

New Mexico Overdose Prevention and Pain Management Advisory Council

January 10, 2020

1:30 to 3:30 PM

Location:

Scientific Laboratories Building

Albuquerque, NM

MEETING AGENDA

- I. Introductions and Review of Agenda
- II. Review of November 8, 2019 Advisory Council Meeting Minutes
- I. 2020 Recommendations - Michael Landen
- II. 2020 Council Membership
- III. Next Meeting

Overdose Prevention and Pain Management Advisory Council Meeting Minutes

Date: January 10, 2020

Time: 1:30 to 3:30 PM

Location: Scientific Laboratory Division, Albuquerque, NM

COUNCIL MEMBERS PRESENT:

Michael Landen
Troy Weisler
Lynda Ann Green
Michael Pendleton
Clare Romero
Hank Beckerhoff
Jennifer Weiss-Burke
Brandon Warrick
Ralph McClish

ABSENT:

Jason Flores
Steve Jenkusky
Ernie Dole
Bill Barkman
Mika Tari
Cheranne McCracken
Frances Lovett
Joanna Katzman

Quorum: Yes

Other participants: Shirley Scott, Kathryn Lowerre, Hilary Stim, Nasrin Fatemi, Michael Pridham, Derek Erickson, Victor Ekpe, Athena Huckaby, Phillip Fiuty, Roxanne Grajeda, Karen Edge, Jim Silva, Janet Popp, Chris Hollis, Don Johnson, Patrick Gutierrez, Dale Tinker, Pauline Mondragon, Beatriz Vela, Stanford Kemp, John Battisti, Margy Weinbar, Megan Deissinger, Rebecca Leppala, Sondra Frank, Kim Greenberg, Andrea Lohse, Chandelle Chavez, Wendy Price, Galine Prilouts kaya, Meggin Lorino, Julie Salvador, Diana Lopez, Katie Avery, Evonne Gantz, Jessica Evans-Wall, Danelle Callen, John E. Kutinac, Cheyenne McCravery, Arlene Brown

MEETING MINUTES

I. Introductions and Review of Agenda

II. Review of November 8, 2019 Advisory Council Meeting Minutes

III. Council Membership Status

- a. New appointments for the Advisory Council's following open seats have not been made: Consumer Health Advocate, Harm Reduction Organization, New Mexico Medical Society, Third Party Payer, and Addiction Specialist. The Councilors and other attendees were invited to submit nominations, to recommend nominees, and to invite others to nominate themselves for the open seats. Applications can be completed online at the Office of the Governor's Boards and Commissions website. The direct link is:
<https://www.emailmeform.com/builder/form/Oqd5SaP9ZFhWEVt55kMbf2zn>
- b. No interviews have been conducted by the Governor's office as of January 10, 2020.

IV. Subcommittee Updates

a. Methamphetamine Committee – Stanford Kemp

- i. Three Recommendations were constructed at the last meeting, included in final document.
- ii. The subcommittee has been divided into three focus areas; drug court interventions, methamphetamine treatment modalities, and social determinants.

- iii. The next meeting is January 14, 2020 from 2:30 to 3:30 pm in person and by teleconference.

b. Fentanyl Committee – Donald Johnson

- i. One Recommendation was constructed at the last meeting, included in final document.
- ii. The group is focused on creating unified messaging and addressing points of access for care.
- iii. The next meeting is February 11, 2020 from 2:00 to 3:00 pm in person and by teleconference.
- iv. Troy Weisler – One of the country’s largest Fentanyl seizures took place in New Mexico, most seizures are on transit through the state. Fentanyl has become more frequently mixed into the common illicit drugs used in New Mexico, again this is due to transit through the state.

c. Integrative Pain Management Committee Updates – Michael Pridham

- i. Four Recommendations were constructed at the last meeting, included in final document.
- ii. The group is focused on having alternative pain management therapies accepted in Medicaid.
- iii. The next meeting is at Comagine Health, in person or by teleconference.

V. 2019 Recommendations - Michael Landen

- a. Recommendation 1 – Passed (Y-9, N-0):** New Mexico law (Chapter 94, Laws of 2019) should be amended by exempting health care providers while they are treating a patient who is in a nursing home or in hospice care. Presented by Sondra Frank.

- 1. The Council Members are voting on this Recommendation in advance of the upcoming legislative session, allowing for a timely meeting with Senator Soules.

- b. Recommendation 2 – Passed (Y-8, N-1):** Chapter 59, Laws of 2017, which resulted from HB 370, should be amended to eliminate the contingency of “agency funding and agency supplies of naloxone” from the requirement that naloxone be made available to individuals upon release from criminal justice settings, to patients during and after their participation in opioid treatment programs and should be distributed by law enforcement officers to individuals who have experienced overdose or are at risk for overdose. Presented by Evonne Gantz.

- 1. There has been a low compliance rate with participants “losing” the free Naloxone, as shown in Joanne Katzman’s presentation.
- 2. Research supports program participants state they “lost” the free Naloxone to avoid disclosing affiliation with individuals using illicit substances.
- 3. Naloxone is currently purchased by government programs at \$75 per two-dose box.
- 4. There is a high disparity in cost for clinical patients to purchase Naloxone. Naloxone rescue kits should be available next to every AED in a public site.

- c. Recommendation 3 - Passed (Y-9, N-0):** The Department of Health should ask the Governor to ask the NM Congressional Delegation to support the “No Pain Act”, which will expand Medicaid coverage to opioid alternatives, which could include injectable nerve blocks, physical therapy and chiropractic care. Presented by Jennifer Weiss-Burke.

