records Retention.....	24
Confidentiality.....	25
Confidential Services for Minors.....	27
Documentation.....	29
Adverse Event Reporting.....	30
References and Resources.....	33
CHAPTER THREE – SCREENING ASSESSMENT AND SPECIAL EDUCATION.....	37
Introduction.....	37
Standards for Vision Screening in New Mexico Schools.....	37
Near Vision Acuity Screening Process.....	44
Hearing Screening.....	47
Height/Weight/BMI Screening.....	51
Scoliosis Screening.....	52
School Blood Pressure Screening.....	52
Special Health Related Assessments.....	53
Recommended School Nurse SAT or Special Education Screening Checklist.....	55
Resources and References.....	57
CHAPTER FOUR – STUDENTS WITH SPECIAL NEEDS.....	59
CHAPTER FIVE – INDIVIDUALIZED HEALTH CARE PLANS.....	61
CHAPTER SIX – MEDICATIONS IN THE SCHOOL.....	63
Introduction.....	63
Legal Definitions and Consideration for Medication Administration in the School Setting.....	63
Options for Medication Administration in the School Setting.....	65
Delegation of Medication Administration in the School Setting.....	68
Safety Considerations for Medication Administration in the School Setting.....	69
Emergency Medications in the School Setting.....	70
Students Rights - Asthma and Anaphylaxis Emergency Medications in the School Setting.....	72
Students Rights - Diabetes Self-Management in the School Setting.....	73
Guidelines for Over the Counter Medications in the School Setting.....	74
Guidelines for Controlled Substances in the School Setting.....	75
Guidelines for Complementary and Alternative Medications and Therapies in the School Setting.....	77
Guidelines for Medication Administration for Field Trips and School Sanctioned Events in the School Setting.....	80
Guidelines for Off Label, Research, and Investigational Medication Administration in the School Setting.....	81

Storage and Handling of Medications in the School Setting	82
Documentation and Record Keeping for Medication Administration in the School Setting	83
Disposal of Medications in the School Setting	84
References and Resources	84
CHAPTER SEVEN – PROCEDURE GUIDELINES	89
CHAPTER EIGHT – EMERGENCY SERVICES/FIRST AID	91
Guide to Providing Emergency Care	91
Automatic External Defibrillator (AED) Guidelines	92
Allergic Reaction	93
Asthma/Wheezing or Difficulty Breathing	95
Behavioral Emergencies	95
Bites Human & Animal	96
Bleeding	96
Blisters from Friction	97
Bruises	98
Burns	98
Child Abuse/Neglect	99
Chocking	99
Concussions	100
Cuts/Scratches/Scrapes	100
Diabetes	101
Diarrhea	102
Ears	102
Electric Shock	102
Eyes	103
Fainting	104
Fever	104
Fractures/Dislocations/Sprains/Strains	105
Frostbite	105
Headache	106
Head Injuries	106
Heat Stress	107
Hypothermia	108
Menstrual Difficulties	108
Mouth or Jaw Injuries	109
Neck/Back Injuries	109
Nose	110
Poisoning/Overdose	110
Pregnancy	111
Puncture Wounds	111
Rashes	112
Seizures	113
Splinters	114
Shock	114
Stings	115
Stomach Aches/Pain	115
Teeth	116
Unconsciousness	118
Vomiting	119
Student Emergency Medical Authorization Form	119
References and Resources	121
CHAPTER NINE – IMMUNIZATION	122
New Mexico Immunization Law	122
Immunization Assessment	122
New Mexico Administrative Codes	123
Exemptions From immunizations	123

School and Community Based Immunization Clinics	125
New Mexico Statewide Immunization Information System	126
Foreign Language Vaccine-Related Terms	128
References and Resources	128
CHAPTER TEN – COMMUNICABLE DISEASE CONTROL.....	131
Procedures for Control of Communicable Diseases	131
Diapering	133
Bloodborne Pathogen Exposure List	134
Animal or Human Bite.....	138
Bacterial Enteritis	140
Bed Bugs	142
Chlamydia, Gonorrhea.....	144
Conjunctivitis (Pink-eye).....	147
Cytomegalies Infection (CMV)	149
Diarrhea (Acute).....	150
Fifth Disease (Erythema Infections).....	152
Genital Warts.....	153
Giardiasis, Cryptosporidiosis.....	154
Haemophilus influenzae Invasive Disease.....	155
Hand, Foot and Mouth Syndrome.....	157
Hantavirus Pulmonary Syndrome (HPS).....	158
Hepatitis A (Acute).....	159
Hepatitis B and C (Acute).....	161
Herpes Simplex-Genital Infection	162
Herpes Simplex, Non-Genital Infections.....	164
HIV Infection/AIDS (Acquired Immunodeficiency Syndrome).....	165
Impetigo.....	167
Influenza	168
Meningitis (Bacterial).....	170
Meningitis (Viral or Aseptic).....	171
MRSA (Methicillin-Resistant Staphylococcus Aureus)	173
Mononucleosis (Infectious Mononucleosis, Mono).....	174
Mumps	175
Norovirus	177
Pediculosis (Head Lice).....	178
Pertussis (Whooping Cough).....	181
Plague	183
Rubella (German Measles, Three-Day Measles)	185
Rubeola (Measles)	186
Scabies	188
Streptococcal Infections (Strep throat)/Scarlet Fever.....	189
Tetanus	190
Tinea Capitis, Corporis, Cruris and Pedis.....	191
Tuberculosis (TB).....	192
Tularemia.....	194
Upper Respiratory Tract Infection, Acute Viral	195
Vaginitis	196
Varicella-Zoster Infections (Chicken Pox and Shingles).....	196
West Nile Disease.....	199
References and Resources	200
CHAPTER ELEVEN – SCHOOL SAFETY.....	202
CHAPTER TWELVE – SCHOOL WELLNESS POLICY	203
This chapter is Under Construction	203
CHAPTER THIRTEEN – DENTAL HEALTH.....	204
Oral Health Is Essential to General Health	204
Tooth Function	204

