



***Hand washing is the single most important practice to prevent the spread of outbreaks!***

***HANDS MUST BE WASHED:***

- Whenever they are visibly soiled or there has been contact with stool.
- Between contact with different residents.
- Before putting on gloves and after removing gloves.
- After using the toilet.
- Before eating or smoking.
- Before handling or preparing food.

**A PROPER HAND WASH INCLUDES:**

- Using warm running water and soap with plenty of friction for 30 seconds.
- Using a clean paper towel to dry your hands and to turn off the tap.