- i. (An injectable nerve block before surgery lasts 3-5 days post-surgery, resulting in no need to prescribe opioids for acute post-surgical pain. Insurance currently doesn't cover the \$300 injectable, causing patients to be required to pay this cost.)
 - 1. The Bill has been getting positive press and bipartisan support. Representatives in West Virginia, New York, Michigan and Washington have signed on to sponsor the Bill. Torres-Small and Holland are in support of the Bill but are not official sponsors.
 - 2. If Medicaid and Medicare cover the injection, private insurers will provide coverage.
- d. **Recommendation 4 - Passed (Y-6, N-3):** The Legislature should permit the establishment of and fund a Safe Injection Site Pilot Program. Presented by Megan Deissing.
 - i. This program would be supervised by health professionals and would be in a facility where people who use drugs can use sterile consumption supplies, and safely dispose of used needles, and where on-site health care professionals can administer first aid as needed and provide referrals to education and medically assisted treatment for substance use disorder.
 - 1. DPS or law enforcement will not support this Recommendation, due to the potential to increase drug use.
 - 2. Studies from countries that have implemented Safe Consumption Sites show a decrease in substance use and overdose death rates. Substances are not provided.
 - 3. The idea is to normalize Substance Use Disorder and provide linkage to treatment.
 - 4. The Safe Consumption Sites are the next level of the Needle Exchange Programs. Needle Exchange programs have proven to provide access to treatment and reduce use.
 - 5. There is a concern of how to monitor individuals under different substances within the same room and how to control the liability risk of an individual's behavior if they leave the facility while under the influence. (driving, vandalism, etc.)
 - 6. Registered Nurses are the medical professionals monitoring the facility and the patient's activity. Mental Health Professionals are recommended to work within the facility to assist with treatment options.
 - 7. The facility would cost the state \$1 million and would need to be in the urban area to get individuals off the street or out of parks. Individuals with SUD will need to have walking access to the facility for the service to be utilized.
 - 8. A resident of Albuquerque has had their vehicle stolen by individuals to "party in", a Safe Consumption Site could possibly reduce other crimes related to Substance Use.
- e. **Recommendation 5 - Passed (Y-9, N-0):** New Mexico health insurers should eliminate prior authorization and other barriers for all forms of MAT related to treatment of substance use disorder. Presented by Arlene Brown.
 - i. (Vivitrol and Sublocade injection (currently require prior authorization.)

1. The issue is not just with prior authorizations but with co-pay cost barriers as well. The process to overrule a prior authorization can take 10 days of patient and staff time.
 2. Navigating patients with a financial counselor is a benefit for provider offices and patients trying to access treatment.
- f. Recommendation 6 - Held:** The NM Department of Corrections and the County Detention Centers should make all forms of medication assisted treatment available for incarcerated individuals and refer them to appropriate care MAT providers upon release. Presented by Pauline Mondragon.
1. The Department of Corrections cannot support the Recommendation previously made by David Selvage due to capacity.
 2. The Behavioral Health Collaborative is working to increase the amount of MAT providers for patient access. Individuals are not receiving treatment within the correction systems currently. The group is looking to Rhode Island's system to model.
 3. The state has over 200 providers who prescribe treatment to 10 or more patients.
- g. Recommendation 7 - Passed (Y-8, N-0, A-1):** The Department of Health should purchase and distribute fentanyl test strips through the Hepatitis and Harm Reduction Program. Fentanyl test strips have been found to be effective in detecting fentanyl in other drugs. Presented by Phil Fiuty.
- i. (Calculations: \$60,000 is the number of active program participants multiplied by the cost of three test strips).
 1. Screening was done within the University of New Mexico's ER, most patients wanted Fentanyl testing. The results showed the Fentanyl testing did not lead to behavior change. Behavior change was defined as using less or injecting differently. The defined behavior change did not include using substances with others present or having Naloxone present.
 2. Off label treatments typically becomes the standard of care.
 3. State Police warns of using Fentanyl test strips on pills, due to low potency.
 4. The Harm Reduction Program is currently testing residue presented to them by substance users who have overdosed.
 5. The intent would be to distribute the Fentanyl test strips in the future.
- h. Recommendation 8 - Held:** The New Mexico Superintendent of Insurance should require that all medical care insurers cover evidenced-based treatment through a continuum of care including inpatient treatment for up to 1-year, outlined by the American Society of Addiction Medicine. By Stanford Kemp.
- i. (Medicaid approved facilities can currently be reimbursed up to 15 days for residential treatment and outpatient treatment may be approved for up to 90 days.)
- i. Recommendation 9 - Held:** The Administrative Office of the Courts should inform judges that in order to make judicial referrals for Substance Use treatment, the court must make a direct referral for a behavioral health assessment, so the treatment will qualify for Medicaid and other insurance reimbursement. The Administrative Office of the Courts should inform judges that in

order to qualify for Medicaid reimbursement, a referral to behavioral health assessment should be made before a direct referral to treatment. Presented by Stanford Kemp.

- j. Recommendation 10 - Held:** The Legislature should fund the Human Services Department or the Department of Health for navigation personnel to assist court interventions with linkage to treatment and other court mandates, including but not limited to parenting classes, anger management, and domestic violence prevention. Presented by Stanford Kemp.
- k. Recommendation 11 - Passed (Y-8, N-0, A-1):** The Department of Health should incentivize providers to deliver Medication-Assisted Treatment by covering costs associated with fees and efforts to apply, register and prepare for the examination to become board certified in Addiction Medicine. By Brandon Warrick.

 - i.** A practice or grandfather pathway was created through 2021 to allow physicians practicing in Addiction Medicine to become Board Eligible without having to complete a formal year of Fellowship. The current requirements for the practice pathway requires a minimum of 1,920 hours in which they were engaged in the practice of Addiction Medicine at the subspecialty level over five years or completion of a non-ACGME approved fellowship in Addiction Medicine.
 - ii.** Providers who enroll will be compensated \$500 for the ABPM registration fee and \$500 for their effort applying. For those accepted by ABPM, an additional \$5,000 will be provided to allow for registration of the Board Examination, travel expenses for a Board Review Course, and study materials. Following successful completion Examination and Board Certification, physicians will be provided an addition \$5,000. Financial incentives will increase the practice acceptance, reaching patients in underserved areas.

 - 1. There is not a current Certification for Addiction Medicine within the field of Nursing.
 - 2. It is encouraged that other types of prescribing professionals be included if applicable.
 - 3. Priority of specialists applying for the certification should go to providers in rural areas.
- l. Recommendation 12 - Passed (Y-8, N-0, A-1):** The Legislature should expand the New Mexico Rural Health Care Tax Credit to include physical therapists and physical therapy assistants. Physical therapy is recognized as an alternative treatment for chronic pain. Presented by Janet Popp.

 - i.** \$5,000: licensed doctors, osteopathic physicians, dentists, clinical psychologists, podiatrists, and optometrists.
 - ii.** \$3,000: licensed dental hygienists, physician assistants, certified nurse midwives, certified registered nurse anesthetists, certified nurse practitioners, and clinical nurse specialists.
 - iii.** These figures follow the current allocations within the Rural Health Care Tax Credit based on the length of each educational program.

 - 1. Janet Popp of the NM Adult Falls Prevention Coalition does not have the sole authority to add Chiropractors to the Recommendations of the American Physical Therapists Association.
 - 2. There is a pre-filed House Bill 74, sponsored by Rep. Garcia, to include more providers under the Rural Health Care Tax Credit.

