



Core / Extended Data Set

Measures

Research and Continuous Improvement Committee

September 11, 2026

How a measure is recorded

Required data element The thing the program must record.

Preferred instrument The instrument named for it.

Accepted alternatives Instruments a site may report with instead.

Every score field has an instrument used field.

+ marks measures added in a due-diligence review rather than discussed by the workgroup.

Measures by domain

DOMAIN	REQUIRED DATA ELEMENT	PREFERRED	ACCEPTED ALTERNATIVES	LAYER
Depression	Depression symptom severity score at baseline and follow-up	PHQ-9	MADRS; QIDS-SR16; GRID-HAMD	Core
Anxiety	Anxiety severity score at baseline and follow-up	OASIS	GAD-7; STAI	Core
PTSD	PTSD symptom severity score, baseline and follow-up, when qualifying condition	PCL-5	CAPS-5	Core
Wellbeing	Positive wellbeing score at baseline and follow-up	WHO-5	SWLS	Core
Substance use, screening	Alcohol and other substance use screening result at program entry	TAPS+ plus AUDIT-C+	AUDIT; DAST-10; TLFB	Core
Substance use, outcome monitoring	Substance use, risk, recovery factors; SUD pathway baseline, follow-up	BAM+ (Brief Addiction Monitor)	TLFB	Core
Suicidality	Suicidal ideation and behavior at screening and post-administration when indicated	C-SSRS	SIDAS+; BSS+	Core Triggered
Dissociation, screening	Depersonalization/derealization screen at baseline; detailed assessment when positive	CDS-2 initial screen; CDS-29 if CDS-2 indicates a propensity	DES-II+	Core Triggered

Measures by domain

DOMAIN	REQUIRED DATA ELEMENT	PREFERRED	ACCEPTED ALTERNATIVES	LAYER
Dissociation, post-treatment	Post-treatment dissociative symptoms when indicated	DSS-B	none listed	Triggered
Psychosis risk	Psychosis-risk screen result at program entry	PQ-16	PQ-B†; PRIME Screen-Revised†	Core
Bipolar spectrum	Bipolar-spectrum screen result at program entry	none named	MDQ; HCL-32†; BSDS†	Core
Borderline personality features	Borderline personality features screen result at program entry	MSI-BPD	BPQ†	Core
Psychedelic experience, acute	Acute session experience: meaningful/mystical and challenging experience; no baseline	MEQ-30 + CEQ-26	MEQ-4 + CEQ-7; PIS-6	Extended
Integration	Integration behavior and experienced integration after the session	none named	IES; EIS; PIS-6	Extended
Adverse effects and post-treatment challenges	Adverse effects and post-treatment challenge signal; extended assessment when indicated	Single challenge/harm item (1 item) plus CDS-2 (2 items), first-stage	PATAE and DSS-B (8 items) as extended measures when indicated	Core
Medical and medication safety screening	Medical history, medications, cardiovascular, neurological, hepatic, renal, pregnancy, ECG, labs	none named	none	Core
Therapeutic alliance	Therapeutic alliance rated at each follow-up interval	WAI-SR (proposed)	none listed	Core

Depression

MEASURE

Required data element	Depression symptom severity score at baseline and follow-up	
Preferred instrument	PHQ-9	
Accepted alternatives	MADRS; QIDS-SR16; GRID-HAMD	
Items and minutes	9 items	2-3 min
Timepoints	Baseline; 4 wk, 3 mo; 6 mo extended/triggered	

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Depression Score	Core	Integration Clinician
Depression instrument used	Core	Integration Clinician
Depression administration role	Core	Integration Clinician

Anxiety

MEASURE	
Required data element	Anxiety severity score at baseline and follow-up
Preferred instrument	OASIS
Accepted alternatives	GAD-7; STAI
Items and minutes	5 items / ~1 min
Timepoints	Baseline; 4 wk, 3 mo; 6 mo extended/triggered

DICTIONARY FIELDS		
FIELD	TIER	ENTERED BY
Anxiety Score	Core	Integration Clinician
Anxiety instrument used	Core	Integration Clinician

PTSD

MEASURE

Required data element	PTSD symptom severity score, baseline and follow-up, when qualifying condition	
Preferred instrument	PCL-5	
Accepted alternatives	CAPS-5	
Items and minutes	20 items / 5-7 min	
Timepoints	Baseline; 4 wk, 3 mo; 6 mo extended/triggered	

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
PTSD Score	Core	Integration Clinician
PTSD instrument used	Core	Integration Clinician
PTSD administration role	Core	Integration Clinician

Wellbeing

MEASURE	
Required data element	Positive wellbeing score at baseline and follow-up
Preferred instrument	WHO-5
Accepted alternatives	SWLS
Items and minutes	5 items / 1-2 min
Timepoints	Baseline; 4 wk, 3 mo; 6 mo extended/triggered

DICTIONARY FIELDS			
FIELD	TIER	ENTERED BY	
Wellbeing Score	Core	Integration Clinician	
Wellbeing instrument used	Core	Integration Clinician	

Substance use

MEASURE

	SCREENING	OUTCOME MONITORING
Required data element	Alcohol and other substance use screening result at program entry	Substance use, risk, recovery factors; SUD pathway baseline, follow-up
Preferred instrument	TAPSt plus AUDIT-C+	BAM+ (Brief Addiction Monitor)
Accepted alternatives	AUDIT; DAST-10; TLFB	TLFB
Items and minutes	TAPS: items not stated; AUDIT-C: 3 items / ~1 min	17 items / ~5 min
Timepoints	Screening / eligibility (diagnostic entry)	Treatment baseline; 4 wk, 3 mo; 6 mo extended/triggered

