

More helpful information is available by contacting:

## NEW MEXICO NEWBORN SCREENING PROGRAM

1-877-890-4692 OR 1-505-476-8868

www.sld.state.nm.us/nms

http://oregon.gov/dhs/ph/nbs/index.shtml







# These Tests Could Save Your Baby's Life

New Mexico Newborn Screening Tests



Why does my baby need Newborn Screening tests? Most babies are healthy when they are born.

We test all babies because a few babies look healthy but have a rare health problem.

If we find problems early, we can help prevent serious problems like mental retardation or death.

New Mexico requires a second test on all babies.

### How will my baby be tested?

Before you leave the hospital, a nurse will take a few drops of blood from your baby's heel.

The hospital will send the blood sample to a newborn screening lab.

At your first visit to the baby's doctor bring the test form they gave you in the hospital for the second test.

## How will I get the results of the test? Parents are notified of test results if there is a problem.

Ask about results when you see your baby's health professional.





Why do some babies need more testing? Your baby may be retested if you leave the hospital before 24 hours.

Some babies need more tests because there is a problem with the blood sample.

A few babies need more tests because the first test showed a possible health problem.

What if my baby needs more tests?
Your baby's health professional or the State Health Department Newborn Screening Program will contact you if your baby needs more tests. They will tell you why the baby needs to be retested and what to do next.

If your baby needs to be retested, get it done right away.

Make sure that your hospital and health professional have your correct address and phone number.

### What if I have questions?

Ask your baby's health professional if you have questions or concerns.