

Education and Training Requirements for the New Mexico Medical Psilocybin Program

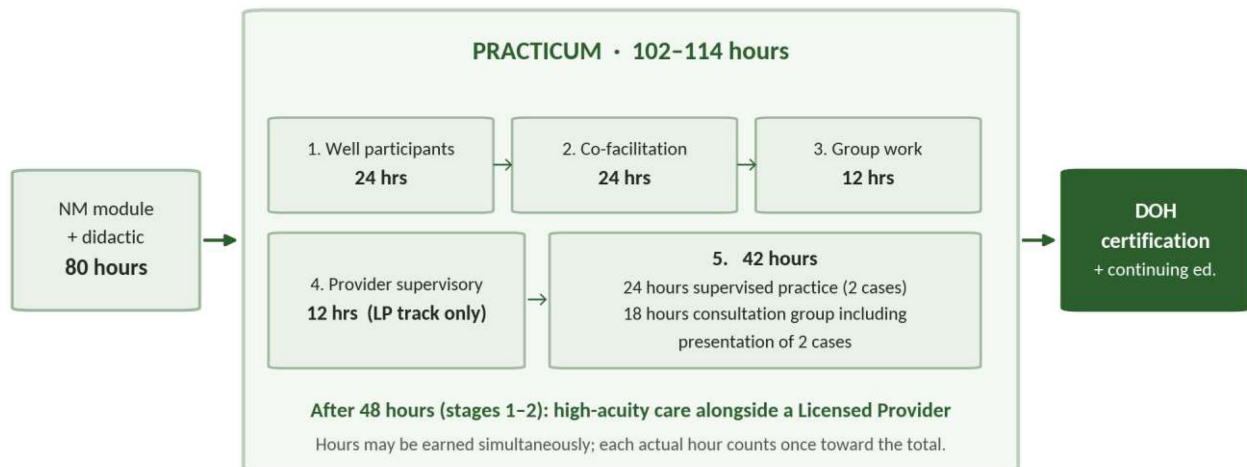
Summary of the Recommended Rules (NMAC 7.35.3)

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This document describes, in plain language, the education and training rules recommended for submission under NMAC 7.35.3. It covers three roles: certifying clinicians, who diagnose qualifying conditions and clear patients for psilocybin therapy; Licensed Providers, professionals holding a license to deliver medical, counseling, mental health, or behavioral health care; and Facilitators, who support patients through psilocybin sessions in a non-clinical role. The requirements are calibrated to be rigorous enough to protect the public while remaining lean enough that training stays financially accessible — for a licensed clinician, every required hour is both an out-of-pocket cost and a forgone client hour. Hour figures throughout are minimums; actual totals vary somewhat by student, since not every administration session lasts a full eight hours and hours earned simultaneously count only once toward the aggregate.

Training at a Glance

Requirement	Certifying clinician	Licensed Provider	Facilitator
New Mexico module	Required	Required	Required
Didactic hours	8	80	80
Practicum and Suoervised Practice hours	—	7s + 42=114 hours	62 + 42 =102 hours
Emergency-response credential (BLS, CPR/AED, or EMT)	—	Required	Required
Continuing education, every two years	8 hrs CME	20 hrs CE	20 hrs CE



The training pathway for Licensed Providers and Facilitators, from enrollment to certification.

The New Mexico Module: Required of Everyone

Every certifying clinician, Licensed Provider, and Facilitator must complete a New Mexico educational module created or approved by the department before applying for certification. This applies equally to applicants trained in other jurisdictions — there is no exemption by reciprocity. The module covers the New Mexico Medical Psilocybin Act; an overview of psilocybin in New Mexico’s medical and therapeutic model; the social, cultural, and historical aspects of psilocybin use, including traditional use by Native American and other populations in New Mexico; spiritual, existential, religious, and theological (SERT) aspects of psilocybin therapy; and the state program’s research and data collection requirements. It concludes with an evaluation demonstrating competency in each area.