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Polysubstance / Supplement / Peptide Use	Core	Admin Clinician
Screen-out decision	Core	Medical Screener
Substance Use	Core	Integration Clinician
Substance Use instrument used	Core	Integration Clinician
Substance Use administration role	Core	Integration Clinician

Suicidality

MEASURE

Required data element	Suicidal ideation and behavior at screening and post-administration when indicated
Preferred instrument	C-SSRS
Accepted alternatives	SIDAS+; BSS+
Items and minutes	Structured assessment; length varies by version and responses
Timepoints	Screening; post-session when signal appears; follow-up if adopted routine

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Screen-out decision	Core	Medical Screener
Suicidality (C-SSRS Score)	Core	Admin Clinician
Suicidality Flag	Core	Integration Clinician

Dissociation

MEASURE		DICTIONARY FIELDS		
	SCREENING	FIELD	TIER	ENTERED BY
Required data element	Depersonalization/derealization screen at baseline; detailed assessment when positive	Post-treatment dissociative symptoms when indicated		
Preferred instrument	CDS-2 initial screen; CDS-29 if CDS-2 indicates a propensity	DSS-B	Core	Medical Screener
Accepted alternatives	DES-II+	none listed	Core	Admin Clinician
Items and minutes	CDS-2: 2 items / <1 min; CDS-29: 29 items / 12-15 min	8 items / 2-3 min	Core	Admin Clinician
Timepoints	Screening (CDS-2); CDS-29 when CDS-2 positive	Post-treatment follow-up; 6-month follow-up after CDS-2/CDS-29 signal	Core	Admin Clinician

Psychosis risk

MEASURE

Required data element	Psychosis-risk screen result at program entry	
Preferred instrument	PQ-16	
Accepted alternatives	PQ-B†; PRIME Screen-Revised†	
Items and minutes	16 items / ~3 min	
Timepoints	Screening / eligibility	

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Screen-out decision	Core	Medical Screener
Support Tier	Core	Admin Clinician

Bipolar spectrum

MEASURE

Required data element	Bipolar-spectrum screen result at program entry		
Preferred instrument	none named		
Accepted alternatives	MDQ; HCL-32 ⁺ ; BSDS ⁺		
Items and minutes	MDQ 13 items, ~5 min; HCL-32 32 items, 5-10 min		
Timepoints	Screening / eligibility		

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Screen-out decision	Core	Medical Screener
Support Tier	Core	Admin Clinician

Borderline personality features

MEASURE

Required data element	Borderline personality features screen result at program entry
Preferred instrument	MSI-BPD
Accepted alternatives	BPQ ⁺
Items and minutes	10 items / ~2 min
Timepoints	Screening / eligibility

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Screen-out decision	Core	Medical Screener
Support Tier	Core	Admin Clinician

Psychedelic experience, acute

MEASURE

Required data element	Acute session experience: meaningful/mystical and challenging experience; no baseline
Preferred instrument	MEQ-30 + CEQ-26
Accepted alternatives	MEQ-4 + CEQ-7; PIS-6
Items and minutes	56 items; minutes not stated
Timepoints	Post-session only; no baseline

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Mystical Experience Score	Extended	Integration Clinician
Mystical Experience instrument used	Extended	Integration Clinician
Challenging Experience Score	Extended	Integration Clinician
Challenging Experience instrument used	Extended	Integration Clinician
Ego Dissolution Score	Extended	Integration Clinician
Ego Dissolution instrument used	Extended	Integration Clinician

Integration

MEASURE

Required data element	Integration behavior and experienced integration after the session	
Preferred instrument	none named	
Accepted alternatives	IES; EIS; PIS-6	
Items and minutes	IES 12 items, 4-6 min; EIS 12 items, ~4 min	
Timepoints	Follow-up (integration phase)	

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Session Type	Core	Admin Clinician
Integration Methods / Practices Used	Extended	Admin Clinician
Session Modality	Extended	Integration Clinician

Adverse effects and post-treatment challenges

MEASURE

Required data element	Adverse effects and post-treatment challenge signal; extended assessment when indicated
Preferred instrument	Single challenge/harm item (1 item) plus CDS-2 (2 items), first-stage
Accepted alternatives	PATAE and DSS-B (8 items) as extended measures when indicated
Items and minutes	Item: 1. CDS-2: 2, <1 min. DSS-B: 8, 2-3 min.
Timepoints	24-48 hours; 4 weeks; 6 months triggered

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Harm Reduction / QI Tier	Core	Admin Clinician
Event class	Core	Admin Clinician
Event subtype	Core	Admin Clinician
Severity (CTCAE v6.0)	Core	Admin Clinician
Suicidality (C-SSRS Score)	Core	Admin Clinician
AE Domain	Extended	Admin Clinician
Product Lot # (AE linkage)	Core	Admin Clinician
Participant direct report source	Core	Admin Clinician or DOH

Medical and medication safety screening

MEASURE

Required data element	Medical history, medications, cardiovascular, neurological, hepatic, renal, pregnancy, ECG, labs
Preferred instrument	none named
Accepted alternatives	none
Items and minutes	not applicable
Timepoints	Screening / eligibility; vital signs before dosing

DICTIONARY FIELDS

FIELD	TIER	ENTERED BY
Medical readiness	Core	Medical Screener
Health Assessment	Core	Admin Clinician
Concurrent Psychiatric Meds (SSRIs/SNRIs)	Core	Admin Clinician
Polysubstance / Supplement / Peptide Use	Core	Admin Clinician
Concomitant Meds (incl. SSRIs/SNRIs)	Core	Admin Clinician
Washout Compliance	Core	Admin Clinician