- m. Recommendation 13 - Passed (Y-8, N-0, A-1):** The Legislature should expand the New Mexico Health Services Corps Program to include physical therapists and physical therapy assistants. Presented by Janet Popp.
 - i. Physical therapy is a recognized alternative treatment for chronic pain.
 - ii. Stipends are administered by the DOH Office of Primary Care and Rural Health and are currently granted to Students/Residents: Physician, PA, NP, Nurse Midwifery, EMT/Paramedic, Dental, Dental Hygiene to support education in exchange for a 2-year commitment in rural underserved area upon licensure.
 - iii. The Rural Health Care Tax Credit is for licensed providers. Students performing clinical rotations do not qualify.
- n. Recommendation 14 - Passed (Y-9, N-0):** NM should pilot and evaluate a project of including integrated medicine in Centennial Care and Fee-for-Service Medicaid in Federally Qualified Health Care centers.
- o. Recommendation 15 - Held:** NM should ban bundled/per diem reimbursements and pay for care only on the basis of Fee for Service codes.
- p. Recommendation 16 – Held:** Health insurance companies operating in New Mexico should be required to pay licensed health care providers to provide clinical services within their scope of practice.
 - i. Section 2706 of the Affordable Care Act “Non-Discrimination in Health Care”. This important provision of the ACA was created to end discrimination by insurers against licensed health care providers who provide services within their scope of practice.
- q. Recommendation 17 - Passed (Y-8, N-1):** The Legislature should provide for Copay/Cost Sharing Limits for Doctors of Podiatry, Doctors of Oriental Medicine and Doctors of Chiropractic Medicine in addition to those that currently exist for physical and occupational therapists for physical rehabilitation services.
 - i. This would be done by amending the Health Care Purchasing Act, the NM Insurance Code, the HMP Law, and the Non-profit Health Care Plan law. The Federal Impact Report HB81 2019 demonstrates the specifics and explains the cost savings to Medicaid.
 - 1. Ralph McClish foresees this Recommendation will cause insurance premiums to rise. Patients who want Chiropractic care will pay the copay to seek treatment.
 - 2. Colleagues of Brandon Warrick have asked not to support this Recommendation.
 - 3. Employers will receive backlash from their employees because premiums will rise.
 - 4. Insurance companies have not supported Bills that cost \$0.01 to implement.

VI. Next Meeting Date

- a. March 20, 2020 @ 1:30 – Scientific Laboratory Division, Albuquerque, NM

New Mexico Overdose Prevention and Pain Management Advisory Council

March 20, 2020

1:30 to 3:30 PM

Location:

Teleconference

Phone #: (844) 211-4792

Conference code: 9143074889

MEETING AGENDA

- I. Introductions
- II. Review of January 10, 2020 Advisory Council Meeting Minutes
- III. Review of Agenda
- IV. Council Membership Status
- V. Monoprodukt Prescribing – Debra Newman (15 minutes)
- VI. Medical Professional Licensing Board Updates (5 minutes each)
 - a. Medical – Sondra Frank
 - b. Nursing – Sasha Pool / Marcus Erickson
 - c. Pharmacy – Cheranne McCracken
 - d. Dental – Kathy Ortiz
 - e. Osteopathic Medicine – Kathy Ortiz
 - f. Optometry – Kathy Ortiz
 - g. Podiatry – Kathy Ortiz
 - h. Psychologist Examiners – Kathy Ortiz
 - i. Midwifery – Katie Avery
- VII. Subcommittee Updates (5 minutes each)
 - a. Methamphetamine Committee – Brandon Warrick
 - b. Fentanyl Committee – Bernadette Read
 - c. Integrative Pain Management Committee Updates – Michael Pridham
- VIII. Next Meeting

Overdose Prevention and Pain Management Advisory Council Meeting Minutes

Date: March 20, 2020

Time: 1:30 to 3:30 PM

Location: Teleconference Only

COUNCIL MEMBERS PRESENT:

Troy Weisler
Michael Pendleton
Hank Beckerhoff
Jennifer Weiss-Burke
Brandon Warrick
Ralph McClish
Steve Jenkusky
Cheranne McCracken
Frances Lovett
Ernie Dole

ABSENT:

Jason Flores
Bill Barkman
Mika Tari
Joanna Katzman
Michael Landen
Lynda Ann Green
Clare Romero

Quorum: Yes

Other participants: Rob Mitchell, Karen Edge, Ray Walter, Flor Cano-Soto, Mark Clark, Jim Silva, Rebecca Leppala, Megan Deissing, Julie Salvador, Galine Priloutskaya, Jaime Crowell, Chandelle Chavez, Ellen Interlandi, Janet Popp, Kim Greenberg, Roxanne Grajeda, John Battisti, Arlene Brown, Dale Tinker, Marcus Erikson, Sasha Poole, Celia Fisher, Bryan Gutierrez, Kathryn Lowerre, Danelle Callan, Alexis Villa, Hilary Stim, Chris Trujillo, Hayley Peterson, Derek Erickson, Phillip Fiuty, Michael Pridham, Athena Huckaby, Robert Maitland, Laura Shorts, Stanford Kemp, Bernadette Read, Katie Avery, Evonne Gantz, Nasrin Fatemi, Toby Rosenblatt, Cheyenne McCravey, Sindy Sacoman, John Kutinac

MEETING MINUTES

I. Introductions

II. Review of January 10, 2020 Advisory Council Meeting Minutes

III. Review of Agenda

IV. Council Membership Status

- a. New appointments for the Advisory Council's following open seats have not been made: Consumer Health Advocate, Harm Reduction Organization, New Mexico Medical Society, Third Party Payer, and Addiction Specialist. The Councilors and other attendees were invited to submit nominations, to recommend nominees, and to invite others to nominate themselves for the open seats. Applications can be completed online at the Office of the Governor's Boards and Commissions website. The direct link is:
<https://www.emailmeform.com/builder/form/Oqd5SaP9ZFhWEVt55kMbf2zn>
- b. No interviews have been conducted by the Governor's office as of March 20, 2020.

V. **Monoproduct Prescribing – Debra Newman (15 minutes)**

- a. Debra Newman was not present, and the presentation will be rescheduled.

