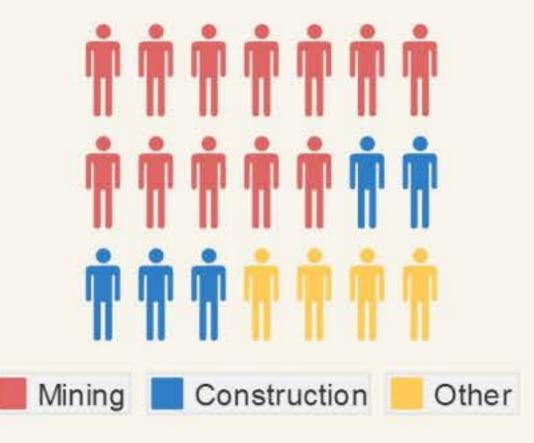
# SILICOSIS

#### in New Mexico

New Mexico has historically high rates of silicosis because of mining. However, not all silicosis in the state is mine-related.

### Deaths from or with silicosis by industry, 2000-2011



57% Mining 24% Construction 19% Other

Compared to the rest of the U.S., New Mexicans are



Twice as likely to die from or with silicosis

> 2.0\* 95% CI 1.3 - 3.2

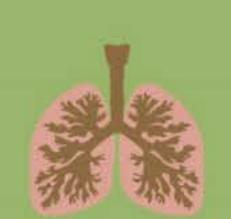
70% more likely to be hospitalized from or with silicosis

> 1.7\* 95% CI 1.4-2.0

\*Per million residents age 15 years and older, age-adjusted rates, 2000-2010

## Silicosis

is a preventable occupational lung disease that is caused by breathing in dusts containing crystalline silica and can damage:



Lungs

Makes breathing difficult



Heart

May lead to heart failure



May cause cancer

There is no cure for silicosis

### Main Sources of Silica Exposure in New Mexico



Drilling rock
Transportation of mine material
Concrete mixing
Sandblasting
Cinder/concrete block manufacturing
Plastering
Stone cutting

#### Resources

NM Radiation Exposure Screening and Education Program (RESEP) Screens former uranium industry workers by performing a respiratory questionnaire, chest x-ray with a B-reading, and pre-bronchodilator spirometry test. Those screened are advised medical follow-up and additional screen for benefits eligibility. Phone: (505) 272-5880

NM OSHA Local Emphasis Program: Silica Exposures
Conducts annual inspections of establishments involving silica exposures.
Phone: (505) 476-8700 or (877) 610-6742

NM Occupational Health Surveillance Program (OHSP)
Tracks work-related illness and injuries to promote safe and healthy
workplaces for all NM.
Phone: (888) 878-8992

