

# TITLE X FAMILY PLANNING PROGRAM HEALTH SCREENING RESOURCE GUIDE: Health Screening that Promotes Trauma-Informed Care and Health Equity

The purpose of this resource guide is to provide clinical staff with resources, an overview of screening tools, and trainings that will promote equitable, inclusive, client-centered, and trauma-informed care. It also encourages clinical staff to become familiar with the various programs and resources within the New Mexico Department of Health as well as other state and national resources.

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In addition to resources provided, please create a list of local and state resources and referrals for each Title X clinical site that includes the following:

- Alcohol abuse counseling and treatment
- Substance abuse counseling and treatment
- Tobacco, e-cigarette, and vaping cessation
- Mental health counseling and treatment
- Suicidal ideation
- Sexual assault
- Interpersonal and intimate partner violence

See [Appendix D](#) of the Family Planning Protocol for additional information and resources on some of these topics.



## ALCOHOL USE

<b>RESOURCES</b>	
NMDOH Substance Use Epidemiology Program	<a href="http://nmhealth.org">Substance Use Epidemiology (nmhealth.org)</a>
NMDOH Alcohol Use in NM Infographic	<a href="http://nmhealth.org">Alcohol Use in NM Spring 2022 061322 (nmhealth.org)</a>
NMDOH Alcohol Outlet Density	<a href="http://nmhealth.org">Alcohol Outlet Density Factsheet Feb 2016 front copy (nmhealth.org)</a>
National Institute on Alcohol Abuse and Alcoholism	<a href="http://niaaa.nih.gov">National Institute on Alcohol Abuse and Alcoholism (NIAAA)   National Institute on Alcohol Abuse and Alcoholism (NIAAA) (nih.gov)</a>
CDC Alcohol Use and Public Health	<a href="http://cdc.gov">Alcohol and Public Health   CDC</a>
CDC Self-Screening Tool	<a href="http://cdc.gov">Check Your Drinking   Alcohol   CDC</a>
MA SBIRT: A Step-by-Step Guide	<a href="http://masbirt.org">SBIRT TK-SA3522 SinglePage.pdf (masbirt.org)</a>
Brief Screen, AUDIT, USAUDIT	<a href="http://sbirtoregon.org">Screening forms – SBIRT Oregon</a>
SBIRT Oregon	<a href="http://sbirtoregon.org">SBIRT Oregon</a> <ul style="list-style-type: none"> <li>• <a href="http://sbirtoregon.org">Slide 1 (sbirtoregon.org)</a></li> <li>• <a href="http://sbirtoregon.org">PowerPoint Presentation (sbirtoregon.org)</a></li> </ul>
RHNTC Summary of SBIRT Tools	<a href="http://rhntc.org">Summary of screening, brief intervention and referral to treatment (SBIRT) tools (rhntc.org)</a>
RHNTC Implementing Substance Use Screening Toolkit	<a href="http://rhntc.org">Implementing Substance Use Screening Toolkit   Reproductive Health National Training Center (rhntc.org)</a>
<b>NMDOH POLICIES</b>	
Reducing Alcohol Use Disorder with Oral Naltrexone Protocol	<a href="http://nmhealth.org">Microsoft Word - Protocol for Medical Management of Alcohol Abuse NMDOH 03_01_18</a>
<b>TRAININGS, WEBINARS AND VIDEOS</b>	
RHNTC Substance Use and Family Planning Webinar Part 2	<a href="http://rhntc.org">Substance Use &amp; Family Planning Webinar Part 2   Reproductive Health National Training Center (rhntc.org)</a>
RHNTC Substance Use and Family Planning Webinar Part 3	<a href="http://rhntc.org">Substance Use &amp; Family Planning Webinar Part 3   Reproductive Health National Training Center (rhntc.org)</a>

