

The background of the slide features a large, stylized Zia Sun Symbol, a traditional New Mexican symbol consisting of a central circle with four T-shaped arms extending outwards, all in yellow and red colors.

Developmental Disabilities Supports Division KNOW YOUR RIGHTS Campaign

**THE IMPACT OF THE NEW HOME AND COMMUNITY BASED SERVICES (HCBS) SETTINGS
REQUIREMENTS ON YOUR COMMUNITY**

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INDEPENDENCE


INTEGRATION



Rooted in Rights



What is the Know Your Rights Campaign?

- Statewide initiative with DDS and HSD
 - Engage stakeholders
 - Advocacy with and for people with IDD
 - Rights and Dignity of people with IDD
 - Informed choices
 - Respect
 - Participate in community
 - Valued and equal citizens
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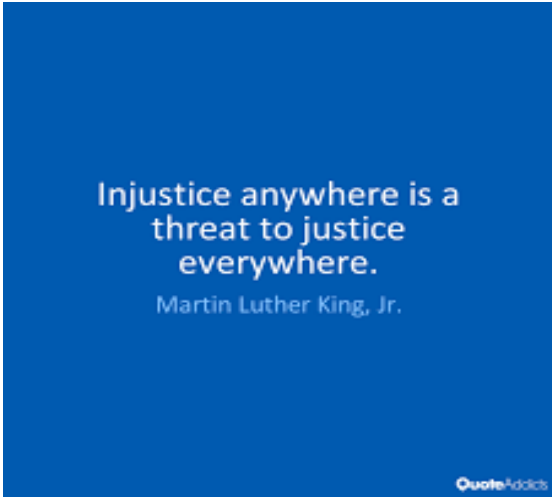
What is the Know Your Rights Campaign?

- Opportunity to reaffirm values
- Opportunity to educate the public
- Opportunity to get involved



Why is the Know Your Rights Campaign Important?

- Social responsibility
- Community
- Rights
- Equality
- Humanity



Injustice anywhere is a
threat to justice
everywhere.

Martin Luther King, Jr.

QuoteAddicts

Why is the Know Your Rights Campaign Important?



People have the right to:


- be treated as equals
- choose where they live
- work
- get married
- vote
- be part of their community

Why is the Know Your Rights Campaign Important?

The best way to learn how to be in the community is to be in the community with people without disabilities.




Why is NM promoting the Know Your Rights Campaign?

- Reaffirm commitment to best practice for people
 - Invitation for advocates and stakeholders to take action (We Need You!)
 - It's the right thing to do!
 - Supports inclusion and integration of people with disabilities in the community
 - Builds on decades of disability policy
 - Important step in forward in federal policy such as the CMS HCBS Final Rule
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How is the Know Your Rights Campaign linked to the CMS Final Rule: HCBS Settings Requirements?

The Know Your Rights Campaign AND the CMS Final Rule: HCBS Settings Requirements provide opportunities for individuals to:

- engage in community life
 - have access to the community
 - control their personal resources
 - seek employment and work in competitive settings
 - make informed choices about their lives
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What is the CMS Final Rule?

Provides impetus to move states HCBS systems closer to:


- the reality of person centered practices
- full inclusion
- integration into the community



This rule is about human and civil rights for people.

Know Your Rights

Settings that may ISOLATE-Not allowed

- Setting is designed specifically for people with disabilities, or certain people with a certain type of disability
 - People in settings are people with disabilities or staff that provides services to them
 - Little or no interaction with the broader community
- 

Know Your Rights

Person-Centered Planning

1. Person is at the center of the process and consulted throughout the process
2. Person chooses who to involve in the process
3. Person chooses the settings and timing of meetings
4. Looks at the quality of life a person can have with whatever support they need

Know Your Rights

Person-Centered Planning

1. Emphasizes personhood, citizenship & developmental potential
2. Begins with assumption a person wants to have friends, prefers freedom to captivity, wants a decent place to live, wants a chance to contribute, and wants to be included in a community rather than be excluded from it.
3. Helps create and maintain meaningful connections with people who are not paid to help them
4. It means people with IDD don't need to change

Know Your Rights

Person-Centered Plans

- Result in actions about life and what is possible, not about services and what's available
- Reflects what is important to the person, their capabilities, and what support is required
- Results in ongoing listening, learning and further action



Know Your Rights


Together we provide information so people have knowledge about their rights.



Know Your Rights

Information + Knowledge = POWER

People have the right to INFORMED CHOICE:

- Make decisions based on their own set of values
 - Ensure people have information to make their own decisions
 - Emphasize doing things for themselves
 - Make decisions about the actions that affect them
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Voices from our community

- ❖ Kelly Wright-Community Inclusion Coordinator, DDS
- ❖ Lisa Rossignol-Healthcare Liaison, Parents Reaching Out
- ❖ Matt Heady-Self-Advocate
- ❖ Jason Gordon-Litigation Manager, Disability Rights NM

What do you imagine life to look like for YOU if people with IDD had full community access?

Know Your Rights

NO MORE

Only being offered disability-specific supports and services

House rules

Being grouped on agency-controlled outings

Living with people you don't want to

Sheltered workshops

Being denied employment due to disabilities

Being denied relationships or adult activities

Being treated like a child

Being denied access to healthcare

Being labeled as a disability instead of a person



Know Your Rights

WE WANT MORE:

Awareness

People having a voice and being heard

People being seen as people and not a disability

People talking, working, and playing alongside each other

Healthier people

Having more happiness and fulfillment in life

People being more self-sufficient and less dependent on systems and paid staff



Know Your Rights

WE WANT MORE:

Increased values and social roles

Equal opportunity

Making your own decisions

Housing stability and independent living

Individual choice

Treated like everyone else-no more bullying, isolation and fear of people with IDD

Diverse communities create more opportunity for people to help each other directly and are better places for everyone to live.



How do you see me?




More alike than different



Know Your Rights

Make Change Happen!!

- Get involved
 - Educate yourself and your family
 - Educate your community
 - Share your experiences and feedback
 - Help ensure NM efforts lead to positive systems change
 - Be an advocate for choice and full inclusion
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Know Your Rights

Resources

1. HCBS Settings Rules: How to Advocate for Truly Integrated Community Settings (Unabridged)-HCBS Advocacy Coalition. <http://hcsadvocacy.org/national-resources/>
2. The Medicaid Home and Community Based Services Settings Rules: What You Should Know!-HCBS Advocacy Coalition. <http://hcsadvocacy.org/national-resources/>
3. The Home and Community-Based Settings Rule: What Does it Mean for You?, <http://hcsadvocacy.org/national-resources/>
4. World Down's Syndrome Day-<https://youtu.be/YhCEoL1pics>, <https://www.youtube.com/watch?v=k65kwvFG4sY>, <https://worlddownsyndromeday.org/>
5. Rooted in Rights-<https://youtu.be/lhFu8R8lsxc>, <http://www.rootedinrights.org/>
6. <https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Supports/Home-and-Community-Based-Services/Home-and-Community-Based-Services.html>
7. Change Your Life With Human Rights (Harvard Project on Disability), <https://worlddownsyndromeday.org/>

Know Your Rights

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