VI. **Medical Professional Licensing Board Updates (5 minutes each)**

a. **Medical – Sondra Frank**

- i. Sandra Frank was not present, and Steve Jenkusky provided an update.
- ii. Telemedicine regulations have been expanded to provide care via telephone or electronic, internet-accessible devices during the COVID-19 pandemic. Providing telemedicine services will not be an ethical violation. A memo was distributed to obtain emergency licensing to increase access to care. The DEA has temporarily expanded the ability to prescribe opiates electronically during the pandemic, providing access to suboxone.

b. **Nursing – Marcus Erickson**

- i. No new rules or regulations will be implemented during the pandemic. The group will be focusing on PMP compliance. Since 4/4/2018 friendly, educational emails have been sent to 350 professionals notifying them of their non-compliance. In Quart 4 for 2019, the list of professionals being notified of non-compliance has reduced. Notice for the current quarter has been postponed due to the pandemic. Professionals who are continuing to not check the PMP 100% of the time are being personally visited for one-on-one education of the PMP rules. Severe discipline has been taken on four nurse practitioners for inappropriate prescribing and overdose deaths. Three of providers had a combined overdose prescribing death of 12 and 13 holy trinity patients. Education is being completed via telephone during the pandemic.

c. **Pharmacy – Cheranne McCracken**

- i. Over the last year with respect to overdose prevention, the Board has ongoing initiatives involving education, the PMP, and collaborations with other licensing boards. Inspectors and PMP staff educate licensees and health professionals in the public, conduct law reviews through out the state, this would include identifying forgeries, preventing controlled substance diversion, and presenting at conferences to promote and educate proper PMP utilization and review. The Board conducts inspections of facilities through out the state, investigate complaints of diversion, and conduct criminal investigations into violations of the Controlled Substances Act. Last year, more than 90 cases were investigated, with more than 2000 pounds of medication collected. The PMP's regulation has been updated to require reporting within 24 hours. A regulation was implemented to allow for in-patient and hospital funds to dispense with naloxone upon discharge.

d. **Dental – Kathy Ortiz**

- i. Kathy Ortiz was not present to provide an update.

e. **Osteopathic Medicine – Kathy Ortiz**

- i. Kathy Ortiz was not present, and Dale Tinker provided an update.
- ii. The Board has addressed PMP issues with physicians, including hearings scheduled. The group is scheduled to meet again in May 2020.

f. **Optometry – Kathy Ortiz**

- i. Kathy Ortiz was not present to provide an update.

g. Podiatry – Kathy Ortiz

- i. Kathy Ortiz was not present to provide an update.

h. Psychologist Examiners – Kathy Ortiz

- i. Kathy Ortiz was not present to provide an update.

i. Midwifery – Katie Avery

- i. The Board has identified, in collaboration with Board of Pharmacy tracking, eight Certified Nurse Midwives who were not in compliance with checking the PMP. An initial letter was sent to these individuals requesting their explanation for the behavior. The individuals were tracked for several weeks after their response, and all eight individuals showed improvement. The Maternal Health Program is engaging with the perinatal collaborative to launch a Project ECHO series, highlighting Safe Care Plans initiated with patients at discharge. The Board did send out a letter addressing telehealth medicine as an option during the pandemic.

VII. Subcommittee Updates (5 minutes each)

a. Methamphetamine Committee – Stanford Kemp / Brandon Warrick

- i. The task force has been meeting for about one year and has Legislative Recommendations ready for the future. The last meeting took place in February.
- ii. The group and other professionals agree the time and intensity of treatment is critical but there is a barrier within Medicaid paying for residential treatment. To get around the Medicaid loop-hole programs are providing intensive outpatient treatment and a sober living home in conjunction. Paul Tucker from Turning Point is currently providing housing only for males, with plans for female housing, to complete intensive outpatient treatment. He will be sharing the center's strategies at a future meeting.
- iii. Medicaid MCO's will provide Peer Support Workers for high utilizers, the criteria vary per carrier. Ralph McClish is identifying commercial options to provide Peer Support to high utilizers.
- iv. There is a lack of medication options with buprenorphine, methadone, or naltrexone for methamphetamine treatment. Clinical trials have shown to be effective are therapies like contingency management. Providing rewards for compliance have also been effective.
- v. Serenity Mesa provides similar services as Turning Point, primarily for male and female young adults between the age of 14 to 21. Zia Recovery will be connecting with Stanford Kemp or Jennifer Weiss-Burke to learn more about Medicaid loop-holes.

b. Fentanyl Committee – Bernadette Read / Brandon Warrick

- i. The task force has been meeting for about one year and last meeting took place in March. The next meeting is scheduled for April 7th from 2:00 to 3:00 pm via teleconference.
- ii. Fentanyl use is expected to increase as opioid deaths decrease in New Mexico. The economic driving force of a low-cost fentanyl supply with a high potency available in counterfeit pills has increased the frequency of patients with a fentanyl addiction. Youth are being targeted as users and sellers within the high school setting.
- iii. The change in the groups leadership is expected to broaden the diversity of future meetings.

c. Integrative Pain Management Committee Updates – Michael Pridham

- i. Michael presented as a witness on behalf of chiropractors during the legislative session for the Rural Tax Credit Bill, which was tabled by the finance committee.
- ii. In Washington D.C., Michael spoke with each member of the delegation about the Medicare Improvement Act which would improve pain management therapies for Chiropractors treating Medicare patients. Since the visit, the Bill has received 36 new co-sponsors at the national level bring the total to 73 sponsors.
- iii. The Medicaid Bill was presented by Dayan Hochman-Vigil. Chiropractors were ordered to be included in Medicaid and there was no need for legislation.

VIII. Next Meeting

- a. May 22, 2020 @ 1:30 – Location TBA
- b. Requested Topics:
 - i. Legislation Recommendation Updates
 - ii. High-Risk Populations and COVID-19 Testing
 - iii. Centennial Plan Residential Treatment Reimbursement

New Mexico Overdose Prevention and Pain Management Advisory Council

May 22, 2020
1:30 to 3:30 PM

Location:
Teleconference
Call-In Number: (866) 757-5788
Conference Code: 8530097898

MEETING AGENDA

- I. Introductions
- II. Review of March 20, 2020 Advisory Council Meeting Minutes
- III. Review of Agenda
- IV. Council Membership Status – Cheyenne McCravey
- V. Centennial Care for Residential Treatment Centers – Tiffany Wynn (30 minutes)
- VI. Illicit Drug Overdose Deaths – Jim Davis (10 minutes)
- VII. Interventions to Reduce Illicit Drug Overdose Deaths – Discussion - Evonne Gantz- (until changed) – 20 minutes
- VIII. Subcommittee Updates (5 minutes each)
 - a. Methamphetamine Committee – Stanford Kemp
 - b. Fentanyl Committee – Bernadette Read
 - c. Integrative Pain Management Committee Updates – Michael Pridham
- IX. Next Meeting

Overdose Prevention and Pain Management Advisory Council Meeting Minutes

Date: May 22, 2020

Time: 1:30 to 3:30 PM

Location: Teleconference Only

COUNCIL MEMBERS PRESENT:

Michael Landen
Frances Lovett
Steve Jenkusky
Michael Pendleton
Brandon Warrick
Cheranne McCracken
Ernie Dole
Clare Romero
Troy Weisler

ABSENT:

Jason Flores
Bill Barkman
Mika Tari
Joanna Katzman
Hank Beckerhoff
Jennifer Weiss-Burke
Ralph McClish