## SUBSTANCE USE

<b>RESOURCES</b>	
NMDOH Substance Use Epidemiology Program	<a href="https://www.nmhealth.org/substance-use-epidemiology">Substance Use Epidemiology (nmhealth.org)</a>
NMDOH Opioid Safety & Overdose Prevention Program	<a href="https://www.nmhealth.org/opioid-safety">Opioid Safety (nmhealth.org)</a>
NMDOH Harm Reduction Program	<a href="https://www.nmhealth.org/harm-reduction">Harm Reduction (nmhealth.org)</a>
NMDOH Drug Overdose in NM Infographic	<a href="https://www.nmhealth.org/drug-overdose-in-nm">Drug Overdose in NM Factsheet March 2021 030921 (nmhealth.org)</a>
NMDOH Naloxone in NM Infographic	<a href="https://www.nmhealth.org/naloxone-distribution">Naloxone Distribution Factsheet 2019 020719 (nmhealth.org)</a>
CDC Opioids	<a href="https://www.cdc.gov/opioids">Opioids   CDC</a>
CDC Marijuana and Public Health	<a href="https://www.cdc.gov/marijuana">Marijuana and Public Health (cdc.gov)</a>
SAMHSA	<a href="https://www.samhsa.gov">SAMHSA - Substance Abuse and Mental Health Services Administration</a>
National Institute on Drug Abuse	<a href="https://www.nida.nih.gov">NIDA.NIH.GOV   National Institute on Drug Abuse (NIDA)</a>
MA SBIRT: A Step-by-Step Guide	<a href="https://www.masbirt.org">SBIRT_TK-SA3522_SinglePage.pdf (masbirt.org)</a>
Brief Screen, DAST, CRAFFT	<a href="https://www.sbirtoregon.org">Screening forms – SBIRT Oregon</a>
SBIRT Oregon	<a href="https://www.sbirtoregon.org">SBIRT Oregon</a> <ul style="list-style-type: none"> <li>• <a href="https://www.sbirtoregon.org">Slide 1 (sbirtoregon.org)</a></li> <li>• <a href="https://www.sbirtoregon.org">PowerPoint Presentation (sbirtoregon.org)</a></li> </ul>
RHNTC Summary of SBIRT Tools	<a href="https://www.rhntc.org">Summary of screening, brief intervention and referral to treatment (SBIRT) tools (rhntc.org)</a>
RHNTC Implementing Substance Use Screening Toolkit	<a href="https://www.rhntc.org">Implementing Substance Use Screening Toolkit   Reproductive Health National Training Center (rhntc.org)</a>
NCTCFP Providing Inclusive Family Planning Care to Patients with SUDs: Case Studies	<a href="https://www.ctcfp.org">Case Studies: Providing Inclusive Family Planning Care to Patients with Substance Use Disorders – National Clinical Training Center for Family Planning (ctcfp.org)</a>
NM Crisis and Access Line	<a href="https://www.nmcal.org">NM Crisis Line - NMCAL</a>
<b>NMDOH POLICIES</b>	
Overdose Prevention and Education Protocol	<a href="https://www.nmhealth.org">Microsoft Word - NMDOH PHD Protocol for Overdose Prevention and Naloxone Distribution February 2019 01 22 19</a>
Syringe Service Program Protocol	<a href="https://www.nmhealth.org">NMDOH-PHDProtocolforSyringeServiceProgramJuly2020.pdf</a>
<b>TRAININGS, WEBINARS AND VIDEOS</b>	
RHNTC Substance Use and Family Planning Webinar Part 1	<a href="https://www.rhntc.org">Substance Use &amp; Family Planning Webinar Part 1   Reproductive Health National Training Center (rhntc.org)</a>
RHNTC Substance Use and Family Planning Webinar Part 2	<a href="https://www.rhntc.org">Substance Use &amp; Family Planning Webinar Part 2   Reproductive Health National Training Center (rhntc.org)</a>
RHNTC Substance Use and Family Planning Webinar Part 3	<a href="https://www.rhntc.org">Substance Use &amp; Family Planning Webinar Part 3   Reproductive Health National Training Center (rhntc.org)</a>
NCTCFP Clinician Café: Providing Inclusive Family Planning Care to Patients with SUDs	<a href="https://www.ctcfp.org">Clinician Café: Providing Inclusive Family Planning Care to Patients with Substance Use Disorders – National Clinical Training Center for Family Planning (ctcfp.org)</a>
NACCHO Health Equity in Response to Drug Overdose Training	<a href="https://www.pathlms.com">Health Equity in the Response to Drug Overdose Training   NACCHO (pathlms.com)</a>

