

# Medical Psilocybin End-of-Life Care Committee Meeting Minutes, Chat and Public Comments:

**Location:** Albuquerque and Teams

**Date:** 04/23/2026

**Time:** 13:00

**Attendance:** Johnathan Mouchet, Jorge Gonzales, Brenda Martinez, Rosalie Nava, Cathy Augeri, Dominick Zurlo, Jennifer Johnson, Ross Jenkins, Van Warren, Raymond Gallegos, Don Mosser, Victoria Culkin, Catherine Sanchez, Robert Truckner, Maxcine Tomlinson, Lisa Cheek, Celina Montoya, Shanna Howard, Cassandra Gurule, Cyrus Rautman, Erika Gergerich, Hector Garcia, Nikki N, Hana Rose, Susan Gautsch, Laurie Johnson, Viki Teahan, Jennifer Joyce, Chris Caldwell, Sam Wolf, Brooke Nutting, Dr. Lida Fatemi, Catherine Warnock, Arishanda Campell, Maya Armstrong, Cassandra Gurule, Maureen Kolomeir, Jeff Steinborn, Jenn Katma, Lisa Ginzburg, Eileen Brewer, Ariana A, Denali Wilson, James Brown, Chris Peskuski, Kate Hawke, Katrina Lucero, Lance Carroll, Trina Zahller, Skye Rivers, Harita Washington, Cliff Rees, Danielle Slupesky, Larry Leeman, Michael Williams, Jamie Beachey, Jennifer Thompson.

**Minute Taker:** Ismail Zoutat

*\*This meeting was recorded. For specific details pertaining to the meeting, please refer to the recording located on the Medical Psilocybin Advisory Board Website: [Psilocybin Advisory Board](#)*

## Agenda items

### 1. Call to Order & Opening Remarks

- The meeting was called to order by Dominick Zurlo.
- Attendees were admitted (in-person and virtual).
- Reminder issued regarding public recording and appropriate conduct.
- Chair Larry Leeman welcomed attendees and outlined the meeting structure:
  - Presentation on Hospice model
  - Guided discussion questions
  - Open discussion period Featured Presentation

## 2. Presentation: Psilocybin Therapy in Hospice Care (Jennifer Thompson)

- Jennifer Thompson presented an overview of how psilocybin therapy could be integrated into hospice care, emphasizing a facilitator-centered, non-medicalized approach that supports patients in addressing existential distress near the end of life. She described how preparation, intention-setting, and integration sessions are essential to creating a safe therapeutic container, and explained potential dosing strategies including low-dose and microdosing options for medically fragile patients. Thompson highlighted safety considerations, interdisciplinary coordination, and the importance of aligning care with patient values, noting that psilocybin may help reduce fear, increase emotional openness, and enhance meaning during the dying process.

3. For full details, please refer to the recorded session.

## 4. Committee Discussion & Questions

- Medicare and Eligibility Constraints
  - Question: How does the 6-month Hospice eligibility window impact access?
  - Response: Patients often remain in care longer; earlier access remains a challenge.
- Patient Selection Criteria
  - Question: Who qualifies for therapy?
  - Response: Most end-of-life patients may benefit; case-by-case evaluation preferred.
- Trauma and Psychological Risk
  - Concern: Potential re-traumatization during sessions.
  - Response: Emphasis on preparation, consent, and facilitator judgment.
- Education and Family Involvement
  - Questions: 1) How will patients and families be educated? 2) Can families participate in sessions?

- Responses: 1) multi-stage education process (community → intake → consent). 2) Family participation unclear within Hospice; may involve external support.
- Insurance and Funding
  - Discussion: 1) Some components (prep/integration) may be billable. 2) Grants and equity funding are critical.
- Workforce and Demand
  - Observation: Growing interest among clinicians and providers.
  - Need: Expanded training and workforce development.
- Complementary Modalities
  - Discussion: 1) Integration of meditation, journaling, nutrition, and somatic practices. 2) Holistic approaches improve patient outcomes.
- Microdosing and Case Evidence
  - Observation: Case example showed improved quality of life through microdosing.
  - Note: Statute at present does not include a provision for microdosing.
- Pre-Hospice (Palliative Care) Opportunities
  - Discussion: 1) Earlier intervention seen as highly beneficial. 2) Limited access to palliative care remains a barrier.
- Training and Competency Models
  - Discussion: 1) Shift toward competency-based standards rather than strict roles. 2) Importance of continuity of care (same facilitator throughout process). 3) Inclusion of doulas, chaplains, and interdisciplinary providers.
- Policy and Structural Considerations
  - No current registry of trained providers (planned for future).
  - End-of-life category is intentionally flexible in legislation.

5. Hospice identified as a strong but not exclusive model.

6. Next Meeting & Adjournment
7. No specific date for the next meeting was established. It was suggested to combine with the Training and Education committee on May 8<sup>th</sup> since there is overlap in the discussions and suggestions being made in each respective committee meeting. Program staff and Larry Leeman will speak with Brenda Burgard, chair of the Training and Education committee.
8. Meeting concluded following extended discussion and participant contributions.