Quorum: Yes

Other participants: Roxanne Grajeda, Robert Rhine, Doug Fishcut, Athena Huckaby, Neil Bowen, Hilary Stem, Rebecca Leppala, Galine Priloutskaya, Jaime Crowell, Chandelle Chavez, Ellen Interlandi, Janet Popp, Tiffany Wynn, Chris Trujillo, Hayley Peterson, Celia Fisher, Kathryn Lowerre, Sasha Poole, Phillip Fiuty, Michael Pridham, Evonne Gantz, Toby Rosenblatt, Cheyenne McCravey, Sindy Sacoman, Karen Edge, Jacob Prieto, Katie Avery, Bill Weis

MEETING MINUTES

- I. **Introductions**
- II. **Review of January 10, 2020 Advisory Council Meeting Minutes**
- III. **Review of Agenda**
- IV. **Council Membership Status**
 - a. New appointments for the Advisory Council's following open seats have not been made: Consumer Health Advocate, Harm Reduction Organization, New Mexico Medical Society, Third Party Payer, and Addiction Specialist. The Councilors and other attendees were invited to submit nominations, to recommend nominees, and to invite others to nominate themselves for the open seats. Applications can be completed online at the Office of the Governor's Boards and Commissions website. The direct link is:
<https://www.emailmeform.com/builder/form/Oqd5SaP9ZFhWEVt55kMbf2zn>
 - b. No interviews have been conducted by the Governor's office as of May 22, 2020.
- V. **Centennial Care for Residential Treatment Centers – Tiffany Wynn (30 minutes)**
 - a. The purpose of this presentation was to address the issue of residential treatment centers not being able to bill Medicaid, as raised in the previous meeting.
 - b. As of January 1, 2020, Centennial Care is to include residential treatment centers. However, barriers have included determining the pathways to fund adequately. The Santa Fe Recovery Center will begin taking Medicaid eligible members as of July 1, 2020. Hoy Recovery and the

New Mexico Rehabilitation Center, and Turquoise Lodge are next on the list to be included after levels of accreditation are verified for the necessary services.

VI. Illicit Drug Overdose Deaths – Jim Davis (10 minutes)

- a. Methamphetamine has moved from being 10 – 12 percent of all overdose deaths to about 45 percent.
- b. Non-fentanyl prescription opioid deaths have declined since 2016 from 50 percent down to 30 percent.
- c. Illicit opioid use has increased. Overdose deaths of heroin and fentanyl combined has increased and heroin alone has decrease.
- d. Rates in overdose are highest in males overall, especially within the 35 – 44 age range. The most common age for overdose in women 45 – 54 years.
- e. Heroin is used most commonly by men 25 – 34 years old. The Northern and Eastern part of the state has the highest use and highest drug overdose death rates.

VII. Interventions to Reduce Illicit Drug Overdose Deaths – Evonne Gantz & Karen Edge – (20 minutes)

- a. Key approaches to reducing overdose deaths include implementing Good Samaritan Laws (except in Eastern states were individuals on probation or parole can be criminalized), community naloxone distribution, Opioid Agonist Treatment, drug testing kits, telehealth interventions, harm reduction, partnerships with drug courts, supervised consumption sites, and injectable opioid treatment.
- b. Key approaches for the prevention of overdose deaths include policy changes, harm reduction, naloxone distribution, pharmacist prescribing authority, statewide standing orders, Prescription Monitoring Program, MAT covered by Medicaid, warm handoffs, mobile medical services, and involuntary commitment in special circumstances.
- c. The approaches mentioned in the slides (above) implemented in New Mexico will be evaluated and improved based on the data. The approaches that are not utilized within the State need to be explored and discussions with other states need to take place. The special populations, vast land mass, and rural areas will need to be considered.

VIII. Subcommittee Updates (5 minutes each)

- a. Methamphetamine Committee – Chandelle Chavez
 - i. New discussion around COVID has been included in the regular meetings.
- b. Fentanyl Committee – Brandon Warrick
 - i. Fentanyl, and Methamphetamine use, has increased during the COVID shutdown.
- c. Integrative Pain Management Committee Updates – Michael Pridham
 - i. Dr. Michael Pendleton has been voted the Chair of the Medical Chiropractic Care.

IX. Next Meeting

- a. July 17, 2020 @ 1:30 – Zoom Meeting

New Mexico Overdose Prevention and Pain Management Advisory Council

July 17, 2020
1:30 to 3:30 PM

Location:
Zoom Meeting

MEETING AGENDA

- I. Introductions
- II. Review of May 22, 2020 Advisory Council Meeting Minutes
- III. Review of Agenda
- IV. Council Membership Status
- V. Managed Care Organizations Panel: Recommendations Discussion
 - a. Human Services Department
 - i. Neal Bowen
 - ii. Caroline Bonham
 - b. Blue Cross Blue Shield of New Mexico
 - i. Brooke Parish
 - c. Western Sky
 - i. Michael J. Sievert
 - ii. Nathan R. Varley
 - d. Presbyterian
 - i. Steven Jenkusky
- VI. Subcommittee Updates and Recommendations (15 minutes each)
 - a. Methamphetamine Committee – Chandelle Chavez
 - b. Fentanyl Committee – Susan Seefeldt
 - c. Integrative Pain Management Committee Updates – Michael Pridham
- VII. Next Meeting

Overdose Prevention and Pain Management Advisory Council Meeting Minutes

Date: July 17, 2020

Time: 1:30 to 3:30 PM

Location: Teleconference Only

COUNCIL MEMBERS PRESENT:

Steve Jenkusky
Brandon Warrick
Troy Weisler
Frances Lovett
Ralph McClish
Hank Beckerhoff
Ernie Dole

ABSENT:

Jason Flores
Bill Barkman
Mika Tari
Joanna Katzman
Jennifer Weiss-Burke
Michael Pendleton
Cheranne McCracken
Clare Romero

Quorum: No

Other participants:

Brooke Parish, Janet Popp, LouAnn Kimmitto, Kendra Ward, Wenceslaus Asonganyi, Wendy Price, Neal Bowen, Caroline Bonham, Michael Pridham, Athena Huckaby, Stanford Kemp, Michael Sievert, Nathan Varley, Phil Fuity, Susan Seefeldt, Karen Edge, Chandelle Chavez, Kathryn Lowerre, Hayley Peterson, Celia Fisher, Rebecca Leppala, Karen Cheman, Roxanne Grajeda, Megan Deissinger, Jim Davis, Catherine Avery, Danelle Callan, Sindy Sacoman