**TOBACCO, E-CIGARETTE, AND VAPE USE**

<b>RESOURCES</b>	
NMDOH Tobacco Use Prevention and Control Program	<a href="http://nmhealth.org">Tobacco Cessation (nmhealth.org)</a>
NMDOH Adult Cigarette Smoking Fact Sheet	<a href="http://nmhealth.org">Fact Sheet – Adult Cigarette Smoking (nmhealth.org)</a>
NMDOH Live Vape Free Program	<a href="http://livevapefreenm.com">Stop Vaping Now   Help for Adults &amp; Teens   NMDOH (livevapefreenm.com)</a>
NM NUPAC	<a href="http://nupacnm.com">Homepage - NM Nupac (nupacnm.com)</a>
1-800-QUIT-NOW	<a href="http://quitnownm.com">Quit Now - Quit Now New Mexico (quitnownm.com)</a>
NM Public Education Department E-Cigarettes and Vaping	<a href="http://state.nm.us">E-Cigarettes and Vaping – New Mexico Public Education Department (state.nm.us)</a>
Campaign for Tobacco-Free Kids: New Mexico	<a href="http://tobaccofreekids.org">The Toll of Tobacco in New Mexico - Campaign for Tobacco-Free Kids (tobaccofreekids.org)</a>
CDC Smoking and Tobacco Use	<a href="http://cdc.gov">Smoking and Tobacco Use   CDC</a>
CDC Cessation Materials for Tobacco Control Programs	<a href="http://cdc.gov">Cessation Materials for Tobacco Control Programs   Smoking and Tobacco Use   CDC</a>
<b>TRAININGS, WEBINARS AND VIDEOS</b>	
RHNTC Tobacco Use Screening & Cessation Counseling for Reproductive Age Women Webinar	<a href="http://rhntc.org">Tobacco Use Screening &amp; Cessation Counseling for Reproductive Age Women Webinar   Reproductive Health National Training Center (rhntc.org)</a>

## INTERPERSONAL AND INTIMATE PARTNER VIOLENCE

<b>RESOURCES</b>	
NMDOH Injury Prevention Program	<a href="https://www.nmhealth.org/injury-prevention">Injury Prevention (nmhealth.org)</a>
NMDOH Sexual Violence Services and Prevention	<a href="https://www.nmhealth.org/sexual-violence-prevention">Sexual Violence Prevention (nmhealth.org)</a>
NMDOH Sexual Assault Fact Sheet	<a href="https://www.nmhealth.org/school-bullying">School Bullying (nmhealth.org)</a>
NM Sexual Assault and Domestic Violence Reports	<a href="#">Sexual Assault and Domestic Violence Reports   NMCSAP</a>
NM Coalition of Sexual Assault Programs	<a href="#">NMCSAP</a>
NM Coalition Against Domestic Violence	<a href="https://www.nmcadv.org/">New Mexico Coalition Against Domestic Violence (nmcadv.org)</a>
Coalition to Stop Violence Against Native Women	<a href="#">Coalition to Stop Violence Against Native Women – CSVANW – V3.0</a>
It Starts with Us	<a href="#">It Starts With Us NM</a>
CDC Intimate Partner Violence	<a href="#">Intimate Partner Violence   Violence Prevention   Injury Center   CDC</a>
CDC IPV Screening	<a href="#">06_105344_IPV_SVBooklet_knuth.indd (cdc.gov)</a>
NM Crisis Treatment Hotlines	<a href="https://www.nmhealth.org/crisis-treatment">Crisis Treatment (nmhealth.org)</a>
National Domestic Violence Hotline	<a href="#">Domestic Violence Support   The National Domestic Violence Hotline (thehotline.org)</a>
<b>TRAININGS, WEBINARS AND VIDEOS</b>	
National Center for Domestic Violence, Trauma, and Mental Health (NCDVTMH) Webinars	<a href="#">» Webinars (nationalcenterdvtraumamh.org)</a>
RHNTC Preventing and Responding to IPV in Reproductive Health Settings	<a href="#">Preventing and Responding to Intimate Partner Violence in Reproductive Health Settings Webinar   Reproductive Health National Training Center (rhntc.org)</a>
RHNTC Taking Care of Family Planning Providers Who Support Clients Experiencing Intimate Partner Violence	<a href="#">Taking Care of Family Planning Providers Who Support Clients Experiencing Intimate Partner Violence Webinar   Reproductive Health National Training Center (rhntc.org)</a>
RHNTC The Intersection of Intimate Partner Violence & HIV	<a href="#">The Intersection of Intimate Partner Violence &amp; HIV   Reproductive Health National Training Center (rhntc.org)</a>