### **Comments submitted by email**

## **New Mexico Psilocybin Practitioner Pathways (NMP3)**

We currently have at least four groups in New Mexico:

1. **Licensed clinicians** (therapists, physicians, nurses, social workers, counselors)
2. **Certified psychedelic program graduates** (in state through CPPA and out-of-state programs)
3. **Underground facilitators with experience but no licensure**
4. **Indigenous practitioners with traditional knowledge**

## **Model 1: Competency-Based Modular Bridge System**

Everyone must demonstrate mastery in core domains.  
How they get there may differ.

### **Step 1: Define Core Regulatory Competencies**

Example domains:

1. Medical safety & contraindications

2. Trauma-informed care
3. Ethics & boundaries
4. Cultural humility
5. Screening & intake
6. Crisis response
7. Documentation & compliance
8. Integration frameworks
9. Harm reduction
10. Scope of practice



## **Step 2: Create Multiple Entry Tracks**

### **Track A: Licensed Clinical Fast-Track**

For physicians, therapists, nurses, social workers, pharmacists, etc

They may only need:

- Psychedelic-specific pharmacology
- Set & setting

- Legal framework
- Cultural humility modules
- Supervised practicum

This might be 3–4 months, not 9.

### **Track B: Experienced Facilitator Bridge Track**

For underground or experienced non-licensed facilitators.

They would complete:

- Medical safety
- Regulatory compliance
- Documentation
- Ethics & liability
- Trauma certification
- Supervised hours

They may test out of:

- Basic facilitation skills

## **Track C: Indigenous Sovereign Pathway**

This must be co-designed, not imposed.

Possible model:

- Cultural competency module required for all non-Indigenous facilitators
- Indigenous practitioners exempt from certain Western requirements
- Safety and emergency medical protocols required for anyone operating under state licensure

Respect sovereignty while maintaining a shared safety floor.

## **Track D: Full Foundational Program (9-Month)**

For new entrants with no background.

## **Model 2: CE-Based Stackable Certification**

Instead of a monolithic program:

Create stackable modules, examples:

- 20-hour Medical Safety Certification
- 15-hour Trauma & Attachment
- 10-hour Ethics & Power
- 15-hour Psychedelic Pharmacology

- 20-hour Supervised Practicum

Each earns CEs.

Participants build their certification like Lego blocks.

You set minimum combinations required for state eligibility.

This prevents redundancy.

### **Model 3: Prior Learning Assessment (PLA)**

This is powerful.

Applicants submit:

- Documented experience
- References
- Case logs
- Letters from supervisors
- Community attestation

Then:

They are assigned only the gaps they must complete.

This respects underground and Indigenous wisdom without legitimizing unsafe practice.

### **Model 4: Apprenticeship Overlay (New Mexico Specific)**

Given New Mexico's culture:

You could require:

- 20 supervised hours under approved mentor
- Cross-cultural cohort work
- Peer consultation circles

This builds cohesion across groups.



## **What I Would Recommend for New Mexico**

A 3-Tier System:

### **Tier 1 – Foundational Certification**

(For all new entrants)

### **Tier 2 – Bridge Certification**

(For experienced facilitators or clinicians)

### **Tier 3 – Advanced Clinical Endorsement**

(For medical complexity cases)

Plus:

- Required cultural humility training for everyone
- Community advisory board with Indigenous representation
- State-approved supervised hours

## Key Shift in Thinking

Instead of asking:

“How long should training be?”

Ask:

“What competencies must be non-negotiable for public safety?”

Time becomes flexible.

Standards remain firm.

Thank you!

Lida Fatemi, DO MPH

Associate Professor, UNM School of Medicine

Founder, Conscious Physicians Psychedelics Academy

### Committee Chat

Hi! Where is this meeting located at UNM? The email doesn't include it

BioScience Center.... by Gonzales, Jorge, DOH

Thursday 1:08 PM

Gonzales, Jorge, DOH

BioScience Center....

5901 Indian School Rd. NE in Albuquerque by Gonzales, Jorge, DOH

Thursday 1:09 PM

Gonzales, Jorge, DOH

5901 Indian School Rd. NE in Albuquerque

This not at the UNM campus it is at: Link ... by Zurlo, Dominick, DOH

Zurlo, Dominick, DOH

Thursday 1:09 PM

This not at the UNM campus it is at: The BioScience Center (5901 Indian School Rd NE, Albuquerque, NM 87110)

Reminder: This meeting is being recorded ... by Zurlo, Dominick, DOH

Zurlo, Dominick, DOH

Thursday 1:10 PM

Reminder:

This meeting is being recorded

Please remember to keep language appropriate as the recordings are made public on the Advisory Board Website

Contact information:

Email: [Medical.Psilocybin@doh.nm.gov](mailto:Medical.Psilocybin@doh.nm.gov)

Program Website: <https://www.nmhealth.org/about/mcpp/mpp/>

Advisory Board Website: <https://www.nmhealth.org/about/mcpp/mpp/mpab/>

Link directly to the statute:

<https://nmonesource.com/nmos/nmsa/en/item/4355/index.do#a2D>

Is this power point available? I may have ... by Unknown User

Maxcine Tomlinson

Thursday 1:12 PM

Is this power point available? I may have missed the link to it. Thank you.

