

# FRAMEWORK FOR EDUCATION & TRAINING IN PSILOCYBIN-ASSISTED MENTAL HEALTH CARE **AGENDA**

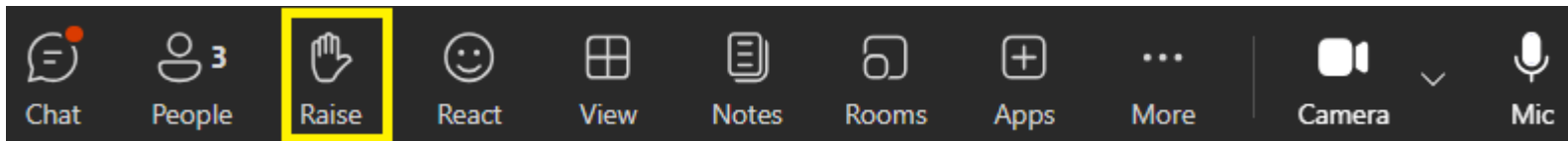
Brenda S. Burgard, LPCC, LSAA, ATR  
Psilocybin Advisory Board – Training & Education Subcommittee

# Program and Board Information

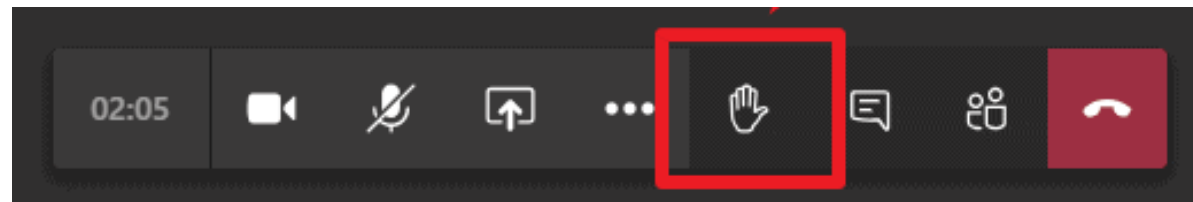
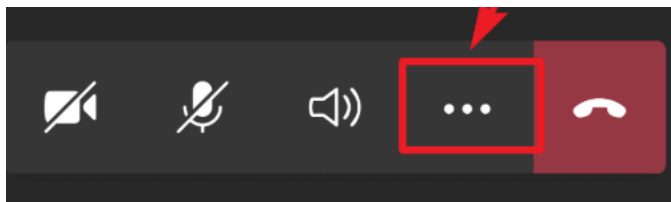
- Email: [Medical.Psilocybin@doh.nm.gov](mailto:Medical.Psilocybin@doh.nm.gov)
- Program Website:  
<https://www.nmhealth.org/about/mcpp/mpp/>
- Advisory Board Website:  
<https://www.nmhealth.org/about/mcpp/mpp/mpab/>
- Meeting Record Website:  
<https://www.nmhealth.org/about/mcpp/mpp/mpab/mr/>

# How to Raise your Hand in Teams

- If on a computer – click on the “hand” icon near the top of the Teams window (it says “Raise” under the icon)



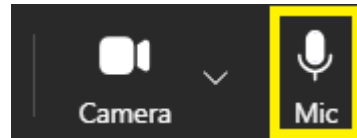
- If on the Teams app on a phone, please press the ellipses (three dots) in the menu and then the “hand” icon will appear, and you can select it



- If you are joining through voice only on a phone, press \*5 to raise or lower your hand

# How to Unmute/Mute in Teams

- Once your name is called, you will be able to unmute:
- To unmute/mute on Teams on a Computer or on the Teams Phone App click on the microphone icon:
  - On a computer it is in the upper right area of the Teams window.
  - On a phone it is usually in the lower left of the Teams App, however, different models of phone (Apple, Android, etc...) may have the mute/unmute icon in a different location:



- Telephone: voice only - press \*6 to unmute/mute

# How to submit written public comment

- Please send written public comment to the program email at: [medical.psilocybin@doh.nm.gov](mailto:medical.psilocybin@doh.nm.gov)
- If referencing documents from other sources/websites, do not include the document, only a working hyperlink; and explain the context.
- Please remember to include your full, legal name and any organizational affiliations you may be representing.
- It will then be included in the meeting record.
- To be included, please send your comment by Monday, January 26th at 5:00 PM.



# Meeting Purpose

## Purpose of Today's Meeting:

- Review proposed framework for education and training in psilocybin-assisted mental health care
- Clarify scope, roles, and guiding principles
- Align framework with NMDOH advisory norms and public health standards
- Identify areas for feedback, refinement, and next steps



## Why This Framework Exists

### Purpose

- Create safe, ethical, and culturally respectful education and training
- Support public health, community well-being, and accountability
- Align with New Mexico Department of Health advisory standards
- Prepare for evolving law, research, and practice



# What This Framework Covers

## Two Parts

- **Part I: Education**

- Foundational knowledge for all roles

- **Part II: Training**

- Skills, competencies, and supervised practice

- Designed to support:

- Safety
- Equity
- Cultural respect
- Regulatory readiness





# **Who This Is For Intended Participants**

- Mental health clinicians
- Indigenous healers & cultural practitioners
- Pastors, clergy, chaplains & spiritual care providers
- Death doulas & end-of-life professionals
- Medical providers
- Co-facilitators & paraprofessionals
- Community, policy, and program leaders



# Guiding Values

## Core Principles

- Safety & ethics
- Equity & access
- Cultural humility & respect
- Trauma-informed care
- Interdisciplinary collaboration
- Evidence-informed practice
- Clear scope of practice



## Part I: Education (Overview)

### **Foundational Learning**

- Shared baseline knowledge for all roles
- Didactic (education only — not practice authorization)
- Supports public understanding, safety, and informed participation
- Required before advanced training



# What People Learn in Part I

## Key Topics

- History & cultural context of psilocybin
- Basic brain and psychological effects
- Mental health & spiritual care applications
- Safety, screening & risk awareness
- Ethics, consent & power dynamics
- Legal & regulatory overview



## Part II: Training (Overview)

### Skills-Based Training

- Role-specific pathways
- Supervised and competency-based
- Builds preparation, support, and integration skills
- Does **not** expand legal or professional scope



# Training Pathways

## **Role-Specific Tracks**

- Therapists & mental health clinicians
- Indigenous healers & cultural practitioners
- Clergy, chaplains & spiritual care providers
- Death doulas & end-of-life professionals
- Medical providers
- Co-facilitators & paraprofessionals

# Reciprocity & Accountability

## Recognizing Prior Training

- Supports reciprocity from other states or programs
- Review of:
  - Certificates & transcripts
  - Curriculum & supervision
  - Licensure, ordination, or endorsement
- Does not override New Mexico law or licensure



# Oversight & Next Steps

## **Governance**

- Advisory or NMDOH-designated oversight
- Indigenous, clinical, medical & community voices
- Ongoing review as evidence and policy evolve

## **Next Steps**

- Community feedback
- Refinement
- Responsible implementation