

NM Department of Health

# Helpline:

Your Unified Health Resource

**1-833-SWNURSE**

(1-833-796-8773)

or text your medical questions to

**“NMDOH” (66364)**



**MONDAY-FRIDAY**

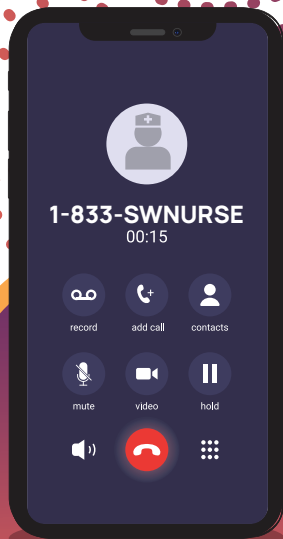
7 a.m. to 8 p.m. MT



**WEEKENDS**

10 a.m. to 4 p.m. MT

Services available in English and Spanish



Connecting New Mexicans to Health & Wellness

# KEY SERVICES

## Healthcare Connections

- Find primary care doctors, mental healthcare & specialists.
- Get STI testing & treatment, including TelePrEP & DoxyPEP.
- Access medication for addiction treatment and get support for recovery.

## Health Questions

- Ask questions about diseases & infections, including food poisoning & animal bites.
- Learn about applying for Radiation Exposure Compensation (Downwinders).
- Connect to vaccines for kids & adults.

## Reproductive Health Services

- Get birth control, including the morning after pill.
- Find an abortion provider & learn about resources.
- Connect to healthy pregnancy resources & prenatal care.

## Provider Support

- Report notifiable conditions.
- Consult with an epidemiologist.
- Receive help with STD & TB management.



[nmhealth.org](https://nmhealth.org)

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