



PURPOSE

Access to barrier methods is key in preventing unintended pregnancy. The purpose of this standing order is to increase access to barrier methods for individuals in New Mexico by supporting coverage if an individual has insurance.

AUTHORITY

This standing order authorizes any New Mexico registered pharmacist, in accordance with the conditions of their licensure, to dispense any FDA approved OTC barrier method to individuals physically present in New Mexico. **This standing order may be used when an individual's insurance would not otherwise cover such a claim submitted under the pharmacist's NPI number.**

State law requires that insurers shall not require a prescription for any drug, item, or service that is available without a prescription (NM Stat. § 59A-22-42).

ORDER AND DISPENSING PROCEDURES

1. INFORMATION AND ELIGIBILITY CRITERIA

Individuals who voluntarily request a barrier method and meet criteria as described under the Authority Section are eligible.

2. ORDER TO DISPENSE

Any OTC barrier method for contraception commercially available and FDA approved
(e.g. male condom, female/insertive condoms, spermicide, lactic acid/citric acid/potassium bitartrate vaginal gel, etc.)
Dispense: 6 packs (up to a 6-month supply)
Directions for use: Use as directed on package. Read instructions on the package labeling before taking.
Refill: PRN

3. PATIENT EDUCATION

The patient should be directed to review the manufacturer's instructions for use found on the packaging prior to using the barrier method.

Patients should be advised that not all barrier methods help prevent the risk of sexually transmitted infections (STIs). Barrier methods such as spermicides and lactic acid/citric

acid/potassium bitartrate vaginal gel help reduce the risk of unplanned pregnancy but do not offer protection from STIs.

Patients should be encouraged to consider the use of a barrier method (e.g., male condom, female/insertive condoms) that can reduce the risk of STIs when used properly.

The pharmacist may provide additional anticipatory guidance depending on the need of the patient, guardian/parent, or patient's designated representative. The pharmacist may also provide the New Mexico Department of Health Helpline for additional counseling or resources. Call: 1-833-SWNURSE (1-833-796-8773) Text: NMDOH (66364)

4. INSURANCE AND BILLING

For billing purposes, pharmacy staff will collect patient's insurance information necessary to bill insurance for the selected OTC barrier method.

Insurance coverage and dispensing limits of barrier methods may vary based on policies of individual insurance plans. This standing order does not guarantee coverage.

LIMITS

This standing order does not establish the NMDOH or its clinicians as the healthcare provider for the individual. Individuals seeking more comprehensive healthcare should see a primary care provider or visit an NMDOH Public Health Office – see www.nmhealth.org/location/public/.

This standing order does not expire and shall remain in effect unless revoked or replaced by New Mexico Department of Health. This standing order will be reviewed and updated as needed.



Miranda Durham MD, Chief Medical Officer, New Mexico Department of Health
NPI:1548326515
NM Medical License: MD2004-0631

Date:

Patient DOB:

Patient Name:

Patient Address:

Patient phone number:

Any OTC barrier method for contraception commercially available and FDA approved
(e.g. male condom, female/insertive condoms, spermicide, lactic acid/citric acid/potassium bitartrate vaginal gel, etc.)

Quantity: 6 packs (up to a 6-month supply)

Directions for use: Use as directed on package. Read directions on the package before taking.

Refills: PRN

Indication: Contraception

Miranda Durham, MD

Prescriber: Miranda Durham, MD

NPI:1548326515

NM Medical License: MD2004-0631