

DIABETES PREVENTION TRAINING

For CHWs Working in New Mexico



BACKGROUND

Salud es Riqueza (Health is Wealth) is a FREE diabetes prevention training program offered to Community Health Workers (CHWs) that provide services in the state of New Mexico. This training will span across roughly 20 weeks and will be offered in English and Spanish. 25 to 30 CHWs will be accepted into each cohort. This program was made possible through funding from UNM College of Population Health.

STARTS MAY 2ND

If you'd like to attend this training series, please submit an application by April 23rd to be considered.



CLICK HERE



TOPICS

01 Basics of Diabetes

04 Heart Health

07 Motivational Interviewing

02 Physical Activity

05 Stress and Behavioral Health

08 Nutrition Cues

03 Lifestyle Changes

06 Healthy Eating

09 Triggers

An application has been submitted to NMDOH to offer CEUs for this training series.



For any questions please contact us at DiabetesECHO@salud.unm.edu or 505-585-3646