MEETING MINUTES

- I. Introductions**
- II. Review of May 22, 2020 Advisory Council Meeting Minutes**
- III. Review of Agenda**
- IV. Council Membership Status**
 - a. New appointments for the Advisory Council’s following open seats have not been made: Consumer Health Advocate, Harm Reduction Organization, New Mexico Medical Society, Third Party Payer, and Addiction Specialist. The Councilors and other attendees were invited to submit nominations, to recommend nominees, and to invite others to nominate themselves for the open seats. Applications can be completed online at the Office of the Governor’s Boards and Commissions website. The direct link is:
<https://www.emailmeform.com/builder/form/Oqd5SaP9ZFhWEVt55kMbf2zn>
 - b. No interviews have been conducted by the Governor’s office as of July 17, 2020.
- V. Managed Care Organizations Panel: Recommendations Discussion**
 - a. **Human Services Department**
 - i. **Neal Bowen & Caroline Bonham**
 - 1. Most of the recommendations are consistent with the Federal Support Act. 2018 – C of the Recommendations documents has been implemented. There are two pilot projects in process for integrated care in a federally qualified care

centers, Bridges to Care and Care to Link. Majority of the Recommendations are implemented.

b. Blue Cross Blue Shield of New Mexico

i. Brooke Parish

1. Almost all the Recommendations have been implemented. BCBSNM does require prior authorization for the injectable form of Suboxone, Sublocade.

c. Western Sky

i. Michael J. Sievert & Nathan R. Varley

1. There is no prior authorization required for injectable Suboxone, Sublocade. The Support Act is being followed to provide treatment orders for New Mexico, and further options regarding alternatives to pain management.

d. Presbyterian

i. Steven Jenkusky

1. All the Recommendations have been implemented or are not applicable.

VI. Subcommittee Updates and Recommendations (15 minutes each)

a. Methamphetamine Committee – Stanford Kemp

- i. It is a goal to provide three Recommendations for next Advisory Council Meeting, which are ready for presentation.

b. Fentanyl Committee – Stanford Kemp

- i. It is a goal to provide create Recommendations for next Advisory Council Meeting. The sub-committee will not be meeting for 90 days but will discuss Recommendations by email.

c. Integrative Pain Management Committee – Michael Pridham

- i. Michael Pendelton, Chair of the Chiropractic Board, is creating a plan to begin discussion with the Medical Board to restart the Advanced Practice Certified Program for Chiropractors, dispensing non-opioid pain management medication from a created formulary.

VII. Next Meeting

- a. September 18, 2020 @ 1:30 – Zoom Meeting

New Mexico Overdose Prevention and Pain Management Advisory Council

September 18, 2020

1:30 to 3:30 PM

Location:

Zoom Meeting

MEETING AGENDA

- I. Introductions
- II. Review of July 17, 2020 Advisory Council Meeting Minutes
- III. Review of Agenda
- IV. Council Membership Status
- V. Topic #1
- VI. Topic #2
- VII. Subcommittee Updates and Recommendations (15 minutes each)
 - a. Methamphetamine Committee – Chandelle Chavez
 - b. Fentanyl Committee – Bernadette Read
 - c. Integrative Pain Management Committee – Michael Pridham
- VIII. Next Meeting

Overdose Prevention and Pain Management Advisory Council Meeting Minutes

September 18th, 2020 | 1:30 to 3:30 PM | Zoom Meeting

Council Members (total: 17)	
Present (7)	Absent (10)
<ul style="list-style-type: none"> • Steve Jenkusky • Brandon Warrick • Ernie Dole • Joanna Katzman • Jennifer Weiss-Burke • Cheranne McCracken • Troy Weisler 	<ul style="list-style-type: none"> • Jason Flores • Bill Barkman • Mika Tari • Michael Pendleton • Clare Romero • Michael Landen • Wayne Lindstrom • Frances Lovett • Ralph McClish • Hank Beckerhoff
Quorum: No	

Other participants:

Brooke Parish, Janet Popp, Kendra Ward, Michael Pridham, Athena Huckaby, Stanford Kemp, Phil Fiuty, Chandelle Chavez, Kathryn Lowerre, Hayley Peterson, Celia Fisher, Rebecca Leppala, Karen Cheman, Roxanne Grajeda, Megan Deissinger, Jim Davis, Katie Avery, Robert Rhyne, Eloy Martinez, Chris Trujillo, Theresa Baillie, Annie Jung, Sasha Poole, Mark Clark, Michael Milligan, Joshua Swatek, Jaime Crowell, Galina Prilouts kaya, Paul Balderamos, Tracy Gordon, Annie Young, Ellen Interlandi, Nick Autio, Jamie Dole, Robert Mitchell, Theresa Cruz, Mark Clark, Melissa Moya, Sasha Poole, Evonne Gantz, Susan Merrill, Michael Sievert, Sam Storsberg, Julie Salvador, Jose Gurrola, Tristin Maroney, Nicole Williams

MEETING MINUTES

I. Introductions

After introductions, a moment of silence was taken in memory of Jerry Montoya, a health promotion team leader in the Public Health Division– please see below.

II. Review of July 17, 2020 Advisory Council Meeting Minutes No errors were noted; no changes were recommended.

III. Review of Agenda – No changes were recommended.

IV. Council Membership Status

New appointments for the Advisory Council’s following open seats have not been made: Consumer Health Advocate, Harm Reduction Organization, New Mexico Medical Society, Third Party Payer, and Addiction Specialist.

V. 2019 Overdose Provisional Death Data – Megan Deissinger

New Mexico overdose death data for 2019 are provisional. The projected increase in the drug overdose rate is driven by illicit substances, particularly methamphetamine, fentanyl and cocaine. Increases in psychostimulant deaths and increases in other synthetic narcotics are also projected. A decrease in non-fentanyl Rx opioid deaths is also foreseen. The anticipated

increase in the overall statewide rate is driven by increases in urban and larger counties (Bernalillo, Doña Ana, Santa Fe and San Juan) and in the Southeast region (Lincoln, Lea and Chaves counties).

VI. Quarterly Performance Measures Update - Jim Davis

Numbers of long-term use and multiple prescriber episodes continued to move in the right direction during the 2nd quarter of 2020. Medication-assisted treatment is trending up steadily, in both Buprenorphine-based and Methadone clinics. Prescription Monitoring Program usage is also continuing to increase. Concurrent opioid and benzodiazepine prescribing patterns are a concern.

VII. Subcommittee Updates and Recommendations (15 minutes each)

a. Methamphetamine Subcommittee – Chandelle Chavez

Three target areas have been identified: Drug Court Interventions, Methamphetamine Treatment Modalities and other Social Determinants. More research is being done on long-term residential treatment for Methamphetamine.