Certifying Clinician Training: Eight Didactic Hours

Certifying clinicians complete a module of at least eight didactic hours before applying for certification. The module addresses psilocybin action, interactions, and pharmacology; the responsibilities of the certifying clinician role; federal confidentiality requirements under 42 CFR Part 2; diagnosis of qualifying conditions; determining medical clearance for psilocybin therapy; psychedelic emergencies, urgencies, and medical monitoring; and supporting patients with challenging experiences, including hallucinogen persisting perception disorder (HPPD). Like the New Mexico module, it ends with a competency evaluation.

Licensed Provider and Facilitator Training: Eighty Didactic Hours

Licensed Providers and Facilitators complete a psilocybin therapy module of at least 80 didactic hours before applying for certification. That places New Mexico below Oregon’s 120 hours and Colorado’s 150 — a deliberate calibration, since graduates in both states reported that longer didactic requirements did not buy greater depth.



Required didactic hours by state (New Mexico figure is the proposed minimum).

Within the 80 hours, the rules set minimums for nine content areas:

Content area	Minimum hours
Core psychotherapy skills and ethics — including patient-centered approaches and care, cultural competency, patient confidentiality, informed consent, self-care, somatic awareness and touch, and 42 CFR Part 2	22
End-of-life and palliative care considerations	8
Trauma and trauma-informed care	7
Preparation and integration sessions	6
Medicine, dosing, and clinical research — including psilocybin actions, interactions, and pharmacology	5
Screening, suicidality, and crisis response	5
Administration session — including set and setting, non-ordinary states of consciousness, and use of music	4
Management of challenging psychedelic experiences, including de-escalation techniques	4
Role playing and/or simulated patient experience	2
Total specified minimums	63

The specified minimums account for 63 of the 80 hours. The remaining 17 hours are devoted to the topics the rule requires without an hour minimum: an overview of Licensed Provider and Facilitator responsibilities, including how to work as part of a care team and the unique role of non-clinical peer support facilitators; and treatment models. The module concludes with an evaluation demonstrating competency across all areas.

A note on the trauma minimum: seven hours is not PTSD treatment training and should not be represented as such. It prepares trainees to recognize dissociation and trauma responses, work somatically, and de-escalate. Where PTSD treatment falls outside a provider’s scope, collaboration with a PTSD-trained provider is the appropriate path.

Before applying for certification, Licensed Providers and Facilitators must also hold current emergency-response credentials: basic life support, or both CPR and AED certification, or New Mexico EMT licensure (or a clinical license that includes these competencies).

The Practicum and Supervised Practice : 102 to 114 Supervised Hours

Supervised practice is sequenced from lower-risk to higher-risk experiences, and no one completes it without real client contact. Facilitator-track students complete a total of 102 practicum hours; Licensed Provider-track students complete 114.

Stage	Min. hours	Trainee potentially compensated	Client medicine sessions	What it involves
Practicum: Supervised Onsite: 72 Hours for Licensed Provider; 62 for Facilitator				
1. Well participants	24	N	2	Participants without a qualifying or risk-heightening condition; completed before seeing patients with qualifying conditions. Includes preparation, administration, and integration.
2. Co-facilitation	24	N	2	Co-facilitated with a DOH-permitted Licensed Provider; low-acuity patients such as nicotine use disorder or depression. Includes preparation, administration, and integration.
3. Group work	12	Y	1	Group preparation, administration, and integration.
4. Provider supervisory hours (LP track only)	12	Y	1	Co-facilitating with a permitted facilitator for administration of same-day therapy sessions.
Supervised Practice : Case Consultation: 42 hours Licensed Provider or Facilitator				
5. Supervised practice with case consultation	42 (24 + 18)	Y	2	Trainees complete 24 hours of supervised practice with a permitted licensed provider for two clients, designed by the hosting school or healing center, which may include people with end of life, complex PTSD, or opioid addiction as qualifying conditions. The 24 hours are 12 hours with each participant: an 8 hr. medicine day, two 60-minute preparation sessions, and two 60-minute integration sessions. Both clients are presented and discussed within an 18 hr. consultation group. This stage may occur in the two-year period after the individual has received their training licenses.
Total	LP 114 • Facilitator 102 hours		8	Eight client medicine sessions in total; four of them before compensation may occur.

