Lead poisoning is a serious problem, especially for an unborn baby. If you were exposed to lead in the past or exposed to lead now, lead in your body can be passed on to your unborn baby and harm him or her.

The most common way lead gets into the body is by breathing in or swallowing lead dust or putting things that contain lead in your mouth.

It is very important to stay away from lead while pregnant. You can also take steps to minimize the risk of lead in your home and other places your baby will spend time after being born.

For more information and resources, contact the NM Childhood Lead Poisoning Prevention Program

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