

## Identify

**Prodrome** (2-4 days, range 1-7 days): Fever, cough, runny nose, conjunctivitis.

**Rash** (3-7 days): red, blotchy, macopapular rash develops at hairline or behind ears and spreads to rest of body.

**Exposure:** someone who has confirmed measles or travel to area with measles outbreak.

## Isolate

**Clinic:** provide procedural mask for symptomatic patients.

Prioritize triage and evaluation outside the clinic. When necessary, use single patient room with door closed.

**Inpatient:** Use Airborne & Contact isolation in single patient room

**PPE required:** N95 respirator, eye protection, gown, gloves

**Provide a procedural mask for the patient when outside patient room**

## Inform

Call NMDOH Nurse Helpline (1-833-796-8773) to get approval for lab confirmation, infection control support, and exposure follow-up.

## Initiate Care

- Collect nasopharyngeal or throat swab for testing at the State Laboratory using gown, gloves, N95 respirator, and face shield
- Dedicate patient equipment and limit staff traffic in and out of the room
- Rest non-AIIR room for 2 hours after patient discharge
- Follow organizational procedures for isolation room clean using [EPA-approved cleaners](#)
- Follow organizational procedures for occupational exposures to measles

### Additional Resources:

- [Interim infection prevention and control recommendations for measles in healthcare settings. Centers for Disease Control and Prevention \(CDC\) 12 April 2024.](#)
- [Chapter 7: Measles | Manual for the Surveillance of Vaccine-Preventable Diseases | CDC.](#)
- [Measles \(Rubeola\) | Yellow Book | CDC](#)
- [National Emerging Special Pathogens Training & Education Center](#)

