

Dose Categories

Adopted 2-27-2026

Mini Dose:

Range:

- 1-3.9 mg MTP (\approx 1.4-5.6mg of psilocybin)

Clinical Characterization:

- Mood enhancement
- Subtle affective brightening
- No perceptual distortion

Psychedelic Classification:

- Non-Psychedelic
- No expected alteration in sensory processing, ego boundaries, or reality testing.

Threshold Dose:

Range:

- 4-6.9 MTP (\approx 5.6-9.6mg of psilocybin)

Observed Effects:

- Mild Euphoria
- Early sensory amplification
- Subtle visual enhancement

Psychedelic Classification

- Very light psychedelic dose

Clinical Interpretation

- Represents the transition point from non-psychedelic to perceptible psychedelic effects

Effects may border on perceptible vs non-perceptible depending on individual factors

Moderate Dose:

Range:

- 7-21.9 mg MTP (≈9.74-30.5mg of psilocybin)

Observed Effects:

- On the low end of this range colors become more vivid with some close and open eye visuals. On the high-end pts may experience kaleidoscopic visuals & mild visual disturbances.

Psychedelic Classification

- Moderate to full psychedelic experience

Clinical Interpretation

- Overlaps with the most commonly studied therapeutic dose range
- Consistent with fixed-dose clinical trials demonstrating reliable psilocin exposure and therapeutic outcomes.

High-Intensity Dose:

Range:

- 22-36 MTP (≈30.6-50 mg of psilocybin)

Observed Effects

- Intense sensory distortions
- Marked alteration of self-referential cognition
- Increased likelihood of ego dissolution

Psychedelic Classification:

- High-intensity psychedelic dose

Clinical Interpretation

- Corresponds to upper-range dosing reported in depression, PTSD, and substance-use disorder trials

- Psychological intensity and variability increase substantially
- Complete altering of senses & higher likelihood of ego dissolution.

Other Dosage

- Any administered dose exceeding the High Intensity Dose range shall require a Psychedelic Utilization Review. Facilitators and providers shall have the freedom to use the higher dose; however, they shall report to the department on outcomes.