Every stage spans preparation, administration, and integration — not administration alone. Students begin with well participants before seeing patients with qualifying conditions, then move to co-facilitation with a department-permitted Licensed Provider. Licensed Provider-track students additionally complete supervisory hours, building the skills the role requires.

Hours in co-facilitation, group work, and practice supervision may be earned simultaneously, with each actual hour counting only once toward the 102- or 114-hour aggregate. Any remaining balance is completed through co-facilitation designed by the hosting school or healing center. Once a student has completed at least 48 practicum hours — the end of stage 2 — they are qualified to provide care to high-acuity patients when accompanied by a Licensed Provider — a graduated on-ramp that expands what a student can do as demonstrated experience accumulates.

All practicum hours take place in an approved healing center or other approved location, and supervisors and students follow the program's facilitation and therapy rules, HIPAA and HITECH confidentiality requirements, and applicable scope-of-practice limits.

Practicum Stage: Case Presentation and Consultation — The Competency Checkpoint

As part of case presentation and consultation, every student participates in at least 18 hours of case presentation and consultation with educational program faculty (which programs may provide through a contracted third party). During these hours, each student presents at least two cases in which they personally provided direct psilocybin services. Which contributes another 24 hours to training hour. Presentations and consultation include discussion of individual case concerns, risk factors, supportive factors, treatment considerations, and recommendations for aftercare — a full case conceptualization, not a formality. The two case presentations must be completed before full licensure.

This is the piece that makes the overall hour requirements defensible: rather than relying on raw hour counts, someone experienced evaluates the new provider's actual casework before independent practice. The 18 hours remain valid for up to 12 months after practicum is completed. The model mirrors the consultation structure developed at Memoru in Boulder under the leadership of one of the lead principal investigators in the MAPS MDMA clinical trials.

Comparison of Hours Between Colorado and New Mexico

Stage	Colorado	New Mexico
Didactic	150	80
Practicum, including case presentation with consultation stage	40	114 for LP 102 Facilitator
Colorado Consultation Phase (no medicine sessions required)	40	—
Psilocybin medicine sessions in training	2	8 (4 before compensation may occur)
Total hours	230	194 LP 182 Facilitator

Continuing Education

Certification is not the end of training. Certifying clinicians complete at least eight hours of continuing medical education specific to psychedelic medicine or therapy every two years. Licensed Providers and Facilitators complete at least 20 hours of continuing education specific to psychedelic therapy and practice every two years, and keep their emergency-response credentials current.

Program Accountability and Records

Educational programs keep records for at least five years: course syllabi and enrollment records including each student's name, start and completion dates, examination results and transcripts, the dates, locations, and patient counts for practicum sessions, and the names of facilitators supervised by Licensed Provider students. Programs upload completion certificates into the department's electronic system, provide current and former students their records on request, and provide required records to the department on request.

Flexibility and the 2027 Transition Pathway

The department may waive, temporarily suspend, or reduce practicum requirements to recognize individuals trained by other government-approved programs and to build the program's initial infrastructure. In addition, applicants who apply and complete their didactic requirements by December 31, 2027, and graduate from a department-certified or department-approved program by that date, may satisfy a reduced practicum: at least 40 documented contact hours including a minimum of two individual sessions and one group session (each spanning preparation, administration, and integration), or completion of an approved out-of-state practicum meeting these requirements. This pathway lets

New Mexico stand up a qualified workforce quickly without lowering the bar for the program's steady state.