## MENTAL HEALTH AND DEPRESSION

<b>RESOURCES</b>	
NMDOH Mental Health Program	<a href="https://www.nmhealth.org">Mental Health (nmhealth.org)</a>
NMDOH 2022 State of Mental Health in NM	<a href="https://www.nmhealth.org">State of Mental Health in New Mexico (nmhealth.org)</a>
NMDOH Mental Health Fact Sheet	<a href="https://www.nmhealth.org/publication/view/help/1830/">https://www.nmhealth.org/publication/view/help/1830/</a>
NMDOH Mental Health Fact Sheet for Adverse Childhood Experiences	<a href="https://www.nmhealth.org/publication/view/help/1831/">https://www.nmhealth.org/publication/view/help/1831/</a>
NMDOH Mental Health Fact Sheet for Youth and Young Adults	<a href="https://www.nmhealth.org/publication/view/help/1833/">https://www.nmhealth.org/publication/view/help/1833/</a>
Patient Health Questionnaire	<a href="https://www.apa.org">Patient Health Questionnaire (PHQ-9 &amp; PHQ-2) (apa.org)</a>
Patient Health Questionnaire-2	<a href="https://www.uw.edu">Patient Health Questionnaire-2 (PHQ-2) - Mental Disorders Screening - National HIV Curriculum (uw.edu)</a>
Patient Health Questionnaire-9	<a href="https://www.uw.edu">Patient Health Questionnaire-9 (PHQ-9) - Mental Disorders Screening - National HIV Curriculum (uw.edu)</a>
Generalized Anxiety Disorder GAD-2	<a href="https://www.cossapresources.org">Generalized Anxiety Disorder scale, GAD-2 (cossapresources.org)</a>
Adverse Childhood Events (ACEs) Screening Tools	<a href="https://www.aceinquiry.org">Screening Tools   ACEs Aware – Take action. Save lives.</a>
U.S. Surgeon General’s Protecting Youth Mental Health	<a href="https://www.hhs.gov">surgeon-general-youth-mental-health-advisory.pdf (hhs.gov)</a>
SAMHSA	<a href="https://www.samhsa.gov">SAMHSA - Substance Abuse and Mental Health Services Administration</a>
NM Crisis and Access Line	<a href="https://www.nmcal.org">NM Crisis Line - NMCAL</a>
988 Suicide and Crisis Lifeline	<a href="https://www.fcc.gov">988 Suicide and Crisis Lifeline   Federal Communications Commission (fcc.gov)</a>
<b>TRAININGS, WEBINARS AND VIDEOS</b>	
RHNTC Depression in Family Planning Settings Part 1	<a href="https://www.rhntc.org">Depression Screening in Family Planning Settings Webinar Part 1   Reproductive Health National Training Center (rhntc.org)</a>
RHNTC Depression in Family Planning Settings Part 2	<a href="https://www.rhntc.org">Depression Screening in Family Planning Settings Webinar Part 2   Reproductive Health National Training Center (rhntc.org)</a>
Mental Health First Aid	<a href="https://www.mhfa.org">Mental Health First Aid</a>