Recommendation: The legislature should fund the Administrative Office of the Courts for case managers in all drug or DWI courts to provide linkage to care and/or social/ recovery services

b. Fentanyl Subcommittee - Stanford Kemp

The sub-committee has taken a 90-day break, but drug court and education recommendations have been made. (See Draft Recommendations)

c. Integrative Pain Management Subcommittee – Michael Pridham

Recommendation: The Council should do a presentation about itself to the Legislative Health and Human Services Committee

VIII. 2020 Council Recommendations – Toby Rosenblatt

Jim Davis was asked to propose any recommendations emanating from conclusions that could be drawn from his presentation. He suggested:

- a. Increase prescriber education around benzodiazepines and hazards of concurrent benzos and opioids.
- b. Further education around the requirements of PMP use

(See Draft Recommendations document)

IX. Future Agenda Items: Not discussed when meeting ended at 3:30 as announced.

X. Next Meeting

November 13, 2020 from 1:30 – 3:30 Zoom Meeting

Jerry Montoya

A moment of silence was taken for Jerry Montoya, who died recently after working for years with the Health Promotion Program of the Public Health Division, as the Health Promotion Program Manager in Bernalillo County's South Valley. Jerry was a health educator, community organizer and an ardent advocate for public health from a social justice perspective. Jerry was a fearless agitator and was looked up to, admired, and respected by those who agreed with him and with those who did not. Those who knew him felt honored to do so, and admired his passions for racial justice, communities, public health and public service. He was most known for his sincerity in speaking on behalf of those without influence over and understanding of the systems that impact individual lives and population health outcomes. He was charismatic, reliable, knowledgeable, competent, disagreeable when necessary, and a great listener and communicator.

New Mexico Overdose Prevention and Pain Management Advisory Council

November 13, 2020

1:30 to 3:30 PM

Location: **Zoom Meeting**

MEETING AGENDA

- I. Introductions
- II. Review of September 18, 2020 Advisory Council Meeting Minutes
- III. Review of Agenda
- IV. Council Membership Status – Desiree Valdez
- V. Bylaws Update (15 minutes) – Toby Rosenblatt
- VI. 2019 Overdose Death Data – Megan Deissinger
- VII. Quarterly Prescribing Report – Jim Davis
- VIII. Subcommittee Updates and Recommendations
 - a. Methamphetamine Committee – Chandelle Chavez
 - b. Fentanyl Committee – Sophie Andar
 - c. Integrative Pain Management Committee – Michael Pridham
- IX. 2020 Council Recommendations -
- X. Next Meeting – January 15th, 1:30PM-3:30PM, WebEx

Overdose Prevention and Pain Management Advisory Council Meeting Minutes

November 13th, 2020 | 1:30 to 3:30 PM

Location: Zoom

COUNCIL MEMBER ATTENDANCE	
PRESENT:	ABSENT:
1. Ernie Dole	1. Bill Barkman
2. Steve Jenkusky	2. Jason Flores
3. Frances Lovett	3. Joanna Katzman
4. Ralph McClish	
5. Cheranne McCracken	
6. Michael Pendleton	
7. Clare Romero	
8. Brandon Warrick	
9. Troy Weisler	
10. Jennifer Weiss-Burke	

QUORUM: Yes

Other attendees: Erica Abetya, Sophie Andar, Paul Balderamos, Danelle Callan, Alisha Campbell, Flor Cano-Soto, Chandelle Chavez, Karen Cheman, Jaime Crowell, Jim Davis, Megan Deissinger, Victor Ekpe, Sharon Finarelli, Celia Fisher, Angela Fietze, Phil Fiuty, Evonne Gantz, Roxanne Grajeda, Brian Guitierrez, Athena Huckaby, Lisa Jackson, LaShai Jake, Robert Kelly, Laurie Kerr, Rebecca Leppala, Kathryn Lowerre, Andrea Lohse, Christy McAuley, Brooke Parish, Roberta Perea, Hayley Peterson, Janet Popp, Galina Priloutskaaya, Michael Pridham, Robert Rhyne, Ashley Riley, Toby Rosenblatt, Cindy Sacoman, Brad Scoggins, Hilary Stim, Kevin Taylor, Chris Trujillo, Desiree Valdez

MEETING MINUTES

- I. Introductions**
- II. Review of September 18th, 2020 Advisory Council Meeting Minutes - Approved**
- III. Review of Agenda – Approved**

- IV. Council Membership Status**
 - a.** Council members were sent the current list of members to review. Questions and comments were welcomed by Toby. He asked the councilors for corrections and revisions to the list.
 - b.** Toby recounted the Advisory Council is still waiting for appointments to the Council from the Governor’s Office and shared that the Governor’s Office has not approved the new applicants yet. An email was sent to the Boards and Commission appointments office to inquire about the status of the applications and as of Nov. 13th, there has not been a response. They did agree however that previous appointees who no longer qualify for the seats they were appointed to (such as if they are no longer working for those organizations or have moved out of state) are no longer qualified to be in those Council seats.
 - c.** Achieving a quorum is challenging when some of the seats are vacant at this time. The bylaws can be revised to provide ease of achieving a quorum going forward.

V. Bylaws Update

- a. Toby proposed and explained changes that could be made to update the name of the council, changing how a quorum is defined, and allowing virtual meetings in the applicable sections of the bylaws.
- b. There was discussion about lack of presence from the Governor’s Office at this meeting over the past couple years. Toby mentioned he shared the request for the legislative and executive branch presence at the Advisory Council meeting to the DOH Cabinet Secretary and is awaiting a response. There are other boards and councils who have not gotten all their appointments made too, so everyone is having to navigate the same situation as this Advisory Council.
- c. Discussion took place about the changes and the Council voted to approve the changes as written.
- d. Dr. Steven Jenkusky made a motion to accept all the changes to the bylaws as written. Ralph McClish seconded the motion. A roll call vote was taken. **Votes:** In favor: Steve Jenkusky, Cheranne McCracken, Michael Pendelton, Ernie Dole, Brandon Warrick, Ralph McClish, Jennifer Weiss, and Troy Weisler. Opposed: None; Abstained: Frances Lovett.

VI. 2019 Drug Overdose Mortality Data Presentation – Megan Deissinger

- a. Megan provided a brief update on the final 2019 data on drug overdose mortality in the state.
- b. The main issue now has become overdose death caused by illicit substances like heroin, methamphetamine, and illicit fentanyl.
- c. Discussion was had about the influx of fentanyl from Mexico (which does not appear to have been decreasing due to construction of the border wall), the ability to access mortality data in IBIS, and how polysubstance use complicates mortality data. Jim reported that all drugs involved in deaths are included, meaning that more causes of death are included than deaths.

VII. Quarterly Measures Recap Presentation – Jim Davis

- a. Jim reviewed items of some concern: the number of folks using benzodiazepines and benzodiazepines & opioids is declining, but this number could decline faster. These folks are also chronic users and it is more challenging to reduce use for them.
- b. All the measures are moving down, which is good, but the benzos are moving more slowly. Academic detailing can educate the prescribing community about the issues with benzodiazepine use.
- c. There was discussion about increasing enforcement of PMP use rules, such as creating fines for providers not using the PMP and using prescribing patterns to help educate providers.

