New Mexico had the 6th* HIGHEST DRUG OVERDOSE DEATH RATE IN THE US in 2021.

*rate is Based on CDC WONDER data

Drug overdose deaths in NM in 2021 involved an opioid (prescription opioids, heroin, or fentanyl).

- NMDOH

In 2021 in NM, the methamphetamine-involved death rate was 2.8 times the rate in 2017.

- NMDOH

In 2021 in NM, about 91% of drug overdose deaths that involved benzodiazepines (drugs like Valium™ or Xanax™) also involved opioids.

- NMDOH

In 2021 in NM, the fentanyl-involved death rate was 9.25x the rate in 2017.

- NMDOH

Almost 70% Drug overdose deaths in NM in 2021 involved an opioid (prescription opioids, heroin, or fentanyl).

- NMDOH

To put that in context, ONE NEW MEXICAN DIED from drug overdose about EVERY 8.5 HOURS.

- NMDOH

In 2021, there were 1,029 deaths due to drug overdose in New Mexico.

- NMDOH

PEOPLE WITH PRESCRIPTION OPIOIDS ARE AT RISK OF OVERDOSE, NOT JUST NONMEDICAL USERS*.

* Non-medical use of prescription opioids (NMUPO) is defined as taking an opioid in a manner or dose other than prescribed, taking someone else’s prescription opioid, even if for a legitimate medical reason, or taking prescription opioids for the feelings that it produces (National Institute on Drug Abuse 2019). Jul 19, 2021
**THINGS YOU CAN DO TO PREVENT DRUG OVERDOSE**

- Never take a medicine not prescribed for you, or other than as prescribed.
- Never share prescriptions.
- Confirm all medicines that you take with your healthcare provider at every visit.
- Get naloxone! Naloxone is a drug that can reverse an opioid overdose.
- Naloxone can be requested at any pharmacy and does not require a prescription.
- To learn more about where you can get naloxone, visit: nmharmreduction.org
- If you are concerned about your use of controlled substances (medications) or illicit substances, see your healthcare provider and ask for help!
- Your healthcare provider can help you determine the appropriate treatment.
- Medication-assisted treatment (MAT) is available to treat opioid use disorder.

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