## SUICIDE

<b>RESOURCES</b>	
NMDOH Injury Prevention Program	<a href="https://www.nmhealth.org/injury-prevention">Injury Prevention (nmhealth.org)</a>
NMDOH 2022 State of Mental Health in NM	<a href="https://www.nmhealth.org/state-of-mental-health">State of Mental Health in New Mexico (nmhealth.org)</a>
NMDOH Suicide in New Mexico Fact Sheet – 2020 Data	<a href="https://www.nmhealth.org/publication/view/general/6535/">https://www.nmhealth.org/publication/view/general/6535/</a>
NMDOH Suicide Prevention Resource Guide	<a href="https://www.nmhealth.org/publication/view/general/7106/">https://www.nmhealth.org/publication/view/general/7106/</a>
NMDOH American Indian Suicide Prevention Resource Guide	<a href="https://www.nmhealth.org/publication/view/general/7105/">https://www.nmhealth.org/publication/view/general/7105/</a>
NMDOH Veterans, Active Military & Families, Reservists Suicide Prevention Resource Guide	<a href="https://www.nmhealth.org/publication/view/general/7107/">https://www.nmhealth.org/publication/view/general/7107/</a>
CDC Preventing Suicide: A Technical Package of Policy, Programs, and Practices	<a href="https://www.cdc.gov/preventing-suicide/">Preventing Suicide: A Technical Package of Policy, Programs, and Practices (cdc.gov)</a>
NIMH Warning Signs of Suicide	<a href="https://www.nimh.nih.gov/health/publications/warning-signs-of-suicide/">NIMH » Warning Signs of Suicide (nih.gov)</a>
Youth Suicide Warning Signs	<a href="https://www.nimh.nih.gov/health/publications/youth-suicide-warning-signs/">Youth Suicide Warning Signs</a>
NM Crisis and Access Line	<a href="https://www.nmcal.org/">NM Crisis Line - NMCAL</a>
National Suicide Prevention Lifeline	<a href="https://www.suicidepreventionlifeline.org/">Lifeline (suicidepreventionlifeline.org)</a>
988 Suicide and Crisis Lifeline	<a href="https://www.fcc.gov/988-suicide-and-crisis-lifeline">988 Suicide and Crisis Lifeline   Federal Communications Commission (fcc.gov)</a>
<b>TRAININGS, WEBINARS AND VIDEOS</b>	
NMDOH-OSAH Question, Persuade, Refer (QPR) Gatekeeper Training	<a href="https://www.trainmeosah.com/">Training Opportunities – Office of School and Adolescent Health Training Portal (trainmeosah.com)</a>