VIII. Subcommittee Updates and Recommendations

- a. **Methamphetamine Committee – Chandelle Chavez**
 - i. Chandelle shared the committee’s discussion about seeking treatment and developing effective treatments. One recommendation the committee is working on is long term residential treatment for methamphetamine that lasts longer than 90 days. They will research this topic more, among others, before presenting to the council.
 - ii. She shared a recommendation for 2020: The legislature should fund the Drug and DWI courts to establish case managers who can connect folks to services.
- b. **Fentanyl Committee – Sophie Andar**

- i. Sophie shared that Bernadette Read has moved into a new position and Sophie is now facilitating the committee. They are meeting on Nov. 23rd at 10AM. E-mail Sophie for more information: sophie.andar@state.nm.us

c. Integrative Pain Management Committee – Michael Pridham

- i. Michael shared it has been a challenge for the committee to meet, but he has met with individual members of the committee to discuss their concerns. They will meet on Dec. 4th at 2:30PM. E-mail Michael for more information: michael@drpridham.com
- ii. HSD has allowed Medicaid to include naprapathy for pain management. He also shared information, therapies, and techniques to help with pain management that should be included in Medicaid plans.
- iii.

IX. 2020 Recommendations Review

- a. Toby called for a consent counter approach to approve or disapprove the recommendations

below:

- i. **Recommendations:** #1. Integrative Medicine in Medicaid and Centennial Care, #2. Drug and DWI Court Case Management, #4. Physical Therapy Practice Act Update, and #5. Increase Availability of Fentanyl Test Strips

- 1. **Comments:** Phil Fiuty shared he feels the Advisory Council should recommend the same measures the Harm Reduction Program is pursuing during the session for recommendation #5. The program has provided language about the exemptions to the harm reduction statute to give immunity for the supplies the program provides, which includes fentanyl test strips.

Votes: Dr. Steve Jenkusky moved to approve recommendations #1, #2, #4, and #5 by the Council. Ernie Dole seconded the motion. A roll call vote was taken.

Votes: In favor: Steve Jenkusky, Cheranne McCracken, Michael Pendelton, Brandon Warrick, Ernie Dole, Ralph McClish, and Troy Weisler. Opposed: None. Abstain: None. Absent: Frances Lovett, Clare Romero, and Jennifer Weiss.

Recommendation: #6. Syringe Safe Disposal

- 2. **Comments:** Toby and Phil agreed that the language for this recommendation needs to be rewritten based on recommendations by Phil Fiuty and the Harm Reduction Program. The principle of the summary is the same, but the language needs to be modified. Toby asked for a motion to reword the summary to: “to provide immunity from prosecution for sale or possession of items necessary for safe consumption of controlled substances.” Phil provided information about how harm reduction works in different parts of the state and the protocols that are adhered to in order to comply with laws. Council Members were concerned about the proposed rewrite for this recommendation. Council members made points about how broad the “elimination” should be and whether it should be limited to classification of syringes and needles as drug paraphernalia, or whether it should be made more broadly to include other items.

3. **Votes:** Dr. Brandon Warrick moved to approve the rewording of the summary change and Dr. Steve Jenkusky seconded the motion. A roll call vote was taken. **Votes:** In favor: Dr. Steven Jenkusky, Dr. Brandon Warrick, and Ernie Dole. Opposed: : Cheranne McCracken, Dr. Michael Pendleton, Troy Weisler, and Ralph McClish. Abstain: None. Absent: Clare Romero, Frances Lovett, and Jennifer Weiss. This recommendation was not approved.

Recommendation: #7. Prescription Monitoring Program Checks

4. **Comments:** Chris Trujillo reviewed this recommendation for the Council. It was taking the original law and adding benzodiazepines to it. Dr. Jenkusky says many medical boards require benzodiazepines be checked already as part of licensing board regulations. Paul Balderamos from the Board of Dental Health shared the dental health community has been exemplary in using PMP and advancing education for their providers. His concern with recommendations #7 and #8 is the burden of checking initial opioid prescriptions for their patients. Dr. Jenkusky asked how often dentists prescribe more than 4 days of benzodiazepines. Paul said they never do, but that they would be forced to check the PMP for prescriptions that aren't more than 3 days of use, which would be a burden for dentists. Dr. Jenkusky asked the council members if they would be open to changing the phrasing around "initial prescription" to "opioid and benzodiazepine prescriptions more than 4 days of use." Dr. Warrick proposed tabling this discussion due to questions he has about the wording, too.
5. **Votes:** Ralph moved to table this discussion. Dr. Warrick and Dr. Jenkusky agreed to table it. This recommendation has been tabled.

ii. Recommendation: #8. Prescribing Limits

1. **Comments:** Toby summarized this recommendation about the legislature setting prescribing limits. Dr. Warrick disagreed with this recommendation due to the logistics being a burden on providers and will treat pain and even addiction inadequately. Ernie agreed with this and said it would provide undue burden for patients and providers. Paul shared his thoughts on this, too, supporting Dr. Warrick and Ernie's ideas.
2. **Votes:** Troy moved to vote on the recommendation as written. Dr. Warrick seconded this motion. The council members voted unanimously to disapprove this recommendation.

iii. Recommendation: #9. Pharmacy Training

1. **Comments:** Chris Trujillo shared this recommendation is based on info from UNM stating pharmacists and pharmacy techs need to be trained in Naloxone use regularly due to high turnover rates in pharmacies. Dr. Warrick shared his thoughts on pharmacies not being stocked regularly with buprenorphine and this causing a problem for clients. Chris stated he could revise the summary to

include buprenorphine. He shared a new summary in the chat. Cheranne shared that pharmacy staff are currently required to do 2 hours of education on Naloxone. The new wording is “Community pharmacies should stock sufficient quantities of buprenorphine to dispense within four hours of a valid prescription and should require buprenorphine training for current pharmacists and pharmacy technicians.”

2. Votes: No motion to vote on #9.

b. Sophie asked if this is the final list of the recommendations for 2020 and Toby said the Council can return to these recommendations in January.

- X. Future agenda items:** Toby proposed a presentation from the Drug Policy Alliance about decriminalization, citing recent changes of applicable laws in Oregon, the tenth anniversary of decriminalization in Portugal, and the trend toward decriminalization in other European countries. Folks were open to receive this presentation in the future.
- XI.** Dr. Jenkusky proposed getting a review for relevant bills in the legislative session.
- XII. Next Meeting** – January 15th, 2021 @1:30 – 3:30 PM – Webex meeting