

Nutrition Services



CMS nutritionists provide dietary education and support to youth with special healthcare needs.

We work in close partnership with healthcare providers, early intervention programs, school systems, and community agencies to ensure children receive on-going nutrition services.



Nutrition Screenings

Nutritionists assess and evaluate any dietary needs, and work to manage any necessary referrals to address dietary needs for youth with special healthcare needs.



Specialized Support

One-on-one private nutritional consultations are available in-person or via phone with services tailored to each individual's medical needs to support overall health and well-being.



Family Education

Our family-centered services focus on collaborating with families to create personalized nutrition plans that address the unique health challenges and preferences for each child. In engaging families in the decision-making process and provide education and support, we strive to promote healthy habits.

Northwest Region

Abq North Valley
(505) 222-6527

Abq South Valley
(505) 873-7475

Bernalillo
(505) 867-2291

Farmington
(505) 566-0521

Gallup
(505) 566-0521

Rio Rancho
(505) 867-2291

 (505) 476-8868

 nmhealth.org