## LGBTQ+

<b>RESOURCES</b>	
NMDOH Office of Health Equity	<a href="https://www.nmhealth.org/health-equity">Health Equity (nmhealth.org)</a>
NMDOH Addressing the Health Needs of Sex and Gender Minorities in New Mexico	<a href="https://www.nmhealth.org/health-needs-of-sex-and-gender-minorities-in-new-mexico">Addressing the Health Needs of Sex and Gender Minorities in New (nmhealth.org)</a>
Transgender Resource Center of NM Provider Directory	<a href="https://www.tgrcnm.org/provider-directory">Transgender Resource Center of New Mexico (tgrcnm.org) Provider Directory — Transgender Resource Center of New Mexico (tgrcnm.org)</a>
CDC LGBT Health	<a href="https://www.cdc.gov/lgbt">Lesbian, Gay, Bisexual, and Transgender Health   CDC</a>
American Society of Plastic Surgeons Gender Affirming Surgeries	<a href="https://www.plasticsurgery.org/gender-affirming-surgeries">Gender Affirmation Surgeries   American Society of Plastic Surgeons (plasticsurgery.org)</a>
World Professional Organization for Transgender Health (WPATH) Standards of Care	<a href="https://www.wpath.org/standards-of-care">WPATH World Professional Association for Transgender Health Standards of Care FullBook_1l.indd (wpath.org)</a>
University of California San Francisco (UCSF) Transgender Care Guidelines	<a href="https://www.ucsf.edu/guidelines-for-the-primary-and-gender-affirming-care-of-transgender-and-gender-nonbinary-people">Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People   Gender Affirming Health Program (ucsf.edu)</a>
The Fenway Institute National LGBTQIA+ Health Education Center	<a href="https://www.fenwayinstitute.org/home">Home » LGBTQIA+ Health Education Center</a>
RHNTC Understanding Bias Podcast	<a href="https://www.rhntc.org/understanding-bias">Understanding Bias   Reproductive Health National Training Center (rhntc.org)</a>
RHNTC Support LGBTQ+ Clients with Affirming Language Job Aid	<a href="https://www.rhntc.org/support-lgbtq-clients-with-affirming-language-job-aid">Support LGBTQ+ Clients with Affirming Language Job Aid   Reproductive Health National Training Center (rhntc.org)</a>
Why Pronoun Use Matters	<a href="https://www.verywellmind.com/why-pronoun-use-matters">Why Pronoun Use Matters (verywellmind.com)</a>
The Purple Pages of El Paso	<a href="https://www.purplepagesofelpaso.org">The Purple Pages of El Paso – TX</a>
Trans Lifeline	<a href="https://www.translifeline.org">Home   Trans Lifeline</a>
<b>TRAININGS, WEBINARS AND VIDEOS</b>	
NMDOH Health Equity LGBTQ Health and Advocacy Training	<a href="https://www.nmhealth.org/health-equity-lgbtq-series">NMDOHCC: LGBTQ Series</a>
RHNTC Gender Appropriate Language: Practical Skills Development Webinar	<a href="https://www.rhntc.org/gender-appropriate-language-practical-skills-development-webinar">Gender Appropriate Language: Practical Skill Development Webinar   Reproductive Health National Training Center (rhntc.org)</a>
RHNTC The Need for Accepting and Affirming Care in Title X Settings Video	<a href="https://www.rhntc.org/the-need-for-accepting-and-affirming-care-in-title-x-settings-video">The Need for Accepting and Affirming Care in Title X Settings Video   Reproductive Health National Training Center (rhntc.org)</a>
LGBTQ+ Workplace Education Center	<a href="https://www.lgbtqworkplace.org">LGBTQ+ Workplace Training</a>