Oral Disease.....	204
Tooth Decay/Cavities	204
Periodontal Disease	205
Malocclusion	205
Oral Cancer.....	205
A Diet for Good Oral Health	205
Water Consumption	206
Brushing and Flossing	206
Tooth Brushing	206
Flossing.....	206
Fluoride.....	206
Systemic Fluorides	206
Topical Fluorides.....	207
Dental Sealants	207
Prevention of Oral Injury.....	207
Mouth Guards	207
Dental First Aid	208
References and Resources	208
CHAPTER FOURTEEN – MENTAL HEALTH.....	209
School’s Role.....	209
Developmental Stages	209
Prevention Activities	211
Common Mental Health Concerns	212
Depression	212
Bipolar Disorder (Previously called manic-depressive illness)	214
Disruptive Behavioral Disorders	215
Conduct Disorders	216
Oppositional Defiant Disorder (ODD)	217
Attention-Deficit / Hyperactivity Disorder.....	219
Eating Disorders	223
Post-Traumatic Stress Disorder (PTSD).....	226
Suicidal Ideation	231
Suicide Crisis Response.....	237
Non-Suicidal Self-Injury (NSSI)	238
Preventing Social Contagion	240
Somatic Complaints.....	241
Substance Abuse.....	242
Psychotropic Medication: Use with Children and Adolescents.....	243
Divorce	244
Grief and Loss	245
Child Abuse and Neglect.....	249
Human and Sex Trafficking Awareness	253
References Resources	255
CHAPTER FIFTEEN - STANDING ORDERS.....	261
Introduction	261
Standing Order for Administration of Naloxone by School Personnel.....	261
Guidelines for Administration of Vaccines by The School Nurse.....	263
Standing Order for Administration of Vaccines by The School Nurse.....	263
Standing Order Administer Influenza Vaccine for SKIIP Participants.....	263
Emergency Order for Vaccine Reactions	264
Guidelines for the School Nurse to Administer Oxygen	265
Standing Order for the School Nurse to Administer Oxygen	266
Standing order for the School Nurse to Provide Head Lice (Pediculosis) Treatment.....	267
Guidelines for Pregnancy Testing by the School Nurse	269
References and Resources	270
CHAPTER SIXTEEN – ANNUAL SCHOOL SERVICE REPORT.....	271

Definitions and Clarifications.....	271
Nursing Staff Data	271
Assistive Personnel Data	272
Students with Medical Diagnoses.....	274
Students Requiring Medically Complex Procedures	277
Students with Prescription Medications at School.....	278
Student Deaths Occurring During the School Year	279
Student Visits to Health Office.....	279
Emergency Medication Administered	282
Disposition of Students Visiting Health Office	282
Student Screenings	283
Miscellaneous School Nursing Functions.....	284
• The staff immunization count is the number who received immunizations, not the number of vaccines administered.	284
• Referrals for additional medical care for any condition should be captured in this section under the referral category.	284
• Any encounter that is not for immunizations nor results in a referral for additional medical care should be included in “Other Medical Encounters” e.g. emergencies, medication issues, injuries, individual advice/education, counseling, monitoring health conditions such as hypertension and diabetes.	284
• Any health education presentation/training provided specifically for the school staff should entered in that category.	284
References and Resources	285
CHAPTER SEVENTEEN – BLOODBORNE PATHOGENS –EXPOSURE AND CONTROL	286
New Mexico Regulation on Bloodborne Pathogens	286
Guidelines.....	286
Hepatitis B Vaccination and Post-Exposure Follow-Up.....	287
Exposure Classifications.....	289
Sample Bloodborne Pathogens Exposure Control Plan.....	290
Definitions	290
Exposure Determination	292
Methods of Compliance.....	292
Engineering and Work Practice Controls	292
Personal Protective Equipment (PPE)	293
Housekeeping	294
Regulated Waste	294
Handling Sharps	294
References and Resources	295
CHAPTER EIGHTEEN – DELEGATION.....	296
This chapter is Under Construction	296