Begin quote, Maxcine Tomlinson, 4/23/2026 1... by Gonzales, Jorge, DOH

Thursday 1:13 PM

Gonzales, Jorge, DOH

Unknown User

4/23/2026 1:12 PM

Is this power point available? I may have missed the link to it. Thank you.

It will be available on our website in a few days.

Thank you by Unknown User

Maxcine Tomlinson

Thursday 1:14 PM

Thank you

Ditto. Seeking the PPT if you're able to sh... by Unknown User

Susan Gautsch

Thursday 1:14 PM

Ditto. Seeking the PPT if you're able to share it now.

It hasn't been sent out but we can check wi... by Mouchet, Jonathan, DOH

Mouchet, Jonathan, DOH

Thursday 1:14 PM

It hasn't been sent out but we can check with Jen if she'd like us to send it out after the meeting

got it. Thx by Unknown User

Susan Gautsch

Thursday 1:14 PM

got it. Thx

How to raise your hand to speak: If on a c... by Zurlo, Dominick, DOH

Zurlo, Dominick, DOH

Thursday 1:32 PM

How to raise your hand to speak:

If on a computer – click on the “hand” icon near the top of the Teams window (it says “Raise” under the icon)

If on the Teams app on a phone, please press the ellipses (three dots) in the menu and then the “hand” icon will appear, and you can select it

If you are joining through voice only on a phone, press \*5 to raise or lower your hand

How to Unmute:

Once your name is called, you will be able to unmute:

To unmute/mute on Teams on a Computer or on the Teams Phone App click on the microphone icon:

On a computer it is in the upper right area of the Teams window.

On a phone it is usually in the lower left of the Teams App, however, different models of phone (Apple, Android, etc...) may have the mute/unmute icon in a different location:

Telephone: voice only - press \*6 to unmute/mute

The New Mexico (WHAT) network? It's kind ... by Sanchez, Catherine, WCA

Sanchez, Catherine, WCA

Thursday 1:32 PM

The New Mexico (WHAT) network? It's kind of choppy on this end.

NM Deathcare Network by Unknown User

Nikki N. (she/ella)

Thursday 1:32 PM

NM Deathcare Network

2 Like reactions.

2

Thank you by Sanchez, Catherine, WCA

Sanchez, Catherine, WCA

Thursday 1:32 PM

Thank you

Appreciate that - calling in, rather than e... by Unknown User

Nikki N. (she/ella)

Thursday 1:52 PM

Appreciate that - calling in, rather than excluding

1 Like reaction.

How to raise your hand to speak: If on a c... by Zurlo, Dominick, DOH

Zurlo, Dominick, DOH

Thursday 2:19 PM

How to raise your hand to speak:

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If you are joining through voice only on a phone, press \*5 to raise or lower your hand

What is the school Dr Lida is referring to? by Unknown User

Nikki N. (she/ella)

Thursday 2:23 PM

What is the school Dr Lida is referring to?

Answered my own questions: Link <https://ww...> by Unknown User

Nikki N. (she/ella)

Thursday 2:24 PM

Answered my own questions: <https://www.drlidafatemi.com/cppa>

2 Like reactions.

2

I understood that based on the legislation,... by Unknown User

Jenn Katma

Thursday 2:29 PM

I understood that based on the legislation, spiritual care is optional. It's not laid out who provides.

we are taking a quick break til 2:55 by Mouchet, Jonathan, DOH

Mouchet, Jonathan, DOH

Thursday 2:49 PM

we are taking a quick break til 2:55

1 Like reaction with medium skin tone.

Last read

Thank you! by Maureen Kolomeir

Maureen Kolomeir

Thursday 3:15 PM

Thank you!

Wonderful session. I'm hoping Jennifer's pr... by Unknown User

Susan Gautsch

Thursday 3:16 PM

Wonderful session. I'm hoping Jennifer's presentation is available soon. Cheers!

Medical Psilocybin Advisory Board and their... by Zurlo, Dominick, DOH

Zurlo, Dominick, DOH

Thursday 3:16 PM

Medical Psilocybin Advisory Board and their Committee Meetings:

Dosage, Administration & Clinical Practice – Monday April 27th from 9:00-11:00 AM Ian Dunn, Chair.

Equity, Access, and Cultural Considerations – Tuesday April 28th from 3:00-5:00 PM; DezBaa', Chair.

Hybrid (online/in-person) @ at the Garrey Carruthers State Library - Yucca Room (1209 Camino Carlos Rey, Santa Fe, NM 87507)

Patient Qualification & Safety – Monday May 4th from 9-11 AM; Ian Dunn, Chair.

Research and Continuous Improvement – Friday May 8th from 9:00-11:00 AM; Dan Jennings, Chair.

Training and Education – Friday May 8th from 1:00-3:00 PM; Brenda Burgard, Chair.

Medical Psilocybin Advisory Board – Friday, May 15th from 9:00-11:00am.