## PREGNANCY-RELATED RESOURCES

RESOURCES	
NMDOH Pregnancy Risk Assessment and Monitoring	<a href="https://nmhealth.org">Pregnancy Risk Assessment and Monitoring (nmhealth.org)</a>
NMDOH Maternal and Child Health Epidemiology	<a href="https://nmhealth.org">Maternal &amp; Child Health Epidemiology (nmhealth.org)</a>
NMDOH Maternal Child Health Program	<a href="https://nmhealth.org">Maternal &amp; Child Health (nmhealth.org)</a>
NMHSD Alcohol or Drug Use During Pregnancy	<a href="https://networkofcare.org">Alcohol or Drug Use During Pregnancy , New Mexico (networkofcare.org)</a>
NM Early Childhood Education & Care Department (ECECD)	<a href="https://nmececd.org">Early Childhood Education &amp; Care Department   Working to ensure that all New Mexican families and young children have equitable access to high-quality early childhood opportunities (nmececd.org)</a>
CDC Alcohol Use During Pregnancy	<a href="https://cdc.gov">Alcohol Use During Pregnancy   CDC</a>
NMDOH Cannabis Use in Pregnancy and Breastfeeding	<a href="https://nmhealth.org">PowerPoint Presentation (nmhealth.org)</a> <a href="https://nmhealth.org">MCP Pregnancy Breastfeeding 2022 ENG 070122 (nmhealth.org)</a> <a href="https://nmhealth.org">MCP Pregnancy Breastfeeding 2022 SPAN 070122 (nmhealth.org)</a>
CDC Substance Use During Pregnancy	<a href="https://cdc.gov">Substance Use During Pregnancy   CDC</a>
CDC/NCBDDD Substance Use in Pregnancy	<a href="https://cdc.gov">NCBDDD Activities: Substance Use in Pregnancy   NCBDDD   CDC</a>
National Harm Reduction Coalition Pregnancy and Substance Use Toolkit	<a href="https://nationalharmreductioncoalition.org">Pregnancy and Substance Use: A Harm Reduction Toolkit - National Harm Reduction Coalition</a>
UNM Milagro Program	<a href="https://unmhealthsystem.org">Milagro Program   Behavioral Health   UNM Health System   Albuquerque, New Mexico</a>
Lovelace G.R.A.C.E Program	<a href="https://lovelacehealthsystem.org">Labor &amp; Delivery   Lovelace Health System in New Mexico</a>
NMDOH Smoking and Tobacco Use	<a href="https://nmhealth.org">DID YOU KNOW: Tobacco can cause birth defects? (nmhealth.org)</a>
CDC Smoking During Pregnancy	<a href="https://cdc.gov">Smoking During Pregnancy   Smoking and Tobacco Use   CDC</a>
CDC Depression During and After Pregnancy	<a href="https://cdc.gov">Depression During and After Pregnancy (cdc.gov)</a>
CDC Understanding Pregnancy Resulting from Rape in the United States	<a href="https://cdc.gov">Understanding Pregnancy Resulting from Rape in the United States   Violence Prevention Injury Center CDC</a>
Agency for Health Research and Quality IPV Screening	<a href="https://ahrq.gov">Intimate Partner Violence Screening   Agency for Healthcare Research and Quality (ahrq.gov)</a>
Suicidal Ideation in Pregnancy: An Epidemiologic Review	<a href="https://nih.gov">Suicidal Ideation in Pregnancy: An Epidemiologic Review - PMC (nih.gov)</a>
Postpartum Support International Helpline	<a href="https://postpartumsupport.org">PSI HelpLine (English &amp; Spanish)   Postpartum Support International (PSI)</a>

## MOTIVATIONAL INTERVIEWING

Motivational Interviewing Overview	<a href="#">Understanding Motivational Interviewing   Motivational Interviewing Network of Trainers (MINT)</a>
The Effectiveness of Motivational Interviewing on Adult Behavior Change	<a href="#">Effectiveness of Motivational Interviewing on adult behaviour change in health and social care settings: A systematic review of reviews - PMC (nih.gov)</a>
Motivational Interviewing Strategies to Facilitate Adolescent Behavior Change	<a href="#">Adolescent Health Update: A Clinical Guide for Pediatricians, Vol. 20, No. 1, October 2007. Motivational Interviewing Strategies to Facilitate Adolescent Behavior Change (nih.gov)</a>
Motivational Interviewing: Definition, Techniques, and Efficacy	<a href="#">Motivational Interviewing: Definition, Techniques, and Efficacy (verywellmind.com)</a>

## SUMMARY OF HOTLINES

NM Crisis and Access Line	<a href="#">NM Crisis Line - NMCAL</a>
NM Crisis Treatment Hotlines	<a href="#">Crisis Treatment (nmhealth.org)</a>
988 Suicide and Crisis Lifeline	<a href="#">988 Suicide and Crisis Lifeline   Federal Communications Commission (fcc.gov)</a>
National Suicide Prevention Lifeline	<a href="#">Lifeline (suicidepreventionlifeline.org)</a>
National Domestic Violence Hotline	<a href="#">Domestic Violence Support   The National Domestic Violence Hotline (thehotline.org)</a>
1-800-QUIT-NOW	<a href="#">Quit Now - Quit Now New Mexico (quitnownm.com)</a>
Trans Lifeline	<a href="#">Home   Trans Lifeline</a>
Postpartum Support International Helpline	<a href="#">PSI HelpLine (English &amp; Spanish)   Postpartum Support International (PSI)</a>